

CHILDREN, YOUTH AND FAMILIES (CYF) BEHAVIORAL HEALTH SYSTEM OF CARE COUNCIL

MEETING MINUTES

March 13, 2017 – 9:00-10:30 A.M.

Scottish Rite Masonic Center- 1895 Camino Del Rio South- Shell Room

+ = Member in Attendance O = Absent E = Excused

CONSTITUENCY	MEMBER	STATUS	ALTERNATE	STATUS
PUBLIC SECTOR				
1	Behavioral Health Advisory Board	Rebecca Hernandez	O	VACANT
2	Behavioral Health Services	Dr. Laura Vleugels	O	Shannon Jackson +
3	Public Safety Group/ Probation	Ken Mosey	+	Margie Deleon O
4	Child Welfare Services (CWS)	Cathi Palatella	O	Barry Fox +
5	HHSA Regions	Dori Gilbert	+	Jennifer Sovay +
6	Public Health	Dr. Dean Sidelinger	E	Rhonda Freeman +
7	Juvenile Court	H. Judge Carolyn Caietti	O	Michelle Johnson O
8	First 5 Commission	Kim Gallo	O	Jennifer Wheeler O
EDUCATION SECTOR				
9	Special Education Local Plan Area (SELPA)	Angela McNeece	+	Carolyn Nunes O
10	Regular Education Pupil Personnel Services	Mara Madrigal-Weiss	O	Heather Nemour +
11	School Board	Barbara Ryan	E	Carol Skiljan O
12	Special Education	Aidee Angulo	+	Yuka Sakamoto O
PRIVATE SECTOR				
13	San Diego Regional Center (SDRC) for Developmentally Disabled	Carlos Flores	O	Peggy Webb +
14	Alcohol and Drug Service Provider Association (ADSPA)	Angela Rowe	+	Marisa Varond O
15	Mental Health Contractors Association	Steve Jella	O	Barent Mynderse +
16	Mental Health Contractors Association	Angela Chen	E	Delrena Swaggerty +
17	San Diego Non-Profit Association (SDNA)	Margaret Iwanaga Penrose	+	Rosa Ana Lozada +
18	Fee- For-Service Network	Dr. Sherry Casper	E	VACANT
19	Managed Care Health Plan	George Scolari	O	Rogelio Lopez +
20	Healthcare/ Pediatrician	Dr. Pradeep Gidwani	+	
FAMILY AND YOUTH SECTOR				
21	Family and Youth Liaison	Renee Cookson	+	Suzette Southfox +

22	Caregiver of child/youth served by the Public Health System	Debbie Stolz	+	Pam Toohey	O
23	Youth served by the Public Health System (up to age 26)	Emma Rodriguez	+	VACANT	
24	Youth served by the public health system (up to age 26)	Travis Webster	+	VACANT	
SUB-COMMITTEES (Non-voting members unless a member of the Council)					
-	Outcomes Committee	Angela Chen Chair	O		
-	Executive Committee	Delrena Swaggerty Chair	+		
-	Early Childhood Committee	Stacey Annand Chair	O		
-	Education Committee	Mara Madrigal- Weiss Chair	O		
-	CYF CADRE	Julie McPherson/Maris a Varond	+/O		
-	Family and Youth as Partners	Renee Cookson	+		

CYF Council Staff: Yael Koenig, Edith Mohler, Darwin Espejo

I. Welcome and Introductions (Delrena Swaggerty)

- Welcome to New Council Members
 - ✓ Ken Mosey-Public Safety Group/Probation-Member
 - ✓ Heather Nemour-Regular Education-Pupil Personnel Services-Alternate
 - ✓ Peggie Webb-San Diego Regional Center for Developmentally Disabled

II. Approval of Minutes (Renee Cookson)

- February 12, 2017 Council meeting minutes approved.
- Review of action items from February 2017 meeting (Yael Koenig)
 - ✓ Warm Handoff Training PowerPoint updates are in progress. Perspectives from San Diego Regional Center (SDRC) and Substance Use Disorders (SUD) will be added.
 - ✓ The first Substance Use Disorder (SUD) Ad Hoc subcommittee meeting convened March 3, 2017. The next meeting is scheduled for April 13, 2017. Interested individuals can still join this subcommittee.
 - ✓ Dr. Pradeep Gidwani provided a link from the National Academy of Pediatrics regarding counseling parents and teens about marijuana use in the era of legalization of marijuana. Included in the February 13, 2017 CYF Council meeting minutes.
 - ✓ Amanda Lance-Sexton and Eileen Quinn-O'Malley on March 13, 2017 meeting agenda to provide an overview and update on Continuum of Care Reform (CCR).
 - ✓ CWS, Probation, San Diego Regional Center, and Education representatives on March 13, 2017 meeting agenda to provide an update on their activities related to CCR.
 - ✓ San Diego County District Attorney contact information for immigration fraud related incidents provided in the February 13, 2017 meeting minutes.
 - ✓ Several links from the National Academy of Pediatrics regarding how Medicaid budget cuts can affect parents' ability to work provided by Dr. Pradeep Gidwani were included in the February 13, 2017 meeting minutes.

