



## Older Adult Council

Wednesday, January 23, 2019 | 10:00 am – 12:00 pm

County Operations Center

5560 Overland Avenue, Room 171, San Diego, CA 92123

AGENDA ITEM	SUMMARY	ACTION
<p><b>I. Welcome and Introductions</b> <b>(Caroline Atterton, Chair)</b> - 10:00 am</p>	<p>Caroline Atterton welcomed OAC members and asked those present to introduce themselves.</p>	
<p><b>II. Public Comment</b> 10:05 am</p>	<p>None</p>	
<p><b>III. Approval of October 24, 2018 Minutes</b> 10:10 am</p>	<p>The October 24<sup>th</sup> minutes were approved as submitted.</p>	
<p><b>IV. Chair's Report</b> <b>( Caroline Atterton )</b> 10:20 am</p>	<p><b>OAC Annual Retreat Recap</b> – The Chair shared a brief review of the OAC December 11<sup>th</sup> Annual Retreat that included the information discussed and OAC research and planning goals for 2019. The OAC has selected the issues of housing and social isolation as areas of focus. The OAC Executive team is looking at ways to restructure monthly meetings to allow time for workgroup discussions and planning activities.</p>	
<p><b>V. Older Adult System of Care (SOC) Update</b> <b>(Piedad Garcia)</b> 10:45 am</p>	<p><b>10 Year Roadmap</b> – Betsy Knight, BHS Program Coordinator, provided information on the 10 year Roadmap. The Roadmap was developed in July 2016 to proactively address the most serious health issues facing San Diego County over the next ten years and identifies 12 priorities and 2-3 implementation strategies for each priority.</p>	
<p><b>VI. CREST Presentation</b> <b>(Dr. Catherine Ayers)</b> 11:00 am</p>	<p><b>CREST Presentation</b> – Dr. Catherine Ayers presented an overview of the CREST program. Topics discussed included frequency of hoarding in Older Adults, late life hoarding consequences, and the CREST Community Program with examples of clutter reduction due to CREST program participation.</p>	



<p><b>VII. QI Update</b> 11:30 am</p>	<p>An update was provided on upcoming QI trainings available for BHS providers.</p>	
<p><b>VIII. MHSA Update (Martin Dare)</b> 11:35</p>	<p>Information was presented on the upcoming MHSA Human Centered Design Innovations planning forums scheduled for January 23<sup>rd</sup> at the Jacobs Center and February 5<sup>th</sup> and February 13<sup>th</sup> at the Chula Vista Library. OAC members were encouraged to log on to <a href="http://behealth.today">behealth.today</a> for more information.</p>	
<p><b>IX. Discussion, Action Plan (OAC Workgroups)</b> 11:45</p>	<p>A general discussion took place on the topic of Social Isolation and it was suggested by OAC members that current strategies being tried in the US and UK be researched and incorporated into OAC recommendations.</p>	
<p><b>X. Announcements</b> 11:55</p>	<p>Elisa Barnett shared information about the Geriatric Specialist trainings and suggested that in the future she would like to invite OAC input on ways to increase participation and expand training topics.</p>	