

**CHILDREN, YOUTH AND FAMILIES (CYF) BEHAVIORAL HEALTH SYSTEM OF CARE COUNCIL**

**MEETING MINUTES**

**January 13, 2020 – 9:00-10:30 A.M.**

Scottish Rite – Shell Room -1895 Camino del Rio South, San Diego CA 92108

+=Member in Attendance    O=Absent    E=Excused

CONSTITUENCY		MEMBER	STATUS	ALTERNATE	STATUS
<b>PUBLIC SECTOR</b>					
1	Behavioral Health Advisory Board (BHAB)	Rebecca Hernandez	O	Bill Stewart	+
2	Behavioral Health Services (BHS)	Dr. Laura Vleugels	+	VACANT	
3	Public Safety Group/ Probation	Dr. Geoff R. Twitchell	O	Chrystal Sweet	O
4	Child Welfare Services (CWS)	Kimberly Giardina	O	Norma Rincon represented by Steven Wells	+
5	HHS Regions	Dori Gilbert	+	Jennifer Sovay	O
6	Public Health	Dr. Thomas R. Coleman	+	Adrienne Yancey	O
7	Juvenile Court	H. Judge Kimberlee Lagotta	O	Beth Brown	+
8	First 5 Commission	Alethea Arguilez	O	Dulce Cahue-Aguilar	+
<b>EDUCATION SECTOR</b>					
9	Special Education Local Plan Area (SELPA)	Cara Schukoske	O	Jamie Tate - Symons	O
10	Regular Education Pupil Personnel Services	Violeta Mora	+	Heather Nemour	+
11	School Board	Barbara Ryan	O	VACANT	
12	Special Education	Yuka Sakamoto	+	Aidee Angulo	+
<b>PRIVATE SECTOR</b>					
13	San Diego Regional Center (SDRC) for Developmentally Disabled	Peggy Webb	E	Therese Davis	+
14	Alcohol and Drug Service Provider Association (ADSPA)	Angela Rowe	+	VACANT	+
15	Alcohol and Drug Service Provider Association (ADSPA)	Marisa Varond	+	VACANT	
16	Mental Health Contractors Association	Julie McPherson	E	Minola Clark Manson	+
17	Mental Health Contractors Association (MHCA)	Michelle Ly	+	Michelle Hogan	O
18	Fee- For-Service (FFS) Network	Dr. Sherry Casper	O	VACANT	
19	Managed Care Health Plan	George Scolari	+	Kathleen Lang	O

20	Healthcare/ Pediatrician	Dr. Pradeep Gidwani	O	VACANT	
<b>FAMILY AND YOUTH SECTOR</b>					
21	Family and Youth Liaison	Renee Cookson	O	Valerie Hebert	+
22	Caregiver of child/youth served by the Public Health System	Debbie Dennison	+	Sue McCoy	E
23	Youth served by the Public Health System (up to age 26)	Micaela Cunningham	+	Emma Eldredge	O
24	Youth served by the public health system (up to age 26)	Travis Webster	O	Christine Frey	+
<b>SUB-COMMITTEES (Non-voting members unless a member of the Council)</b>					
-	Executive Sub-Committee	Dori Gilbert/ Minola Clark Manson	+/+		
-	Cultural Competence Resource Team (CCRT)	Rosa Ana Lozada	+		
-	CYF CADRE	Julie McPherson/ Marisa Varond	E/+		
-	Early Childhood Sub-Committee	Aisha Pope/ Autumn Weidman	+/E		
-	Education Sub-Committee	Heather Nemour/Violeta Mora	+/+		
-	Family and Youth as Partners Sub-Committee	Renee Cookson/ Valerie Hebert	O/+		
-	Outcomes Sub-Committee	Emily Trask/Eileen Quinn-O'Malley	O/+		
-	Training Sub-Committee	Rose Woods	+		

**CYF Council Staff:** Yael Koenig, Edith Mohler, and Darwin Espejo

**I. Welcome and Introductions** (Minola Clark Manson)

**II. Approval of Minutes** (Dori Gilbert)

- December 9, 2019 meeting minutes – Approved
- Review of action items from the December 9, 2019 meeting by Yael Koenig. See meeting minutes.

