



Databook 08-09

San Diego County
Mental Health Services

Child & Adolescent Mental Health Services Databook, FY08-09

**Receiving County-
Mental Health Services** Unique clients
17,776

Age	Unique clients	%
Age 0 to 5	1,907	10.7%
Age 6 to 11	5,017	28.2%
Age 12 to 17	9,931	55.9%
Age 18+	921	5.2%

Note: Some programs continue to serve youth after they turn 18

Gender	Unique clients	%
Female	6,634	37.3%
Male	11,046	62.1%
Other / Unknown	96	0.5%

Ethnicity	Unique clients	%
Hispanic	8,762	49.3%
Not Hispanic	5,627	31.7%
Unknown	3,387	19.1%

Primary Diagnosis	Unique clients	%
ADHD	2,101	15.9%
Oppositional/Conduct	2,615	19.8%
Depressive disorders	2,536	19.2%
Bipolar disorders	954	7.2%
Anxiety disorders	1,171	8.9%
Adjustment disorders	2,444	18.5%
Psychotic disorders	200	1.5%
Other	1,001	7.6%
Excluded	194	1.5%
Invalid Diagnosis	2,408	
No Diagnosis	2,152	

Living Arrangement*	Unique clients	%
House or Apartment	9,395	61.9%
Correctional Facility	2,028	13.4%
Foster Home	748	4.9%
Group Home	607	4.0%
Residential Treatment Center	170	1.1%
Children's Shelter	411	2.7%
Homeless	81	0.5%
Other	456	3.0%
Unknown	1,283	8.5%

Insurance Status*	Unique clients	%
Medi-Cal Only	11,523	75.9%
Any Private Insurance	426	2.8%
Other	910	6.0%
Uninsured / Unknown	2,320	15.3%

Primary Language*	Unique clients	%
English	11,926	78.6%
Spanish	2,617	17.2%
Asian	56	0.4%
Middle Eastern	36	0.2%
Other/Unknown	544	3.6%

* Q2-4 Anasazi only

Child & Adolescent Mental Health Services Databook, FY08-09

CMHS Services Provided (visit level)*

Outpatient Services	Total Visits	Total Clients	Percent Users	Mean (& Median) Visits Among Users
Outpatient	22,580	2,852	18.8%	7.9 (4)
Outpatient - Clinic based	114,770	6,454	42.5%	17.8 (13)
Outpatient - School based	40,173	1,916	12.6%	21.0 (18)
Outpatient - Testing	11	8	0.1%	1.4 (1)
Fee for Service	37,542	3,911	25.8%	9.6 (6)
Case Management	28,600	1,733	11.4%	16.5 (7)
TBS	5,337	205	1.4%	26.0 (24)
Other	1,784	229	1.5%	7.8 (4)

Restrictive Services	Total Days	Total Clients	Percent Users	Mean (& Median) Days Among Users
Day Treatment	97,427	1,664	11.0%	58.6 (34)
Emergency Screening Unit (ESU)	1,517	717	4.7%	2.1 (2)

Inpatient Admissions	Total Days	Total Clients	Percent Users	Mean (& Median) Admissions Among Users
Inpatient - Contracted	2,838	293	1.9%	9.7 (5)
Inpatient - FFS	1,520	248	1.6%	6.4 (4)

* Q2-4 Anasazi only

Adult and Older Adult Mental Health Services FY0809

Clients receiving services		Unique clients 43,561	
Age	Unique clients		%
Age <18-24	6,399		15%
Age 25-59	32,731		75%
Age 60+	4,431		10%
Gender	Unique clients		%
Females	21,462		49%
Males	21,972		50%
Other / Unknown	127		0%
Preferred Language	Unique clients		%
English	35,375		81%
Spanish	2,819		6%
Asian	1,237		3%
Middle Eastern	622		1%
Other / Unknown	3,508		8%
Diagnosis	Unique clients		% **
Schizophrenia and Schizoaffective	7,366		22%
Bipolar Disorders	4,258		13%
Major Depression Disorders	8,373		25%
Other Psychotic Disorders	2,266		7%
Other Depression / Adjustment	6,396		19%
Anxiety Disorder	2,607		8%
Substance Use Disorder	2,473		7%
Cognitive / Personality Disorders	287		1%
Other / Unknown	9,535		
Substance Use Diagnosis	Unique clients		%
Any Substance Use Disorder	11,712		27%
No Substance Use Disorder	31,849		73%