III. Business Items (Yael Koenig)

- The CYF Council is hosting a joint meeting with the Adult and Older Adult System of Care Council and Transition Age Youth (TAY) Workgroup on Monday, April 10, 2017 from 9:30

to 11:30 A.M. in the Coronado room of the Health Services complex at 3851 Rosecrans Street, San Diego, CA 92110.

- The TAY Status Report and Recommendations was revised and the version with a February 10, 2017 version is now available at:
<http://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/TRL/TRL%20Section%206/TAY%20Status%20and%20Recommendations%20Report-Final%20Revised%2010feb17.pdf>
- Suzette Southfox announced that the 3rd annual Children's Mental Health Well Being celebration: Growth-Health-Hope is scheduled for May 3, 2017 from 4:00 to 6:00 P.M. at the Spring Valley East Communities Campus (SVECC). The next planning meeting is scheduled for March 23, 2017.
- The Substance Use Disorder (SUD) Ad Hoc sub-committee chaired by Emma Rodriguez and Steve Jella are working on compiling recommendations for the Behavioral Health Director in response to Proposition 64-Marijuana legalization to further the council's advocacy in this area.
- The MHSA Ad Hoc innovations sub-committee chaired by Rosa Ana Lozada and John Laidlaw has convened and prepared a report that was included in the March 13, 2017 meeting packet. Rosa Ana Lozada stated that the sub-committee felt that not enough information was provided to complete the review and it was challenging making the recommendations.
- The MHSA Three Year Program and Expenditure Plan for Fiscal Year 2017-18 through Fiscal Year 2019-20 is scheduled to be available for public review beginning May 1, 2017. The Council is seeking interested individuals to chair and staff a subcommittee to review the plan and contribute to the preparation of input and feedback during the 30 day review period. A sign-up sheet was circulated.
- The CYF System of Care Training Academy is accepting Family and Youth Conference Sponsorship Applications for the opportunity for a Family Partner, Parent Partner, or Youth Support Partner receive a full sponsorship to attend the California Mental Health Advocates for Children and Youth (CMHACY) Conference scheduled from May 17-19, 2017. There are two sponsorships available. Sponsorship recipients will be required to create a ten (10) minutes PowerPoint presentation at either the CYF Council or the CYF Program Managers meeting.
- Delrena Swaggerty is leading efforts to ensure that the language and meaning of the System of Care Principles and Wraparound Principles are infused. A sign-up sheet was circulated for individuals interested in joining this sub-committee.

IV. Mental Health Services Act (MHSA) – Update (Martin Dare)

- **MHSA Three Year Program and Expenditure Plan-FY 2017-18 through FY 2019-20**
 - ✓ The MHSA Innovations sub-committee was acknowledged for their efforts reviewing MHSA Innovation proposals. Efforts will be made to streamline the review process for reviewers.
 - ✓ The MHSA Three Year Plan proposal is tentatively scheduled to be released for public comment on May 1, 2017 and will conclude with a public hearing on June 1, 2017 at 3:30 P.M.
- **MHSA Innovation Plan**
 - ✓ The MHSA Cycle Three and Four was approved by the Behavioral Health Board on March 2 and rescheduled from the Board of Supervisors meeting agenda from March 21, 2017 to March 28, 2017. These projects will be presented to the Mental Health Services Oversight and Accountability Commission (MHSOAC) meeting scheduled for March 23, 2017 at 8:30 A.M. at the San Diego City College. Meeting attendance is encouraged.

V. “Hot Topic” Discussion (Delrena Swaggerty)

- **Continuum of Care Reform (CCR) (Amanda Lance-Sexton an Eileen Quinn-O’Malley)**

CYF Behavioral Health Coordinators, Amanda Lance-Sexton and Eileen Quinn O'Malley provided a CCR overview and update:

