

CHILDREN, YOUTH AND FAMILIES (CYF) BEHAVIORAL HEALTH SYSTEM OF CARE COUNCIL

MEETING MINUTES

June 12, 2017 – 9:00-10:30 A.M.

Scottish Rite Masonic Center- 1895 Camino Del Rio South- Shell Room

+ = Member in Attendance O = Absent E = Excused

		MEMBER	STATUS	ALTERNATE	STATUS
PUBLIC SECTOR					
1	Behavioral Health Advisory Board (BHAB)	Rebecca Hernandez	O	VACANT	
2	Behavioral Health Services (BHS)	Dr. Laura Vleugels	+	Dr. Jeffrey Rowe	+
3	Public Safety Group/ Probation	Ken Mosey	+	Margie Deleon	O
4	Child Welfare Services (CWS)	Cathi Palatella	O	Barry Fox	+
5	HHSA Regions	Dori Gilbert	+	Jennifer Sovay	O
6	Public Health	Dr. Dean Sidelinger	O	Rhonda Freeman	O
7	Juvenile Court	H. Judge Carolyn Caietti	O	Michelle Johnson	O
8	First 5 Commission	Kim Gallo	O	Jennifer Wheeler	O
EDUCATION SECTOR					
9	Special Education Local Plan Area (SELPA)	Angela McNeece	+	Carolyn Nunes	O
10	Regular Education Pupil Personnel Services	Mara Madrigal-Weiss	O	Heather Nemour	+
11	School Board	Barbara Ryan	O	Carol Skiljan	O
12	Special Education	Aidee Angulo	O	Yuka Sakamoto	+
PRIVATE SECTOR					
13	San Diego Regional Center (SDRC) for Developmentally Disabled	Carlos Flores	O	Therese Davis on behalf of Peggy Webb	+
14	Alcohol and Drug Service Provider Association (ADSPA)	Angela Rowe	+	Marisa Varond	+
15	Mental Health Contractors Association	Steve Jella	O	Barent Mynderse	+
16	Mental Health Contractors Association	Angela Chen	+	Delrena Swaggerty	O
17	San Diego Nonprofit Association (SDNA)	Margaret Iwanaga Penrose	O	Rosa Ana Lozada	+
18	Fee- For-Service Network	Dr. Sherry Casper	O	VACANT	
19	Managed Care Health Plan	George Scolari	+	Rogelio Lopez	O
20	Healthcare/ Pediatrician	Dr. Pradeep Gidwani	+		
FAMILY AND YOUTH SECTOR					
21	Family and Youth Liaison	Renee Cookson	+	Suzette Southfox	O

22	Caregiver of child/youth served by the Public Health System	Debbie Stolz	+	Pam Toohey	O
23	Youth served by the Public Health System (up to age 26)	Emma Rodriguez	+	VACANT	
24	Youth served by the public health system (up to age 26)	Travis Webster	+	VACANT	
SUB-COMMITTEES (Non-voting members unless a member of the Council)					
-	Outcomes Committee	Angela Chen Chair	+		
-	Executive Committee	Delrena Swaggerty Chair	O		
-	Early Childhood Committee	Stacey Annand Chair	+		
-	Education Committee	Mara Madrigal- Weiss Chair	O		
-	CYF CADRE	Julie McPherson/Marisa Varond	O/+		
-	Family and Youth as Partners	Renee Cookson	+		

CYF Council Staff: Yael Koenig, Edith Mohler, Darwin Espejo

I. Welcome and Introductions (Renee Cookson)

II. Approval of Minutes (Angela Chen)

- May 8, 2017 Council meeting minutes approved.
- Review of Action items from May 8, 2017 (Yael Koenig). See May 8, 2017 meeting minutes for details.

III. Business Items (Yael Koenig)

- MHSa Three Year Plan Ad Hoc Sub-Committee-Signing Sheet-Tentative 30 day review: June 30 through July 31, 2017. John Laidlaw is the sub-committee chair.
- Fiscal Year 17-18 CYF Council Strategic Planning meeting is scheduled for July 10, 2017.
- CYF Council meeting Dark in August 2017.
- CYF Council Orientation: August 14, 2017 from 9:00 to 10:30 A.M. at the Coronado room of the Health Services Complex-3851 Rosecrans Street, San Diego, CA 92110. Meeting orientation is open to everyone.

