

# COUNTY OF SAN DIEGO

ADULT & OLDER ADULT BEHAVIORAL HEALTH SERVICES



## CENTRAL REGION AOABH URGENT WALK-IN SERVICES

### CRF JANE WESTIN WALK-IN CENTER

Operating Hours: Mon-Fri | 8:00am-8:00pm

Urgent Walk-in Services:

Mon-Fri: 8:00am-06:00pm

 [1045 9th Avenue](#)  
[San Diego, CA 92101](#)

 (619) 235-2600

92101                      92104  
92102                      92132

### UPAC COMMUNITY WELLNESS CLINIC

Mon-Fri | 8:30am-5:00pm

Urgent Walk-in Services:

Mon-Fri: 8:30am-12:30pm

 [5348 University Avenue, Suite 108](#)  
[San Diego, CA 92115](#)

 (619) 255-7550

92103    92105    92115

### NHA PROJECT ENABLE

Mon-Fri | 10:00am-2:00pm

 [286 Euclid Avenue, Suite 102](#)  
[San Diego, CA 92114](#)

 (619) 266-2111

92112    92114    92139

### ALIANZA WELLNESS CENTER

Mon-Fri | 8:30am-5:00pm

 [5555 Reservoir Dr, Suite 204A](#)  
[San Diego, CA 92120](#)

 (619) 822-1800

### SOUTHEAST MENTAL HEALTH CENTER

Mon, Tues, Thurs, Fri  
8:30am-12:00pm | 1:00pm-3:30pm

Wed | 8:30am-11:30am

 [3177 Ocean View Blvd.](#)

 (619) 595-4400

92113

92101                      92105                      92116  
92102                      92113                      92120  
92103                      92114                      92136  
92104                      92115                      92139

If you need further assistance , please call the  
Access and Crisis Line: 1-888-724-7240