

**Children, Youth and Families Behavioral Health System of Care Council,
Adult Behavioral Health Systems of Care Council,
And Transition Age Youth Workgroup
Joint Meeting**

Health Services Complex, 3851 Rosecrans Street, San Diego, CA 92110 - Coronado Room
Tuesday, October 18, 2016 2:30 - 4:00 pm

Meeting Notes

CYF Co-chairs:	TAY Co-chairs:	AOA Co-chairs:
Delrena Swaggerty Renee Cookson	Cecily Thornton-Stearns Steve Carroll	Maria Morgan Jeffrey Najarian

I. Welcome and Introductions

Piedad Garcia, Adult Older Adult (AOA) Deputy Director
Yael Koenig, Children Youth and Families (CYF) Deputy Director

II. Directors Report (Alfredo Aguirre)

- A. Assembly Bill 1300 Mental Health: Involuntary Commitment did not pass this time, but it will likely be resubmitted next year.
- B. Senate Bill to address Pharmacology issues for foster children: Some bills were vetoed by the Governor, who indicated that legislation is not needed if there is already an administrative remedy.
- C. Continuum of Care Reform is committed to having children in family-like settings and away from congregate care. DHCS is listening to people and incorporating ideas. Yael Koenig has been very involved in working to impact policy change. The impact on TAY and the ramifications for foster youth who are leaving the system need to be considered.
- D. Drug Medi-Cal Waiver implementation plan are projected to go before the Board of Supervisors in December 2016. Fiscal impact is more arduous than initially thought. The implementation plan is being developed and rates are being established. Alfredo applauded the Councils for their work; in particular, their annual work plans which help transform the systems of care and for their invaluable input on operations. The County needs to partner with Child Welfare, housing entities and other stakeholders to provide opportunities for families who are at high risk. With Drug Medi-Cal the focus has been on adults, but we are finding that the risk factor is even greater for our young adults. Data shows that BHS alcohol and drug programs are seeing more young adults in the AOD system. Intervention for adolescents is needed to keep them out of the Justice System (particularly in regards to substance abuse issues) to better impact the outcome for them later when they become adults. Innovations projects such as *Kickstart* and *First Break* have continued to adapt evidence-based models. These are best practices that cut across the age spectrum. Two new initiatives will include work with commercially sexually exploited children and the LGBTQ population, which need to be trauma informed and impact across the age spectrum.
- E. Unserved and underserved communities: Increasing numbers of Syrian refugees are anticipated. Budget needs to strategically address the needs of the refugee population with strategies across the spectrum of Children, TAY and Adult populations.

III. **MHSA Update** (Adrienne Yancey)

- A. Gary Ulmer-Goodrich was promoted to Administrative Analyst III with CYF.
- B. Martin Dare was introduced and welcomed to the MHSA team. Martin will fill the Analyst II position that was vacated.
- C. **Community Engagement Forums:** In the past, the focus was on the Mental Health Services Act. Currently, we are talking about the entire system of behavioral health services. Twelve community forums were attended by 551 people. Of those, 449 completed the feedback forms. Of those who completed the forms, 27% of attendees were from the Central Region. North Central represented the second highest population of attendees. Attendance at the South East, North Coastal and North Inland Regions was tied. Only 128 people completed the section of the form indicating what special populations were represented. Of those 128 people, 25% were a member of or working with the LGBTQI community. The next highest of those represented were the Veterans and military community at 17%. The number of Refugees represented was 4. This year 92% of participants indicated the location of the forums were very or somewhat convenient. 91% of participants found the date and time of forums to be very or somewhat convenient for community members. The number of topics to be covered at the forums this year was reduced from years past. Time spent on the BHS overview was reduced and more time was spent talking with attendees. 94% of participants found this to be very or somewhat useful to either their life or their work. 81% found the overall quality of the forum to be excellent or very good overall. Feedback was excellent, but there is room for improvement next year. Suggestions are welcomed and may be sent by email to Adrienne Yancey at Adrienne.Yancey@sdcounty.ca.gov. Angela Rowe of the Alcohol and Drug Contractors Association asked Adrienne what the AOD population numbers were. Adrienne indicated she will look into this and get back to her, but noted that it did appear there were more Mental Health providers in attendance than Alcohol and Other Drug treatment providers. The MHSA team will be hosting 6 special focus groups this month. The first will be on Thursday with community justice partners (Judges, Probation) for their perspective on how services can be improved for persons with serious mental illness (SMI) and substance abuse issues. A Peer focus group will be held on Friday at 10:00. Next week there will be a focus group for the Native American community at Valley Center. There will be two focus groups in the jails (George Bailey and Las Colinas) and on Saturday there will be a Children's Behavioral Health focus group in South East San Diego.

