

**CHILDREN, YOUTH AND FAMILIES (CYF) BEHAVIORAL HEALTH SYSTEM OF CARE COUNCIL**

**MEETING MINUTES**

**September 10, 2018 – 9:00-10:30 A.M.**

Scottish Rite – Shell Room -1895 Camino del Rio South, San Diego CA 92108

+ = Member in Attendance    O = Absent    E = Excused

CONSTITUENCY	MEMBER	STATUS	ALTERNATE	STATUS	
<b>PUBLIC SECTOR</b>					
1	Behavioral Health Advisory Board (BHAB)	Rebecca Hernandez	O	Bill Stewart	+
2	Behavioral Health Services (BHS)	Dr. Laura Vleugels	+	Dr. Jeffrey Rowe	+
3	Public Safety Group/ Probation	Dr. Geoff R. Twitchell	O	Chrystal Sweet	O
4	Child Welfare Services (CWS)	Cathi Palatella	O	Alice Kennedy	O
5	HHSA Regions	Dori Gilbert	+	Jennifer Sovay	O
6	Public Health	Dr. Thomas R. Coleman	+	Rhonda Freeman	O
7	Juvenile Court	H. Judge Kimberlee Lagotta	O	Beth Brown	+
8	First 5 Commission	Alethea Arguilez	O	Dulce Cahue-Aguilar	O
<b>EDUCATION SECTOR</b>					
9	Special Education Local Plan Area (SELPA)	Cara Schukoske	+	Jamie Tate - Symons	O
10	Regular Education Pupil Personnel Services	Heather Nemour	+	Mara Madrigal-Weiss	+
11	School Board	Barbara Ryan	O	Sharon Whitehurst-Payne	O
12	Special Education	Aidee Angulo	+	Yuka Sakamoto	O
<b>PRIVATE SECTOR</b>					
13	San Diego Regional Center (SDRC) for Developmentally Disabled	Peggy Webb	+	VACANT	
14	Alcohol and Drug Service Provider Association (ADSPA)	Angela Rowe	+	Marisa Varond	+
15	Mental Health Contractors Association	Delrena Swaggerty	+	Steven Jella	O
16	Mental Health Contractors Association	Michelle Ly	+	Michelle Hogan	O
17	San Diego Nonprofit Association (SDNA)	Margaret Iwanaga Penrose	O	Rosa Ana Lozada	+
18	Fee- For-Service (FFS) Network	Dr. Sherry Casper	O	VACANT	
19	Managed Care Health Plan	George Scolari	O	Kathleen Lang	+
20	Healthcare/ Pediatrician	Dr. Pradeep Gidwani	O	VACANT	

<b>FAMILY AND YOUTH SECTOR</b>					
21	Family and Youth Liaison	Renee Cookson	+	VACANT	+
22	Caregiver of child/youth served by the Public Health System	Debbie Dennison	+	VACANT	
23	Youth served by the Public Health System (up to age 26)	Micaela Cunningham	+	Oniric Cirino (Alice Kellogg)	O
24	Youth served by the public health system (up to age 26)	Travis Webster	+	Christine Frey	+
<b>SUB-COMMITTEES (Non-voting members unless a member of the Council)</b>					
-	Outcomes Committee	Angela Chen	+		
-	Executive Committee	Violeta Mora/ Dori Gilbert	+/+		
-	Early Childhood Committee	Aisha Pope/ Autumn Weidman	+/-		
-	Education Committee	Heather Nemour	+		
-	CYF CADRE	Julie McPherson/ Marisa Varond	+/+		
-	Family and Youth as Partners	Renee Cookson/ Valerie Hebert	+/+		

**CYF Council Staff:** Grisel Ortega and Darwin Espejo

**I. Welcome and Introductions** (Violeta Mora)

- Dori Gilbert (Public Sector) was introduced as the new CYF Council Executive Co-chair along with the following newly appointed members and/or alternates:
  - Bill Stewart
  - Chrystal Sweet
  - Christine Frey
  - Debbie Dennison
  - Dr. Geoff Twitchell
  - Jamie Tate-Symons
  - Kathleen Lang
  - Michelle Hogan
  - Valerie Hebert
- Renee Cookson was acknowledged for her two year term as a co-chair to the Council
- Announced the availability of the new Council member meeting packet during regular meetings and also a link to the Orientations video: <https://youtu.be/ap3EdFAMzhE>.