**III. Business Items** (Yael Koenig)

- Board of Supervisors (BOS) Letter-December 10, 2019-Agenda Item 08: Strong Families, Thriving Communities-Handout
  - ✓ The Strong Families Thriving Communities Coalition represented by The San Diego Foundation (TSDF), HHSA, and the Clinton Health Matters Initiative (CHMI), was created in 2017 to address disproportionalities in the child welfare and juvenile justice systems
  - ✓ Recommendation for implementation are due in 90 days
  - ✓ Discussion/Recommendations/Next Steps
    - How do we support youth coming out of juvenile detention?
      - District Attorney will host the Juvenile Health and Justice Symposium on March 17, 2020- Mapping the Intersection of Youth and the Juvenile Justice System
    - Look at the Bold Action Steps identified in the Strong Families, Thriving Communities Blueprint for Action Executive Summary

- As strategy, need to pay attention to prevention activities
- The CYF Executive Sub-Committee will initiate conversations on how to support these efforts
- 5<sup>th</sup> Critical Issues in Child and Adolescent Mental Health Conference (CICAMH): Managing Change in a Changing World-March 12-23, 2020-Dr. Jeff Rowe and Dr. Anoop Karippot (conference chair)-Handout
  - ✓ CYF is one of the partners of this annual conference
  - ✓ Conference highlights
    - Thursday, March 12, 2020 from 5:00 to 9:00 P.M. Cost is \$65.00. Three CE's provided.
      - Advancing Interdisciplinary Coordinated Care for Children and Families at Risk
    - Friday, March 13, 2020 from 7:00 A.M. to 5:30 P.M. Cost is \$100.00. Six CE's provided
      - Plenary 1 (morning): Long Term Impacts of Family Separation and Reunification: Lessons from El Salvador
      - Plenary 2 (morning): Sleep Disorders in Children and Adolescents, Impact on Mental Health, Suicide Risks, and Benefits of Late School Start Law
      - Plenary 3 (afternoon): Substance Use Treatment in Adolescents-The New Frontier (Will address vaping)
      - Breakouts
        - Using Child-Centered Play Therapy with children who have experienced Adverse Childhood Experience (ACEs)
        - School Based Treatment for depression and suicide risk in children with disruptive behaviors and disabilities
        - Cognitive Behavioral Therapy for Insomnia (CBT-I) for Sleepless: Hands on training for the management of disrupted sleep
        - System response to high risk behavior: A multidisciplinary approach to a complex case
        - Impact of military service on the family dynamics
        - Eating disorders: Special focus on Dialectical Behavior Therapy (DBT)
        - The youth mental health imperative: Expanding early access to mental health care for out young people and families
        - Gender Affirming Care: An introduction of the Gender Management Services Clinic
        - Aggression and Bullying in 2020: Youth experience and clinical considerations
  - ✓ Attendance is encouraged. More information and registration at: <https://cicamh.com/>
- Combined Councils meeting is tentatively scheduled for April 13, 2020

**IV. Mental Health Services Act (MHSA) Updates (Dr. Danyte Mockus-Valenzuela)**

- Fiscal Year 2019-20 Community Forums:
  - ✓ Focus on Mental Health and Substance Use Disorder Prevention, Innovation, and Meaningful Engagement
  - ✓ Community forums are being held in the evening and on Saturdays to facilitate attendance, and for efficiency, the length of the forums was revised from 2.5 to 1.5 hours
  - ✓ The January 22, 2020 forum will be rescheduled. Information will be sent once the date and place is confirmed
  - ✓ Added one forum for a total of 7. The additional forum is scheduled for January 29, 2020 and will take place at the North Inland Live Well Center
  - ✓ Fliers are available in all threshold languages
  - ✓ Translation is coordinated in the registration process
  - ✓ Oceanside Forum Highlights
    - Held on Saturday, January 11, 2020 at the Country Club Senior Center in Oceanside
    - Attended by approximately 60 individuals, of which, approximately 90% were high school students
    - Highlights of the input and feedback at the Oceanside Forum
      - Students communicated the need to have available information that will help them understand concepts like depression vs. normal day to day anxiety/normal sadness
  - ✓ In addition to the forums, Focus groups are being held:
    - Hosted a Youth Transitioning or who have transitioned from the Foster Youth System (held)
    - Another forum is being scheduled with High School Students and coordinated with SDCOE to discuss Substance Use prevention
    - Will meet on January 14, 2020 with BHAB members to plan additional forums
  - ✓ Input/Feedback/Questions
    - Additional feedback was provided regarding the need of anticipating the need of translation and have it available at the forums. Feedback will be forwarded to the consultant coordinating the forums

