# County of San Diego Health and Human Services Agency Mental Health Services



# **Mental Health Services Act**

# Three-Year Program and Expenditures Plan

# Community Services and Supports Plan

Fiscal Years 2005-06, 2006-07, 2007-08

**December 13, 2005** 

**Final** 

# **EXHIBIT 1: Program and Expenditure Plan Face Sheet**

# MENTAL HEALTH SERVICES ACT (MHSA) THREE-YEAR PROGRAM and EXPENDITURE PLAN COMMUNITY SERVICES AND SUPPORTS Fiscal Years 2005-06, 2006-07, and 2007-08

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#### December 2005

Dear California Department of Mental Health:

The County of San Diego Health and Human Services Agency (HHSA), Mental Health Services (SDMHS), submits its Plan for the Community Services and Supports (CSS) component of the Mental Health Services Act (MHSA).

The CSS component represents \$25.4 million in community services and supports for our mental health system, including related administrative costs. These CSS services and supports are designed to enhance mental health services for children/youth with serious emotional disturbances, and their families, and for transition age youth, adults, and older adults with serious mental illness.

The CSS Plan, including the Executive Summary, was reviewed by stakeholders and the public during the month of October. The CSS Plan adheres to the intent of the MHSA, the DMH required guidelines and reflects the input and participation of over a thousand individuals. The complete planning process is described in Part I of the CSS Plan. Remarkably, attendance at formal venues, special population venues, focus groups and other meetings totaled 2,573 persons who were involved in the process. Over 2000 pages of written input were received from the community during the entire planning and review process.

The final Plan has corrections, minimal revisions to language, and some substantive program and services changes as described below.

- 1. The North County Walk-in Assessment Center was expanded with \$297,000 in funding to include capacity to serve adults and older adults.
- 2. Two children's programs, CY5.1 (Outpatient Services for Dependents and wards) and CY 8 (Mental Health Services to Children in Out-of-Home Placement) were both provided with enhanced funding in order to implement best practice programs. An additional \$200,000 was set aside for these two programs.

- 3. The TAY service array was adjusted in order to increase funding for the TAY residential dual diagnosis program. \$169,000 was shifted from TAY 1 intensive case management services to the dual diagnosis residential program, resulting in 14 fewer slots in TAY 1. The TAY 3 program will be one of three dual diagnosis enhanced programs.
- 4. Veterans are specifically identified as eligible for intensive case management services, and additional funding is provided in our training component, the System Educational Program, to conduct training on veteran's issues.

These substantive changes were reviewed by the Cross Threading Workgroup on November 15, 2005; the public was invited to attend and comment at this meeting.

Included with the enclosed CSS plan are requests for one time funding for 1) Local Planning extension and system improvement for \$549,786; 2) OT-1, Systemwide Education and Training and Technical Enhancements for \$536,262 and 3) OT-2 Systemwide Outreach for \$100,000. I am requesting expedited review and approval of these three requests for a total of \$1,186,048 in one time funding.

All other requests for one time funding are included as part of CSS programs in the FY 05-06 funding request. I anticipate that those one time funding requests will be reviewed and approved in conjunction with the associated work plans. San Diego County is proud of its community process and its Final CSS Plan. Please contact me for any questions at (619) 563-2700.

Sincerely,

Alfredo Aguirre, LCSW, Director Mental Health Services County of San Diego Health and Human Services Agency

Piedad Garcia, Ed.D., LCSW Director of System of Care, Adult/Older Adult Mental Health Services MHSA Project Manager

cc: Jean Shepard, Director, HHSA
Paula Landau Cox, HHSA Director of Operations
Rosa Ana Lozada Garcia, LCSW Assistant Deputy Director, Children's Mental
Health Services

# County of San Diego Health and Human Services Agency Mental Health Services

# Mental Health Services Act Three-Year Program and Expenditures Plan Community Services and Supports DRAFT Plan Fiscal Years 2005-06, 2006-07, 2007-08

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# County of San Diego Health and Human Services Agency, Mental Health Services Mental Health Services Act Community Services and Supports Plan

## **Executive Summary**

San Diego County Mental Health Services (SDMHS) has completed the Community Services and Supports (CSS) plan for how to use new MHSA funding.

This CSS Plan describes how SDMHS proposes to use approximately \$25.4 million each year for new community services and supports for children and youth with serious emotional disturbance (SED), and transition age youth, adults, and older adults with serious mental illness (SMI).

# **How Was The CSS Plan Developed?**

- Collected a broad range of input about community issues, needs, and services from clients, family members, service providers, and other stakeholders.
- SDMHS conducted 11 Community Forums, 25 meetings for special populations, and participated in 30 meetings with consumers at clubhouses, Board and Care and other facilities;
- Consumers and family members were hired to help develop the plan, and to collect over 900 surveys from consumers.
- Established MHSA Workgroups for Children and Youth, Adults, and Older Adults to review community input, prioritize and make service recommendations to the SDMHS Director.
- Established the Cross Threading Workgroup (CTW) composed of clients, family members, and advocates to review and finalize the workgroup recommendations, and made recommendations for the Critical Reserve Needs that support additional services and one-time funds.

# What is the Mental Health Services Act (MHSA)?

In November 2004, California voters approved a measure to expand mental health service funding for a comprehensive, community-based mental health system for Californians who need it most.

The MHSA has six separate components:

- 1. Community Program Planning
- 2. Community Services & Supports
- 3. Prevention/Early Intervention
- 4. Innovations
- 5. Capital Facilities & Technology
- 6. Education & Training

The MHSA calls for five essential elements of a transformed mental health system:

- Community Collaboration
- Cultural Competence
- Client/Family Driven
- Recovery and Wellness Focus
- Integrated Service Experience

In addition, the MHSA will hold counties accountable for specific outcomes, including:

- Decrease health disparities, hospitalization, incarceration
- Increase access to care
- Decrease out-of-home placements
- Decrease homelessness
- Increase meaningful use of time and capabilities

San Diego County's final CSS Plan is now posted at

<u>www.sandiego.networkofcare.org</u>/mh. Planning for other components will get underway next year.

San Diego County salutes the input and work of the many client, family members and community stakeholders who helped develop this plan. This three-year plan will be updated annually.

#### What Services Are Included In The CSS Plan?

After deliberation, the MHSA Workgroups recommended the following array of services to be funded under the MHSA for all the target populations. These new services are consistent with the community input received, the MHSA, and DMH guidelines. All proposed services are anchored in community collaboration, cultural competence, client/family-directed services, and in the principles of rehabilitation, recovery, resilience and children's system of care values. In accordance with AB599, veterans are eligible for all MHSA services.

# **San Diego County Plan Recommendations**

Children and Youth: \$6,957,673

- CY.1 \$2 million for school based outpatient services to include home or clinic based family therapy as needed for approximately 605 uninsured, non-Medi-Cal children and youth (CY);
- CY.2. \$500,000 for(CY.2.1) **family and youth peer support self-help**, including education, training/ outreach to diverse families and youth and (CY2.2) peer case management for families. Approximately 535 CY will be served;
- CY.3 \$400,000 for an **outpatient program** with enhanced services designed to specifically serve approximately 66 Latino and Asian Pacific Islander children/youth with SED and their families;
- CY.4. \$750,000 for (CY.4.1) outreach and screening, outpatient mental health services in primary care clinics to promote integrated service delivery and (CY.4.2) mobile emergency response team to prevent unnecessary hospitalization. Approximately 850 CY will be served;
- CY.5 \$1.23 million in services for un/underinsured CY, including wards and dependents, from the juvenile justice system. Services include (CY5.1) medication support, (CY 5.2) integrated & coordinated outpatient therapy and outreach to those in juvenile justice court and community schools, and (CY 5.3)short-term intensive case management for homeless and runaway CY. Approximately 269 CY will be served;
- CY.6 \$300,000 for family therapy programs for parents and **children aged 0-5**, in coordination with the First Five Commission. Approximately 55 CY to be served;
- CY.7 \$1.65 million to provide intensive case management and "wraparound services" for approximately 113 SED children and youth, featuring small caseloads and coordination for dependents and wards from the Juvenile Justice system.
- CY.8 \$150,000 to provide mental health services to children/youth in out-of-home care or at risk of entering out-of-home care to prevent residential

treatment/institutionalization (CWS). Approximately 150 CY will be served;

Transition Age Youth (TAY) (Ages 16-25): \$3,729,625

- TAY.1 \$1.5 million to provide intensive 24/7 case management/wraparound services for 156 TAY; this program will include 100 housing units provided by one-time funds in the first year or by capital facilities funds;
- TAY.2 \$350,000 for **clubhouse** services geared to this age group. Approximately 420 TAY will be served:
- TAY.3 \$769,000 for a **dual diagnosis residential program** with a 12-bed capacity. Approximately 36 TAY will be served;
- TAY.4 \$1.11 million for **enhanced outpatient** services that include rehabilitation and recovery services. Approximately 470 TAY will be served.

Adults: \$8,287,502

- A.1 Almost \$3.37 million in intensive case management/wraparound services for persons who have serious mental illness, who are homeless and/or are utilizers of acute inpatient care. This program will also provide an array of housing options. Approximately 200 housing units via one-time funds or capital facilities funds will be developed. This program will serve 324 clients;
- A.2 \$1.2 million for outpatient mental health and rehabilitation services, intensive case management and wraparound services for approximately 111 SMI, to divert clients from the justice system. Housing options will be provided and we will seek 100 units to be funded by one-time funds or capital facilities funds;
- A.3 \$420,000 for **client-operated peer support services**, peer education, advocacy, employment support services, and skill development classes to be provided in outpatient clinics and Board and Care facilities, serving approximately 1,400 clients;
- A.4 \$70,000 for family education in English, Spanish, Vietnamese and Arabic. Approximately 240 family members will be served;
- A.5 \$1.18 million to **enhance existing clubhouses** and expand employment services. Approximately 500 clients will be served:
- A.6 \$350,000 for **supported employment services**, i.e. job screening, job preparation and job placements. Approximately 60 clients will be served:
- A.7 \$700,000 to integrate mental health services at primary care health clinics, where unserved linguistically and ethnically diverse groups regularly go for services. Approximately 700 clients will be served;
- A.8 \$1 million to **enhance outpatient** rehabilitation and recovery services for 424 clients.

Older Adults (60 years of age and over): \$2,160,471

- OA.1 \$900,000 for 24/7 outpatient mental health rehabilitation and recovery services, intensive case management/wraparound services for 83 older adults with SMI receiving only emergency services and acute inpatient care. Housing options will also be included for approximately 83 units via one-time or capital facilities funds;
- OA.2 \$805,471 for **mobile outreach** to isolated older adults in their homes or to outreach to older adults who are homeless or at risk of homelessness. Approximately 700 clients will be served;
- OA.3 \$455,000 to integrate mental health services at community primary care health clinics using a collaborative approach to treatment in a familiar, comfortable location for services for linguistically and ethnically diverse older adults. Approximately 455 clients will be served.

ALL (all age groups): \$966,729

- ALL.1 \$194,600 to provide outpatient mental health services to 65 SED/SMI children, youth, adults, and older adults who are **deaf and hard of hearing**.
- ALL 2 \$194,600 to provide outpatient mental health services to 65 SED/SMI children, youth, adults, and older adults who are **victims of trauma or torture**.
- ALL.3 \$577,234 to provide walk-in assessment services in North County for children and youth with SED and SMI adults of all ages. The program will provide daytime emergency mental health evaluations and crisis intervention with appropriate linkages to services. 241 clients will be served.

# What Happens Next?

On December 13, 2005, the final CSS Plan will be submitted to the San Diego County Board of Supervisors for review and approval. Upon this approval, the final CSS Plan will be submitted to the State Department of Mental Health. The Network of Care for mental health web site will continue to have updated information. The State will take up to three months to review and approve the Plan. Planning for the other MHSA components, and related additional funding, will begin during this time.

# County of San Diego, Health and Human Services, Mental Health Services (SDMHS) Community Services and Supports Plan

#### Introduction

This Plan for Community Services and Supports (CSS) from the County of San Diego describes our local planning process and describes how consumers, family members and other stakeholders were actively involved, from the beginning, in developing a plan for how San Diego will use Mental Health Services Act (MHSA) funding.

MHSA offers an opportunity to build on the system redesign process initiated several years ago in San Diego County. MHSA resources can amplify the direction toward increased:

- Services and supports enhancements to reduce homelessness of individuals with serious and persistent mental illness;
- Client and youth/family involvement in all aspects of the public mental health system;
- Client and youth/family-operated services;
- Outreach and expansion of services to clients in order to eliminate health disparities of mental health services to adequately reflect mental health prevalence estimates;
- Community services that will allow clients and their families to avoid unnecessary institutionalization and out-of-home placements;
- Quality of care by utilizing values-driven evidence-based practices.

The County of San Diego led an extensive community planning process to identify supports and services for unserved and underserved. Over 70 formal meetings or forums were held, covering every region in our large and diverse county, to collect input from stakeholders. Consumers and family members were hired to, among other duties, collect 950 client surveys, adding to the important information we had about how consumers viewed mental health system needs.

The County of San Diego then convened age-specific MHSA Workgroups to consider this community input, along with local information about gaps between who needs services and who receives services. In addition, the workgroup members learned about MHSA requirements, including gap analysis for un/underserved individuals, evidence-based practices that could be applied to the priority populations.

These workgroups (Children's, Adult and Older Adult) met over a three-month period to review this information, including the community input, and deliberated about priorities for MHSA funding. The Adult and Children's Workgroups also addressed the needs and priorities for the Transition Age Youth; the Adult Workgroup also considered these issues for the Transition Age Adult population.

It was clear from the beginning that MHSA could not possibly fill all the gaps in our local system. However, workgroup members made sound and meaningful choices and forwarded their recommendations to the Cross Threading Workgroup (CTW).

These age-specific recommendations were then synthesized by the CTW, to ensure the plan was consistent with MHSA requirements and addressed all age groups. The CTW also allocated resources from a Critical Needs Reserve to fill any apparent gaps in the workgroup recommendations.

These deliberations have been summarized in this CSS Plan according to the California Department of Mental Health (DMH) guidelines. The public review of the CSS Plan occurred from October 3 through November 4, 2005.

This Plan is organized according to the August 1, 2005 Department of Mental Health Guidelines for the submission of the CSS component:

- Part I describes the planning process in detail;
- Part II describes San Diego County's community issues resulting from untreated mental illness, the priority populations in San Diego County for MHSA services, and the strategies selected through the planning process. In addition, an analysis of our local system's capacity to deliver services to the priority populations is presented, followed by detailed workplans for the programs to be developed or expanded.

# County of San Diego MHSA Vision Statement for System Transformation

San Diego Mental Health Services is fully committed to continuing the transformation of our mental health system that first began formally in 1996 to move towards a family/youth/consumer-driven system, and believes that the MHSA offers additional opportunities to continue its transformation. This statement summarizes key features of our vision for our ongoing system transformation.

San Diego Mental Health Services has embarked on the development of community-based treatment that offers children, youth and their families, adults and older adults culturally competent comprehensive integrated services that provide the best opportunities for wellness and recovery, improved quality of life, independence, meaningful social relationships, and self-determination.

The MHSA will improve, expand and transform community-based services and treatment options in nine distinct ways:

## 1) Transformation through Greater Client and Family Participation

We will continue to expand the participation of clients and families in all aspects of the system, from actively participating in treatment choices, involvement in program planning and development of partnerships, through client and family advisory committees in the MHSA proposed programs, funding more client-run programs and peer support services, implementing client participation and client employment requirements in service contracts, and expanding client employment opportunities in programs.

# 2) Transformation by Serving More Clients

We will reduce the impacts of untreated mental illness, including homelessness, and narrow the gap between the prevalence of mental illness for unserved ethnically diverse clients and those accessing mental health services by:

- Initiating new programs for unserved populations, including mental health services integrated with primary care in community health centers;
- Expanding capacity in current programs, with a challenge that programs offer more client- and family-driven, evidence-based treatment;
- Offering a broader array of service choices to better meet the needs of a greater number of clients and families, who might not otherwise seek treatment;
- Reinvesting MSHA revenues to expand community-based services to the indigent and to the non-Medi-Cal eligible low-income population.

# 3) Transformation by Improving Outcomes

One primary goal of our mental health system is to support the wellness and rehabilitation of all individuals with serious emotional disturbances and serious mental illness. The primary measure of meeting that goal will be improved outcomes for clients.

We will transform the system by establishing improved standards for client outcomes across the system, measuring outcomes with reliable tools, changing programming based on outcomes, and implementing tested best practices and evidence-based programs. We will adapt best practices to ethnically diverse populations and build evaluation and research capacity for these populations, continuing to share these outcomes with clients, families and stakeholders.

#### 4) Transformation through Decreasing Stigmatization

The passage of Proposition 63, education about MHSA and the extensive MHSA CSS public planning process has begun de-stigmatizing mental illness in powerful ways. We will continue to engage the community in this process by ensuring their voice and participation in the remaining MHSA components and in

the continuous evaluation of our total program. A MHSA Implementation Committee will be established to oversee the implementation of approximately 30 MHSA programs.

The expansion of an array of community-based treatment in normalized settings will engage individuals in welcoming environments and provide clients the opportunity to participate in ordinary life activities, including employment and community activities. These common interactions serve to de-stigmatize mental illness for the general public. Funding educational and advocacy activities brings de-stigmatizing values into planning and system development, and further transform perceptions about the mentally ill.

### 5) Transformation by Minimizing Barriers

Barriers to accessing treatment for mental illness include linguistic, cultural, physical, economic barriers. Reducing these barriers transforms the system by opening it to the unserved through targeted improvements that:

- Integrate screening across the primary healthcare and substance abuse treatment systems, schools, social service agencies and community settings;
- Increase access points to enter the system;
- Incorporate culturally competent practices across all system entry points;
- Increase services available to indigent and low-income clients and families through improved access to care:
- Educate the public on mental health and mental illness to reduce stigmatization of mental illness.

### 6) Transformation by Planning and Use of Data

The MHSA planning process requirements for data to support planning are in themselves transforming. The use and evaluation of data allows for population-based planning for system development. The needed improvements to Management Information Systems to support this planning will also support clinical, programmatic, system, administrative and business practices. The continuous cycles of evaluation and planning following MHSA program implementation will further ensure transformation progress.

# 7) Transformation through Increasing Prevention Programming

As community and other treatment modes consume fewer resources through reliance on lower levels of care, we have an opportunity to transform the system from an illness- focused system to a wellness-focused system, allowing for increased prevention programs that further minimize the onset and development of serious mental illness.

# 8) Transformation through Including Primary Care in the Continuum of Care

By improving on the current level of coordination of mental health care with primary health care, and by providing mental health and primary care integrated services in the treatment continuum, we narrow the health disparity gap of ethnically diverse groups.

# 9) Transformation through Use of Proven, Innovative, Values-Driven and Evidence-Based Programs

As more data is developed showing which treatment practices produce outcomes, we can transform our system by replacing ineffective programming with proven, evidence-based, values-driven programs, and by piloting new and innovative programs that show promise.

We have had excellent results with the AB2034 integrated services program for persons who are mentally ill and homeless, Wraparound services to children, youth and families, family/peer services, and Assertive Community Treatment (ACT) model programs. Our clubhouse system is increasingly providing normalizing and supported education and employment opportunities for members. Dual Diagnosis capability is being integrated throughout the child and adult systems. Expansion through MHSA will continue to build on this foundation.

PART I: COUNTY/COMMUNITY PUBLIC PLANNING PROCESS AND PLAN REVIEW PROCESS

Section I: Planning Process

1. Briefly describe how your local public planning process included meaningful involvement of consumers and families as full partners from the inception of planning through implementation and evaluation of identified activities.

The County of San Diego benefited from meaningful involvement of consumers and youth/families as full partners from the beginning and throughout the comprehensive planning process for the Mental Health Services Act (MHSA). San Diego County's local planning occurred in two phases:

**Phase 1** of the Community Program Planning (CPP) process began in November 2004 with clients, youth/families, advocates and other stakeholders participating in the development of the CPP funding request that was ultimately approved by the California Department of Mental Health (DMH) without revisions. Attachment 1 is the CPP participant list. Client, youth, family and advocate participants are designated with an asterisk.

 The CPP Plan itself was developed with feedback from six community forums that included clients, youth and family members. These "Plan for the Plan" forums were held by San Diego County Mental Health Services (SDMHS) staff and co-facilitated by a consumer or family member to receive input and feedback as to the content of the CPP. The Chairperson of the Mental Health Board also participated on the forum panels.

**Phase 2** began in February 2005 with the implementation of CPP planning activities for the Community Services and Support (CSS) component. Several key aspects demonstrate the high level of involvement of consumers and families:

MHSA Client/Family/Youth Team (CFYT)

The CFYT was established and has met weekly to provide input and recommendations to the MHSA Project Team on the planning and implementation process of both the CPP and CSS components. The CFYT provided recommendations for the:

- a) Overall planning process;
- b) Development of the PowerPoint educational presentation for clients and families;
- c) Design and dissemination of a client survey of adults and older adults; and

d) Provided administrative support to the MHSA project team.

### Client Surveys

Over 950 adult and older adult client surveys were collected throughout the six Health and Human Services Agency (HHSA) regions of San Diego County. The survey process was conducted by Community Living Aides (CLAs) in San Diego County's threshold languages, English, Spanish, and Vietnamese.

Surveys were distributed and collected in clubhouses, mental health clinics, senior community centers, nutrition sites, adult day healthcare centers, Board and Care facilities (B & C) and Institutes for Mental Disease (IMD). Attachment 2 is a copy of the client survey.

A client-operated non-profit organization was hired to design, collect, process and input the client surveys from all six HHSA regions into a database and to provide the data and a summary report of the results to SDMHS Administration. These results were part of the community input considered by MHSA Workgroups during their prioritization process. Attachment 3 is a copy of the client survey summary report.

In addition, over 700 family members responded to a Family, Youth and Community survey sponsored by the Commission on Children, Youth and Families in partnership with County agencies and community organizations. This survey information was considered in the development of the CSS Plan.

#### Community Living Aides

Clients and family members were recruited and hired as part-time Community Living Aides (CLAs), working for SDMHS, to assist in MHSA planning. The CLAs held positions as surveyors and facilitators, and also provided logistics support. Approximately 60 candidates were interviewed, with an initial hire of 17 consumers and family members. The CLAs assisted the MHSA Project Team throughout the CPP and the CSS planning process, and are now involved in client advocacy activities related to the MHSA. The CLAs also played a major role in conducting client and family focus groups to review and provide input to the Draft CSS Plan review process. The CLAs are ethnically and linguistically diverse and also represent diversity in gender and age.

Client, Family and Advocate Participation in the MHSA Workgroups

Clients, family members and advocates were included as workgroup members in the MHSA population-specific planning committees, known as the Children's Workgroup, Adult Workgroup, and the Older Adult Workgroup. Attachment 4 is a list of the workgroup membership. Each workgroup also offered a public comment period open to clients and other community members at the beginning and end of every meeting.

The MHSA Cross Threading Workgroup (CTW)

Composed only of client, family and advocate workgroup members, the CTW was charged to expand their focus beyond the age-specific workgroups to the overall mental health system and to cross thread the workgroup recommendations. The CTW completed the following functions:

- a. Reviewed and finalized the three workgroups' program and service recommendations. Consideration was given to input provided by two Provider Forums held on August 29 and September 6, 2005;
- Threaded together the various age-related recommendations and ensured their adherence to the MHSA and the DMH final CSS guidelines;
- c. Identified additional service priorities for a Critical Needs Reserve fund and one-time funds.

In the County of San Diego, the Cross Threading Workgroup approved and forwarded recommendations to the Mental Health Services Director, Alfredo Aguirre. Attachment 5 lists the MHSA Cross Threading Workgroup membership.

Client and Family Venues

Over 30 client and family venues were conducted in all the HHSA regions and at various locations in order to increase accessibility to clients and families. Locations included Board and Care facilities, clubhouses, senior community centers, community health centers, schools, senior centers and other community locations. These client and family venues were facilitated, recorded and/or transcribed by the CLAs and conducted in partnership with representatives from Mental Health Administration. These venues were conducted in English, Spanish, Vietnamese, Arabic and American Sign Language. Attachment 6 is a listing of the client and family venues that were conducted in San Diego County.

2. In addition to consumers and family members, briefly describe how comprehensive and representative your public planning process was.

#### **Comprehensive Planning with High Levels of Community Input**

The County of San Diego designed and implemented a planning process to ensure full participation and involvement from existing and potential stakeholders. The County of San Diego built upon an already evolving system of care direction that focuses heavily on participation from:

- Clients and family members, including youth;
- Other public sector service stakeholders including child welfare, probation, homeless and housing providers, education and alcohol and drug services:

- Private sector service providers representing each of the age groups; and
- Community leaders.

In addition, special effort was made to reach residents, providers of allied services and a range of special population groups including ethnically diverse groups, gay/lesbian/ transgender, the deaf and hard of hearing, persons who are homeless, victims of trauma, public safety constituents and others. A total of 78 venues or meetings were held, and were facilitated by SDMHS executive staff, CLAs or consumers. The Mental Health Board (MHB) co-sponsored several of the community input forums. Broad participation in planning was achieved through:

### **Community and Stakeholder/Partners Forums**

In partnership with HHSA Regional Managers and regional collaboratives, SDMHS organized and conducted 11 Community and Stakeholder/Partners Forums in all the HHSA regions which were attended by 910 persons. The forums were open to the community-at-large, mental health providers, non-profit organizations, clients and youth/family members and other interested parties. These venues were designed to educate the community about the MHSA, to promote participation and to receive input on the mental health needs in the community. The venues were located throughout the county, at diverse times of day and in various locations including schools, community and senior centers. Child care, transportation and translation services were provided.

#### Media Outreach

Newspaper interviews and radio appearances were held to promote the venues and information about MHSA. Articles and announcements regarding the community forums were included in the San Diego Union-Tribune, the North County Times, "Enlace" (the Spanish edition of the San Diego Union-Tribune) and in a local Spanish language newspaper. Live radio programs included a KPBS talk show format and a Spanish-speaking radio show. In total, during the spring 2005 planning period, there were two Spanish-language radio interviews, six print stories, one public radio talk show and one television appearance on Spanish-language television.

#### **Broad Distribution of Forum Flyers**

Flyers were distributed at clubhouses and other client-friendly locations such as local convenience stores, schools, public libraries, supermarkets and faith-based institutions. Notices were posted on our Mental Health Network of Care Website and announced via a robust e-mail listing that includes over 1,000 individuals and community stakeholders. Attachment 7 provides a sample of the e-mail listings and copies of the forum announcements.

#### **Broad Target Audiences**

Target audiences, aside from clients and youth/family members, included a full range of interests, including non-profit organizations, mental health organizational providers, HHSA and other County departments, community collaboratives, community agencies, educational institutions, Special Education Local Plan Areas, community health clinics, Aging Network, housing/homeless providers, safety sector agencies, civic institutions and faith-based organizations.

#### **Open Lines of Communication**

Dedicated MHSA e-mail (<a href="mailto:mhsprop63.hhsa@sdcounty.ca.gov">mhsprop63.hhsa@sdcounty.ca.gov</a>) and voice mail accounts (619.584.5063 or toll-free @ 888.977.6763) were established to receive input and recommendations from the community in English, Spanish, Vietnamese and Arabic. In addition, the MHSA Project Team developed the electronic "Mega List" that included a wide range of interested persons to receive e-mail communication. Changes were made to this e-mail list on an on-going basis to ensure that all interested persons were kept informed of both the planning process and the schedule of planning activities. Monthly MHSA updates summarized key items and were posted on the NOC web site.

#### **Printed Communication**

The MHSA logo and brand were used consistently on a set of materials in three formats, all designed to enlist public engagement and input: a MHSA Bookmark, a MHSA Brochure and the Mental Health Network of Care Website Brochure. These, along with imprinted pens, were included in the informational kit provided to all participants at the forums. The kit also included copies of a DMH-consistent educational PowerPoint, the DMH-condensed MHSA description, a Community Forum Input form, and three demographic fact sheets that detailed the Children's, Adult and Older Adult demographics of San Diego's Mental Health System for fiscal year 2003- 2004.

### **Special Population Forums**

Over 25 Special Population venues were held and facilitated by the MHS Director, the MHSA Project Team lead, the Children's Assistant Deputy Director and/or designated SDMHS administrative staff. 1,366 people attended these sessions. A complete list of the Special Population venues can be found in Attachment 6 with the Client and Family Venues. These venues included:

<u>Hard-to-Reach Populations</u> or potential clients who may have difficulty in participating in the general forums, such as:

 Ethnic groups, including Latino, Asian Pacific Islander, African American, Chaldean, and Native American community members;

- Older adults and their caregivers;
- Youth:
- Homeless:
- Gay and lesbian community;
- Deaf and hard of hearing community; and
- Survivors of torture.

<u>System and Allied Service Representatives</u>, such as Child Welfare, Education, Probation and Judges, School Nurses, Public Safety, Domestic Violence, Primary Care and Community Health Center staff.

#### **Written Input**

Providers of services and community members were informed at the different venues of the opportunity to submit input and service recommendations in a one to two-page written format. Over 1,300 pages of community input, including transcripts of forum and venue meetings, were sorted and categorized according to the DMH CSS intervention guidelines. SDMHS also received approximately 70 brief statements of need from interested parties covering all the focal populations. Attachment 8 lists all of the Statement of Need papers received to date.

3. Identify the person or persons in your county who had overall responsibility for the planning process. Please provide a brief summary of staff functions performed and the amount of time devoted to the planning process to date.

#### Staff Responsibilities for MHSA Planning

Dr. Piedad Garcia, Ed.D., LCSW, Assistant Deputy Director, for SDMHS is the MHSA Project Team lead and had overall responsibility for the MHSA planning process; her role is described below in detail along with other key staff.

Under this overall management umbrella, dedicated leads were assigned to specific age population planning. Dr. Garcia oversaw the MHSA Adult, Transition Age Youth and Older Adult planning development and implementation. Rosa Ana Lozada-Garcia, LCSW, Assistant Deputy Director, was the lead for the Children, Youth and Family planning effort.

A summary of staff functions and dedicated times follows:

- Alfredo Aguirre, LCSW, San Diego County Mental Health Director, participated in MHSA planning in community input, liaison with DMH and local policymakers and in a variety of other ways, including participation in:
  - Community forums and selected special population venues;

- Children's, Adult and Older Adult Workgroups and the Cross Threading Workgroup;
- Weekly meetings of both the MHSA Project Team and MHSA Budget and Feasibility Committee;
- Related MHSA California Mental Health Directors' Association (CMHDA) meetings and telephone conferences;
- Briefings with local leaders, including San Diego County Board of Supervisors, HHSA Director and Executive Team, Mental Health Board (MHB), HHSA Health Services Advisory Board and Alcohol and Drug Services Advisory Board.

Approximately 10 percent of the Director's time was devoted to these activities.

- Dr. Piedad Garcia, Ed.D., LCSW, Assistant Deputy Director for SDMHS, Adult and Older Adult Systems of Care Director, is the MHSA Project Manager, and was the overall lead for the design, development and implementation of the CPP plan and the CSS plan. Her responsibilities included:
  - Overall leadership and management of the MHSA process;
  - Chaired the MHSA Project Team;
  - Co-chaired the Client/Youth and Family Team weekly meetings. Other activities included participation in the MHSA Budget and Feasibility Committee, Gap analysis and identification of Evidence-Based Practices and Best Practices for services;
  - Chaired the MHSA Adult Workgroup;
  - o Co-chaired the Cross Threading Workgroup;
  - Participated in the Older Adult Workgroup;
  - Completed administrative tasks such as the contract with a consumer group to collect the client survey and coordinated with HHSA Personnel and Human Resources to hire MHSA project staff, including the 17 Community Living Aides (CLA);
  - Supervised and directed the MHSA Project Team staff;
  - Finalized and distributed relevant MHSA information to clients, family members, stakeholders, Mental Health Board and Board of Supervisors;
  - Presented the educational component at the community forums and at selected special population venues, and participated in receiving input at these venues. She also conducted client and family venues and made media appearances in both English and Spanish; and
  - Met with interested stakeholders, monthly briefings with Board of Supervisor Aides, HHSA, Director and Executive Team briefings and participation in DMH-sponsored MHSA stakeholder conferences and meetings.

Approximately 40 percent of Dr. Garcia's time was spent in the design, development and implementation of the planning process.

- Rosa Ana Lozada-Garcia, LCSW, Assistant Deputy Director for Children's Mental Health Services, was the lead and co-chair for the Children's Workgroup, and co-chair for the Cross Threading Group. Her multiple roles in the MHSA planning process included:
  - Conducted and participated in community forums, stakeholder/partners forums, special population venues for children and youth and conducted English and Spanish-speaking family venues;
  - Met with interested children and youth stakeholders to include education, child welfare, juvenile probation, judges and domestic violence stakeholders;
  - Directed and designed the Informational Kit content, brochure content, graphics and the communication strategies for the MHSA; and
  - o Partnered with other child-serving public systems to complete the family surveys with child-serving public systems.
  - Participated in the MHSA Project Team and the MHSA Budget and Feasibility Committee;
  - Facilitated the MHSA Children's Workgroup and prepared final draft of the Children's Workgroup recommendations.

Approximately 20 percent of Ms. Lozada-Garcia's time was spent in the planning process.

- Viviana Criado, MPA, is the Older Adult Coordinator for SDMHS and served as co-chair, with a client and family member, for the Older Adult Workgroup. She assisted in MHSA planning by:
  - Participated in community forums;
  - Presented educational component in English and Spanish at special population venues and at client and family venues for older adults;
  - Partnered with UCSD Research Center to conduct a System-wide Qualitative Older Adult Needs Assessment;
  - Met with interested Aging Network stakeholders, including Aging and Independence Services Council, Older Adult Mental Health and Substance Abuse Coalition and the Caregivers Collaborative;
  - Participated in the MHSA Project Team and the MHSA Budget and Feasibility Committee and in DMH MHSA stakeholder meetings and conferences pertaining to older adults;
  - Facilitated the MHSA Older Adult Workgroup and prepared final draft of the Older Adult Workgroup recommendations.

Approximately 20 percent of Ms. Criado's time was spent in the planning process.

In addition, 5.28 FTE temporary hires of MHSA dedicated staff included a Project Coordinator, Project Assistant, Analysts and Community Living Aides. The team also included expert professional hires for data collection, tracking and analysis, as well as gap analysis design.

4. Briefly describe the training provided to ensure full participation of stakeholders and staff in the local planning process.

#### Training for Stakeholders and Staff

In the County of San Diego, training was designed and conducted in a systematic fashion. First, training materials were developed for several levels of target audiences, including clients and family members, the community at large, and stakeholders and partners. The client and family educational information was designed by clients and family members. Complexity of material and target audiences' needs, such as language and length of training period, were considered. Educational presentations and informational materials were translated into San Diego's three threshold languages, beyond English, Spanish, Vietnamese, and Arabic.

Second, a workplan was developed to address a broad and extensive number of constituent groups. The goal of training was to ensure that participants understood the intent of the Mental Health Services Act and related planning mandates at the local level.

Audiences ranged from community members at large, clients and family members, HHSA staff, social work students from a nearby university, to regional collaboratives/family resource networks, mental health providers, non-profits and others, such as the Juvenile Justice Coordinating Council. Training was conducted by SDMHS staff and CLAs; site hosts often co-facilitated the sessions.

Special attention was paid to educating MHSA Workgroup members and alternates for each population group. Binders were assembled with informational materials on the MHSA, the DMH CSS guidelines, San Diego's gap analysis, evidence-based practices for all age groups that are consistent with the Presidents New Freedom Commission on Mental Health Final Report recommendations and other evidence-based practices, CSS budget distribution of funds for all four target groups and other relevant reference materials. The workgroup orientation occurred over the course of four meetings.