**II. Approval of Minutes** (Yael Koenig)

- Review of action items from June 11, 2018 and July 9, 2018. See Meeting Minutes
- June 11, 2018- Approved
- July 9, 2018- Approved with corrections on attendance noted for George Scolari, Kathleen Lang and Peggy Webb.

**III. Business Items** (Yael Koenig)

- Early Childhood Video – “The Story of the O’s” (Aisha Pope)
  - ✓ Created by Chandra Ghosh Ippen, a leader in Child Psychotherapy and keynote speaker for the 9<sup>th</sup> Annual Early Childhood Mental Health Conference: We Can’t Wait on September 13, 2018
  - ✓ The Council discussed ways the video can be utilized clinically
  - ✓ Link to video: <https://piploproductions.com/stories/two-os/>.
- Advancing System of Care Principles Awards (Rose Woods)
  - ✓ Survivors of Torture International was presented with this year’s program award for advancing the system of care through an integrated, trauma-informed approach all their clients

- ✓ Katherine Morrell from San Diego Center for Children (SDCC) was awarded for her passionate and dedicated work in the SDCC Family Wellness Center. Along with her team, they provide individualized, culturally competent and trauma-informed care for all.
- Accessing Behavioral Health Education and Training Academy (BHETA) (Rose Woods)
  - ✓ BHETA training is only offered to contracted and County staff from Behavioral Health Services (BHS)
  - ✓ The Children, Youth and Families System of Care Training Academy (CYF-SOC) trainings are available to anyone working with children, youth and families (i.e. counselors, protective services workers, probation officers etc.)
  - ✓ In addition to training, the BHETA website also contains a plethora of complementary resources and information (i.e. Pathways to Well Being, School Link and various online training) that is available to anyone
  - ✓ A handout with details was provided
- CYF Council Goals for Fiscal Year 2018-19 and Highlights of Fiscal Year 2017-18 Accomplishments (Handouts)
  - ✓ The Council and subcommittees goals and accomplishments were provided in the meeting packet for review.
- New Council Attendee Welcome Packet and video
  - ✓ A new video that introduces the Council, it's subcommittees and history is now available for viewing. "New Council member Orientation" video link: <https://youtu.be/ap3EdFAMzhE>.
- Subcommittee Updates: Bi-Annual Meetings
  - ✓ Starting FY 2018-19, two Council meetings will be dedicated to allow for subcommittee updates/reports and discussion
  - ✓ Scheduled subcommittee reports will still be included in each monthly meeting packet for review.
- Future Council Meetings
  - ✓ There will be a combined Council meeting on October 8, 2018 dedicated to a BHS MHSA Forum
  - ✓ November's meeting will be Dark
  - ✓ The venue for December's meeting is yet to be determined.
- Retirement Announcement
  - ✓ BHS Director Alfredo Aguirre announced his retirement from his position with a combined 40 years of public service effective March 2019. The Council recommended dedicating time at an upcoming Council meeting to celebrate his leadership.

**IV. Mental Health Services Act (MHSA) Update (Martin Dare)**

- Community Forums
  - ✓ Nine separate regionalized community engagement forums are scheduled for October 2018
  - ✓ Six forums, including the combined Council meeting on October 8, 2018 will focus on:
    - School violence (from Kindergarten to College age)
    - Substance Use Disorder (SUD) in the Transitional Age Youth (TAY) population
    - Crisis services
  - ✓ Three Innovation forums will focus on:
    - Housing
    - Co-occurring mental health disorders
    - Open topics for discussion.
- State Updates
  - ✓ In collaboration with other counties and University California Davis, the County of San Diego is taking the lead finding the best approach to create an Innovation project regarding Early Psychosis. The data collected from a local San Diego program will be used for this purpose.
- Local Updates
  - ✓ The Accessible Depression and Anxiety Postpartum Treatment (ADAPT) program (INN-18) was recently approved for MHSA funding by the Oversight and Accountability Commission (OAC). Dr. Dean Sidelinger originally brought this need to the CYF Council
    - ADAPT would increase client access to mental health services through in-home treatment services for new or expecting parents suffering from peripartum anxiety or depression
    - Public Health Nurses (PHN's) and the Maternal Child Health (MCH) programs will partner to provide in-home visitation screenings for mood and anxiety disorders prior to referrals into the ADAPT program.

