



ADULT COUNCIL SUMMARY MINUTES

February 11, 2019 | 11:00 am – 12:30 pm | Scottish Rite Center – Shell Room

Members in Attendance: Mary Benson (Consumer), Shane Drosi (RIHS), Melissa Hall (Advocacy), Liz Kruidenier (Advocacy), Jean M (Advocacy), Jeff Najarian (Housing Council), Jayne Reinhardt (HHSA), Serena Richards (LTC), Diego Rogers (MHCA), Angela Rowe (AOD), Steve Tess (FFS), Marisa Varond (CADRE), Daphyne Watson (Advocacy), Peggine Webb (RCDD)

Non-members in Attendance: Piedad Garcia (AOA), Bertha Anderson (Public), Marti Dare (MHSA), Christopher Guevarra (QI), Stacey Kneeshaw (AOA), Maria Morgan (AOA), Golby Rahimi (MHS), Maria Samayoa (AOA), Michael Schmitt (MHS), Delrena Swaggerty (MHS), Cecily Thornton-Stearns (AOA)

AGENDA ITEM	SUMMARY	ACTION
I. Welcome and Introductions (Co-Chair Jeff Najarian)	<ul style="list-style-type: none"> Jeff called the meeting to order at 11:00 am 	
II. Approval of January 2019 minutes	<ul style="list-style-type: none"> Request for edits to items VI & V, to resubmit draft for review and approval in March 2019. 	
III. Public Input	<ul style="list-style-type: none"> Mrs. Bertha Anderson shared her gratitude for the work and services that is provided through Behavioral Health Services, as it provided her the opportunity to receive assistance and have a positive future. 	
IV. Director's Update (Piedad Garcia)	<ul style="list-style-type: none"> BHS in collaboration with HCDS will be presenting the No Place Like Home Program to the Board of Supervisors on February 12, 2019. On February 6, 2019, Board of Supervisors Chairwoman Dianne Jacob delivered the annual State of the County address, in which she announced the following key initiatives relating Behavioral Health Services: <ul style="list-style-type: none"> <u>Affordable Housing</u> <ul style="list-style-type: none"> Increase county housing trust fund, to leverage the construction of more permanent, affordable homes. Boost financial incentives to make it easier to build flats and other secondary dwellings next to existing homes in the county's unincorporated area. Offer free, pre-approved, permit-ready construction plans for secondary homes. <u>Mental Health & Substance Abuse Services</u> <ul style="list-style-type: none"> Transform the approach to behavioral health into a coordinated system. Develop crisis stabilization centers that would allow for law enforcement drop off, detox and care coordination. Add a follow-up care component to PERT, to reduce repeat incidents. <u>Seniors & Alzheimer's Disease</u> <ul style="list-style-type: none"> Provide relief to family caregivers through a new respite care voucher program. Expand East County's Alzheimer's Response Team to other parts of the county. 	



<p>V. DMC-ODS Update (Maria Morgan)</p>	<ul style="list-style-type: none"> DMC-ODS was implemented on July 2018, to make long term investments in transforming the care for individuals across the County with substance use conditions. Through care coordination there has been an increase in number of clients that are receiving medication assisted treatment at the Opioid Treatment Programs. There has also been an increase of admissions in the rest of the system, especially in the outpatient programs. As BHS continues to adjust the transformation of care, key issues that are being addressed and supported in development: <ul style="list-style-type: none"> Administrative practices: Timely and accurate service data entry Clinical practice: Chronic care model, timely & standard assessments, evidenced based treatments Workforce development: Recruitment and clinical & administrative trainings 	
<p>VI. MHSA Update (Marti Dare)</p>	<ul style="list-style-type: none"> The human-centered design process <i>BeHealth.Today</i> has kicked off and will continue until April 2019. Members are encouraged to learn more about <i>BeHealth.Today</i> by registering & attending an educational/workshop event. Detailed information can be found at https://BeHealth.Today 	
<p>VII. Adult Council Committees</p> <ul style="list-style-type: none"> ❖ Consumer (Mary Benson) ❖ Work Well ❖ Adult Council/Ad Hoc (Cecily Thornton-Stearns) 	<p>Consumer:</p> <ul style="list-style-type: none"> February’s County-Wide meeting will be held on February 26, 2019 at the Mission Valley Library. The 2019 San Diego County Wellness & Recovery Summit will be hosted on March 20, 2019. <p>Work Well:</p> <ul style="list-style-type: none"> No representative present. <p>Adult council/Ad Hoc Workgroup:</p> <ul style="list-style-type: none"> Cecily informed that the 3 Adult council/Ad Hoc Workgroup subcommittees (Administration, Clinical & Care Coordination) are in the final stages finalizing the draft review and recommendations that will be presented to BHS Administration. The themes are focused on: <ul style="list-style-type: none"> Caseload Load Size - Clinicians & Psychiatrist Outpatient Redesign Salary & Workforce Development Reengaging Disconnected Clients Develop more well-rounded care coordination 	
<p>VIII. Announcements</p>	<ul style="list-style-type: none"> No announcements. 	
<p>IX. Adjourn</p>	<ul style="list-style-type: none"> Meeting was adjourned at 12:14 pm. 	

NEXT MEETING: MARCH 11, 2019 11:00 AM - 12:30 PM | SCOTTISH RITE CENTER – SHELL ROOM