

CHILDREN, YOUTH AND FAMILIES (CYF) BEHAVIORAL HEALTH SYSTEM OF CARE COUNCIL

MEETING MINUTES

January 14, 2019 – 9:00-10:30 A.M.

Scottish Rite – Shell Room -1895 Camino del Rio South, San Diego CA 92108

+ = Member in Attendance O = Absent E = Excused

CONSTITUENCY	MEMBER	STATUS	ALTERNATE	STATUS	
PUBLIC SECTOR					
1	Behavioral Health Advisory Board (BHAB)	Rebecca Hernandez	O	Bill Stewart	O
2	Behavioral Health Services (BHS)	Dr. Laura Vleugels	+	VACANT	
3	Public Safety Group/ Probation	Dr. Geoff R. Twitchell	O	Chrystal Sweet	O
4	Child Welfare Services (CWS)	Cathi Palatella	O	Norma Rincon	+
5	HHSA Regions	Dori Gilbert	+	Jennifer Sovay	O
6	Public Health	Dr. Thomas R. Coleman	+	VACANT	O
7	Juvenile Court	H. Judge Kimberlee Lagotta	O	Beth Brown	+
8	First 5 Commission	Alethea Arguilez	O	Dulce Cahue-Aguilar	+
EDUCATION SECTOR					
9	Special Education Local Plan Area (SELPA)	Cara Schukoske	O	Jamie Tate - Symons	O
10	Regular Education Pupil Personnel Services	Heather Nemour	+	Corrie McCarthy	
11	School Board	Barbara Ryan	+	Sharon Whitehurst-Payne	O
12	Special Education	Aidee Angulo	O	Yuka Sakamoto	O
PRIVATE SECTOR					
13	San Diego Regional Center (SDRC) for Developmentally Disabled	Peggy Webb	+	VACANT	
14	Alcohol and Drug Service Provider Association (ADSPA)	Angela Rowe	+	Marisa Varond	+
15	Mental Health Contractors Association	Delrena Swaggerty	+	Steven Jella	O
16	Mental Health Contractors Association	Michelle Ly	+	Michelle Hogan	+
17	San Diego Nonprofit Association (SDNA)	Margaret Iwanaga Penrose	O	Rosa Ana Lozada	+
18	Fee- For-Service (FFS) Network	Dr. Sherry Casper	O	VACANT	
19	Managed Care Health Plan	George Scolari	+	Kathleen Lang	+
20	Healthcare/ Pediatrician	Dr. Pradeep Gidwani	+	VACANT	

FAMILY AND YOUTH SECTOR					
21	Family and Youth Liaison	Renee Cookson	O	Valerie Hebert	+
22	Caregiver of child/youth served by the Public Health System	Debbie Dennison	+	VACANT	
23	Youth served by the Public Health System (up to age 26)	Micaela Cunningham	+	Oniric Cirino (Alice Kellogg)	O
24	Youth served by the public health system (up to age 26)	Travis Webster	+	Christine Frey	+
SUB-COMMITTEES (Non-voting members unless a member of the Council)					
-	Outcomes Committee	VACANT	O		
-	Executive Committee	Violeta Mora/ Dori Gilbert	+/+		
-	Early Childhood Committee	Aisha Pope/ Autumn Weidman	+/+		
-	Education Committee	Heather Nemour	+		
-	CYF CADRE	Julie McPherson/ Marisa Varond	+/+		
-	Family and Youth as Partners	Renee Cookson/ Valerie Hebert	o/+		

CYF Council Staff: Edith Mohler, Grisel Ortega and Darwin Espejo

I. Welcome and Introductions (Violeta Mora)

- Reminder that new Council member orientation packets are available upon request from any Council staff member.

II. Approval of Minutes (Yael Koenig and Dori Gilbert)

- Review of action items from December 10, 2018 meeting. See meeting minutes
- December 10, 2018 Council minutes-Approved.

