



ADULT COUNCIL MINUTES

June 11, 2018 | 11:00 am – 12:30 pm | Scottish Rite Center

Members in Attendance: David Armstrong (LTC), Elisa Barnett, Mary Benson (Consumer), Therese Davis (RCDD), Alicia Devine (US), Connie German-Marquez (CM), Melissa Hall (Advocacy), Alexander Heyer (TAY), Don Miller (FFS), Jeff Najarian (Consumer), Nilanie Ramos (CDO), Jayne Reinhardt (HHSA), Diego Rogers (MHCA), Angela Rowe (ADS), Marisa Varond (CADRE), Amy Vance (ES), Ann Vilmenay (CCRT),

Non-members in Attendance: Piedad Garcia (AOA), Susan Bower (IS), Martin Dare (MHSA), Christopher Guevarra (QI), Sarah Porras (BHS), Maria Samayoa (AOA), Jennifer Santos (BHS), Lisa Thiel (NCMHC)

AGENDA ITEM	SUMMARY	ACTION
I. Welcome and Introductions (Co-Chair David Armstrong & Co-Chair Jeffrey Najarian)	<ul style="list-style-type: none"> Meeting was called to order at 11:01 am. 	
II. Approval of May 2018 minutes	<ul style="list-style-type: none"> Motion to approve May minutes pending confirmation from Peggie Webb on item VII second bullet point. 	
III. Public Input	<ul style="list-style-type: none"> No Public input. 	
IV. Adult Council Location	<ul style="list-style-type: none"> The Adult Council Executive committee addressed the suggestion from Adult Council members to the County of San Diego Behavioral Health Services of possible change of date and location in the future. The Executive Committee informed the council members, the suggestion can be arranged if there is a location that can hold 40 – 50 participants for the CYF and Adult Council and be reserved for approximately 5 – 6 hours. At this time no council members had a suggestion and the council meetings will remain on the same date, time and location. 	
V. MHSA Update (Martin Dare)	<ul style="list-style-type: none"> The 2018 BHS Planning process will take place in two parts, the first one is anticipated in August and the second, for Innovation planning, will be after September 2018. 	
VI. Whole Person Wellness Presentation (Susan Bower)	<ul style="list-style-type: none"> Susan Bower, Assistant Director with Integrative Services provide presented an overview of the Whole Person Wellness project. The Whole Person Wellness (WPW) Pilot Program is designed to coordinate physical health, behavioral health, and social services to improve the health outcomes of Medi-Cal beneficiaries. The goal is to reduce costs through comprehensive person-centered care management for individuals with complex physical and/or behavioral health needs who are experiencing an unstable living situation or homelessness and use enhanced technology to facilitate care management, track outcomes, and monitor progress. <p><i>Target Population:</i></p> <ul style="list-style-type: none"> High cost Medi-Cal beneficiaries with repeated ED use or hospital admissions AND 	



	<ul style="list-style-type: none"> • Experiencing homelessness or at risk of homelessness and, one or more of the following: <ul style="list-style-type: none"> - Serious mental illness - Substance use disorder - Chronic physical health issue • There will be Service Integration Teams (SITs) that will be teams comprised of a Case Manager and Peer Support Specialist with support from a Licensed Clinician, Housing Navigator, and RN, which will <ul style="list-style-type: none"> ▪ Coordinate integration across health plans, providers, housing, behavioral health, and other participating entities. ▪ Communicate using technology, including ConnectWellSD, Community Information Exchange, and SD Health Connect. ▪ Advocate for clients' needs especially those around access to housing and supportive services. • Handouts of the presentation are available upon request. 	
<p>VII. Director's Update (Piedad Garcia)</p>	<ul style="list-style-type: none"> • There will be some MHSA Innovation program that will sunset between July & December 2018, in addition some will end June 2019, and there will also be expansions to current programs. • The CSH Summit took place on the first week of June. The national conference is devoted to supportive housing and to provide the most current pressing topics. This year Piedad was able to participate in a site visit that highlighted wrap around services. • Piedad was also able to experience the work of the advocacy program Speak Up! Speak Up! Is a nine-month training program overseen by CSH, that allows trainees and graduates to share their personal stories with Representative and Senators from D.C. to press and conference across the country. • Suggestions to encourage more consumers voices at councils and meeting was discussed. Council member's feedback: <ul style="list-style-type: none"> • Difficult for employed consumers to attend County meetings as they are being held during business hours. Need to explore this obstacle more. • Transportation assistance/Bus passes • Consumer Committee that can provide representation and training for speakers. • Mary Benson with RI International informed they provide training transportation for their consumers to attend BHAB and other County of San Diego meetings. • Ann Vilmenay suggested revamping the Resident Leadership Academy, which is represented by various community leaders throughout the San Diego region. Piedad requested Ann to reach out and coordinate a representative to attend a future Adult Council meeting and present and overview from the consumer side. 	<p><u>Action Item:</u></p> <ul style="list-style-type: none"> • Ann to contact a representative from the Resident Leadership Academy to present at the Adult Council.



<p>VIII. Ten-Year Roadmap</p>	<ul style="list-style-type: none"> • Piedad suggested to request Holly to present the Ten-Year Roadmap Accomplishments. • Request for a copy of the Ten-Year Road Map recommendations that were submitted by the Adult Council on December 2017, to review and compare for further action and ideas. • Piedad and Connie to work with CYF to review the councils structure, bring information to Adult Council for review and integrate ideas within this Council. 	
<p>IX. Adult Council Membership</p>	<ul style="list-style-type: none"> • Group was unable to discuss, and to continue in agenda for July 2018. 	
<p>X. Adult Council Committees</p> <ul style="list-style-type: none"> ❖ Consumer (Mary Benson) ❖ Work Well (Kristen Walker) 	<p>Consumer:</p> <ul style="list-style-type: none"> • Mary Benson informed that consumers are requesting more time in the Start Programs and requested any feedback or input of any programs that can allow a longer transition period. <p>Work Well:</p> <ul style="list-style-type: none"> • No representative present for update. 	
<p>XI. Announcements</p>	<ul style="list-style-type: none"> • McAlister Institute will be hosting the 6th Annual Walk for Sobriety on Sunday, July 8, 2018. 	
<p>XII. Adjourn</p>	<ul style="list-style-type: none"> • Meeting was adjourned at 12:36 pm. 	

NEXT MEETING: July 9, 2018 11:00 AM - 12:30 PM |SCOTTISH RITE CENTER