

**BHS Older Adult Council**  
**MEETING NOTES**  
**Wednesday, October 19, 2016**  
**1:00-3:00 p.m., BHS – La Jolla Room**



Meeting Lead: Maureen Piwowarski, Chair

ITEM	SUMMARY
1. Welcome- Maureen Piwowarski, Chair	Maureen welcomed all to this month’s meeting and asked members to introduce themselves.
2. Public Comment	10/26/2017, AIS sponsoring lecture on End of Life Options Act. Diabetes Empowerment Classes being launched by Health Promotion Specialists.
3. Review and approval of Minutes- Virginia West	September 2016 minutes were approved
4. Chair’s Report- Maureen Piwowarski, Chair	Maureen introduced Marty Dare who described his move from AIS to Behavioral Health MHSA team. Maureen pointed out that the annual Meeting of the Minds earlier this month was well-received; speakers were very good.
5. Behavioral Health Director’s Report/Updates-Alfredo Aguirre	<p>Alfredo said he was glad to be back and feeling better. AIS received a grant (over \$1million spread over a few years) for Alzheimer’s related issues such as strengthening referral pathways; curriculum development; education about screening for dementia; and Caregiver support.</p> <p>He also announced a CSAC Statewide workgroup related to “No Place Like Home” initiative. Alfredo, Helen Robbins-Meyers, Susan Bower will represent San Diego on it; this will ensure our San Diego resources stay with San Diego.</p> <p>CSH will serve as the consultant to the HCD at State level. Rachel’s Center presentation at Joint Council meeting yesterday opened our eyes about the plight of homeless older women who they serve.</p> <p>Alfredo identified that if San Diego opts into 1115 Waiver Organized Delivery System will set forth a commitment for San Diego to offer every type of service within a continuum of care that we must have the financing to support over several years. This is causing a delay as we figure out costs. Our goal is to provide that range of services and we will keep you posted.</p> <p>No new legislation relevant to BHS or older adults to report.</p>
6. Older Adult SOC Update-Piedad Garcia	Piedad – POFA...1250 clients’ goal to be housed 18 and up. Implementation Plan approved April 1, 2016. Moving ahead with TX slots. 240 clients in TX slots in first 6 months. Programs need to apply for NOFA for SD Housing Commission subsidies.

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	<p>Jan. 01 2016-- East and South ACT programs contracts will be implemented. Availability of affordable housing units in all areas remains primary challenge. Welcome your ideas!</p> <p>Piedad announced her unit is restructuring and hiring more Program Coordinators and Administrative Analyst IIIs. Piedad reminded the group that contractors need to submit their requests for augmentation to the County by 10/31/16.</p> <p>Carol Neidenberg asked if there is a Roommate Matching Service. Alpha Project has Home Finders contract which incorporates roommate matching in contract; serving clients at North Central and Areta Crowell clinics only at this time. Piedad recommended having them present at future meeting.</p> <p>Piedad said a recent point in time count found 900 clients in OP clinics have identified as homeless. This is outside of the ACT programs.</p> <p>She mentioned that hospitals are in gridlock as there are not TX slots to discharge clients to. An ACT program for 18-59 will serve those coming out of IMD.</p> <p>Piedad asked about the December retreat agenda.</p>
7. MHSA Report –Adrienne Yancey	<p>Adrienne announced that Gary Ulmer-Goodrich has promoted, joining CYF as an AAIII. His position in PPU is being filled by Marty Dare, our new staff. She thanked all who had participated in the Community Forums. She mentioned that there are still some CEF's for specialized populations...Peer staff and Liaisons; focus groups at George Bailey and Las Colinas jails; and Justice partners (not really open to the public). Special forum in South East San Diego dedicated to Children's SOC. 551 participants thus far in all. 449 completed surveys. Over 90% found the forums useful and convenient as to time &amp; place; 81% thought the quality was good or very good.</p> <p>Question: Are numbers unduplicated? Answer: No. Some folks thought they were restricted to attending one forum but Adrienne responded that was not really our intended message. Sign-ups were requested for evening forums to get a count for the meals.</p>

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8. QI Update- Dasha Dahdouh	<p>FYI- Dasha circulated Executive Summary of QI's Performance Improvement Project (PIP) that was just completed. Non- Clinical-Impact of Peer and Family Support Specialists on Clients recovery, engagement and satisfaction with services. Summary shows there was a very positive impact on clients who interact with Peer and Family Support Specialists.</p> <p>DHCS issued a notice that Health Plans must provide equitable access to services for the LGBTQ population including older adults.</p>
9. "UCSD CREST Community Program"- Dr. Catherine Ayers	<p>Dr. Ayers described the program developed out of UCSD and is specific for Older Adults (60+) with Hoarding Disorder...“CREST” stands for <i>Cognitive Restructuring, Exposure and Sorting Therapy</i> and is comprised of Bio Psycho Social Assessment; Comprehensive Treatment Plan; typically 26 session treatment sessions in the home once a week; Care Management to address various other needs such as lack of primary care MD; Geriatric Psychiatrist; eviction risk. Peer Support (someone who has been through the TX protocol) group and in home help sorting also offered. We are working with Community Partnerships such as Serving Seniors. Two new things added in past 6 months...Geriatric Psychiatry fellows...so many folks are medically comprised go in and do a really comprehensive medication reconciliation and make recommendations to their Primary Care MD or psychiatrist; more comprehensive neuro psychological assessments as many people have memory deficits or deficiencies. We will provide aftercare services once clients have completed treatment which we learned from past clients from our study groups. Will continue to follow clients and provide booster sessions as needed. From start to finish, we are following clients for a year. We have undergrad students who are well-received by the older adults; and who have also targeted senior housing to recruit clients. Most of the program is mobile but some visits are in office. Dr. Ayers offered her staff to speak to other community providers about the program and even offer some training. 63 persons have been screened since March and meet criteria but we are restricted by region and who are covered by Medi-Cal; 18 in treatment completely. One surprise is 70% of those in treatment are at risk of eviction. We have very good relationships with landlords and code enforcement...they are happy to have us involved! Many Q&amp;A exchanged. Carol Neidenberg invited Dr. Ayers to meet with/train LASSD, Inc. Housing attorneys as so many of our attorneys ask what can be done about persons who Hoard. Dr. Ayers said it takes an average of 7 calls to get a client in the door. Referral # is 619-543-6904.</p>
10. Housing Council Update-Ruth Covell	<p>Ruth mentioned that she attended a Tiny Homes presentation. Big issue is where are you going to put it...codes of various cities are a barrier. Rhonda Gibbs of Community Research Foundation sent a notice about a group meeting to tackle this. Email <a href="mailto:rgibbs@comresearch.org">rgibbs@comresearch.org</a> if interested.</p>

ITEM	SUMMARY
11. Announcements/Public Comments	No announcements. Daphyne Watson, Past Chair, spoke of the success of the Meeting of the Minds presentation. 330 attendees. Resource tables were great. For anyone who wants to join the committee for next year's planning, we start back up in January.

**NEXT MEETING IS SCHEDULED FOR  
Wednesday, November 16, 2016  
BHS – LA JOLLA ROOM- 1:00-3:00pm**