

# ADULT COUNCIL MINUTES

Tuesday, May 17, 2016



**10:00-11:30 AM 3255 Camino Del Rio South San Diego, CA 92108 Behavioral Health Services – La Jolla Room**

**Members in Attendance:** David Armstrong (LTC), Alicia Devine (DCS), Cara Evans Murray (CM), Melissa Hall (JFS), Lisa Irving (RI), Shannon Jaccard (NAMI), Shannon Jackson (ADS), Don Miller (SDPA), Maria Morgan (TAY+MHCA), Nicole Murphy (SDWP), Shiva Motahari (BHETA), Nicole Murphy (SDWP), Jeffrey Najarian (RI), Diego Rogers (CADRE), Caryn Sumek (CDO/PHC), Daphyne Watson (MHA), Peggie Webb (SDRC)

**Non-Members in Attendance:** Elisa Barnett (BHETA), Betsy Knight (BHS), Judy Patterson (MHA), Maria Samayoa (BHS), Chris Strows (BHS), Cecily Thornton-Stearns (BHS), Shelly Tregembo (BHS), Adrienne Yancey (BHS)

AGENDA ITEM	SUMMARY	ACTION
<b>I. Welcome and Introductions</b> (Jeffrey Najarian, Co-Chair, Maria Morgan, Co-Chair)	<ul style="list-style-type: none"> <li>Meeting was called to order at 10:04 AM.</li> </ul>	
<b>II. Public Input</b>	<ul style="list-style-type: none"> <li>No public input.</li> </ul>	
<b>III. Review April 2016 minutes</b>	<ul style="list-style-type: none"> <li>Approval of April 19, 2016 was moved and second. (Peggie Webb and Cara Evans Murray)</li> </ul>	
<b>IV. Hot Topics Recommendation &amp; Feedback</b>	<ul style="list-style-type: none"> <li>Peggie Webb informed that the presentation for AB109 would have to be scheduled in/or after September. Maria Morgan and Peggie to arrange and schedule.</li> <li>Members requested an update on Laura’s Law/IHOT process and the merge of HHS with HCD.</li> <li>Council agreed during the meeting that all programs provide a brief description of their roles to further understand and collaborate as a Council in providing input to policy development and implementation of the system of care.               <ul style="list-style-type: none"> <li>San Diego Regional Center – Serves persons with intellectual and other similar disabilities and their families, providing community education, develop needed resources and public information.</li> <li>Deaf Community Services –Provides mental health services, education, advocacy, and accessibility to deaf and hard-of-hearing community.</li> <li>Long Term Care – Provides locked and secured long term care treatment for clients with serious mental illness and/or persistent mental illness who are on conservatorship.</li> <li>Change Agents Developing Recovery Excellence (CADRE) – Is a work-group who assist with the promotion and implementation of training and integrated treatment approaches for co –occurring mental health, and substance abuse disorders initiative.</li> <li>Recovery International – Provides recovery-based services, such education classes, self-help skills, one-to-one peer support, etc. to adults with co-occurring mental health and substance use challenges.</li> <li>Fee for Service Psychological Association – Is a chapter of members who licensed psychologist and are committed to promoting the profession of psychology and serving persons with mental health needs.</li> </ul> </li> </ul>	<p><b><u>Future Hot Topics</u></b></p> <ul style="list-style-type: none"> <li>AB109 Presentation</li> <li>Laura’s Law/IHOT Process-Update</li> <li>HHS &amp; HCD Merge</li> </ul> <p><b><u>Presentations:</u></b></p> <ul style="list-style-type: none"> <li>Supportive Employment – June Betsy Knight/SDWP</li> <li>Conservatorship – July Beth Olin</li> <li>1115 waiver – Cara Evan-Murray</li> <li>AB109 – Peggie Webb/Maria Morgan</li> <li>SSI - TBD</li> <li>Behavioral Health Court- TBD</li> <li>Housing -TBD</li> </ul>

