

What is Substance Use Disorder?

- **Substance use disorder (SUD)**, also called drug addiction, is a disease that affects a person's brain and behavior and leads to an inability to control the use of a drug or medication.
- SUDs affect people from **all walks of life and all age groups**.
- A SUD is a **chronic medical condition**, like heart disease or diabetes.
- **Treatment is available and recovery is possible.**

Work with a provider or doctor to treat any substance use disorder.

Effective, evidence-based treatment is available to manage withdrawal symptoms and treat SUDs. Talk to your healthcare provider to discuss available treatment options or **call the Access and Crisis line at (888) 724-7240.**



Center for
Community
Research

Learn more:
www.sdpdatf.org

Words Matter

You can **reduce stigma**, and help **save lives**, just by **changing your language**. By using what's called **person-centered language**, you're not defining a person based on any medical disorder they may have. It's **nonjudgmental**, it's **neutral**, and the **diagnosis is purely clinical**.



AVOID THESE WORDS

USE THESE WORDS

Addict	→	Person with a substance use disorder
Drug Problem/Drug Habit	→	Substance use disorder
Drug Abuse	→	Drug misuse, harmful use
Clean	→	Abstinent, not actively using
Dirty	→	Actively using
Former addict	→	Person in recovery