New MHSA Workgroup members who joined later in the planning process were thoroughly oriented prior to their participation in the workgroup. A half-day special training session was conducted to cover all topics related to the MHSA, local gap analysis, and to orient them to material covered in previous workgroup meetings. These membership modifications were made to assure that no conflict of interest would exist for potential contractors.

#### Part I, Section II: Plan Review

1) Describe process to insure draft plan was circulated to stakeholders and interested parties.

San Diego County designed and used a thorough review process to ensure that all stakeholders and interested parties had a 30 day public comment opportunity to review and comment on the plan between October 3 and November 4, 2005. The plan was available both as an Executive Summary and as a draft CSS Plan. The plan was disseminated in a variety of ways:

#### **Electronic Submission**

The Executive Summary, the draft CSS Plan and a CSS Plan Comment Form were sent directly to a wide-range of stakeholders, including the Mega List, all MHSA Workgroup members, Board of Supervisors, Mental Health Board, HHSA executives, Health Services Advisory Board, Alcohol and Drug Advisory Board, regional collaboratives, mental health contractors, and relevant coalitions. In addition, the plan was posted on the HHSA and the Mental Health Network of Care website. Attachment 9 is a complete list of stakeholder groups that received the draft CSS Plan.

## **Site Delivery**

Hard copies of the draft CSS Plan, along with a Comment Form, were sent to:

- All outpatient mental health clinics;
- Community sites, including regional libraries, non-profit organizations, the HHSA Family Resource Centers, Hospital Council, Special Education Local Planning Areas and others. A complete list is available in Attachment 10; and
- Ten clubhouses received hard copies of the Executive Summary.
  - Community Living Aides held a group session at the clubhouses, Board and Care homes, and an Institute for Mental Disease facility to describe the CSS plan recommendations and to solicit verbal and written comments from clients and family members. Six of these sessions were held in Vietnamese or Spanish.

# **CSS Plan Draft Presentations at Existing Provider Meetings**

The draft CSS Plan and the Comment Form was provided to existing task forces, committees and organizational meetings to give them the opportunity to submit organizational comments on the draft CSS Plan. A complete list is available in Attachment 11.

#### **Media Announcements**

Information about the draft CSS Plan and availability for review was disseminated through media outlets in two ways: 1) News releases were sent and published by area media outlets and 2) paid advertisements were placed in ethnic media outlets which serve Spanish, Vietnamese and Filipino populations. A complete list is available in Attachment 12.

2) Provide documentation of the public hearing.

# Public Hearings on the CSS Draft Plan

San Diego County is geographically and by population a large county. To ensure broad participation from diverse communities and increase the opportunity for public comment, SDMHS held two Mental Health Board (MHB) public hearings in the northern and central regions of the County. Both hearings, held on November 3<sup>rd</sup> and 4<sup>th</sup>, were identically structured. (See Attachment 13) Child care, translation and transportation services were offered at both hearings.

At the two Public Hearings, 84 speakers and 20 written comment forms were received. A combined total of 177 persons attended the two hearings.

#### Public Hearing Input

Two dominant themes were noted, based on the frequency of comments received at the public hearing: 1) the need to include veterans' mental health services in MHSA funding and 2) the need for increased services located in the North County region of San Diego County.

Additional comments were received on issues related to access, staff qualifications, clubhouses, funding for children's services, cultural competence, homeless and housing, emergency response services, primary care, stigma, transitional age adults and inpatient treatment. In addition, various representatives from labor representing mental health workers in the County of San Diego-operated programs recommended including County-staff partnerships in the implementation of MHSA programs.

#### Written Comments

A public comment form was distributed with the Draft CSS Plan release, and was also distributed at the two Public Hearings. Responders were asked to rate their level of support for the Draft CSS Plan on a five-point scale. The total of responses on this scale is listed below:

41 % Completely Support 18 % Mostly Support 27 % Support

# CSS Plan Changes As a Result of Public Comments on the Draft CSS Plan

#### Service Enhancements

Several existing programs, all described in detail in Exhibit IV, were enhanced with funding. These changes were made possible with funding obtained from the redirection of County administrative overhead. These changes are summarized below:

- 1. The North County Walk-in Assessment Center, originally proposed for children, was expanded with \$297,000 in funding to include capacity to serve adults and older adults.
- 2. Two children's programs, CY5.1 (Medication Support for Dependents and wards) and CY.8 (Mental Health Services to Children and Youths in Placement) were provided with a total of \$200,000 in enhanced funding in order to expand program capacity.
- 3. The TAY 1 program budget was adjusted in order to increase funding for TAY 3, the Residential Dual Diagnosis program. \$169,000 was shifted from TAY 1 (Intensive Case Management Services) to TAY 3.
- 4. In accordance with AB599, Veterans are eligible for all MHSA services. Additional funding will be provided with our training component, the Systemwide Educational Program, to conduct training on veterans' issues.

# Procurement Strategies

First, an age-specific program was combined, with contractual expectations for age-specific service targets, into an "ALL" exhibit in this plan. As mentioned above, the Children's Walk-in Assessment Center, previously CY.9, was expanded for all ages and is now identified as ALL 3. The original CY allocation remains dedicated to the CY population. Additional funding will serve adults and older adults using the center.

Second, the draft language on expanding clubhouse capacity no longer is restricted to the ten clubhouses that have current SDMHS funding. Two existing clubhouses without current county funding will receive CSS funds.

# Language Changes

Many nuances of language have been included in order to be responsive to public input. For example, in the TAY, Adult and Older Adult intensive case management programs, it is noted that persons who are currently homeless will be given priority over those at risk of homelessness. Another example is

changing the name of the ALL 2 workplan to include survivors of trauma and torture.

# Review of All Changes

SDMHS re-convened the Cross Threading Workgroup on November 15<sup>th</sup> in a meeting open to the public to review and discuss these revisions.

### PART II: PROGRAM AND EXPENDITURE PLAN REQUIREMENTS

# Section I: Identifying Community Issues Related to Mental Illness and Resulting from Lack of Community Services and Supports

1) Please list the major community issues identified through your community planning process, by age group. Please indicate which community issues have been selected to be the focus of MHSA services over the next three years placing an asterisk (\*) next to these issues.

San Diego County identified community issues and needs that informed the foundation of the draft CSS Plan through our community planning process. Workgroup members used this information to formulate the program and service recommendations set forth in this document.

San Diego County Community Issues Identified in the Public Planning Process						
Children/Youth	Transition Age Youth	Adults	Older Adults			
Involvement in child welfare and juvenile justice systems *	1. Homelessness *	1. Homelessness *	Frequent hospitalizations *			
2. School failure *	2. Frequent Hospitalizations *	Institutionalization     and Incarceration *	2. Homelessness *			
3. Inability to be in a mainstream school environment *	Institutionalization and Incarceration *	3. Frequent emergency medical care	3. Isolation *			
4. Out-of-home placement *	4. Inability to manage independence*	4. Inability to manage independence *	4. Frequent emergency medical care *			
5. Peer and family problems *	5. Inability to work*	5. Inability to work *	5. Inability to manage independence *			
6. Access to Care*	6. Access to Care *	6. Access to Care *	6. Access to Care*			

Describe what factors led to the selection of the issues to be the focus of MHSA services over the next three years.

Multiple factors led to the selection of the community issues as described below. First, community input was aligned with the MHSA by categorizing it according to the recommended priority populations and community and supports strategies described in the DMH guidelines. Second, we used our extensive gap analysis to identify unserved and underserved individuals in our system. Third, the community input was ranked in terms of frequency and the Top Ten recommendations were presented to the MHSA Workgroups for discussion, deliberation and recommendations.

The MHSA Workgroups were also asked to add any other community issues identified in the full list beyond the Top Ten that they believed should be included for deliberation. Lastly, the MHSA Workgroups independently ranked the community issues and forwarded them to the Cross Threading Workgroup for review and final recommendations. These issues are described below.

Note that access to care was identified as a core issue across all ages that contributes to health disparities among ethnic groups and to the range of negative consequences associated with untreated mental illness. This issue is explicitly addressed later in this section on page 29.

#### Children/Youth

### 1. Involvement in the child welfare and juvenile justice system

Serving dependents and wards was a consistent issue identified by the community. All services potentially include children/youth with seriously emotionally disturbances (SED) and their families who are also involved in the child welfare and juvenile justice systems. Active participation of the presiding Juvenile Judge and other representatives of the juvenile justice system helped further identify the mental health needs and gaps of this population, and these concepts were supported by the MHSA Children's Workgroup.

As a result, recommendations were made for services addressing the needs of this specific target population. These include: Short-term mental health intervention for dependents and wards released from Juvenile Court; Mental Health Services for Children and Youth at Juvenile Justice Court and Community Schools; and mental health services to dependent children in out-of-home care at risk for residential and institutional based treatment.

#### 2/3. School failure/ Inability to be in a mainstream school environment

Through the community input process and in the Children's MHSA Workgroup, school-based mental health services were identified as a priority to avoid school failure and help students stay and succeed in a mainstream school environment. Providing school-based services was considered a key strategy to increase access to care, increase collaborative relationships with education, and help improve school success.

Services provided through the MHSA will increase access for children's mental health services and reduce behaviors that may interfere with their life domains, including education. All services support children's success in the mainstream school environments. Currently, access to school-based services is only available to eligible children/youth with Medi-Cal.

The value of expanding school-based services under the MHSA to include indigent (unfunded) children/youth was consistently supported by community input. It was also stressed that services must involve families in the services, including home-based interventions if necessary. Additionally, services to this specific population provide the opportunity to improve access to care for two underserved ethnic groups, Latinos and Asian Pacific Islanders, within a normative environment.

#### 4. Out-of-Home Placement

The MHSA requires Wraparound services. Wraparound services were consistently identified as a priority by the MHSA Children's Workgroup and in particular for the uninsured and underserved. Wraparound services provide an approach that has been demonstrated to be effective in reducing out-of-home placement, returning children/ youth from higher levels of foster/residential care, and helping them stabilize in their living environments.

# 5. Peer and Family Problems

Authentic family/youth involvement at multiple levels of care has been a core value that has been promoted in the current system. Stakeholders recognized the need to fully involve children and their families in mental health services in order to incorporate recovery into family functioning. Services identified through the community forums and the Children's MHSA Workgroup supported this value of family involvement in the development of treatment plans.

Additionally, the MHSA Workgroup identified two additional services to further support families: 1) information and education related to their child's mental health condition; and 2) support services to families and youth to help ensure linkages to services and resources to help achieve treatment goals. Two programs will address these issues: a Family/Youth Information and Education Program, and Family/Youth Peer Support Partners.

# Transition Age Youth (TAY)

#### 1. Homelessness

Supportive housing for TAY who are homeless was ranked among the Top Ten issues identified by community stakeholders for this age group. Only ten percent of the current AB2034/REACH program's clients are TAY who are homeless. It is estimated that more than 750 TAY are homeless and have SMI and a co-occurring disorder in San Diego County. The community identified that we need to address not only community services and supports, but a continuum to support wellness and recovery in all TAY served in this program.

#### 2. Frequent hospitalizations

The community planning process identified the need to address the frequent use of acute inpatient care for TAY due to of lack of community-based services. Recommendations included providing community-based intensive services that are age and developmentally appropriate with interventions that include social skills, educational, employment, and housing options and supports.

#### 3. Institutionalization and Incarceration

Community input and our gap analysis suggested that TAY are often found in juvenile institutions and the adult justice system and have received mental health services while in dentention. These individuals present with co-occurring (mental health and substance abuse) issues, are isolated, and often have been in the children's system of care, child welfare/foster care system and juvenile justice system.

#### 4. Inability to work

Community input highly ranked needs for supportive education, supported employment and community living classes, all within the Top Ten issues most frequently cited during the input phase. Education and employment are normalizing activities that will be developed in programs in this Plan.

### 5. Inability to manage independence

Community supports and services for TAY with serious mental illness are limited to a few programs. The community affirmed the need to develop services for TAY to assist them in managing their illness, maintaining their independence and achieving goals in the areas of education, employment, housing and personal functioning. Community stakeholders ranked TAY peer-support services as one of the Top Ten recommendations. Support services provided by peers will be provided from a strength-based and wellness philosophy.

#### Adults

#### 1. Homelessness

It is estimated that approximately 4,000 homeless individuals with serious mental illness reside in San Diego County; over 60 percent of this population may have co-occurring disorders of substance abuse. The issues of homelessness and its related consequences and the lack of affordable housing were raised by the community, homeless providers, and other

stakeholders. The need for supportive housing was ranked as a primary issue among the Top Ten most frequently cited issues for adults.

#### 2. Institutionalization and Incarceration

San Diego's gap analysis demonstrated that an overwhelming number of incarcerated men received mental health services for the first time in jail. The community input echoed this issue, along with the need to provide services and supports to prevent incarceration of the mentally ill and to assist in their re-entry to the community. Very few community-based services exist to address this issue.

### 3. Inability to manage independence

Clients and family members identified the challenges that seriously mentally ill (SMI) adults face in managing their lives, having meaningful use of time and capabilities, safe and adequate housing and a network of positive relationships to help daily functioning. Safe and affordable housing options, peer supports, employment supports and family education are services that were recommended by the community input.

#### 4. Inability to work

The inability to work and lack of employment-related supports were frequently mentioned as priorities at the community input forums and in the client survey. This issue was ranked among the Top Ten most frequently cited issues during the community input phase. Employment supports and services were recommended by the community input process.

#### Older Adults

#### 1. Frequent Hospitalizations and Medical Care

The community input process and gap analysis identified that older adults are using acute inpatient care and emergency mental health services for several reasons. Older adults do not access community-based mental health programs in a timely manner due to the stigma associated with mental illness. Fifty percent of older adults receiving mental health care receive it from primary care physicians. Primary care and mental health providers recognize that there is a need to provide integrated community-based programs and supports to isolated older adults, and that geriatric mental health education for these providers is needed.

#### 2. Homelessness

This issue was identified by the community planning process repeatedly. Older adults who are homeless face many challenges, i.e., isolation, co-occurring disorders, disparities issues, lack of several needs, including affordable housing, in-home support services, culturally competent services and transportation.

#### 3. Isolation

The older adult network repeatedly echoed that many older adults, as a result of the loss of roles in society, diminished functional capacity, limited finances, lack of accessible and affordable-transportation services, tend to become isolated. This, coupled with depression associated with multiple losses, places older adults at high risk. There is a need for mental health and social service supports to address older adult serious mental illness. The community input also affirmed that outreach and engagement strategies are needed to reach this population and reduce the high rate of untreated mental health illness, the high rate of suicide and the inappropriate use of institutionalized care.

#### 4. Frequent Emergency Medical Care

The need for integration of primary care and mental health care was a frequent issue noted for older adults as they have multiple physical health care needs, and often have co-occurring disorders that include physical health, mental health and substance abuse. Care providers without the expertise to screen and assess these co-morbid conditions are often blind to the full picture of the older adult's health.

#### 5. Inability to Manage Independence

Seriously mentally ill older adults are often unable to manage their independence and self-sufficiency due to undetected mental health issues, lack of community services and supports and attitudinal views about older adults' capacities and abilities. Older adults in these situations are often isolated, their mental illness is undetected and there are not enough professionals with geriatric and mental health expertise to serve them.

3. Describe specific racial, ethnic and gender disparities within the selected issues for each age group.

#### **Ethnic Disparities**

Across all the age groups, a consistent finding in San Diego's gap analysis was that Latinos and Asian Pacific Islanders were underrepresented in the

San Diego County mental health system. SDMHS recognizes multiple contributing factors to this disparity, including:

- Limited knowledge about mental health services and recognition of mental health issues;
- Stigma associated with seeking mental health services;
- Language and cultural barriers, including lack of bilingual and bicultural professionals and consumer/family providers;
- Lack of transportation and related economic and sociopolitical factors;
   and
- For older adults of all ethnic backgrounds, in addition to the above, the lack of insurance and the lack of appropriately trained providers in geriatric mental health are factors / barriers to care. Not all older adults, immigrant or not, 60 years and up, have insurance. The limited psychiatric coverage offered by Medicare requires a 50% match for psychiatric services.
- 4. If you selected any community issues that are not identified in the "Direction" section, please describe why these are more significant for your county and how they are consistent with purpose/intent of MHSA.

#### **Access to Care**

San Diego's gap analysis demonstrated that approximately 60,000 individuals of all ages may be in need of mental health services. The creation of an enhanced outpatient and rehabilitation and recovery program is expected to increase access to care. The proposed services will include culturally competent recovery and wellness programs and will be client-and family-driven.

San Diego's gap analysis also demonstrated that a significant number of ethnically diverse individuals are unserved and underserved in the mental health system. Specifically, more Latinos and Asian/Pacific Islanders are unserved. Consistent with the MHSA, DMH guidelines, the gap analysis and community input, San Diego is proposing to improve access to care by integrating primary care and mental health services in multiple community health centers sites. This intervention is considered a best practice for ethnically diverse populations.

Finally, consistent with current practice, all new services will be comprehensive, integrated and provide culturally competent services throughout the delivery of services.

#### Section II, Part II: Analyzing Mental Health Needs in the Community

1. Provide a narrative analysis of the unserved populations by age group. Specific attention should be paid to ethnic disparities.

SDMHS prepared a detailed gap analysis to fully understand the scope of mental health needs among all four target population age groups. The gap analysis, which included estimates of unserved, underserved and inappropriately served individuals, was provided to, reviewed and discussed by the MHSA Workgroups.

# 1. Unserved Populations in San Diego County

The formula used to determine the number of unserved individuals in San Diego County was based on the estimated prevalence of mental health needs among those in poverty, for all age groups, across each ethnic classification, contrasted to the numbers served in the current service system.

In addition, as suggested in the CSS Requirements, SDMHS included the number of individuals who received inpatient or emergency services (stated in DMH requirements as crisis only) and no other mental health services in the estimate of the unserved. Another factor considered was the estimated numbers of homeless. These data were provided by the San Diego Task Force on the Homeless.

As can be seen in the figures below, significant ethnic/racial disparities exist among numbers of persons expected to need services, compared to those receiving services in today's system. In addition to the notable disparities demonstrated in the data, these findings were re-affirmed in the community input provided by family members, providers and other interested community stakeholders.

#### **Estimates for Unserved Populations in San Diego County**

- 1. 15,821 Children and Youth (0-17)
  - Of these, the primary ethnic/racial groups who are unserved are Latinos (8,805) and Asian Pacific Islanders (1,447); and
  - In addition to the ethnic/racial disparities, as many as 1,896 uninsured children may need mental health services and are currently unserved.
- 2. 8,900 Transition Age Youth (TAY) (between 18 and 25)
  - In San Diego County, the unserved TAY are identified as between ages 18 and 25 years of age because there is no apparent service

- gap for 16 and 17 year olds;
- Of this unserved group, the primary ethnic/racial disparity groups are Latinos (2,506) and Asian Pacific Islanders (312);
- In addition, 1,127 youth utilized only crisis or emergency services, indicating needs for higher levels of services.

#### 3. 16,007 Adults (25-59)

- The majority of the unserved adults come from two primary ethnic/racial disparity groups: Latinos (9,422) and Asian Pacific Islanders (1,970);
- 4,615 adults utilized only emergency or inpatient mental health services, indicating need for community-based intensive services in order to prevent these occurrences;
- Native Americans were much more likely to be in this category than expected, based on their prevalence in the general population;
- In addition, there are an estimated 11,000 adults without insurance who may need mental services and who are currently unserved. We received significant community input about the need to expand culturally competent services for these groups;
- As a result of community input, SDMHS will track service use by Transitional Age Adults ages 50-59 years of age to better understand mental health needs among this population.

# 4. 4,613 Older Adults (60+)

- 578 older adults received only emergency or inpatient services, but were not connected to other services;
- Prevalence estimates will be evaluated on an ongoing basis because the MHSA Older Adult Workgroup felt the prevalence estimates were too low, as stigma and isolation contribute to more underreporting and lack of recognition of mental illness among older adults.

## 2. Chart A. Service Utilization by Race/Ethnicity

The tables below provide estimates of the total number of persons needing MHSA-level mental health services who already are receiving services, including those fully served or <u>underserved</u>/inappropriately served, by age group, race ethnicity, and gender.

Children and Youth 0-17		Fully Eved***	Inapp	rserved or ropriatel erved	Total S	Served	Pov	unty erty ation**	Cou Popul	
	MAL E	FEMALE	MAL E	FEMALE	Number	Percen t	Number	Percent	Number	Perce nt
TOTAL	205	106	6,46 9	6,128	17,716 *	94%	310,44 9	100%	742,58 4	100 %
RACE/ ETHNICITY										
African American	32	17	1,58 6	1,018	2,653	15%	22,440	7.23%	46,782	6.3%
Asian Pacific Islander	2	1	281	180	464	3%	21,982	7.08%	65,347	8.8%
Latino	55	29	4,29 2	2,750	7,126	40%	179,69 2	57.88 %	280,69 7	37.8 %
Native American	2	1	94	60	157	1%	1,863	0.6%	3,712	0.5%
White	113	58	3,80	1,984	5,235	30%	70,525	22.72 %	304,45 9	41%
Other	1	0	212	136	882	5%	13,946	4.49%	41,585	5.6%
Missing Data	0	0	731	468	1,199	6%				

Transition Age Youth 18-24		ully ved***	Inappr	served or opriately erved	Total S	Served	County P Popular		Cour Popula	-
	MALE	FEMALE	MALE	FEMALE	Number	%	Number	%	Number	%
TOTAL	5	0	746	574	5409	100%	130,559	100%	337,506	100%
RACE/ETHNICITY										
African American	2	0	102	52	626	11.6%	8935	7%	20,623	6%
Asian Pacific	0	0	35	26	259	4.8%		10%	35,965	11%
Islander							12660			
Latino	1	0	209	129	1,579	29.2%	53620	41%	122,665	36%
Native American	0	0	9	3	32	.6%	1611	1%	2,147	1%
White	1	0	349	239	2,567	47.5%	48699	37%	143,093	42%
Other (and UK)*	1	0	42	125	346	6.4%	5034	4%	13,013	4%

<sup>\*</sup> Other includes other, unknown and 2 or more races

<sup>\*\*</sup> County poverty population is based on prevalence data and the percentages are estimated based on percentages for Ages 18+

<sup>\*\*\*</sup> Fully served are those receiving Wraparound or AB2034 services according to DMH guidelines.

Adults 25-59		ully ved***	Inappr	rserved or opriately erved	Total S	Served	Cour Pove Popula	rty	Coun Popula	•
	MALE	FEMALE	MALE	FEMALE	Number	%	Number	%	Number	%
TOTAL	261	184	4004	3949	30,776	100%	347,997	100%	1,917,017	100%
RACE/ETHNICITY										
African American	46	39	583	558	3,656	11.9%	19618	6%	78,404	4%
Asian Pacific	10	11	174	190	1,626	1,626 5.3%		8%	164,799	9%
Islander										
Latino	30	25	748	793	5,993	19.5%	127502	37%	390,659	20%
Native American	0	3	22	33	189 0.6%		1432	0%	7,896	0%
White	166	103	2300	2211	16,549 53.8%		87216 25%		803,549	42%
Other*	9	3	177	164	2,763	9.0%	85531	25%	471,710	25%

Older Adults 60+	Fully S	erved***	Inappr	served or opriately erved	Total S	Served	Pov	County Poverty Population**		nty ation
	MALE	FEMALE	MALE	FEMALE	Number	%	Number	%	Number	%
TOTAL	14	15	175	373	577	100%	96,530	100%	434,147	100%
RACE/ETHNICITY										
African American	2	2	17	40	186	6.7%	4676	5%	14,248	3%
Asian Pacific	0	0	7	16	197	7.1%		10%	40,446	9%
Islander							9482			
Latino	0	2	29	74	420	15.1%	21908	23%	56,392	13%
Native American	0	0	1	0	7	0.3%	414	0%	1,856	0%
White	12	10	107	226	1,571	56.6%	58922	61%	314,353	72%
Other*	1	1	14	17	393	14.2%	1530	2%	6852	2%

<sup>\*</sup> Other includes other, unknown and 2 or more races

<sup>\*\*</sup> County poverty population is based on prevalence data and the percentages are estimated based on percentages for Ages 18+

<sup>\*\*\*</sup> Fully served are those receiving Wraparound or AB2034 services according to DMH guidelines.

# 3. Analysis of Ethnic Disparities in Fully Served, Underserved or Inappropriately Served Populations in San Diego County

3. Provide a narrative discussion of the ethnic disparities in the fully served, underserved and inappropriately served populations by age group identified above, including information about situational characteristics as well as race, and ethnicity.

#### Latinos

The gap analysis data point to a clear need to increase access to care for Latino children, TAY, adults, and older adults who live in poverty. Latino females, as compared to males, are under-represented in both children and TAY age groups. There is no gender gap among adult Latinos. According to the data, older adult Latino males are under-represented. Latino children who are fully served in the Children's System of Care/Wraparound Services program represent approximately 27 percent of all fully served. Latino fully served adults and older adults in the AB2034/REACH program represent only 12 percent of all fully served population of the AB2034/REACH program.

#### Asian/Pacific Islanders

The Asian Pacific Islander population is under-represented in the public mental health system, comprising 8 percent of the target population and only 5 percent of current mental health clients. This need is complex, and poses a challenge to the mental health system because the grouping of Asian/Pacific Islanders is composed of many linguistically and ethnically diverse groups. This umbrella group includes Amerasian, Cambodian, Chinese, Filipino, Hawaiian Native, Hmong, Japanese, Korean, Laotian, Pacific Islander, and Vietnamese.

#### African Americans

The African-American general population is expected to stay relatively constant at 5-6 percent, yet they are over represented in acute inpatient care, in the juvenile forensic system and in adult jail mental health services<sup>1</sup>. They are also more likely to receive a diagnosis of schizophrenia and are more likely to be male.

#### Native American

While there may not be a substantial difference between Native Americans served and the county's Native American population, San Diego County is home to 17 reservations, composed of numerous tribal groups. The SDMHS gap analysis (Attachment 14) noted that Native American children compose 1 percent of the children's mental health system, yet have varying rates of contact with other systems:

<sup>&</sup>lt;sup>1</sup> SDMHS Gap Analysis, Attachment 14

- They represent 1.6 percent of the mental health clients concurrently receiving Child Welfare services;
- 3.2 percent are concurrently receiving services in Alcohol & Drug Services; and
- 0.2 percent of the children concurrently open to Juvenile Forensic Services.

These data on involvement in other systems may reflect inappropriately served populations that may benefit from mental health services.

#### Veterans

There are a substantial number of veterans who are seriously mentally ill and are in need of comprehensive mental health services. The MHSA Community Services and Supports programs will include, throughout its service array, all veterans who meet the MHSA and DMH guidelines.

4. Identify objectives related to the need for and provision of culturally and linguistically competent services based on the population assessment, the county's threshold languages and the disparities or discrepancies in access and service delivery that will be addressed in this Plan.

# Objectives for the Provision of Culturally and Linguistically Competent Services to Address Disparities in Access to Care

Based on the evident disparities in access to care for the ethnically diverse groups mentioned above, SDMHS is committed to continuing expansion of its culturally competent capacity in the proposed MHSA-funded programs described in this plan. The following objectives include specific strategies and interventions to address access to care disparities. Objectives to increase access to care and reduce health care disparities countywide include:

- Conduct outreach to engage and increase access to care for Latinos and Asian/Pacific Islanders in the mental health system
- Increase penetration and rates of client retention
- Provide linguistically and culturally appropriate services in settings that are more acceptable to ethnically diverse individuals and have less stigma associated with them, such as primary care clinics and school-based programs
- Provide culturally competent mental health services in all proposed MHSA programs by educating and training providers on evidence-based and promising clinical practices, interventions and skill sets, including coordination and integration of mental health and primary care, clinical

practice guidelines, screening/assessment protocols, chronic disease management and cultural competence

- Require enhancement of the bilingual and bicultural capacity in all programs by recruiting, hiring, retaining and retraining culturally competent staff
- Implement a Breaking the Barriers program, designed to evaluate how to address stigma and increase access for selected underserved communities

# Part II, Section III. Identifying Initial Populations for Full Service Partnerships

1. From your analysis of issues and needs, identify which initial populations, by age, will be served in the first three years. Describe each in terms of situational characteristics.

#### Children and Youth

Full Service Partnerships (FSP) for Children and Youth include those with severe emotional disturbances who are uninsured, unserved and underserved. FSP programs will be structured to provide countywide service with regional capacity. In the first fiscal year 2005-06, we expect to provide FSP service to 98 children and youth, based on estimates that services will start in the last quarter. Assuming stable funding in the next two fiscal years (2006-07 and 2007-08) results in FSP annual projections for 388 children and youth. The children and youth targeted for FSP services will have one of more of the following situational characteristics:

- Be dependents and wards; at risk of residential treatment or stepping down from residential treatment
- Be currently homeless or at risk of homelessness
- Be high level service users
- At least half, as per the population prevalence, are Latino and Asian Pacific Islanders
- Have co-occurring disorders of severe emotional disturbance and substance abuse

Additional situational characteristics include exposure to domestic violence, educational failure, substance abuse in the family, and access to care barriers. FSP services will incorporate practices that are culturally competent and linguistically appropriate.

### Transition Age Youth (TAY)

FSP services will be primarily targeted for currently unserved/underserved TAY who are between ages 18 and 25 years old, as in San Diego the gap analysis demonstrated that 16-17 year olds do not appear to be unserved. Approximately 49 TAY will be served with FSPs in the first fiscal year (05-06), based on estimates that services will start in the last quarter. The planning assumption for stable funding in the next two fiscal years (2006-07 and 2007-08) results in FSP annual projections for 192 TAY, who will have one or more of the following situational characteristics:

- Have a serious mental illness;
- Involvement in the justice system;
- Be currently homeless or at imminent risk of homelessness; and

At risk of involuntary hospitalization or institutionalization.

The FSP program TAY 1 will use the Assertive Community Treatment (ACT) team model, a well-researched evidence-based practice that addresses the high needs of these individuals. We anticipate that approximately 100 housing units will be needed to decrease homelessness for this population, as 36 TAY will be in a dual diagnosis residential program (TAY 3). Rehabilitation and recovery services that are age-specific will be included in the service array.

Community input noted that co-occurring disorders are significant issues for TAY. Given estimates that co-occurring disorders exist in over 60 percent of persons who have a serious mental illness, all services will be delivered in a dually diagnosed capable manner, using the Comprehensive, Continuous Integrated System of Care (CCISC) model. San Diego has invested in CCISC capability over the past three years; this model is considered a best practice in the field of co-occurring disorders.

#### Adults

FSP services for adults ages 25 to 59 years of age will be provided to 109 individuals in the first fiscal year (05-06), based on estimates that services will start in the last quarter. Services for persons with serious mental illness who are homeless will be provided in the Central/North Central and North County regions of San Diego County. The planning assumption for stable funding in the next two fiscal years (06-07, 07-08) results in FSP annual projections for 435 adults.

First priority will be given to unserved adults with SMI with the below situational characteristics, then to adults so underserved that they are at risk of the below situational characteristics:

- Serious mental illness:
- Co-occurring disorders;
- Homelessness; note that priority is given to persons who are actually homeless compared to those at risk of homelessness;
- High utilization of acute inpatient care; and/or
- Local criminal justice system involvement, including child protective services involvement.

This group includes persons with co-occurring substance abuse disorders and/or health conditions, along with transitional age older adults, ages 50-59, who are aging out of the adult mental health system and at risk of any of the above conditions or situational characteristics. Close coordination will occur with the Older Adult system of care for these transition age adults.

San Diego will use the integrated service modality of Assertive Community Treatment (ACT) that has demonstrated positive outcomes with high need

individuals. Rehabilitation and recovery services will be included in the array of services provided by the ACT teams. Housing options will also be provided to homeless and at risk of homeless individuals. We anticipate that approximately 435 housing units, in a full fiscal year period, will be needed to decrease homelessness for this population.

#### **Older Adults**

FSP services for older adults, ages 60 and above, will be provided to 21 individuals in the first fiscal year (05-06) based on estimates that services will start in the last quarter. The planning assumption for stable funding in the next two fiscal years (06-07, 07-08) results in FSP annual projections for 83 older adults. Situational characteristics of this group will include those:

- Serious mental illness;
- Co-occurring disorders;
- Frequent users of hospital and emergency room services;
- Reduced personal and/or community functioning due to physical or health problems;
- Homelessness and/or at risk of homelessness; and
- At risk of institutionalization or nursing home placement.

The integrated service modality of Assertive Community Treatment (ACT), which has demonstrated positive outcomes with high need clients, will be used for this population. Rehabilitation and recovery services that are age-specific will be integrated in the service delivery. We anticipate that approximately eighty-three housing units will be needed for this population.

2. Describe what factors were considered or criteria established that led to the selection.

In making selections, factors considered included (1) priority population criteria that were identified in the MHSA and the DMH final guidelines for the CSS plan; and (2) San Diego's community input process, during which these populations were consistently affirmed and prioritized and (3) San Diego's gap analysis.

3. Discuss how your selections will reduce ethnic disparities in the county.

As described in Section II in both chart and narrative form, the proposed Community Services and Supports Plan services will increase access to community mental health and rehabilitation and recovery-based services for the priority populations by expanding service locations and providing new services and outreach activities. By focusing on individuals with the highest needs and those from underrepresented racial/ethnic groups, we will reduce ethnic disparities particularly for Latinos, Asian pacific islanders and African Americans. Additionally, for these groups we can reduce the long-term effects of untreated

mental illness, homelessness, and inappropriate treatment of individuals in the justice system in acute care and long term care institutions.

## Part II, Section IV. Identifying Strategies and Services

Consistent with the August 1, 2005 DMH guidelines, in collaboration with clients, families and stakeholder input, San Diego County has selected the following strategies and services that are described in Section IV. All are consistent with the five elements of:

- 1) Community collaboration
- 2) Cultural competence
- 3) Being client- and family-driven
- 4) Wellness/recovery/resilience focus
- 5) Integrated service experience for clients and families.

The work plans and narratives in Section IV contain detailed information about each program for all age groups.

All proposed programs described in Exhibit IV will be required to develop a Client/Family Advisory Committee within the first three months of operations to:

- 1) Oversee the development and implementation of the MHSA program.
- 2) Provide direction, input and feedback to the program staff on the consistent application of wellness and recovery practices and interventions.
- 3) Review and comment on the required program outcomes to include: hiring of peer and family members, performance outcomes such as the integration of cultural competence, client/family-driven services that promote wellness, recovery and resilience and integrated service experience for clients and families.

## **Strategies Funded by One Time Funds**

Please note that the use of one time funds in FY 2005-06 is described in two ways.

First, if the funds are attached to a specific MHSA program, such as training or the purchase of evidence-based curriculum, these funds are listed in the exhibits for that program.

Second, other one-time funds are used for system-wide enhancements (OT-1) or general outreach and engagement (OTO-2) that are not tied to a

specific, ongoing MHSA program. These allocations have their own exhibits.

## **Background on One-Time Housing Funds**

Note that a significant amount of funding is dedicated in the first fiscal year (05-06) for housing supports for TAY, Adult and Older Adult participants in Full Service Partnerships. The plan provides for approximately 483 housing units for these populations at a cost of \$6,375,600 in a full fiscal year. Two important points are reinforced, in addition to the descriptions in Exhibit IV:

## 1) First Year Housing Options Are a Continuum

FSP programs within the CSS components provide the service package that must be matched with adequate housing for client success. FSP housing services are designed to offer an array of options that include a) Short Term or Temporary Housing, b) Transitional Supported Housing and c) Permanent Supported Housing. Initially we will use one-time funds for immediate, short term housing. However, simultaneously transitional and permanent supported housing will be aggressively identified as opportunities become available through partnership activities with housing providers and housing agencies.