IV. Director's Report (Yael Koenig for Alfredo Aguirre)

- BHS submitted the Drug Medi-Cal Organized Delivery System Implementation Plan to the Department of Health Care Services (DHCS) at the end of May 2017 to join the State's Drug Medi-Cal Waiver program. This is the first of a two-step process now being reviewed by the State for consideration. The second part of the process will involve reviewing our fiscal rates/plans that would convert existing Substance Use Disorders (SUD) programs into an organized delivery system.

V. Mental Health Services Act (MHSa) – Update (Martin Dare)

- MHSa Three Year Plan Program and Expenditure Plan for Fiscal Year 2017-18 through Fiscal Year 2019-20
 - ✓ The plan is tentatively scheduled to be released for a 30-day public review from June 30 through August 1, 2017.
 - ✓ Tentatively scheduled to be presented to the BHAB on August 3, 2017 for a public hearing scheduled for September 7, 2017.
 - ✓ Tentatively scheduled to be presented to the Board of Supervisors on September 20, 2017.

- MHS Innovation Plan Updates
 On May 25, 2017, three Innovation plans were approved by the Mental Health Services Oversight and Accountability Commission (MHSOAC). Implementation is expected in Fiscal Year 2019-20:

- ✓ Medication Clinic (Dr. Jeffrey Rowe and Yael Koenig)
- ✓ Roaming Outpatient Access Mobile (ROAM)
- ✓ The Recuperative Services Treatment (ReST)

There are seven more Innovation projects (new or to be extended) that are pending approval.

- BHS Forums
 BHS will host two public forums, tentatively, between July and August, 2017, one in North County and the other one in Central San Diego. Several focus groups and an online “Tele- Town Hall” will be also take place in order to obtain feedback. Harbridge Consulting will assist with these activities.

VI. “Hot Topic” CYF families facing immigration challenges “Part 2”

- Refugee Resettlement Agencies presentations
 - ✓ Etleva Bejko (Jewish Family Service)
 - Immigrants and refugees are legally different from each other. However both populations are exposed to trauma. There have been approximately 80,000 refugees admitted into the United States since the 1970’s.
 - San Diego has four Refugee Resettlement agencies; Jewish Family Service (JFS), International Rescue Committee (IRC), Alliance for African Assistance and Catholic Charities of San Diego. All Refugee Resettlement agencies are federally funded and are tasked to connect refugees/immigrants to community services such as welfare benefits, housing, education and employment.
 - JFS, in partnership with HHS offers a healthcare management program to refugees that have severe medical issues.
 - The backgrounds and medical clearance process for incoming refugees is lengthy.
 - Refugees share similar fears and uncertainty as the undocumented immigrant population.
 - ✓ Nadine Topozada and Brad Mills (Catholic Charities of San Diego)
 - Catholic Charities is contracted by the State to perform mandated health screenings on all incoming refugees in San Diego County. They also have a dedicated mental health portion in their health screening questionnaire. The majority of refugees screened decline follow up referrals to treat mental health issues.
 - Catholic Charities is the only resettlement agency that has a Cuban and Haitian refugee entry program. In 2016, more than 4000 Haitian refugees were admitted into the United States as asylees. Many of them suffered rape, sexual exploitation and other traumatic experiences during their journey to the United States. Nevertheless, only few of them would follow up to referrals for mental health treatment.
 - Catholic Charities recently incorporated an Associate Clinical Social Worker into their health screening process for those willing to discuss their mental health issues. Their acculturation programs conduct separate sessions that specifically cover the topic of mental health.
 - Catholic Charities also conducts one-on-one sessions with individuals at their office and initiate mental health discussions during acculturation presentations in schools.
 - ✓ Chris Williams (IRC)
 - IRC offers an extensive 30 hours/week vocational English as a second language program (ESL) to refugees. The program fulfills Welfare to Work requirements and is geared more towards employment and gaining computer and financial literacy.
 - IRC coordinates the City Heights Farmers’ Market and the downtown El Cajon Farmers’ market and organize community gardens located within the same communities. IRC also conducts an intensive wellness program that explores various issues refugees face, while indirectly discussing mental health and offering peer support.
 - All resettlement agencies are mandated to provide immigrants and refugees supportive services for 90 days. However, services could be extended to three to five years, depending on specific situations.
- Discussion Summary
 - ✓ Dialogue between peer refugees with lived experience within a group setting may contribute to facilitate referrals for mental health treatment.

