

**Children, Youth and Families Behavioral Health System of Care Council,
 Adult Behavioral Health Systems of Care Council,
 And Transition Age Youth Workgroup
 Joint Meeting**

County Operations Center (COC), 5520 Overland Ave, San Diego, CA 92123- Hearing Room
 Monday, April 11, 2016 9:00-10:30 am

Meeting Notes

CYF Co-chairs:	TAY Co-chairs:	AOA Co-chairs:
Barry Fox Delrena Swaggerty	Cecily Thornton-Stearns Steve Carroll	Maria Morgan Jeffrey Najarian

I. Welcome and Introductions

Piedad Garcia, Adult Older Adult (AOA) Deputy Director
 Yael Koenig, Children Youth and Families (CYF) Deputy Director

II. Directors Report (Alfredo Aguirre)

- A. Federal legislators have been working towards Mental Health Reform evaluating the competing priorities in mental health needs.
- B. Opioid Addiction- Is a National epidemic. Federal dollars will be allocated to address this issue.
- C. Legislation on Assembly Bill 1300 Mental Health: Involuntary Commitment continues to develop. The California Behavioral Health Director’s Association (CBHDA) and Hospital Association are involved. This legislation aligns with the San Diego county BHS system.
- D. Senate bill to address psychopharmacology issues with Foster Care is being reviewed.
- E. Continuum of Care Reform. The time frame for implementation will come from State and 6 month stay in congregate care will be addressed. The CYFBHSOC Council have brought up issue of insuring youth and family voice be heard.
- F. Budget:
 - BHS has a healthy financial picture with MHSA and realignment funds.
 - In May there will be a Mid-Year enhancement overall budget presentation. Contractors with enhancement have already been contacted.
 - In June there will be a presentation on project “One for All” which focuses on the homeless population.
 - In July there will be an Annual update on MHSA.
 - In late August early September BHS will begin planning the MHSA 3 Year Plan:
 - ✓ Looking at issues in Acute Care Systems
 - ✓ Looking at Jails/Juvenile Hall
 - ✓ Continuum of BHS
 - ✓ ADS
- G. Drug Medi-Cal-Waiver: target is to inform Board of Supervisors in September/October of implantation plan. Orange County and Riverside County have submitted their implementation plan to state. BHS want to address the low rates currently paid.

III. Council/Workgroup Updates:

A. CYF Council (Barry Fox)

- Council Hot Topics- recently restructured the council to change from report out's to Hot Topics each month, where a topic is brought up and discussed for 45 minutes of the Council. Topic's discussed:
 1. Postpartum Depression
 2. Parent Partner/Youth Partner Subcommittee to the Council
 3. Add a Public Health Seat to the Council
- Health Plan Seat to Council- looking to add seat to the Council
- ICC/IHBS Expansion- Intensive Care Coordination and Intensive-Home Based Services came about as a result of Katie A lawsuit now known as Pathways. The billing codes are to be used to include any youth to receive these services, not just those in class or subclass of the Katie A lawsuit. Starting July 1, 2016 providers are to use these codes with expanded population.
- FSP Transformation- CYF is making a staggered transition to have all providers be full Service Partnership.

B. TAY Workgroup (Cecily Thornton-Stearns)

- TAY Plan Update- The plan has been in effect nearly 5 years and expires July 2016. Currently working on updating the report to include relevant information from BHS Forum updates. In addition they will include the priorities TAY Workgroup has identified:
 1. Housing- for all levels of care for TAY
 2. Alcohol and Drug Services- specifically for TAY, including outpatient and inpatient
 3. Employment services- gaps in services
- October 2015 BHS Forum Update- TAY Highlights (Adrienne Collins-Yancey)- Handout
 - ✓ There was 13 BHS Community Engagement Forums forum held in October and November 2015. Almost 900 participants attended the forums and collected over 3,000 comments.
 - ✓ Tier I and Tier II TAY specific comments were available at the meeting. What was found for day time forums is that they had more providers and during the evening forums the participants were more community members and family members.
- Extended Foster Care (EFC) (Barry Fox)-
 - ✓ The program went into effect on January 1, 2012 and allows foster youth over age 18 to remain in foster care up to the age of 21. The goal of the program is to help youth transition towards independence. EFC serves foster youth who remain under the jurisdiction of Juvenile Court after the age of 18. These youth are referred as to Non-Minor Dependents (MND's) and opt in to EFC voluntarily.
 - ✓ There are several housing benefits; the most dependent type of extended foster care placement is Supervised Independent Living Program (SILP) where the youth receives \$859 monthly for rent.
 - ✓ One-third of girls in EFC are pregnant or parenting.
 - ✓ TAY with serious mental health and/or substance abuse issues may have more difficulty meeting eligibility as EFC are adults and can refuse services.
 - ✓ EFC funding is for case management and housing programs only. Other resources are needed for items such as rental deposit, transportation and other critical needs.
 - ✓ 82% of the youth exiting EFC at age 20 had their high school diploma, compared to 20% of youth who exited EFC at age 18.

