

# Cultural Competence Resource Team

## MEETING NOTES

Friday, March 4, 2016

10:00-11:30 AM

3255 Camino Del Rio South San Diego, CA 92108 BHS – La Jolla Room

**Attendees:** Alfredo Aguirre (BHS), Piedad Garcia (BHS), Heather Alesch (UPAC), Leon Altamirano (NCHS), Laura Andrew (MHA), Elisa Barnett (BHETA), Lauren Chin (HPPS), Dasha Dahdouh (QI), Dixie Galapon (UPAC), Wanjiru Golly (PCWTA), Rick Heller (HSRC), Celeste Hunter (CASRC), Jackie Hurtado (BHS), Michelle Ly (UPAC), Jose Mallari (BHS), Liz Miles (QI), Edith Mohler (CYF), Nancy Rodriguez (HHS), Maria Samayoa (BHS), Ann Vilmenay (BHS), Mercedes Webber(RI), Adrienne Yancey (MHSA)



| ITEM   | SUMMARY  | ACTION |
|--|--|--------|
| <b>I. Welcome/ Introductions</b>                                 | <ul style="list-style-type: none"> <li>• Piedad called the meeting to order at 10:00 AM.</li> </ul>  |        |
| <b>II. Approval of February 2016 Minutes</b>                     | <ul style="list-style-type: none"> <li>• Approval of February 5, 2016 minutes was moved and second with noted changes. (Leon Altamirano, Mercedes Webber)</li> </ul>   |        |
| <b>III. Chair’s Report</b><br>(Piedad Garcia)                    | <ul style="list-style-type: none"> <li>• Neighborhood House Association did a presentation for Project In-Reach at the Behavioral Health Advisory Board. The data presented was for 2012 – 2015, in the presentation the recidivism for the program showed positive low rates for clients served in the County.</li> <li>• Faith Based Task Order I and II have been released. The contractors are Urban League of San Diego and Interfaith Community Services (North Inland). They are to develop a training manual for the FB Academy that will focus on the underserve population mainly African-American and Latino community. Contractors will also be providing , community and stakeholder education, and increasing awareness to Behavioral Health Service and ministries for the Central and North Inland region communities.</li> <li>• Faith Based Task Orders III and IV are currently released for response. . Children System of Care will take the lead for the III task order which will pair a licensed mental health clinician with a clergy to respond to individual and family crisis situations on a 24/7 on-call system. The AOA assigned COR will take the lead for Task order IV which will focus on Adults diagnosed with a Serious Mental Illness (SMI) while in jail that are in the acute care unit and provide mental health and support services and short term case management as clients integrate back into the community.</li> <li>• Contractor Allocation letters are planned to be released the first week of April and will include FY 2016 - 2017 enhancements for the selected program pending Board approval.</li> </ul> |        |
| <b>IV. Teen Recovery Centers Presentation</b><br>(Wendy Maramba) | <ul style="list-style-type: none"> <li>• Teen Recovery Center (TRC) provides outpatient substance abuse to adolescents ages 12-17.</li> <li>• There are 7 TRCs in the County of San Diego the Services include:</li> </ul>   |        |

