

BHS Older Adult Council
MEETING NOTES

Wednesday, July 20, 2016
1:00-3:00 p.m., BHS – La Jolla Room



Meeting Lead: Martin Celnar, Chair-Elect

ITEM	SUMMARY
1. Welcome-Martin Celnar, Chair-Elect	Martin welcomed all to this month’s meeting and asked members to introduce themselves.
2. Public Comment	None.
3. Review and approval of Minutes-Virginia West	Minutes for the May 2016 Meeting were not available today. The OAC did not meet in June due to the conflict with the Aging Summit.
4. Chair’s Report- Martin Celnar	Martin welcomed a new member of the OAC: Dr. Badelyn Helvink, Medical Director of the Palomar Health Gero-Psych and Behavioral Health IP units; as well as the OP Adult day program,. Dr. Helvink was recruited to work at Palomar 4 and a half years ago and is proud of the collaborative team she has built over that time. She described her recent coverage at the new Palomar Health Crisis Stabilization Unit. She was pleased with this new level of care in North County and found the unit to have a relaxed atmosphere with most of the patients during her shift stabilized successfully and discharged home.
5. Behavioral Health Director’s Report/Updates-Alfredo Aguirre	(Absent)
6. Older Adult SOC Update-Piedad Garcia	As Piedad was not available, Virginia West announced that the BHS AOA team is expanding as new contracts have been added and more are expected as a result of Project One for All adding more ACT teams around the County to serve homeless individuals with SMI. The Palomar and Tri-City Medical Center Crisis Stabilization Units contracts were effective July 01. Palomar began services the first week of July. TCMC expects to start services by mid-August.
7. MHSA Report -Gary Ulmer-Goodrich	Gary announced that the Board of Supervisors approved the MHSA Plan Update for FY 16-17. The MHSA team is now hard at work developing the MHSA 3-year plan to cover FYs 2017-18; 2018-19 and 2019-20. Community Engagement Forums (CEFs) are in final stages of securing venues for large attendance in all regions; will start late August and continue into early October. As the Adult Council and the Children’s SOC Council decided to go dark in September with CEFs scheduled on their respective meeting dates, he asked if the OAC wanted to do the same. After discussion, the OAC members decided NOT to go dark in September, particularly because it just went dark in

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	June for the Aging Summit conflict.
8. "Sharp Senior Intensive Outpatient Program" Caroline Atterton, LCSW, Sharp Mesa Vista Hospital	Caroline presented on the history of the program which recognized the special needs of seniors who are at different life stages and cognition. The Sharp Outpatient treatment program has grown from 2 treatment tracks to 5 which allows for treatment that is tailored and personalized. Clients are referred from the IP unit (20%) the community (70%) or other source. Transportation is available and is critical for many seniors who otherwise would not participate. EBT models such as CBT for Mood and anxiety disorders are used. Caroline walked us through an example of a client who was successfully treated after being on a downward spiral of inactivity. Her activities increased as her treatment progressed.
9. Housing Council Update-Ruth Covell	(Ruth was out of town so unable to attend the Housing Council meeting). Virginia shared with the group that 8 studio units in the "New Palace Hotel" at 1814 5 th Ave., SD, will be for seniors with Telecare AgeWise who are literally homeless (not "at risk") and are being remodeled. The units will be available for seniors age 59.5 and older in this all senior complex and are dedicated for MHSa clients for the next 55 years.
10. QI Update- Dasha Dahdouh	The FY 14-15 Annual Systemwide Reports are now available in the Technical Resource Library (TRL). The 2016 Cultural Competence Plan for SDCBHS has been updated and submitted to the State. It is also available in the TRL. The Mental Health Services Oversight and Accountability Commission (MHSOAC) regulations for Prevention and Early Intervention (PEI) programs went into effect July 1, 2016. All PEI programs are now required to adhere to the regulations – more specifically tracking additional demographic information and tracking referrals and linkage to services. FY 14-15 Full Service Partnership (FSP) program-level reports have been distributed to the CORs. This year's non-clinical Performance Improvement Project (PIP) is focusing on connection to services after discharge from a psychiatric hospital, and the QI Unit is working with the San Diego County Psychiatric Hospital (SDCPH) and three County-operated outpatient clinics on a pilot to connect discharged clients who aren't open to any services to an appointment upon discharge.
11. Announcements/Public Comments	Carol Neidenberg of LASSD announced that they had received a new grant to provide for a case manager to assist all LASSD programs. Burton Disner announced a Caregivers' Conference in La Mesa scheduled for Aug. 25.

Meeting Notes prepared by: Virginia West

**NEXT MEETING IS SCHEDULED FOR
Wednesday, September 21, 2016
BHS – LA JOLLA ROOM- 1:00-3:00pm**