III. Business Items (Yael Koenig)

- HHS Ten Year Roadmap-BHS Accomplishments: Year Two-(Handout) - (Yael Koenig)
 BHS is updating the Ten Year Roadmap with Year Two Accomplishments (Fiscal Year 2017-18). The BHS Roadmap document outlines a strategic plan to address the most serious behavioral health issues affecting San Diego County over the next 10 years. The Roadmap is updated annually with 12 Priority areas of focus, each with an audacious Vision and clear Strategies to achieve the Vision. As a parallel process, HHSA/BHS reports Accomplishments each year, as related to each Priority in the Roadmap
 - ✓ BHS providers, partners, stakeholders and workgroups are invited to contribute their Fiscal Year 2017-18 outcomes and accomplishments
 - ✓ The deadline to submit information to Council staff is February 15, 2019.
- Board of Supervisors-January 8, 2019 Minute Order 8:
 Addressing the Impacts of Migrant Shelters in San Diego County-(Handout) - (Yael Koenig and Leah Bush)
 The County Board of Supervisors met on January 8, 2019 to address the local impact of temporary shelters for Central Americans migrants seeking asylum in the United States. The Board of Supervisors approved the following recommendations:
 - ✓ Direct the Chief Administrative Officer to continue to pursue armories or other State properties with the Governor's office for assistance in sheltering this population

- ✓ Appoint Supervisor Greg Cox and Supervisor Nathan Fletcher to establish a regional working group from federal, State, County and local stakeholders to address both short and long-term solutions for the migrant crisis in San Diego County
- ✓ Direct the Chief Administration Officer to identify County property for a potential temporary shelter that the State or applicable entity could use to shelter asylum seeking families
- ✓ Direct the Chief Administration Officer to work with federal and State delegations on legislative policy, including funding resources, that would allow the County to provide on-going services to asylum seeking families and receive reimbursement, since immigration regulations are not under local authority

More information on the Board of Supervisors' recommendations can be found at:

<https://www.sandiegocounty.gov/content/sdc/bos/agenda/sop.html>

Additionally, Lea Bush from Jewish Family Services provided an update on the local direct services currently being provided to migrants seeking asylum:

- ✓ Services provided are a result of County, local agencies, and volunteer efforts
 - ✓ Approximately, 4000 individuals have been admitted into the local shelters within the last two months
 - ✓ Most individuals are admitted and discharged within 24 hours
 - ✓ San Diego County Public Health Services has performed approximately 1600 health assessments
 - ✓ Day to day operations have been possible as a result of the Board of Supervisors actions, Public Health Services, continued volunteer support and multi-agency cooperation.
- Child Bereavement Centers in Mission Valley Services-handout
 The Elizabeth Hospice offers free child bereavement services to children between ages 3 to 17 years old and to anyone within San Diego County and Southwest Riverside. Services include:
 - ✓ Support groups
 - ✓ Grief-related activities for ages 6 to 17
 - ✓ School-based support groups in 17 school districts
 - ✓ Community grief education and support

A Special Preview event for the Mission Valley location is scheduled on January 31, 2019. RSVP at: <https://bit.ly/ehopenhouse>. More information about the programs offered by Elizabeth Hospice can be found at: Elizabethhospice.org.

