

**CHILDREN, YOUTH AND FAMILIES (CYF) BEHAVIORAL HEALTH SYSTEM OF CARE COUNCIL**

**MEETING MINUTES**

**May 14, 2018 – 9:00-10:30 A.M.**

Scottish Rite – Shell Room -1895 Camino del Rio South, San Diego CA 92108

+ = Member in Attendance    O = Absent    E = Excused

CONSTITUENCY	MEMBER	STATUS	ALTERNATE	STATUS	
<b>PUBLIC SECTOR</b>					
1	Behavioral Health Advisory Board (BHAB)	Rebecca Hernandez	O	Bill Stewart	O
2	Behavioral Health Services (BHS)	Dr. Laura Vleugels	+	Dr. Jeffrey Rowe	+
3	Public Safety Group/ Probation	VACANT		Tim Hancock	O
4	Child Welfare Services (CWS)	Cathi Palatella	O	Alice Kennedy	O
5	HHS Regions	Dori Gilbert	+	Jennifer Sovay	O
6	Public Health	Dr. Thomas R. Coleman	O	Rhonda Freeman	+
7	Juvenile Court	H. Judge Kimberlee Lagotta	O	Michelle Johnson	O
8	First 5 Commission	Alethea Arguilez	O	Dulce Cahue-Aguilar	+
<b>EDUCATION SECTOR</b>					
9	Special Education Local Plan Area (SELPA)	Cara Schukoske	+	VACANT	
10	Regular Education Pupil Personnel Services	Heather Nemour	O	Mara Madrigal-Weiss	O
11	School Board	Barbara Ryan	E	Sharon Whitehurst-Payne	O
12	Special Education	Aidee Angulo	O	Yuka Sakamoto	+
<b>PRIVATE SECTOR</b>					
13	San Diego Regional Center (SDRC) for Developmentally Disabled	Carlos Flores	O	Peggy Webb	+
14	Alcohol and Drug Service Provider Association (ADSPA)	Angela Rowe	+	Marisa Varond	+
15	Mental Health Contractors Association	Steve Jella (Jamie Thomas)	O	Barent Mynderse	+
16	Mental Health Contractors Association	Angela Chen	+	Delrena Swaggerty	+
17	San Diego Nonprofit Association (SDNA)	Margaret Iwanaga Penrose	O	Rosa Ana Lozada	+
18	Fee- For-Service Network	Dr. Sherry Casper	O	VACANT	
19	Managed Care Health Plan	George Scolari	E	Rogelio Lopez	O
20	Healthcare/ Pediatrician	Dr. Pradeep Gidwani	O		
<b>FAMILY AND YOUTH SECTOR</b>					
21	Family and Youth Liaison	Renee Cookson	+	Angelina Carpenter	+
22	Caregiver of child/youth	Debbie Stolz	+	VACANT	

	served by the Public Health System				
23	Youth served by the Public Health System (up to age 26)	Emma Rodriguez	O	Oniric Cirino (Alice Kellogg)	O
24	Youth served by the public health system (up to age 26)	Travis Webster	O	Micaela Cunningham	+
<b>SUB-COMMITTEES (Non-voting members unless a member of the Council)</b>					
-	Outcomes Committee	Angela Chen	+		
-	Executive Committee	Violeta Mora	+		
-	Early Childhood Committee	Aisha Pope/ Jennifer Kennedy	+/+		
-	Education Committee	Heather Nemour	+		
-	CYF CADRE	Julie McPherson/ Marisa Varond	+/+		
-	Family and Youth as Partners	Renee Cookson	+		

**CYF Council Staff:** Edith Mohler, Grisel Ortega and Darwin Espejo

**I. Welcome and Introductions** (Renee Cookson)

**II. Approval of Minutes** (Violeta Mora)

- Review of action items from the March 12, 2018 meeting (Yael Koenig)
- The March 12, 2018 meeting minutes were approved with the following change:
  - ✓ Action item date for “Provide an update on the GOALS MOU”, was changed from “TBD” to “June 9, 2018 CYF Council meeting”.