- ✓ A final report of the forums will be prepared and made available
- ✓ Additional information about the Community forums and to register can be found at:  
<http://www.listentosandiego.org/>

**V. Sector “Hot Topics” (Dori Gilbert)-Handouts**

- Biannual updates
  - ✓ Executive (Yael Koenig)
    - CYF Council Co-Chairs and CYF Council Sub-Committees Co-Chairs are members of the Executive Committee. The CYF Deputy Director and administrative staff provide support to this sub-committee and activities of the Council. Input to enhance the Council is welcome
    - The main focus of this sub-committee is to ensure the Council is relevant and meets the needs of all participants
    - The CYF Council has four sector representation
  - ✓ Early Childhood (Aisha Pope, Autumn Ginger Beal, Eva Melendez, Shelly Paule)
    - Update focused on Resiliency and Building Resiliency
    - Context: Early Childhood matters
      - Research reveals that it is very difficult to recognize behavioral and emotional needs under the age of 3
      - When needs are not recognized timely, or go undetected -there will be negative consequences for this child, including attachment and success in school to make a better assessment
    - The Child and Adolescent Needs and Strengths (CANS) assessment tool was Implemented in San Diego CWS in October 2018, and for children age 0-5 in January 2019
      - The CANS allows to see needs of the child and caregiver, along with the areas of strength that can build upon to increase resiliency
      - Early Childhood-CANS Strengths Domain-Categories
        - Family Strengths
        - Interpersonal Strengths
        - Talents and Interests
        - Natural Supports
        - Resiliency
        - Relationship Permanence
        - Playfulness
        - Curiosity
        - Family Spiritual/Religious
      - Early Childhood-CANS Strengths Domain Action Levels
        - 0-Well-developed centerpiece strength
        - 1-Identified and useful strength
        - 2-Strengths have been identified but require strength-building efforts before they can be effectively utilized as part of a plan
        - 3- An area in which no current strength is identified
      - The implementation of CANS in CWS has shown that allows for a more sensitive assessment of children needs and faster services engagement
      - CANS strengths are Evidence based; scores of zero or 1 indicate higher resilience However, absence of a strength it does not mean there is a need
    - Resilience: Video presented: InBrief: What is Resilience?:  
<https://www.youtube.com/watch?v=cqO7YoMscclU>
      - “Resilience is defined as a good outcome in the face of adversity” Some children face more challenges than others, some children do well despite of challenges,
      - Resiliency: ability to keep things in balance despite of the challenges/adversity
      - It is behavioral services providers’ responsibility to help children to build resiliency
      - Resilience is built over time; according to Ken Ginsburg, MD, the 7 Crucial Cs to build Resilience are:
        - Competence
        - Confidence
        - Connection
        - Character
        - Contribution
        - Coping
        - Control