- ✓ CCR is an initiative that changes policy and practice in California's foster care system to ensure that all youth have the opportunity to live in a family environment. Once CCR is fully implemented, congregate care will be replaced with Short Term Residential Therapeutic Programs (STRTPs) to be used as a last resort intervention to help youth return home as soon as possible.
- ✓ The County of San Diego has laid the foundations for CCR as it followed the Pathways To Well Being initiated in 2013. A Child and Family Team (CFT) meeting is mandated before an enhanced service youth is placed out of home and every 90 days thereafter.
 - Child Welfare Services (Charisma de Los Reyes, Steve Wells, and Barry Fox)
 CFTs are key to foster youth case planning and child placement within CCR. CFT's provide CWS staff input from relatives, case workers and persons involved in the child's life which results in enhanced service provision.
 - CWS, BHS and Probation have conducted strategic planning meetings to engage Foster Family Agencies on CCR. The goal of which is to provide uniform service delivery to all children and youth, including Warm Handoff. CWS had reached out to different communities, including Native American and Lesbian, Gay, Bisexual, Transgender, and Queer (LGBTQ) for input.
 - Probation Department (Lisa Sawin and Frank Andrade)
 Juvenile Probation has been working alongside CWS providing uniform care for their youth and also created a unit (one supervisor and six officers) that addresses CCR and Resource Family Approval (RFA) implementation. Projects include: Training their staff on CFT coordination and using it as a tool to compliment the early stages of their investigations, increasing presence in the community, employing local families help with justice-involved youth, developing a former foster child as a speaker, etc.
 - About 10% of the Juvenile Probation population is in out of home care. The majority of Juvenile Probation youths live in residential treatment programs and only 13% live with a relative/non-relative. Historically, these youths are not adopted. Probation hopes that both joint strategic planning and CCR's new approach can change this trend for justice-involved youth.

• **CCR Summary Discussion (Yael Koenig)**

CWS, Education, Probation San Diego Regional Center (SDRC), and Families are the local entities that place children in group homes:

- ✓ **SDRC** (Peggie Webb) serves 25,000 individuals, half of which are under 18 years old. Statistics (handout provided in meeting packet) indicate an increase in placements between 2016 and 2017 for children and youth placed at home with parents or relatives while numbers have declined for children and youth placed in congregate care. In regards to placing developmentally disabled children in acute care hospitals, SDRC has proposed to develop a highly specialized home and a cross-systems crisis team that would help alleviate this. SDRC has also provided training sessions with county agencies and are open to train other systems of care and group homes.
- ✓ Per CCR policy, only SDRC and Education will be able to utilize group homes in the new system. Probation and CWS will only use STRTPs.
- ✓ **CWS** (Barry Fox) A point in time (March 2017) review of CWS group home/child placement statistics indicates a decline in youths being placed in congregate care. The remaining majority of which are transitional housing programs for 18-21 year old non-minor dependents of the court. Youths in the Supervised Independent Living Programs (SILP) serves the same age group and also have the highest placement counts in the category. The youth in SILP requires a monthly visit from a social worker regardless of their physical location.
- ✓ **Education Sector** (Angela McNeese): The education sector should not be considered a child placement agency since their services are only when there is an educational need for a child that has already been placed in a group home.

- The San Diego County Office of Education (SDCOE) does not have a centralized tracking system regarding child placement. The Special Education Local Plan Area (SELPA) collects this data and provides it to each school district. The San Diego Unified School District (SDUSD) had 25 students in residential care and a total of over 100 students total placed in various school districts. Past child placement data will be collected and presented at a later time.
- Attending CFTs maybe challenging for educators, however, they should always be invited to the meetings and it is the social workers' responsibility to communicate with the educators.
- The Education Sector is concerned about the quick six month child placement turnaround time. However, CFT's prioritize placing a child in a home base setting and only when there is a real need will they stay in a STRTP.
- ✓ **Family** (Debbie Stolz) welcomed the changes brought with CCR. It was also clarified that some youth with severe disorders may need of intensive mental health care in a group home for extended time beyond six months.
- ✓ **Other:** Rosa Ana Lozada reminded everyone to continue keeping the Council informed regarding TAY youth. Barry Fox agreed and mentioned several programs where community leaders work directly with TAY youth.

VI. Director's Report (Alfredo Aguirre)

- The uncertainty of the Affordable Care Act (ACA) repeal continues. According to the American Medical Association (AMA), 12-22 million people will potentially lose health care coverage and Medicaid capping will occur locally if ACA is repealed. California continues to implement CCR and AB1299.
- Locally, a fiscal update was presented to the Behavioral Health Advisory Board which will be sent to all the councils. Questions about this presentation are welcome. BHS funding sources seem stable. Priorities need to be analyzed and consider how to utilize MHSA in a fiscally responsible manner due to variations.
- Alfredo Aguirre and Yael Koenig will be attending an Immigration Law Briefing presentation at the SDCOE on March 21, 2017.

