

**Children, Youth and Families Behavioral Health System of Care Council,  
Adult Behavioral Health Systems of Care Council,  
And Transition Age Youth (TAY) Workgroup  
Joint Meeting**

April 10, 2017 9:30- 11:30 a.m.  
Health Services Complex- Coronado Room  
3851 Rosecrans Street, San Diego, CA 92110

**Meeting Notes**

<b>CYF Co-chairs:</b>	<b>TAY Co-chairs:</b>	<b>AOA Co-chairs:</b>
Delrena Swaggerty Renee Cookson	Cecily Thornton-Stearns Steve Carroll	David Armstrong Jeffrey Najarian

**I. Welcome and Introductions**

Piedad Garcia, Adult Older Adult (AOA) Deputy Director  
Yael Koenig, Children Youth and Families (CYF) Deputy Director

**II. Meeting Purpose and Overview (Piedad Garcia and Yael Koenig)**

To come together to exchange information; improve integration, advancement and services for TAY.

**III. October 18, 2016 Meeting Minutes-Approved**

**IV. Director's Report (Alfredo Aguirre)**

- The Federal Affordable Care Act (ACA) repeal and replacement process is on hold for Easter break. It appears that the State budget for Fiscal Year 2017-18 will not be impacted.
- Senate Bill 192 Mental Health Services Act (MHSA) Reversion Fund was introduced by Senator Jim Beall (Santa Clara) and proposes reverting back to the State, MHSA unspent funds after three years of allocation. The California Behavioral Health Directors Association (CBHDA) and the California State Association of Counties do not support this bill originally created to help support School-based Mental Health programs using unused MHSA county funds. The bill aims to clarify MHSA reversion policies created by the Department of Health Care Services (DHCS). The bill would redirect MHSA funds into a new account established by the legislature and governed by the Mental Health Services Oversight and Accountability Commission (MHSOAC) where they would establish a state-level grant program that counties will have to compete for. There is also concern about the MHSOAC taking on the additional responsibility of allocating funding to counties.
- MHSA Innovations Cycle 3 projects were approved in 2015 by the MHSOAC:
  - ✓ INN 11 Caregiver Connections
  - ✓ INN 12 Family Therapy Participation
  - ✓ INN 15 Peer Assisted Transitions
  - ✓ INN 16 Urban Beats
  - ✓ INN 17 Crest Mobile Hoarding Units

These five projects were presented again in March 2017 to the MHSOAC to request extension and expansion. MHSOAC approval is still pending.
- MHSA Innovations Cycle 4 includes five new innovation projects projected also to be presented to the MHSOAC as early as May 2017:
  - ✓ INN 18 Peripartum
  - ✓ INN 19-Telemental Health
  - ✓ INN 20 Roaming Outpatient Access Mobile (ROAM)
  - ✓ INN 21 Recuperative Services Treatment (ReST)-Recuperative Housing

- ✓ INN 22-Children's Medication Clinic

Alfredo Aguirre plans to attend the presentations.

- BHS is preparing for the upcoming budget process and is considering the following:
  - ✓ Drug Medi-Cal Organized Delivery System Implementation Plan submission
  - ✓ Rates for existing Substance Use Disorders (SUD) service providers
  - ✓ Commitments made to programs like Project One For All and CYF programs transitioning into the Full Service Partnership (FSP) model
- A Mental Health Employment Resource fair was recently held at UCSD for undergraduate students interested in pursuing careers in behavioral health. The event was well attended by students and BHS providers.

#### V. MHSOAC TAY Update (Martin Dare)

- Community Forums Update  
BHS Community Engagement Forums are scheduled for this summer. There were 28 TAY youth that participated in the forums last year, making up approximately 7% of participants. A project to develop online participation in the forums is also being considered.
- TAY Programs/Initiatives
  - ✓ The ReST Recuperative Housing program will be presented May 2017 to the MHSOAC. The program proposes to decrease the number of homeless and unconnected TAY experiencing serious mental illness by providing supportive residential services after release from an institution, inpatient psychiatric care or jail.
  - ✓ Urban Beats is a TAY Innovation program that utilizes a multi-tiered approach including but not limited to artistic expression and social media workshops to promote education, wellness, leadership development and employment readiness to TAY youth experiencing serious mental illness or at the risk of behavioral health conditions. Urban Beats is currently being offered in the Central Region and BHS is proposing expansion to include the North Central Region and the East African community.
  - ✓ The MHSOAC Three-Year Program and Expenditure Plan: Fiscal Years 2017-18 through 2019-20 will be submitted for approval to the Board of Supervisors (BOS) in September 2017 and will include programs specifically geared towards TAY.

