



San Diego County Mental Health Services



Databook
2006-2007
Revised 8/1/08

Prepared by : Health Services Research Center



**County of San Diego
Behavioral Health
Mental Health Services**

Databook Fiscal Year 06-07

Children & Adolescent Mental Health Services

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Child & Adolescent Mental Health Services Databook, FY-06-07

Clients Receiving County-funded Mental Health Services Unique clients
17,253

Age	Unique clients	%
Age 0 to 5	1850	11%
Age 6 to 11	4959	29%
Age 12 to 15	5851	34%
Age 16 to 17	3833	22%
Age 18+	760	4%

Note: Some programs continue to serve youth after they turn 18

Gender	Unique clients	%
Females	6,548	38%
Males	10,432	60%
Other / Unknown	273	2%

Race/ethnicity	Unique clients	%
White	4,590	27%
Hispanic	8,354	48%
African American	2,515	15%
Asian / Pacific Islander	420	2%
Native American	112	1%
Other	1,157	7%
Unknown	105	1%

Diagnosis	Unique clients	%
ADHD	2,148	15%
Oppositional/Conduct	2,448	17%
Depressive disorders	2,605	18%
Bipolar disorders	821	6%
Anxiety disorders	1,076	7%
Adjustment disorders	2,527	17%
Schizophrenic disorders	114	1%
Other	1,195	8%
Invalid	1,303	9%
Excluded	226	2%
Any Substance Use Disorder	820	6%

Note: Primary diagnosis and insurance information is not available on youth served solely through JFS and Spectrum

Client count by provider type:*	Unique clients	%
County run or contracted programs:	10,778	62%
Fee for service outpatient services:	5,176	30%
Fee for service inpatient services:	402	2%
Juvenile Forensics and Spectrum services:	3,496	20%

Service Modes (RU level data):*	Unique clients	%
All County run programs (CO)	2,480	14%
Outpatient - Contracted Programs (CN)	8,590	50%
Outpatient - Fee for Service	5,176	30%
Outpatient - JFS / Spectrum (JFS)	3,496	20%
Case Management	1,795	10%
TBS	295	2%
Other	705	4%
Day Rehabilitation	1,130	7%
Day Treatment - Residential	443	3%
Day Treatment - Intensive	618	4%
ESU	808	5%
Inpatient	593	3%

Insurance Status	Unique clients	%
Medi-Cal	12,420	86%
Private Insurance	691	5%
Uninsured	1,343	9%

New Clients 5,326 37%

* Based on episode RU. Clients can receive services from more than one provider type or service mode during the year. Results will not total to 100% as clients can be counted more than once.

Child & Adolescent Mental Health Services Databook, FY-06-07

CMHS Services Provided (visit level)

Outpatient Services (Minutes)	Total Minutes	Total Clients	Percent Users	Mean (& Median) Minutes Among Users
Collateral Services	4,794,314	9,632	56%	498 (210)
Therapy	10,925,604	13,234	77%	826 (505)
Case Management	3,755,920	3,899	23%	963 (185)
Assessment	2,221,860	9,702	56%	229 (180)
Medication Support	1,258,983	5,129	30%	245 (135)
Crisis Services	296,546	1,090	6%	272 (158)
TBS	1,261,562	245	1%	5,149 (4,500)

Restrictive Services (Days)	Total Days	Total Clients	Percent Users	Mean (& Median) Days Among Users
Day Rehabilitation	51,888	1,130	7%	46 (14)
Day Treatment - Intensive	73,750	791	5%	93 (77)
Crisis Stabilization	388	304	2%	1.3 (1)
Inpatient	8,939	593	3%	15 (7)

