



### CULTURAL COMPETENCE RESOURCE TEAM MINUTES

March 2, 2018 | 10:00 am – 11:30 am | HSC- Coronado Room: 3851 Rosecrans St, San Diego, CA 92110

**In Attendance:** Laura Andrews (MHA), Elisa Barnett (BHETA), Dasha Dahdouh (QI), Martin Dare (PPU), Danielle Eguiza (AOA), Kat Katsanis-Semel (MHA), Michelle Ly (UPAC), Josh Zhang (UPAC), Edith Mohler (CYF), Krystle Umanzor (QI), Ann Vilmenay (AOA), Mercedes Webber (RI), Charity White-Voth (AOA), Richard Van Dyke (RI), Danielle White (NileSisters), Nicole McAleer (HHS-ATK), Agazit Tesfai (UWEA), Nancy Rodriguez (County CM), Leo Pizarro (NAMI), Shadi Haddad (SYHC-CMSS), Tarryn Mento (KPBS)

AGENDA ITEM	SUMMARY	ACTION
<b>I. Welcome and Introductions</b>	<ul style="list-style-type: none"> <li>Charity called the meeting to order at 10:05am.</li> </ul>	
<b>II. Approval of February 2018 Minutes</b>	<ul style="list-style-type: none"> <li>Corrections:               <ul style="list-style-type: none"> <li>IV, Disparities Report Presentation, first dot point, should read: Steve and Brandon</li> <li>VII, QI Updates, first dot point, states should be State's</li> </ul> </li> <li>Motion to approve February 2, 2018 minutes was moved and second by Mercedes Webber &amp; Kat Katsanis-Semel</li> </ul>	
<b>III. Chair's Report</b> (Charity White-Voth on behalf of Piedad Garcia)	<p><b>DMC-ODS implementation</b></p> <ul style="list-style-type: none"> <li>Impacts both AOA and CYF</li> <li>Currently in process of amendments for all SUD providers, ASAM/documentation training, and funding - TA required for new enhanced budgets</li> <li>Ongoing meetings with providers regarding budgets and billing</li> <li>Coming close to looking like mental health contracts</li> <li>System will be a continuum of care with treatment based on level of need</li> <li>Effort to expand treatment capacity both residential and outreach</li> <li>Under this new system of care there will be no waiting list for care</li> <li>Under DMC, residential programs will now be able to have some withdrawal management (detox) beds</li> <li>County looking at purchasing additional beds in existing detox facilities and at residential programs to provide more detox beds</li> <li>BHETA offering MI training one more time this fiscal year and 7 times next fiscal year; open to all providers that register</li> <li>Relapse prevention training coming at the end of April</li> <li>Let staff know that these are some of the most popular trainings and need to register for them as soon as the email is received</li> <li>If training is full, important to still place self on the waitlist as it helps indicate necessity of the training</li> </ul>	



	<p><b>ROAM procurement has posted</b></p> <ul style="list-style-type: none"> <li>• Mobile mental health unit serving North and East tribal communities</li> <li>• Pre-proposal conference held</li> <li>• Proposals due March 26, 2018</li> <li>• Expecting contract to start May 1, 2018</li> <li>• Likely won't start to see services implemented until August or September 2018</li> </ul> <p><b>CCRT Year-end Report Review</b></p> <ul style="list-style-type: none"> <li>• Review draft and report any needed edits or comments to Maria Samayoa</li> <li>• Edits and changes will be made by next CCRT April meeting to be finalized by the group</li> <li>• Include ICARE under Program/Organization Related Efforts</li> </ul> <p>Diversity and Inclusion (DI) Initiative</p> <ul style="list-style-type: none"> <li>• Want to be sure converging with CCRT since they are very much in line</li> <li>• Ensuring that County staff are also participating in cultural competency</li> <li>• DI champions also in need of TA</li> <li>• Would like to integrate into monthly CCRT meeting agenda and what is appropriate</li> </ul>	<p><b><u>Action Items:</u></b></p> <ul style="list-style-type: none"> <li>• Have Dr. Marvin come back for PERT updates to share status and success/connections</li> </ul>
<p><b>IV. MHSA Update</b> (Martin Dare)</p>	<ul style="list-style-type: none"> <li>• California State Auditor Report included Alameda, Riverside, and San Diego and concludes that counties need better instruction</li> <li>• San Diego recognized as being a good steward of public resources</li> <li>• More community forums to come August and September 2018; not sure how many</li> </ul>	
<p><b>V. Committee Updates</b></p> <p><b>Education &amp; Training</b> (Ann Vilmenay)</p> <p><b>Children's Update</b> (Edith Mohler)</p>	<p><b><u>Education &amp; Training</u></b></p> <ul style="list-style-type: none"> <li>• Discussed CLCPA report and looking at next steps/TA</li> <li>• Ensuring all information was captured</li> <li>• PCDSA will be administered every two years and will be updating cultural competency</li> <li>• At final step of reviewing e-learning and it will be live soon</li> <li>• Self-assessment can be modified and reminder that it was meant to be a checklist</li> </ul> <p><b><u>Children's Update</u></b></p> <ul style="list-style-type: none"> <li>• CYF System of Care Principles document is still being updated.</li> </ul>	