**V. Sector Hot Topics (Dori Gilbert)**

- Project Cal-Well Presentation (Heather Nemour)

San Diego County Office of Education (SDCOE) is among three school agencies selected by the state to participate in project Cal-Well, a five-year project to increase awareness and improve the mental health and wellness of California students between kindergarten through the twelfth grade. The program receives federal funding through the Substance Abuse and Mental Health Services Administration (SAMHSA)

- ✓ SDCOE focused their efforts on three local school districts:
  - Chula Vista Elementary (five schools)
  - Mountain Empire Unified (seven schools)
  - Warner Unified (three schools)
- ✓ Forty six different training modules were offered to over two thousand school personnel with the following goals:
  - Promote mental health awareness and early identification/intervention for behavioral health issues
  - Increase availability of School Based Mental Health services to students and their families
  - Implement Youth Mental Health First Aid with students experiencing mental health challenges
  - Create a positive school climate through behavioral intervention and violence-prevention programs
- ✓ FY 16-17 Participating schools data highlights:
  - Reduced suspensions
  - Increased participation in School Based Mental Health services
  - Reduced suicidal ideations
  - Reduced substance abuse rates
  - Increased school connectedness and academic motivation among others
- ✓ Project Cal-Well link: <https://www.cde.ca.gov/ls/cg/mh/projectcalwell.asp>
- SchoolLink Presentation (Yael Koenig)  
 The SchoolLink training program is a partnership between the County of San Diego, San Diego Unified School District (SDUSD), Community Research Foundation (CRF) and Price Philanthropies to best provide behavioral health services at schools
  - ✓ SchoolLink integrates previously separate trainings and resources into the BHETA website that will be utilized by all Behavioral Health providers and available to the entire children's system of care network
  - ✓ SchoolLink employs eleven simplified training modules that contain their own respective standardized forms and/or resources:
    - Prevalence
    - Access and Eligibility
    - Annual School Meeting
    - Referral, Screening, Assessment and Consent
    - Treatment
    - Confidentiality
    - Suicide and Self Harm Response
    - Special Education
    - Outreach and Engagement
    - Add/Remove SchoolLink or Change Providers Organizations
    - School Link Background
  - ✓ A SchoolLink manual is also included as an additional resource
  - ✓ SchoolLink (BHETA) link: <https://theacademy.sdsu.edu/programs/bheta/scholink/>
  - ✓ Jenette Shay of Price Philanthropies, Aidee Angulo of SDUSD, and Julie McPherson of CRF received recognition for their commitment and contribution in the creation of SchoolLink.
- Organized Support Companion in an Emergency Situation (OscER) and OscER Jr. OsCER presentation  
 To be rescheduled due to time limitations.

## VI. Director's Report (Alfredo Aguirre)

- Local Updates
  - ✓ The 9<sup>th</sup> Annual Early Childhood Mental Health Conference – We Can't Wait is scheduled for September 13-15, 2018.
  - ✓ The San Diego County Behavioral Health Advisory Board (BHAB) will continue working towards highlighting the needs of homeless youth
  - ✓ Deportations and the recent separation of immigrant children from their families continue to have a profound impact on our local communities. The situation requires continued vigilance within the Council and focus on providing trauma-informed services to children.

- ✓ Dr. Jeffrey Rowe was presented a plaque of appreciation by the County of San Diego Behavioral Health Services for his leadership and advocacy of Children’s mental health. He will be retiring from the County effective October 2018.