*Anasazi Q2-Q4 only		Unique clients 37,787	
*Ethnicity	Unique clients		%
Hispanic	7,195		19%
Not Hispanic	15,933		42%
Unknown	14,659		39%
*Insurance Status	Unique clients		%
Uninsured	16,966		45%
Medi-Cal only	14,555		39%
Medi-Cal + Medicare	5,232		14%
Medicare only	561		1%
Private	473		1%
*Living Situation	Unique clients		% **
Lives Independently	19,299		63%
Board & Care	1,909		6%
Justice Related	6,077		20%
Homeless	2,602		8%
Institutional	897		3%
Other / Unknown	7,003		
*Employment Status	Unique clients		% **
Competitive job	2,705		10%
Seeking work	2,415		9%
Not in labor force	11,715		43%
Not seeking work	4,841		18%
Resident/inmate of institution	3,463		13%
Other	2,175		8%
Unknown	10,473		
*Education Level	Unique clients		% **
High School Diploma / GED	9,702		38%
Some College / Vocational Training	2,253		9%
Associates Degree	3,093		12%
Bachelors Degree	1,846		7%
Masters Degree	308		1%
Doctoral Degree	103		0%
High School not completed	8,173		32%
Unknown / Not Reported	12,309		

** Percentages exclude Other / Unknown values.

Data Source: Anasazi 10/16/2009 download
and Insyst 10/2008 download

Source: HSRC (BL) 11/20/2009

Adult and Older Adult Mental Health Services FY0809

AOAMHS Services Provided

Outpatient Services	Total Visits	Total Clients	Percent Users	Mean Visits Among Users
Case Management	70,456	3,264	7%	21.6
Outpatient Programs	159,494	15,516	36%	10.3
Fee for Service	94,780	9,708	22%	9.8
Full Service Partnership	73,846	1,195	3%	61.8
*Community Clinics	4,123	1,180	3%	3.5

Emergency Services	Total Visits	Total Clients	Percent Users	Mean Visits Among Users
EPU	15,338	8,276	19%	1.9
PERT	5,552	4,434	10%	1.3

Forensic Services	Total Visits	Total Clients	Percent Users	Mean Visits Among Users
Jail	41,870	10,259	24%	4.1

24 hour Services	Total Days	Total Clients	Percent Users	Mean Days Among Users
Crisis Residential	21,796	1,344	3%	16.2
IMD	55,965	319	1%	175.4
Edgemoor	19,961	76	0%	262.6
*Residential	8,133	69	0%	117.9

Inpatient Admissions	Total Admissions	Total Clients	Percent Users	Mean Admissions Among Users
County Hospital	1,487	1,168	3%	1.3
FFS Hospitals	3,300	2,457	6%	1.3

*Calculated for Anasazi Q2-Q4 only

Data Source: Anasazi 10/16/2009 download
and Insyst 10/2008 download

Source: HSRC (BL) 11/20/2009

Transitional Age Youth Mental Health Services FY0809

Youth (< 18-24) clients receiving services Unique clients
6,399

Age	Unique clients	%
Age <18	628	10%
Age 18-21	3,083	48%
Age 22-24	2,688	42%

Gender	Unique clients	%
Females	2,588	40%
Males	3,790	59%
Other / Unknown	21	0%

Preferred Language	Unique clients	%
English	5,484	86%
Spanish	353	6%
Asian	37	1%
Middle Eastern	22	0%
Other / Unknown	503	8%

Diagnosis	Unique clients	% **
Schizophrenia and Schizoaffective	540	12%
Bipolar Disorders	601	13%
Major Depression Disorders	770	17%
Other Psychotic Disorders	359	8%
Other Depression / Adjustment	1,421	31%
Anxiety Disorder	472	10%
Substance Use Disorder	460	10%
Cognitive / Personality Disorders	3	0%
Other / Unknown	1,773	

Substance Use Diagnosis	Unique clients	%
Any Substance Use Disorder	1,788	28%
No Substance Use Disorder	4,611	72%

***Anasazi Q2-Q4 only**

Unique clients
5,377

*Ethnicity	Unique clients	%
Hispanic	1,539	29%
Not Hispanic	2,397	45%
Unknown	1,441	27%

*Insurance Status	Unique clients	%
Uninsured	2,954	55%
Medi-Cal only	2,123	39%
Medi-Cal + Medicare	93	2%
Medicare only	7	0%
Private	200	4%

*Living Situation	Unique clients	% **
Lives Independently	2,915	63%
Board & Care	199	4%
Justice Related	1,270	27%
Homeless	218	5%
Institutional	48	1%
Other / Unknown	727	

*Employment Status	Unique clients	% **
Competitive job	504	13%
Seeking work	447	11%
Not in labor force	1,090	27%
Not seeking work	473	12%
Resident/inmate of institution	768	19%
Other	745	19%
Unknown	1,350	

*Education Level	Unique clients	% **
High School Diploma / GED	1,346	41%
Some College / Vocational Training	270	8%
Associates Degree	196	6%
Bachelors Degree	55	2%
Masters Degree	3	0%
Doctoral Degree	1	0%
High School not completed	1,433	43%
Unknown / Not Reported	2,073	

** Percentages exclude Other / Unknown values.

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and Insyst 10/2008 download

Source: HSRC (BL) 11/20/2009

Transitional Age Youth Mental Health Services FY0809

AMHS Services Provided

Outpatient Services	Total Visits	Total Clients	Percent Users	Mean Visits Among Users
Case Management	2,376	111	2%	21.4
Outpatient Programs	17,250	1,623	25%	10.6
Fee for Service	10,728	1,237	19%	8.7
Full Service Partnership	12,579	238	4%	52.9
*Community Clinics	533	163	3%	3.3