## 2) Permanent Housing Innovation Is on the Horizon

In addition to OT housing funds, the MHSA Capital Improvement component is expected to provide funding to significantly enhance local abilities to increase housing capacity for our clients. To develop the housing capacity and continuum, SDMHS will hire housing technical experts in early 2006 to initiate the needed planning to leverage maximum use of housing funds. The housing technical experts will convene area housing developers, municipal agencies and others to identify strategies to secure a wider array of housing resources and options. This MHSA Housing Work Group will articulate and ready an innovative housing continuum that may include:

- Clustered Supported Permanent Housing
- Scattered Supported Permanent Housing
- Transitional Supported Housing
  - Dorm-like concept for TAY
  - Dual Diagnosis Sober Living
  - Safe Haven, with a stage of change focus
- Master Leasing
- Subsidized Housing
  - Includes Section 8, Homes, Shelter Plus Care

The combination of immediate short term strategy and long range strategies as well as implementation of these strategies expected to meet the housing needs of FSP participants.

#### SECTION V: ASSESSING CAPACITY

1) Provide an analysis of the organization and service provider strengths and limitations in terms of capacity to meet the needs of racially and ethnically diverse populations in the county. Must address the bilingual staff proficiency for threshold languages.

# 1) Analysis of Organizational and Service Provider Strengths and Limitations

San Diego County, like other parts of California, is home to rapidly changing demographics. SDMHS is committed to serve the culturally, linguistically and ethnically diverse populations throughout San Diego. These populations are described in Part II, Section II.

SDMHS's strengths include a systematic approach to integrating cultural competence in our mental health delivery system. This integration is met through a comprehensive approach that continuously examines and improves standards in the following areas:

- Clinical Practice Standards
- Human Resources
- Evaluation and Research
- Policy
- Culturally Competent Policies and Training

SDMHS evaluates and monitors the ability and capacity of both County staff and contract providers to provide culturally competent mental health services. SDMHS has established a number of specialty provider programs to meet the unique needs of culturally and ethnically diverse populations such as Union of Pan Asian Communities (UPAC) providing services to Asian Pacific Islander populations, María Sardiñas Center providing services to Spanish-speaking Latino population, and Project Enable providing services to the African American population.

SDMHS was one of two counties in California that scored 100 points out of 100 possible points in its most recent Cultural Competence Plan. The MHSA project lead, Piedad Garcia, Ed.D., LCSW, is also the Ethnic Services Manager for SDMHS; together with the Cultural Competence Resource team (CCRT) and the Quality Improvement Unit, she oversees and monitors the integration and application of the SDMHS cultural competence standards.

Our cultural competence plan provides for continuous improvement through ongoing tracking and review processes, annual objectives for training, use of interpreters, monitoring of providers' linguistic capacity, and ongoing objectives to increase access to mental health services to the Latino community. The

Performance Improvement Project (PIP) to improve Latino access to mental health care is one example.

2) Compare and include an assessment of the percentages of culturally, ethnically and linguistically diverse direct service providers as compared to the same characteristics of the total population who may need services in the county and the total population currently served in the county.

## **Comparisons of Direct Service Providers to Populations in Need**

SDMHS has greater needs for diverse staffing than is currently available in the array of County, contractor and fee-for-service providers. This gap is apparent in the table below that compares the ethnicity breakdown for the county population who may need services (individuals below 200% poverty), and clients that are currently served with direct service providers.

	Population	Population	Direct Service
	needing services*	Currently	Providers**
		Served	
African	7%	9%	16%
American			
American	1%	1%	<1%
Indian			
Asian Pacific	8%	5%	8%
Islander			
Latinos	47%	29%	17%
White	34%	49%	57%
Other	3%	7%	1%

Data from Prevalence Data, InSyst Service data, Bi-Annual Program Status report

**Ethnicity** of direct service practitioners, according to this data, is underrepresented for:

- Latinos: Only 17 percent of service providers are Latino compared to 47 percent of the target population;
- Asian Pacific Islanders: 8 percent of service providers are of Asian Pacific Islander descent compared to 8.4 percent in the target population; this group includes both Vietnamese and Filipino; and
- African-Americans are well represented with 16 percent of service providers compared to 6.4 percent in the target population.

**Language Capacity** among service providers in itself does not appear to be a major barrier to service:

<sup>\*</sup> Based on prevalence data regarding <200% poverty population

<sup>\*\*</sup> Based on bi-annual report sent by County and Contracted organizational providers for Adult and Children's System of Care, 2004/2005.

- Spanish: 44 percent of providers speak Spanish;
- Asian Pacific Islanders cluster. 28 percent of service providers speak at least one of the Asian Pacific Islander languages. This includes 1 percent in Vietnamese, reflecting some language capacity needs, and 20 percent in Tagalog; and
- Arabic: Data are not available on this group, but community input and limited staff linguistic proficiency indicates a need for expanded capacity.

3) Provide an analysis and include a discussion of the possible barriers your system will encounter in implementing the programs for which funding is requested in this Plan and how you will address and overcome these barriers and challenges.

## **Barriers to Hiring Clients and Family Members**

SDMHS has experienced challenges in hiring clients and family members. SDMHS Administration successfully overcame internal administrative barriers in order to hire consumer and family members to assist with MHSA planning. This positive experience set important precedence to expand client and family member capacity in the forth-coming MHSA programs and services.

Strategies to address the barriers to hiring clients and family members:

- All new programs will have requirements to hire clients;
- Proposing new programs that are client and/or family-run
- Increasing vocational and employment services and opportunities for clients.

### **Barriers Related to Staffing Shortages**

SDMHS faces difficulty in recruiting and hiring culturally and linguistically diverse staff due to human resource shortages in the field and strong competition for culturally and linguistically diverse professionals and Consumer/Family Providers. In Southern California, and particularly throughout San Diego County, there is heavy competition for Spanish-speaking professionals. In general, mental health field salaries are lower than other professions, so the field faces competition from other sectors. Adding to this challenge, San Diego County is less competitive for two important reasons:

- High cost of housing in San Diego
- Other costs of living are higher than in other counties

These factors negatively affect our ability to hire culturally competent clinicians in both County and contract operated programs and, in particular, in children's programs.

With Spanish-speaking Medi-Cal beneficiaries making up 28 percent of the County Medi-Cal population, there is a shortage of bicultural, Spanish-speaking clinicians in every region of the County with the most severe shortage occurring in the South region where 71percent of the clients are of Hispanic origin.

There is a lack of Vietnamese clinical staff serving both children and adults. The number of Vietnamese and other Asian/Pacific Islander direct service providers is less than is needed to meet the demand. Efforts to recruit Fee-For-Service Vietnamese-speaking clinicians and psychiatrists have yielded several recruits.

## **Strategies to Address Barriers**

To adequately serve the additional MHSA target populations, we have to build on the strengths of the system and ensure that services features include:

- Services will be provided in the languages of the specific community to be served;
- Selected interventions have demonstrated efficacy with population served in appropriate settings and locations also; and
- Services providers will possess cultural awareness, knowledge and skills/training necessary to provide competent services.

The following are methods that SDMHS plans to utilize to achieve these goals:

- Provide adequate funding level for programs to allow for competitive salaries and pay differentials for staff who are bilingual/bicultural or who have other special skills;
- Continue to utilize interpreters to supplement staff with bilingual skills; and
- Continue to enhance the systematic approach to integrating cultural competence standards in our mental health delivery system as discussed below:

### Enhancing Cultural Competence

Our systematic approach includes goals for recruiting, hiring and retaining linguistically and ethnically diverse professionals and Consumer/Family Providers. More detailed discussion below addresses how SDMHS will address this and other challenges.

<u>Clinical Practice Standards</u>: Additional measurable objectives, specific to the Mental Health Services Act, will be developed and added to the current annual review process.

<u>Monitoring:</u> SDMHS will continue to monitor provider cultural and linguistic capacity, as well as client outcomes, client satisfaction with services, and impact on penetration and retention for all diverse populations.

<u>Human Resources</u>: Our Cultural Competence Plan requires a continuous tracking and review process, along with annual objectives for training, use of interpreters, and monitoring of provider linguistic capacity. SDMHS will require a human resource plan from MHSA providers that goes beyond business-as-usual in the recruitment, hiring and retention of linguistically and ethnically diverse providers.

<u>Evaluation and Research:</u> SDMHS gathers the most recent information and data regarding the diverse populations within San Diego County. These findings will be used for our on-going MHSA planning efforts. In addition, implementation of best practices, evidence-based practices and client outcomes will be evaluated for all the MHSA programs and services recommended. The County will be vigilant in identifying any disparities of outcomes concerning ethnic and racial groups served. We will collaborate with local research entities to conduct program evaluation and research that is specific to ethnically diverse populations.

<u>Policy and Administration:</u> SDMHS has developed system-wide policies to institutionalize the approaches, behaviors, and practices that guide the system towards cultural competence. Additional policies will be developed that focus specifically on the enhanced services to be provided under the MHSA and which address the diverse groups targeted under the CSS Plan.

<u>Training Plan:</u> On-going cultural competency training is required of all County and contracted staff. This includes consumers/family member staff, administrative, clerical support staff, and clinical staff. A system-wide assessment of cultural competency training needs was completed in 2003 and the findings have been incorporated into the County of San Diego's Cultural Competence Plans since that time. As a result of this assessment, trainings provided on Awareness and Knowledge have been augmented, and current plans call for an evaluation of skill-based training for clinicians, with an initial focus on improving culturally competent assessment skills.

Existing curricula will be evaluated and augmented to ensure that training addresses relevant cultural issues, such as services for the deaf and hard-of-hearing community, the Arabic/Chaldean community, victims of torture, older adults, veterans and transition age youth. These training curriculums will focus specifically on issues identified in our extensive Community Program Planning process. SDMHS is proposing that a portion of one-time money will be specifically allotted to use for system-wide cultural competence training.

## Section VI: Developing Workplans with Timeframes and Budgets/Staffing

- I. Exhibit 2 is attached beginning on the next page, pages 48 through 52.
  - Fiscal Year 2005-2006: Program Workplan Funding is displayed in three pages of Exhibit 2. The first page covers a 3-month period for program operations, anticipating an April 1, 2005 start date. The majority of the CSS funding in fiscal year 2005-2006 is in FSP at 68.79 percent. Pages 49 and 50 include funding for a six-week Start Up (SU) period and One Time funding (OT) allocations.
  - **Fiscal Year 2006-2007** represents the first full year of CSS program implementation. This is displayed on page 51 of Exhibit 2. The majority of the CSS funding in fiscal year 2006-2007 is in FSP at 51.46 percent.
  - **Fiscal Year 2007-2008**: Program Work Plan Funding for year 3 (page 52) is annualized per Fiscal Year 2005-2006 estimated funding. The majority of CSS funding in fiscal year 2007-2008 is in FSP at 51.46 percent.
    - No increases or decreases are planned for the second and third year, pending assessment of service implementation and reprojection of Program Work Plan costs and revenues. However, these assumptions are made:
    - Changes in Program Work Plan Costs and Revenues: Fiscal Year Program Work Plan service costs, estimated CSS funding, and other revenues will be adjusted at least annually based on quarterly analysis of actual service costs and revenues.
    - o CSS Funding Changes: Any fiscal year CSS funding increases will be managed by reviewing planning data and service priorities and increasing service capacity to help meet remaining service need. Funding decreases will be managed by using the Prudent Reserve to meet short-term decreases and, pending analysis of long-term affects and review of planning data and priorities, implementing reductions in services or service capacity.
- 3. Exhibit 3 is attached on page 53.
- 4. Exhibits 4 & 5 are attached on pages 54 through 436 in this document.
- 5. Exhibit 6 (Quarterly Progress Reports) is attached on page 437.
- 6. Exhibit 7 + (Quarterly Cash Balance Report) will be submitted on time to DMH once funding is received.

Fiscal Year: 2005-06

County:	San Diego	то	TAL FUN	DS REQU	JESTED	BY FUND	TYF	PE .		FUNDS F	REQUESTE	ED BY AGE GROUP	
#	Program Work Plan Name	Full Service Partnerships	1 -	stem opment		each & gement	Т	otal Request	Children, Youth, Families (CY)		tion Age n (TAY)	Adult (A)	 ler Adult (OA)
CY-1	School/Home Based Services, Uninsured				\$	500,000	\$	500,000	\$ 500,000				
CY-2.1	Family and Youth Information / Education Program		\$	37,500			\$	37,500	\$ 37,500				
CY-2.2	Family/Youth Peer Support Services	\$ 87,500					\$	87,500	\$ 87,500				
CY-3	Cultural/Language Specific Outpatient	\$ 100,000					\$	100,000	\$ 100,000				
CY-4.1	Mental Health & Primary Care Services Integration				\$	158,750	\$	158,750	\$ 158,750				
CY-4.2	Mobile Psychiatric Emergency Response		\$	28,750			\$	28,750	\$ 28,750				
CY-5.1	Medication Support for Wards & Dependents	\$ 135,000					\$	135,000	\$ 135,000				
CY-5.2	Outpatient Court Schools & Outreach				\$	90,000	\$	90,000	\$ 90,000				
CY-5.3	Homeless/Runaway	\$ 76,918					\$	76,918	\$ 76,918				
CY-6	First Five Services		\$	75,000			\$	75,000	\$ 75,000				
CY-7	Wraparound Services	\$ 412,500					\$	412,500	\$ 412,500				
CY-8	Mental Health Services to Children & Youths in Placement		\$	37,500			\$	37,500	\$ 37,500				
	CHILDREN, YOUTH, FAMILIES (CY) SUB-TOTAL	\$ 811,918	\$	178,750	\$	748,750	\$	1,739,418	\$ 1,739,418	\$	-	\$ -	\$
TAY-1	Integrated Services & Supported Housing	\$ 375,196					\$	375,196		\$	375,196		
TAY-2	Clubhouse / Peer Support Services		\$	87,500			\$	87,500		\$	87,500		
TAY-3	DDx Residential Treatment Program	\$ 192,250					\$	192,250		\$	192,250		
TAY-4	Enhanced Outpatient Mental Health Services		\$	277,460			\$	277,460		\$	277,460		
	TRANSITION AGE YOUTH (TAY) SUB-TOTAL	\$ 567,446	\$	364,960	\$	-	\$	932,406	\$	\$	932,406	\$ -	\$
A-1	Homeless Integrated Services and Supported Housing	\$ 842,000					\$	842,000		i i		\$ 842,000	
A-2	Justice Integrated Services and Supported Housing	\$ 300,000					\$	300,000				\$ 300,000	
A-3	Client Operated Peer Support Services		\$	105,000			\$	105,000				\$ 105,000	
A-4	Family Education Services		\$	17,500			\$	17,500				\$ 17,500	
A-5	Clubhouse Enhance and Expand with Employment		\$	294,876			\$	294,876				\$ 294,876	
A-6	Supported Employment Services		\$	87,500			\$	87,500				\$ 87,500	
A-7	Mental Health & Primary Care Services Integration				\$	175,000	\$	175,000				\$ 175,000	
A-8	Enhanced Outpatient Mental Health Services		\$	250,000			\$	250,000				\$ 250,000	
	ADULT (A) SUB-TOTAL	\$ 1,142,000	\$	754,876	\$	175,000	\$	2,071,876	\$	\$	-	\$ 2,071,876	\$
0A-1	High Utilizer Integrated Services & Supported Housing	\$ 225,000					\$	225,000					\$ 225,000
OA-2	Mobile Outreach at Home & Community		\$	201,368			\$	201,368					\$ 201,368
OA-3	Mental Health & Primary Care Services Integration				\$	113,750	\$	113,750					\$ 113,750
	OLDER ADULT (OA) SUB-TOTAL	\$ 225,000	\$	201,368	\$	113,750	\$	540,118	\$	\$	-	\$ -	\$ 540,118
ALL-1	Services for Deaf & Hard of Hearing	\$ 48,650	i				\$	48,650	\$ 12,163	\$	12,163	\$ 12,163	\$ 12,163
ALL-2	Services for Victims of Trauma and Torture	\$ 48,650					\$	48,650	\$ 12,163	\$	12,163	\$ 12,163	\$ 12,163
ALL-3	Walk-in Assessment Center, North County		\$	144,382			\$	144,382	\$ 70,059	\$	19,655	\$ 43,072	\$ 11,597
	ALL AGE GROUPS SUB-TOTAL	\$ 97,300	\$	144,382	\$	-	\$	241,682	\$ 94,384	\$	43,980	\$ 67,397	\$ 35,922
	SUB-TOTAL FY (05-06) SERVICES (04/01/06-06/30/06) (a)	\$ 2,843,665	\$ 1	,644,336	\$ 1	,037,500	\$	5,525,500	\$ 1,833,802	\$	976,386	\$ 2,139,272	\$ 576,040

(Three month period FY 05-06)

Fiscal Year: 2005-06

Fiscal Year: 2005-06  County: San Diego TOTAL FUNDS REQUESTED BY FUND TYPE FUNDS REQUESTED BY AGE  Full Service System Outreach & Children, Youth. Transition Age Add												
County:	San Diego				_		D TY	/PE				
#	Program Work Plan Name	Full Service Partnerships		System relopment		utreach & ngagement		Total Request	Children, Youth, Families (CY)	Transition Age Youth (TAY)	Adult (A)	Older Adult (OA)
CY-1-SU	School/Home Based Services, Uninsured				\$	230,769	\$	230,769	\$ 230,769			
CY-2.1-SU	Family and Youth Information / Education Program		\$	17,308			\$	17,308	\$ 17,308			
CY-2.1-OT	Wraparound Training		\$	4,500			\$	4,500	\$ 4,500			
CY-2.2-SU	Family/Youth Peer Support Services	\$ 40,385					\$	40,385	\$ 40,385			
CY-3-SU	Cultural/Language Specific Outpatient	\$ 46,154					\$	46,154	\$ 46,154			
CY-4.1-SU	Mental Health & Primary Care Services Integration				\$	73,269	\$	73,269	\$ 73,269			
CY-4.2-SU	Mobile Psychiatric Emergency Response		\$	13,269			\$	13,269	\$ 13,269			
CY-5.1-SU	Medication Support for Dependents and Wards	\$ 62,308					\$	62,308	\$ 62,308			
CY-5.2-SU	Outpatient Court Schools & Outreach				\$	41,538	\$	41,538	\$ 41,538			
CY-5.2-OT	Functional Family Therapy				\$	130,000	\$	130,000	\$ 130,000			
CY-5.3-SU	Homeless/Runaway	\$ 35,501					\$	35,501	\$ 35,501			
CY-6-SU	First Five Services		\$	34,615			\$	34,615	\$ 34,615			
CY-6-OT	Incredible Years Training		\$	112,038			\$	112,038	\$ 112,038			
CY-7-SU	Wraparound Services	\$ 190,385					\$	190,385	\$ 190,385			
CY-7-OT	Wraparound Training	\$ 20,500					\$	20,500	\$ 20,500			
CY-8-SU	Mental Health Services to Children & Youths in Placement		\$	17,308			\$	17,308	\$ 17,308			
	CHILDREN, YOUTH, FAMILIES (CY) SUB-TOTAL	\$ 395,232	\$	199,038	\$	475,577	\$	1,069,846	\$ 1,069,846	\$ -	\$ -	\$
TAY-1-SU	Integrated Services & Supported Housing	\$ 173,168					\$	173,168		\$ 173,168		
TAY-1-OT	Continuum of Housing Options	\$ 1,320,000					\$	1,320,000		\$ 1,320,000		
TAY-1-OT	ACT Technical Assistance, PSR Training	\$ 31,500					\$	31,500		\$ 31,500		
TAY-2-SU	Clubhouse / Peer Support Services		\$	40,385			\$	40,385		\$ 40,385		
TAY-2-OT	Enhanced Clubhouse Training		\$	22,105			\$	22,105		\$ 22,105		
TAY-3-SU	DDx Residential Treatment Program	\$ 138,731					\$	138,731		\$ 138,731		
TAY-4-SU	Enhanced Outpatient Mental Health Services		\$	128,058			\$	128,058		\$ 128,058		
TAY-4-OT	Enhanced Outpatient Mental Health Services Training		\$	27,500			\$	27,500		\$ 27,500		
	TRANSITION AGE YOUTH (TAY) SUB-TOTAL	\$ 1,663,398	\$	218,048	\$	-	\$	1,881,446	\$ -	\$ 1,881,446	\$ -	\$
A-1-SU	Homeless Integrated Services and Supported Housing	\$ 388,615					\$	388,615			\$ 388,615	
A-1-0T	ACT Technical Assistance, PSR Training	\$ 27,500					\$	27,500			\$ 27,500	
A-1-0T	Continuum of Housing Options	\$ 2,640,000					\$	2,640,000			\$ 2,640,000	
A-2-SU	Justice Integrated Services and Supported Housing	\$ 138,462					\$	138,462			\$ 138,462	
A-2-OT	ACT Technical Assistance, PSR Training	\$ 27,500					\$	27,500			\$ 27,500	
A-2-OT	Continuum of Housing Options	\$ 1,320,000					\$	1,320,000			\$ 1,320,000	
A-3-SU	Client Operated Peer Support Services		\$	92,082			\$	92,082			\$ 92,082	
A-3-0T	Client Operated Technical Assistance Training		\$	24,000			\$	24,000			\$ 24,000	
A-4-SU	Family Education Services		\$	8,077			\$	8,077			\$ 8,077	
A-5-SU	Clubhouse Enhance and Expand with Employment		\$	136,096			\$	136,096			\$ 136,096	
A-5-0T	Clubhouse Enhancement Training		\$	48,895			\$	48,895			\$ 48,895	
A-6-SU	Supported Employment Services		\$	40,385			\$	40,385			\$ 40,385	
A-6-0T	Supported Employment Technical Assistance Training		\$	10,000			\$	10,000			\$ 10,000	
A-7-SU	Mental Health & Primary Care Services Integration				\$	80,769	\$	80,769			\$ 80,769	
A-8-SU	Enhanced Outpatient Mental Health Services		\$	115,385			\$	115,385			\$ 115,385	
A-8-0T	Enhanced Outpatient Mental Health Training		\$	22,500			\$	22,500			\$ 22,500	
	ADULT (A) SUB-TOTAL	\$ 4,542,077	\$	497,419	\$	80,769	\$	5,120,265	\$ -	\$ -	\$ 5,120,265	\$

Fiscal Year: 2005-06

County:	San Diego		TOT	ALF	UNDS REQU	JESTED	BY FUND	) TY	/PE			FUND	S REQUESTI	ED BY	AGE GROUP		
#	Program Work Plan Name		ull Service artnerships	De	System velopment		reach & agement		Total Request		ren, Youth, nilies (CY)		nsition Age outh (TAY)		Adult (A)		Older Adult (OA)
0A-1-SU	High Utilizer Integrated Services & Supported Housing	\$	103,846					\$	103,846	1						\$	103,846
0A-1-0T	Continuum of Housing Options	\$	1,095,600					\$	1,095,600							\$	1,095,600
0A-1-0T	Geriatric Assessment Outcome Base Treatment Plan Training	\$	100,000					\$	100,000							\$	100,000
0A-1-0T	ACT Team Training and Bartel Pilot	\$	31,500					\$	31,500							\$	31,500
0A-1-0T	Transportation - Vans	\$	30,000					\$	30,000							\$	30,000
0A-2-SU	Mobile Outreach at Home & Community			\$	92,939			\$	92,939							\$	92,939
0A-2-0T	Geriatric Certificate Training			\$	30,000			\$	30,000							\$	30,000
0A-2-0T	Senior Peer and Family/Caregiver Support Training			\$	20,000			\$	20,000							\$	20,000
0A-2-0T	Transportation - Vans			\$	30,000			\$	30,000							\$	30,000
0 A-3-SU	Mental Health & Primary Care Services Integration					\$	52,500	\$	52,500							\$	52,500
0A-3-0T	Promotora Training					\$	20,000	\$	20,000							\$	20,000
OA-3-OT	Provider Primary Care Physician Training					\$	7,500	\$	7,500							\$	7,500
0A-3-0T	Impact Dulce Training					\$	34,700	\$	34,700							\$	34,700
0A-3-0T	Transportation - Vans					\$	30,000	\$	30,000							\$	30,000
	OLDER ADULT (OA) SUB-TOTAL	\$	1,360,946	\$	172,939	\$	144,700	\$	1,678,585	\$	-	\$	-	\$	-	\$	1,678,585
ALL-1-SU	Services for Deaf & Hard of Hearing	\$	22,454					\$	22,454	\$	5,613	\$	5,613	\$	5,613	\$	5,613
ALL-2-SU	Services for Victims of Trauma and Torture	\$	22,454					\$	22,454	\$	5,613	\$	5,613	\$	5,613	\$	5,613
ALL-3-SU	Walk-in Assessment Center, North County			\$	66,638			\$	66,638	\$	32,335	\$	9,071	\$	19,879	\$	5,353
	ALL AGE GROUPS SUB-TOTAL	\$	44,908	\$	66,638	\$	-	\$	111,546	\$	43,562	\$	20,298	\$	31,106	\$	16,580
OT-1	System-Wide Education, Training, & Technical Enhancements	İ		\$	536,262			\$	536,262	\$	177,127	\$	94,972	\$	208,123	\$	56,039
OT-2	System-Wide Outreach One-Time Funding					\$	100,000	\$	100,000	\$	33,030	\$	17,710	\$	38,810	\$	10,450
	ONE-TIME SUB-TOTAL	. \$	-	\$	536,262	\$	100,000	\$	636,262	\$	210,157	\$	112,682	\$	246,933	\$	66,489
ОТ	Extension of Local Planning	\$	549,786					\$	549,786	\$	181,594	\$	97,367	\$	213,372	\$	57,453
	SUB-TOTAL FY(05-06) START UP & ONE TIME (b)	\$	8,556,347	\$	1,690,344	\$	801,046	\$	11,047,737	\$	1,505,160	\$	2,111,794	\$	5,611,677	\$	1,819,107
		•						<u>'</u>		•				•			
SUE	3-TOTAL FY(05-06) SERVICES, START UP & ONE-TIME (c=a+b)	\$	11,400,011	\$	3,334,680	\$	1,838,546	\$	16,573,237	\$	3,338,961	\$	3,088,180	\$	7,750,949	\$	2,395,147
	MHSA Administration (d)	\$	1,710,002	\$	500,202	\$	275,782	\$	2,485,986	\$	500,844	\$	463,227	\$	1,162,642	\$	359,272
	EVALUE AND SERVICES ATART US ONE THE A SERVICE							"			0.000.000		0.554.405		0.040.501		0.754.442
IOTAL	FY(05-06) SERVICES, START UP, ONE-TIME & ADMIN (e=c+d) % Percent	١,	13,110,013 68.79%	\$	3,834,882 20.12%		2,114,328 11.09%	II '	19,059,223 100.00%	*	3,839,806 20.15%	l '	3,551,407 18.63%	Ι΄.	8,913,591 46.77%	Ι΄.	2,754,419 14.45%
		_						_								_	

SU-Start Up costs for 6 weeks

OT = One-Time CSS funding

#### Exhibit 2: COMMUNITY SERVICES AND SUPPORTS (CSS) PROGRAM WORKPLAN LISTING

Fiscal Year: 2006-07

County:	San Diego	2006-07 TOT	AL FUNDS RE	QUESTED BY FUNI	D TY	PΕ		FUNDS REQUEST	ED BY AGE GROUP	
#	Program Work Plan Name	Full Service Partnerships	System Development	Outreach & Engagement	-	Total Request	Children, Youth, Families (CY)	Transition Age Youth (TAY)	Adult (A)	Older Adult (OA)
CY-1	School/Home Based Services, Uninsured			\$ 2,000,000	\$	2,000,000	\$ 2,000,000			
CY-2.1	Family and Youth Information / Education Program		\$ 150,00	0	\$	150,000	\$ 150,000			
CY-2.2	Family/Youth Peer Support Services	\$ 350,000			\$	350,000	\$ 350,000			
CY-3	Cultural/Language Specific Outpatient	\$ 400,000			\$	400,000	\$ 400,000			
CY-4.1	Mental Health & Primary Care Services Integration			\$ 635,000	\$	635,000	\$ 635,000			
CY-4.2	Mobile Psychiatric Emergency Response		\$ 115,00	0	\$	115,000	\$ 115,000			
CY-5.1	Medication Support for Dependents and Wards	\$ 540,000			\$	540,000	\$ 540,000			
CY-5.2	Outpatient Court Schools & Outreach			\$ 360,000	\$	360,000	\$ 360,000			
CY-5.3	Homeless/Runaway	\$ 307,673			\$	307,673	\$ 307,673			
CY-6	First Five Services		\$ 300,00	0	\$	300,000	\$ 300,000			
CY-7	Wraparound Services	\$ 1,650,000			\$	1,650,000	\$ 1,650,000			
CY-8	Mental Health Services to Children & Youths in Placement		\$ 150,00	0	\$	150,000	\$ 150,000			
	CHILDREN, YOUTH, FAMILIES (CY) SUB-TOTAL	\$ 3,247,673	\$ 715,00	0 \$ 2,995,000	\$	6,957,673	\$ 6,957,673	\$ -	\$ -	\$ -
TAY-1	Integrated Services & Supported Housing	\$ 1,500,785			1 \$	1,500,785	<u> </u>	\$ 1,500,785		<u> </u>
TAY-2	Clubhouse / Peer Support Services	, ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	\$ 350,00	0	\$	350,000		\$ 350,000		
TAY-3	DDx Residential Treatment Program	\$ 769.000			\$	769,000		\$ 769,000		
TAY-4	Enhanced Outpatient Mental Health Services	* 100,000	\$ 1,109,84	n	\$	1,109,840		\$ 1,109,840		
	TRANSITION AGE YOUTH (TAY) SUB-TOTAL	\$ 2,269,785	\$ 1,459,84		\$	3,729,625	\$ -	\$ 3,729,625		\$ -
A-1	Homeless Integrated Services and Supported Housing	\$ 3,368,000			\$	3,368,000			\$ 3,368,000	
A-2	Justice Integrated Services and Supported Housing	\$ 1,200,000			\$	1,200,000			\$ 1,200,000	
A-3	Client Operated Peer Support Services		\$ 420,00	0	\$	420,000			\$ 420,000	
A-4	Family Education Services		\$ 70,00	0	\$	70,000			\$ 70,000	
A-5	Clubhouse Enhance and Expand with Employment		\$ 1,179,50	2	\$	1,179,502			\$ 1,179,502	
A-6	Supported Employment Services		\$ 350,00	0	\$	350,000			\$ 350,000	
A-7	Mental Health & Primary Care Services Integration			\$ 700,000	\$	700,000			\$ 700,000	
A-8	Enhanced Outpatient Mental Health Services		\$ 1,000,00	0	\$	1,000,000			\$ 1,000,000	
	ADULT (A) SUB-TOTAL	\$ 4,568,000	\$ 3,019,50	2 \$ 700,000	\$	8,287,502	\$ -	\$ -	\$ 8,287,502	\$ -
0A-1	High Utilizer Integrated Services & Supported Housing	\$ 900,000			\$	900,000	<u> </u>			\$ 900,000
OA-2	Mobile Outreach at Home & Community	· ·	\$ 805,47	1	\$	805,471				\$ 805,471
OA-3	Mental Health & Primary Care Services Integration		<u> </u>	\$ 455,000	\$	455,000				\$ 455,000
	OLDER ADULT (OA) SUB-TOTAL	\$ 900,000	\$ 805,47	1 \$ 455,000	\$	2,160,471	\$ -	\$ -	\$ -	\$ 2,160,471
ALL-1	Services for Deaf & Hard of Hearing	\$ 194,600			1 \$	194,600	\$ 48,650	\$ 48,650	\$ 48,650	\$ 48,650
ALL-2	Services for Victims of Trauma and Torture	\$ 194,600			\$	194,600	\$ 48,650	\$ 48,650		\$ 48,650
ALL-3	Walk-in Assessment Center, North County	* 151,000	\$ 577,52	9	\$	577,529	\$ 280,234	\$ 78,619	1 .	\$ 46,390
7.22.0	ALL AGE GROUPS SUB-TOTAL	\$ 389,200	\$ 577,52		\$	966,729	\$ 377,534		1 1	\$ 143,690
					"					<u> </u>
	SUB-TOTAL FY (06-07) CSS SERVICES (a)	\$ 11,374,658	\$ 6,577,34	2 \$ 4,150,000	\$	22,102,000	\$ 7,335,207	\$ 3,905,544	\$ 8,557,088	\$ 2,304,161
	MHSA-Administration (b)	\$ 1,706,199	\$ 986,60	1 \$ 622,500	\$	3,315,300	\$ 1,100,281	\$ 585,832	\$ 1,283,563	\$ 345,624
	TOTAL FY (06-07) CSS SERVICES AND ADMIN (c=a+b)			-1			\$ 8,435,488	\$ 4,491,375	\$ 9,840,652	\$ 2,649,785
	% Percent	\$ 13,080,857 51.46%	\$ 7,563,94 29.76		111	25,417,300 100.00%	\$ 8,435,488 33.19%	1	1	1

