



## ADULT COUNCIL MINUTES

July 13, 2020 | 11:00 am – 12:30 pm | WebEx

**Members in Attendance:** Vianey Del Real Ochoa (MHS), Deona Dorsey (WF), Shane Drosi Antoinette Fallon (CC), (RIHS), Melissa Hall (JFS), Kim Heeyoung (UPAC), Alex Heyer (WF), Miraka Johnson (UB), Jeffrey Najarian (WH), Maria Perez-Gonzalez (RIHS), Adam Renteria (RIHS), Diego Rogers (MHCA), George Scolari (CHGSD), Marisa Varond (CADRE), Ann Vilmenay (BHS-AOA), Alicia Walsh (DCS), Monica Woodruff (MC), Mary Woods (Telecare)

**Non-Members in Attendance:** Janet Cacho (CDO), Amanda Downing (MHS), Andrea Duron (BHS-AOA), Piedad Garcia (BHS-AOA), Sharron Hedenkamp (TMP), Gwen Jajou (Optum), Betsy Knight (BHS-AOA), Nicole Le Fol (BHS-AOA), Liz Miles (BHS-QI), Danyte Mockus-Valenzuela (BHS - MHSA), Serena Richards (Optum), Kacie Rodvill (RII), Caryn Sumek (HA), Phuong Quach (BHS-AOA)

AGENDA ITEM	SUMMARY	ACTION
I. Welcome and Introductions	<ul style="list-style-type: none"> <li>Meeting called to order at 11:00 am</li> </ul>	
II. Approval of June 2020 minutes	<ul style="list-style-type: none"> <li>Motion to approve June minutes was moved as written <b>Ayes: 6    Nays: 0    Abstentions: 1</b></li> </ul>	
III. Public Input	<ul style="list-style-type: none"> <li>No public input</li> </ul>	
IV. Director's Update	<ul style="list-style-type: none"> <li>Marisa Varond, new co-chair to the Adult Council</li> </ul> <p><b>Substance Use System of Care</b></p> <ul style="list-style-type: none"> <li>FY 19-20 in review, BHS has focused in service delivery whether on substance use or mental health, to ensure the system of care is supported.</li> <li>ADSPA and other meetings with providers occur monthly, to receive input on any challenges or to know what is working well.</li> <li>During the first six months, there was a reduction with residential beds, due to contract ending, however, some providers set-up to provide some residential beds.</li> <li>Second part of FY 19-20, there has been a transformation of the system of care, specifically in substance use in relation to Covid-19.</li> <li>Approximately 1/3 of residential beds were lost, due to the accommodation with physical distancing.</li> <li>Overall, in the substance use system of care, access and utilization has been decreased, as well, as billing and claims of services due to Covid-19. Telehealth has also been impacted.</li> </ul> <p><b>Mental Health System</b></p> <ul style="list-style-type: none"> <li>FY 19-20 in review, services continue to be provided across the system, where capacity issues are happening, but in the first 6 months in particularly with ACTS services.</li> <li>Three procurements were added, at ACT Level services for step downs for IND's, Acute Care, and specifically for Justice Involved clients. Telecare is the contractor for those three ACT level services.</li> </ul>	