IV. Mental Health Services Act (MHSA) Updates (Martin Dare)

- Community Forums
 - ✓ Data obtained at the forums is being analyzed and will be presented in a report tentatively scheduled for the end of January 2019
- Cycle 5 Innovation Update: "Human Centered Design" (INN 23)-(Handout)
 - ✓ San Diego State University (SDSU) School of Social Work-Social Policy Institute in collaboration with Community Health Improvement Partners (CHIP) and The Idea Guy, will coordinate the "Human Centered Design" to develop innovation projects focused on technology for behavioral health. This process involves designs through in-depth client feedback during the development process which includes:
 - One-hour overview of the process (Learning Events) scheduled at three County regions:
 - **Central:** January 15, 2019 from 3:00 to 4:00 P.M. at Jacobs Center for Neighborhood Innovation located at 404 Euclid Ave, San Diego CA 92114
 - **South:** February 13, 2019 from 3:00 to 4:00 P.M. at the Chula Vista Public Library located at 365 F Street, Chula Vista, CA 91910
 - **North:** March 6, 2019 from 3:00 to 4:00 P.M. at the North Inland Live Well Center, Rooms A, B, C, and D located at 649 W Mission Avenue, Escondido, CA 92065
 - A four-hour workshop scheduled at three County regions designed to generate new ideas, a project plan and next steps
 - **Central:** January 23, 2019 from 10:00 A.M. to 2:00 P.M. at Jacobs Center for Neighborhood Innovation located at 404 Euclid Ave, San Diego CA 92114
 - **South:** February 21, 2019 from 10:00 A.M. to 2:00 P.M. at the Chula Vista Public Library located at 365 F Street, Chula Vista, CA 91910
 - **North:** March 14, 2019 from 10:00 A.M. to 2:00 P.M. at the North Inland Live Well Center, Room B located at 649 W Mission Avenue, Escondido, CA 92065
 - Presentations of proposals for consideration by potential funders:
 - **Central:** February 5, 2019 from 2:00 to 4:00 P.M. at Jacobs Center for Neighborhood Innovation located at 404 Euclid Ave, San Diego CA 92114

- **South:** March 7, 2019 from 2:00 to 4:00 P.M. at the Chula Vista Public Library located at 365 F Street, Chula Vista, CA 91910
- **North:** April 4, 2019 from 2:00 to 4:00 P.M. at the North Inland Live Well Center, Room D located at 649 W Mission Avenue, Escondido, CA 92065
- ✓ More information at <https://behealth.today/>.
- Mental Health Services Oversight and Accountability Commission (MHSOAC) – Transparency Tool
 In response to the 2018 State audit, the MHSOAC is developing an online transparency tool listing all MHSA programs, revenue and expenditures across the State. The finalized version is projected to be released in May or June 2019.

V. Sectors Hot Topics – Bi-Annual Subcommittee Reports/Discussion

- Early Childhood Mental Health (ECMH): Co-chairs: Aisha Pope and Autumn Weidman. Sub-committee members in attendance: Rosa Ana Lozada, Shannon Jackson, Linda Ketterer, Rose Woods, Erin Taylor, Marisela Molina, Andrea Gonzalez, Dr. Pradeep Gidwani, and Amy Zeitz
 Presentation Summary (PowerPoint provided via handout):
 - ✓ Purpose and goals in alignment with the HHS Ten Year Roadmap:
 - Educate
 - Advocate
 - Promote change
 - ✓ Advancing and strengthening the work through:
 - Promoting the importance of mental health during early childhood and its impact throughout a person’s lifespan
 - Ensuring early childhood topics are included in trainings, presentations and conferences
 - Collaborating between various early childhood groups
 - Focusing on strategies to address specific gaps.
 - Mental health and other support services in preschools to reduce expulsions and advance equity
 - Advocacy for additional staff training and support for Early Childhood endorsement
 - ✓ Summary of the Council Discussion Surrounding the ECMH Presentation/Update:
 - Perinatal care and early intervention are key prevention strategies
 - The Accessible Depression and Anxiety Peri-Partum Treatment (ADAPT) program is an innovation project (INN-18) currently being developed to provide in-home mental health services to post-partum mothers and their partners. The proposed program intends to support parents who have perinatal mood and anxiety disorders and provide treatment services and linkages to appropriate resources and care. The idea for the ADAPT programs was originally brought to the CYF Council as a need by Dr. Dean Sidelinger.
 - The Children’s System of Care has several programs that include caregiver support (i.e. KidSTART).
 - Stigma from a mental health disorder diagnosis:
 - Children may be excluded from higher education and employment from disclosure of their diagnosis.
 - Young adults tend to postpone or ignore treatment altogether.
 - Passing new legislation may be necessary to alleviate the stigma in schools, colleges and in the workplace
 - It was recommended to be aware of the siblings of a child/youth experiencing a mental health challenge and not inadvertently neglect them.
- Education Advisory Sub-committee rescheduled to the February 11, 2019 CYF Council meeting
- TAY Council Sub-committee rescheduled to the February 11, 2019 CYF Council meeting
- CADRE Sub-Committee rescheduled to the February 11, 2019 CYF Council meeting
- Family and Youth Liaison Sub-Committee rescheduled to the February 11, 2019 CYF Council meeting.