- Challenge from the Early Childhood Sub-Committee to CYF Council participants: Have teams at their programs self-assess on resilience building practices and make changes as appropriate
- Input/Feedback
  - Incorporate the Resilience presentation/concepts presented into the Accessible Depression and Anxiety PeriPartum Treatment (ADAPT) program
  - Ways the Council could support Adverse Childhood Experiences (ACE) screening
    - Creation of Resilience Tool Kit to share with partners including:
      - SchoolLink
      - Public Health nurses
      - School Nurses
  - Effective January 1, 2020, and subject to obtaining the federal approvals, the Department of Health Care Services (DHCS), requires, Medi-Cal managed care health plans (MCPs) to comply with a minimum, fee schedule of \$29.00 for each qualifying ACEs screening. More information can be found at:
    - <https://www.dhcs.ca.gov/formsandpubs/Documents/MMCDAPsandPolicyLetters/APL2019/APL19-018.pdf>
    - Healthy San Diego will develop a tool to provide clarification to providers regarding this requirement
- ✓ Education (Violeta Mora and Heather Nemour)
  - The Education Sub-Committee meets as needed
  - Debbie Dennison and Christine Frey representing the Family Sector joined this sub-committee recently, and now the Education Sub-Committee, has four sector representation
  - As the Substance Abuse and Mental Health Services Administration (SAMHSA) Project Cal-Well-5-year grant ended, SDCOE has been able to sustain efforts to continue with the mental health in schools team in the Student Wellness and Positive School Climate unit. This team supports the county's 42 school districts and charter schools by:
    - Increasing awareness of student mental health issues among school staff, parents, students, and communities
    - Providing trainings for school staff, parents, and community partners to identify and support students that may be experiencing emotional distress, and mental illness
    - Improving school climate
    - Connecting students to appropriate mental health services
  - Specific/current activities include
    - Mental health and wellness, positive school climate, and suicide trainings
      - 32 Trainings with 696 participants have been held from July through December 2019
      - Cultural Competence and resilience are incorporated in all trainings
    - Mental Health in Schools Collaborative; a workgroup created to facilitate exchange of information and determine gaps in mental services. One of their projects is the updating of the Suicide Prevention Resource Guide. The revised version is expected to be released by the end of January 20 or early February 2020
    - Promoting the viewing of the documentaries by Dr. Delaney Ruston: "Screenagers: Growing Up in the Digital Age", a documentary that explores the impact of screen technology on children and youth and offer parents and families proven solutions; and "Screenagers Next Chapter", a documentary that addresses the emotional struggles of teenagers and offers strategies to overcome mental health challenges. More information at: <https://www.screenagersmovie.com/>
    - SDCOE has built a strong Suicide Prevention infrastructure and was awarded a grant from the California Department of Education to lead the coordination of an online Suicide Prevention training for students 13 years and older (middle and high schools) and schools' staff statewide. This training is expected to be launched at the end of January 2020
    - SDCOE received a grant to pilot the Trauma Sensitive School initiative
      - Have been implementing it in SDCOE's Juvenile Court and Community Schools, and Early Education Department for the past one and a half years
      - A Trauma Informed Training Continuum was developed by SDCOE
      - The initiative goes beyond training and includes changing policies and practices in schools
      - It takes 3-5 years to become a Trauma Sensitive school
      - Trauma Sensitive schools promotes staff wellness as educators need to be well to support students well.
    - A Five-Year Brief of the Cal Well grant is being finalized and it will be shared with the Council. It includes suicide related data within the San Diego school districts



- Input/Feedback
  - HHSA East and North Central Regions have facilitated Screenagers showings (about 45 minutes)/conversations (about 60 minutes). Dori Gilbert is available to facilitate additional showings of Screenagers. The events are usually scheduled at 6:00 P.M.
  - SDCOE is working on different projects regarding suicide prevention, including but not limited to
    - Working on policies related to AB 1767 (Pupil Suicide Prevention policies)
    - Collecting suicide related data through anonymous monthly suicide risk assessment at schools (including at elementary schools) to learn about mental health needs. SDCOE collected the data for half of the last school year and has been collecting data in the current school year
    - SDCOE works in partnership with the Ninth District Parent Teacher Association (PTA) to ensure that the information, education/trainings they provide reach parents
- ✓ TAY Council-Rescheduled to February 10, 2020
- ✓ CYF Change Agents Developing Recovery Excellence (CADRE) UP (Marisa Varond)
  - CYF CADRE is an extension of CADRE. This Sub-Committee meets quarterly. The goal of CYF CADRE is to further the Comprehensive, Continuous, Integrated System of Care (CCISC) model for designing systems change to improve outcomes within the CYF System of Care. One of the focus areas for CYF CADRE in Fiscal Year 2019-20 include educational presentations and discussions regarding medication for dually diagnosed youth, increase awareness of Substance Use Disorder (SUD) programs and SUD trends at their quarterly meetings:
    - July 2019: The Center for Child and Youth Psychiatry (CCYP) provided a presentation at the and explored:
      - How to increase access to medication services
      - How to fill gaps and enhance the capacity of SUD programs, most of which are not able to prescribe
    - The October 2019: Understanding and treating Cannabinoid Addictions. The Sub-Committee discussed:
      - New trends and prevalence of youth cannabis use and best intervention practices
      - Interactions between cannabis and mental health conditions
      - Challenges around drug screening in mental health programs and opportunities to collaborate with SUD programs
    - January 2020: Vaping presentation by the Public Health Department. The highlights of the discussion include:
      - Trends of Vaping and how CYF programs can work with youth
      - Drug screening within the programs
    - January 2020: Personal Experience Screening Questionnaire (PESQ) discussion
      - The PESQ is a screening tool currently being used to assess drug use, but it has been observed that this may not be an appropriate tool for youth at risk. Nevertheless, programs would like to have a standardized tool to assess drug use. The conversation on this item will continue
  - Input/Feedback
    - Mental Health providers can provide testing. It is not a Medi-Cal billable service. However, the County of San Diego allows it as a budget line item. It can be used a family intervention. The testing is flexible like instant test or a strip.