#### Exhibit 2: COMMUNITY SERVICES AND SUPPORTS (CSS) PROGRAM WORKPLAN LISTING

Fiscal Year: 2007-08

TAY-1	County:	San Diego	TOT	AL FUNDS RE	QUESTED BY FUN	D TYPE		FUNDS REQUEST	ED BY AGE GROUP	
CY-2    Paraly and Your Information Enginement	#	Program Work Plan Name				Total Request				
CY-2	CY-1	School/Home Based Services, Uninsured			\$ 2,000,000	\$ 2,000,000	\$ 2,000,000			
CY-4   Outbild Polithan A Volume	CY-2.1	Family and Youth Information / Education Program		\$ 150,00	0	\$ 150,000	\$ 150,000			
CY-4	CY-2.2	Family/Youth Peer Support Services	\$ 350,000			\$ 350,000	\$ 350,000			
CY-12   Notice Programmer Emergency Response	CY-3	Cultural/Language Specific Outpatient	\$ 400,000			\$ 400,000	\$ 400,000			
Cr.51   Medication Support for Deconstants and Works   \$ 540,000   \$ 580,000	CY-4.1	Mental Health & Primary Care Services Integration			\$ 635,000	\$ 635,000	\$ 635,000			
CF-52   Outstaint Court Schools -	CY-4.2	Mobile Psychiatric Emergency Response		\$ 115,00	0	\$ 115,000	\$ 115,000			
Crit   State	CY-5.1	Medication Support for Dependents and Wards	\$ 540,000			\$ 540,000	\$ 540,000			
C1-62	CY-5.2	Outpatient Court Schools & Outreach			\$ 360,000	\$ 360,000	\$ 360,000			
CY-6	CY-5.3	Homeless/Runaway	\$ 307,673			\$ 307,673	\$ 307,673			
CY-8   Mental Health Services to Children & Youth is Pitesement	CY-6	First Five Services		\$ 300,00	0	\$ 300,000	\$ 300,000			
CHILDREN, YOUTH, FAMILIES (CY) SUB-TOTAL \$ 3.247,673 \$ 715,000 \$ 2.995,000 \$ 6.957,673 \$ 6.957,673 \$	CY-7	Wraparound Services	\$ 1,650,000			\$ 1,650,000	\$ 1,650,000			
TAY-1 Inlegrated Services & Supported Housing \$ 1,500,785 \$ 350,000 \$ 350,000 \$ \$ 7,89	CY-8	Mental Health Services to Children & Youths in Placement		\$ 150,00	0	\$ 150,000	\$ 150,000			
TAY-2   Cubhouse Peer Support Services   \$ 350,000   \$ 350,000   \$ 769,000   \$		CHILDREN, YOUTH, FAMILIES (CY) SUB-TOTAL	\$ 3,247,673	\$ 715,00	0 \$ 2,995,000	\$ 6,957,673	\$ 6,957,673	\$ -	0	0
TAY-4   Entrained Outpatient Mental Health Services   \$ 1,109,840   \$ 1,	TAY-1	Integrated Services & Supported Housing	\$ 1,500,785			\$ 1,500,785		\$ 1,500,785		
TAY-4 Enhanced Outpatient Mental Health Services   \$ 1,109,840   \$ 1,109,840   \$ 1,109,840   \$ 3,329,625   \$ - \$ 3,729,6	TAY-2	Clubhouse / Peer Support Services		\$ 350,00	0	\$ 350,000		\$ 350,000		
TRANSITION A GE YOUTH (TAY) SUB-TOTAL \$ 2,269,785 \$ 1,459,840 \$ \$ 3,729,625 \$ - \$ 3,729,625 \$	TAY-3	DDx Residential Treatment Program	\$ 769,000			\$ 769,000		\$ 769,000		
A-1 Homeless integrated Services and Supported Housing \$ 3,388,000 \$ \$ 3,388,000 \$ \$ 1,200,000 \$ 1,200,000 \$ \$ 1,200,000 \$ \$ 1,200,000 \$ \$ 1,200,000 \$ \$ 1,200,000 \$ \$ 1,200,000 \$ \$ 1,200,000 \$ \$ 1,200,000 \$ \$ 1,200,000 \$ \$ 1,200,000 \$ \$ 1,200,000 \$ \$ 1,200,000 \$ \$ 1,200,000 \$ \$ 1,200,000	TAY-4	Enhanced Outpatient Mental Health Services		\$ 1,109,84	0	\$ 1,109,840		\$ 1,109,840		
A-2 Justice Integrated Services and Supported Housing \$ 1,200,000 \$ \$ 420,000 \$ \$ 420,000 \$ \$ 420,000 \$ \$ 420,000 \$ \$ 420,000 \$ \$ 420,000 \$ \$ 420,000 \$ \$ 420,000 \$ \$ 420,000 \$ \$ 420,000 \$ \$ 70,000 \$		TRANSITION AGE YOUTH (TAY) SUB-TOTAL	\$ 2,269,785	\$ 1,459,84	0 \$	\$ 3,729,625	\$ -	\$ 3,729,625	\$ -	\$ -
A-3 Client Operated Peer Support Services \$ 420,000 \$ \$ 420,000 \$ \$ 70,000 \$	A-1	Homeless Integrated Services and Supported Housing	\$ 3,368,000			\$ 3,368,000	Ī		\$ 3,368,000	
A-4 Family Education Services	A-2	Justice Integrated Services and Supported Housing	\$ 1,200,000			\$ 1,200,000			\$ 1,200,000	
A-5 Clubhouse Enhance and Expand with Employment \$ 1,179,502 \$ 5,177,529 \$ 5,77,529 \$ 1,179,502 \$ 1,17	A-3	Client Operated Peer Support Services		\$ 420,00	0	\$ 420,000			\$ 420,000	
A-6 Supported Employment Services A-7 Mental Health & Primary Care Services Integration A-8 Enhanced Outpatient Mental Health Services ADULT (A) SUB-TOTAL \$ 4,568,000 \$ 3,019,502 \$ 700,000 \$ 8,287,502 \$ - \$ \$ 9,287,502 \$  OA-1 High Utilizer Integrated Services & Supported Housing \$ 900,000 \$ 805,471 \$ \$ 900,000 \$ 805,471 \$ \$ 805,471 \$ \$ 900,000 \$ 805,471 \$ \$ 4,550,000 \$ 805,471 \$ 805,471 \$ \$ 805,471 \$ \$ 805,471 \$ \$ 805,471 \$ \$ 805,471 \$ \$ 805,471 \$ \$ 805,471 \$ \$ 805,471 \$ \$ 805,471 \$ \$ 805,471 \$ \$ 805,471 \$ \$ 805,471 \$ \$ 805,471 \$ \$ 805,471 \$ \$ 805,471 \$ \$ 805,471 \$ 805,471 \$ \$ 805,471 \$ \$ 805,471 \$ \$ 805,471 \$ \$ 805,471 \$ \$ 805,471 \$ \$ 805,471 \$ \$ 805,471 \$ \$ 805,471 \$ \$ 805,471 \$ \$ 805,471 \$	A-4	Family Education Services		\$ 70,00	0	\$ 70,000			\$ 70,000	
A-7 Mental Health & Primary Care Services Integration A-8 Enhanced Outpatient Mental Health Services	A-5	Clubhouse Enhance and Expand with Employment		\$ 1,179,50	2	\$ 1,179,502			\$ 1,179,502	
A-8 Enhanced Outpatient Mental Health Services	A-6	Supported Employment Services		\$ 350,00	0	\$ 350,000			\$ 350,000	
ADULT (A) SUB-TOTAL \$ 4,668,000 \$ 3,019,502 \$ 700,000 \$ 8,287,502 \$ - \$ - \$ 8,287,502 \$ - \$ - \$ - \$ 8,287,502 \$ - \$ - \$ - \$ 8,287,502 \$ - \$ - \$ - \$ - \$ - \$ 8,287,502 \$ - \$ - \$ - \$ - \$ - \$ - \$ - \$ - \$ - \$	A-7	Mental Health & Primary Care Services Integration			\$ 700,000	\$ 700,000			\$ 700,000	
OA-1 High Utilizer Integrated Services & Supported Housing \$ 900,000   \$ 900,0	A-8	Enhanced Outpatient Mental Health Services		\$ 1,000,00	0	\$ 1,000,000			\$ 1,000,000	
OA-2         Mobile Outreach at Home & Community         \$ 805,471         \$ 80		ADULT (A) SUB-TOTAL	\$ 4,568,000	\$ 3,019,50	2 \$ 700,000	\$ 8,287,502	\$ -	\$ -	\$ 8,287,502	\$ -
OA-3 Mental Health & Primary Care Services Integration \$ \$455,000	0A-1	High Utilizer Integrated Services & Supported Housing	\$ 900,000			\$ 900,000			Ì	\$ 900,000
OLDER ADULT (OA) SUB-TOTAL \$ 900,000 \$ 805,471 \$ 455,000 \$ 2,160,471 \$ - \$ - \$ - \$ 2,160,471  ALL-1 Services for Deaf & Hard of Hearing \$ 194,800 \$ 194,800 \$ 194,800 \$ 194,800 \$ 48,65	OA-2	Mobile Outreach at Home & Community		\$ 805,47	1	\$ 805,471				\$ 805,471
ALL-1   Services for Deaf & Hard of Hearing   \$ 194,800   \$ 194,800   \$ 194,800   \$ 194,800   \$ 48,650   \$ 48,	OA-3	Mental Health & Primary Care Services Integration			\$ 455,000	\$ 455,000				\$ 455,000
ALL-2 Services for Victims of Trauma and Torture \$ 194,600 \$ 194,600 \$ 194,600 \$ 48,650 \$ 48,650 \$ 48,650 \$ 48,650 \$ 48,650 \$ ALL-3 Walk-in Assessment Center, North County \$ 577,529 \$ 577,529 \$ 280,234 \$ 78,619 \$ 172,286 \$ 46,390 \$ 143,690 \$ ALL AGE GROUPS SUB-TOTAL \$ 389,200 \$ 577,529 \$ - \$ 966,729 \$ 377,534 \$ 175,919 \$ 269,586 \$ 143,690 \$ 22,102,000 \$ 7,335,207 \$ 3,905,544 \$ 8,557,088 \$ 2,304,161 \$ 1,706,199 \$ 986,601 \$ 622,500 \$ 3,315,300 \$ 1,100,281 \$ 585,832 \$ 1,283,563 \$ 345,624		OLDER ADULT (OA) SUB-TOTAL	\$ 900,000	\$ 805,47	1 \$ 455,000	\$ 2,160,471	\$ -	\$ -	\$ -	\$ 2,160,471
ALL-3 Walk-in Assessment Center, North County \$ 577,529 \$ 280,234 \$ 78,619 \$ 172,286 \$ 46,390 \$ 577,529 \$ 966,729 \$ 377,534 \$ 175,919 \$ 269,586 \$ 143,690 \$ 577,529 \$ - \$ 966,729 \$ 377,534 \$ 175,919 \$ 269,586 \$ 143,690 \$ 577,529 \$ - \$ 966,729 \$ 377,534 \$ 175,919 \$ 269,586 \$ 143,690 \$ 577,529 \$ - \$ 966,729 \$ 3,305,544 \$ 8,557,088 \$ 2,304,161 \$ 580,400 \$ 11,374,668 \$ 6,577,342 \$ 4,150,000 \$ 22,102,000 \$ 7,335,207 \$ 3,905,544 \$ 8,557,088 \$ 2,304,161 \$ 580,400 \$ 1,100,281 \$ 580,832 \$ 1,283,563 \$ 345,624 \$ 1,283,563 \$ 1,28	ALL-1	Services for Deaf & Hard of Hearing	\$ 194,600			\$ 194,600	\$ 48,650	\$ 48,650	\$ 48,650	\$ 48,650
ALL AGE GROUPS SUB-TOTAL \$ 389,200 \$ 577,529 \$ - \$ 966,729 \$ 377,534 \$ 175,919 \$ 269,586 \$ 143,690 \$ SUB-TOTAL FY (06-07) CSS SERVICES (a) \$ 11,374,668 \$ 6,577,342 \$ 4,150,000 \$ 22,102,000 \$ 7,335,207 \$ 3,905,544 \$ 8,557,088 \$ 2,304,161 \$	ALL-2	Services for Victims of Trauma and Torture	\$ 194,600			\$ 194,600	\$ 48,650	\$ 48,650	\$ 48,650	\$ 48,650
SUB-TOTAL FY (06-07) CSS SERVICES (a) \$ 11,374,668 \$ 6,577,342 \$ 4,150,000 \$ 22,102,000 \$ 7,335,207 \$ 3,905,544 \$ 8,557,088 \$ 2,304,161  MHSA-Administration (b) \$ 1,706,199 \$ 986,601 \$ 622,500 \$ 3,315,300 \$ 1,100,281 \$ 585,832 \$ 1,283,563 \$ 345,624  TOTAL FY 07-08 CSS SERVICES AND ADMIN (c=a+b) \$ 13,080,857 \$ 7,563,943 \$ 4,772,500 \$ 25,417,300 \$ 8,435,488 \$ 4,491,375 \$ 9,840,652 \$ 2,649,785	ALL-3	Walk-in Assessment Center, North County		\$ 577,52	9	\$ 577,529	\$ 280,234	\$ 78,619	\$ 172,286	\$ 46,390
MHSA-Administration (b) \$ 1,706,199 \$ 986,601 \$ 622,500 \$ 3,315,300 \$ 1,100,281 \$ 585,832 \$ 1,283,563 \$ 345,624  TOTAL FY 07-08 CSS SERVICES AND ADMIN (c=a+b) \$ 13,080,857 \$ 7,563,943 \$ 4,772,500 \$ 25,417,300 \$ 8,435,488 \$ 4,491,375 \$ 9,840,652 \$ 2,649,785		ALL AGE GROUPS SUB-TOTAL	\$ 389,200	\$ 577,52	9 \$	\$ 966,729	\$ 377,534	\$ 175,919	\$ 269,586	\$ 143,690
MHSA-Administration (b) \$ 1,706,199 \$ 986,601 \$ 622,500 \$ 3,315,300 \$ 1,100,281 \$ 585,832 \$ 1,283,563 \$ 345,624  TOTAL FY 07-08 CSS SERVICES AND ADMIN (c=a+b) \$ 13,080,857 \$ 7,563,943 \$ 4,772,500 \$ 25,417,300 \$ 8,435,488 \$ 4,491,375 \$ 9,840,652 \$ 2,649,785								•		
TOTAL FY 07-08 CSS SERVICES AND ADMIN (c=a+b) \$ 13,080,857 \$ 7,563,943 \$ 4,772,500 \$ 25,417,300 \$ 8,435,488 \$ 4,491,375 \$ 9,840,652 \$ 2,649,785		SUB-TOTAL FY (06-07) CSS SERVICES (a)	\$ 11,374,658	\$ 6,577,34	2 \$ 4,150,000	\$ 22,102,000	\$ 7,335,207	\$ 3,905,544	\$ 8,557,088	\$ 2,304,161
TOTAL FY 07-08 CSS SERVICES AND ADMIN (c=a+b) \$ 13,080,857 \$ 7,563,943 \$ 4,772,500 \$ 25,417,300 \$ 8,435,488 \$ 4,491,375 \$ 9,840,652 \$ 2,649,785		MHSA -Administration (h)	\$ 1.706.199	\$ 986 60	1 \$ 622 500	\$ 3315300	\$ 1,100,281	\$ 585.832	\$ 1.283.563	\$ 345.624
Table   Tabl		mi iossadiiiiilou audii (b)	1,100,100	1 200,000	1 522,000	3,513,500	1,100,201	1 333,002	1,200,000	1
		TOTAL FY 07-08 CSS SERVICES AND ADMIN (c=a+b)	\$ 13,080,857	\$ 7,563,94	3 \$ 4,772,500	\$ 25,417,300	\$ 8,435,488	\$ 4,491,375	\$ 9,840,652	\$ 2,649,785
		% Percent	51.46%					17.67%	38.72%	10.43%

## **EXHIBIT 3: FULL SERVICE PARTNERSHIP OVERVIEW**

Number of individuals to be fully served:

FY 2005-06: Children and Youth: 98 Transition Age Youth: 49 Adult: 109 Older Adult: 21 TOTAL: 277 FY 2006-07: Children and Youth: 388 Transition Age Youth: 192 Adult: 435 Older Adult: 83 TOTAL: 1098 FY 2007-08: Children and Youth: 388 Transition Age Youth: 192 Adult: 435 Older Adult: 83 TOTAL: 1098

### PERCENT OF INDIVIDUALS TO BE FULLY SERVED

		ERCEITI C	1 11 101	VIDCILLO		CLLIBE	KILD		
	%	Male	% ]	Female	%	Male	% ]	Female	1
Race/Ethnicity	% Total	% Non- English Speaking	% TOTAI						
		Speaking		Speaking		Speaking		Speaking	
% African American									
% Asian/ Pacific Islander % Latino									
% American Indian									
% White									
% Other									
Total Population									
Total Topulation									
% African American	2%	NA	3%	NA	2%	NA	2%	NA	9%
% Asian/ Pacific Islander	2%	10%	2%	10%	1.5%	10%	1.5%	10%	7%
% Latino	9%	10%	10%	10%	6%	10%	7%	10%	32%
% American Indian	.5%	NA	.5%	NA	.5%	NA	.5%	NA	2%
% White	13%	10%	13%	10%	8%	10%	9%	10%	43%
% Other	2%	10%	2%	10%	1%	10%	2%	10%	7%
Total Population	28.5%	10%	30.5%	10%	19%	10%	22%	10%	100%
% African American	3%	NA	3%	NA	2%	NA	2%	NA	10%
% Asian/ Pacific Islander	3%	15%	3%	15%	2%	15%	2%	15%	10%
% Latino	10%	15%	11%	15%	7%	15%	7%	15%	35%
% American Indian	.5%	NA	.5%	NA	.5%	NA	.5%	NA	2%
% White	11%	15%	12%	15%	7%	15%	7%	15%	37%
% Other	1%	15%	2%	15%	1%	15%	2%	15%	6%
Total Population	28.5%	15%	31.5%	15%	19.5%	15%	20.5%	15%	100%

<sup>\*</sup>As services will most likely not be implemented until the middle or end of FY 05-06, planning for percent of services by ethnicity this FY will not be applicable.

- Analysis includes children, TAY, adults, older adults
- Based on gap analysis and reflects the needs of various ethnic groups in San Diego County
- Services will be developed to meet needs of target population by improving capacity or access

## **EXHIBIT 4: COMMUNITY SERVICES AND SUPPORTS WORK PLAN SUMMARY**

County: San	Fiscal Year:	Program Work Plan Name: Sch		Home	Base	d Servi	ces. Uni	insure	<u></u>
Diego	2005-06, 2006-07, 2007-08								
Program Work		Estimated Start Date: April 1, 2	2006						
Program Descr	iption:	1							
1a) This county	vide program provides school-ba	ased outreach to children and yout	h with S	Seriously	y Emo	otionally	y Disturk	oed (S	SED)
		health care. In 1997, Children's M							
	inic based with school based services in approximately 7 schools. Currently, wifered in over 300 schools, countywide, to Medi-Cal eligible children and youth. Son-Medi-Cal eligible children/youth with SED.						these se	ervice	s to
	<u> </u>								
	,	ren/youth up to age 18 who are no	n Medi	-Cal and	d indig	gent			
(unserved/unins	ured).								
		1d)	Fund Ty	/pe	1	<b>d)</b> Age	Group	)	
	lies to be used, Funding Types r	equested (check all that apply),		Sys				_	
	e served (check all that apply)	FSP	Dev	OE	CY	TAY	Α	OA	
1c)		.,							Ш
	and treatment to indigent (unse	,							
	gap analysis. The gap analysis i								
	routh in San Diego County are u								
services;	dividualized, culturally competer	nt, and strength based outpatient							
	will be involved in the development								
•	nt, comprehensive assessment a								
	will participate in identifying locations based services;	tion which may include school,							
✓ Youth act	✓ Youth actively involved in the development of the treatment plan;								
✓ Coordina	ted services through close collab	poration with school partners;							
	array of community service optic	ons for children and youth							
	d with SED and their families;								
		may deter need for higher level							
of care ar	nd may help prevent unnecessar	ry institutionalization and out of							

- home placements;

  ✓ Coordination and linkage with education to improve continuity of care in a normative setting and support successful education of children/youth;

  ✓ Appropriate referrals to help students apply for Medi-Cal and Healthy Families insurance coverage;

  ✓ Current standard assessment forms of the entire Children's Mental Health System will be modified to ensure consideration of domestic violence, screening and referral when appropriate;

  ✓ Orientation and training on wraparound principles and approach, domestic
- 2) Proposed Program: Outpatient mental health services for non Medi-Cal, indigent children and youth with SED who would have otherwise not have access to mental health care. The MHSA allows unserved /uninsured children/youth and their families to access services within their normative environment. This program addresses MHSA goals for system transformation by increasing timely access to care for indigent who would otherwise remain unserved, and by providing client and family-driven, strength-based, culturally competent, co-occurring assessment, domestic violence assessments, community based services, with access to Family/Youth Information/Education Program. Six weeks of program start-up funds are included in the budget request.
- 3) Housing/Employment Services: Referrals and linkages to housing and employment will be made as needed.
- 4) Full Service Partnership: N/A This service is not funded through a Full Service Partnership.

violence and co-occurring disorders will be provided to all clinical staff.

- **5) Recovery Goals:** Outreach and engagement in a setting not typically associated with the stigma of mental illness can be expected to engage unserved children and their families with hope for the future. Access to family partners will facilitate peer supportive relationships and models for recovery.
- **6) Expanding Existing Programs:** Current school based programs are able to serve only Medi-Cal eligible children and youth. Augmentation of existing services will allow current EPSDT-only providers to serve uninsured SED children/youth.
- 7) Services and Supports provided by Clients and/or Family Members: Children/Families in this program have access to Client/Family run Family/Youth Information and Education Program with Family/Youth Peer Support Partners.

- **8) Collaboration Strategies**: There is strong collaboration with Educational Partners through existing school-based outpatient programs and this will be further strengthened as a result of MHSA augmented services. Collaboration with other child serving agencies such as Child Welfare Services and Probation will continue.
- **9/10) Cultural Competence/Ethnic Disparities/Sexual Orientation and Gender Sensitivity:** This program will be embedded in the overall Cultural Competence guidelines and expectations for all county services, and specific outreach and engagement will occur with the unserved/underserved groups of consumers who are Latino or Asian/Pacific Islander. Sensitivity to gender and sexual orientation is part of the cultural competency expectations for the county.
- 11) Individuals Residing Out-of-County: The services will be provided to in-county residents.
- 12) Strategies not Listed in Section IV: All strategies are listed in Section IV.
- 13) Timeline:

From time of contract execution (target 4/1/06):

Program staff hired by May 1, 2006
Staff trained by May 15, 2006
Program start by May 15, 2006

#### EXHIBIT 5a--Mental Health Services Act Community Services and Supports Budget Worksheet

County(ies):	San Diego		Fiscal Year:	2005-06
Program Workplan #:	CY-1		Date:	11/11/05
Program Workplan Name:	School / Home Based Services, Uninsured		Page:	1 of 274
Type of Funding:	3. Outreach and Engagement		Months of Operation:	3
	Proposed Total Client Capacity of Program/Service:	151	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:_	0	Prepared by:	Michelle Peterson
Clier	t Canacity of Program/Service Expanded through MHSA:	151	Telephone Number	(619) 563-2715

Client Capacity of Program Service Expanded through MPS	A. 101		releptione Nutribet.	(010) 000-2110
	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures				
Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$0
b. Travel and Transportation				\$0
c. Housing				
i. Master Leases				\$0
ii. Subsidies				\$0
iii. Vouchers				\$0
iv. Other Housing				<u>\$0</u>
d. Employment and Education Supports				\$0
e. Other Support Expenditures (provide description in budget narrative)				<u>\$0</u>
f. Total Support Expenditures	\$0	\$0	\$0	\$0
2. Personnel Expenditures	***	***	***	
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$0
b. New Additional Personnel Expenditures (from Staffing Detail)				\$0
c. Employee Benefits				\$C
d. Total Personnel Expenditures	\$0	\$0	\$0	\$0
3. Operating Expenditures	Ψ0	Ų0	Ψ0	Ψ
a. Professional Services				\$0
b. Translation and Interpreter Services				\$0
c. Travel and Transportation				\$0
d. General Office Expenditures				\$0
e. Rent, Utilities and Equipment				,
f. Medication and Medical Supports				\$0
g. Other Operating Expenses (provide description in budget narrative)				<u>\$0</u>
h. Total Operating Expenditures	\$0	\$0	\$0	\$0 \$0
4. Program Management	***	<b>*</b> 0	<b>4</b> 0	
a. Existing Program Management				\$0
b. New Program Management				<u>\$0</u>
c. Total Program Management		\$0	\$0	\$0
5. Estimated Total Expenditures when service provider is not known	\$500,000			\$500,000
6. Total Proposed Program Budget	\$500,000	\$0	\$0	\$500,000
B. Revenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$6
c. Realignment				\$0
d. State General Funds				\$0
e. County Funds				\$0
f. Grants				*
g. Other Revenue				<u>\$0</u>
h. Total Existing Revenues	\$0	\$0	\$0	\$0
2. New Revenues	Ψ0	Ψυ	Ψυ	Ψ.
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. State General Funds				\$C
d. Other Revenue				\$0 \$0
e. Total New Revenue	\$0	\$0	\$0	\$0 \$0
3. Total Revenues	\$0 \$0			ր \$0
C. One-Time CSS Funding Expenditures	\$230,769		ΨΟ	\$230,769
	\$2,30,709			\$230,763
D. Tatal Funding Dequirements	£720.7c0	t n	to.	£720.700
D. Total Funding Requirements  E. Percent of Total Funding Requirements for Full Service Partnerships	\$730,769	\$0	\$0	\$730,769

#### EXHIBIT 5b--Mental Health Services Act Community Services and Supports Staffing Detail Worksheet

County(ies):	San Diego		Fiscal Year:_	2005-06
Program Workplan #	CY-1		Date:_	11/11/05
Program Workplan Name	School / Home Based Services, Uninsured		Page:_	2 of 274
Type of Funding	3. Outreach and Engagement		Months of Operation_	3
Proposed	Total Client Capacity of Program/Service:	151	New Program/Service or Expansion_	New
Exi	sting Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterso
Client Capacity of Pr	ogram/Service Expanded through MHSA:	151	Telephone Number:	(619) 563-2715

Salary, Wages Total Salaries. Client, FM & **Total Number of** and Overtime Classification **Function** Wages and CG FTEsa per FTEb/ Overtime A. Current Existing Positions \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 <u>\$0</u> **Total Current Existing Positions** 0.00 0.00 \$0 B. New Additional Positions Mental Health Clinician, Licensed Provides Mental Health Services 2.00 \$0 \$0 Mental Health Clinician, Licensed-Bilingual Provides Mental Health Services 1.88 Mental Health Clinician, Lic Eligible-Bilingual Provides Mental Health Services \$0 0.38 \$0 Mental Health Clinician, Licensed Eligible 0.25 Provides Mental Health Services Clerical & Other Support Staff Provides Clerical Support 1.06 \$0 Psychiatrist Provides Medication Support and Monitoring TBD TBD \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 <u>\$0</u> **Total New Additional Positions** \$0 0.00 5.56 C. Total Program Positions 0.00 \$0 5.56

County(ies): San Diego Fiscal Year: 2005-06 Page: 3 of 274
Program Workplan #: CY-1 Date: 11/11/05

Program Workplan Name: School / Home Based Services, Uninsured

Type of Funding: 3. Outreach and Engagement New Program/Service of Expansion: New

Line#	<u>Amount</u>	Description / Justification
A.5	\$500,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 3 months beginning April 1, 2006 - June 30, 2006.
B.2.a	\$0	If applicable, new revenues were estimated for EPSDT Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population.
С	\$230,769	One-Time CSS Funding Expenditures are the sum of the following:
	\$230,769	One-time CSS funding for start-up and implementation expenditures for this program are equivalent to 6 weeks of service operations. Start-up funds are budgeted to purchase equipment such as computer hardware, software, cell phones, copier, fax, furniture and other office equipment. Additionally, funds may be used to secure or expand office space including possible leasehold improvements. Implementation funds are also needed for program staff to recruit, hire, and train personnel and will be used to develop initial program outreach strategies to get this program up and running. These start-up costs will be expended in the fourth quarter of FY 05-06 between April 1, 2006 - June 30,2006.
D	\$730,769	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

### EXHIBIT 5a--Mental Health Services Act Community Services and Supports Budget Worksheet

County(ies):_	San Diego		Fiscal Year:	2006-07
Program Workplan #:	CY-1		Date:	11/11/05
Program Workplan Name:	School / Home Based Services, Uninsured		Page:	4 of 274
Type of Funding: _	Outreach and Engagement		Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:	605	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
Client	Canacity of Program/Service Eynanded through MHSA:	605	Telenhone Number	(619) 563-2715

	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures				
Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$0
b. Travel and Transportation				\$0
c. Housing				
i. Master Leases				\$0
ii. Subsidies				\$0
iii. Vouchers				\$0
iv. Other Housing				<u>\$C</u>
d. Employment and Education Supports				\$0
e. Other Support Expenditures (provide description in budget narrative)				<u>\$C</u>
f. Total Support Expenditures	\$0	\$0	\$0	\$0
2. Personnel Expenditures				
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$0
b. New Additional Personnel Expenditures (from Staffing Detail)				\$0
c. Employee Benefits				<u>\$C</u>
d. Total Personnel Expenditures	\$0	\$0	\$0	\$C
3. Operating Expenditures	1	¥5.		
a. Professional Services				\$0
b. Translation and Interpreter Services				\$0
c. Travel and Transportation				\$0
d. General Office Expenditures				\$0
e. Rent, Utilities and Equipment				,
f. Medication and Medical Supports				\$C
g. Other Operating Expenses (provide description in budget narrative)				\$C
h. Total Operating Expenses (provide description in budget nametive)	\$0	\$0	\$0	\$C
4. Program Management	ΨΟ	ψυ	ΨΟ	Ψ
a. Existing Program Management				\$0
b. New Program Management				\$ <u>C</u>
c. Total Program Management		\$0	\$0	\$C
S. Estimated Total Expenditures when service provider is not known	\$2,000,000	ψ0	ψο	\$2,000,000
6. Total Proposed Program Budget	\$2,000,000	\$0	\$0	\$2,000,000
B. Revenues	,,			,,
1. Existing Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$C \$C
c. Realignment d. State General Funds				\$C \$C
e. County Funds				\$C
f. Grants				
g. Other Revenue			***	<u>\$C</u>
h. Total Existing Revenues	\$0	\$0	\$0	\$C
2. New Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$C
c. State General Funds				\$0
d. Other Revenue				<u>\$C</u>
e. Total New Revenue	\$0	\$0	\$0	
3. Total Revenues	\$0	\$0	\$0	
C. One-Time CSS Funding Expenditures				\$0
D. Total Funding Requirements	\$2,000,000	\$0	\$0	\$2,000,000
E. Percent of Total Funding Requirements for Full Service Partnerships				

### EXHIBIT 5b-Mental Health Services Act Community Services and Supports Staffing Detail Worksheet

County(ies):	San Diego		Fiscal Year:	FY 06-07
Program Workplan #	CY-1		Date:	11/11/05
Program Workplan Name	School / Home Based Services, Uninsured		Page:	5 of 274
Type of Funding	3. Outreach and Engagement		Months of Operation	12
Proposed T	otal Client Capacity of Program/Service:	605	New Program/Service or Expansion	New
Exis	ting Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
Client Canacity of Pro	ogram/Service Evpanded through MHSA:	605	Telephone Number:	(619) 563-2715

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					<u>\$0</u>
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
Mental Health Clinician, Licensed	Provides Mental Health Services		8.00		\$0
Mental Health Clinician, Licensed-Bilingua	Provides Mental Health Services		7.50		\$0
Mental Health Clinician, Lic Eligible-Bilingu	Provides Mental Health Services		1.50		\$0
Mental Health Clinician, Licensed Eligible	Provides Mental Health Services		1.00		\$0
Clerical & Other Support Staff	Provides Clerical Support		4.25		\$0
Psychiatrist	Provides Medication Support and Monitoring		TBD		TBD
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
	Total New Additional Positions	0.00	22.25		\$0
C. Total Program Positions		0.00	22.25		\$0

County(ies): San Diego Fiscal Year: 2006-07 Page: 6 of 274
Program Workplan #: CY-1 Date: 11/11/05

Program Workplan Name: School / Home Based Services, Uninsured

Type of Funding: 3. Outreach and Engagement New Program/Service of Expansion: New

Line#	Amount	Description / Justification
A.5	\$2,000,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2006 - June 30, 2007.
B.2.a	\$0	If applicable, new revenues were estimated for EPSDT Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population.
D	\$2,000,000	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

#### EXHIBIT 5a-Mental Health Services Act Community Services and Supports Budget Worksheet

County(ie	es):San Diego		Fiscal Year:	2007-08
Program Workpla	n#:		Date:	11/11/05
Program Workplan Na	me: School / Home Based Services, Uninsured		Page:	7 of 274
Type of Fundir	ng: 3. Outreach and Engagement		Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:	605	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Petersor
C	-  :Dient Capacity of Program/Service Expanded through MHSA	605	Telephone Number.	(619) 563-2715

Client Capacity of Program/Service Expanded through MHS	605 <u>605</u>		Telephone Number.	(619) 563-2715
	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures				
1. Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$0
b. Travel and Transportation				\$0
c. Housing				
i. Master Leases				\$0
ii. Subsidies				\$0
iii. Vouchers				\$0
iv. Other Housing				<u>\$C</u>
d. Employment and Education Supports				\$0
e. Other Support Expenditures (provide description in budget narrative)				<u>\$0</u>
f. Total Support Expenditures	\$0	\$0	\$0	\$0
2. Personnel Expenditures				
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$0
b. New Additional Personnel Expenditures (from Staffing Detail)				\$0
c. Employee Benefits				\$0
d. Total Personnel Expenditures	\$0	\$0	\$0	\$C
3. Operating Expenditures	1			
a. Professional Services				\$0
b. Translation and Interpreter Services				\$0
c. Travel and Transportation				\$0
d. General Office Expenditures				\$0
e. Rent, Utilities and Equipment				Ψ
f. Medication and Medical Supports				\$0
g. Other Operating Expenses (provide description in budget narrative)				\$C
	sol	\$0	\$0	<u>ψυ</u> \$0
h. Total Operating Expenditures  4. Program Management	au.	ΦU	ΦU	ąt
				\$0
a. Existing Program Management				
b. New Program Management			**	<u>\$0</u> \$0
c. Total Program Management	#2.000.000	\$0	\$0	
5. Estimated Total Expenditures when service provider is not known	\$2,000,000 <b>\$2,000,000</b>	\$0	\$0	\$2,000,000 <b>\$2,000,00</b> 0
6. Total Proposed Program Budget	\$2,000,000	10	30	\$2,000,000
B. Revenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. Realignment				\$0
d. State General Funds				\$0
e. County Funds				\$0
f. Grants				
g. Other Revenue				<u>\$(</u>
h. Total Existing Revenues	\$0	\$0	\$0	\$0
2. New Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. State General Funds				\$0
d. Other Revenue				<u>\$1</u>
e. Total New Revenue	\$0	\$0	\$0	\$(
3. Total Revenues	\$0	\$0	\$0	\$0
	1			
C. One-Time CSS Funding Expenditures				31
C. One-Time CSS Funding Expenditures D. Total Funding Requirements	\$2,000,000	\$0	\$0	\$0,000,000 \$2,000,000

## EXHIBIT 5b--Mental Health Services Act Community Services and Supports Staffing Detail Worksheet

County(ies):	San Diego		Fiscal Year:	FY 07-08
Program Workplan #	CY-1		Date:	11/11/05
Program Workplan Name	School / Home Based Services, Uninsured		Page:	8 of 274
Type of Funding	3. Outreach and Engagement		Months of Operation	12
Proposed T	otal Client Capacity of Program/Service:	605	New Program/Service or Expansion	New
Exis	ting Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
Client Capacity of Pro	gram/Service Expanded through MHSA:	605	Telephone Number:	(619) 563-2715

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					<u>\$0</u>
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
Mental Health Clinician, Licensed	Provides Mental Health Services		8.00		\$0
Mental Health Clinician, Licensed-Bilingual	Provides Mental Health Services		7.50		\$0
Mental Health Clinician, Lic Eligible-Bilingu	Provides Mental Health Services		1.50		\$0
Mental Health Clinician, Licensed Eligible	Provides Mental Health Services		1.00		\$0
Clerical & Other Support Staff	Provides Clerical Support		4.25		\$0
Psychiatrist	Provides Medication Support and Monitoring		TBD		TBD
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					<u>\$0</u>
	Total New Additional Positions	0.00	22.25		\$0
C. Total Program Positions	0.00	22.25		\$0	

County(ies): San Diego Fiscal Year: 2007-08 Page: 9 of 274
Program Workplan #: CY-1 Date: 11/11/05

Program Workplan Name: School / Home Based Services, Uninsured

Type of Funding: 3. Outreach and Engagement New Program/Service of Expansion: New

Line#	<u>Amount</u>	Description / Justification			
A.5	\$2,000,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2007 - June 30, 2008.			
B.2.a	\$0	If applicable, new revenues were estimated for EPSDT Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population.			
D	\$2,000,000	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.			

