


NORTH CENTRAL REGION AOABH URGENT WALK-IN SERVICES

NORTH CENTRAL MENTAL HEALTH CENTER

Mon-Fri | 8:30am—3:30pm

 [1250 Moreno Blvd, 1st Flr
San Diego, CA 92110](#)


 (619) 692-8750


- 92037 92119
- 92110 92108
- 92038 92120
- 92111 92109
- 92093 92121
- 92116
- 92106
- 92117
- 92107

CRF DOUGLAS YOUNG BPSR CENTER

Mon-Wed, Fri | 9:00am-11:00am

Thurs | Noon-2:00pm

 [10717 Camino Ruiz, Suite 207
San Diego, CA 92126](#)

 (858) 695-2211

- 92122
- 92131
- 92123
- 92140
- 92124
- 92145
- 92126
- 92161
- 92130

**If you need further assistance , please call the
Access and Crisis Line: 1-888-724-7240**