

BHS Older Adult Council
MEETING NOTES

Wednesday, September 21, 2016
1:00-3:00 p.m., BHS – La Jolla Room



Meeting Lead: Maureen Piwowarski, Chair

ITEM	SUMMARY
1. Welcome- Maureen Piwowarski, Chair	Maureen welcomed all to this month’s meeting and asked members to introduce themselves. She thanked Martin Celnar for filling in for her at OAC meetings while she was absent.
2. Public Comment	An AIS staff announced the new County
3. Review and approval of Minutes- Virginia West	August 2016 minutes were approved with corrections as follows on p.2: Virginia asked Ruth Covell re #10 whether the Veteran’s Village site was planned or existing. She clarified that it was planned. George pointed out for #4 that Cal Medi-Connect always (not “sometimes”) provides taxi service for medical appointments up to 30 trips a year (15 RT’s).
4. Chair’s Report- Maureen Piwowarski, Chair	Maureen asked for feedback about any of the Community Engagement Forums that members may have attended. Members commented on the generally improved quality of the facilitation and how moving from table to table as a group seemed to enhance the cohesion and progress of the conversations. One person liked the paper covering the table and how some participants could be drawn into the conversation through their written comments or drawings. One person liked hearing from others at the table about gaps in BH services and what programs are working or not. Maureen asked if the subject of older adults came up. Dasha responded that at her table transportations, comprehensive care (one-stop shop to include primary care) and housing were seen as needs. Caryn mentioned the new Live Well Centers which have multiple services in North Inland and South including Veteran services; FRC; HCD rep. There was considerable discussion about knowing resources available to persons who are not SMI and whether that is a subject relevant to the Council. Daphyne said she had recently talked to the head of HCD and the reality is that there is not a lot out there; very scant resources for persons who . Nonetheless, Piedad and Caryn recommended that HCD be invited to talk about their plans.
5. Behavioral Health Director’s Report/Updates-Alfredo Aguirre	Piedad reported that Alfredo Aguirre has been on Sick Leave for a partial knee replacement for 6 weeks; but will return next week.

ITEM	SUMMARY
<p>6. Older Adult SOC Update-Piedad Garcia</p>	<p>Piedad has met with HCD and SDHC and has asked the contractors to apply for NOFAs. Senior Impact has 70 new slots. New East and South ACT programs will serve 200 clients each. So we have treatment slots + housing subsidies but guess what- no available housing. Clients in East County who have been seeking housing are facing a great deal of discrimination when they reveal their mental health status. HCD will be incentivizing landlords to set aside units.</p> <p>Housing authorities have determined that 38,000 affordable housing units are needed in San Diego ANNUALLY to keep up with demand. Piedad identified the need for more supportive care coordination for persons coming out of jail. Survivors of Torture will be bringing resettlement agencies to a special Community Engagement Forum to identify immigrant MH needs.</p> <p>Piedad announced her unit is restructuring and hiring more Program Coordinators and Administrative Analyst IIIs. Anna Palid has transferred to the Clinical Director's Office and promoted to Long Term Care Chief. She will continue to oversee County Institutional Case Management. There will be two new RFPs for stepdown from Acute Care and step down from IMD.</p> <p>Piedad reminded the group that contractors need to submit their requests for augmentation to the County by 10/31/16.</p> <p>Martin asked if the step downs were psychiatrically connected (not otherwise medical). Piedad said yes- these would be ACT level services to integrate clients.</p>
<p>7. MHSa Report -Gary Ulmer-Goodrich</p>	<p>The Regionally based Community Engagement Forums (CEFs) are nearly completed. 8th Forum tonight in National City. Some special population forums for jail inmates; law enforcement and peers may continue into early October. The Forum contractor will be summarizing input and reporting the data back to the County. Attendance has ranged from 25 to 90. As of yesterday, 350 attendees to date.</p>
<p>8. "Launching Common Courtesy in San Diego...a transportation idea for seniors" Marshall Stanek</p>	<p>(The scheduled speaker had to cancel on short notice for family and business reasons. He asked not to be rescheduled until further notice.)</p>
<p>9. Housing Council Update-Ruth Covell</p>	<p>Ruth shared an anecdote about suggesting to her trainer to never pass a homeless person without saying "hello" and "how are you" even if you are not going to give money. Her trainer reported back she did it and was well-received. It is a risk sometimes so use judgment. Ruth wants to launch "person to person" to help homeless persons feel less segregated and invisible.</p>
<p>10. OAC discussion on theme/speakers for December retreat</p>	<p>Virginia asked the group for retreat speaker ideas and shared that she and Daphyne had discussed topics and thought Substance Abuse</p>

ITEM	SUMMARY
	<p>might be a good theme. Jeanne McAllister was suggested as someone to talk about her programs' treatment experience with older adults. George suggested a speaker who is an expert at Scripps Mercy. Virginia mentioned that Narcotic Treatment Provider contracts will shift from the State to the County. Members endorsed inviting an NTP provider and perhaps a provider working with clients on chronic pain management. Martin of Telecare AgeWise observed that clients withdrawing from pain medication is an intensely complicated and difficult issue; more education is needed regarding mechanics of withdrawal; case managers feel overwhelmed; the client feels very isolated, desperate and alienated. It is very difficult to work through this issue with clients.</p>
<p>11. QI Update- Dasha Dahdouh</p>	<p>Both system wide reports –CCPAS & CBMCS are available for all. Program specific reports will be available via your COR. EQRO is scheduled for early January but no details just yet regarding the agenda and what kind of focus groups they will request. “Up to the Minute” just came out with lots of good information. Dasha added that a help text was added to a trauma question in the BHA. CC Plans now have to be 3 years proactive rather than reactive- this is new to us so will be developed.</p>
<p>12. Announcements/Public Comments</p>	<ul style="list-style-type: none"> • Daphyne reminded folks about Meetings of the Minds- 70 different booths at the resource fair; great keynote speaker – Bonnie Dumanis. Please get the word out. CEUs also available. This is our 19th year. • Virginia announced that Interfaith Community Services received a \$1 million Alliance Healthcare Foundation grant for a Detox/Recovery Center to develop in the North Inland region to serve homeless and other substance-abusing adults. • A representative from the UCSD CREST program distributed brochures. Dr. Ayers is requested for next month’s meeting. • Caroline distributed a flyer about a Senior Health and Resource Fair sponsored by the SDC Council on Aging. • NAMISD announced their Open House at their offices on Murphy Canyon for next Tuesday.

**NEXT MEETING IS SCHEDULED FOR
Wednesday, October 19, 2016
BHS – LA JOLLA ROOM- 1:00-3:00pm**