- ✓ Several local agencies have limited knowledge about services and resources for the refugee population, including County funded services.
- ✓ Dr. Gidwani mentioned the success of the First Steps home visit program utilizing representatives from the same culture as a model. He also suggested outreach to an individual's own faith-based community to facilitate treatment.
- ✓ Heather Nemour recommended the peer support model and incorporating the topic of mental health into ESL classes as a catalyst to seek treatment.
- ✓ Michelle Ly recommended the use of child-based mental health assessment tool when screening at resettlement agencies.
- ✓ CWS is working on providing a more supportive role in communities. For example, they provide outreach support services using Arabic-speaking social workers in the East county They also exploring other opportunities to support this population.
- ✓ Rosa Ana Lozada proposed to take this opportunity to find ways to provide cultural competent mental health treatment to the refugee population in a coordinated manner.
- ✓ Currently, due to insufficient resources, a pre-existing mental health diagnosis like schizophrenia will prevent resettlement.
- ✓ JFS has connected with the San Diego Unified School District, Family and Community Engagement Department (FACE) to promote psycho-education within the refugee/immigrant communities they serve.
- ✓ Yael Koenig proposed to continue with this topic and have discussions on how the System of Care supports immigrant, refugee and undocumented Children. George Scolari suggested to begin the dialogue with refugees first and then to undocumented population. Yael urged all sector representatives to think about the topic within their own perspective and also re-invited all subject matter experts to the next Council meeting.

VII. Action Items

Action Items	Action By	Action Due
Ensuring that System of Care Principles and Wraparound Principles are infused.	<ul style="list-style-type: none"> • Delrena Swaggerty/or designee 	Update to be provided to the Council on July 10, 2017.
Warm Handoff Training Update.	<ul style="list-style-type: none"> • Shannon Jackson • SDRC • ADSPA 	Completed. PowerPoint included in meeting packet. Electronic version will be sent to the Council after the July 10, 2017 meeting.
Ad Hoc subcommittee letter for the BHS Director with recommendations regarding Proposition 64-Marijuana Legalization.	<ul style="list-style-type: none"> • Steven Jellá 	Input was due by May 15, 2017 to Mr. Jellá. Ad Hoc subcommittee to update Council on July 10, 2017.
Ad Hoc subcommittee to review the MHSA Three Year Program and Expenditure Plan for Fiscal Year 2017-18 through Fiscal Year 2019-20.	<ul style="list-style-type: none"> • All 	Mid/End of July 2017.
Provide resettlement agencies with the CYF Provider's manual and Health Plan contact cards. Copy George Scolari.	<ul style="list-style-type: none"> • Yael Koenig 	Completed by Edith Mohler. E-mail sent 6/13/17.
Continue the immigrant/refugee conversation among sectors on the system of care impact and opportunities to exchange effective learning from each other. Focus will be on refugee population first and then undocumented population.	<ul style="list-style-type: none"> • All 	July 10, 2017 at the Council meeting.

Sub-Committees/Sectors/Workgroups Meetings Information:

Outcomes: Meets the 1st Tuesday of the month-La Vista Room from 11:30 A.M. to 1:00 P.M.

Early Childhood: Meets the 2nd Monday of the month- 3160 Camino Del Rio South, San Diego, CA 92108- Suite 101 at 11:00 A.M.

Education Advisory Ad Hoc: Meets as needed.

TAY Workgroup: Meets the 4th Wednesday of the month-6160 Mission Gorge Rd. San Diego, CA 92120 from 3:00 to 4:30 P.M.

CYF CADRE: Meets quarterly-2nd Thursday of the month-Del Mar Room from 1:30 to 3:00 P.M.

CCRT: Meets the 1st Friday of the month-La Jolla Room from 10:00 to 11:30 A.M.

Family and Youth Sector: Meets the 4th Thursday of the month at 8964 N Magnolia Street, Santee, CA 92071 from 6:30 to 8:00 P.M.

Family and Youth as Partners: Meets the 3rd Thursday of the month- Del Mar Room from 2:00 to 3:30 P.M.

Private Sector: Meets the 3rd Wednesday of the month- 7535 Metropolitan Dr, San Diego, CA 92108 at 1:00 P.M.