- ✓ 54% of the youth who remained in EFC after the age of 19 were employed at the time they exited EFC, compared to 10% who exited at age 18.
- ✓ 92% of youth exiting EFC after age 29 had stable housing, where 20% of 18 year olds had stable housing.
- ✓ In May 10, 2016 there will be a convening in Los Angeles from Cal Youth Study which is a 5 year study of California Extended Foster Care Program.

C. Adult Council (Jeffrey Najarian)

- ✓ Nicole Howard stepped down as co-chair and Maria Morgan is the new co-chair
- Adult Council Goals
 - ✓ Outpatient Mental Health clinics- There are 25 mental health clinics. The wait time has been reduced to 3 days. Currently analyzing what changes need to be made.
 - ✓ Case Management Service delivery
 - ✓ Evaluating Continuum of Care- under supervision of Dr. Krelstein.
- 1115 Waiver Update
 - ✓ Evaluating what the contract with state may look like if BHS moves forward.
- One For All
 - ✓ The Board of Supervisors approved the development and launching of the project on how to respond to the homeless population. The implementation plan will begin in May 2016. During Mid-Year enhancements the Adult SOC was able to enhance Homeless services including the TAY population.

IV. Facilitate Discussion- TAY Gaps Solutions

Facilitators: Delrena Swaggerty, Barry Fox & Steve Carroll

What Works	Highlights
1. For higher level needs, referrals to Catalyst program.	<ul style="list-style-type: none"> ✓ Service model focused on TAY ✓ Program recently added 50 slots
2. Peer Partners are great engagement and retention strategy	<ul style="list-style-type: none"> ✓ Need to develop specific training for TAY mentorship (Peer support) ✓ Peer Support subcommittee of the CYF Council just started ✓ Need to connect youth to the movement to make it more cohesive
3. Maintaining permanent connections	<ul style="list-style-type: none"> ✓ Prior to Pathways to Well-Being, there was not much conversation regarding permanency
4. Adult System of Care has 14 clinics with TAY specialists	<ul style="list-style-type: none"> ✓ Disseminate information to the system to increase awareness of resources (Completed)
5. TAY Resource directory is updated every year-	<ul style="list-style-type: none"> ✓ TAY Resource directory is currently being updated

<p>6. Pathways to Well Being-Child and Family Team (CTF) meetings</p>	<ul style="list-style-type: none"> ✓ Bring critical individuals in the child's life together before they are TAY ✓ CFT meetings are powerful, but sometimes decisions are made more professional driven, but child and families should be driving the decision ✓ Look at facilitation models ✓ CWS/Protective Services Workers attendance at CFT is not consistent but necessary
Suggestions for improvement	
<p>1 Case consultations</p>	<ul style="list-style-type: none"> ✓ PERT does case consultations. Each region has a monthly meeting with providers/clinicians for general coordination discussions. In addition they can provide after the meeting discussions as needed ✓ CYF does Barrier Busters/child specific
<p>2 Community Resources provide for natural resources opportunity</p>	<ul style="list-style-type: none"> ✓ System intent is to increase natural resource participation in client's life ✓ Consider a Council Hot Topic for a general TAY Resources
<p>3. Need to consider Continuum of Care Reform</p>	<ul style="list-style-type: none"> ✓ AB 403 system impact
<p>4. Education sector is a critical partner</p>	<ul style="list-style-type: none"> ✓ Involve in CFT
<p>5. Continue collaboration between San Diego Regional Center for children/Behavioral Health Services</p>	<ul style="list-style-type: none"> ✓ MOU in process as of 9/29/16.
<p>6. Can look for themes at the TAY information provided at the Fall 2015 forums and organize by categories</p>	<ul style="list-style-type: none"> ✓ TAY Workgroup will explore
<p>7. Outreach to TAY-Can look at the 75 hours-training changes by Recovery Innovations</p>	

Primary Action Items	
	Lead
1. Disseminate TAY Resource Directory to Council and systems	Complete
2. Disseminate info on the 14 clinics with TAY specialties to Council and system	Disseminate at Oct 18, 2016 Joint Council Meeting.
3. Finalize and disseminate the TAY workplan	To be discussed in Oct 2016 Joint Meeting
4. Consider TAY specific training needs	On-going, New Annual Critical Issues Conference initiated in March 2016
5. Consider TAY Hot Topic for CYF Council	CYF Council

V. Closing/Announcements (Piedad Garcia & Yael Koenig)

- May is Mental Health Month (MIMHM)- Flier
- Children’s Mental Health Well-Being Celebration 5/4/15- Flier
- PEI and Innovation Regulations Implementation Project Subcommittee and Advisory Workgroup- 4/14/16 10AM-3PM- Handout
- Next Meeting:
 - ✓ CYF Council- May 9 from 9-10:30 am in the La Jolla Room
 - ✓ Adult Council- April 19 from 10-11:30 am in the La Jolla Room
 - ✓ TAY Workgroup- May 25 from 3:00-4:30 pm
 - ✓ Next Joint Meeting- November 2016