

COUNTYWIDE SERVICES (Continued)
RESIDENTIAL SERVICES

- ▲ Mental Health Systems (MHS)
 Family Recovery Center
(Accepts women w/children up to age 10)
 1100 Sportfisher Drive
 Oceanside, CA 92054
 (760) 439-6702
- ▲ McAlister Institute for Treatment and Education (MITE) – KIVA
(Accepts women w/children up to age 12)
 2049 Skyline Drive
 Lemon Grove, CA 91945
 (619) 465-7303
- ▲ McAlister Institute for Treatment and Education (MITE) – Perinatal Detox
 2049 Skyline Drive
 Lemon Grove, CA 91945
 (619) 465-7303
- ▲ North County Serenity House
 Serenity Center
 1341 N. Escondido Boulevard
 Escondido, CA 92026
 (760) 747-1015
 (760) 741-5098 (bed availability)
- ▲ Turning Point
 1315 25th Street
 San Diego, CA 92102
 (619) 233-0067

AOD CASE MANAGEMENT

Vista Hill Foundation (VHF)
 CalWORKS Welfare to Work Case Management
 (619) 668-4265

Vista Hill Foundation (VHF)
 Perinatal Case Management & Dependency Drug Court
 (619) 668-4265

Public Health Nursing Home Visiting Services

To make a referral, please call one of the following:
 North Coastal/Oceanside (760) 967-4401
 North Inland/Escondido (760) 740-4000
 North Central/Kearny Mesa (858) 573-7300
 Central/Mid City (619) 229-5400
 East/EI Cajon (619) 441-6500
 South/Chula Vista (619) 409-3110

BHS AOD (12-01-15)




CALL 2-1-1 FOR REFERRALS OR INFORMATION

All programs listed in this pamphlet receive funding by contract with the County of San Diego. Services are provided without discrimination on the basis of age, sex, race, disability or inability to pay. Bilingual (Spanish) services are available. Client fees are waived for Medi-Cal certified services. Services are not denied if the individual is unable to pay.

Pregnant women have priority admission to recovery and treatment programs.

BOARD OF SUPERVISORS

Greg Cox District 1	Dave Roberts District 3	Dianne Jacob District 2
Ron Roberts District 4		Bill Horn District 5

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Health and Human Services Agency

Alfredo Aguirre, Director
Behavioral Health Services

Holly Salazar, Assistant Director,
Departmental Operations
Behavioral Health Services

**County of San Diego
 Health and Human Services
 Agency**



BEHAVIORAL HEALTH SERVICES

3255 Camino del Rio South
 San Diego, CA 92108

ACCESS & CRISIS LINE

1-888-724-7240

www.sandiegocounty.gov/hhsa/programs/bhs

www.livewellsd.org



**DIRECTORY
 OF WOMEN'S ALCOHOL
 AND OTHER DRUG
 PROGRAMS**



WOMEN'S ALCOHOL & OTHER DRUG PROGRAMS

The County of San Diego offers substance abuse treatment and recovery programs to meet the special needs of women. These programs are for women with children, women without children and pregnant women and teens.

Treatment programs for women are located all over the County with many services available.

Some of these services for participants may include:

- Free childcare onsite
- Low-cost services
- Free services for people with Medi-Cal
- Transportation to and from services
- Case managers that provide support and referrals
- Residential treatment and recovery programs
- Spanish-speaking staff
- Work preparation activities
- Classes for improving self-esteem, parenting, life skills and healthy relationships

▲ Wheelchair Accessible

- Spanish/Bilingual Services Available

Programs are organized by region; however,

SERVICES MAY BE SOUGHT AT ANY LOCATION.

CENTRAL

NON-RESIDENTIAL SERVICES

- ▲ Catholic Charities, Inc.
(Recovery Drop-in)
Rachel's Women's Center
759 8th Avenue
San Diego, CA 92101
(619) 696-0873
- ▲ Mental Health Systems (MHS)
Harmony Women's Recovery Center
6154 Mission Gorge Road, Suite 120
San Diego, CA 92120
(619) 285-1718
- ▲ McAlister Institute for Treatment and Education (MITE)
New Hope Teen Recovery Center (NHTRC)
Perinatal Teen Recovery Center
(Pregnant & Parenting Teens)
3065 Beyer Blvd. Ste B103, SD 92154
(619) 690-9904
- ▲ Vista Hill Foundation (VHF)
ParentCare Central Family Recovery Center
4125 Alpha Street
San Diego, CA 92113
(619) 266-0166

EAST

NON-RESIDENTIAL SERVICES

- ▲ Vista Hill Foundation (VHF)
Parent Care East Family Recovery Center
4990 Williams Avenue
La Mesa, CA 91942
(619) 668-4200

NORTH

NON-RESIDENTIAL SERVICES

- ▲ Mental Health Systems (MHS)
Family Recovery Center
1100 Sportfisher Drive
Oceanside, CA 92054
(760) 439-6702

NORTH (continued)

NON-RESIDENTIAL SERVICES

- ▲ McAlister Institute for Treatment and Education (MITE)
North Inland Women and Adolescent Recovery Center (NIWARC)
751 Rancheros Road, Suite 5
San Marcos, CA 92069
(760) 761-0515

SOUTH

NON-RESIDENTIAL SERVICES

- ▲ McAlister Institute for Treatment and Education (MITE)
South Bay Women's Recovery Center
2414 Hoover Street
National City, CA 91950
(619) 336-1226
- ▲ McAlister Institute for Treatment and Education (MITE)
Pregnant and Parenting Teens
New Hope Teen Recovery Center (NHTRC)
1212 South 43rd Street
San Diego, CA 92113
(619) 263-1790

COUNTYWIDE SERVICES

RESIDENTIAL SERVICES

- ▲ CRASH – Short Term II
2410 E Street
San Diego, CA 92102
(619) 234-3346
- ▲ Crossroads
3594 Fourth Avenue
San Diego, CA 92103
(619) 296-1151
- ▲ MAAC Project – Casa de Milagros
1127 South 38th Street
San Diego, CA 92113
(619) 262-4002