

Hospital Partners

Behavioral Health Workgroup

Friday, March 15, 2019 | 8:30am-10:30am | San Diego Regional Center:
4355 Ruffin Rd (suite 118) San Diego, CA 92123

MEETING MINUTES

Co-Chairs: Dr. Michael Krelstein and Judith Yates

Present: Alfredo Aguirre, Luke Bergmann, Kristin Allred, Diane Ashton, Scott Carruthers, Erin Case, Connie German-Marquez, Pam Gholson, Mitch Gluck, Mark Marvin, Elena Mashkevich, Sandy Mueller, Donald Myers, Shannon Nosenzo, Shannon Thomason, Kristie Preston, Nilanie Ramos, Mike Philips, Rebecca Raymond, George Scolari, Laura Vleugels, Ma'at Xi, Janice Bowman, Edith Carmona.

I. Welcome and Introduction – Dr. Krelstein/Judith Yates

Meeting called to order by Dr. Michael Krelstein at 8:35am.

II. Announcements

- **JAHCO surveys report out for SDCPH (Mitch Gluck):** SDCPH did very well. The short term mitigation plan is to prevent risk while completing long term solutions.
- **Prioritizing transfer of high acuity patients to a bed (Dr. Krelstein):** EDs are encouraged to call EPU (SDCPH) to prioritize transfer of high acuity patients to CMH.
- **St. Paul's PACE program tour (Judith):** Program would like to focus on the challenges hospitals have with hard to discharge patients.
- This is Alfredo Aguirre's last hospital partners meeting as BHS Director. He expressed gratitude co-chairs and group members for their contributions.

III. Director's Report – Alfredo Aguirre/Dr. Bergmann

A. Board of Supervisors' Conference Quarterly Report

- Consultant onboarding: Public Consulting Group (PCG) has been selected as the consultant. An introductory report will be presented to the Board of Supervisors on March 26th with an emphasis in 3 key areas: 1) approach to data; 2) strategy for cross-sector engagement; and 3) fiscal analysis.
- Blueprint for Medi-Cal (sent to Hospital Partners on 3/13)

IV. Co-Chairs' Updates:

A. Work Group on Referral Issues – Dr. Krelstein

B. LTC to Acute Care Task Force – Dr. Krelstein

- This work group is a collaboration between hospitals, long term care providers, Optum, and CDO.
- Work group focus is to look at the issue of how to optimally manage clients with the most complex chronic behavioral health issues (coupled w/medical), with a goal to develop guiding principles on how to deal with these challenging cases with more consistency and equity.
- The work group is looking at 7-day bed holds in the context of new guidelines encouraging prioritization of the return to long term care facility from acute care facility.
- Work group to draft guidelines and recommended best practices to present to Hospital Partners at a future meeting.
→ **ACTION ITEM:** Work group minutes to be sent out to hospital partners once available.
- Dr. Vleugels: Children's SOC is also struggling with this same issue - no placement resources.

C. Behavioral Health Advisory Board (BHAB) Continuum of Care Advisory Work Group – Judith Yates

- Work group goal is to augment what is shared with consultants – to be one of the stakeholders to interact with consultant.
- Judith received an invitation to meet with Kristin Marlow (consultant with CHA around hospital issues) - opportunity to voice hospital partners' concerns.

V. Discussion

A. Health Homes Presentation – George Scolari

- *Summary:* Health Homes program is a new Medi-Cal Managed Care Benefit for Medi-Cal Managed Care members who have certain chronic health care conditions and are homeless or at the risk of homelessness in California. The goal is to improve member outcomes by coordinating physical and behavioral health, LTSS, palliative care, and social needs.

VI. Updates

Time Permitting

A. Whole Person Wellness – Dr. Krelstein

B. AOT/IHOT – Shannon Thomason/Charity White Voth

- Each IHOT team is currently serving 100 clients on their caseload, with 5-10 people on the waitlist. People on the waitlist have been screened for acuity and currently do not present with a high risk.
- AOT: Current total of 53 voluntary individuals.

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angeli.cabal@sdcounty.ca.gov

- C. Optum – Dr. Michael Bailey
- D. Managed Care – George Scolari
 - New taskforce: Voluntary inpatient detox
- E. Patient Advocate – Mike Phillips
 - Collaboration with Alvarado Hospital and BHS to bring on LIMA. 22 beds will be added to the 12 once new building has been completed (construction to be done around end of April) and time for certification.
 - AB-2983: Receiving hospitals cannot insist on a voluntary patient being placed in an involuntary hold. This is causing frustration from receiving hospitals.
- F. Children’s – Erin Case/Rebecca Raymond
 - Dr. Vleugels: This year’s Children’s SOC conference is on school safety. The keynote speaker will be from Sandyhook Elementary. Still in planning process, but working on developing a training geared towards clinicians on the basics of targeted threat assessments. There has been a significant, marked uptick in students making school threats after the Parkland shooting.
- G. Psychiatric Emergency Response Team – Mark Marvin
 - State of County 2019: PERT will be expanding - 3 clinicians: SD Unified, SDSU, Cuyamaca/Grossmont college district. PERT is back to engaging with EMS, with 2 clinicians starting this month.
- H. Regional Center – Peggie Webb
 - Community placement projects: the 2 enhanced behavioral support homes are scheduled to open in May for Fairview clients. Between May and June, will be moving 8 people into the homes, along with adult residential facility for persons with significant health needs (5 beds).
 - Fairview will be closing on Dec 31, 2019
 - Crisis stabilization team awarded a contract to Community Research Foundation (CRF) – still in development, should be online in 3-4 months.

VII. Future Agenda Items

- Janice Bowman (Alvarado Medical Center)

VIII. Next Meeting: May 17, 2019