Child & Adolescent Mental Health Services Databook, FY-06-07

Client Demographics by Service Type	Outpatient						Day Treatment					
	CO	CN	FFS*	JFS**	CM	TBS	Oth	D Reh	D Res	D Int	ESU	IP
Unique Clients Receiving Services	2,480	8,590	5,176	3,496	1,795	295	705	1,130	443	618	808	593
<i>(Unique Clients by) Age</i>												
0 to 5	111	1,283	512	51	27	11	72	79	0	40	9	2
6 to 11	631	2,861	2,155	12	550	144	117	276	63	165	168	103
12 to 15	1,094	2,991	1,804	1,111	771	106	290	424	261	264	409	305
16 to 17	596	1,223	705	1,911	398	30	192	310	116	130	211	172
18+	48	232	0	411	49	4	34	41	3	19	11	11
<i>Gender</i>												
Female	1,031	3,402	2,255	815	658	100	266	494	220	216	372	312
Male	1,441	5,143	2,683	2,679	1,126	194	438	629	223	398	433	276
Unknown	8	45	238	2	11	1	1	7	0	4	3	5
<i>Race/Ethnicity</i>												
White	771	2,085	1,717	679	798	98	286	336	155	297	218	179
Hispanic / Latino	1,096	4,726	2,008	1,669	618	105	266	461	167	181	402	276
African-American	468	1,104	876	628	283	73	105	271	105	95	136	89
Asian/Pacific Islander	79	209	100	97	39	8	21	26	11	13	33	18
Native American	19	50	37	17	23	4	6	10	3	5	4	6
Other / Mixed	47	416	438	301	34	7	21	26	2	27	15	25
Unknown	0	0	0	105	0	0	0	0	0	0	0	0
<i>Primary Diagnosis</i>												
ADHD	356	1,381	726	101	362	70	110	120	35	98	89	32
Oppositional/Conduct	532	1,698	590	280	359	83	128	268	116	131	170	85
Depressive disorders	597	1,617	757	150	328	36	138	225	106	100	319	281
Bipolar disorders	249	493	248	65	277	52	113	59	97	103	84	115
Anxiety disorders	144	578	466	21	136	28	58	67	39	51	41	23
Adjustment disorders	469	1,631	890	38	143	11	62	358	25	71	46	8
Schizophrenic disorders	52	70	34	12	27	5	15	8	11	13	38	38
Other	55	973	179	17	72	9	63	21	13	48	18	10
Excluded	17	107	97	8	19	1	14	4	1	2	3	1
<i>Any Substance Use Diagnosis</i>	283	546	142	195	147	19	34	170	36	33	76	47

Key: CO: Outpatient County-run programs CN: Outpatient contracted programs FFS: Outpatient Fee-for-Service JFS: Juvenile Forensics or Spectrum CM: Case management
TBS: Therapeutic Behavioral Services Oth: Other D Reh: Day Rehabilitation D Res: Day Residential D Int: Day Intensive ESU: Emergency Screening Unit IP: Inpatient

* Almost 50% of FFS clients did not have a diagnosis entered in INSYST. **Diagnosis data is not available for clients served solely by JFS or Spectrum.