## **EXHIBIT 4: COMMUNITY SERVICES AND SUPPORTS WORK PLAN SUMMARY**

Co	ounty: San	Fiscal Year:	Program Work Plan Name: Fa	amily a	nd You	th Info	rmatior	n/Educa	ation	
Di	ego	2005-06, 2006-07, 2007-08	Program							
Program Work Plan: CY-2.1 Estimated Start Date: April 1				, 2006						
1a	1a) Program Description: Family and Youth Information/Education Program will provide countywide information and									
		<u>*</u>	outh with SED and their families.							
11	b) Priority Popul	l <b>ation:</b> Youth with SED and fa	milies of children/youth with SED	(0-18)	ears o	ld) with	specia	al outre	ach t	0
un	served/underserve	ed, ethnically diverse populati	ons as per gap analysis (Latino a	nd Asia	an/Paci	fic Isla	nders).			
				1d) Fund Type 1d) Age Gro			Grou	ıр		
Describe strategies to be used, Funding Types requested (check all that apply),				Sys						
Age Groups to be served (check all that apply)		FSP	Dev	OE	CY	TAY	Α	OA		
1c	<b>;</b> )				$\boxtimes$		$\boxtimes$			
✓	Development of f	families and youth in leadersh	ip roles to provide information							
	and education to children/youth with SED and their families;									
✓	De-stigmatize mental illness and serious emotional disturbances in children									
	and youth;									
✓	<ul> <li>Expand services from direct services to information/education regarding</li> </ul>									
_	mental illness;									
✓	Develop training to be incorporated with CSOC Academy training plan to									
,	include: MHSA, de-stigmatization of mental illness.									
✓		• • • • • • • • • • • • • • • • • • • •	effort to reach Latino and Asian/							
,			and to reduce racial disparity;							
<b>V</b>	_	n educators will be reflective of	of the diverse ethnic population							
/	in the County;		of the evicting Children's							
•	Family and youth hired will become members of the existing Children's System of Care/ Wraparound Training Academy to support integration and a									
	-	•								
./		ach to a continuous service de								
•		ing to family/youth educators v								
		esolution, dual diagnosis, dom aining expenses covered by o								

- 2) Proposed Program: Countywide Family/Youth Information and Education Program will provide information and coordinate education to children/youth with SED and their families. Program advances the MHSA goals by destigmatizing mental illness, and by increasing information and education regarding mental illness, and by increasing the active involvement of family/youth in leadership roles. This program supports the principle of authentic consumer and family/youth participation. Educational presentations will include understanding mental disorders of children and the use of psychotropic medications. Six weeks of program start-up funds are included in the budget request.
- 3) Housing/Employment Services: The program will make referrals for housing and employment as needed.
- **4) Full Service Partnership:** N/A This program is not funded by a Full Service Partnership.
- **5) Recovery Goals:** Family support promotes recovery and resiliency for child/youth and families through education about mental illness, and activities to destigmatize mental illness, providing supports for recovery.
- **6) Expanding Existing Programs:** This is a new program.
- 7) Services and Supports provided by Clients and/or Family Members: Family members/youth are to be hired to provide support services as Family/Youth Partners.
- **8) Collaboration Strategies**: Collaboration will be made with the System of Care Partners (Education, Child Welfare, Probation, Community and others) and a broader training effort will be made under the Children's System of Care Wraparound Training Academy.
- **9/10) Cultural Competence/Ethnic Disparities/Sexual Orientation and Gender Sensitivity:** This program will be embedded in the overall Cultural Competence guidelines and expectations for all county services, and specific outreach and engagement will occur with the unserved/underserved groups of consumers who are Latino or Asian/Pacific Islander. Sensitivity to gender and sexual orientation is part of the cultural competency expectations for the county.
- 11) Individuals Residing Out-of-County: The program will provide services for in-county residents.
- 12) Strategies not Listed in Section IV: All strategies are listed in Section IV.
- 13) Timeline:

Secure location April 15, 2006 Hire staff April 15, 2006

Orient and train staff

Begin training orientation upon hire, complete by October 2006

Provide Services By May 31, 2006

Hold two forums in each region

One forum to take place each month for a total of twelve over first year

Hold two health fairs

One in Fall 06 and one in Spring 07

Identify participants for youth leadership training. Training to be held in October 2006 after programs begins.

County(ies):_	San Diego		Fiscal Year:	2005-06
Program Workplan #:	CY-2.1		Date:	11/11/05
Program Workplan Name:_	Family and Youth Information / Education Program		Page:	10 of 274
Type of Funding:	2. System Development		Months of Operation:	3
	Proposed Total Client Capacity of Program/Service:	121	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:_	0	Prepared by:	Michelle Peterson
Client	– :Capacity of Program/Service Expanded through MHSA:	121		(619) 563-2715

Client Capacity of Program/Service Expanded through MHS	A: 121	-	Telephone Number:	(619) 563-2715
	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures				
Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$0
b. Travel and Transportation				\$0
c. Housing				
i. Master Leases				\$0
ii. Subsidies				\$0
iii. Vouchers				\$0
iv. Other Housing				<u>\$0</u>
d. Employment and Education Supports				\$0
e. Other Support Expenditures (provide description in budget narrative)				<u>\$0</u>
f. Total Support Expenditures	\$0	\$0	\$0	\$0
2. Personnel Expenditures				
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$0
b. New Additional Personnel Expenditures (from Staffing Detail)				\$0
c. Employee Benefits				<u>\$0</u>
d. Total Personnel Expenditures	\$0	\$0	\$0	\$0
3. Operating Expenditures				
a. Professional Services				\$0
b. Translation and Interpreter Services				\$0
c. Travel and Transportation				\$0
d. General Office Expenditures				\$0
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports				\$0
g. Other Operating Expenses (provide description in budget narrative)				<u>\$0</u>
h. Total Operating Expenditures	\$0	\$0	\$0	\$0
4. Program Management				
a. Existing Program Management				\$0
b. New Program Management				<u>\$0</u>
c. Total Program Management		\$0	\$0	\$0
5. Estimated Total Expenditures when service provider is not known	\$37,500			\$37,500
6. Total Proposed Program Budget	\$37,500	\$0	\$0	\$37,500
B. Revenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. Realignment				\$0
d. State General Funds				\$0
e. County Funds				\$0
f. Grants				
g. Other Revenue				\$0
h. Total Existing Revenues	\$0	\$0	\$0	\$0
2. New Revenues		·		
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. State General Funds				\$0
d. Other Revenue				<u>\$0</u>
e. Total New Revenue	\$0	\$0	\$0	\$0
3. Total Revenues	\$0			\$0
C. One-Time CSS Funding Expenditures	\$21,808		, ,	\$21,808
D. Total Funding Requirements	\$59,308	\$0	\$0	\$59,308
E. Percent of Total Funding Requirements for Full Service Partnerships				
c.				60

County(ies): San Diego		Fiscal Year:	2005-06
Program Workplan # CY-2.1		Date:	11/11/05
Program Workplan Name Family and Youth Inform	mation / Education Program	Page:	11 of 274
Type of Funding2. System Develop	oment	Months of Operation_	3
Proposed Total Client Capacity of Progra	m/Service: 121	New Program/Service or Expansion_	New
Existing Client Capacity of Progra	m/Service: 0	Prepared by:	Michelle Peterso
Capacity of Program/Service Expanded throu	igh MHSA 121	Telephone Number:	(619) 563-2715

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					<u>\$0</u>
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
Unlicensed Consumer / Family Member	Provide MH Education and Training	0.50			\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					<u>\$0</u>
	Total New Additional Positions	0.50	0.00		\$0
C. Total Program Positions		0.50	0.00		\$0

County(ies): San Diego Fiscal Year: 2005-06 Page: 12 of 274
Program Workplan #: CY-2.1 Date: 11/11/05

Program Workplan Name: Family and Youth Information / Education Program

Type of Funding: 2. System Development New Program/Service of Expansion: New

Line#	<u>Amount</u>	<u>Description / Justification</u>
A.5	\$37,500	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 3 months beginning April 1, 2006 - June 30, 2006.
B.2.a	\$0	If applicable, new revenues were estimated for EPSDT Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population.
С	\$21,808	One-Time CSS Funding Expenditures are the sum of the following:
	\$17,308	One-time CSS funding for start-up and implementation expenditures for this program are equivalent to 6 weeks of service operations. Start-up funds are budgeted to purchase equipment such as computer hardware, software, cell phones, copier, fax, furniture and other office equipment and transportation for clients (if needed). Additionally, these funds may be used to secure or expand office space including possible leasehold improvements. Implementation funds are also needed for program staff to recruit, hire, and train personnel and will be used to develop initial program outreach strategies to get this program up and running. These start-up costs will be expended in the fourth quarter of FY 05-06 between April 1, 2006 - June 30,2006.
	\$4,500	One-time CSS funding for Wraparound Training for the staff which will be expended in the fourth quarter of FY 05-06 between April 1, 2006 - June 30, 2006.
D	\$59,308	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

County(ies):_	San Diego		Fiscal Year:	2006-07
Program Workplan #:	CY-2.1		Date:	11/11/05
Program Workplan Name:	Family and Youth Information / Education Program		Page:	13 of 274
Type of Funding:	System Development		Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:	485	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
Client	– :Capacity of Program/Service Expanded through MHSA:	485	Telephone Number.	(619) 563-2715

	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures				
1. Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$0
b. Travel and Transportation				\$0
c. Housing				40
i. Master Leases				\$0
ii. Subsidies				\$0
iii. Vouchers				\$0
iv. Other Housing				\$0
d. Employment and Education Supports				\$0
e. Other Support Expenditures (provide description in budget narrative)				\$0
f. Total Support Expenditures	\$0	\$0	\$0	\$0
	20	DU.	₽U	ÞU
2. Personnel Expenditures				\$0
a. Current Existing Personnel Expenditures (from Staffing Detail)				
b. New Additional Personnel Expenditures (from Staffing Detail)				\$0
c. Employee Benefits				<u>\$0</u>
d. Total Personnel Expenditures	\$0	\$0	\$0	\$0
3. Operating Expenditures				
a. Professional Services				\$0
b. Translation and Interpreter Services				\$0
c. Travel and Transportation				\$0
d. General Office Expenditures				\$0
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports				\$0
g. Other Operating Expenses (provide description in budget narrative)				<u>\$0</u>
h. Total Operating Expenditures	\$0	\$0	\$0	\$0
4. Program Management				
a. Existing Program Management				\$0
b. New Program Management				<u>\$0</u>
c. Total Program Management		\$0	\$0	\$0
5. Estimated Total Expenditures when service provider is not known	\$150,000			\$150,000
6. Total Proposed Program Budget	\$150,000	\$0	\$0	\$150,000
B. Revenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. Realignment				\$0
d. State General Funds				\$0
e. County Funds				\$0
f. Grants				
g. Other Revenue				<u>\$0</u>
h. Total Existing Revenues	\$0	\$0	\$0	\$0
2. New Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. State General Funds				\$0
d. Other Revenue				\$0
e. Total New Revenue	\$0	\$0	\$0	\$C
a. Total New Revenue  3. Total Revenues	\$0	\$0 \$0		\$0
C. One-Time CSS Funding Expenditures	***	40	40	\$0
	\$450 000	¢n.	\$0	
D. Total Funding Requirements	\$150,000	\$0	\$0	\$150,000
E. Percent of Total Funding Requirements for Full Service Partnerships				

County(ies)	:San Diego		Fiscal Year:	FY 06-07
Program Workplan #	CY-2.1		Date:	11/11/05
Program Workplan Name	Family and Youth Information / Edu	cation Program	Page:	14 of 274
Type of Funding	2. System Development		Months of Operation_	12
Proposed Total (	Client Capacity of Program/Service: _	485	New Program/Service or Expansion_	New
Existing (	Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
t Capacity of Program	n/Service Expanded through MHSA	485	Telephone Number:	(619) 563-2715

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0 \$0
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
Unlicensed Consumer / Family Member	Provide MH Education and Training	2.00			\$0
,					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					<u>\$0</u>
	Total New Additional Positions	2.00	0.00		\$0
C. Total Program Positions		2.00	0.00		\$0

 County(ies): San Diego
 Fiscal Year: 2006-07
 Page: 15 of 274

 Program Workplan #: CY-2.1
 Date: 11/11/05

Program Workplan Name: Family and Youth Information / Education Program

Type of Funding: 2. System Development New Program/Service of Expansion: New

Line#	<u>Amount</u>	Description / Justification
A.5	\$150,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2006 - June 30, 2007.
B.2.a	\$0	If applicable, new revenues were estimated for EPSDT Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population.
D	\$150,000	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

County(	ies):San Diego		Fiscal Year:	2007-08
Program Workpla	in#CY-2.1		Date:	11/11/05
Program Workplan Na	ame: Family and Youth Information / Education Program		Page:	16 of 274
Type of Fund	ing: 2. System Development		Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:	485	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
•	Client Capacity of Program/Service Expanded through MHSA:	485	Telephone Number:	(619) 563-2715

Client Capacity of Program/Service Expanded through MHS	6A: <u>485</u>		Telephone Number:	(619) 563-2715
	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures				
Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$0
b. Travel and Transportation				\$0
c. Housing				
i. Master Leases				\$0
ii. Subsidies				\$0
iii. Vouchers				\$0
iv. Other Housing				<u>\$0</u>
d. Employment and Education Supports				\$0
e. Other Support Expenditures (provide description in budget narrative)				<u>\$C</u>
f. Total Support Expenditures	\$0	\$0	\$0	\$0
2. Personnel Expenditures		***	*	
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$0
b. New Additional Personnel Expenditures (from Staffing Detail)				\$0
c. Employee Benefits				<u>\$0</u>
d. Total Personnel Expenditures	\$0	\$0	\$0	<u>\$0</u>
3. Operating Expenditures	φυ	φυ	φυ	φυ
a. Professional Services				\$0
b. Translation and Interpreter Services				\$0
c. Travel and Transportation				\$0
d. General Office Expenditures				\$0
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports				\$0
g. Other Operating Expenses (provide description in budget narrative)				<u>\$0</u>
h. Total Operating Expenditures	\$0	\$0	\$0	\$0
4. Program Management				
a. Existing Program Management				\$0
b. New Program Management				<u>\$C</u>
c. Total Program Management		\$0	\$0	\$0
5. Estimated Total Expenditures when service provider is not known	\$150,000			\$150,000
6. Total Proposed Program Budget	\$150,000	\$0	\$0	\$150,000
B. Revenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. Realignment				\$0
d. State General Funds				\$0
e. County Funds				\$0
f. Grants				
g. Other Revenue				<u>\$C</u>
h. Total Existing Revenues	\$0	\$0	\$0	\$0
2. New Revenues		<b>\$</b> 0	**	•
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. State General Funds				\$0 \$0
d. Other Revenue				<u>\$0</u>
e. Total New Revenue	\$0	\$0 **	\$0	\$0
3. Total Revenues	\$0	\$0	\$0	\$0
C. One-Time CSS Funding Expenditures				\$0
D. Total Funding Requirements	\$150,000	\$0	\$0	\$150,000
E. Percent of Total Funding Requirements for Full Service Partnerships				

FY 07-08	Fiscal Year:_		San Diego	County(ies):
11/11/05	Date:		CY-2.1	Program Workplan #
17 of 274	Page:_	cation Program	Family and Youth Information / Edu	Program Workplan Name
12	Months of Operation_		2. System Development	Type of Funding
New	New Program/Service or Expansion_	485	ient Capacity of Program/Service:_	Proposed Total Cl
Michelle Petersor	Prepared by:_	0	ent Capacity of Program/Service:_	Existing Cli
(619) 563-2715	Telephone Number	485	Service Expanded through MHSA	Canacity of Program/S

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
_					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					<u>\$0</u>
	otal Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
Unlicensed Consumer / Family Member	Provide MH Education and Training	2.00			\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					<u>\$0</u>
	Total New Additional Positions	2.00	0.00		\$0
C. Total Program Positions		2.00	0.00		\$0

County(ies): San Diego Fiscal Year: 2007-08 Page: 18 of 274

Program Workplan #: CY-2.1 Date: 11/11/05

Program Workplan Name: Family and Youth Information / Education Program

Type of Funding: 2. System Development New Program/Service of Expansion: New

<u>Line#</u>	<u>Amount</u>	Description / Justification
A.5	\$150,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2007 - June 30, 2008.
B.2.a	\$0	If applicable, new revenues were estimated for EPSDT Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population.
D	\$150,000	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

**EXHIBIT 4: COMMUNITY SERVICES AND SUPPORTS WORK PLAN SUMMARY** 

County: San	Fiscal Year:	Program Work Plan Name: Family/Youth Peer Support Services
Diego	2005-06, 2006-07, 2007-08	
Program Work Plan	n: CY-2.2	Estimated Start Date: April 1, 2006

- **1a) Program Description**: Countywide program to assist children/youth with SED and their families currently receiving mental health treatment with additional support and linkage to other services and community resources. Family/Peer Support Partners will be available to serve families/youth in specific programs funded through MHSA as noted in 1c. These partners function as part of the full service team for FSP participants.
- **1b) Priority Population:** Children/youth with SED and their families who are may require additional support to access services to achieve treatment plan goals.

	1d)	Fund T	уре	,	<b>1d)</b> Age	e Grou	р
Describe strategies to be used, Funding Types requested (check all that apply),		Sys					
Age Groups to be served (check all that apply)	FSP	Dev	OE	CY	TAY	Α	OA
1c)	$\boxtimes$			$\boxtimes$			
<ul> <li>✓ Family/Youth Support Partners will participate as members of the treatment teams to provide additional support to families from the following specific proposed MHSA Children's Mental Health Programs: #C3.1 Cultural/Language Specific Outpatient Services, (Latino and Asian and Pacific Islanders), #C4.2 Mobile Emergency Response Team, #C5.1 Outpatient Therapy and Outreach (Juvenile Court) and #C5.3 Short-term intensive outpatient services and case management to homeless and runaway children and youth with SED;</li> <li>✓ Community collaboration to assist families in linking with multiple formal and informal resources;</li> <li>✓ Assist children/youth and their families to support continuity of mental health treatment;</li> <li>✓ Family and Youth educators will be reflective of the diverse ethnic population in the County.</li> </ul>							
✓ Orientation and training on dual diagnosis, resilience focus treatment, conflict resolution, domestic violence, cultural competence and will adhere							

- to San Diego County's Cultural Competence standards.

  ✓ Training from the existing Children's System of Care Wraparound Training Academy will provided to Family/Youth Peer Support Partners to include topics such as principles of wraparound, wraparound from a family perspective and family leadership. All services shall be planned and delivered consistent with Wraparound principles. To the maximum extend possible, services are to be community-based and emphasize the strengths
- 2) Proposed Program: Assist children/youth with SED and their families currently receiving mental health treatment with additional support and linkage to other services and community resources. This program advances the MHSA goal of authentic family/youth involvement by hiring families/youth as Family/Youth Peer Support Partners. This program supports the key principle of Consumer and Family Participation and Involvement. Six weeks of program start-up funds are included in the budget request.
- 3) Housing/Employment Services: This program will provide housing and employment referrals as necessary.
- 4) Full Service Partnership: The average cost for each FSP participant per year is \$7,000.
- **5) Recovery Goals:** Family support promotes recovery and resiliency for child/youth and families through active linkage to resources, strength-based orientation, peer modeling of management of mental illness.
- **6) Expanding Existing Programs:** This is a new program.

of the child and family

- 7) Services and Supports provided by Clients and/or Family Members: Family and youth will be hired as Family/Peer Support Partners to provide services described in this workplan.
- **8) Collaboration Strategies**: Family/Youth Support Partners will be members of the treatment team to support an integrated service system. Current collaborative relationships with System of Care Partners (Education, Child Welfare Services, Probation, community organizations and others) will be expanded to ensure the authentic maximum involvement of Family/Youth Support Partners.

9/10) Cultural Competence/Ethnic Disparities/Sexual Orientation and Gender Sensitivity: This program will be embedded in the overall Cultural Competence guidelines and expectations for all county services, and specific outreach and engagement will occur with the unserved/underserved groups of consumers who are Latino or Asian/Pacific Islander. Sensitivity to gender and sexual orientation is part of the cultural competency expectations for the county.

- 11) Individuals Residing Out-of-County: This program will provide services to in-county residents.
- 12) Strategies not Listed in Section IV: All strategies are listed in Section IV.

# 13) Timeline:

Activity	<u>Date</u>
Secure location	By April 15, 2006
Hire staff	By April 15, 2006
Orient and train staff	Regin training orientation upon hire by October 2006

Begin training orientation upon hire by October 2006

Meet with below programs on roles/responsibilities By May 15, 2006

C.2.1 - Family and Youth Information/Education Program

C3.1 – Cultural/Language Specific Outpatient Services

C4.2 – Mobile Emergency Response Team

C5.1 – Medication Support for Dependents and Wards

C5.3 – Outpatient services/case management to homeless and runaway children and youth with SED

Provide services Start meeting with clients by June 1, 2006 Submitted at the end of each quarter Complete client satisfaction surveys

County(ies):	San Diego		Fiscal Year:	2005-06
Program Workplan #:	CY-2.2		Date:	11/11/05
Program Workplan Name:	Family / Youth Peer Support Services		Page:	19 of 274
Type of Funding:	Full Service Partnership		Months of Operation:	3
	Proposed Total Client Capacity of Program/Service:	13	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:_	0	Prepared by:	Michelle Peterso
Clier	t Capacity of Program/Service Expanded through MHSA:_	13	Telephone Number:	(619) 563-2715

	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures				
Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$
b. Travel and Transportation				\$
c. Housing				
d. Employment and Education Supports				\$
e. Other Support Expenditures (provide description in budget narrative)				<u> </u>
f. Total Support Expenditures  2. Personnel Expenditures	\$0	\$0	\$0	
·				
a. Current Existing Personnel Expenditures (from Staffing Detail)				
b. New Additional Personnel Expenditures (from Staffing Detail)				
c. Employee Benefits				9
d. Total Personnel Expenditures  3. Operating Expenditures	\$0	\$0	\$0	9
· - ·				
a. Professional Services				
b. Translation and Interpreter Services				
c. Travel and Transportation				
d. General Office Expenditures				(
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports				1
g. Other Operating Expenses (provide description in budget narrative)				₫
h. Total Operating Expenditures  4. Program Management	\$0	\$0	\$0	
				1
a. Existing Program Management				
b. New Program Management		and a	40	9
c. Total Program Management	407.500	\$0	\$0	\$ 2.50
Estimated Total Expenditures when service provider is not known	\$87,500			\$87,50
6. Total Proposed Program Budget  3. Revenues	\$87,500	\$0	\$0	\$87,50
1. Existing Revenues				
a. Medi-Cal (FFP only)				1
b. Medicare/Patient Fees/Patient Insurance				4
c. Realignment				
d. State General Funds				
e. County Funds				
f. Grants				,
g. Other Revenue				4
h. Total Existing Revenues	\$0	\$0	\$0	2
2. New Revenues	Ψυ	φυ	φυ	'
a. Medi-Cal (FFP only)				4
b. Medicare/Patient Fees/Patient Insurance				
c. State General Funds d. Other Revenue				9
a. Other Revenue e. Total New Revenue	\$0	\$0	\$0	3
3. Total Revenues	\$0	\$0	\$0	\$
C. One-Time CSS Funding Expenditures	\$40,385			\$40,38
D. Total Funding Requirements	\$127,885	\$0	\$0	\$127,88

County(ies):_	San Diego		Fiscal Year:	2005-06
Program Workplan #_	CY-2.2		Date:	11/11/05
Program Workplan Name I	Family / Youth Peer Support Services		Page:	20 of 274
Type of Funding	1. Full Service Partnership		Months of Operation	3
Proposed T	otal Client Capacity of Program/Service:	13	New Program/Service or Expansion	New
Exis	ting Client Capacity of Program/Service:	0	Prepared by:	Michelle Petersor
Client Capacity of Pro	gram/Service Expanded through MHSA:	13	Telephone Number:	(619) 563-2715
	·		· ·	

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0 \$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0 \$0
					<u>\$0</u>
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
Unlicensed Consumer / Family Member	Support Services as Family/Youth Partners	1.25			\$0 \$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0 \$0
					\$0
	<b>.</b>				\$0
	Total New Additional Positions				\$0
C. Total Program Positions		1.25	0.00		\$0

County(ies): San Diego Fiscal Year: 2005-06 Page: 21 of 274

Program Workplan #: CY-2.2 Date: 11/11/05

Program Workplan Name: Family / Youth Peer Support Services

Type of Funding: 1. Full Service Partnership New Program/Service of Expansion: New

Line#	<u>Amount</u>	Description / Justification
A.5	\$87,500	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 3 months beginning April 1, 2006 - June 30, 2006.
B.2.a	\$0	If applicable, new revenues were estimated for EPSDT Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population.
С	\$40,385	One-Time CSS Funding Expenditures are the sum of the following:
	\$40,385	One-time CSS funding for start-up and implementation expenditures for this program are equivalent to 6 weeks of service operations. Start-up funds are budgeted to purchase equipment such as computer hardware, software, cell phones, copier, fax, furniture and other office equipment and transportation for clients (if needed). Additionally, these funds may be used to secure or expand office space including possible leasehold improvements. Implementation funds are also needed for program staff to recruit, hire, and train personnel and will be used to develop initial program outreach strategies to get this program up and running. These start-up costs will be expended in the fourth quarter of FY 05-06 between April 1, 2006 - June 30,2006.
D	\$127,885	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

San Diego County(ies): Fiscal Year: 2006-07 Program Workplan #: Program Workplan Name: CY-2.2 Family / Youth Peer Support Services Date: 11/11/05 22 of 274 Page: Type of Funding: 1. Full Service Partnership Months of Operation: 12 Proposed Total Client Capacity of Program/Service: 50 New Program/Service or Expansion: New Existing Client Capacity of Program/Service: Λ Prepared by: Michelle Peterson

Existing Client Capacity of Program/Service:	0		Prepared by:	Michelle Peterson
Client Capacity of Program/Service Expanded through MHSA:	50		Telephone Number:	(619) 563-2715
	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures				
1. Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$0
b. Travel and Transportation				\$0
c. Housing				
d. Employment and Education Supports				\$0
e. Other Support Expenditures (provide description in budget narrative)				\$0
f. Total Support Expenditures	\$0	\$0	\$0	\$0
2. Personnel Expenditures				
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$0
b. New Additional Personnel Expenditures (from Staffing Detail)				\$0
c. Employee Benefits	· ·			\$0
d. Total Personnel Expenditures	\$0	\$0	\$0	\$0
3. Operating Expenditures				
a. Professional Services				\$0
b. Translation and Interpreter Services				\$0
c. Travel and Transportation				\$0
d. General Office Expenditures				\$0
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports				\$0
g. Other Operating Expenses (provide description in budget narrative)				<u>\$0</u>
h. Total Operating Expenditures	\$0	\$0	\$0	\$0
4. Program Management				
a. Existing Program Management				\$0
b. New Program Management				<u>\$0</u>
c. Total Program Management		\$0	\$0	\$0
5. Estimated Total Expenditures when service provider is not known	\$350,000			\$350,000
6. Total Proposed Program Budget	\$350,000	\$0	\$0	\$350,000
B. Revenues	000000			
1. Existing Revenues				
a. Medi-Cal (FFP only)	000000000000000000000000000000000000000			\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. Realignment				\$0
d. State General Funds				\$0
e. County Funds				\$0
f. Grants				
g. Other Revenue				<u>\$0</u>
h. Total Existing Revenues	\$0	\$0	\$0	\$0
2. New Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance	- I			\$0
c. State General Funds				\$0
d. Other Revenue				\$0
e. Total New Revenue	\$0	\$0	\$0	\$0
3. Total Revenues	\$0	\$0		\$0
C. One-Time CSS Funding Expenditures	-	·		\$(
D. Total Funding Requirements	¢250 000	60	60	
D. TOTAL FUNDING REGULETIES	\$350,000	\$0	\$0	\$350,000

County(ies):	San Diego		Fiscal Year:	FY 06-07
Program Workplan #	CY-2.2		Date:	11/11/05
Program Workplan Name Fa	amily / Youth Peer Support Services		Page:	23 of 274
Type of Funding	Full Service Partnership		Months of Operation	12
Proposed Tota	al Client Capacity of Program/Service:	50	New Program/Service or Expansion_	New
Existin	g Client Capacity of Program/Service:	0	Prepared by:	Michelle Petersor
Client Capacity of Progra	am/Service Expanded through MHSA	50	Telephone Number:	(619) 563-2715

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
	Total Current Existing Positions	0.00	0.00		\$0 \$0
	Total Culterit Existing Fositions	0.00	0.00		\$0
B. New Additional Positions	Support Services as Family/Youth Partners	5.00			\$0
Officensed Consumer / Family Member	Support Services as Family/Touth Faithers	5.00			\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					<u>\$0</u>
	Total New Additional Positions	5.00	0.00		\$0
C. Total Program Positions		5.00	0.00		\$0

County(ies): San Diego Fiscal Year: 2006-07 Page: 24 of 274

Program Workplan #: CY-2.2 Date: 11/11/05

Program Workplan Name: Family / Youth Peer Support Services

Type of Funding: 1. Full Service Partnership New Program/Service of Expansion: New

Line#	<u>Amount</u>	Description / Justification
A.5	\$350,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2006 - June 30, 2007.
B.2.a	\$0	If applicable, new revenues were estimated for EPSDT Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population.
D	\$350,000	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

County(ies):_	San Diego		Fiscal Year:	2007-08
Program Workplan #:	CY-2.2		Date:	11/11/05
Program Workplan Name:	Family / Youth Peer Support Services		Page:	25 of 274
Type of Funding:	Full Service Partnership		Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:	50	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson

Client Capacity of Program/Service Expanded through MHS/	A: 50		Telephone Number:	(619) 563-271
	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
Expenditures				
1. Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				
b. Travel and Transportation				
c. Housing				
d. Employment and Education Supports				
e. Other Support Expenditures (provide description in budget narrative)				
f. Total Support Expenditures	\$0	\$0	\$0	
2. Personnel Expenditures				
a. Current Existing Personnel Expenditures (from Staffing Detail)				
b. New Additional Personnel Expenditures (from Staffing Detail)				
c. Employee Benefits				
d. Total Personnel Expenditures 3. Operating Expenditures	\$0	\$0	\$0	
a. Professional Services				
b. Translation and Interpreter Services				
c. Travel and Transportation				
d. General Office Expenditures				
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports				
g. Other Operating Expenses (provide description in budget narrative)				
h. Total Operating Expenditures	\$0	\$0	\$0	
4. Program Management				
a. Existing Program Management				
b. New Program Management				
c. Total Program Management		\$0	\$0	
5. Estimated Total Expenditures when service provider is not known	\$350,000			\$350
6. Total Proposed Program Budget	\$350,000	\$0	\$0	\$350
Revenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				
b. Medicare/Patient Fees/Patient Insurance				
c. Realignment				
d. State General Funds				
e. County Funds				
f. Grants				
g. Other Revenue				
h. Total Existing Revenues  2. New Revenues	\$0	\$0	\$0	
a. Medi-Cal (FFP only)				
b. Medicare/Patient Fees/Patient Insurance				
c. State General Funds				
d. Other Revenue				
e. Total New Revenue	\$0	\$0		
3. Total Revenues	\$0	\$0	\$0	
One-Time CSS Funding Expenditures Total Funding Requirements				
	\$350,000	\$0	\$0	\$350

County(ies):	San Diego		Fiscal Year:	FY 07-08
Program Workplan #	CY-2.2		Date:	11/11/05
Program Workplan Name Family / You	uth Peer Support Services		Page:	26 of 274
Type of Funding 1. Fu	ll Service Partnership		Months of Operation	12
Proposed Total Client C	apacity of Program/Service:	50	New Program/Service or Expansion	New
Existing Client C	apacity of Program/Service:	0	Prepared by:	Michelle Petersor
Client Capacity of Program/Service	e Expanded through MHSA	50	Telephone Number:	(619) 563-2715

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					<u>\$0</u>
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
Unlicensed Consumer / Family Member	Support Services as Family/Youth Partners	5.00			\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					<u>\$0</u>
	Total New Additional Positions	5.00	0.00		\$0
C. Total Program Positions		5.00	0.00		\$0

 County(ies): San Diego
 Fiscal Year: 2007-08
 Page: 27 of 274

 Program Workplan #: CY-2.2
 Date: 11/11/05

Program Workplan Name: Family / Youth Peer Support Services

Type of Funding: 1. Full Service Partnership New Program/Service of Expansion: New

Line #	<u>Amount</u>	Description / Justification
A.5	\$350,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2007 - June 30, 2008.
B.2.a	\$0	If applicable, new revenues were estimated for EPSDT Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population.
D	\$350,000	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

**EXHIBIT 4: COMMUNITY SERVICES AND SUPPORTS WORK PLAN SUMMARY** 

County: San	Fiscal Year:	Program Work Plan Name:	Cultu	ral/Lar	าguag	je Spe	ecific O	utpati	ent
Diego	2005-06, 2006-07, 2007-08	Services							
<b>Program Work Plan</b>	n: CY-3	Estimated Start Date: By A	April 1,	2006					
Asian/Pacific Islande	iption: Outpatient community er Seriously Emotionally Distur sing the CCISC model.								
	tion: SED children/youth and								
	Asian American/Pacific Island	ers. The priority population wi	ll be th	ose w	ho ar	e indi	gent (ui	nserve	ed) with a
secondary focus on	the (Medi-Cal) underserved.		1d) F	und T	VDE		1d) /	Age G	roun
Describe strategies t	to be used, Funding Types req	uested (sheek all that apply)	14)	Sys	ypc		l luj /	ige <u>C</u>	I
•	erved (check all that apply)	uesteu (check all that apply),	FSP	Dev	OE	CY	TAY	Α	OA
1c)									
Latino and Asian as an unserved/u Individualized, cu treatment plans withe treatment plans. Current standard Mental Health System of the Services will be a screening, assess resilience focus, refer for services Cultural Competer.	assessment forms will be moderated to ensure consideration of ferral when appropriate; estic violence and co-occurring CCISC to be used for dual diagolal diagnosis capable and will sment and referral, a wellness will assess for domestic violen when appropriate and will adherence.	youth with SED as identified gap analysis; th based assessment and olved in the development of diffied for the entire Children's of domestic violence, a disorders will be provided to nosis model; the at a minimum, include to strength-based and ce, address in treatment or here to San Diego County's							

Program Work Plan Name: Cultural/Language Specific Outpatient

	provide outreach and rehabilitative services;				
<b>~</b>	Trainings will be available through the existing Children's System of Care				
	Wraparound Training Academy to support integration and a seamless				
	approach to a continuous service delivery system;				
<b>v</b>	Flexible Funds will be available;				
<b>~</b>	Access to Family/Youth Information and Education Program (CY 2.1);				
<b>✓</b>	Access to Family/Youth Peer Support Partners (CY 2.2).				

- 2) Proposed Program: Outpatient community based culturally competent services designed to specifically serve children and youth in the Latino and Asian/Pacific Islander population who are indigent and non-Medi-Cal eligible. This program advances MHSA goals to decrease the racial and ethnic mental health disparities in the Latino and Asian/ Pacific Islander communities and establish family/youth authentic participation and involvement. Six weeks of program start-up funds are included in the budget request.
- 3) Housing/Employment Services: The program will make housing and employment referrals as needed.
- 4) Full Service Partnership: The average cost for each participant per year is \$7,900.
- **5) Recovery Goals:** Program and linkage with family support promotes recovery and resiliency for child/youth and family. Services will include a wellness, strength-based and resilience focus.
- 6) Expanding Existing Programs: This is a new program.
- 7) Services and Supports provided by Clients and/or Family Members: The service delivery model (professional and Rehabilitation Specialists) enhances cultural and language capacity and utilizes a community based model for clients who may otherwise not engage in treatment. Rehabilitation Specialists hired may also be family members or youth.
- **8) Collaboration Strategies**: Integrated services including a professional/Rehabilitation Specialist model allows for comprehensive outreach, engagement and treatment. Model supports "whatever it takes" approach to ensure formal and informal linkages are made with multiple resources in child welfare, domestic violence, health, education and other systems to assist children/families achieve their mental health treatment goals.