AGENDA ITEM	SUMMARY	ACTION
	<ul style="list-style-type: none"> <li>➤ San Diego Psychiatric Hospital – Provide in-patient acute care and emergency services at the Emergency Psychiatric Unit.</li> <li>➤ Alcohol &amp; Other Drug Services – include detox, non-residential and residential treatment services, community-based prevention, and recovery services provided by various local providers.</li> <li>➤ BHETA – provides the county BHS training and education for county staff which are designed to increase proficiency in mental health services, information and resources.</li> <li>➤ San Diego Workforce Partnership – provides supportive employment development under contract with BHS for persons with serious mental illness.</li> <li>➤ JFS – provides a variety of services for individuals and their families, such as advocacy, legal referrals, case management, counseling, housing, psychiatric referrals, medical/dental and much more.</li> <li>➤ Pathways – provides a Full Service Partnership and assertive community treatment for homeless and at-risk- homeless TAY (age 16-24) including and an array of housing.</li> <li>➤ Mental Health America – is an organization that offers varies programs and services to clients, families, community leaders and the public. There 4 areas of focus are: advocacy, education, services and research.</li> </ul>	
<p><b>V. Director’s Report</b> (Cara Evan-Murray on behalf of Piedad Garcia)</p>	<ul style="list-style-type: none"> <li>• Reminder May is Mental Health Month a calendar of events was sent out as an invitation to all for support.</li> <li>• A request for approval to implement the 1115 Waiver will be presented to the Board of Supervisors (BOS). In anticipation of opting-in to 1115 Waiver BHS has commence some workgroups with AOD providers and Narcotic Treatment Providers for recommendations, input and feedback.</li> <li>• (BOS) approved the preliminary budget plan for Fiscal year 2016 – 2017, which will expand the programs and staffing for Behavioral Health Services.</li> </ul>	
<p><b>VI. MHSA Update</b> (Adrienne Yancey)</p>	<ul style="list-style-type: none"> <li>• The MHSA Annual Update for 2016 – 2017 has been released for review and will close on June 2, 2016. To download go to <a href="http://sandiego.camhsa.org/">http://sandiego.camhsa.org/</a>. If you have any comment or questions please see link for contact information. BHS community forums for 2017 – 2018 planning to start in August.</li> <li>• MHSA has its own process for addressing issues, complaints and grievances about MHSA planning and process. The Department of Health Care Services (DHCS) requires that the local issue resolution process be exhausted before accessing State venues. San Diego County BHS MHSA Issue Resolution Process handout was distributed.</li> </ul>	

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<b>VII. Work Groups</b> ❖ <b>MHSA Committee</b> (Cara Evans Murray)  ❖ <b>Consumer Committee</b> (Jeff Najarian)  ❖ <b>Work Well Committee</b> (Nicole Murphy)	<b>MHSA Committee:</b> <ul style="list-style-type: none"> <li>• Cara informed MHSA Annual update for FY 2016-2017 was reviewed and discussed. A summary of some feedback was distributed to the council via email. Any further feedback can be emailed to Cara Evans Murray or Co-Chairs Maria Morgan and Jeff Najarian.</li> </ul> <b>Consumer Committee:</b> <ul style="list-style-type: none"> <li>• Program Advisory Group (PAG) will be meeting on May 18, 2016 and will focus on affordable housing and homeless.</li> <li>• RI County-Wide meeting will be on Tuesday May 24, 2016 and will focus on housing.</li> </ul> <b>Work Well Committee:</b> <ul style="list-style-type: none"> <li>• CSH and San Diego Workforce Partnership will be holding a Consumer Employment Training on June 16, 2016.</li> </ul>	
<b>VIII. Announcements</b>	No announcements.	

**NEXT MEETING IS SCHEDULED FOR**  
**JUNE 21, 2016**  
**10:00-11:30 A.M.**  
**BHS – LA JOLLA ROOM**