Child & Adolescent Mental Health Services Databook, FY-06-07

Client Demographics by Service Type	Outpatient							Day Treatment				
	CO	CN	FFS*	JFS**	CM	TBS	Oth	D Reh	D Res	D Int	ESU	IP
Unique Clients Receiving Services	2,480	8,590	5,176	3,496	1,795	295	705	1,130	443	618	808	593
% of Clients	14%	50%	30%	20%	10%	2%	4%	7%	3%	4%	5%	3%
<i>(Percent Clients by) Age</i>												
0 to 5	4%	15%	10%	1%	2%	4%	10%	7%	0%	6%	1%	0%
6 to 11	25%	33%	42%	0%	31%	49%	17%	24%	14%	27%	21%	17%
12 to 15	44%	35%	35%	32%	43%	36%	41%	38%	59%	43%	51%	51%
16 to 17	24%	14%	14%	55%	22%	10%	27%	27%	26%	21%	26%	29%
18+	2%	3%	0%	12%	3%	1%	5%	4%	1%	3%	1%	2%
<i>Gender</i>												
Female	42%	40%	44%	23%	37%	34%	38%	44%	50%	35%	46%	53%
Male	58%	60%	52%	77%	63%	66%	62%	56%	50%	64%	54%	47%
Unknown	0%	1%	5%	0%	1%	0%	0%	1%	0%	1%	0%	1%
<i>Race/Ethnicity</i>												
White	31%	24%	33%	19%	44%	33%	41%	30%	35%	48%	27%	30%
Hispanic / Latino	44%	55%	39%	48%	34%	36%	38%	41%	38%	29%	50%	47%
African-American	19%	13%	17%	18%	16%	25%	15%	24%	24%	15%	17%	15%
Asian/Pacific Islander	3%	2%	2%	3%	2%	3%	3%	2%	2%	2%	4%	3%
Native American	1%	1%	1%	0%	1%	1%	1%	1%	1%	1%	0%	1%
Other / Mixed	2%	5%	8%	9%	2%	2%	3%	2%	0%	4%	2%	4%
Unknown	0%	0%	0%	3%	0%	0%	0%	0%	0%	0%	0%	0%
<i>Primary Diagnosis</i>												
ADHD	14%	16%	14%	3%	20%	24%	16%	11%	8%	16%	11%	5%
Oppositional/Conduct	21%	20%	11%	8%	20%	28%	18%	24%	26%	21%	21%	14%
Depressive disorders	24%	19%	15%	4%	18%	12%	20%	20%	24%	16%	39%	47%
Bipolar disorders	10%	6%	5%	2%	15%	18%	16%	5%	22%	17%	10%	19%
Anxiety disorders	6%	7%	9%	1%	8%	9%	8%	6%	9%	8%	5%	4%
Adjustment disorders	19%	19%	17%	1%	8%	4%	9%	32%	6%	11%	6%	1%
Schizophrenic dis.	2%	1%	1%	0%	2%	2%	2%	1%	2%	2%	5%	6%
Other	2%	11%	3%	0%	4%	3%	9%	2%	3%	8%	2%	2%
Excluded	1%	1%	2%	0%	1%	0%	2%	0%	0%	0%	0%	0%
<i>Any Substance Use Diagnosis</i>	11%	6%	3%	6%	8%	6%	5%	15%	8%	5%	9%	8%

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Transitional Age Youth Mental Health Services Databook, FY-06-07, revised

Youth (<18-24) Clients Receiving Services Unique clients
5,061

Age	Unique clients	%
Age <18	314	6%
Age 18-21	2,440	48%
Age 22-24	2,307	46%

Gender	Unique clients	%
Females	2,156	43%
Males	2,856	56%
Other / Unknown	49	1%

Race/ethnicity	Unique clients	%
White	2,312	46%
Hispanic	1,539	30%
African American	623	12%
Asian	233	5%
Native American	30	1%
Other / Unknown	324	6%

Preferred Language	Unique clients	%
English	4,455	88%
Spanish	333	7%
Asian Language	50	1%
Middle Eastern Lang.	12	0%
Other / Unknown	211	4%

Insurance Status	Unique clients	%
Uninsured	2,777	55%
Medi-Cal	2,180	43%
Other Private	104	2%

Diagnosis	Unique clients
Schizophrenia and Schizoaffective	524
Bipolar Disorders	439
Major Depression Disorders	563
Other Psychotic Disorders	314
Other Depression / Adjustment	942
Anxiety Disorder	307
Substance Use Disorder	428
Cognitive / Personality Disorders	5
No Diagnosis/Diagnosis Deferred	1,539
Any Substance Use Disorder	1,106
No Substance Use Disorder	3,955

Living Situation	Unique clients
Lives Independently	2209
Board & Care	143
Justice Related	1467
Homeless	203
Institutional	39
Unknown	1000

New Clients 2,107

First Service Use Among New Clients	Unique clients
Jail	694
EPU	633
Outpatient	281
FFS	198
PERT	191
Inpatient/Crisis Res.	70
Other	40

