

**Adult/Older Adult Mental Health Services**  
**Mission/Guiding Principles Statement for**  
**Outpatient Mental Health Clinics and BPSR Centers**

**Mission**

The Adult/Older Adult Mental Health Services System of Care is based on Biopsychosocial and Rehabilitation (BPSR) principles that have proven to be effective in reducing psychiatric hospitalization and assisting mental health clients to become more productive community members.

**Principles**

BPSR guiding principles specify that services shall be:

- Person-centered;
- Comprehensive and integrated with a broad array of services;
- Individualized, culture-centered, and built upon person's strengths;
- Provided in the least restrictive and most appropriate setting;
- Coordinated both at the system and service delivery levels;
- Delivered with clients as full partners in their treatment and care;
- Protective of client rights.

The mission and principles of the organization are a yardstick against which to measure outcomes. Consumers (clients and family members) of mental health services are valued members of the community.

Treatment and care shall be person-centered and:

- Planned in consideration of the person's individual goals, diverse needs, concerns, strengths, and motivations.
- Culturally, linguistically, and developmentally appropriate to the individual.
- Based on a continuing analysis of the person's need and flexible enough to incorporate new information and new technology.
- Planned and delivered in a quality-based, cost-effective manner.
- Built on the assets of the clients and their support systems (family and friends).
- Developed with priority given to services in the community.