**III. Business Items** (Yael Koenig)

- Final HHSA/BHS Ten Year Roadmap
 

The annual update of the HHSA/BHS Ten Year Roadmap has been completed as of April 25, 2018. This document was originally approved by the Board of Supervisors on July 2016. The Roadmap outlines a strategic plan which seeks to address the most serious behavioral health issues affecting San Diego County over the next ten years. Annual updates incorporate new priorities from community stakeholders and HHSA/BHS leadership. Below are the 12 Priorities for Fiscal Year 2017-18. Each priority is guided by a Ten Year Vision with Strategies that outline efforts to accomplish the Vision:

  - Aging population
  - Care Coordination
  - Children and Youth Population
  - Crisis Services
  - Homeless Population
  - Justice Involved Population
  - Long Term Care
  - Organized Delivery System for Substance Use Disorders
  - Prevention
  - Suicide Prevention
  - Unserved and Underserved Populations
  - Workforce

All HHSA/BHS Ten Year Roadmap relevant documents, including Year One Accomplishments, can be found at: <http://sandiego.networkofcare.org/mh/content.aspx?cid=261>. This link was disseminated via e-mail on May 2, 2018.
- May is Mental Health Month (handout)
 

Several activities have been planned, including the 4th Annual Children’s Mental Health Well Being celebration held on May 2, 2018 in Azalea Community Park. This celebration was hosted by the NAMI San Diego, Children, Youth and Family Liaison. The event featured resource tables, live performances, various children’s activities, opportunity drawing prizes and a hands-on artwork project that will be displayed in a County facility. More information about upcoming events can be found in the May is Mental Health Month Calendar at: <https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs.htm>.
- Annual School Summit-Save the Date-October 12, 2018 (Handout)
 

San Diego County Office of Education (SDCOE) and HHSA are hosting the Annual School Summit on October 12, 2018 (handout). CYF providers will be hosting resource tables.
- Council membership

- ✓ The CYF Council membership representation is being assessed. Constituencies with vacant positions and or members/alternates due for rotation will be contacted. The new term begins July 2018.
- ✓ The Family Sector will finish its current co-chair term on June 30, 2018. The Education Sector co-chair term ends in June 2019. It is the Public Sector's turn to co-chair from July 2018 to June 30, 2020. Public Sector membership will be contacted for nominations.
- ✓ CYF Council Orientation is scheduled for August 13, 2018 (separate handout)
- Updated Children's System Of Care (CSOC) Principles unveiling (Delrena Swaggerty)  
 An Ad Hoc subcommittee representing all sectors reviewed and updated the Children's System of Care Principles (10/31/2016) document. Delrena made a special unveiling recognizing all subcommittee members.
  - ✓ The proposed Children, Youth and Families Behavioral Health System of Care Council Mission, Vision, and Principles, including adding a tenth Principle, "Persistence", were reviewed and approved by the BHS Director prior to the unveiling.
- Strategic Planning Meeting (Handout)  
 The annual CYF Council Strategic Planning Meeting is tentatively scheduled for either June 11 or July 9, 2018.
  - ✓ The meeting packet included a handout to collect recommendations on format, ideas, and topics for the Fiscal Year 2017-18 Strategic Planning meeting.
  - ✓ Meeting attendees expressed the need to learn from other systems (system navigation) and suggested an expert panel representing different systems/areas. Systems recommended include:
 

Hospitals	First 5 Commission
Probation	Navigating Insurance (Eligibility)
Public Health	Regional Center
Education	Domestic Violence/sexual assault
Faith Based	Deaf Community Center
  - ✓ Additionally, it was recommended to include the family perspective by using role play through a vignette.
  - ✓ As one of the FY 2018-19 goals, a new Ad Hoc subcommittee was recommended to develop an inter-agency resource list of all Mental Health Services offered by the County of San Diego.
- Next Fiscal Year Meeting place/amenities  
 Meeting attendees agreed to continue having the CYF Council monthly meetings at the Scottish Rite Center and having coffee available at the meetings.