Transitional Age Youth Mental Health Services Databook, FY-06-07

AMHS Services Provided

Outpatient Services	Total Visits	Total Clients	Percent Users	A
Case Management	2,913	115	2%	
Outpatient Programs	13,660	1,340	26%	
Fee for Service	11,924	1,230	24%	
Full Service Partnership	2,458	95	2%	
Emergency Services	Total Visits	Total Clients	Percent Users	A
EPU	2,094	1,366	27%	
PERT	470	425	8%	
Forensic Services	Total Visits	Total Clients	Percent Users	A
Jail	6,761	1,697	34%	
24 hour services	Total Days	Total Clients	Percent Users	A
Crisis Residential	1,926	159	3%	
IMD	4,688	29	1%	
Edgemoor	146	6	0%	
Inpatient Admissions	Total Admissions	Total Clients	Percent Users	Me: A
County Hospital	213	169	3%	
FFS Hospitals	486	297	6%	

Adult and Older Adult Mental Health Services Databook, FY-06-07, revised

Clients Receiving Services Unique clients
38,124

Age	Unique clients	%
Age <18-24	5,061	13%
Age 25-59	29,725	78%
Age 60+	3,338	9%

Gender	Unique clients	%
Females	18,849	49%
Males	18,957	50%
Other / Unknown	318	1%

Race/ethnicity	Unique clients	%
White	19,716	52%
Hispanic	8,242	22%
African American	4,723	12%
Asian	2,242	6%
Native American	227	1%
Other / Unknown	2,974	8%

Preferred Language	Unique clients	%
English	31,944	84%
Spanish	2,599	7%
Asian Language	1,169	3%
Middle Eastern Lang.	345	1%
Other / Unknown	2,067	5%

Insurance Status	Unique clients	%
Uninsured	17,474	46%
Medi-Cal	20,279	53%

Diagnosis	Unique clients
Schizophrenia and Schizoaffective	6,858
Bipolar Disorders	3,412
Major Depression Disorders	6,611
Other Psychotic Disorders	2,116
Other Depression / Adjustment	5,130
Anxiety Disorder	2,002
Substance Use Disorder	2,612
Cognitive / Personality Disorders	238
No Diagnosis/Diagnosis Deferred	9,145
Any Substance Use Disorder	7,760
No Substance Use Disorder	30,364

Living Situation	Unique clients
Lives Independently	16865
Board & Care	1504
Justice Related	8436
Homeless	2341
Institutional	707
Unknown	8271

New Clients 9,660

First Service Use Among New Clients	Unique clients
EPU	2945
Jail	2781
Outpatient	1458
FFS	1106
PERT	867
Inpatient/Crisis Res.	354

Adult and Older Adult Mental Health Services Databook, FY-06-07, revised

AOAMHS Services Provided

Outpatient Services	Total Visits	Total Clients	Percent Users	A
Case Management	57,422	2,506	7%	
Outpatient Programs	153,735	13,978	37%	
Fee for Service	114,980	9,898	26%	
Full Service Partnership	10,915	488	1%	
Emergency Services	Total Visits	Total Clients	Percent Users	A
EPU	13,362	8,389	22%	
PERT	2,427	2,092	5%	
Forensic Services	Total Visits	Total Clients	Percent Users	A
Jail	45,024	9,768	26%	
24 hour services	Total Days	Total Clients	Percent Users	A
Crisis Residential	21,699	1,564	4%	
IMD	44,248	327	1%	
Edgemoor	5,244	237	1%	
Inpatient Admissions	Total Admissions	Total Clients	Percent Users	Me: A
County Hospital	981	813	2%	
FFS Hospitals	3,421	2,004	5%	

