

# What Parents Need to Know about Fentanyl

**Fentanyl is the leading cause of death for people ages 18–45.**

**Fentanyl comes in a pill or powder.**

The pills are made to **look like legitimate medication** such as oxycodone or Percocet. You can't tell if a pill or powder contains fentanyl – **you can't see it, smell it or taste it.**

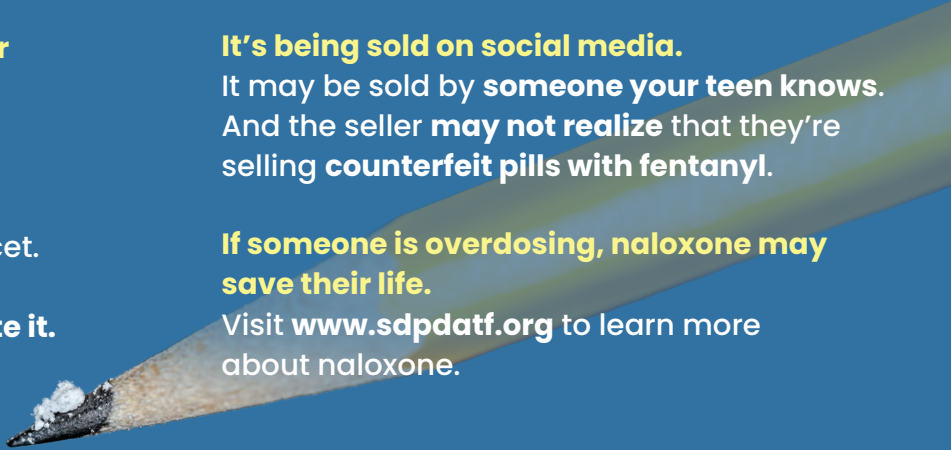
**As little as 2mg of fentanyl can kill.**

**It's being sold on social media.**

It may be sold by **someone your teen knows**. And the seller **may not realize** that they're selling **counterfeit pills with fentanyl**.

**If someone is overdosing, naloxone may save their life.**

Visit [www.sdpatf.org](http://www.sdpatf.org) to learn more about naloxone.



Tips for talking to your kids about drugs: [www.samhsa.gov/talk-they-hear-you/parent-resources](http://www.samhsa.gov/talk-they-hear-you/parent-resources)



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# Things to Look Out For

- Changes in friend group or isolation.
- Difficulty communicating, including possible slurred speech.
- Irritability or uncharacteristic disobedience.
- Neglecting personal appearance and hygiene.
- Low energy levels.
- Paraphernalia: cut down straws, aluminum foil, lighters, needles, spoons, glass pipes.

- A troubling reality is that some people never show outward signs that they are using or struggling.
- Keep communication lines open and be willing to have difficult conversations.
- Be available and nonjudgmental, encouraging your child to come to you with questions and concerns.

## Where To Get Help

### San Diego County Access & Crisis Line

Call 1-888-724-7240.

*Free • Confidential • 24/7*

### 2-1-1 San Diego

Call 2-1-1 for substance use and mental health treatment referrals.

### It's Up to Us

Visit [Up2SD.org](https://www.up2sd.org) for mental health and substance use disorder information and resources.

### PDATF San Diego County

Visit [www.sdpdatf.org](https://www.sdpdatf.org) for Community and Parent Fentanyl Education and Awareness Toolkits