VII. Action Items

Action Items	Action By	Action Due
Ensuring that System of Care Principles and Wraparound Principles are infused.	<ul style="list-style-type: none"> • Delrena Swaggerty 	Update on subcommittee May 8, 2017.
Warm Handoff Training Update.	<ul style="list-style-type: none"> • Shannon Jackson • SDRC • Alcohol and Drug Service Provider Association (ADSPA) 	On-going agenda item. Additional slides/language is to be inserted into the PowerPoint slide to reflect AOD/SUD, Dual Diagnosis children and MediCal billing information. Working with sector representative for each addition.
5 year child placement trends from Group Homes.	<ul style="list-style-type: none"> • Barry Fox 	Completed. To be provided in May 8, 2017 meeting packet.
SELPA Child Placement Data.	<ul style="list-style-type: none"> • Education Sector 	Aidee Angulo reported that San Diego School Districts placed 57 students in residential care via the IEP process during the 3 rd quarter of FY 16-17 (January to March 2017).

<p>Number of TAY (18 and older) adult recipients of Adult Behavioral System of Care services (AOA) for FY 15-16:</p>	<ul style="list-style-type: none"> • Mike Miller 	<p>Completed: Mental Health Services</p> <ul style="list-style-type: none"> • TAY (18-25) receiving services through AOA: 7,527 (18% of total AOA clients) • TAY (16-18) receiving services through CYF: 3,097 (18% of total CYF clients) • TAY (18-21) receiving services through CYF: 998 (6% of total CYF clients) <p>Alcohol and Drug Services</p> <ul style="list-style-type: none"> • TAY (18-25) receiving services through SUD: 2,019 (17.6% of all SUD clients) meeting. • TAY (16-17) receiving services through SUD: 721 (6.3% of all SUD clients) <p>All numbers reflect unduplicated client counts. Data taken from the County of San Diego BHS Data Book FY 15-16.</p>
<p>Fiscal update to the Behavioral Health Advisory Board presentation to be sent to the CYF Council.</p>	<ul style="list-style-type: none"> • Yvonne Gage 	<p>Completed March 14, 2017 via e-mail.</p>
<ul style="list-style-type: none"> • As a result of Director’s report feedback the Council will address CYF Families Immigration Issues. • Know your rights from the American Civil Liberties Union (ACLU) and the Mexican Consulate – Immigrant Information. • Immigration resources and contact information. • Mexican consulate community forum on the topic fear & anxiety. Dates/times. 	<ul style="list-style-type: none"> • Yael Koenig • Lea Bush • Yael Koenig 	<ul style="list-style-type: none"> • Hot Topic scheduled for May 8, 2017 meeting. • Completed: https://www.aclu.org/know-your-rights?topics=270 https://consulmex.sre.gob.mx/sandiego/index.php/avisos • Update on May 8, 2017 through Hot Topic. <p>Completed: https://consulmex.sre.gob.mx/sandiego/index.php/avisos/489-calendario-de-foros-comunitarios-abril-mayo Date: May 24, 2017 Time: 5:30 to 7:30 P.M. Venue: Diego Valley Charter School 933 E Vista Way, Vista CA 92084</p>

<p>MHSOAC Innovation presentation March, 2017.</p>	<ul style="list-style-type: none"> • BHS MHSA Team • Yael Koenig 	<ul style="list-style-type: none"> • The MHSOAC invited the County to come back and present with additional clarifications. • CYF medications clinic will be presented in May,2017. • Other CYF Innovations projects will be scheduled to be presented at a later time.
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Sub-Committees/Sectors/Workgroups Meetings Information:

Outcomes: Meets the 1st Tuesday of the month-La Vista Room from 11:30 A.M. to 1:00 P.M.

Early Childhood: Meets the 2nd Monday of the month- 3160 Camino Del Rio South, San Diego, CA 92108-Suite 101 at 11:00 A.M.

Education Advisory Ad Hoc: Meets As Needed.

TAY Workgroup: Meets the 4th Wednesday of the month-6160 Mission Gorge Rd. San Diego, CA 92120 from 3:00 to 4:30 P.M.

CYF CADRE: Meets quarterly-2nd Thursday of the month-Del Mar Room from 1:30 to 3:00 P.M.

CCRT: Meets the 1st Friday of the month-La Jolla Room from 10:00 to 11:30 A.M.

Family and Youth Sector: Meets the 4th Thursday of the month. Next meeting: April 27, 2017 at 8964 N Magnolia Street, Santee, CA 92071 from 6:30 P.M. to 8:00 P.M.

Family and Youth as Partners: Meets the 3rd Thursday of the month- Del Mar Room from 2:00 to 3:30 P.M.

Private Sector: Meets the 3rd Wednesday of the month- 7535 Metropolitan Dr, San Diego, CA 92108 at 1:00 P.M.