Adult and Older Adult Mental Health Services Databook, FY-06-07, revised

Client Demographics by Service Type	CM	CR	EDG	EPU	FFS	FSP	IMD	JAIL	OP	PERT
Clients Receiving Services	2,506	1,564	237	8,389	9,898	488	327	9,768	13,978	2,092
(Clients by) Age										
Age <18-24	115	159	6	1366	1,230	95	29	1,697	1,340	425
Age 25-59	1,988	1,369	159	6,672	7,760	362	289	7,856	11,332	1,239
Age 60+	403	36	72	351	908	31	9	215	1,306	428
Gender										
Females	1,106	703	100	3643	6,252	184	134	2,823	7,940	1,039
Males	1,395	854	137	4731	3,382	303	193	6,925	6,007	1,049
Other / Unknown	5	7	0	15	264	1	0	20	31	4
Race/ethnicity										
White	1,663	962	142	4,745	4,263	266	195	5,255	7,114	1,329
Hispanic	374	250	48	1824	2,066	75	57	1,841	3,598	357
African American	281	244	30	1186	1,101	118	40	1,824	1,519	177
Asian	107	45	11	367	688	9	25	331	1,061	76
Native American	19	14	3	52	48	4	6	59	108	6
Other / Unknown	62	49	3	215	1732	16	4	458	578	147
Diagnosis										
Schizophrenia and Schizoaffective	1816	505	16	1627	1971	231	298	1051	3376	452
Bipolar Disorders	262	236	3	941	522	101	23	511	2112	252
Major Depression Disorders	236	353	4	1027	1203	76	1	571	4730	142
Other Psychotic Disorders	81	118	2	831	224	31	4	786	687	245
Other Depression / Adjustment	64	319	4	1952	574	37	0	1835	1632	394
Anxiety Disorder	24	31	0	1	316	4	1	451	1151	63
Substance Use Disorder	5	2	2	1347	51	3	0	1546	82	166
Cognitive / Personality Disorders	11	0	10	60	20	1	0	22	21	119
No Diagnosis/Diagnosis Deferred	7	0	196	603	5017	4	0	2995	187	259
Any Substance Use Disorder	541	768	38	3259	1013	183	79	3191	2976	414
No Substance Use Disorder	1,965	796	199	5,130	8,885	305	248	6,577	11,002	1,678
Insurance Status										
Uninsured	205	568	17	5,271	3	164	3	7,347	6,468	1,244
Medi-Cal	2,294	990	220	2,864	9,894	317	324	2,353	7,446	805
Other Private	6	6	0	254	1	7	0	68	64	43

Adult and Older Adult Mental Health Services Databook, FY-06-07, revised

Client Demographic Distributions
by Service Type

	CM	CR	EDG	EPU	FFS	FSP	IMD	JAIL	OP	PERT
Clients Receiving Services	2,506	1,564	237	8,389	9,898	488	327	9,768	13,978	2,092
(Percent Clients by) Age										
Age <18-24	5%	10%	3%	16%	12%	19%	9%	17%	10%	20%
Age 25-59	79%	88%	67%	80%	78%	74%	88%	80%	81%	59%
Age 60+	16%	2%	30%	4%	9%	6%	3%	2%	9%	20%
Gender										
Females	44%	45%	42%	43%	63%	38%	41%	29%	57%	50%
Males	56%	55%	58%	56%	34%	62%	59%	71%	43%	50%
Other / Unknown	0%	0%	0%	0%	3%	0%	0%	0%	0%	0%
Race/ethnicity										
White	66%	62%	60%	57%	43%	55%	60%	54%	51%	64%
Hispanic	15%	16%	20%	22%	21%	15%	17%	19%	26%	17%
African American	11%	16%	13%	14%	11%	24%	12%	19%	11%	8%
Asian	4%	3%	5%	4%	7%	2%	8%	3%	8%	4%
Native American	1%	1%	1%	1%	0%	1%	2%	1%	1%	0%
Other / Unknown	2%	3%	1%	3%	17%	3%	1%	5%	4%	7%
Diagnosis										
Schizophrenia and Schizoaffective	72%	32%	7%	19%	20%	47%	91%	11%	24%	22%
Bipolar Disorders	10%	15%	1%	11%	5%	21%	7%	5%	15%	12%
Major Depression Disorders	9%	23%	2%	12%	12%	16%	0%	6%	34%	7%
Other Psychotic Disorders	3%	8%	1%	10%	2%	6%	1%	8%	5%	12%
Other Depression / Adjustment	3%	20%	2%	23%	6%	8%	0%	19%	12%	19%
Anxiety Disorder	1%	2%	0%	0%	3%	1%	0%	5%	8%	3%
Substance Use Disorder	0%	0%	1%	16%	1%	1%	0%	16%	1%	8%
Cognitive / Personality Disorders	0%	0%	4%	1%	0%	0%	0%	0%	0%	6%
No Diagnosis/Diagnosis Deferred	0%	0%	83%	7%	51%	1%	0%	31%	1%	12%
Any Substance Use Disorder	22%	49%	16%	39%	10%	38%	24%	33%	21%	20%
No Substance Use Disorder	78%	51%	84%	61%	90%	63%	76%	67%	79%	80%
Insurance Status										
Uninsured	8%	36%	7%	63%	0%	34%	1%	75%	46%	59%
Medi-Cal	92%	63%	93%	34%	100%	65%	99%	24%	53%	38%
Other Private	0%	0%	0%	3%	0%	1%	0%	1%	0%	2%