IV. **Council/Workgroup Updates**

- A. **CYF Council** (Delrena Swaggerty and Renee Cookson, Co-Chairs)
 - Last year the CYF Council analyzed their process and discussed how to make it most engaging and informative. The Council decided to include Hot Topics on the agenda as a way to exchange ideas about what is relevant in the community and service delivery. Hot Topics have included:
 - Development of coordinated care templates
 - Review of limited psychiatry resources
 - Postpartum service
 - Enhancement of youth, family and peer support through training, increased funding, advocacy, support for families in children's hospitals and having representation in subcommittees. The group has identified two youth who will participate as members on the council

- Impact of minimum wage increases
 - Gathering data and contributing ideas on staff retention and recruitment
 - Information sharing across systems, as guided by MOU
 - Health plan seat added to the CYF Council
 - Community Care Reform
- B. TAY Workgroup (Cecily Thornton-Stearns and Stephen Carroll, Co-Chairs)
- TAY Plan Update:
 - A Roof for Every Youth Subcommittee submitted a summary report in August including its recommendation to address Transitional Age Youth homelessness. Summary of their final written recommendation: A Behavioral Health Services program that provides emergency shelter beds and counselling services as primary interventions to any SMI or at-risk TAY (age 18-25) with unmet mental health needs as well as long term housing options based on readiness to engage in change with service providers. All of this in one space that forms a continuum of housing and care.
 - In August, the TAY Workgroup assembled a subcommittee to focus on Alcohol and Drug Services. The subcommittee consists of County staff and substance use disorder providers from the Children’s’ system of care, the Adult system of care, County representatives and TAY providers. They are working to identify gaps in the continuum of care specific to TAY and Alcohol and Drug Services. Data points will be reviewed to look at other TAY programs and structures across the nation for addressing TAY specific needs and substance use disorder programs. Recommendations will be available in approximately 4 months. UCSD was engaged by the State to conduct a survey of all Counties in California to identify TAY services that each County provides. From that survey, recommendations were made and are part of the TAY Work plan presentation.
- C. Adult Council (Jeffrey Najarian)
- Jeff Najarian and Maria Morgan: Council focused on membership and filling various roles in the Adult Council. There are currently representatives for Veterans Services, Cultural Competency Response Team and Primary Care Integration. The Council is still looking for Community College representation.
 - The Adult Council has adopted the CYF Council “Hot Topic” agenda item as a standing Adult Council agenda item. This provides a more focused discussion on issues concerning the Adult Council.
 - The MHSA subcommittee created a detailed recommendation to the MHSA Annual Plan.
 - The Adult Council is working on drafting a recommendation letter for finding enhancements to the programs addressing the new employment requirements for exempt, non-exempt and minimum wage and hopes to submit it by the end of the month.
 - Three years ago, the Housing Council worked on a behavioral health housing survey to obtain more information regarding people’s concerns around housing. About 800 people responded to the survey. This summer the Housing Council provided the housing survey again, with 1,617 respondents. The survey was available through Survey Monkey, but response was minimal. Renee Cookson of NAMI San Diego and her team inputted about 1500 surveys. Data collected from the responses is available and will be emailed to Councils after the meeting.

V. TAY Workplan Presentation and Discussion (Cecily Thornton-Stearns)

The 2010-2011 TAY Work plan is being updated to include relevant information from BHS Forum updates. Presentation with recommendations attached.

VI. Gender Specific Homeless Outreach and Engagement (Martha Ranson)

Rachel's Women's Center is the drop in day center for homeless women in San Diego County. It has been in continuous operation since its opening on February 8, 1984 and currently averages 100 women per day. Rachel's Women's Center serves as a gateway for homeless women to access all other services, including shelter, work training and behavioral health services. Presentation attached.

VII. Announcements

- BPSR's with TAY Specialists document was provided.
- South Region Grandparents Raising Grandchildren Symposium on Saturday, October 22, 2016 from 9:30 am – 3:00 pm at Harborside Elementary School in Chula Vista.

VIII. Adjourn

Primary Action Items	
Item	Lead
1. Angela asked Adrienne what the AOD population numbers are from the Community Forums. Adrienne will look into this and get back to Angela, but noted that it did appear there were more Mental Health providers in attendance than Alcohol and Other Drug treatment providers.	Adrienne Yancey
2. Data garnered from the responses to the Housing Council Behavioral Health Housing survey can be emailed after the meeting to Councils.	Jeff Najarian: 2016 San Diego Behavioral Health Housing Survey Results were emailed to the Councils on 11/2/16.

Next Meeting:

- ✓ CYF Council - November 14, 2016 9-10:30 am - Scottish Rite Center, Shell Room
- ✓ Adult Council - November 15, 2016 from 10 - 11:30 am - BHS, La Jolla Room
- ✓ TAY Workgroup - November 16, 2106 from 3:00-4:30 pm - PCS Kickstart, 6160 Mission Gorge Rd., #100
- ✓ Next Joint Meeting-April 2017