**9/10) Cultural Competence/Ethnic Disparities/Sexual Orientation and Gender Sensitivity:** This program will be embedded in the overall Cultural Competence guidelines and expectations for all county services, and specific outreach and engagement will occur with the unserved/underserved groups of consumers who are Latino or Asian/Pacific Islander. Rehabilitation Specialists hired may also be family or youth who have been involved in the system. Sensitivity to gender and sexual orientation is part of the cultural competency expectations for the county.

- 11) Individuals Residing Out-of-County: The program will provide services for in-county residents.
- 12) Strategies not Listed in Section IV: All strategies are listed in Section IV.

# 13) Timeline:

Activity	<u>Date</u>
Program staff hired	by May 1, 2006
Facility secured & QA certified	by May 15, 2006
Staff trained	by May 15, 2006
Program start	by May 15, 2006

County(ies):	San Diego		Fiscal Year:	2005-06
Program Workplan #	CY-3		Date:	11/11/05
Program Workplan Name	Cultural and Language Specific Outpatient		Page:	28 of 274
Type of Funding:	Full Service Partnership		Months of Operation:	3
	Proposed Total Client Capacity of Program/Service:	17	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Petersor
Clie	nt Capacity of Program/Service Expanded through MHSA:	17	Telephone Number:	(619) 563-2715

	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures				
Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$0
b. Travel and Transportation				\$0
c. Housing				
i. Master Leases				\$0
ii. Subsidies				\$0
iii. Vouchers				\$0
iv. Other Housing				<u>\$0</u>
d. Employment and Education Supports				\$0
e. Other Support Expenditures (provide description in budget narrative)				<u>\$0</u>
f. Total Support Expenditures	\$0	\$0	\$0	\$0
2. Personnel Expenditures				
One-Time a. Current Existing Personnel Expenditures (from Staffing Detail)				\$0
b. New Additional Personnel Expenditures (from Staffing Detail)				\$0
c. Employee Benefits				<u>\$0</u>
d. Total Personnel Expenditures	\$0	\$0	\$0	\$0
3. Operating Expenditures				
a. Professional Services				\$0
b. Translation and Interpreter Services				\$U
c. Travel and Transportation				\$0
d. General Office Expenditures				\$0
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports				\$0
g. Other Operating Expenses (provide description in budget narrative)				<u>\$0</u>
h. Total Operating Expenditures	\$0	\$0	\$0	\$0
4. Program Management				
a. Existing Program Management				\$0
b. New Program Management				<u>\$0</u>
c. Total Program Management		\$0	\$0	\$0
5. Estimated Total Expenditures when service provider is not known	\$100,000			\$100,000
6. Total Proposed Program Budget	\$100,000	\$0	\$0	\$100,000
B. Revenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. Realignment				\$0
d. State General Funds				\$0
e. County Funds				\$0
f. Grants				
g. Other Revenue				<u>\$0</u>
h. Total Existing Revenues	\$0	\$0	\$0	\$0
2. New Revenues				
a. Medi-Cal (FFP only)	\$0			\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. State General Funds	\$0			\$0
d. Other Revenue				<u>\$0</u>
e. Total New Revenue	\$0	\$0	\$0	\$0
3. Total Revenues	\$0	\$0	\$0	\$0
C. One-Time CSS Funding Expenditures	\$46,154			\$46,154
D. Total Funding Requirements	\$146,154	\$0	\$0	\$146,154

	County(ies):	San Diego		Fiscal Year: _	2005-06
Pro	ogram Workplan #	CY-3		Date:_	11/11/05
Progran	n Workplan Name	Cultural and Language Specific Outpatient		Page:_	29 of 274
	Type of Funding	Full Service Partnership		Months of Operation_	3
	Proposed To	otal Client Capacity of Program/Service:	17	New Program/Service or Expansion_	New
	Exis	ting Client Capacity of Program/Service:	0	Prepared by:	Michelle Petersor
Clie	ant Canacity of Pro	gram/Service Evpanded through MHSA:	17	Telephone Number:	(619) 563-2714

Classification	Function	Client, FM &	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
0 7: 5 : 5 ::					\$0
One-Time Funding Expenditures:					\$0
					\$0 \$0
					\$0
	Total Current Existing Positions	0.00	0.00		<u>\$</u>
B. New Additional Positions					
Program Manager, Licensed-Bilingual	Manages Program and Staff		0.25		\$0
Mental Health Clinician, Lic Elig Bilingual	Provides Mental Health Services		0.63		\$0
M H Clinician, Unlicensed. BA-Bilingual	Rehabilitation and Recovery Support		0.50		\$0
	Provides Clerical Support		0.25		\$0
Psychiatrist	Provides Medication Support and Monitoring		TBD		TBD
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
	Total New Additional Besidens	0.00			\$0
	Total New Additional Positions	0.00	1.63		\$0
C. Total Program Positions		0.00	1.63		\$0

County(ies): San Diego Fiscal Year: 2005-06 Page: 30 of 274
Program Workplan #: CY-3 Date: 11/11/05

Program Workplan Name: Cultural and Language Specific Outpatient

Type of Funding: 1. Full Service Partnership New Program/Service of Expansion: New

Line#	<u>Amount</u>	Description / Justification
A.5	\$100,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets time the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 3 months beginning April 1, 2006 - June 30, 200
B.2.a	\$0	Although this program will generate EPSDT Medi-Cal (FFP only) revenue when it is fully operations no EPSDT Medi-Cal (FFP) is budgeted for FY 05-06 because the program will not be starting before April 1, 2006. As it is a new program starting late in the fiscal year, the EPSDT Medi-Cal is not expected to be material until FY 06-07
B.2.c	\$0	Although this program will generate EPSDT Medi-Cal (State General Fund) revenue when it is fully operational, no EPSDT Medi-Cal (State General Fund) is budgeted for FY 05-06 because the program will not be starting before April 1, 2006. As it is a new program starting late in the fiscal year, the EPSDT Medi-Cal is not expected to be material until FY 06-07
С	\$46,154	One-Time CSS Funding Expenditures are the sum of the following
	\$46,154	One-time CSS funding for start-up and implementation expenditures for this program are equivalent to 6 weeks of service operations. Start-up funds are budgeted to purchase equipment such as computer hardware, software, cell phones, copier, fax, furniture and other office equipment. Additionally, funds may be used to secure or expand office space including possible leasehold improvements. Implementation funds are also needed for program staff to recruit, hire, and train personnel and will be used to develop initial program outreach strategies to get this program up and running. These start-up costs will be expended in the fourth quarter of FY 05-06 between April 1, 2006 - June 30,2006.

#### One-Time Funding Expenditures:

D \$146,154 Total Funding Requirements equals the total proposed program budget less total revenues plus onetime CSS funding expenditures

County(ie	s):San Diego		Fiscal Year:	2006-07
Program Workplan	#: CY-3		Date:	11/11/05
Program Workplan Nan	ne: Cultural and Language Specific Outpatient		Page:	31 of 274
Type of Fundin	g:1. Full Service Partnership		Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:	66	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:_	0	Prepared by:	Michelle Peterson
а	ent Capacity of Program/Service Expanded through MHSA:	66	Telephone Number:	(619) 563-2715

	County Mental	Other	Community Mental	
	Health Department	Governmental Agencies	Health Contract Providers	Total
A. Expenditures				
1. Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$0
b. Travel and Transportation				\$0
c. Housing				
i. Master Leases				\$0
ii. Subsidies				\$0
iii. Vouchers				\$
iv. Other Housing				<u>\$1</u>
d. Employment and Education Supports				\$1
e. Other Support Expenditures (provide description in budget narrative)				<u>s</u>
f. Total Support Expenditures	\$0	\$0	\$0	\$1
2. Personnel Expenditures				
One-Time a. Current Existing Personnel Expenditures (from Staffing Detail)				\$6
b. New Additional Personnel Expenditures (from Staffing Detail)				\$0
c. Employee Benefits				<u>\$0</u>
d. Total Personnel Expenditures	\$0	\$0	\$0	\$0
3. Operating Expenditures				
a. Professional Services				\$6
b. Translation and Interpreter Services				\$0
c. Travel and Transportation				\$0
d. General Office Expenditures				\$0
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports				\$0
g. Other Operating Expenses (provide description in budget narrative)				<u>\$0</u>
h. Total Operating Expenditures	\$0	\$0	\$0	\$0
4. Program Management				
a. Existing Program Management				\$0
b. New Program Management				<u>\$0</u>
c. Total Program Management		\$0	\$0	\$0
5. Estimated Total Expenditures when service provider is not known	\$521,400			\$521,40
6. Total Proposed Program Budget	\$521,400	\$0	\$0	\$521,400
B. Revenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. Realignment				\$0
d. State General Funds				\$0
e. County Funds				\$0
f. Grants				
g. Other Revenue				<u>\$(</u>
h. Total Existing Revenues	\$0	\$0	\$0	\$0
2. New Revenues				
a. Medi-Cal (FFP only)	\$66,770			\$66,770
b. Medicare/Patient Fees/Patient Insurance				\$0
c. State General Funds	\$54,630			\$54,630
d. Other Revenue				\$0
e. Total New Revenue	\$121,400	\$0	\$0	\$121,40
3. Total Revenues	\$121,400	\$0	\$0	\$121,40
C. One-Time CSS Funding Expenditures				\$(
D. Total Funding Requirements	\$400,000	\$0	\$0	\$400,000
- · · - · · · · · · · · · · · · · · · ·	\$100,000	30	Ψ0	¥ 100,000

County(ies):	San Diego		Fiscal Year: _	FY 06-07
Program Workplan #	CY-3		Date: _	11/11/05
Program Workplan Name	Cultural and Language Specific Outpatient		Page:_	32 of 274
Type of Funding	Full Service Partnership		Months of Operation_	12
Proposed	Total Client Capacity of Program/Service:	66	New Program/Service or Expansion_	New
Ex	isting Client Capacity of Program/Service:	0	Prepared by:_	Michelle Peterson
Client Capacity of P	ogram/Service Expanded through MHSA:	66	Telephone Number: _	(619) 563-2715

Classification	Function	Client, FM & CG FTEs a/	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0 \$0
					\$0
One-Time Funding Expenditures:					\$0
					\$0
					\$0
	Total Current Existing Positions	0.00	0.00		<u>\$0</u> \$0
B. New Additional Positions	•				, .
	Manages Program and Staff		1.00		\$0
Mental Health Clinician, Lic Elig Bilingual			2.50		\$0
M H Clinician, Unlicensed. BA-Bilingual	Rehabilitation and Recovery Support		2.00		\$0
	Provides Clerical Support		1.00		\$0
Psychiatrist	Provides Medication Support and Monitoring		TBD		TBD
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					<u>\$0</u>
	Total New Additional Positions	0.00	6.50		\$0
C. Total Program Positions		0.00	6.50		\$0

County(ies): San Diego Fiscal Year: 2006-07 Page: 33 of 274
Program Workplan #: CY-3 Date: 11/11/05

Program Workplan Name: Cultural and Language Specific Outpatient

Type of Funding: 1. Full Service Partnership New Program/Service of Expansion: New

Line #	<u>Amount</u>	Description / Justification
A.5	\$521,400	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2006 - June 30, 200
B.2.a	\$66,770	If applicable, new revenues were estimated for EPSDT Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible
B.2.c	\$54,630	If applicable, new revenues were estimated for EPSDT Medi-Cal (State General Fund) given the estimated number of clients and services expected to be Medi-Cal eligible.
B.2.e	\$121,400	Total New Revenue is the total EPSDT Medi-Cal revenue including the FFP and State General Fund portion.
B.3	\$121,400	Total Revenues is the sum of all new (B.2.e) and existing revenue (B.1.r
D	\$400,000	Total Funding Requirements equals the total proposed program budget less total revenues plus one- time CSS funding expenditures

County(ie	s):San Diego		Fiscal Year:	2007-08
Program Workplar	n#: CY-3		Date:	11/11/05
Program Workplan Nar	ne: Cultural and Language Specific Outpatient		Page:	34 of 274
Type of Fundir	g:1. Full Service Partnership		Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:	66	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterso
С	-  lient Capacity of Program/Service Expanded through MHSA	66	Telephone Number:	(619) 563-2715

	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures		3		
Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$0
b. Travel and Transportation				\$0
c. Housing				
i. Master Leases				\$0
ii. Subsidies				\$0
iii. Vouchers				\$0
iv. Other Housing				\$0
d. Employment and Education Supports				\$0
e. Other Support Expenditures (provide description in budget narrative)				\$0
f. Total Support Expenditures	\$0	\$0	\$0	\$0
2. Personnel Expenditures	***	<b>\$</b> U	Ψ0	
One-Time a. Current Existing Personnel Expenditures (from Staffing Detail)				\$0
b. New Additional Personnel Expenditures (from Staffing Detail)				\$0
c. Employee Benefits				\$0
d. Total Personnel Expenditures	\$0	\$0	\$0	\$0
3. Operating Expenditures			<b>4</b> 0	
a. Professional Services				\$0
b. Translation and Interpreter Services				\$0
c. Travel and Transportation				\$0
d. General Office Expenditures				\$0
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports				\$0
g. Other Operating Expenses (provide description in budget narrative)				\$0
h. Total Operating Expenditures	\$0	\$0	\$0	\$0
4. Program Management				
a. Existing Program Management				\$0
b. New Program Management				\$0
c. Total Program Management		\$0	\$0	
5. Estimated Total Expenditures when service provider is not known	\$521,400			\$521,400
6. Total Proposed Program Budget	\$521,400	\$0	\$0	\$521,400
B. Revenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. Realignment				\$0
d. State General Funds				\$0
e. County Funds				\$0
f. Grants				
g. Other Revenue				<u>\$0</u>
h. Total Existing Revenues	\$0	\$0	\$0	
2. New Revenues				
a. Medi-Cal (FFP only)	\$66,770			\$66,770
b. Medicare/Patient Fees/Patient Insurance				\$0
c. State General Funds	\$54,630			\$54,630
d. Other Revenue				\$0
e. Total New Revenue	\$121,400	\$0	\$0	
3. Total Revenues	\$121,400	\$0	\$0	
C. One-Time CSS Funding Expenditures				\$0
D. Total Funding Requirements	\$400,000	\$0	\$0	\$400,000
	7400,000	20	30	\$400,000
E. Percent of Total Funding Requirements for Full Service Partnerships				

FY 07-08	Fiscal Year:		San Diego	County(ies):
11/11/05	Date:		CY-3	Program Workplan #
35 of 274	Page:_		Cultural and Language Specific Outpatient	Program Workplan Name
12	Months of Operation_		Full Service Partnership	Type of Funding
New	New Program/Service or Expansion_	66	Proposed Total Client Capacity of Program/Service:	
Michelle Peterson	Prepared by:_	0	sting Client Capacity of Program/Service:	Exis
(619) 563-2715	Telephone Number:	66	ogram/Service Expanded through MHSA:	Client Capacity of Pro

Client Capacity of Program/Service Expanded through MHSA:	66	Telephone Number:	(619) 563-2715

Classification	Function	Client, FM &	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					¢o
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
One Time Funding Expenditures:					\$0
One-Time Funding Expenditures:					\$0 \$0
					\$0
					\$0
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
Program Manager, Licensed-Bilingual	Manages Program and Staff		1.00		\$0
Mental Health Clinician, Lic Elig Bilingua	Provides Mental Health Services		2.50		\$0
M H Clinician, Unlicensed. BA-Bilingual	Rehabilitation and Recovery Support		2.00		\$0
Clerical & Other Support Staff-Bilingual	Provides Clerical Support		1.00		\$0
Psychiatrist	Provides Medication Support and Monitoring		TBD		TBD \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
	Total New Additional Positions	0.00	6.50		\$0 \$0
C. Total Program Positions	0.00			\$0	

County(ies): San Diego Fiscal Year: 2007-08 Page: 36 of 274
Program Workplan #: CY-3 Date: 11/11/05

Program Workplan Name: Cultural and Language Specific Outpatient

Type of Funding: 1. Full Service Partnership New Program/Service of Expansion: New

Line #	<u>Amount</u>	Description / Justification
A.5	\$521,400	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2007 - June 30, 200
B.2.a	\$66,770	If applicable, new revenues were estimated for EPSDT Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible.
B.2.c	\$54,630	If applicable, new revenues were estimated for EPSDT Medi-Cal (State General Fund) given the estimated number of clients and services expected to be Medi-Cal eligible.
B.2.e	\$121,400	Total New Revenue is the total EPSDT Medi-Cal revenue including the FFP and State General Fund portion.
B.3	\$121,400	Total Revenues is the sum of all new (B.2.e) and existing revenue (B.1.h
D	\$400,000	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures

**EXHIBIT 4: COMMUNITY SERVICES AND SUPPORTS WORK PLAN SUMMARY** 

County: San Diego	Fiscal Year:	Program Work Plan Name: Mental Health and					nd		
,	2005-06, 2006-07, 2007-08	Primary Care Services Integration							
Program Work Plan: CY-4.1 Estimate				Date:	April	1, 2000	 }		
1a) Program Description: Integ	grated mental health services in existing p	orimary hea	Ith care	e faciliti	es.				
1b) Priority Population: Childr	en and youth with SED and their families	who have h	been id	lentifie	d by the	e gap a	ınalysis	<b>;</b> ,	
community input and the workgro	oup as being unserved.					_			
			1d) Fund Type			1d) Age Group			
Describe strategies to be used, F	Funding Types requested (check all that a	apply),		Sys					
Age Groups to be served (check	all that apply)		FSP	Dev	OE	CY	TAY	Α	OA
1c)					$\boxtimes$	$\boxtimes$			
	al health services in primary care commu								
	ealth assessment, information, referral ar	nd brief							
mental health services;	ation botus on montal booth and mainson.								
✓ Co-location supports collaboration between mental health and primary care and other physical care providers to improve integrated services;									
	· · · · · · · · · · · · · · · · · · ·	setting for							
✓ Community based program to increase access to care in a normative setting for those who may be more responsive to services in health care settings;									
✓ Individualized, culturally competent, and strength-based assessment and									
treatment plans with families/youth actively involved in the development of the									
treatment plan;									
• • • • • • • • • • • • • • • • • • • •	✓ Current standard assessment forms of the entire Children's Mental Health								
System will be modified to ensure consideration of domestic violence, screening									
and referral when appropriate;									
✓ Orientation and training on wraparound principles and approach, domestic									
violence and co-occurring disorders will be provided to all clinical staff;									
✓ Services will be wellness, street	Services will be wellness, strength-based and resilience focused, wraparound								
approach, assess for domestic violence, address in treatment or refer for									
services when appropriate, and will adhere to San Diego County's Cultural									
Competence standards;									
✓ Increased access, linkage and coordinated services to mental health services.								Ш	

- **2) Proposed Program:** Integration of mental health services in existing primary care facilities. This program advances the MHSA goals for timely access in normative environments, integrated service experiences and of Community Collaboration where families, agencies, organizations and businesses work together to accomplish a shared vision. Six weeks of program start-up funds are included in the budget request.
- 3) Housing/Employment Services: The program will provide housing and employment referrals as needed.
- **4) Full Service Partnership:** N/A The program is not funded by a Full Service Partnership.
- **5) Recovery Goals:** Outreach and engagement in a setting not typically associated with the stigma of mental illness can be expected to engage unserved children and their families with hope for the future. Access to family partners will facilitate peer supportive relationships and models for recovery.
- **6) Expanding Existing Programs:** This is a new program.
- 7) Services and Supports provided by Clients and/or Family Members: Access to family-run Family/Youth Information and Education and Family/Youth Peer Support Partners.
- 8) Collaboration Strategies: There will be collaboration with primary care clinics and community organizations.
- **9/10) Cultural Competence/Ethnic Disparities/Sexual Orientation and Gender Sensitivity:** This program will be embedded in the overall Cultural Competence guidelines and expectations for all county services, and specific outreach and engagement will occur with the unserved/underserved groups of consumers who are Latino or Asian/Pacific Islander. Sensitivity to gender and sexual orientation is part of the cultural competency expectations for the county.
- 11) Individuals Residing Out-of-County: This program will provide services for in-county residents.
- **12) Strategies not Listed in Section IV:** All strategies are listed in Section IV.

13) Timeline: From the point of DMH approval, services are expected to be implemented in 3 to 12 months.

Activities	<u>Date</u>
Hire staff	By April 15, 2006
Recruit and train volunteers	By May 1, 2006
Train staff and providers	By May 15, 2006
Begin program services	By May 31, 2006

County(ies): San Diego 2005-06 Program Workplan #: CY-4.1 Date:\_\_ 11/11/05 Program Workplan Name: Mental Health Services & Primary Care Services Integration Page: 37 of 274 Type of Funding: \_\_\_ 3. Outreach and Engagement Months of Operation: 3 Proposed Total Client Capacity of Program/Service: New Program/Service or Expansion:\_ Existing Client Capacity of Program/Service: Prepared by: Michelle Peterson

Client Capacity of Program/Service Expanded through MHSA: Prepared by: Michelle Petersol

Client Capacity of Program/Service Expanded through MHSA: Telephone Number: (619) 563-2715

Client Capacity of Program/Service Expanded through MHSA:		Telephone Number:	(619) 563-2715
	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures			
Client, Family Member and Caregiver Support Expenditures			
a. Clothing, Food and Hygiene			\$0
b. Travel and Transportation			\$0
c. Housing			
d. Employment and Education Supports			\$0
e. Other Support Expenditures (provide description in budget narrative)			\$0
f. Total Support Expenditures	\$0	\$0	\$(
2. Personnel Expenditures			
a. Current Existing Personnel Expenditures (from Staffing Detail)			\$0
b. New Additional Personnel Expenditures (from Staffing Detail)			\$(
c. Employee Benefits			\$1
d. Total Personnel Expenditures	\$0	\$0	\$(
3. Operating Expenditures			
a. Professional Services			\$1
b. Translation and Interpreter Services			\$1
c. Travel and Transportation			\$(
d. General Office Expenditures			\$1
e. Rent, Utilities and Equipment			
f. Medication and Medical Supports			\$
g. Other Operating Expenses (provide description in budget narrative)			<u>\$</u>
h. Total Operating Expenditures	\$0	\$0	\$
4. Program Management	Ψν.	<b>V</b> 0	
a. Existing Program Management			\$
b. New Program Management			\$
c. Total Program Management	\$0	\$0	\$
5. Estimated Total Expenditures when service provider is not known			\$158,75
6. Total Proposed Program Budget	\$0	\$0	\$158,75
B. Revenues			
1. Existing Revenues			
a. Medi-Cal (FFP only)			\$
b. Medicare/Patient Fees/Patient Insurance			\$
c. Realignment			\$
d. State General Funds			\$
e. County Funds			\$
f. Grants			
g. Other Revenue			\$
h. Total Existing Revenues 2. New Revenues	\$0	\$0	\$
a. Medi-Cal (FFP only)			\$
b. Medicare/Patient Fees/Patient Insurance			\$
c. State General Funds			\$
d. Other Revenue			\$
e. Total New Revenue	\$0	\$0	\$
3. Total Revenues	\$0 \$0	\$0	\$
. One-Time CSS Funding Expenditures	\$0	40	\$73,26
. Total Funding Requirements	\$0	\$0	\$232,01
E. Percent of Total Funding Requirements for Full Service Partnerships		***	<del>,• ••</del>

2005-06	Fiscal Year:	San Diego	County(ies):
11/11/05	Date:	CY-4.1	Program Workplan #_
38 of 274	rices Integration Page:	Mental Health Services & Primary Care Serv	Program Workplan Name
3	Months of Operation_	3. Outreach and Engagement	Type of Funding_
New	New Program/Service or Expansion_	d Total Client Capacity of Program/Service:	Proposed
Michelle Petersor	Prepared by:	xisting Client Capacity of Program/Service:	Ex
(619) 563-2715	Telephone Number:	Program/Service Expanded through MHSA:	Client Capacity of F

Classification	Function	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions				
_				\$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0
	T. 10 (5.4. 5.4.			<u>\$0</u>
	Total Current Existing Positions	0.00		\$0
B. New Additional Positions				
Program Manager, Licensed	Manages Program and Staff	0.25		\$0
Mental Health Clinician, Licensed	Provides Mental Health Services	0.50		\$0
Mental Health Clinician, Licensed Eligible	Provides Mental Health Services	1.25		\$0
Clerical & Other Support Staff	Provides Clerical Support	0.38		\$0
				\$0
				\$0
				\$0
				<u>\$0</u>
	Total New Additional Positions	2.38		
C. Total Program Positions		2.38		\$0

County(ies): San Diego Fiscal Year: 2005-06 Page: 39 of 274
Program Workplan #: CY-4.1 Date: 11/11/05

Program Workplan Name: Mental Health Services & Primary Care Services Integration

Type of Funding: 3. Outreach and Engagement New Program/Service of Expansion: New

Line#	<u>Amount</u>	<u>Description / Justification</u>
A.5	\$158,750	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. 5% of the program's total costs will be budgeted for ongoing Medication costs. This budget is for 3 months beginning April 1, 2006 - June 30, 2006.
B.2.a	\$0	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population.
С	\$73,269	One-Time CSS Funding Expenditures are the sum of the following:
	\$73,269	One-time CSS funding for start-up and implementation expenditures for this program are equivalent to 6 weeks of service operations. Start-up funds are budgeted to purchase equipment such as computer hardware, software, cell phones, copier, fax, furniture and other office equipment and transportation and medication for clients (if needed). Additionally, these funds may be used to secure or expand office space including possible leasehold improvements. Implementation funds are also needed for program staff to recruit, hire, and train personnel and will be used to develop initial program outreach strategies to get this program up and running. These start-up costs will be expended in the fourth quarter of FY 05-06 between April 1, 2006 - June 30,2006.
D	\$232,019	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

County(ies):	San Diego	Fiscal Year:	2006-07
Program Workplan #:	CY-4.1	Date:	11/11/05
Program Workplan Name:	Mental Health Services & Primary Care Services Integration	Page:	40 of 274
Type of Funding:	Outreach and Engagement	Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	Prepared by: N	/lichelle Peterson

Existing Client Capacity of Program/Service:			Michelle Peterson
Client Capacity of Program/Service Expanded through MHSA;		Telephone Number:	(619) 563-2715
	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures			
1. Client, Family Member and Caregiver Support Expenditures			
a. Clothing, Food and Hygiene			\$0
b. Travel and Transportation			\$0
c. Housing			
d. Employment and Education Supports			\$0
e. Other Support Expenditures (provide description in budget narrative)			\$0
f. Total Support Expenditures  2. Personnel Expenditures	\$0	\$0	\$0
a. Current Existing Personnel Expenditures (from Staffing Detail)			\$0
b. New Additional Personnel Expenditures (from Staffing Detail)			\$0
c. Employee Benefits			\$0
d. Total Personnel Expenditures 3. Operating Expenditures	\$0	\$0	\$0
a. Professional Services			\$0
b. Translation and Interpreter Services			\$0
c. Travel and Transportation			\$0
d. General Office Expenditures			\$0
e. Rent, Utilities and Equipment			Ψ
f. Medication and Medical Supports			\$0
g. Other Operating Expenses (provide description in budget narrative)			\$0
h. Total Operating Expenditures	\$0	\$0	\$0
4. Program Management			
a. Existing Program Management			\$0
b. New Program Management			<u>\$0</u>
c. Total Program Management	\$0	\$0	\$0
5. Estimated Total Expenditures when service provider is not known			\$635,000
6. Total Proposed Program Budget	\$0	\$0	\$635,000
B. Revenues			
1. Existing Revenues			
a. Medi-Cal (FFP only)			\$0
b. Medicare/Patient Fees/Patient Insurance			\$0
c. Realignment			\$0
d. State General Funds			\$0
e. County Funds			\$0
f. Grants			
g. Other Revenue			<u>\$0</u>
h. Total Existing Revenues  2. New Revenues	\$0	\$0	\$0
a. Medi-Cal (FFP only)			\$0
b. Medicare/Patient Fees/Patient Insurance			\$0
c. State General Funds			\$0
d. Other Revenue			<u>\$0</u>
e. Total New Revenue	\$0	\$0	\$0
3. Total Revenues	\$0	\$0	\$0
C. One-Time CSS Funding Expenditures			\$0
D. Total Funding Requirements	\$0	\$0	\$635,000
E. Percent of Total Funding Requirements for Full Service Partnerships			

FY 06-07	Fiscal Year:_	San Diego	County(ies):
11/11/05	Date:	CY-4.1	Program Workplan #
41 of 274	rvices Integration Page:_	Mental Health Services & Primary Care Se	Program Workplan Name
12	Months of Operation_	Outreach and Engagement	Type of Funding
New	New Program/Service or Expansion_	Total Client Capacity of Program/Service:	Proposed
Michelle Petersor	Prepared by:	xisting Client Capacity of Program/Service:	E
(619) 563-2715	Telephone Number:	Program/Service Expanded through MHSA:	Client Capacity of F

Classification	Function	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions				
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0 \$0
				\$0 \$0
				\$0
				\$0
				\$0
				\$0
				\$0
				<u>\$0</u>
	Total Current Existing Positions	0.00		\$0
B. New Additional Positions				
Program Manager, Licensed	Manages Program and Staff	1.00		\$0
Mental Health Clinician, Licensed	Provides Mental Health Services	2.00		\$0
Mental Health Clinician, Licensed Eligible	Provides Mental Health Services	5.00		\$0
Clerical & Other Support Staff	Provides Clerical Support	1.50		\$0
				\$0
				\$0
				\$0
	Total New Additional Positions	9.50		<u>\$0</u>
C T-4-I Bus many Basisiana	rotal now Additional Positions			•
C. Total Program Positions		9.50		\$0

County(ies): San Diego Fiscal Year: 2006-07 Page: 42 of 274
Program Workplan #: CY-4.1 Date: 11/11/05

Program Workplan Name: Mental Health Services & Primary Care Services Integration

Type of Funding: 3. Outreach and Engagement New Program/Service of Expansion: New

Line#	<u>Amount</u>	Description / Justification
A.5	\$635,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. 5% of the program's total costs will be budgeted for ongoing Medication costs. This budget is for 12 months from July 1, 2006 - June 30, 2007.
B.2.a	\$0	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population and/or are providing non-billable Medi-Cal services.
D	\$635,000	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

County(ies):	San Diego	Fiscal Year:	2007-08
Program Workplan #:	CY-4.1	Date:	11/11/05
Program Workplan Name:	Mental Health Services & Primary Care Services Integration	Page:	43 of 274
Type of Funding:	3. Outreach and Engagement	Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	Prepared by:	Michelle Peterson
Cli	ent Capacity of Program/Service Expanded through MHSA:	Telephone Number:	(619) 563-2715

Client Capacity of Program/Service Expanded through MHSA	<u> </u>	Telephone Number:	(619) 563-2715
	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures			
Client, Family Member and Caregiver Support Expenditures			
a. Clothing, Food and Hygiene			\$0
b. Travel and Transportation			\$0
c. Housing			
d. Employment and Education Supports			\$0
e. Other Support Expenditures (provide description in budget narrative)			<u>\$0</u>
f Total Support Expenditures 2. Personnel Expenditures	\$0	\$0	\$0
a. Current Existing Personnel Expenditures (from Staffing Detail)			\$0
b. New Additional Personnel Expenditures (from Staffing Detail)			\$0
c. Employee Benefits			<u>\$0</u>
d. Total Personnel Expenditures	\$0	\$0	\$0
3. Operating Expenditures			
a. Professional Services			\$0
b. Translation and Interpreter Services			\$0
c. Travel and Transportation			\$0
d. General Office Expenditures			\$0
e. Rent, Utilities and Equipment			
f. Medication and Medical Supports			\$0
g. Other Operating Expenses (provide description in budget narrative)			<u>\$0</u>
h. Total Operating Expenditures 4. Program Management	\$0	\$0	\$0
a. Existing Program Management			\$0
b. New Program Management			\$0
c. Total Program Management	\$0	\$0	\$0
5. Estimated Total Expenditures when service provider is not known			\$635,000
6. Total Proposed Program Budget	\$0	\$0	\$635,000
B. Revenues 1. Existing Revenues			
a. Medi-Cal (FFP only)			\$0
` **			\$0 \$0
b. Medicare/Patient Fees/Patient Insurance			
c. Realignment			\$0 \$0
d. State General Funds			·
e. County Funds			\$0
f. Grants			<b>#</b> 0
g. Other Revenue	Φ0	**	<u>\$0</u>
h. Total Existing Revenues  2. New Revenues	\$0	\$0	\$0
a. Medi-Cal (FFP only)			\$0
b. Medicare/Patient Fees/Patient Insurance			\$0
c. State General Funds			\$0
d. Other Revenue			<u>\$0</u>
e. Total New Revenue	\$0	\$0	\$0
3. Total Revenues	\$0	\$0	\$0
C. One-Time CSS Funding Expenditures	<b>6</b> 0	<b>60</b>	\$0
D. Total Funding Requirements  E. Bercent of Total Funding Requirements for Full Service Partnerships	\$0	\$0	\$635,000
E. Percent of Total Funding Requirements for Full Service Partnerships			

County(ies):	San Diego	Fiscal Year:	FY 07-08
Program Workplan #	CY-4.1	Date:	11/11/05
Program Workplan Name Me	ental Health Services & Primary Care Serv	ices Integration Page:	44 of 274
Type of Funding	3. Outreach and Engagement	Months of Operation_	12
Proposed <sup>-</sup>	Total Client Capacity of Program/Service:	New Program/Service or Expansion_	New
Exis	sting Client Capacity of Program/Service:	Prepared by:	Michelle Peterson
Client Canacity of Pro	ogram/Service Expanded through MHSA	Telephone Number	(619) 563-2715

Classification	Function	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions				
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0 \$0
				\$0
				\$0
				\$0
				\$0
				\$0
				<u>\$0</u>
	Total Current Existing Positions	0.00		\$0
B. New Additional Positions				
Program Manager, Licensed	Manages Program and Staff	1.00		\$0
Mental Health Clinician, Licensed	Provides Mental Health Services	2.00		\$0
Mental Health Clinician, Licensed Eligible	Provides Mental Health Services	5.00		\$0
Clerical & Other Support Staff	Provides Clerical Support	1.50		\$0
				\$0
				\$0
				\$0
	Total New Additional Positions	9.50		<u>\$0</u> 
C. Total Program Positions	. Star Horr / Gallistia I Golffolio	9.50		\$0
G. TOTAL PROGRAM		9.50		I \$0

County(ies): San Diego Fiscal Year: 2007-08 Page: 45 of 274
Program Workplan #: CY-4.1 Date: 11/11/05

Program Workplan Name: Mental Health Services & Primary Care Services Integration

Type of Funding: 3. Outreach and Engagement New Program/Service of Expansion: New

Line#	<u>Amount</u>	Description / Justification
A.5	\$635,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. 5% of the program's total costs will be budgeted for ongoing Medication costs. This budget is for 12 months from July 1, 2007 - June 30, 2008.
B.2.a	\$0	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population and/or are providing non-billable Medi-Cal services.
D	\$635,000	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

# **EXHIBIT 4: COMMUNITY SERVICES AND SUPPORTS WORK PLAN SUMMARY**

	91411 921411929 74112 991 1 9		•						
County: San	Fiscal Year:	Program Work Plan Name:	Mobile	Psych	iatric E	merge	ncy Re	spon	se
Diego	2005-06, 2006-07, 2007-08								
Program Work Pla		Estimated Start Date: April							
1a) Program Descr	ription: One mobile emergency	response team located in the N	lorth R	egion c	of San I	Diego (	County	to pro	ovide
emergency mental h									
1b) Priority Popula	ation: Children/youth to age 18	with SED and their families wh	o are e	experie	ncing a	menta	al healt	h cris	is.
			1d)	Fund T	ype	1	<b>d)</b> Age	Grou	р
Describe strategies	to be used, Funding Types reque	ested (check all that apply),		Sys					
Age Groups to be so	erved (check all that apply)		FSP	Dev	OE	CY	TAY	Α	OA
1c)				$\boxtimes$		$\boxtimes$			
✓ Develop one mo	bile team to provide emergency r	mental health evaluations and							
crisis intervention	n;								
✓ Provide linkages	to other mental health services i	if hospitalization not required;							
✓ Increase access	to emergency psychiatric evalua	tions in the North Region of							
San Diego Coun	ıty;								
✓ Services will be	dual diagnosis capable, based or	n the CCISC model, and will							
	g, assessment and referral, a we								
	will assess for domestic violence	e, refer/link to services when							
appropriate;									
	culturally competent, and strength								
•	with families/youth actively involv	red in the development of the							
treatment plan;									
	d assessment forms of the entire								
-	nodified to ensure consideration of	of domestic violence,							
•	eferral when appropriate.								
	wraparound principles and approa								
•	orders will be provided to all clinic	· ·							
	nily/Youth Information and Education	· ,							
✓ Referral to Famil	ly/Youth Peer Support Partners (	CY 2.2).					1		

- 2) Proposed Program: The program will provide mobile response in the community for children and youth to age 18 experiencing a mental health emergency. Program shall provide crisis intervention and referrals to ongoing services when hospitalization is not required. This program advances the MHSA goal of integrated services and timely access for clients and their families to the mental health system. Six weeks of program start-up funds are included in the budget request.
- 3) Housing/Employment Services: The program will make housing and employment referrals as needed.
- 4) Full Service Partnership: N/A—The program is not funded through a Full Service Partnership.
- **5) Recovery Goals:** The outreach and engagement provide an immediate mental health intervention and increase the safety of SED children, youth and families, to prevent escalation and promote management of mental illness.
- **6) Expanding Existing Programs:** No child/youth focused immediate response program currently exists in this geographic area.
- 7) Services and Supports provided by Clients and/or Family Members: Linkage to Family/Youth Peer Support Partners will be made as appropriate.
- **8) Collaboration Strategies**: The program will collaborate with a variety of community systems and mental health services within the region.
- **9/10) Cultural Competence/Ethnic Disparities/Sexual Orientation and Gender Sensitivity:** Program shall be embedded in the overall Cultural Competence guidelines and expectations for all County services. Specific outreach and engagement will occur with the unserved/underserved groups of consumers who are Latino or Asian/Pacific Islander. A significant population of Latino families resides in the North region and the city of Oceanside has a substantial Asian/Pacific Islander population. Sensitivity to gender and sexual orientation is part of the cultural competency expectation for the County.
- 11) Individuals Residing Out-of-County: The program will be targeted to in-county residents.
- 12) Strategies not Listed in Section IV: All strategies are listed in Section IV.

