



ADULT COUNCIL MINUTES

March 9, 2020 | 11:00 am – 12:30 pm | Scottish Rite Center – Shell Room

Members in Attendance: Vianey Del Real Ochoa (MHS), Diego Rogers (CRF), Marisa Varond (CADRE), Ann Vilmenay (AOA), Alicia Walsh (DCS), Peggie Webb (SDRC), Mary Woods (Telecare), Antoinette Fallon (CCDSD), Steve Tess (SDPA), Marty Adelman (HQP), David Armstrong (LTC), Jeff Najarian (WHDC), Rachel Perlmutter (NAMI), Shane Drosi (RIHS)

Non-Members in Attendance: Piedad Garcia (AOA), Luisa Dones (AOA), Cynthia Robles (AOA), Janet Cacho (CDO), Deona Dorsey (SDWP), Betsy Knight (AOA), Elana Soltz (CHIP), Lana Lo (CHIP), Melanie Briones (CHIP), George Scolari (HSD), Jason Miller (AOA), Adam Renteria (RIHS), MaryJo O'Brien (CCHEA), Phuong Quach (AOA), Nora David (AOA), Michael Topacio (AOA), Robert LaBelle (RII), Melisa Hall (JFS), Liz Miles (QI), Kimberly Pettiford (MHSA), Danyte Mockus-Valenzuela (MHSA)

AGENDA ITEM	SUMMARY	ACTION
I. Welcome and Introductions	<ul style="list-style-type: none"> Meeting called to order at 11:05 am 	
II. Approval of February 2020 minutes	<ul style="list-style-type: none"> Motion to approve February minutes was moved with stated corrections <p>Ayes: 12 Nays: 0 Abstentions: 1</p>	
III. Public Input	<ul style="list-style-type: none"> MaryJo O'Brien provided input regarding moving the Dan Reese Award into the Recognition Dinner Planning Committee <ul style="list-style-type: none"> ✓ Piedad Garcia advises that a letter detailing the request be sent to Dr. Luke Bergmann for review Jeff Najarian provided input regarding denials received at crisis homes due to patients' insulin-dependence <ul style="list-style-type: none"> ✓ Diego Rogers advises if insulin-dependence can be managed safely on an outpatient basis, then patients can be served in the program. Diego will follow up with Jeff for details. 	
IV. CHIP ILA/RRA Presentation (Elana Soltz, ILA and Lana Lo, RRA)	<ul style="list-style-type: none"> Independent Living Association (ILA): Privately owned home or complex that provides housing for adults with mental illness or those that may benefit from a shared housing environment <ul style="list-style-type: none"> ✓ Depending on the home, amenities may include meals, shared rooms, phone, cable, internet, and laundry on-site Recovery Residential Association (RRA): Privately owned home or complex that provides a sober and safe environment while participating in treatment services to maintain recovery while working towards skill building to achieve longer term housing solutions <ul style="list-style-type: none"> ✓ Depending on the home, amenities may be similar to those provided by ILA. In addition, Recovery Residences are MAT friendly. The homes in both associations do not provide medication management, care and/or supervision, money management, or transportation Quality of non-member homes vary greatly from member 	



	<p>homes.</p> <ul style="list-style-type: none"> • Member homes are high quality: home operators participate in ILA/RRA trainings and are expected to adhere to landlord tenant laws and are subject to home inspections. • A shared room costs \$800-900, and some operators may have the ability to offer same-day housing • ILA/RRA also have house managers, on-site staff, peer support groups, faith-based support groups (optional), recovery groups, and community group outings 	
<p>V. Membership discussion</p>	<ul style="list-style-type: none"> • Phuong Quach reviewed membership list and provided member and alternate updates since last meeting • Diego motions to have NAMI SD represent Advocacy 1 • Robert LaBelle to remain representative for Persons Served 1 • Appointment letters will be sent out to those who are newly appointed • Justice System representation will be on an as-needed basis 	<p><u>Action Item:</u></p> <ul style="list-style-type: none"> • Discussion of Persons Served 2 and 3 representation tabled for May meeting
<p>VI. Director's Update (Dr. Luke Bergmann/ Piedad Garcia)</p>	<p>COVID-19 Update</p> <ul style="list-style-type: none"> • Piedad Garcia provided an update: HHSA is developing a response plan • Standard information and updates can be found at www.coronavirus-sd.com • General questions can be answered by 211 • Integrative Services developing short-term shelters for homeless clients <ul style="list-style-type: none"> ✓ County sites in Fallbrook, Lakeside, and Spring Valley ✓ 24/7 staffing ✓ Case management and social services available on-site • Contractor allocation will be sent to Mental Health and Substance Use contractors in the first week of April <p>Continuum of Care Update</p> <ul style="list-style-type: none"> ✓ Piedad Garcia provided an update: Board of Supervisors moving quickly for resources in North Inland and North Coastal ✓ North Coastal FRC/CSU in the architectural design stage ✓ Moving forward with architectural design and network of services at North Inland's Esperanza campus ✓ Moving forward with agreement between UCSD and the County to create a hub to include a hospital, psychiatric beds, CSU, and MH SUD programs ✓ Communication regarding Alvarado Parkway Institute CSU is moving forward ✓ Pushing for development of South Region CSU ✓ Rady's Children's Hospital will develop a hub for 	



	<ul style="list-style-type: none"> children and youth ✓ Working with CYF on the Youth and Young Adult Response Team, developed to respond to school-based situations 	
VII. Access time reports (Liz Miles)	<ul style="list-style-type: none"> Liz Miles provided information regarding methodology when compiling urgent access times: Program data is pulled from Date of Inquiry to First Appointment Set MaryJo O’Brien suggests that Council investigates feasibility of collecting access time data starting at free-standing walk-in clinic visit <ul style="list-style-type: none"> ✓ Tabled for further discussion at May meeting 	<u>Action Item:</u> <ul style="list-style-type: none"> Add Urgent Access Time Methodology discussion (30 minutes) to May agenda
VIII. Adult Council Committees <ul style="list-style-type: none"> ❖ Consumer (Robert Labelle) ❖ Work Well (Betsy Knight) ❖ Cultural Competence Resource Team Update (Ann Vilmenay) 	<ul style="list-style-type: none"> Time did not permit 	
IX. MHSA Update	<ul style="list-style-type: none"> Time did not permit 	
X. Announcements	<ul style="list-style-type: none"> Time did not permit 	
XI. Adjourn	<ul style="list-style-type: none"> Meeting adjourned at 12:37 pm 	



LIVE WELL
SAN DIEGO



Hot Topics:

Refugees & Immigrants
Services for Deaf/Hard of Hearing
Public Safety Group
Justice Involved System
Medi-Cal Healthier California for All (CalAIM)
Housing and Board and Cares

Presentations:

Independent Living Association/Recovery Residences Association – March 2020 (CHIP)
Wakeland Housing & Development Corporation Overview – May 2020 (Jeff Najarian)
Justice System Overview – June 2020 (David Mullen)
Innovations Programs – July (Charity White)
Peer Support Specialist – September (Betsy Knight)
Care Coordination/Case Management – November 2020 (Dr. Nicole Esposito)
Homeless Emergency Aid Program (HEAP) – TBD (Jennifer Yost)