VI. Director’s Report (Alfredo Aguirre)

State Updates

- Governor Gavin Newsome’s Proposed State Budget for Fiscal Year 2019-20:
 Medi-Cal Highlights (County Behavioral Health Directors Association (CBHDA) Summary sent via e-mail on January 24, 2019)

- ✓ **Drug Medi-Cal Organized Delivery System (DMC-ODS)** Proposes \$695 million (\$315 million General Fund) for the implementation of the DMC-ODS program in Fiscal Year 2019-20. This is growth of about \$100 million from Fiscal Year 2018-19
- ✓ **Managed Care Behavioral Health Integration.** Invests \$360 million (\$180 million Proposition 56 funds (2016 tobacco tax)) to encourage Medi-Cal managed care providers to meet goals in critical areas such as chronic disease management and behavioral health integration
- ✓ **Whole Person Care Pilot Program.** Provides \$100 million for the Whole Person Care Pilot Program for supportive housing and the coordination of health behavioral health and social services for people with mental illness
- ✓ **Undocumented Medi-Cal Expansion** Expands Medi-Cal eligibility to all income-eligible youth adults ages 19 to 25, regardless of immigration status. This may result in an additional 138,000 new enrollees at an estimated cost of \$260 million (\$197 million General Fund)
- ✓ **Early Developmental Screenings.** Includes \$60 million (\$30 million Federal Funds, \$30 million Proposition 56 funds) for early developmental screenings for children in Medi-Cal
- ✓ **Adverse Childhood Experiences Screening.** Includes \$45 million (\$23 million Proposition 56 funds) for Adverse Childhood Experiences screening for children and adults in Medi-Cal, beginning no sooner than January 1, 2020. Requires the use of an existing screening tool for adults and the development of new screening tool for children.

Other Significant Proposals

- ✓ **Workforce Development:** The Office of Statewide Health Planning and Development (OSHPD) budget includes \$50 million General Fund with the anticipation of potential additional private contributions from universities, health clinics and philanthropic organizations for mental health workforce development and training programs
 - ✓ **Early Psychosis Interventions.** The budget includes \$25 million one-time General Fund for early psychosis research and treatment. These will be competitive grants for counties, academic institutions and others
 - ✓ **UC Mental Health.** The budget includes \$5 million General Fund on going for University of California student mental health treatment to meet recommended staffing ratios
 - ✓ **Moving Division of Juvenile Justice.** The Governor's Budget proposes to move youth correctional facilities from the California Department of Corrections and Rehabilitation (CDCR) to a new department under the Health and Human Services Agency with a focus on rehabilitative programming
 - ✓ **Law Enforcement Training.** The Budget proposes \$20 million dollars of General Fund for local law enforcement for training on the use of force, de-escalation, and engaging individuals experiencing a mental health crisis.
- Senate Bills (SB)
 - ✓ **SB 10** Previously SB 906): Mental health services: peer parent, transition-age, and family support specialist certification was reintroduced by Senator Beall for legislative consideration.
 - ✓ **SB 11:** Health care coverage: mental health parity. Introduced by Senator Beall for legislative consideration. The bill would require a health care service plan and a health insurer to submit an annual report to the Department of Managed Health Care or the Department of Insurance, as appropriate, certifying compliance with State and federal mental health parity laws
 - ✓ **SB 12** Mental health services: youth. Introduced by Senator Beall. The bill would declare the intent of the Legislature to enact legislation that would authorize the State and local governments to establish a series of at least 100 centers statewide to address the mental health needs of California youth
 - ✓ **SB 58** Alcoholic beverages hours of sale: Bill introduced by Senator Wiener. The bill, beginning January 1, 2022, and before January 2, 2027, would require the Department of Alcoholic Beverage Control to conduct a pilot program that would authorize the department to issue an additional hours license to an on-sale licensee to sell, give, or purchase alcoholic beverages at the licensed premises between the hours of 2:00 and 4:00 a.m. The pilot program would apply to Cathedral City, Coachella, Long Beach, Los Angeles, Oakland, Palm Springs, Sacramento, San Francisco, and West Hollywood.
 - New BHS Director
 Dr. Luke Bergmann joined the County of San Diego in July 2018 as the HHSA Director of Integrative Services. In November 2018, he was appointed as the new BHS Director. Before coming to San Diego,