	<ul style="list-style-type: none"> <li>• Second half of FY 19-20 has been impacted by Covid-19, certainly the accommodations of teleworking, impacting staff, access to care and utilization and billing.</li> <li>• The major issues with Covid-19 in the mental health arena is clients that tested positive and how to best accommodate those clients with all the precautions and measures.</li> <li>• Overall, the Mental Health System has been stepping-up in continuing operating, as well, as the substance use programs.</li> <li>• The second crisis regarding the social injustice by Law Enforcement, the co-relation of the activism and protests around the nation to address police and law enforcement reforms. The impact that has in the community, as well as some programs having to close countywide.</li> <li>• Looking forward to 2021, there are many challenges and opportunities.</li> <li>• AOA's revenue has been low. The state, county and city have had revenue reductions.</li> <li>• AOA has already taken steps to manage with the existing resources, extending procurements for a year and 6 months.</li> <li>• There are 40 proposed RFP's and will be informing the contractor as to what are the next steps.</li> </ul>	
<p><b>V. Membership</b></p> <ul style="list-style-type: none"> <li>• Vacant constituencies</li> <li>• Nominations</li> </ul>	<ul style="list-style-type: none"> <li>• Currently have 4 vacant to incise.</li> <li>• Dr. Zahid with UPAC was nominated for PEI.</li> </ul>	
<p><b>VI. Adult Council/Ad Hoc PM Outpatient Mental Health Subcommittee update</b></p>	<ul style="list-style-type: none"> <li>• Project occurring since January 2020.</li> <li>• Subcommittees are Clinical, Care Coordination and Administrative.</li> <li>• July 2020 will be the last meeting and committees will be drafting their summaries of recommendations and will provide to the membership.</li> </ul>	
<p><b>VII. Wakeland Housing &amp; Development Corporation Presentation</b> (Jeffrey Najarian)</p>	<ul style="list-style-type: none"> <li>• Jeffrey Najarian began working for Wakeland Housing &amp; Development in November 2018.</li> <li>• Wakeland has been in existence for 22 years and has developed 7,300 units of affordable housing in California, Arizona, and Nevada.</li> <li>• In San Diego, there are 4 permanent supportive housing that are operating, 2 under construction and 6 under development.</li> <li>• Jeffrey currently works at the Atmosphere supportive housing building, which has 205 total units.</li> <li>• Talmadge Gateway was the second supportive housing project, with 60 total units.</li> <li>• The Allison is one of the oldest supportive housing projects, with 58 total units.</li> <li>• The Beacon is the newest supportive housing project, with 44 total units.</li> <li>• Supportive Housing is affordable housing combined with supportive services to help people with special needs live stable and independent lives.</li> <li>• Jeffrey discusses the differences between affordable housing and supportive housing.</li> </ul>	



	<ul style="list-style-type: none"> <li>In 2016, State law began requiring all housing programs to adopt Housing First.</li> <li>Jeffrey began recovery classes and shares his calendar with multiple events for wellness.</li> </ul>	
<b>VIII. Adult Council Committees</b> <ul style="list-style-type: none"> <li><b>Consumer Update</b> (Kacie Rodvill)</li> <li><b>Work Well Update</b> (Betsy Knight)</li> <li><b>Cultural Competence Resource Team Update</b> (Ann Vilmenay)</li> </ul>	<b>Consumer update</b> <ul style="list-style-type: none"> <li>Every Tuesday and Thursday there are virtual zoom meetings to provide resources</li> </ul> <b>Work Well update</b> <ul style="list-style-type: none"> <li>5-Year strategic plan has been updated and will posted</li> <li>Contact Alex Heyer for Work Well meetings</li> </ul> <b>Cultural Competence Resource Team update</b> <ul style="list-style-type: none"> <li>Meeting will resume in August</li> <li>Welcome packet is being finalized and being review in the process of being approved</li> </ul>	
<b>IX. MHSA Update</b> (Danyte Mockus-Valenzuela)	<ul style="list-style-type: none"> <li>MHSA continues to monitor the feedback from the state and continue to watch what the funding projections look like.</li> <li>The Community Engagement Report is being finalized, which will be part of their 3-year program expenditure plan.</li> </ul>	
<b>X. Announcements</b>	<ul style="list-style-type: none"> <li>DARK in August</li> </ul>	

**Hot Topics:**

***Refugees & Immigrants  
Services for Deaf/Hard of Hearing Public Safety Group  
Justice Involved System  
California’s Advancing and Innovating Med-Cal (CalAIM)  
Housing and Board and Cares***

**Presentations:**

**Peer Support Specialist – September (Betsy Knight)**  
**Care Coordination – November 2020 (Dr. Nicole Esposito)**  
**Homeless Emergency Aid Program (HEAP) – TBD (Jennifer Yost)**