



TRANSITION AGE YOUTH (TAY) BEHAVIORAL HEALTH SERVICES COUNCIL

Check-In MEETING Minutes

April 24, 2020 | 1:00 pm – 2:00 pm

Conference Call: Dial-In: 1-866-215-5503 Pass Code: 3894 673#

AGENDA ITEM	SUMMARY	ACTION
<ul style="list-style-type: none"> • Welcome and Introductions/Additions to Agenda 	<ul style="list-style-type: none"> • Jamie, Liz, Eula, Joe, Alisha. • Joe to go on leave in May. • Liz: How TAY has been challenged during COVID-19. (Good topic to bring to TAY Council in MAY. Housing issues are affecting TAY right now. • USA is working on HUD grant on getting more housing. • Liz to write outcome study on TAY using substances. More hospitalizations in the past 5 weeks than in the past 4-5 months. TAY are getting drugs that may be laced with something else, because they are not getting their drugs from the common sources prior to COVID-19. • Alisha, to talk about resources for TAY next council meeting. • Joe: see a lot of TAY reduce in stress. TAY use isolation to mitigate their symptoms, low symptoms low stress. TAY are in close contact with family and inter-relational stress and sometimes family dynamics are changing and could cause stress. TAY are missing the social aspect of things since COVID. Seeing all sides of things. • Things to share at next council meeting to see what others have seen during COVID. • 	<ul style="list-style-type: none"> • Eula to email minutes to Joe and Michael (Alternate).
<ul style="list-style-type: none"> • Member Bios 	<ul style="list-style-type: none"> • Joe wants to get model done for manual 	<ul style="list-style-type: none"> • Eula to send out bio request to all council members and their alternates. • This info can go on the website. • Have testimonials on the website to show real life things.
<ul style="list-style-type: none"> • Vacant Seats 	<ul style="list-style-type: none"> • Vote on interest forms. 	<ul style="list-style-type: none"> • Announce what open seats are available at next meeting.



		<ul style="list-style-type: none"> Eula to check on interest forms from the past that need council to vote. Eula to finalize roster with term dates so at next meeting we can announce open seats and can talk about upcoming term end dates. Eula to email finalized roster with term dates with member bio requests.
<ul style="list-style-type: none"> Update TAY Council manual (Bylaws) 	<ul style="list-style-type: none"> Bylaws to be revised. 	
<ul style="list-style-type: none"> Subcommittee Meetings 	<ul style="list-style-type: none"> Can propose to council members if we need to change topic of a subcommittee. Liz, wants to use this topic about care coordination in the next few months. 	<ul style="list-style-type: none"> Discuss with council about current subcommittees (Liz)
<ul style="list-style-type: none"> TAY Council WebEx in May 	<ul style="list-style-type: none"> WebEx (webcam) for council members and for community members can be just audio. Resources for housing to share. Save time to share resources share out. Get a presenter for May Council meeting. Agenda item to ask programs what they have done to overcome challenges they have faced. Possible Presenter list: YMCA for housing, USA about HUD housing, ECS for TAY focused SUD track. May council meeting NO PRESENTOR: Tell council members to come prepared with their resources based on their seat and expertise. Share out! What will TAY Council look like in the future, a discussion about this. Things that TAY council members are worried about. 	<ul style="list-style-type: none"> Have a COVID agenda item for programs to talk about COVID and its effects on the TAY population. Eula to follow up on getting Webex controls and to invite for Council Members. More time for announcements for new resources at TAY Council. Add a blurb to email to let everyone know to come to meeting with new resources. Can email flyers to Eula and Eula to distribute to everyone.



<ul style="list-style-type: none"> • Future Presenters for TAY Council 	<ul style="list-style-type: none"> • Any new resources for TAY at this time could be a good presentation. • USA has a HUD grant and they can present • CYF has HUD grant and they can present 	
<ul style="list-style-type: none"> • Next Steps 	<ul style="list-style-type: none"> • Next check in meeting: pending Friday 5/1 at 3-4pm 	<ul style="list-style-type: none"> • Eula to send out outlook invite once conference line is reserved.
<ul style="list-style-type: none"> • Questions/Comments 	<ul style="list-style-type: none"> • Jamie: If council members might be able to share any ways the TAY might be able to volunteer for the community in a way that recognizes social distancing. that would give them something concrete to do that they would have control over. and then they feel included as part of the solution. 	<ul style="list-style-type: none"> • Eula can add that to the email blurb.

Sub-Committees/Sectors/Workgroups Meetings Information:

CCRT: Meets the 1st Friday of the month-3851 Rosecrans St.-Coronado Room, San Diego, CA 92110 from 10:00 to 11:30 A.M.

CSOC Academy: Meets the 1st Wednesday of the month-6505 Alvarado Road, Suite 107, San Diego, CA 92120 from 9:00 to 10:00 A.M.

CYF CADRE: Meets quarterly-2nd Wednesday of the month-La Vista Room from 12:00 to 2:00 P.M.

Upcoming Presentations:

- San Diego Metropolitan Transit System-TBD
- Opioid Treatment Provider (OTP)-TBD
- NAMI-TBD
- Center for Community Solutions-TBD
- CADRE- TBD
- San Diego Youth Services-TBD
- United Women of East Africa- TBD
- TeleCare-TBD
- YMCA-TBD
- Youth Assistance Coalition-TBD
- Just in Time-TBD