

# ADULT COUNCIL

## MINUTES

Tuesday, August 16, 2016



**10:00-11:30 AM - 3255 Camino Del Rio South San Diego, CA 92108 - Behavioral Health Services – La Jolla Room**

**Members in Attendance:** Melissa Hall (JFS), Shannon Jackson (ADS), Don Miller (SDPA), Maria Morgan (TAY+MHCA), Shiva Motahari (BHETA), Jeff Najarian (RI, International), Mary Jo O’Brien (CCHEA), Judy Patterson (MHA), Diego Rogers (CADRE), Angela Rowe (AOD Services), Caryn Sumek, (BHS), Wil Quintong (MVA), Daphne Watson, (MHA)

**Non-Members in Attendance:** Karen Crie (BHS), Dave DeVries (BHS), Connie German-Marquez (BHS), Valerie Marsh (RI International), Judi Patterson (MHA), Elaine Sanders (BHS), Chris Strows (BHS), Maureen Swan (Community), Dalila Valenci (RI International), Adrienne Yancey (BHS)

TIME	AGENDA ITEM	SUMMARY	ACTION
10:00 AM	<b>I. Welcome and Introductions</b> (Jeffrey Najarian, Co-Chair, Maria Morgan, Co-Chair)	Meeting was brought to order at 10:07 am by Maria Morgan, Co-Chair. Introductions were made.	
10:05 AM	<b>II. Public Input</b>	None.	
10:10	<b>III. MHSA Update Discussion and Recommendations</b> (Co-Chairs)	<p>Adrienne Yancey presented a brief update on upcoming BHS Community Engagement Forums. A flyer was sent out by email announcing the forums. Discussions will be led by trained facilitators (non-county staff). The three planned topics for discussion will center on unserved and underserved populations, children’s behavioral health and continuum of care. A trained visual artist will draw a story based on public feedback as discussion unfolds. Innovations, Cycle 4 is due to begin and some concepts for potential innovations projects will be broached. Light snacks in the day and a light meal in evening sessions will be provided. Child care will be provided at two of the evening sessions. There will be pre-registration, but typically additional attendees show up. Topics will focus on those suggested by the Board of Supervisors and others.</p> <p>Diego Rogers provided background and a draft summary of adult council priorities. Safety net has been overloaded (age and ethnic minorities fall into the underserved and unserved). The Adult Mental Health SOC serves the largest portion of the safety net. Clients served are the most vulnerable, complex and high-risk with the highest costs and poorest outcomes. Specialty health care and behavioral health needs are unserved due to insufficient providers. Workload expectations have increased but salaries have not. Salaries can be 30 per cent more at a managed care or hospital. CRF has over 800 employees with turnover of 40 percent. There is a Nursing, psychiatry shortage nationwide.</p>	

TIME	AGENDA ITEM	SUMMARY	ACTION
		<p>The safety net is not competitive. We need the most qualified people working with the most difficult cases. San Diego County pays less than Los Angeles or Orange County. Increased fixed costs are resulting in decreased staff and services. Turnover and vacancies are increased as a result.</p> <p>An unintended consequence of graduating stable clients to a lower level of care is that the caseload consists of primarily high needs clients. There currently is no caseload cap on Adults. With no ceiling caseloads can only grow.</p> <p>Funding for care coordinators would be beneficial. Case managers and staff are working to additionally coordinate health care and the workload becomes unmanageable. With care coordination, follow up would not fall to one person, thus alleviating workload for staff. Funding is not yet available for whole person care.</p> <p>Diego suggested that the Adult Council identify priorities and put recommendations in writing. He advised that the Adult Council needs to agree on priorities and attend the forums.</p> <p>Maria Morgan and Diego Rogers will draft a letter of recommendations to Alfredo Aguirre and the Board of Supervisors noting immediate and long range concerns (and how the County can save money while meeting the needs of clients) and submit it for Adult Council review and feedback.</p> <ol style="list-style-type: none"> <li>1. Increase funding to recruit and train qualified mental health staff with competitive salaries.</li> <li>2. Reduce and/or streamline administrative processes and documentation requirements to increase direct service time.</li> <li>3. Add dedicated Care Coordinators at each clinic for care coordination and warm handoff transitioning.</li> <li>4. Define reasonable caseload sizes for adult providers in order to have a stable workforce.</li> </ol> <p><b>Letter of Recommendations –</b>          Maria Morgan made a motion that she and Diego Rogers will prepare a letter of recommendations for council review to be subsequently moved forward to the Board of</p>	

TIME	AGENDA ITEM	SUMMARY	ACTION
		Supervisors. The letter draft will be sent to the Adult Council by email for their review and feedback by a certain date. Angela Rowe seconded the motion. All were in favor. Motion was passed.	
11:20 AM	<b>IV.</b> Announcements	<ul style="list-style-type: none"> <li>• Jeff Najarian announced that RI International is hosting an Adult County-Wide Speak-Out and Learn event on Tuesday, August 23, 2016 from 1:00 to 3:00 pm with lunch included. Featured will be the Breaking Down Barriers San Diego program and the Social Security Work Incentives Planning &amp; Assistance (WIPA) program.</li> <li>• In September, council members are invited to attend the Community Engagement Forums in lieu of the Adult Council meeting.</li> <li>• The next meeting will be the Joint Council (AOA, CYF, TAY) Meeting October 18, 2016 2:30 - 4:00 Health Services Complex – Rosecrans</li> </ul>	
11:25	<b>V.</b> Adjournment	<ul style="list-style-type: none"> <li>• Meeting was adjourned at 11:25 am.</li> </ul>	

**NEXT MEETING:**  
**JOINT COUNCIL MEETING**  
**OCTOBER 18, 2016**  
**2:30 PM – 4:00 PM**  
**HEALTH SERVICES COMPLEX**  
**3851 ROSECRANS STREET, SAN DIEGO, CA 92110**