Dr. Bergmann was Assistant Vice President for the Office of Behavioral Health in New York City Health and Hospitals

- ✓ Dr. Bergmann's goals include:
 - Linking community-based specialty health care with mainstream health care
 - Emphasize the use of public health data to identify gaps in the system and to better services offered to the public
 - Continue to work as a proponent for our system of care with both local and state groups and organizations.

Action Items	Action By	Action Due
1. Send e-mail as a reminder to submit accomplishments for year two of BHS road map.	<ul style="list-style-type: none"> • CYF Council staff 	<ul style="list-style-type: none"> • Before February 15, 2019.
2. Continue CYF Sub-Committees presentations/updates.	<ul style="list-style-type: none"> • Education Advisory • TAY Council • CADRE • Family and Youth Liaison 	<ul style="list-style-type: none"> • February 11, 2019 CYF Council meeting.
3. Send the CBHDA summary/highlights of the Governor's proposed budget.	<ul style="list-style-type: none"> • Alfredo Aguirre via Grisel Ortega-Vaca 	<ul style="list-style-type: none"> • Completed. Sent via e-mail on January 24, 2019.
4. Send the CBHDA Legislative Bill Agenda summary/analysis.	<ul style="list-style-type: none"> • Alfredo Aguirre via Grisel Ortega-Vaca 	<ul style="list-style-type: none"> • Completed. Sent via e-mail on February 7, 2019.
5. Determine if Migrant Shelters for Asylees is a Hot Topic for March 11, 2019 Council meeting.	<ul style="list-style-type: none"> • Council Executive Sub-Committee 	<ul style="list-style-type: none"> • Prior to the March 11, 2019 CYF Council meeting.

Next CYF Council Meeting: February 11, 2019 – Scottish Rite Center
Meeting: 9:00 to 10:00 A.M.
Alfredo Aguirre's Celebration: 10:00 to 11:00 A.M.

Sub-Committees/Sectors/Workgroups Meetings Information:

Outcomes: Meets the 1st Tuesday of the month- 3255 Camino del Rio South, San Diego CA 92108 in La Vista Room- from 11:30 A.M. to 1:00 P.M.

Early Childhood: Meets the 2nd Monday of the month- at the San Diego Center for Children-FFAST office located at 8825 Aero Drive, Suite 110, San Diego, CA from 11:00 A.M. to 12:00 P.M.

Education Advisory Ad Hoc: Meets As Needed.

TAY Council: Meets the 4th Wednesday of the month 3:00 to 4:30 P.M. – New meeting location TBD.

CYF CADRE: Meets quarterly the 2nd Thursday of the month at NAMI San Diego, 5095 Murphy Canyon Road, Suite 320, San Diego, CA 92123 from 1:30 to 3:00 P.M.

CCRT: Meets 1st Friday of the month at the Health Services Complex- 6367 Alvarado Ct. Ste. 105, San Diego, CA 92120 from 10:00 to 11:30 A.M.

Family and Youth Sector: Meets quarterly –Contact CYFLiaison@namisd.org for schedule.

Family and Youth as Partners: Meets every 3rd Thursday of the month at NAMI San Diego, 5095 Murphy Canyon Road, Suite 320, San Diego CA 92123 1:30 to 3:00 P.M.

Private Sector: Ad Hoc/Meets As Needed.