| ITEM   | SUMMARY   | ACTION   |
|--|---|--|
|  | <ul style="list-style-type: none"> <li>➤ Assessments</li> <li>➤ group and individual counseling</li> <li>➤ addressing of co-occurring disorders</li> <li>➤ crisis intervention</li> <li>➤ case management</li> <li>➤ education</li> <li>➤ drug testing</li> <li>➤ coordination of services, and support</li> <li>● Program Goals: <ul style="list-style-type: none"> <li>– Provide developmentally appropriate substance abuse treatment services for adolescents throughout the County</li> <li>– Assure access to care</li> <li>– Help youth reach their full potential by achieving a substance free lifestyle</li> <li>– Promote self-sufficiency through education or employment</li> <li>– Contribute to the decrease in crime by ensuring that participants have no arrest</li> </ul> </li> </ul>  |  |
| <p><b>V. Behavioral Health CoCare Initiative Recruitment</b><br/>(Alfredo Aguirre)</p> | <ul style="list-style-type: none"> <li>● A newly established Behavioral Health Steering Continuum Care Initiative (BHCCI) is establishing workgroups to address outpatient mental health services in the system of care. Representatives were requested to provide input and recommendations for each of the workgroups: <ul style="list-style-type: none"> <li>▪ Pre-Service – will address services in the community for acute care and/or reduce criminal activity.</li> <li>▪ Point of Service – will address issues that impact long term care patients in acute care facilities or behavioral health patients in emergency rooms.</li> <li>▪ Post-Service – will address how people are linked to community care upon release from a hospital or incarceration to prevent re-hospitalization and/or recidivism.</li> </ul> </li> <li>● BHCCI Steering Committee will be coordinating with workgroups to provide the Committee with input. The workgroup are not yet active. Anticipated to commence May or June.</li> <li>● Dr. Leon Altamirano volunteered to participate in a workgroup.</li> </ul> | <p><b><u>Action Item:</u></b></p> <ul style="list-style-type: none"> <li>● Piedad to f/u with CoCare workgroup representatives and select a workgroup for each rep.</li> </ul>                               |
| <p><b>VI. QI Updates</b><br/>(Liz Miles on behalf of Tabatha Lang)</p>                 | <ul style="list-style-type: none"> <li>● The CC-PAS will be administered from 4/4/16 - 4/15/16 giving program managers 2 weeks to complete. An email reminder will be sent out on 3/21/16.</li> <li>● External Quality Review (EQR) has provided a draft report for the annual audit in January. QI is waiting for the final report to present to CCRT.</li> <li>● The Cultural Competence Plan is currently being updated. QI to present to CCP in May for review and input.</li> </ul>  | <p><b><u>Action Item:</u></b></p> <ul style="list-style-type: none"> <li>● Dr. Todd Gilmer to present – Recovery Culture Progress Report</li> <li>● QI to send Cultural Competence Plan in April.</li> </ul> |

| ITEM   | SUMMARY   | ACTION   |
|--|---|--|
| <b>VII. Committee Updates</b> <ul style="list-style-type: none"> <li>• <b>Children's</b><br/>(Edith Mohler)</li> <br/> <li>• <b>Education and Training</b><br/>(Charity White-Voth)</li> </ul> | <b>Children Update:</b> <ul style="list-style-type: none"> <li>• Pathways to Well-Being is working with TAY to develop focus groups that will discuss and evaluate the needs within the system.</li> <li>• Children, Youth &amp; Families is preparing for their 2<sup>nd</sup> Annual Children Mental Health celebration on May 4, 2016 at BHS from 4:00 – 6:00 PM, more information will be provided.</li> </ul> <b>Education and Training:</b> <ul style="list-style-type: none"> <li>• The Committee met on February 24, 2016 reviewed and discussed existing tools and research new tools for organizational and individual assessment. The implementation will not take effect until April 2017.</li> <li>• The Cultural and Linguistic Competence Assessment is being reviewed to ensure it is grouped and matched with the CLAS Standards.</li> </ul> | <p><b>Action Item:</b></p> <ul style="list-style-type: none"> <li>• Provide Education &amp; Training membership sign-in sheet – Charity</li> </ul> |
| <b>VIII. MHSa Plan Update</b><br>(Adrienne Yancey)   | <ul style="list-style-type: none"> <li>• BHS 2015 Community Forums Analysis summary of Tier I and Tier II were distributed. Tier II data was considered when determining MHSa programming for Fiscal Year 2016-2017.</li> <li>• CCRT requested Forum information by region. Adrienne informed this request is in progress.</li> </ul>   |  |
| <b>IX. Cultural Competence Resource Team (CCRT) Membership</b>   | <ul style="list-style-type: none"> <li>• CCRT is in the process of revising and updating the membership list, policy and procedures.</li> <li>• Members are to review information and inform of any changes. Further discussion regarding membership and policies at the April CCRT meeting.</li> </ul>   | <p><b>Action Item:</b></p> <ul style="list-style-type: none"> <li>• Provide members sign-in sheet and recruitment procedures - Maria</li> </ul>    |
| <b>X. Policy and Program</b> <ul style="list-style-type: none"> <li>• <b>Disparity Report 2013</b></li> </ul>  | <ul style="list-style-type: none"> <li>• Piedad reminded CCRT members to bring their own copy of the Disparity Report provided via email or on Technical Resource Library (TRL) to the CCRT meetings as this is an ongoing item for discussion as we moved forward in the MHSa plan and BHS Ops Plan.</li> <li>• The Disparity Report will be cross referenced with BHS Community Forum data summary and the Cultural Competence plan for recommendation and input to align the budget process.</li> </ul>  |  |
| <b>XI. Announcements</b>   | <ul style="list-style-type: none"> <li>• No announcements at the time.</li> </ul>   |  |

**NEXT MEETING IS SCHEDULED FOR**  
**FRIDAY, APRIL 1, 2016**  
**10:00 AM-11:30 AM**  
**BHS – LA JOLLA ROOM**