



ADULT COUNCIL MINUTES

September 9, 2019 | 11:00 am – 12:30 pm | Scottish Rite Center – Shell Room

Members in Attendance: David Armstrong (LTC), Janet Cacho (CDO), Therese Davis (SDRC), Shane Drosi (RIHS), Antoinette Fallon (CCDSD), Melissa Hall (JFS), Liz Kruidenier (LWV), Jeffrey Najarian (Housing Council), Judy Patterson (MHA), Rachel Perie (LWV), Diego Rogers (MHCA), Angela Rowe (ADS), Steve Tess (SDPA), Marisa Varond (CADRE), Alicia Walsh (DCS), Daphyne Watson (MHA).

Non-members in Attendance: Nora David (BHS-AOA), Andrea Durón (BHS-AOA), Piedad Garcia (BHS-AOA), Christopher Guevara (BHS-QI), Betsy Knight (BHS-AOA), Robert Labelle (RII), Danyte Mockus-Valenzuela (BHS-MHSA), Maria Perez-Gonzalez (RIHS), Kimberly Pettiford (BHS-PPU), Stacy Thompson (RIHS), Cecily Thornton-Stearns (BHS-AOA), Amy Vance (SDWP).

AGENDA ITEM	SUMMARY	ACTION
I. Welcome and Introductions (Co-Chairs David Armstrong/Jeff Najarian)	<ul style="list-style-type: none"> Meeting was called to order at 11:02 am. 	
II. Approval of July 2019 minutes	<ul style="list-style-type: none"> Motion to approve July minutes was moved as written. <p>Ayes: All Nays: 0 Abstentions: 0</p>	<p>Action Item: June minutes still need to be approved and will be provided at the December's meeting.</p> <p>David Armstrong was not attendance in July.</p>
III. Public Input	<ul style="list-style-type: none"> Diego Rogers would like to put a motion for councils to form a workgroup to review, discuss and propose any recommendations regarding membership and Bylaws by next meeting. <ul style="list-style-type: none"> ✓ Diego Rogers, Marisa Varond, David Armstrong and Jeffrey Najarian will be part of workgroup. ✓ All in favor to proceed with motion Next Adult Council meeting will be in December. 	
IV. Director's Update (Piedad Garcia)	<ul style="list-style-type: none"> Dr. Bergmann will be not be present at today's Adult Council meeting. Will provide update of Board Letter of the Continuum of Care for June 2019 <ul style="list-style-type: none"> ✓ Continuing to develop the continuum of care, particularly in the North County with Palomar's Hospital by increasing their recliners at the Crisis Stabilization Unit by 2 beds. ✓ Enhancing the emergency department at Palomar Hospital to do screening, triage, and support for the onboarding of Psych patients in EDD. ✓ Continue to pursue with the City officials, the Crisis Stabilization in North County. ✓ Everything continues to move forward under the leadership of Dr. Esposito. Design and Development meetings have been taking place, specifically regarding workforce development, Non-Law Enforcement, and Crisis Mobile team. 50% of PERT calls are not to have 911 involvement. Continuing to investigate design development around care coordination. 	