# 13) Timeline:

Activity	<u>Date</u>
Hire Staff	By May 1, 2006
Secure Facility	By April 15, 2006
MediCal Certification	By May 1, 2006

:al Year: <u>2005-06</u>	Fiscal Year:		San Diego	County(ies):_
Date: 11/11/05	Date:		CY- 4.2	Program Workplan #:
Page: 46 of 274	Page:		Mobile Psychiatric Emergency Response	Program Workplan Name:_
eration:3	Months of Operation:		2. System Development	Type of Funding: _
pansion: New	New Program/Service or Expansion:	54	Proposed Total Client Capacity of Program/Service:	
ared by: Michelle Peterso	Prepared by:	0	Existing Client Capacity of Program/Service:_	
Number: (619) 563-2715	Telephone Number:	54	Capacity of Program/Service Expanded through MHSA:	Client

Client Capacity of Program/Service Expanded through MH	SA: <u>54</u>		Telephone Number:	(619) 563-2715	
	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total	
A. Expenditures					
1. Client, Family Member and Caregiver Support Expenditures					
a. Clothing, Food and Hygiene				\$0	
b. Travel and Transportation				\$0	
c. Housing					
i. Master Leases				\$0	
ii. Subsidies				\$0	
iii. Vouchers				\$0	
iv. Other Housing				\$ <u>0</u>	
d. Employment and Education Supports				\$0	
e. Other Support Expenditures (provide description in budget narrative)				\$0	
f. Total Support Expenditures	\$0	\$0	\$0	\$0	
2. Personnel Expenditures					
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$0	
b. New Additional Personnel Expenditures (from Staffing Detail)				\$0	
c. Employee Benefits					
	ro.	e.o.	r.o	<u>\$0</u>	
d. Total Personnel Expenditures	\$0	\$0	\$0	\$0	
3. Operating Expenditures				\$0	
a. Professional Services				·	
b. Translation and Interpreter Services				\$0	
c. Travel and Transportation				\$0	
d. General Office Expenditures				\$0	
e. Rent, Utilities and Equipment					
f. Medication and Medical Supports				\$0	
g. Other Operating Expenses (provide description in budget narrative)				<u>\$0</u>	
h. Total Operating Expenditures	\$0	\$0	\$0	\$0	
4. Program Management					
a. Existing Program Management				\$0	
b. New Program Management				<u>\$0</u>	
c. Total Program Management		\$0	\$0	\$0	
5. Estimated Total Expenditures when service provider is not known	\$28,750			\$28,750	
6. Total Proposed Program Budget	\$28,750	\$0	\$0	\$28,750	
B. Revenues					
1. Existing Revenues					
a. Medi-Cal (FFP only)				\$0	
b. Medicare/Patient Fees/Patient Insurance				\$0	
c. Realignment				\$0	
d. State General Funds				\$0	
e. County Funds				\$O	
f. Grants				ΦU	
				ro.	
g. Other Revenue				<u>\$0</u> \$0	
h. Total Existing Revenues	\$0	\$0	\$0	\$0	
2. New Revenues					
a. Medi-Cal (FFP only)	\$0			\$0	
b. Medicare/Patient Fees/Patient Insurance				\$0	
c. State General Funds	\$0			\$0	
d. Other Revenue				<u>\$0</u>	
e. Total New Revenue	\$0	\$0		\$0	
3. Total Revenues	\$0	\$0	\$0	\$0	
C. One-Time CSS Funding Expenditures	\$13,269			\$13,269	
D. Total Funding Requirements	\$42,019	\$0	\$0	\$42,019	

2005-06	Fiscal Year:		San Diego	County(ies):_
11/11/05	Date:		CY- 4.2	Program Workplan #
47 of 274	Page:	nse	Mobile Psychiatric Emergency Respons	Program Workplan Name
3	Months of Operation_		2. System Development	Type of Funding
New	New Program/Service or Expansion	54	Client Capacity of Program/Service:	Proposed Total
Michelle Petersor	Prepared by:	0	Client Capacity of Program/Service:	Existing
(619) 563-271	Telephone Number	54	m/Service Expanded through MHSA:	Canacity of Program

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					<u>\$0</u>
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
	Provides Mental Health Services		0.38		\$0
Clerical & Other Support Staff	Provides Clerical Support		0.03		\$0 \$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0 \$0
					\$0
					<u>\$0</u>
	Total New Additional Positions	0.00	0.40		\$0
C. Total Program Positions		0.00	0.40		\$0

County(ies): San Diego Fiscal Year: 2005-06 Page: 48 of 274
Program Workplan #: CY- 4.2 Date: 11/11/05

Program Workplan Name: Mobile Psychiatric Emergency Response

Type of Funding: 2. System Development New Program/Service of Expansion: New

<u>Line#</u>	<u>Amount</u>	<u>Description / Justification</u>
A.5	\$28,750	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 3 months beginning April 1, 2006 - June 30, 2006.
B.2.a	\$0	Although this program will generate EPSDT Medi-Cal (FFP only) revenue when it is fully operational, no EPSDT Medi-Cal (FFP) is budgeted for FY 05-06 because the program will not be starting before April 1, 2006. As it is a new program starting late in the fiscal year, the EPSDT Medi-Cal is not expected to be material until FY 06-07.
B.2.c	\$0	Although this program will generate EPSDT Medi-Cal (State General Fund) revenue when it is fully operational, no EPSDT Medi-Cal (State General Fund) is budgeted for FY 05-06 because the program will not be starting before April 1, 2006. As it is a new program starting late in the fiscal year, the EPSDT Medi-Cal is not expected to be material until FY 06-07.
С	\$13,269	One-Time CSS Funding Expenditures are the sum of the following:
	\$13,269	One time CSS funding for start-up and implementation expenditures for this program are equivalent to 6 weeks of service operations. Start-up funds are budgeted to purchase equipment such as computer hardware, software, cell phones, copier, fax, furniture and other office equipment and transportation for clients (if needed). Additionally, funds may be used to secure or expand office space including possible leasehold improvements. Implementation funds are also needed for program staff to recruit, hire, and train personnel and will be used to develop initial program outreach strategies to get this program up and running. These start-up costs will be expended in the fourth quarter of FY 05-06 between April 1, 2006 - June 30,2006.
D	\$42,019	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

County(ies):	San Diego		Fiscal Year:	2006-07
Program Workplan #:	CY- 4.2		Date:	11/11/05
Program Workplan Name:	Mobile Psychiatric Emergency Response		Page:	49 of 274
Type of Funding:	System Development		Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:	215	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Petersor
Client	- t Capacity of Program/Service Expanded through MHSA:	215	Telephone Number.	(619) 563-2715

Client Capacity of Program/Service Expanded through MH	SA: <u>215</u>		Telephone Number.	(619) 563-2715	
	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total	
A. Expenditures					
1. Client, Family Member and Caregiver Support Expenditures					
a. Clothing, Food and Hygiene				\$0	
b. Travel and Transportation				\$0	
c. Housing					
i. Master Leases				\$0	
ii. Subsidies				\$0	
iii. Vouchers				\$0	
iv. Other Housing				<u>\$C</u>	
d. Employment and Education Supports				\$0	
e. Other Support Expenditures (provide description in budget narrative)				<u>\$C</u>	
f. Total Support Expenditures	\$0	\$0	\$0	\$0	
2. Personnel Expenditures					
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$0	
b. New Additional Personnel Expenditures (from Staffing Detail)				\$0	
c. Employee Benefits				<u>\$C</u>	
d. Total Personnel Expenditures	\$0	\$0	\$0	 \$0	
3. Operating Expenditures					
a. Professional Services				\$0	
b. Translation and Interpreter Services				\$0	
c. Travel and Transportation				\$0	
d. General Office Expenditures				\$0	
e. Rent, Utilities and Equipment					
f. Medication and Medical Supports				\$0	
g. Other Operating Expenses (provide description in budget narrative)				\$0	
h. Total Operating Expenditures	\$0	\$0	\$0	\$C	
4. Program Management					
a. Existing Program Management				\$0	
b. New Program Management				<u>\$C</u>	
c. Total Program Management		\$0	\$0	\$0	
5. Estimated Total Expenditures when service provider is not known	\$154,800			\$154,800	
6. Total Proposed Program Budget	\$154,800	\$0	\$0	\$154,800	
B. Revenues					
1. Existing Revenues					
a. Medi-Cal (FFP only)				\$0	
b. Medicare/Patient Fees/Patient Insurance				\$0	
c. Realignment				\$0	
d. State General Funds				\$0	
e. County Funds				\$0	
f. Grants				•	
g. Other Revenue				<u>\$0</u>	
h. Total Existing Revenues	\$0	\$0	\$0	\$0	
2. New Revenues		**	**	•	
a. Medi-Cal (FFP only)	\$21,890			\$21,890	
b. Medicare/Patient Fees/Patient Insurance	Ψ21,030			\$21,030 \$0	
c. State General Funds	\$17,910			\$17,910	
d. Other Revenue	ادادانه			\$17,510 <u>\$0</u>	
e. Total New Revenue	\$39,800	\$0	\$0	<u>#</u> \$39,800	
e. Total New Revenue  3. Total Revenues	\$39,800	\$U \$O		\$39,800 \$39,800	
	#35,000	20	<b>\$</b> U		
C. One-Time CSS Funding Expenditures  D. Total Funding Requirements	£445 000	\$0	¢n.	\$115.000	
	\$115,000	20	\$0	\$115,000	
E. Percent of Total Funding Requirements for Full Service Partnerships					

County(ies):	San Diego		Fiscal Year:	FY 06-07
Program Workplan #	CY- 4.2		Date:_	11/11/05
Program Workplan Name Mo	obile Psychiatric Emergency Response		Page:_	50 of 274
Type of Funding	2. System Development		Months of Operation	12
Proposed Total C	Client Capacity of Program/Service:	215	New Program/Service or Expansion_	New
Existing (	Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
ent Canacity of Program	(Service Evpanded through MHSA	215	Telephone Number	(619) 563-2715

Classification	Function	Client, FM &	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions	TO CONTRACTOR TO				
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0 \$0
	***************************************				\$0
					\$0
					\$0
					\$0 \$0
					\$0
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
Mental Health Clinician, Licensed	Provides Mental Health Services		1.50		\$0
Clerical & Other Support Staff	Provides Clerical Support		0.10		\$0
	***************************************				\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
	***************************************				\$0
					\$0
	***************************************				\$0 <u>\$0</u>
	Total New Additional Positions	0.00	1.60		\$0
C. Total Program Positions		0.00	1.60		\$0

County(ies): San Diego Fiscal Year: 2006-07 Page: 51 of 274
Program Workplan #: CY- 4.2 Date: 11/11/08

Program Workplan Name: Mobile Psychiatric Emergency Response

Type of Funding: 2. System Development New Program/Service of Expansion: New

Line#	<u>Amount</u>	Description / Justification
A.5	\$154,800	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2006 - June 30, 2007.
B.2.a	\$21,890	If applicable, new revenues were estimated for EPSDT Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible.
B.2.c	\$17,910	If applicable, new revenues were estimated for EPSDT Medi-Cal (State General Fund) given the estimated number of clients and services expected to be Medi-Cal eligible.
B.2.e	\$39,800	Total New Revenue is the total EPSDT Medi-Cal revenue including the FFP and State General Fund portion.
B.3	\$39,800	Total Revenues is the sum of all new (B.2.e) and existing revenue (B.1.h).
D	\$115,000	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

County(ies)	:San Diego		Fiscal Year:	2007-08
Program Workplan #	cY- 4.2		Date:	11/11/05
Program Workplan Name	:Mobile Psychiatric Emergency Response		Page:	52 of 274
Type of Funding	2. System Development		Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:	215	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
Clie	ent Capacity of Program/Service Expanded through MHSA:_	215	Telephone Number:	(619) 563-2715

A. Expenditures     1. Client, Family Member and Caregiver Support Expenditures	County Mental Health Department	Other Governmental	Community Mental Health Contract	Takal
· ·		Agencies	Providers	Total
· ·				
a. Clothing, Food and Hygiene				\$0
b. Travel and Transportation				\$0
c. Housing				
i. Master Leases				\$0
ii. Subsidies				\$0
iii. Vouchers				\$0
iv. Other Housing				<u>\$C</u>
d. Employment and Education Supports				\$0
e. Other Support Expenditures (provide description in budget narrative)				<u>\$0</u>
f. Total Support Expenditures	\$0	\$0	\$0	\$0
2. Personnel Expenditures				
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$0
b. New Additional Personnel Expenditures (from Staffing Detail)				\$0
c. Employee Benefits				<u>\$0</u>
d. Total Personnel Expenditures	\$0	\$0	\$0	\$0
3. Operating Expenditures				
a. Professional Services				\$0
b. Translation and Interpreter Services				\$0
c. Travel and Transportation				\$0
d. General Office Expenditures				\$0
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports				\$0
g. Other Operating Expenses (provide description in budget narrative)				<u>\$0</u>
h. Total Operating Expenditures	\$0	\$0	\$0	\$0
4. Program Management				
a. Existing Program Management				\$0
b. New Program Management				<u>\$0</u>
c. Total Program Management		\$0	\$0	\$0
5. Estimated Total Expenditures when service provider is not known	\$154,800			\$154,800
6. Total Proposed Program Budget	\$154,800	\$0	\$0	\$154,800
B. Revenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$C
c. Realignment				\$0
d. State General Funds				\$0
e. County Funds				\$C
f. Grants				
g. Other Revenue				<u>\$C</u>
h. Total Existing Revenues	\$0	\$0	\$0	\$0
2. New Revenues				
a. Medi-Cal (FFP only)	\$21,890			\$21,890
b. Medicare/Patient Fees/Patient Insurance				\$0
c. State General Funds	\$17,910			\$17,910
d. Other Revenue				<u>\$0</u>
e. Total New Revenue	\$39,800	\$0	\$0	\$39,800
3. Total Revenues	\$39,800	\$0	\$0	\$39,800
C. One-Time CSS Funding Expenditures		-		\$0
D. Total Funding Requirements	\$115,000	\$0	\$0	\$115,000
E. Percent of Total Funding Requirements for Full Service Partnerships				

FY 07-08	Fiscal Year:	San Diego	County(ies):_
11/11/05	Date:	CY- 4.2	Program Workplan #
53 of 274	Page:_	bile Psychiatric Emergency Response	Program Workplan Name <u>I</u>
12	Months of Operation_	2. System Development	Type of Funding_
New	New Program/Service or Expansion_	lient Capacity of Program/Service: 215	Proposed Total
Michelle Petersor	Prepared by:_	lient Capacity of Program/Service: 0	Existing
(619) 563-2715	Telephone Number	Service Expanded through MHSA: 215	Client Canacity of Progra

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
_					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					<u>\$0</u>
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
Mental Health Clinician, Licensed	Provides Mental Health Services		1.50		\$0
Clerical & Other Support Staff	Provides Clerical Support		0.10		\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					<u>\$0</u>
	Total New Additional Positions	0.00	1.60		\$0
C. Total Program Positions		0.00	1.60		\$0

County(ies): San Diego Fiscal Year: 2007-08 Page: 54 of 274
Program Workplan #: CY- 4.2 Date: 11/11/05

Program Workplan Name: Mobile Psychiatric Emergency Response

Type of Funding: 2. System Development New Program/Service of Expansion: New

Line#	<u>Amount</u>	Description / Justification
A.5	\$154,800	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2007 - June 30, 2008.
B.2.a	\$21,890	If applicable, new revenues were estimated for EPSDT Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible.
B.2.c	\$17,910	If applicable, new revenues were estimated for EPSDT Medi-Cal (State General Fund) given the estimated number of clients and services expected to be Medi-Cal eligible.
B.2.e	\$39,800	Total New Revenue is the total EPSDT Medi-Cal revenue including the FFP and State General Fund portion.
B.3	\$39,800	Total Revenues is the sum of all new (B.2.e) and existing revenue (B.1.h).
D	\$115,000	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

**EXHIBIT 4: COMMUNITY SERVICES AND SUPPORTS WORK PLAN SUMMARY** 

County:         San Diego         Fiscal Year: 2005-06, 2006-07, 2007-08         Program Wor	k Plan Name: Med	ication	Suppo	ort for	Depe	ndents	and v	vards.
Program Work Plan: CY-5.1 Estimated Sta	rt Date: April 1, 20	06						
1a) Program Description: The program is designed to be sho	rt-term (up to 3 mor	nths) st	abilizat	tion tre	eatme	nt with	psycl	notropic
medication and linkage to community-based or private on-going	treatment.							
1b) Priority Population: Severely Emotionally Disturbed (SE								e Court.
Children/youth with SED at risk of wardship referred by Juvenile								
psychotropic medication who are without access to a psychiatri	st. Dependents with	n SED	who ha	ave ex	chaust	ted reso	ource	s for
medication management and referred by Juvenile Court.								
		1d) F	und T	ype		<b>1d)</b> Ag	ge Gro	oup
Describe strategies to be used, Funding Types requested (check	ck all that apply),		Sys					
Age Groups to be served (check all that apply)		FSP	Dev	OE	CY	TAY	Α	OA
1c)		$\boxtimes$			$\boxtimes$			
✓ Coordination and referral from Juvenile Court, Juvenile F	Probation Officers							
and Child Welfare Services, Protective Service Workers	to include sharing							
clinical information;								
✓ Short-term medication support and linkages to ongoing t								
specific focus for psychiatric evaluation, consultation, as	sessment and							
medication support;								
✓ Flexible funds will be available to assist families with no	other means to							
obtain medication and transportation;								
✓ Linkage and access to Family/Youth Information and Ed	ucation Partners							
(CY 2.1);								
✓ Linkage to Family/Youth Peer Support Partners (CY 2.2)	•							
✓ Medical treatment will be individualized and culturally co	•							
and youth will be actively involved in education regarding								
medication, consent procedure and medication follow up	•							
✓ Current standard assessment forms of the entire Childre								
System will be modified to ensure consideration of dome	estic violence,							
screening and referral when appropriate;								
✓ A one-time basic orientation to Wraparound principles, the	ne role of Juvenile							

Court and Probation to all staff in order to support System of Care and				
Mental Health.				
✓ Services will be dual diagnosis capable by applying the CCISC model				

- 2) Proposed Program: Services are intended to provide continuity of care by facilitating transition and linkage to ongoing mental health services. Services will include psychiatric evaluation, consultation, assessment and medication monitoring. The program is designed to be a short-term (up to 3 months) stabilization treatment with psychotropic medication with linkage to community-based or private on-going treatment. Services to be provided for SED dependents and wards, and those SED children/youth at risk for wardship specifically referred by Juvenile Court. This program advances the goals of MHSA to reduce institutionalization and promote access to community or private on-going treatment. The proposed program must be an approved MediCal facility. Six weeks of program start-up funds are included in the budget request.
- 3) Housing/ Employment Services: The program will make housing and employment referrals as needed.
- **4) Full Service Partnership:** The average cost for each slot per year is \$5,000 and the average time in the program for each participant is up to 3 months. Full Service Partnership designed to utilize services beyond medical stabilization.
- **5) Recovery Goals:** Goal is to stabilize treatment with psychotropic medication and promote linkage to community-based or private providers for on-going treatment.
- 6) Expanding Existing Programs: This is a new program.
- 7) Services and Supports provided by Clients and/or Family Members: Linkage to the Family/Youth Information and Education program (CY 2.1) and the Family/Youth Peer Support Partners program (CY 2.2).
- **8) Collaboration Strategies**: The program will collaborate with Juvenile Courts, Juvenile Probation Officers and Child Welfare Services Protective Service Workers by sharing clinical information. The program will also collaborate with Juvenile Forensic Services and Community Mental Health Clinics. The goal is to transition the child/youth by linking them to community-based clinics and private providers. Follow up activities will be consistent with current practices.

- **9/10) Cultural Competence/Ethnic Disparities/Sexual Orientation and Gender Sensitivity:** This program will be embedded in the overall Cultural Competence guidelines and expectations for all county services. Sensitivity to gender and sexual orientation is part of the cultural competency expectations for the county.
- 11) Individuals Residing Out-of-County: The services will be focused on in-county residents with a SED diagnosis.
- 12) Strategies not Listed in Section IV: All strategies are listed in Section IV.

# 13) Timeline:

Activity	<u>Date</u>
Hire Staff	By May 1, 2006
Secure Facility	By April 15, 2006
MediCal Certification	By May 1, 2006

County (les)	Can Diego			riscai reai.	2000-00
Program Workplan #: _	CY-5.1			Date:	11/11/05
Program Workplan Name: _	Medication Support for Dependents and Wards			Page:	55 of 274
Type of Funding: $\_$	Full Service Partnership		1	3	
	Proposed Total Client Capacity of Program/Service:	29	New Program/S	New	
	Existing Client Capacity of Program/Service:	0		Michelle Petersor	
Client C	- :apacity of Program/Service Expanded through MHSA:	29		Telephone Number:	(619) 563-2715
		County Mental	Other	Community Mental	
		Health Department	Governmental Agencies	Health Contract Providers	Total
. Expenditures		1 1 1 1 1 1			
	er and Caregiver Support Expenditures			***************************************	
a. Clothing, Food ar	nd Hygiene			***************************************	\$0
b. Travel and Trans	portation			· · · · · · · · · · · · · · · · · · ·	\$0
c. Housing				00000000000000000000000000000000000000	
d. Employment and	Education Supports	1		••••	\$0
e. Other Support Ex	penditures (provide description in budget narrative)	1		***************************************	<u>\$0</u>
f. Total Support Exp		\$0	\$0	\$0	\$0
<ol><li>Personnel Expenditu</li></ol>	res				
	Personnel Expenditures (from Staffing Detail)			amman Area Control	\$0
b. New Additional P	ersonnel Expenditures (from Staffing Detail)			manavewwar	\$0
c. Employee Benefi	ts			-	<u>\$0</u>
d. Total Personnel E 3. Operating Expenditu		\$0	\$0	\$0	\$0
a. Professional Ser				***************************************	\$0
b. Translation and I				***************************************	\$0
c. Travel and Trans	'			***************************************	\$0
d. General Office Ex				••••	\$0
e. Rent, Utilities and				wammanawa	Ψ
f. Medication and M					\$0
	Expenses (provide description in budget narrative)			warman warman and a same and a same a sa	\$0
h. Total Operating	· · · · · · · · · · · · · · · · · · ·	\$0	\$0	\$0	\$0
4. Program Managemen		ΨΟ		ΨΟ	Ψ
a. Existing Program	Management			***************************************	\$0
b. New Program Ma	nagement			**************************************	<u>\$0</u>
c. Total Program Ma	anagement		\$0	\$0	\$0
	enditures when service provider is not known	\$135,000			\$135,000
6. Total Proposed Progr	ram Budget	\$135,000	\$0	\$0	\$135,000
3. Revenues				Account of the Control of the Contro	
1. Existing Revenues					
a. Medi-Cal (FFP or				-	\$0
	Fees/Patient Insurance			***************************************	\$0
c. Realignment				***************************************	\$0
d. State General Fu	nds			**************************************	\$0
e. County Funds					\$0
f. Grants				••••	40
g. Other Revenue			•		\$0
h. Total Existing Re  2. New Revenues	venues	\$0	\$0	\$0	\$0
a. Medi-Cal (FFP or	nlv)	\$0		name and a second	\$0
	Fees/Patient Insurance	Φ0		wmm000000000	\$0
c. State General Fu		\$0		***************************************	\$0
d. Other Revenue	nus	Φυ		**************************************	\$0 \$0
e. Total New Reven	III	\$0	\$0	\$0	\$0 \$0
3. Total Revenues		\$0	\$0		\$0
C. One-Time CSS Funding	Expenditures	\$62,308			\$62,308
). Total Funding Requiren	nents	\$197,308	\$0	\$0	\$197,308
. Percent of Total Fundin	g Requirements for Full Service Partnerships				

County(ies):	San Diego		Fiscal Year:_	2005-06
Program Workplan #	CY-5.1		Date:	11/11/05
Program Workplan Name	Medication Support for Dependents and Wa	<u>rds</u>	Page:	56 of 274
Type of Funding	Full Service Partnership		Months of Operation	3
Proposed	I Total Client Capacity of Program/Service:	29	New Program/Service or Expansion	New
Ex	isting Client Capacity of Program/Service:	0	Prepared by: I	Michelle Peterson
	Program/Service Expanded through MHSA	29	Telephone Number:	(619) 563-2715

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0 \$0
					\$0
					<u>\$0</u>
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
Psychiatrist	Provides Medication Support		0.25		\$0
Psychiatric Nurse	Provides Medication Support and Monitoring		0.25		\$0
Licensed Clinical Social Worker	Provides Case Management Activities		0.75		\$0
Clerical & Other Support Staff	Provides Clerical Support		0.25		\$0
Eligibility Technician	Provides Medi-Cal Screening and Eligibility		0.25		\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
	Total New Additional Positions	0.00	1.75		<u>\$0</u> \$0
	10ta 110th Additional 1 ostions				
C. Total Program Positions		0.00	1.75		\$0

County(ies): San Diego Fiscal Year: 2005-06 Page: 57 of 274

Program Workplan #: CY-5.1 Date: 11/11/05

Program Workplan Name: Medication Support for Dependents and Wards

Type of Funding: 1. Full Service Partnership New Program/Service of Expansion: New

Line #	<u>Amount</u>	Intensive Case Management
A.5	\$135,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 3 months beginning April 1, 2006 - June 30, 2006.
B.2.a	\$0	Although this program will generate EPSDT Medi-Cal (FFP only) revenue when it is fully operational, no EPSDT Medi-Cal (FFP) is budgeted for FY 05-06 because the program will not be starting before April 1, 2006. As it is a new program starting late in the fiscal year, the EPSDT Medi-Cal is not expected to be material until FY 06-07.
B.2.c	\$0	Although this program will generate EPSDT Medi-Cal (State General Fund) revenue when it is fully operational, no EPSDT Medi-Cal (State General Fund) is budgeted for FY 05-06 because the program will not be starting before April 1, 2006. As it is a new program starting late in the fiscal year, the EPSDT Medi-Cal is not expected to be material until FY 06-07.
С	\$62,308	One-Time CSS Funding Expenditures are the sum of the following:
	\$62,308	One-time CSS funding for start-up and implementation expenditures for this program are equivalent to 6 weeks of service operations. Start-up funds are budgeted to purchase equipment such as computer hardware, software, cell phones, copier, fax, furniture and other office equipment and transportation for clients (if needed). Additionally, funds may be used to secure or expand office space including possible leasehold improvements. Implementation funds are also needed for program staff to recruit, hire, and train personnel and will be used to develop initial program outreach strategies to get this program up and running. These start-up costs will be expended in the fourth quarter of FY 05-06 between April 1, 2006 - June 30,2006.
D	\$197,308	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

County(ies):	San Diego		Fiscal Year:	2006-07
Program Workplan #:	CY-5.1		Date:	11/11/05
Program Workplan Name:_	Medication Support for Dependents and Wards		Page:	58 of 274
Type of Funding: _	Full Service Partnership		Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:_	116	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	0	Prepared by: M	ichelle Peterson

Existing Client Capacity of Program/Service:	0		Prepared by:	Michelle Peterson
Client Capacity of Program/Service Expanded through MHSA:	116		Telephone Number:	(619) 563-2715
	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures	Administration			
1. Client, Family Member and Caregiver Support Expenditures	anaramana.			
a. Clothing, Food and Hygiene				\$0
b. Travel and Transportation	vanoemana			\$0
c. Housing	and			
d. Employment and Education Supports	Accommens			\$0
e. Other Support Expenditures (provide description in budget narrative)	accommona			\$0
f. Total Support Expenditures	\$0	\$0	\$0	\$1
2. Personnel Expenditures	and the same of th			
a. Current Existing Personnel Expenditures (from Staffing Detail)	***************************************			\$0
b. New Additional Personnel Expenditures (from Staffing Detail)	venenane			\$0
c. Employee Benefits				<u>\$0</u>
d. Total Personnel Expenditures	\$0	\$0	\$0	\$0
3. Operating Expenditures				
a. Professional Services	veneenmen			\$0
b. Translation and Interpreter Services				\$0
c. Travel and Transportation	vanaeaeee			\$0
d. General Office Expenditures	and			\$0
e. Rent, Utilities and Equipment	***************************************			
f. Medication and Medical Supports	and a second			\$0
g. Other Operating Expenses (provide description in budget narrative)				<u>\$0</u>
h. Total Operating Expenditures	\$0	\$0	\$0	\$0
4. Program Management				
a . Existing Program Management				\$0
b. New Program Management				\$0
c. Total Program Management 5. Estimated Total Expenditures when service provider is not known	\$580,000	\$0	\$0	\$0 \$580,000
6. Total Proposed Program Budget	\$580,000	\$0	\$0	•
B. Revenues	adatatatata	*-	*-	, , , , , ,
1. Existing Revenues				
a. Medi-Cal (FFP only)	Anaromana			\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. Realignment	wareneen en			\$0
d. State General Funds				\$0
e. County Funds	and			\$0
f. Grants	acamana			•
g. Other Revenue	Automono			\$0
h. Total Existing Revenues	\$0	\$0	\$0	
2. New Revenues	40	Ψ	Ψ	_
a. Medi-Cal (FFP only)	\$22,000			\$22,000
b. Medicare/Patient Fees/Patient Insurance				\$0
c. State General Funds	\$18,000			\$18,000
d. Other Revenue	· ·			\$0
e. Total New Revenue	\$40,000	\$0	\$0	
3. Total Revenues	\$40,000	\$0	\$0	\$40,000
C. One-Time CSS Funding Expenditures				\$0
D. Total Funding Requirements	\$540,000	\$0	\$0	\$540,000
E. Percent of Total Funding Requirements for Full Service Partnerships				

FY 06-07	Fiscal Year:		County(ies): San Diego	County(ies): _
11/11/05	Date:		Norkplan # CY-5.1	Program Workplan #
59 of 274	Page:	ırds	plan Name Medication Support for Dependents and Wa	Program Workplan Name <u>I</u>
12	Months of Operation		of Funding 1. Full Service Partnership	Type of Funding_
New	New Program/Service or Expansion	116	Proposed Total Client Capacity of Program/Service:	Proposed 1
Michelle Petersor	Prepared by:	0	Existing Client Capacity of Program/Service:	Exis
(619) 563-2715	Telephone Number:	116	pacity of Program/Service Expanded through MHSA:	Client Capacity of Pro

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
	_ , , _ , _ , _ , _ , , _				<u>\$0</u>
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
Psychiatrist	Provides Medication Support		1.00		\$0
Psychiatric Nurse	Provides Medication Support and Monitoring		1.00		\$0
Licensed Clinical Social Worker	Provides Case Management Activities		3.00		\$0
Clerical & Other Support Staff	Provides Clerical Support		1.00		\$0
Eligibility Technician	Provides Medi-Cal Screening and Eligibility		1.00		\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					<u>\$0</u>
	Total New Additional Positions	0.00	7.00		\$0
C. Total Program Positions		0.00	7.00		\$0

County(ies): San Diego Fiscal Year: 2006-07 Page: 60 of 274

Program Workplan #: CY-5.1 Date: 11/11/05

Program Workplan Name: Medication Support for Dependents and Wards

Type of Funding: 1. Full Service Partnership New Program/Service of Expansion: New

Line#	<u>Amount</u>	Intensive Case Management
A.5	\$580,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2006 - June 30, 2007.
B.2.a	\$22,000	If applicable, new revenues were estimated for EPSDT Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible.
B.2.c	\$18,000	If applicable, new revenues were estimated for EPSDT Medi-Cal (State General Fund) given the estimated number of clients and services expected to be Medi-Cal eligible.
B.2.e	\$40,000	Total New Revenue is the total EPSDT Medi-Cal revenue including the FFP and State General Fund portion.
B.3	\$40,000	Total Revenues is the sum of all new (B.2.e) and existing revenue (B.1.h).
D	\$540,000	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

O	O Di		F:IV	2007.00
County(ies):	San Diego		Fiscal Year:	2007-08
Program Workplan #:	CY-5.1		Date:	11/11/05
Program Workplan Name:	Medication Support for Dependents and Wards		Page:_	61 of 274
Type of Funding:	Full Service Partnership		Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:	116	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	0	Prepared by: N	Aichelle Peterson
Clie	ent Canacity of Program/Service Expanded through MHSA:	116	Telephone Number:	(619) 563-2715

Existing Client Capacity of Program/Service:	U	-	Frepared by.	Michelle Petersor
Client Capacity of Program/Service Expanded through MHSA	116		Telephone Number:	(619) 563-2715
	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
a. Expenditures				
1. Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$
b. Travel and Transportation				\$
c. Housing				
d. Employment and Education Supports				\$
e. Other Support Expenditures (provide description in budget narrative)				<u>\$</u>
f. Total Support Expenditures	\$0	\$0	\$0	\$
2. Personnel Expenditures				_
a . Current Existing Personnel Expenditures (from Staffing Detail)				\$
b. New Additional Personnel Expenditures (from Staffing Detail)				\$
c. Employee Benefits				<u>\$</u>
d. Total Personnel Expenditures 3. Operating Expenditures	\$0	\$0	\$0	\$
				¢
a . Professional Services				\$
b. Translation and Interpreter Services				\$
c. Travel and Transportation				\$
d. General Office Expenditures				\$
e . Rent, Utilities and Equipment				
f. Medication and Medical Supports				\$
g. Other Operating Expenses (provide description in budget narrative)				\$
h. Total Operating Expenditures  4. Program Management	\$0	\$0	\$0	\$
a. Existing Program Management				\$
b. New Program Management				\$
c . Total Program Management		\$0	\$0	\$
5. Estimated Total Expenditures when service provider is not known	\$580,000			\$580,00
6. Total Proposed Program Budget	\$580,000	\$0	\$0	\$580,00
Revenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				\$
b. Medicare/Patient Fees/Patient Insurance				\$
c. Realignment				
d. State General Funds				\$
e. County Funds				\$
f. Grants				
g. Other Revenue				\$
h. Total Existing Revenues  2. New Revenues	\$0	\$0	\$0	\$
a. Medi-Cal (FFP only)	\$22,000			\$22,00
b. Medicare/Patient Fees/Patient Insurance	\$22,000			\$22,00 \$
c. State General Funds	\$18,000			\$18,00
d. Other Revenue	\$10,000			\$10,00 \$
e. Total New Revenue	\$40,000	*^	•	\$40,00
e. Total New Revenue  3. Total Revenues	\$40,000 \$40,000	\$0 \$0	\$0 \$0	\$40,00 \$40,00
. One-Time CSS Funding Expenditures	,	**	**	\$
. Total Funding Requirements	\$540,000	\$0	\$0	\$540,00
Percent of Total Funding Requirements for Full Service Partnerships				. ,

Fiscal		Year: <u> </u>
		Date: 11/11/05
		Page: 62 of 274
onths of Ope	Month	eration12
rvice or Exp	_ New Program/Servic	ansionNew
Prepar	_	ed by: Michelle Petersor
olonbono Nu	Telen	mbor: (610) 562 2715

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0 \$0
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
Psychiatrist	Provides Medication Support		1.00		\$0
Psychiatric Nurse	Provides Medication Support and Monitoring		1.00		\$0
Licensed Clinical Social Worker	Provides Case Management Activities		3.00		\$0
Clerical & Other Support Staff	Provides Clerical Support		1.00		\$0
Eligibility Technician	Provides Medi-Cal Screening and Eligibility		1.00		\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
	Personance				\$0
					\$0
					\$0
					<u>\$0</u>
	Total New Additional Positions	0.00	7.00		\$0
C. Total Program Positions		0.00	7.00		\$0

 County(ies): San Diego
 Fiscal Year: 2007-08
 Page: 63 of 274

 Program Workplan #: CY-5.1
 Date: 11/11/05

Program Workplan Name: Medication Support for Dependents and Wards

Type of Funding: 1. Full Service Partnership New Program/Service of Expansion: New

Line#	<u>Amount</u>	Intensive Case Management						
A.5	\$580,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2007 - June 30, 2008.						
B.2.a	\$22,000	If applicable, new revenues were estimated for EPSDT Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible.						
B.2.c	\$18,000	If applicable, new revenues were estimated for EPSDT Medi-Cal (State General Fund) given the estimated number of clients and services expected to be Medi-Cal eligible.						
B.2.e	\$40,000	Total New Revenue is the total EPSDT Medi-Cal revenue including the FFP and State General Fund portion.						
B.3	\$40,000	Total Revenues is the sum of all new (B.2.e) and existing revenue (B.1.h).						
D	\$540,000	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.						

