

CHILDREN, YOUTH AND FAMILIES (CYF) BEHAVIORAL HEALTH SYSTEM OF CARE COUNCIL

MEETING MINUTES

December 11, 2017 – 9:00-10:30 A.M.

Scottish Rite-Shell Room-1895 Camino del Rio South, San Diego CA 92108

+ = Member in Attendance O = Absent E = Excused

CONSTITUENCY	MEMBER	STATUS	ALTERNATE	STATUS	
PUBLIC SECTOR					
1	Behavioral Health Advisory Board (BHAB)	Rebecca Hernandez	O	VACANT	
2	Behavioral Health Services	Dr. Laura Vleugels	+	Dr. Jeffrey Rowe	+
3	Public Safety Group/ Probation	VACANT		Margie Deleon	O
4	Child Welfare Services (CWS)	Cathi Palatella	O	Barry Fox	+
5	HHSA Regions	Dori Gilbert	+	Jennifer Sovay	+
6	Public Health	Dr. Dean Sidelinger	O	Rhonda Freeman	O
7	Juvenile Court	H. Judge Carolyn Caietti	O	Michelle Johnson	O
8	First 5 Commission	Kim Gallo	O	Jennifer Wheeler	O
EDUCATION SECTOR					
9	Special Education Local Plan Area (SELPA)	Cara Schukoske	O	VACANT	
10	Regular Education Pupil Personnel Services	Heather Nemour	O	Mara Madrigal-Weiss	O
11	School Board	Barbara Ryan	O	Sharon Whitehurst-Payne	O
12	Special Education	Aidee Angulo	+	Yuka Sakamoto	O
PRIVATE SECTOR					
13	San Diego Regional Center (SDRC) for Developmentally Disabled	Carlos Flores	O	Peggy Webb	O
14	Alcohol and Drug Service Provider Association (ADSPA)	Angela Rowe	+	Marisa Varond	+
15	Mental Health Contractors Association	Steve Jella (Jamie Thomas)	+	Barent Mynderse	+
16	Mental Health Contractors Association	Angela Chen	+	Delrena Swaggerty	+
17	San Diego Nonprofit Association (SDNA)	Margaret Iwanaga Penrose	O	Rosa Ana Lozada	+
18	Fee- For-Service Network	Dr. Sherry Casper	+	VACANT	
19	Managed Care Health Plan	George Scolari	+	Rogelio Lopez	O
20	Healthcare/ Pediatrician	Dr. Pradeep Gidwani	+		
FAMILY AND YOUTH SECTOR					
21	Family and Youth Liaison	Renee Cookson	E	Suzette Southfox	+

22	Caregiver of child/youth served by the Public Health System	Debbie Stolz	O		
23	Youth served by the Public Health System (up to age 26)	Emma Rodriguez	O	Oniric Cirino	O
24	Youth served by the public health system (up to age 26)	Travis Webster	+	Micaela Cunningham	O
SUB-COMMITTEES (Non-voting members unless a member of the Council)					
-	Outcomes Committee	Angela Chen			
-	Executive Committee	Violeta Mora			
-	Early Childhood Committee	Aisha Pope/ Jennifer Kennedy	+/O		
-	Education Committee	Heather Nemour			
-	CYF CADRE	Julie McPherson/ Marisa Varond	O/+		
-	Family and Youth as Partners	Renee Cookson			

CYF Council Staff: Edith Mohler, Grisel Ortega, Darwin Espejo

I. Welcome and Introductions (Suzette Southfox)

II. Approval of Minutes (Suzette Southfox)

- November 13, 2017 meeting minutes approved.

III. Business Items (Laura Vleugels, MD)

- Lilac Fire Update
 Due to the Lilac Fire, Dr. Vleugels provided meeting coverage on behalf of Yael Koenig. Ms. Koenig was supporting the County Disaster Operation Center (DOC). The Lilac Fire started on Thursday, December 7, 2017 and has burned approximately 4100 acres, including 151 structures. BHS is providing mental health crisis services to the fire victims.
- Private Sector Sub-Committee update on feasibility of focusing on proposed topics
 - ✓ To assist with systems crossthreading for Mental Health and Substance Use Disorder (SUD)
 Discussion Summary:
 - The Private Sector requested more specific information from the Council regarding “crossthreading” mental health and SUD
 - Data is a challenge as Mental Health Data and SUD data are kept in different data systems
 - ODS core values and principles should be in alignment with CYF values and principles
 - A Drug Medi-Cal (DMC) Organized Delivery System (ODS) presentation would benefit the Council members and meeting attendees and provide a clearer vision of how to operationalize “crossthreading”
 - ✓ Explore use of social media to promote Council’s activities: This is not an area of focus for the Private Sector
 - ✓ How to better serve the Refugee population
 Discussion Summary:
 - Past presentations were rich, but no actions were planned
 - The Education Sector data system does not identify refugee status. There is only internal “flagging”
 - Matters Involving Neuro-Disorders (MIND) is a community –driven, cross-sector consortium under the Nile Sisters Development Initiative that BHS (Adult System of Care) is already part of. Need to determine if CYF should join this group to optimize resources and avoid duplication of services. Will follow-up with disseminating meeting information to Council.
- Educationally Related Mental Health Services (ERMHS) presentation update (Violeta Mora)
 The Education Sector is scheduled to meet in January 2018 to discuss the ERMHS presentation. The Council reiterated that the presentation should include the following items:

- ✓ Overview
- ✓ Context of the past and present (changes)
- ✓ Criteria for referrals
- ✓ How to move from level of services.
- Hepatitis A Status update
 The outbreak within the county is at 567 cases, including 20 deaths reported. Vaccinations are available throughout the county. More information can be found at this website that is updated every Tuesday: http://www.sandiegocounty.gov/content/sdc/hhsa/programs/phs/community_epidemiology/dc/Hepatitis_A.html.
 Information on Influenza prevention and vaccinations is also available at:
http://www.sandiegocounty.gov/hhsa/programs/phs/community_epidemiology/dc/influenza.html.

IV. Sectors “Hot Topics”

Public Input/Discussion (Dr. Vleugels)

- Children’s System of Care Principles Revisions
 Summary of additional input:
 - ✓ The goal of the Children’s System of Care Principles Ad Hoc sub-committee was to provide a clear and concise vision and mission statement
 - ✓ “Successful in school” is a very limiting statement
 - ✓ It was clarified that the current version: “San Diego youth are healthy, safe, successful in school, and in their transition to adulthood, while being law abiding, while living in a home and community that supports strong family connections” was developed to acknowledge all sectors partnerships.
 - ✓ Additional input and feedback can be sent to Grisel Ortega at: Grisel.Ortega@sdcounty.ca.gov.
- 10 Year Roadmap Dialogue (Handout)
 Additional input can be sent to Grisel Ortega at: Grisel.Ortega@sdcounty.ca.gov through December 15, 2017.
- Sub-Committees Fiscal Year 2017-18 Goals/Discussion Summary (Handouts)
 - ✓ Family and Youth as Partners(FYP)-Suzette Southfox
 - The FYP sub-committee seeks to strengthen the CSOC identity of Family/Youth Partners, share resources and strengthen the four CYFSOC sectors partnership
 - In Fiscal Year 2016-17, the sub-committee coordinated the 3rd Annual Children’s Mental Health Well-Being Celebration, introduced the FYP Digital Portrait, and coordinated the FYP CYFSOC trainings
 - In Fiscal Year 2017-18, the sub-committee would like to continue growing by expanding outreach and promotion of the 4th Children’s Mental Health Well Being Celebration; increase attendance at the FYP monthly meetings and trainings, and achieve four sectors representation in the sub-committee
 - The next FYP Coaching meeting is scheduled for Friday, December 22, 2017 from 1:00 to 3:00 P.M. at 5095 Murphy Canyon Road, San Diego, CA 92123. There will be a special holiday celebration of CYF peer staff at this meeting
 - ✓ CYF Change Agents Developing Recovery Excellence (CADRE) (Julie McPherson)
 - The mission of the CADRE sub-committee is to strengthen the Comprehensive, Continuous, Integrated, System of Care (CCISC) model to enhance treatment for children and youth experiencing or impacted by co-occurring disorders
 - In Fiscal Year 2016-17, the sub-committee appointed co-chairs from both Mental Health and SUD providers, and increased participation of SUD providers
 - In Fiscal Year 2017-18, the sub-committee will be exploring ways to facilitate warm handoffs and enhance care coordination between SUD and mental health programs.

V. Subcommittees Update Reports (See meeting handouts for full report) (Violeta Mora)

- Outcomes (Angela Chen)
- Early Childhood (Aisha Pope)
- Education (Heather Nemour)
- Quality Improvement (QI) Management Information Systems (MIS)

VI. Announcements (Suzette Southfox) (Handouts included in the meeting packet)

- Working Together Training hosted by the Children, Youth and Family Liaison on February 21, 2018 from 8:30 A.M. to 12:30 P.M. at 5095 Murphy Canyon Road, San Diego, CA 92123. Limited spaces. RSVP secures a seat: RSVP@http://bit.ly/Feb21WT.

- 3rd Annual Critical Issues in Child and Adolescent Mental Health Conference: Hidden in Plain Sight: Adolescent Brain and Identity Development is scheduled for March 23-24, 2018 at the Town and Country Convention Center in Mission Valley. More information at: <http://cicamh.com/>.
- The 2018 Children, Youth and Families System of Care Conference: Unpacking Hope-Understanding the Unique Needs of Homeless Children, Youth and Families is scheduled for April 12, 2018 at the Crowne Plaza in Mission Valley. For more information, contact: bheta@mail.sdsu.edu.
- The Union of Pan Asian Communities (UPAC)-Alliance for Community Empowerment is hosting the “It Takes a Village” conference, scheduled for February 7-8, 2018 at the New Harvest Church located at 3060 54th Street, San Diego, CA 92105. More information can be found at www.upacsd.com.