	<ul style="list-style-type: none"> • The June 2019 Board Letter specifies that crisis stabilization units were to be developed regionwide. • The San Diego Union Newspaper talked about a campus in Chula Vista Eastlake, residents not wanting a Psychiatrist Hospital in their community. • BHS-AOA is in the midst of putting together the budget planning for FY20-21. 	
<p>V. Health Homes (George Scolari)</p>	<ul style="list-style-type: none"> • George Scolari provided copies of the PowerPoint presentation. • Presentation included: <ul style="list-style-type: none"> ✓ Health Homes program benefits ✓ DHCS Stated Goals of the Health Homes Program ✓ Who qualifies for the Health Homes Program ✓ Health Homes responsibilities ✓ Health Homes Staffing ✓ What is a Health Home ✓ Comprehensive Approach ✓ Key CB-CME Goals & Activities ✓ CB-CME Best Practices ✓ CB-CME Operational Readiness ✓ Best practices in supporting members with mental health conditions ✓ Health Home success story ✓ Health Homes program contact information • Health Homes offer trainings for San Diego Community-Based Case Management Entities (CB-CMEs) on Housing Navigation and Tenancy Support Services. • The Health Homes Program helps people with mental health needs and offers extra services at no cost to Medi-Cal members with certain chronic health and/or mental health issues who have high health care needs or do not have a place to live. 	
<p>VI. Adult Council Committees</p> <ul style="list-style-type: none"> ❖ Consumer (Mary Benson) ❖ Work Well (Amy Vance) ❖ Adult Council/Ad Hoc (Cecily Thornton-Stearns) 	<p>Consumer</p> <ul style="list-style-type: none"> • No Consumer Committee updates <p>Work Well</p> <ul style="list-style-type: none"> • Contracts started August 1st. • Will begin revising the 5-year strategic plans, that will include a lot of public input to address the needs of the community. • Build on employer relationships. • October 8th will be the focus group and staff can come to provide input. Invites are in Eventbrite. <p>Adult Council/Ad Hoc Workgroup</p> <ul style="list-style-type: none"> • Cecily Thornton-Stearns has been working for the past year with members of this workgroup and members of the Ad Hoc Program Managers meeting. • The mandate was to look at the organization, leadership, and expectations of these clinics, organizing it to fit the needs of the current climate around outpatient mental health clinics. • There were 3 Sub-Committees that were formed: Clinical, Care Coordination, and Administrative. • Clinical Sub-Committee recommendations: 	



	<ul style="list-style-type: none"> ✓ Implement specific elements that could be included in-person care, immediate/timely access to services, and care coordination. ✓ Clinical sub-committee also focused on researching/reviewing evidence best practices in collaboration with the County. ✓ Final recommendation is 24-hour availability for all clients. • Care Coordination Sub-Committee recommendations: <ul style="list-style-type: none"> ✓ Create new positions and service to focus exclusively on care coordination. ✓ To define dedicated care coordination positions, service navigator positions, and outreach specialist positions. • Administrative Sub-Committee recommendations: <ul style="list-style-type: none"> ✓ To help mitigate the negative staff turnover, by increasing contract budgets incrementally per year. ✓ Increases across the board for all clinical administrative medical staff. ✓ To allow non-service billing for work administrative tasks that impact client care, such as, review of records, entering information into the system, including documentation time for services/documents that can't be billed, and to have a workgroup to review what documents are required and were they can improve upon streamlining documentation, to allow more productivity. • Next steps are for the recommendations to be submitted to the Executive team for review. 	
<p>VII. MHSA Update (Danyte Mockus-Valenzuela)</p>	<ul style="list-style-type: none"> • MHSA just concluded the public hearing at the Behavioral Advisory Board meeting last Thursday, September 5th. • The plan is to have six regional programs in early or late October, early November. • Will have some focus conversations around production, as well as, innovations ideas or incentive design concepts and other venues, such as developing proposals. • San Diego County was awarded 6.6 million dollars as part of the CDC data action Opioid Overdose prevention grants, announced last Tuesday, September 3rd. • Helping Human Services at the federal level awarded over 900 million dollars across 50 States and several territories to continue working to address the Opioid epidemic. • This grant opportunity really is surveillance and prevention so it's strengthening our surveillance capacity and using harnessing data to inform MHSA's multi-level prevention strategies. 	
<p>VIII. Announcements</p>	<ul style="list-style-type: none"> • Mental Health America of San Diego County event honoring Piedad Garcia on October 3rd at Marina Village Conference Center (Flyers distributed) • Patient Advocacy event on September 27th • Recovery Happens event on September 14th at Waterfront Park 	
<p>IX. Adjourn</p>	<ul style="list-style-type: none"> • Meeting was adjourned at 12:30 pm. 	



Hot Topics:

Refugees & Immigrants
Ten Year Road Map
Services for Deaf/Hard of Hearing
Public Safety Group
Justice Involved System

Presentations:

- **Healthy San Diego Behavioral Health** - September (George Scolari)
- **Care Coordination** – October (Dr. Nicole Esposito)
- **Independent Living Association/Homes and boarding cares** – November (TBD)
 - **Homeless Emergency Aid Program (HEAP)** – TBD (Jennifer Yost)
 - **Peer Support Specialist** – TBD
- **Wakeland Housing & Development Corporation Overview** – TBD (Jeff Najarian)