	<ul style="list-style-type: none"> <li>• On behalf of Rosa Ana Lozada, an article on Cultural humility versus Cultural Competence was distributed to the meeting attendees</li> <li>• CYF in partnership with the San Diego Academy of Child &amp; Adolescent Psychiatry (SDACAP), the San Diego Psychiatric Society, the California Association of Marriage and Family Therapists-San Diego Chapter (CAMFT), and the San Diego Psychological Association will host its 3<sup>rd</sup> Annual Critical Issues in Child and Adolescent Mental Health Conference on March 23-24, 2018. More information at: <a href="http://cicamh.com/">http://cicamh.com/</a></li> <li>• CYF through the CYF Liaison contract with NAMI-San Diego will host the 4th Annual Children’s Mental Health Well-Being Celebration on Wednesday, May 2, 2018 from 4:30 to 6:30 P.M. at Azalea Recreation Center located at 2596 Violet Street, San Diego CA 92105.</li> <li>• The CYF Council provides CCRT updates that include Sector representation (Public, Private, Family and Education). It was confirmed that the CCRT has the four-sector representation as Juan Camarena represents the Education Sector.</li> </ul>	
<p><b>VI. QI Updates</b> (Liz Miles)</p>	<p>CLCPA (Cultural and Linguistic Competence Policy Assessment)</p> <ul style="list-style-type: none"> <li>• System wide report breaks down into eight sections of the survey</li> <li>• Points out high levels of TA needed and other highlights</li> <li>• Will be used to help CORs communicate with providers</li> <li>• Next steps: <ul style="list-style-type: none"> <li>○ Once program level information is received need to review assessment and where programs are to see what areas they may need more support/TA in</li> <li>○ Conversation intended to be ongoing</li> <li>○ Questions/TA issues will be funneled through QI and discussed during the CCRT workgroup meeting</li> </ul> </li> <li>• QI will be updating the Cultural Competency Plan and how CCRT will review the three-year strategic plan <ul style="list-style-type: none"> <li>○ New format will be in google doc to be disseminated to CCRT and reviewed online</li> <li>○ Needs to be submitted June 30, 2018</li> </ul> </li> <li>• QI proposed question: How do providers know interpreters are trained appropriately? <ul style="list-style-type: none"> <li>○ Per BHETA experience they would know when the interpreter showed up and how they behaved</li> <li>○ Agencies may not know if behavioral health specific translators</li> <li>○ Not sure if behavioral health experience/background prioritized at interpreter agencies</li> <li>○ There is a need for behavioral health trained interpreters</li> </ul> </li> </ul>	<p><b>Action Items:</b></p> <ul style="list-style-type: none"> <li>• Presentation from some of the interpreter agencies</li> </ul>



	<ul style="list-style-type: none"> <li>○ Interpreters may be uncomfortable or unsure how to address mental health needs in therapeutic settings</li> <li>○ Having interpreters in session limits clients ability to fully disclose</li> <li>○ Guide interpreter agencies on how to be trained and be culturally competent</li> <li>○ BHETA held training “How to Work with Interpreter”</li> <li>○ BHETA three-day training for interpreters resulted in very low attendance</li> <li>○ Do interpreting agencies provide surveys?</li> <li>○ When requesting interpreters there is a comment section where you can request a specific interpreter for client consistency</li> <li>○ DSM 5 for interpreters not appropriate as it is considered clinical work</li> <li>○ Study of Medical Interpretation - is anybody a stakeholder?</li> <li>○ Peer interpreters versus professional</li> </ul>	
<p><b>VII. Announcements</b></p>	<ul style="list-style-type: none"> <li>● Nile Sisters pilot program (two-year grant) <ul style="list-style-type: none"> <li>○ Former refugees will be trained to be Behavioral Health Navigators</li> <li>○ Includes 103 hours of volunteer work, one month of legal expertise, interpreters, and other skills for their communities to share resources</li> <li>○ First cohort of 4-8 people will start in April</li> <li>○ Need 25 people per year</li> <li>○ Will involve some online structure</li> </ul> </li> <li>● Piedad to look at current CCRT member list to update and add to CCRT plan</li> <li>● RI International - Wellness and Recovery Summit <ul style="list-style-type: none"> <li>○ March 22<sup>nd</sup> at Jacobs Center</li> <li>○ Registration through email will include breakfast and lunch</li> </ul> </li> <li>● Channel 8 excerpt on tiny homes for millennials rather than homeless</li> <li>● Question for potential follow-up <ul style="list-style-type: none"> <li>○ At recent QIP Native American new mandate to serve tribal population (Mega-Regs)</li> <li>○ What do we do with this information? Is it a warm hand-off?</li> <li>○ Mandate is not implemented yet</li> </ul> </li> </ul>	

**NEXT MEETING: April 6, 2018 10:00 AM - 11:30 AM | HEALTH SERVICES COMPLEX – CORONADO ROOM**