**VI. Announcements** (Minola Clark Manson)

- 5th Annual Critical Issues in Child and Adolescent Mental Health (CICAMH) “Managing Change in a Changing World” Conference is scheduled for March 12-13, 2020 at the Double Tree Hotel. Register at: <http://cicamh.com/>
- Save the Date: May 8, 2020: Youth Mental Health Well Being Celebration

**VII. Director’s Report** (Yael Koenig on behalf Dr. Luke Bergmann)

- Governor’s proposed budget highlights
  - ✓ More than \$1 billion to fight homelessness
    - \$750 million to launch the California Access to Housing and Services Fund as an initial investment
    - Immediately makes available camp trailers that can be used as temporary housing
  - ✓ Establishment of a Behavioral Health Task Force to review existing policies and programs and coordinate system changes to prevent and respond to the impacts of mental illness and substance

use in the state. The administration will consider updates to MHSA to serve persons with mental illness who are experiencing homelessness, justice-involved populations, and early intervention of children

More information at <https://www.dhcs.ca.gov/Pages/Governor%E2%80%99s-2020-21-Budget-Proposal.aspx>

- ✓ Cal Healthier California for All link is the new name for California Advancing and Innovating Medical (CalAIM), a is a multi-year initiative by the Department of Health Care Services (DHCS) to improve the quality of life and health outcomes of the population served
  - It addresses Whole Person Care, Health Homes, and the Coordinated Care Initiative, among other initiatives
  - More information can be found at: <https://www.dhcs.ca.gov/provgovpart/pages/medi-calhealthiercaforall.aspx>
- CYF in partnership with SDCOE submitted an intent to apply to the Mental Health Services Oversight and Accountability Commission (MHSOAC) Mental Health Student Services Act grant-
- A Board of Supervisors (BOS) Letter is scheduled for January 28, 2020: Advancing the Behavioral Health Continuum of Care through Regional Innovation and Collaboration. It will include:
  - ✓ Rady Children’s Hospital Hub
  - ✓ Psychiatric Emergency Response Team (PERT) in schools. CYF Council advocated for whenever possible have a clinician led response whenever appropriate
  - ✓ Threat Assessments Evaluations
  - ✓ School Safety program
    - Input/Feedback
      - Consider additional funding for SUD Recovery residences
      - Ensure that CYF Council documents and tracks recommendations at meetings for input to the BHS Director

**VIII. Action Items**

Action Item(s)	Action By	Action Due
1. Submit “Food Security” language change to “Nutrition Security” recommendation to the Live Well Office	<ul style="list-style-type: none"> <li>• CYF Leadership</li> </ul>	<ul style="list-style-type: none"> <li>• Completed by CYF Deputy Director on February 7, 2020</li> </ul>
2. Review the CHMI-Strong Families Thriving Communities-Blueprint for Action Bold items for potential CYF Council areas of focus, including: <ul style="list-style-type: none"> <li>✓ Disparities</li> <li>✓ Available Supports for youth released from Juvenile Justice detention</li> </ul>	<ul style="list-style-type: none"> <li>• CYF Council Executive Sub-Committee discussed having a future Council focus on this as a Hot Topic</li> </ul>	<ul style="list-style-type: none"> <li>• Completed January 27, 2020</li> </ul>
3. Update CYF Council on the March 2020 District Attorney’s Office Symposium	<ul style="list-style-type: none"> <li>• CYF Council staff</li> </ul>	<ul style="list-style-type: none"> <li>• May 11, 2020 post March 17, 2020 Symposium</li> </ul>
4. How can the Council support ACE screening? <ul style="list-style-type: none"> <li>✓ Creation of Resilience Tool Kit to share with partners including:               <ul style="list-style-type: none"> <li>○ SchoolLink</li> <li>○ Public Health nurses</li> <li>○ School Nurses</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• CYF Council Executive Sub-Committee discussed having a future Council focus on ACEs as a Hot Topic; tentatively scheduled for March 9, 2020</li> </ul>	<ul style="list-style-type: none"> <li>• Completed January 27, 2020</li> </ul>

