

# North Central Region A/OA MH Urgent Walk-In Services



## North Central Mental Health Center

1250 Morena Blvd  
1st Floor  
San Diego, CA 92110  
**(619) 692-8750**

**Monday - Friday  
9:00 am - 4:00 pm**

**92037    92110**  
**92038    92111**  
**92093    92117**  
**92106    92119**  
**92107    92120**  
**92108    92121**  
**92109**

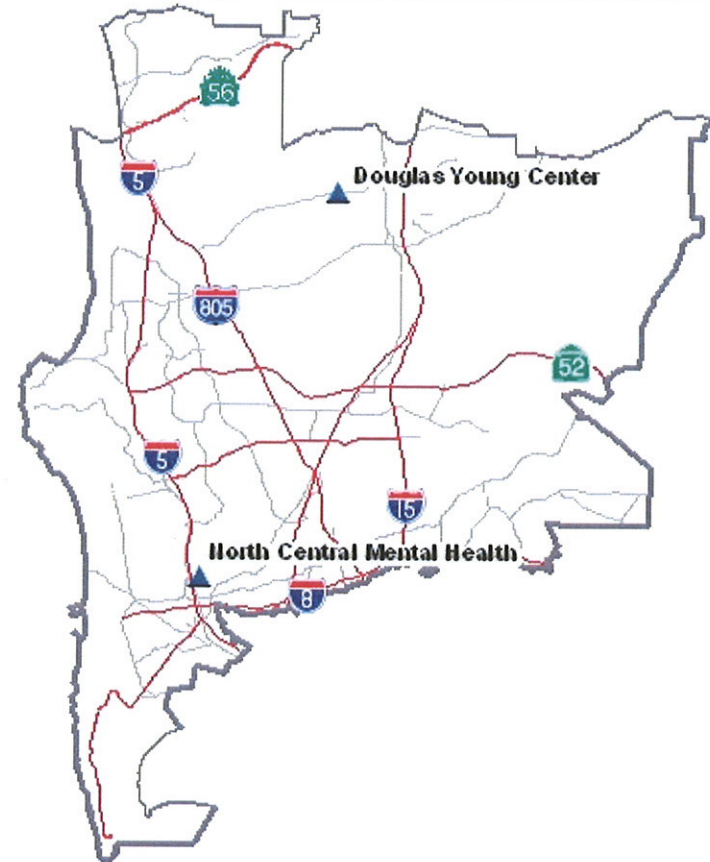
## CRF Douglas Young Center

10717 Camino Ruiz  
Suite 207  
San Diego, CA 92126  
**(858) 695-2211**

**Mon/Tues/Wed/Fri  
9:00 - 11:00 am**

**Thursday  
Noon - 2:00 pm**

**92122    92131**  
**92123    92140**  
**92124    92145**  
**92126    92161**  
**92130**



If you need further assistance, please call the  
**Access and Crisis Line 1-800-479-3339**