VII. Director’s Report (Alfredo Aguirre)

- The California Behavioral Health Director’s Association (CBHDA) developed an initiative called Behavioral Health 2020 as a tool to plan the future of County Behavioral Health in California. Some of the input provided at the last meeting include:
 - ✓ Integration of children and the adult mental health systems may work in small counties only
 - ✓ Criteria regarding mild to serious is different in children and adults
 Challenges include:
 - ✓ Growing demand of services
 - ✓ Every county is different
 Future discussions include:
 - ✓ Panel discussions regarding underserved populations
 - ✓ Trauma informed care for early childhood populations.
- Budget presentation to the BHAB
BHS staff provided a budget presentation to the BHAB on December 7, 2017. It includes the Fiscal Year 2017-18 HHS and BHS adopted budget, five year forecast priorities, and budget timeline and key dates. Priorities include, but are not limited to DMC-ODS, Long Term Care, No Place Like Home, Project One For ALL (POFA), Continuum of Care Reform (CCR), Electronic Health Record and improvements to the San Diego County Psychiatric Hospital. The PowerPoint presentation will be forwarded to the CYF Council e-distribution list.
- DMC-ODS
 - ✓ The State has not approved the submitted proposed rates.
 - ✓ In recognition of this new system, the County is considering holding off on billing activities to prevent disallowances.
- Emergency Screening Unit (ESU) Open House
The new expanded ESU is having a ribbon cutting ceremony on December 12, 2017. An Open House is scheduled for Wednesday, December 13, 2017 from 11:00 A.M. to 4:00 P.M. The new location address is 4309 Third Ave, San Diego, CA 92103.

VIII. Action Items

Action Items	Action By	Action Due
DMC ODS Overview presentation to the Council by Dr. Esposito.	• Nicole Esposito, MD	Tentative for February or March, 2018.
Provide information regarding Refugee related meetings.	• Michelle Ly and Dr. Vleugels	Information sent out via e-mail on December 22, 2017 <ul style="list-style-type: none"> • The San Diego Refugee meeting is held the third Tuesday of the month from 10:00 A.M. to noon. Currently hosted by Rebecca Paida from the Nile Sisters Development Initiative. The Next meeting is Tuesday, January 16, 2018 from 10:30 A.M. to noon at International Rescue Committee- 5348 University Ave, Suite 2015, San Diego, CA 92105. For more information

		at: http://sdrefugeeforum.weebly.com/next-meeting.html <ul style="list-style-type: none"> MIND collaborative quarterly meeting. The next meeting is scheduled for March 9, 2018 from 10:00 A.M. to noon at the Copley YMCA located at 4300 El Cajon, Blvd., San Diego, CA 92105.
Provide feedback to the proposed BHS roadmap, including feedback to the CYF Vision statement to Grisel Ortega at: Grisel.Ortega@sdcounty.ca.gov .	<ul style="list-style-type: none"> Council members, alternates and meeting attendees 	December 15, 2017. Ten Year Roadmap-Call for Input e-mail resent on December 11, 2017.
Provide input to the BHS roadmap accomplishments to Grisel Ortega at: Grisel.Ortega@sdcounty.ca.gov .	<ul style="list-style-type: none"> Council members, alternates and meeting attendees 	December 15, 2017. Ten Year Roadmap-Call for Input e-mail resent on December 11, 2017.
December 5, 2017 Budget presentation to the BHAB to be forwarded to the CYF Council distribution list.	<ul style="list-style-type: none"> CYF Staff 	Sent out to Council on December 18, 2017.

Sub-Committees/Sectors/Workgroups Meetings Information:

Outcomes: Meets the 1st Tuesday of the month-La Vista Room from 11:30 A.M. to 1:00 P.M.

Early Childhood: Meets the 2nd Monday of the month- 3160 Camino Del Rio South, San Diego, CA 92108-Suite 101 at 11:00 A.M.

Education Advisory Ad Hoc: Meets As Needed.

TAY Council: Meets the 4th Wednesday of the month-6160 Mission Gorge Rd. San Diego, CA 92120 from 3:00 to 4:30 P.M.

CYF CADRE: Meets quarterly the 2nd Thursday of the month at NAMI San Diego, 5095 Murphy Canyon Road, Suite 320, San Diego, CA 92123 from 1:30 to 3:00 P.M.

CCRT: Meets 1st Friday of the month – Health Services Facility Rosecrans-Coronado Room, 3851 Rosecrans Street, San Diego, CA 92110 from 10:00 to 11:30 A.M.

Family and Youth Sector: Meets the 4th Thursday of the month at 8964 N Magnolia Street, Santee, CA 92071 from 6:30 to 8:00 P.M.

Family and Youth as Partners: Meets the 3rd Thursday of the month- Del Mar Room from 2:00 to 3:30 P.M.

Private Sector: Meets As Needed.