<p>5. Forward the Early Childhood presentation handouts:          ✓ The Resilience-based Philosophy          ✓ The 7 C's: The Essential Building Blocks of Resilience</p>	<ul style="list-style-type: none"> <li>• CYF Council staff</li> </ul>	<ul style="list-style-type: none"> <li>• Completed via e-mail January 24, 2020</li> </ul>
<p>6. Incorporate the Early Childhood Resilience PowerPoint presentation in the ADAPT program          ✓ Aisha Pope will be the Early Childhood point of contact</p>	<ul style="list-style-type: none"> <li>• CYF Council Staff/Dr. Coleman</li> </ul>	<ul style="list-style-type: none"> <li>• Completed. Connection between Aisha Pope and ADAPT Program Manager initiated</li> </ul>
<p>7. Share suicide trends data currently being collected at San Diego school districts</p>	<ul style="list-style-type: none"> <li>• SDCOE</li> </ul>	<ul style="list-style-type: none"> <li>• TBD</li> </ul>
<p>8. Send Governor's Proposed California Budget for 2020-21</p>	<ul style="list-style-type: none"> <li>• CYF Council staff</li> </ul>	<ul style="list-style-type: none"> <li>• Completed via e-mail to the CYF Council's e-distribution lists on January 15, 2020</li> <li>• Link: <a href="https://www.dhcs.ca.gov/Pages/Governor%E2%80%99s-2020-21-Budget-Proposal.aspx">https://www.dhcs.ca.gov/Pages/Governor%E2%80%99s-2020-21-Budget-Proposal.aspx</a></li> </ul>
<p>9. Send the Med-Cal Healthier California for All link</p>	<ul style="list-style-type: none"> <li>• CYF Council staff</li> </ul>	<ul style="list-style-type: none"> <li>• Completed via e-mail to the CYF Councils' e-distribution lists on January 15, 2020</li> <li>• Link: <a href="https://www.dhcs.ca.gov/provgovpart/pages/medi-calhealthiercaforall.aspx">https://www.dhcs.ca.gov/provgovpart/pages/medi-calhealthiercaforall.aspx</a></li> </ul>
<p>10. Provide CYF related updates to CYF Council on Continuum of Care Update: January 28, 2020 Advancing the Behavioral Health Continuum of Care Through Regional Collaboration and Innovation BOS Letter</p>	<ul style="list-style-type: none"> <li>• Yael Koenig</li> </ul>	<ul style="list-style-type: none"> <li>• Update to be provided at the February 10, 2020 CYF Council meeting. See handout on pages 13-26 of the February 10, 2020 CYF Council meeting packet</li> </ul>
<p>11. Provide update on Mental Health Services Oversight and Accountability Commission (MHSOAC) will be releasing Mental Health Student Services Act grant</p>	<ul style="list-style-type: none"> <li>• Yael Koenig</li> </ul>	<ul style="list-style-type: none"> <li>• Update to be provided at the February 10, 2020 CYF Council meeting. See handout on page 27 of the February 10, 2020 meeting packet</li> </ul>

**Next CYF Council Meeting: February 10, 2020**  
**Scottish Rite Center, Shell Room**  
**9:00 to 10:30 A.M.**



**Sub-Committees/Sectors/Workgroups Meetings Information:**

**Outcomes:** Meets the first Tuesday of every other month at- 3255 Camino del Rio South, San Diego CA 92108 in La Vista Room- from 11:30 A.M. to 12:30 P.M.

**Early Childhood:** Meets the second Monday of the month- at the San Diego Center for Children-FFAST office located at 8825 Aero Drive, Suite 110, San Diego, CA from 11:00 A.M. to 12:00 P.M.

**Education Advisory Ad Hoc:** Meets As Needed.

**TAY Council:** Meets the fourth Wednesday of the month 3:00 to 4:30 P.M. at National University, 9388 Lightwave Ave. Room 118, San Diego, CA 92123.

**CYF CADRE:** Meets quarterly on the second Thursday of the month at NAMI San Diego, 5095 Murphy Canyon Road, Suite 320, San Diego, CA 92123 from 1:30 to 3:00 P.M.

**CCRT:** Meets the first Friday of the month at the Health Services Complex- 6367 Alvarado Ct. Ste. 105, San Diego, CA 92120 from 10:00 to 11:30 A.M.

**Family and Youth Sector:** Meets quarterly –Contact [CYFLiaison@namisd.org](mailto:CYFLiaison@namisd.org) for schedule.

**Family and Youth as Partners:** Meets every third Thursday of the month at NAMI San Diego, 5095 Murphy Canyon Road, Suite 320, San Diego CA 92123 1:30 to 3:00 P.M.

**Private Sector:** Ad Hoc/Meets As Needed.