Older Adult Mental Health Services Databook, FY-06-07, revised

Older (60+) Clients Receiving Services Unique clients
3,338

Age	Unique clients	%
Age 60-69	2,491	75%
Age 70-79	503	15%
Age 80+	344	10%

Gender	Unique clients	%
Females	2,000	60%
Males	1,300	39%
Other / Unknown	38	1%

Race/ethnicity	Unique clients	%
White	1,821	55%
Hispanic	550	16%
African American	224	7%
Asian	325	10%
Native American	9	0%
Other / Unknown	509	15%

Preferred Language	Unique clients	%
English	2,360	71%
Spanish	321	10%
Asian Language	297	9%
Middle Eastern Lang.	58	2%
Other / Unknown	302	9%

Insurance Status	Unique clients	%
Uninsured	1,014	30%
Medi-Cal	2,290	69%
Other Private	34	1%

Diagnosis	Unique clients
Schizophrenia and Schizoaffective	614
Bipolar Disorders	282
Major Depression Disorders	788
Other Psychotic Disorders	182
Other Depression / Adjustment	277
Anxiety Disorder	151
Substance Use Disorder	66
Cognitive / Personality Disorders	157
No Diagnosis/Diagnosis Deferred	821
Any Substance Use Disorder	193
No Substance Use Disorder	3,145

Living Situation	Unique clients
Lives Independently	1822
Board & Care	149
Justice Related	175
Homeless	138
Institutional	185
Unknown	869

New Clients 918

First Service Use Among New Clients	Unique clients
PERT	276
Outpatient	185
EPU	165
FFS	87
Jail	71
Inpatient/Crisis Res.	33
Other	101

Older Adult Mental Health Services Databook, FY-06-07

OAMHS Services Provided

Outpatient Services	Total Visits	Total Clients	Percent Users	A
Case Management	6,351	403	12%	
Outpatient Programs	12,754	1,306	39%	
Fee for Service	9,217	908	27%	
Full Service Partnership	292	31	1%	
Emergency Services	Total Visits	Total Clients	Percent Users	A
EPU	451	351	11%	
PERT	506	428	13%	
Forensic Services	Total Visits	Total Clients	Percent Users	A
Jail	1,429	215	6%	
24 hour services	Total Days	Total Clients	Percent Users	A
Crisis Residential	529	36	1%	
IMD	1,214	9	0%	
Edgemoor	1,633	72	2%	
Inpatient Admissions	Total Admissions	Total Clients	Percent Users	Me: A
County Hospital	23	21	1%	
FFS Hospitals	237	145	4%	