#### VI. Councils/Workgroup TAY Updates

- CYF Council (Delrena Swaggerty)
  - ✓ Appointed two new TAY Youth representatives; Travis Webster and Emma Rodriguez. Both individuals are active participants in the Children's System of Care Council and their contributions are greatly appreciated.
  - ✓ The 3rd annual Children's Mental Health Well Being Celebration: Growth-Health-Hope is scheduled for May 3, 2017 from 4:00 to 6:00 P.M. at the Spring Valley East Communities Campus (SVECC).
  - ✓ The Children System of Care Academy Annual Conference: Honoring the Journey-Partnering with Refugee Families is scheduled for June 1, 2017 at the Crown Plaza Hotel in Mission Valley.
- TAY Workgroup (Stephen Carroll & Cecily Thornton-Stearns)
  - ✓ The TAY Resource Directory is a reliable resource for care providers. This directory is currently being updated.
  - ✓ The TAY Workgroup convenes a Substance Use Disorders (SUD) subcommittee focuses on data, needs, and identification of services gaps within the current system as they relate to TAY. A final report and letter of recommendations to the BHS Director is being prepared and will be presented to the TAY Workgroup sometime in May 2017.

- ✓ A plan is underway to create an Employment subcommittee tasked to address data, current needs, and service gaps within the BHS systems of care.
- ✓ The TAY Workgroup will transition into a TAY Council projected to begin May 2017. Council sector/membership is currently being identified.
- ✓ Piedad Garcia added that the TAY Workgroup provided recommendations for the development of the following programs:
  - The ReST Recuperative Housing program
  - A specific Substance Use Disorders (SUD) program for TAY ages 18 to 25
- ✓ The TAY Status Report and Recommendations is located at:  
<http://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/TRL/TRL%20Section%206/TAY%20Status%20and%20Recommendations%20Report-Final%20Revised%2010feb17.pdf>.
- **Adult and Older Adult Council (Jeffrey Najarian)**
  - ✓ In an effort to promote change, the Adult Council meeting has hosted experts from multiple systems of care to make presentations at the Adult Council monthly meetings on relevant subjects, including but not limited to Long Term Care, Case Management, AB109 and Housing.
  - ✓ The Employment workgroup has seen an increase in in employment rates from 9% to 11%.
  - ✓ The Adult Council provided Tobacco Cessation Recommendations which led to the formation Tobacco Cessation sub-committee under CADRE to guide, oversee, and support the implementation of tobacco/nicotine cessation practices and policies throughout BHS consistent with the San Diego Comprehensive Continuous Integrated System of Care (CCISC).
  - ✓ The Consumer workgroup is on its 7th year and has conducted approximately 50,000 meetings since its inception. This workgroup functions to provide information and updates to people receiving services, and hosts between 35 and 45 meetings each month.
  - ✓ San Diego Metropolitan Transit Services (MTS) has implemented stricter qualification guidelines for the discounted \$18 disability bus pass. As a result, persons without an established diagnosis can no longer obtain these passes. The Disability Rights California and the Consumer Center for Health Education Advocacy (CCHEA) are groups that are working on this issue to find alternatives for individuals affected by this change on disability guidelines. The North County Transit system still has a simple form that can be used to obtain a disabled bus pass that may be used within San Diego.

#### **VII. Facilitated Discussion-TAY Gaps and Solutions (Delrena Swaggerty)**

- Meeting attendees participated in a smalls group exercise using a TAY vignette to analyze and provide group responses regarding risks, strengths, resources, and actions to promote seamless transition into the next system of care.
- Feedback provided by participants include:
  - ✓ The exchange of information within the continuum system of care is worthwhile and engaging for participants.
  - ✓ In future exercises, it would be helpful to focus the conversation on system strengths and gaps.

#### **VIII. Debrief (Yael Koenig and Piedad Garcia)**

- The NAMI-San Diego Family/Youth Liaison will complete an analysis of the responses provided. The results will be forwarded to BHS Executive team and made available to the Joint meeting participants.
- Piedad Garcia acknowledged the positivity of the group exercise, the complexity of providing care for the TAY population, and how the TAY joint meeting can contribute to continuous improvement.

**IX. Closing/Announcements (Yael Koenig)**

- The CYF is implementing a new countywide Lesbian, Gay, Bisexual, Transgender, Questioning (LGBTQ) specific and comprehensive program starting July 1, 2017. The program will provide diagnostic and treatment services such as individual/family/group psychotherapy, psychiatric services, and case management for children and youth up to age 21 and their families. The program will also have four drop in centers to offer supportive services to any youth identifying as LGBTQ. The drop-in centers will be open during the week and on the weekend with extended evening hours. They will offer services such as support groups for youth and family members, a mentorship program, community outreach, trainings and have opportunities for youth with lived experience for employment as youth partners.

Action Items		
Item	Lead	Action Due-Update
1. Analytical results from NAMI San Diego's compilation of data from April 10, 2017.	Renee Cookson	Completed.

**Next Meetings:**

- CYF Council – May 8, 2017 9-10:30 A.M.- Scottish Rite Center, Shell Room located at 1395 Camino del Rio South, San Diego CA 92108
- AOA Council – May 8, 2017 from 10 - 11:30 am - Scottish Rite Center, Shell Room located at 1395 Camino del Rio South, San Diego CA 92108
- TAY Workgroup – 4th Monday of each month, 3 – 4:30 pm - 6160 Mission Gorge Rd., #100, San Diego CA 92120
- Next Joint Meeting- October 2017