Action Items	Action By	Action Due
1. Presentation on OscER and OscER Jr.	<ul style="list-style-type: none"> <li>NAMI</li> </ul>	<ul style="list-style-type: none"> <li>Scheduled for December 10, 2018 Council meeting.</li> </ul>
2. Determine venue for the December 10, 2018 Council meeting.	<ul style="list-style-type: none"> <li>CYF Council staff</li> </ul>	<ul style="list-style-type: none"> <li>✓ Completed.</li> </ul>
3. Discuss granting BHETA training access to all TAY Youth members in the Council.	<ul style="list-style-type: none"> <li>CYF Council staff</li> </ul>	<ul style="list-style-type: none"> <li>✓ Updated Bylaws for vote</li> </ul>
4. Recommendation to dedicate a meeting to celebrate Alfredo Aguirre’s retirement.	<ul style="list-style-type: none"> <li>CYF Council staff</li> </ul>	<ul style="list-style-type: none"> <li>Projected for February 11, 2019 Council meeting.</li> </ul>
5. Distribute the Accessing BHETA trainings handout	<ul style="list-style-type: none"> <li>Executive Team</li> </ul>	<ul style="list-style-type: none"> <li>✓ Completed September 11, 2018.</li> </ul>
6. SchoolLink preview.	<ul style="list-style-type: none"> <li>Yael Koenig</li> </ul>	<ul style="list-style-type: none"> <li>✓ Completed September 10, 2018 CYF Council meeting.</li> </ul>
7. Project Cal-Well-Mental Health Update.	<ul style="list-style-type: none"> <li>Heather Nemour</li> </ul>	<ul style="list-style-type: none"> <li>✓ Completed September 10, 2018 CYF Council meeting.</li> </ul>
8. Distribute link to Early Childhood Subcommittee’s video: “The Two O’s”	<ul style="list-style-type: none"> <li>CYF Council staff</li> </ul>	<ul style="list-style-type: none"> <li>✓ Completed September 11, 2018.</li> </ul>
9. Sub-Committee Update: Early Childhood video: Supporting Caregivers pending from the May 14, 2018 CYF Council meeting.	<ul style="list-style-type: none"> <li>Aisha Pope and Jennifer Kennedy</li> </ul>	<ul style="list-style-type: none"> <li>✓ Completed September 10, 2018 CYF Council meeting.</li> </ul>
10. Center for Child and Youth Psychiatry Presentation.	<ul style="list-style-type: none"> <li>New Alternatives staff</li> </ul>	<ul style="list-style-type: none"> <li>Scheduled for December 10, 2018 Council meeting.</li> </ul>
11. Recommended Fiscal Year 2018-19 CYF Council areas of focus: School Threats/Violence Assessments  Fiscal Year 2018-19 CYF Council goal: School Threats/Violence Assessments as a Hot Topic for Fiscal Year 2018-19	<ul style="list-style-type: none"> <li>Executive Sub-committee/ Council</li> </ul>	<ul style="list-style-type: none"> <li>Fiscal Year 2018-19 CSOC conference will be dedicated to School Safety.</li> <li>✓ Completed SchoolLink module 7 to include school threats resources and annual meeting calls to discuss the school’s school threat protocol.</li> </ul>

**Next CYF Council Meeting: December 10, 2018, 9:00-10:30 A.M. Location To Be Determined**

**Sub-Committees/Sectors/Workgroups Meetings Information:**

**Outcomes:** Meets the 1<sup>st</sup> Tuesday of the month- 3255 Camino del Rio South, San Diego CA 92108 in La Vista Room- from 11:30 A.M. to 1:00 P.M.

**Early Childhood:** Meets the 2<sup>nd</sup> Monday of the month- 3160 Camino Del Rio South, San Diego, CA 92108- Suite 101 from 10:45 A.M to 12:15 P.M.

**Education Advisory Ad Hoc:** Meets As Needed.

**TAY Council:** Meets the 4<sup>th</sup> Wednesday of the month 3:00 to 4:30 P.M. – New meeting location TBD.

**CYF CADRE:** Meets quarterly the 2<sup>nd</sup> Thursday of the month at NAMI San Diego, 5095 Murphy Canyon Road, Suite 320, San Diego, CA 92123 from 1:30 to 3:00 P.M.

**CCRT:** Meets 1<sup>st</sup> Friday of the month at the Health Services Complex- 6367 Alvarado Ct. Ste. 105, San Diego, CA 92120 from 10:00 to 11:30 A.M.

**Family and Youth Sector:** Meets quarterly – 1<sup>st</sup> qtr. – contact [CYFLiaison@namisd.org](mailto:CYFLiaison@namisd.org) for schedule.

**Family and Youth as Partners:** Meets the 3<sup>rd</sup> Thursday of the month at 3255 Camino del Rio South, San Diego CA 92108 in La Jolla Room from 1:30 to 3:00 P.M.

**Private Sector:** Ad Hoc/Meets As Needed.