#### IV. Mental Health Services Act (MHSA) (Martin Dare)

- Cycle 5 Innovation Funds for Community Program Planning for Innovation Projects: "Human Centered Design"  
 The Mental Health Services Oversight and Accountability Commission (MHSOAC) approved funding for the "Human Centered Design" to improve future innovation project designs through in depth client feedback during the development process, preferably using the most current technology. The process includes the following elements:
  - ✓ Empathy
  - ✓ Define
  - ✓ Ideate
  - ✓ Prototype
  - ✓ Test

This new process is expected to be implemented between September 2018 and February 2019, independent from all community engagement activities. Request for Quotation was issued on May 4, 2018 and is due on May 25, 2018.

#### V. Sectors "Hot Topics"

##### **Educationally Related Mental Health Services (ERMHS) (Power Point desiminated)**

Presentation provided by Cara Schukoske, Executive Director for Special Education Services  
 Presentation highlights

- ERMHS Transition from Counties to Education  
 The Fiscal Year 2011-12, Assembly Bill (AB) 114 eliminated all statute and regulations related to AB 3632. The bill transferred all responsibility and funding for ERMHS from County mental health services to Education.
- ERMHS Assessments

- Designed to ensure a child's access to education by first assessing and then addressing their specific mental health needs.
  - ✓ Each referral requires input from the child's parents, educators, therapist(s) and observation of a child's educational environment.
  - ✓ In general, a child initially qualifies for Special Education first and later for ERMHS, but they can run concurrently.
  - ✓ Parent/guardians, educators or anyone can refer a child for an ERMHS assessment.
  - ✓ "Child Find" requires schools to assess students that may be exhibiting the need of ERMHS.
- ERMHS includes:
  - ✓ Assessments conducted by a school-mandated psychologist, counselor, LCSW or LMFT.
  - ✓ Can be provided by school staff or contracted staff.
  - ✓ Services under ERMHS include:
    - Psychological services
    - Social Work services
    - School Nurse services
    - Counseling services.
- Continuum of ERMHS  
 Follow-up services also include general curriculum assistance, special education programs/services and residential treatment services, among others.
  - ✓ Residential treatment for a child is offered only if it is necessary to meet the student's educational needs.
  - ✓ Drug treatment and medical needs are not covered by ERMHS.
- ERMHS Discussion highlights
  - ✓ A student may be eligible for ERMHS assessments/services but not necessarily Special Education.
  - ✓ Contacting the child's school is the best way to reach an ERMHS program coordinator.
  - ✓ ERMHS processes vary from school/Districts.
  - ✓ Further discussion regarding ERMHS is scheduled for the June 11, 2018 CYF Council meeting.

**VI. Sub-Committee Update Reports** (See meeting handouts for full report) (Violeta Mora)

- Early Childhood (Aisha Pope and Jennifer Kennedy)
  - ✓ Supporting Caregivers- 3 minutes video (pending)
- Education Advisory (Heather Nemour)
- QI-Performance Improvement Team (PIT) (Liz Miles)
- CYF Liaison (Renee Cookson)
  - ✓ 4th Annual Children's Mental Health Well-Being Celebration

**VII. Announcements**

- Submit Behavioral Health Education and Training Academy (BHETA) training topic or conference topic suggestions to Rose Woods at: [rwoods@sdsu.edu](mailto:rwoods@sdsu.edu).

**VIII. Director's Report (Alfredo Aguirre)**

- State Level  
 The 2018-19 May Revision to the Governor's Budget was released on May 11, 2018. Budget highlights include:
  - ✓ The May Revision reflects the receipt of \$8 billion higher in revenues through Fiscal Year 2018-19 compared to the January Budget. From this amount the state must pay for higher program costs and ongoing commitments like Medi-Cal, Cal Grants, foster care reform, etc. With the remaining funds, the state proposes nearly \$4 billion in one-time General Funds to be used to address long standing infrastructure needs, homelessness, and mental health:
    - Infrastructure (\$2 billion)
      - No Place like Home: The May Revision proposes placing the No Place Like Home program on the November 2018 ballot, which allocates \$2 billion from MHSA funds to provide housing for individuals who are in need of mental health services and are experiencing homelessness or are at risk of homelessness.
    - Homelessness: (\$359 million)
      - Mentally Ill Outreach and Treatment: The May Revision proposes a one-time augmentation of \$50 million for multidisciplinary teams to support intensive outreach, treatment and related services for homeless persons with mental illness.