Emergency Services	Total Visits	Total Clients	Percent Users	Mean Visits Among Users
EPU	2,617	1,436	22%	1.8
PERT	1,143	987	15%	1.2

Forensic Services	Total Visits	Total Clients	Percent Users	Mean Visits Among Users
Jail	7,575	2,006	31%	3.8

24 hour Services	Total Days	Total Clients	Percent Users	Mean Days Among Users
Crisis Residential	1,871	144	2%	13.0
IMD	7,163	46	1%	155.7
Edgemoor	0	0	0%	0.0
*Residential	3,073	31	1%	99.1

Inpatient Admissions	Total Admissions	Total Clients	Percent Users	Mean Admissions Among Users
County Hospital	318	249	4%	1.3
FFS Hospitals	585	441	7%	1.3

*Calculated for Anasazi Q2-Q4 only

Data Source: Anasazi 10/16/2009 download
and Insyst 10/2008 download

Source: HSRC (BL) 11/20/2009

Older Adult Mental Health Services FY0809

Older Adult (60+) clients receiving services			Unique clients 4,431
Age	Unique clients	%	
Age 60-69	3,269	74%	
Ate 70-79	704	16%	
Age 80+	458	10%	
Gender	Unique clients	%	
Females	2,658	60%	
Males	1,748	39%	
Other / Unknown	25	1%	
Preferred Language	Unique clients	%	
English	3,152	71%	
Spanish	340	8%	
Asian	315	7%	
Middle Eastern	109	2%	
Other / Unknown	515	12%	
Diagnosis	Unique clients	% **	
Schizophrenia and Schizoaffective	825	20%	
Bipolar Disorders	386	9%	
Major Depression Disorders	1,115	27%	
Other Psychotic Disorders	264	6%	
Other Depression / Adjustment	1,115	27%	
Anxiety Disorder	189	5%	
Substance Use Disorder	67	2%	
Cognitive / Personality Disorders	216	5%	
Other / Unknown	898		
Substance Use Diagnosis	Unique clients	%	
Any Substance Use Disorder	375	8%	
No Substance Use Disorder	4,056	92%	

*Anasazi Q2-Q4 only			Unique clients 3,918
*Ethnicity	Unique clients	%	
Hispanic	477	12%	
Not Hispanic	1,481	38%	
Unknown	1,960	50%	
*Insurance Status	Unique clients	%	
Uninsured	997	25%	
Medi-Cal only	1,301	33%	
Medi-Cal + Medicare	1,416	36%	
Medicare only	169	4%	
Private only	35	1%	
*Living Situation	Unique clients	% **	
Lives Independently	2,022	69%	
Board & Care	199	7%	
Justice Related	175	6%	
Homeless	161	6%	
Institutional	354	12%	
Other / Unknown	1,007		
*Employment Status	Unique clients	% **	
Competitive job	106	4%	
Seeking work	78	3%	
Not in labor force	1,585	59%	
Not seeking work	371	14%	
Resident/inmate of institution	93	3%	
Other	457	17%	
Unknown	1,228		
*Education Level	Unique clients	% **	
High School Diploma / GED	851	32%	
Some College / Vocational Training	176	7%	
Associates Degree	355	13%	
Bachelors Degree	294	11%	
Masters Degree	71	3%	
Doctoral Degree	27	1%	
High School not completed	861	33%	
Unknown / Not Reported	1,283		

** Percentages exclude Other / Unknown values.

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Source: HSRC (BL) 11/20/2009

Older Adult Mental Health Services FY0809

OAMHS Services Provided

Outpatient Services	Total Visits	Total Clients	Percent Users	Mean Visits Among Users
Case Management	16,382	931	21%	17.6
Outpatient Programs	15,926	1,689	38%	9.4
Fee for Service	7,941	964	22%	8.2
Full Service Partnership	9,866	210	5%	47.0
*Community Clinics	322	81	2%	4.0

Emergency Services	Total Visits	Total Clients	Percent Users	Mean Visits Among Users
EPU	495	315	7%	1.6
PERT	968	757	17%	1.3

Forensic Services	Total Visits	Total Clients	Percent Users	Mean Visits Among Users
Jail	1,338	287	6%	4.7

24 hour Services	Total Days	Total Clients	Percent Users	Mean Days Among Users
Crisis Residential	802	45	1%	17.8
IMD	2,121	8	0%	265.1
Edgemoor	7,498	28	1%	267.8
*Residential	483	2	0%	241.5

Inpatient Admissions	Total Admissions	Total Clients	Percent Users	Mean Admissions Among Users
County Hospital	42	31	1%	1.4
FFS Hospitals	160	117	3%	1.4

*Calculated for Anasazi Q2-Q4 only

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