<ul style="list-style-type: none"> <li>• Accessing and Leveraging Families Rights to Education (AlfrEDU)</li> <li>• SchoolLink preview.</li> <li>• Project Cal-Well-Mental Health Update.</li> </ul>	<ul style="list-style-type: none"> <li>• Renee Cookson</li> <li>• Aidee Angulo and Julie McPherson</li> <li>• Heather Nemour</li> </ul>	<ul style="list-style-type: none"> <li>• agreed to continue the conversation at the June 11, 2018 CYF Council meeting.</li> <li>• Rescheduled to the June 11, 2018 CYF Council meeting.</li> <li>• September 10, 2018 CYF Council meeting</li> <li>• June 11, 2018 CYF Council meeting.</li> </ul>
<ul style="list-style-type: none"> <li>• Provide suggestions of panel members/presenters for the upcoming Strategic Planning Meeting to Grisel Ortega at <a href="mailto:Grisel.Ortega@sdcounty.ca.gov">Grisel.Ortega@sdcounty.ca.gov</a></li> </ul>	<ul style="list-style-type: none"> <li>• Everyone</li> </ul>	<ul style="list-style-type: none"> <li>• June 1, 2018.</li> <li>• To generate input will disseminate a structured survey on June 11, 2018 CYF Council meeting.</li> </ul>
<ul style="list-style-type: none"> <li>• Fiscal Year 2018-19 CYF Council goal recommendation: Develop a County inter-agency resource list of behavioral health services.</li> </ul>	<ul style="list-style-type: none"> <li>• New Ad Hoc Sub-Committee</li> </ul>	<ul style="list-style-type: none"> <li>• Fiscal Year 2018-19.</li> <li>• Need sector lead</li> </ul>
<ul style="list-style-type: none"> <li>• Sub-Committee Update: Early Childhood video: Supporting Caregivers pending from the May 14, 2018 CYF Council meeting.</li> </ul>	<ul style="list-style-type: none"> <li>• Aisha Pope and Jennifer Kennedy</li> </ul>	<ul style="list-style-type: none"> <li>• June 11, 2018 CYF Council meeting.</li> </ul>

**Next CYF Council Meeting: June 11, 2018, 9:00-10:30 A.M. @ Scottish Rite – Shell Room**

**Sub-Committees/Sectors/Workgroups Meetings Information:**

**Outcomes:** Meets the 1<sup>st</sup> Tuesday of the month- 3255 Camino del Rio South, San Diego CA 92108 in La Vista Room- from 11:30 A.M. to 1:00 P.M.

**Early Childhood:** Meets the 2<sup>nd</sup> Monday of the month- 3160 Camino Del Rio South, San Diego, CA 92108-Suite 101 from 10:45 A.M to 12:15 P.M.

**Education Advisory Ad Hoc: Meets As Needed.**

**TAY Council:** Meets the 4<sup>th</sup> Wednesday of the month-3860 Calle Fortunada, San Diego, CA 92123 (Directions at: <https://binged.it/29lQQ4W>) from 3:00 to 4:30 P.M.

**CYF CADRE:** Meets quarterly the 2<sup>nd</sup> Thursday of the month at NAMI San Diego, 5095 Murphy Canyon Road, Suite 320, San Diego, CA 92123 from 1:30 to 3:00 P.M.

**CCRT:** Meets 1<sup>st</sup> Friday of the month at the Health Services Complex-3851 Rosecrans Street, San Diego, CA 92110 from 10:00 to 11:30 A.M.

**Family and Youth Sector:** Meets the 4<sup>th</sup> Thursday of the month at 8964 N Magnolia Street, Santee, CA 92071 from 6:30 to 8:00 P.M.

**Family and Youth as Partners:** Meets the 3<sup>rd</sup> Thursday of the month at 3255 Camino del Rio South, San Diego CA 92108 in Del Mar Room from 2:00 to 3:30 P.M.

**Private Sector:** Meets As Needed.