# **EXHIBIT 4: COMMUNITY SERVICES AND SUPPORTS WORK PLAN SUMMARY**

County: San	Fiscal Year:	Program Work Plan Name:	Outpat	tient C	ourt Sc	chools	and Ou	treac	h		
Diego	2005-06, 2006-07, 2007-08	_									
Program Work Pl	<b>an</b> : CY-5.2	Estimated Start Date: April 1, 2006									
1a) Program Description: Integrated and coordinated outpatient therapy and o					outreach services to youth with SED attending						
the Juvenile Justic	e Court and Community Schoo	ols (JCCS).									
1b) Priority Popu	lation: Unserved, uninsured S	SED youth attending the Juvenil	e Justi	ce Co	urt and	Comm	nunity S	Schoo	ls.		
				1d) Fund Type			1d) Age Group				
Describe strategies	s to be used, Funding Types re	equested (check all that apply),		Sys					•		
Age Groups to be served (check all that apply)			FS	Ďе	OE	CY	TAY	Α	OA		
3											
1c)					$\boxtimes$	$\boxtimes$					
✓ School-based of the second of the sec	outreach and mental health out	patient treatment to increase									
access to servi	ces for uninsured youth;										
✓ Collaboration w	vith Juvenile Justice Court and	Community Schools designed									
to share information and resources;											
✓ Individualized, culturally competent, and strength based assessment and											
•	s with families/youth actively inv	volved in the development of									
the treatment p	· · · · · · · · · · · · · · · · · · ·	_									
	rd assessment forms of the ent										
System will be modified to ensure consideration of domestic violence,											
•	referral when appropriate.										
	I training on the wraparound pri	• •									
	nce and co-occurring disorders	will be provided to all clinical									
staff;											
	a minimum, include screening,										
	gth-based and resilience focus,										
	ess in treatment or refer for serv	• • •									
	San Diego County's Cultural Co	•									
	ily/Youth Peer Support Partners										
✓ Evidence-base	d practice will be applied to this	s service with a strong									

consideration for the "Functional Family Therapy (FFT)" model. One time				
funds included in first year to purchase model materials and training.				

- 2) Proposed Program: Integrated and coordinated outpatient therapy and outreach services to uninsured SED (severely emotionally disturbed) youth attending the Juvenile Justice Court and Community Schools. The services will target youth in the juvenile justice system, youth referred by the School Attendance Review Board (SARB) and youth expelled from their home school district. Through a model of service delivery that focuses on resiliency, the program shall provide short term treatment and skill-building activities to the target population. Outreach and home-based services will be provided to engage families in treatment services. This program advances the goals of MHSA to reduce institutionalization and promote integrated service experiences for clients and families. Six weeks of program start-up funds are included in the budget request.
- 3) Housing/Employment Services: The program will make housing and employment referrals as needed.
- **4) Full Service Partnership:** N/A This program is not funded through a Full Service Partnership.
- **5) Recovery Goals:** The recovery goal is to improve mental health and self-management of the youth so that they stay out of trouble, improve functioning in the community and transition to a mainstream school campus. The individualized and strength based assessment and treatment plans with families/youth participation will actively track goals for recovery/management.
- **6) Expanding Existing Programs:** Current program is able to serve only Medi-Cal eligible children and youth. Augmentation of existing services will allow current provider to serve uninsured SED children/youth. It will also allow the program which currently only serves the Central and South region to expand services into the North region.
- 7) Services and Supports provided by Clients and/or Family Members: Access to Family/Youth Peer Support Partners who add peer-driven services to the array.
- **8) Collaboration Strategies**: The program will collaborate with Juvenile Justice Court and Community Schools. The collaboration is designed to share information and resources.

**9/10) Cultural Competence/Ethnic Disparities/Sexual Orientation and Gender Sensitivity:** This program will be embedded in the overall Cultural Competence guidelines and expectations for all county services, and specific outreach and engagement will occur with the unserved/underserved groups of consumers who are Latino or Asian/Pacific Islander. Sensitivity to gender and sexual orientation is part of the cultural competency expectations for the county.

- 11) Individuals Residing Out-of-County: Services will be focused on in-county residents with a SED diagnosis.
- **12) Strategies not Listed in Section IV:** All strategies are listed in Section IV.

# 13) Timeline

Activity	<u>Date</u>
Program staff hired	by May 1, 2006
Staff trained	by May 15, 2006
Program start	by May 31, 2006

County(ies	s): San Diego		Fiscal Year:	2005-06
Program Workplan :	#:CY-5.2		Date:	11/11/05
Program Workplan Name	e: Outpatient Court Schools & Outreach		Page:	64 of 274
Type of Funding	3. Outreach and Engagement		Months of Operation:	3
	Proposed Total Client Capacity of Program/Service:	28	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	0	- Prepared by:	Michelle Petersor
С	lient Capacity of Program/Service Expanded through MHSA:	28	Telephone Number:	(619) 563-2715

	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures				
Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$0
b. Travel and Transportation				\$0
c. Housing				
i. Master Leases				\$0
ii. Subsidies				\$0
iii. Vouchers				\$0
iv. Other Housing				\$0
d. Employment and Education Supports				\$1
e. Other Support Expenditures (provide description in budget narrative)				<u>\$1</u>
f. Total Support Expenditures	\$0	\$0	\$0	\$1
2. Personnel Expenditures	,-	*-	*-	7
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$1
b. New Additional Personnel Expenditures (from Staffing Detail)				\$0
c. Employee Benefits				\$0
d. Total Personnel Expenditures	\$0	\$0	\$0	\$0
3. Operating Expenditures				·
a. Professional Services				\$0
b. Translation and Interpreter Services				\$0
c. Travel and Transportation				\$0
d. General Office Expenditures				\$1
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports				\$0
g. Other Operating Expenses (provide description in budget narrative)				\$1
h. Total Operating Expenditures	\$0	\$0	\$0	\$0
4. Program Management				
a. Existing Program Management				\$0
b. New Program Management				\$1
c. Total Program Management		\$0	\$0	\$0
5. Estimated Total Expenditures when service provider is not known	\$90,000			\$90,000
6. Total Proposed Program Budget	\$90,000	\$0	\$0	\$90,000
B. Revenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. Realignment				\$0
d. State General Funds				\$1
e. County Funds				\$1
f. Grants				
g. Other Revenue				<u>\$0</u>
h. Total Existing Revenues	\$0	\$0	\$0	\$0
2. New Revenues				
a. Medi-Cal (FFP only)	\$0			\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. State General Funds	\$0			\$0
d. Other Revenue				<u>\$0</u>
e. Total New Revenue	\$0	\$0	\$0	
3. Total Revenues	\$0	\$0	\$0	\$0
C. One-Time CSS Funding Expenditures	\$171,538			\$171,538
D. Total Funding Requirements	\$261,538	\$0	\$0	\$261,538
E. Percent of Total Funding Requirements for Full Service Partnerships				

2005-06	Fiscal Year:_		San Diego	County(ies):
11/11/05	Date:_		CY-5.2	Program Workplan #
65 of 274	Page:_		Outpatient Court Schools & Outreach	Program Workplan Name
3	Months of Operation		3. Outreach and Engagement	Type of Funding
New	New Program/Service or Expansion	28	Total Client Capacity of Program/Service:	Proposed
Michelle Peterso	Prepared by:	0	- -:xisting Client Capacity of Program/Service	Б
(619) 563-271	Telephone Number:	28	rogram/Service Expanded through MHSA:	Client Capacity of P

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0 \$0
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
Mental Health Clinician, Licensed	Provides Mental Health Services		0.25		\$0
MH Clinician, Licensed Eligible-Bilingua			0.25		\$0
	Rehabilitation and Recovery Support		0.25 0.25		\$0 \$0
	Rehabilitation and Recovery Support Provides Clerical Support		0.25		\$0
Psychiatrist	Provides Medication Support and Monitoring		TBD		TBD
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
	Total New Additional Positions	0.00	1.25		<u>\$0</u> \$0
C. Total Bragram Basitian -					
C. Total Program Positions		0.00	1.25		\$0

County(ies): San Diego Fiscal Year: 2005-06 Page: 66 of 274
Program Workplan #: CY-5.2 Date: 11/11/05

Program Workplan Name: Outpatient Court Schools & Outreach

Type of Funding: 3. Outreach and Engagement New Program/Service of Expansion: New

Line#	<u>Amount</u>	<u>Description / Justification</u>
A.5	\$90,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 3 months beginning April 1, 2006 - June 30, 2006.
B.2.a	\$0	Although this program will generate EPSDT Medi-Cal (FFP only) revenue when it is fully operational, no EPSDT Medi-Cal (FFP) is budgeted for FY 05-06 because the program will not be starting before April 1, 2006. As it is a new program starting late in the fiscal year, the EPSDT Medi-Cal is not expected to be material until FY 06-07.
B.2.c	\$0	Although this program will generate EPSDT Medi-Cal (State General Fund) revenue when it is fully operational, no EPSDT Medi-Cal (State General Fund) is budgeted for FY 05-06 because the program will not be starting before April 1, 2006. As it is a new program starting late in the fiscal year, the EPSDT Medi-Cal is not expected to be material until FY 06-07.
С	\$171,538	One-Time CSS Funding Expenditures are the sum of the following:
	\$41,538	One-time CSS funding for start-up and implementation expenditures for this program are equivalent to 6 weeks of service operations. Start-up funds are budgeted to purchase equipment such as computer hardware, software, cell phones, copier, fax, furniture and other office equipment. Additionally, funds may be used to secure or expand office space including possible leasehold improvements. Implementation funds are also needed for program staff to recruit, hire, and train personnel and will be used to develop initial program outreach strategies to get this program up and running. These start-up costs will be expended in the fourth quarter of FY 05-06 between April 1, 2006 - June 30,2006.
	\$130,000	One-time CSS funds for potential evidence-based practice such as "Functional Family Therapy (FFT)" model. These funds will be expended in the fourth quarter of FY 05-06 between April 1, 2006 - June 30, 2006.
D	\$261,538	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

County(i	es):San Diego		Fiscal Year:	2006-07
Program Workpla	n #:		Date:	11/11/05
Program Workplan Na	me: Outpatient Court Schools & Outreach		Page:	67 of 274
Type of Fundi	ng:3. Outreach and Engagement		Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:	110	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Petersor
	- :Client Capacity of Program/Service Expanded through MHSA	110	Telephone Number:	(619) 563-2715

Client Capacity of Program Service Expanded through MHSA			rerepriorie Number.	(010) 000 2110
	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
Expenditures				
Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$
b. Travel and Transportation				\$
c. Housing				
i. Master Leases				4
ii. Subsidies				4
iii. Vouchers				4
iv. Other Housing				4
d. Employment and Education Supports				
e. Other Support Expenditures (provide description in budget narrative)				5
f. Total Support Expenditures	\$0	\$0	\$0	
2. Personnel Expenditures				
a. Current Existing Personnel Expenditures (from Staffing Detail)				5
b. New Additional Personnel Expenditures (from Staffing Detail)				
c. Employee Benefits				
d. Total Personnel Expenditures	\$0	\$0	\$0	
3. Operating Expenditures	-	***	<b>4</b> 0	
a. Professional Services				5
b. Translation and Interpreter Services				
c. Travel and Transportation				
d. General Office Expenditures				
e. Rent, Utilities and Equipment				•
f. Medication and Medical Supports				,
g. Other Operating Expenses (provide description in budget namative)				· · · · · · · · · · · · · · · · · · ·
h. Total Operating Expenditures	\$0	\$0	\$0	5
4. Program Management	Ψ0	ψ0	ψο	
a. Existing Program Management				5
b. New Program Management				· •
c. Total Program Management		\$0	\$0	2
Estimated Total Expenditures when service provider is not known	\$393,000	Ψ0	Ψ0	\$393,00
6. Total Proposed Program Budget	\$393,000	\$0	\$0	\$393,00
Revenues	7120,000			
1. Existing Revenues				
a. Medi-Cal (FFP only)				
b. Medicare/Patient Fees/Patient Insurance				,
c. Realignment				
d. State General Funds				:
e. County Funds				
f. Grants				•
g. Other Revenue	40	¢0	¢ο	:
h. Total Existing Revenues	\$0	\$0	\$0	
2. New Revenues	A40.450			
2. New Revenues  a. Medi-Cal (FFP only)	\$18,150			
New Revenues     a. Medi-Cal (FFP only)     b. Medicare/Patient Fees/Patient Insurance				
New Revenues     a. Medi-Cal (FFP only)     b. Medicare/Patient Fees/Patient Insurance     c. State General Funds	\$18,150 \$14,850			\$14,8
2. New Revenues  a. Medi-Cal (FFP only)  b. Medicare/Patient Fees/Patient Insurance  c. State General Funds  d. Other Revenue	\$14,850			\$14,8
2. New Revenues  a. Medi-Cal (FFP only)  b. Medicare/Patient Fees/Patient Insurance  c. State General Funds  d. Other Revenue  e. Total New Revenue	\$14,850 \$33,000	\$0	\$0	: \$14,8 : \$33,0
2. New Revenues  a. Medi-Cal (FFP only)  b. Medicare/Patient Fees/Patient Insurance  c. State General Funds  d. Other Revenue  e. Total New Revenue  3. Total Revenues	\$14,850	\$0 \$0	\$0 \$0	\$14,8 \$13,0 \$33,0 \$33,0
2. New Revenues  a. Medi-Cal (FFP only)  b. Medicare/Patient Fees/Patient Insurance  c. State General Funds  d. Other Revenue  e. Total New Revenue	\$14,850 \$33,000			\$18,18 \$14,88 \$33,00 \$33,00 \$36,00

Fiscal Year:FY 06-07		San Diego	County(ies):_
Date: 11/11/05		CY-5.2	Program Workplan #
Page: 68 of 274		Outpatient Court Schools & Outreach	Program Workplan Name _
Months of Operation 12		3. Outreach and Engagement	Type of Funding
New Program/Service or Expansion New	110	otal Client Capacity of Program/Service:	Proposed T
Prepared by: Michelle Peterso	0	ting Client Capacity of Program/Service:	Exis
Telephone Number: (619) 563-271	110	gram/Service Expanded through MHSA:	Client Capacity of Pro

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					<u>\$0</u>
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
Mental Health Clinician, Licensed	Provides Mental Health Services		1.00		\$0
	Provides Mental Health Services		1.00		\$0
MH Clinician, Unlicensed BA-Bilingual	Rehabilitation and Recovery Support		1.00		\$0
Mental Health Clinician, Unlicensed BA	Rehabilitation and Recovery Support		1.00		\$0
Clerical & Other Support Staff	Provides Clerical Support		1.00		\$0 TDD
Psychiatrist	Provides Medication Support and Monitoring		TBD		TBD \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
	T-4-1 81 8 -1-1411 5 -141				<u>\$0</u>
	Total New Additional Positions	0.00	5.00		\$0
C. Total Program Positions		0.00	5.00		\$0

County(ies): San Diego Fiscal Year: 2006-07 Page: 69 of 274
Program Workplan #: CY-5.2 Date: 11/11/05

Program Workplan Name: Outpatient Court Schools & Outreach

Type of Funding: 3. Outreach and Engagement New Program/Service of Expansion: New

Line #	<u>Amount</u>	<u>Description / Justification</u>
A.5	\$393,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2006 - June 30, 2007.
B.2.a	\$18,150	If applicable, new revenues were estimated for EPSDT Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible.
B.2.c	\$14,850	If applicable, new revenues were estimated for EPSDT Medi-Cal (State General Fund) given the estimated number of clients and services expected to be Medi-Cal eligible.
B.2.e	\$33,000	Total New Revenue is the total EPSDT Medi-Cal revenue including the FFP and State General Fund portion.
B.3	\$33,000	Total Revenues is the sum of all new (B.2.e) and existing revenue (B.1.h).
D	\$360,000	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

County(ies): _	San Diego		Fiscal Year:	2007-08
Program Workplan #:	CY-5.2		Date:	11/11/05
Program Workplan Name:	Outpatient Court Schools & Outreach		Page:	70 of 274
Type of Funding:	3. Outreach and Engagement		Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:	110	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
Clien	t Canacity of Program/Service Expanded through MHSA:	110		(619) 563-2715

Client Capacity of Program/Service Expanded through MHS	SA:110		Telephone Number:	(619) 563-2715
	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
Expenditures				
1. Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$0
b. Travel and Transportation				\$0
c. Housing				
i. Master Leases				\$(
ii. Subsidies				\$1
iii. Vouchers				\$
iv. Other Housing				\$
d. Employment and Education Supports				\$
e. Other Support Expenditures (provide description in budget narrative)				\$
f. Total Support Expenditures	\$0	\$0	\$0	\$
2. Personnel Expenditures				
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$
b. New Additional Personnel Expenditures (from Staffing Detail)				\$
c. Employee Benefits				\$
d. Total Personnel Expenditures	\$0	\$0	\$0	\$
3. Operating Expenditures				
a. Professional Services				\$
b. Translation and Interpreter Services				\$
c. Travel and Transportation				\$
d. General Office Expenditures				4
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports				\$
g. Other Operating Expenses (provide description in budget narrative)				\$
h. Total Operating Expenditures	\$0	\$0	\$0	\$
4. Program Management	***	**	***	*
a. Existing Program Management				\$
b. New Program Management				\$
c. Total Program Management		\$0	\$0	\$
5. Estimated Total Expenditures when service provider is not known	\$393,000	4.0	**	\$393,00
6. Total Proposed Program Budget	\$393,000	\$0	\$0	\$393,00
Revenues				,
1. Existing Revenues				
a. Medi-Cal (FFP only)				\$
b. Medicare/Patient Fees/Patient Insurance				\$
c. Realignment				\$
d. State General Funds				\$
e. County Funds				\$
f. Grants				4
				,
g. Other Revenue	φ0	\$0	¢ο	<u>\$</u> \$
h. Total Existing Revenues	\$0	ΦU	\$0	. →
2. New Revenues	A40.450			A40.45
a. Medi-Cal (FFP only)	\$18,150			\$18,15
b. Medicare/Patient Fees/Patient Insurance	****			\$
c. State General Funds	\$14,850			\$14,85
d. Other Revenue				\$
e. Total New Revenue	\$33,000	\$0	\$0	\$33,00
3. Total Revenues	\$33,000	\$0	\$0	\$33,00
One-Time CSS Funding Expenditures				\$
Total Funding Requirements	\$360,000	\$0	\$0	\$360,000
Percent of Total Funding Requirements for Full Service Partnerships				

Fiscal Year:F	Fiscal Ye		San Diego	County(ies):_
Date: 1	Da		CY-5.2	Program Workplan #
Page: 7	Pag		Outpatient Court Schools & Outreach	Program Workplan Name
Months of Operation	Months of Operati		3. Outreach and Engagement	Type of Funding
New Program/Service or Expansion	New Program/Service or Expansi	110	Total Client Capacity of Program/Service:	- Proposed
Prepared by: Miche	Prepared b	0	cisting Client Capacity of Program/Service:	Ex
Telephone Number: (61	Telephone Numb	110	rogram/Service Expanded through MHSA:	Client Capacity of P

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
	Total Current Existing Positions	0.00	0.00		<u>\$0</u> \$0
D. Nov. 6 delitional Decitions	3				
B. New Additional Positions	Provides Mental Health Services		1.00		40
Mental Health Clinician, Licensed MH Clinician, Licensed Eligible-Bilingual			1.00		\$0 \$0
MH Clinician, Unlicensed BA-Bilingual	Rehabilitation and Recovery Support		1.00		\$0
1	Rehabilitation and Recovery Support		1.00		\$0
Clerical & Other Support Staff	Provides Clerical Support		1.00		\$0
Psychiatrist	Provides Medication Support and Monitoring		TBD		TBD
					\$0
					\$0
					\$0
					\$0 \$0
					\$0 \$0
					\$0
					\$0 \$0
					\$0
					<u>\$0</u>
	Total New Additional Positions	0.00	5.00		\$0
C. Total Program Positions		0.00	5.00		\$0

County(ies): San Diego Fiscal Year: 2007-08 Page: 72 of 274

Program Workplan #: CY-5.2 Date: 11/11/05

Program Workplan Name: Outpatient Court Schools & Outreach

Type of Funding: 3. Outreach and Engagement New Program/Service of Expansion: New

Line#	<u>Amount</u>	<u>Description / Justification</u>
A.5	\$393,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2007 - June 30, 2008.
B.2.a	\$18,150	If applicable, new revenues were estimated for EPSDT Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible.
B.2.c	\$14,850	If applicable, new revenues were estimated for EPSDT Medi-Cal (State General Fund) given the estimated number of clients and services expected to be Medi-Cal eligible.
B.2.e	\$33,000	Total New Revenue is the total EPSDT Medi-Cal revenue including the FFP and State General Fund portion.
B.3	\$33,000	Total Revenues is the sum of all new (B.2.e) and existing revenue (B.1.h).
D	\$360,000	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

**EXHIBIT 4: COMMUNITY SERVICES AND SUPPORTS WORK PLAN SUMMARY** 

	MUNITY SERVICES AND SU	JPPORTS WORK PLAN SUMMAR							
County: San	Fiscal Year:	Program Work Plan Name: Home	eless ar	nd Runa	aways				
Diego	2005-06, 2006-07, 2007-								
	08								
Program Work Pla	an: CY-5.3	Estimated Start Date: April 1, 20	006						
1a) Program Desc	ription: Countywide short-to	erm, intensive outpatient services a	nd case	manag	gemen	t for h	omeles	s and	k
runaway SED (seri	ously emotionally disturbed)	children/youth.							
1b) Priority Popul	ation: SED children/youth w	ho are homeless or runaway (under	served)						
			1d) l	Fund T	ype	1	<b>d)</b> Age	Grou	ıρ
Describe strategies	to be used, Funding Types	requested (check all that apply),		Sys					
	served (check all that apply)		FSP	Ďev	OE	CY	TAY	Α	OA
1c)			$\boxtimes$			$\boxtimes$			
-	nsive outpatient services and	d case management;							
✓ Strong linkage t	o existing homeless youth o	utreach workers;							
✓ Outreach and line	nkage to community resource	es;							
✓ Access to Famil	ly/Youth Peer Support Partne	ers;							
✓ Individualized,	culturally competent, and stre	ength based assessment and							
treatment plans	with families/youth actively i	nvolved in the development of the							
treatment plan;									
✓ Current standar	d assessment forms of the e	ntire Children's Mental Health							
System will be r	modified to ensure considera	tion of domestic violence,							
screening and referral when appropriate;									
✓ Orientation and training on wraparound principles/approach, domestic									
violence and co-occurring disorders will be provided to all clinical staff;									
✓ Services will, at	a minimum, include screenii	ng, assessment and referral, a							
wellness, streng	gth-based and resilience focu	us, will assess for trauma,							
domestic violen	ce, address in treatment or r	efer for services when appropriate							
and will adhere	to San Diego County's Cultu	ıral Competence standards.							

2) Proposed Program: Short-term, intensive outpatient services and case management for homeless and runaway SED children/youth. Program will offer assertive outreach to youth who access shelter care and to those who do not utilize

shelter services. Program staff will link closely with the schools for homeless children and youth, homeless day programs, shelters and outreach workers to identify those homeless youth most in need of mental health services. The program advances goals of MHSA by providing an integrated service experience and reducing institutionalization. Six weeks of program start-up funds are included in the budget request.

- 3) Housing/Employment Services: The program will provide housing and employment referrals as needed.
- **4) Full Service Partnership:** The average cost for each participant per year is \$7,900.
- **5) Recovery Goals:** Program and linkage to Family/Youth Support Partners promotes recovery and resiliency for child/youth and their family. Program services focus on mental health needs, co-occurring disorders and harm reduction within a recovery philosophy.
- 6) Expanding Existing Programs: This is a new program.
- 7) Services and Supports provided by Clients and/or Family Members: Access to Family/Youth Peer Support Partners
- **8) Collaboration Strategies**: There will be close collaboration with community-based agencies serving homeless youth through outreach, shelters, day programs and schools. System of Care partners may include Education, Child Welfare, Juvenile Justice and Housing Authorities.
- **9/10) Cultural Competence/Ethnic Disparities/Sexual Orientation and Gender Sensitivity:** This program will be embedded in the overall Cultural Competence guidelines and expectations for all county services, and specific outreach and engagement will occur with the unserved/underserved groups of consumers who are Latino or Asian/Pacific Islander. Sensitivity to gender and sexual orientation is part of the cultural competency expectations for the county.
- 11) Individuals Residing Out-of-County: The services will be provided for in-county residents.
- **12) Strategies not Listed in Section IV:** All strategies are listed in Section IV.
- 13) Timeline:

Activity	Date

Program staff hired by May 1, 2006
Facility secured & QA certified by May 15, 2006
Staff trained by May 15, 2006
Program start by May 15, 2006

EXHIBIT 5aMental Health Services Act Community Services and Supports Budget Worksheet							
County(ie:	s):San Diego		Fiscal Year:	2005-06			
Program Workplan	#:		Date:	11/11/05			
Program Workplan Nam	e: Homeless and Runaway		Page:	73 of 274			
Type of Funding	:1. Full Service Partnership		Months of Operation:	3			
	Proposed Total Client Capacity of Program/Service:	11	New Program/Service or Expansion:	New			
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson			
С	lient Capacity of Program/Service Expanded through MHSA:	11	Telephone Number:	(619) 563-2715			

Client Capacity of Program/Service Expanded through MH	SA:	-	Telephone Number:	(018) 303-2713
	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures				
Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$0
b. Travel and Transportation				\$0
c. Housing				
i. Master Leases				\$1
ii. Subsidies				\$1
iii. Vouchers				\$
iv. Other Housing				\$
d. Employment and Education Supports				\$
e. Other Support Expenditures (provide description in budget narrative)				\$
f. Total Support Expenditures	\$0	\$0	\$0	\$
2. Personnel Expenditures				
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$
b. New Additional Personnel Expenditures (from Staffing Detail)				\$
c. Employee Benefits				\$
d. Total Personnel Expenditures	\$0	\$0	\$0	\$
3. Operating Expenditures				
a. Professional Services				\$
b. Translation and Interpreter Services				\$
c. Travel and Transportation				\$
d. General Office Expenditures				\$
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports				\$
g. Other Operating Expenses (provide description in budget narrative)				\$
h. Total Operating Expenditures	\$0	\$0	\$0	\$
4. Program Management				
a. Existing Program Management				\$
b. New Program Management				\$
c. Total Program Management		\$0	\$0	\$
5. Estimated Total Expenditures when service provider is not known	\$76,918			\$76,91
6. Total Proposed Program Budget	\$76,918	\$0	\$0	\$76,91
B. Revenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				\$
b. Medicare/Patient Fees/Patient Insurance				\$
c. Realignment				\$
d. State General Funds				\$
e. County Funds				\$
f. Grants				
g. Other Revenue				\$
h. Total Existing Revenues	\$0	\$0	\$0	\$
2. New Revenues				
a. Medi-Cal (FFP only)	\$0			\$
b. Medicare/Patient Fees/Patient Insurance				\$
c. State General Funds	\$0			\$
d. Other Revenue				\$
e. Total New Revenue	\$0	\$0	\$0	\$
3. Total Revenues	\$0	\$0	\$0	\$
C. One-Time CSS Funding Expenditures	\$35,501	40	40	\$35,50
	\$112,419	\$0	\$0	
D. Total Funding Requirements	\$112,419	\$0	\$0	\$112,41
E. Percent of Total Funding Requirements for Full Service Partnerships				

	County(ies):	San Diego		Fiscal Year: _	2005-06
Pr	ogram Workplan #	CY-5.3		Date:	11/11/05
Progran	n Workplan Name	Homeless and Runaway		Page:_	74 of 274
	Type of Funding	Full Service Partnership		Months of Operation	3
	Proposed <sup>2</sup>	Total Client Capacity of Program/Service:	11	New Program/Service or Expansion	New
	Exi	sting Client Capacity of Program/Service:	0	Prepared by: N	Michelle Peterson
C	ient Capacity of Pr	ogram/Service Expanded through MHSA:	11	Telephone Number:	(619) 563-2715

Classification	Function	Client, FM & CG FTEs <sup>a</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					<u>\$0</u>
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
Program Manager, Licensed	Manages Program and Staff		0.25		\$0
MH Clinician, Licensed Eligible-Bilingual	Provides Mental Health Services		0.25		\$0
Mental Health Clinician, Licensed Eligible	Provides Mental Health Services		0.25		\$0
Clerical & Other Support Staff	Provides Clerical Support		0.13	l .	\$0
Psychiatrist	Provides Medication Support and Monitoring		TBD		TBD
					\$0
					\$0
					\$0
	Total New Additional Positions		0.88		\$0 \$0
C. Total Program Positions			0.88		\$0

County(ies): San Diego Fiscal Year: 2005-06 Page: 75 of 274

Program Workplan #: CY-5.3 Date: 11/11/05

Program Workplan Name: Homeless and Runaway

Type of Funding: 1. Full Service Partnership New Program/Service of Expansion: New

Line#	Amount	Description / Justification
A.5	\$76,918	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. Within total expenditures, there is \$4,300 for "flex funds" to purchase personal goods and services for homeless individuals based upon individual client need. This budget is for 3 months beginning April 1, 2006 - June 30, 2006.
B.2.a	\$0	Although this program will generate EPSDT Medi-Cal (FFP only) revenue when it is fully operational, no EPSDT Medi-Cal (FFP) is budgeted for FY 05-06 because the program will not be starting before April 1, 2006. As it is a new program starting late in the fiscal year, the EPSDT Medi-Cal is not expected to be material until FY 06-07.
B.2.c	\$0	Although this program will generate EPSDT Medi-Cal (State General Fund) revenue when it is fully operational, no EPSDT Medi-Cal (State General Fund) is budgeted for FY 05-06 because the program will not be starting before April 1, 2006. As it is a new program starting late in the fiscal year, the EPSDT Medi-Cal is not expected to be material until FY 06-07.
С	\$35,501	One-Time CSS Funding Expenditures are the sum of the following:
	\$35,501	One-time CSS funding for start-up and implementation expenditures for this program are equivalent to 6 weeks of service operations. Start-up funds are budgeted to purchase equipment such as computer hardware, software, cell phones, copier, fax, furniture and other office equipment. Additionally, funds may be used to secure or expand office space including possible leasehold improvements. Implementation funds are also needed for program staff to recruit, hire, and train personnel and will be used to develop initial program outreach strategies to get this program up and running. These start-up costs will be expended in the fourth quarter of FY 05-06 between April 1, 2006 - June 30,2006.
D	\$112,419	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

County(ies):	San Diego		Fiscal Year:	2006-07
Program Workplan #:	CY-5.3		Date:	1 1/1 1/05
Program Workplan Name:	Homeless and Runaway		Page:	76 of 274
Type of Funding:	Full Service Partnership		Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:	43	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	0	- Prepared by:	Michelle Peterson
Clier	t Capacity of Program/Service Expanded through MHSA:	43	Telephone Number:	(619) 563-2715

	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures				
Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$0
b. Travel and Transportation				\$0
c. Housing				
i. Master Leases				\$0
ii. Subsidies				\$0
iii. Vouchers				\$0
iv. Other Housing				\$0
d. Employment and Education Supports				\$1
e. Other Support Expenditures (provide description in budget narrative)				\$
f. Total Support Expenditures	\$0	\$0	\$0	\$1
2. Personnel Expenditures				
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$1
b. New Additional Personnel Expenditures (from Staffing Detail)				\$
c. Employee Benefits				\$
d. Total Personnel Expenditures	\$0	\$0	\$0	\$1
3. Operating Expenditures				
a. Professional Services				\$
b. Translation and Interpreter Services				\$
c. Travel and Transportation				\$
d. General Office Expenditures				\$
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports				\$
g. Other Operating Expenses (provide description in budget narrative)				\$1
h. Total Operating Expenditures	\$0	\$0	\$0	\$1
4. Program Management				
a. Existing Program Management				\$
b. New Program Management				<u>\$</u>
c. Total Program Management		\$0	\$0	\$
5. Estimated Total Expenditures when service provider is not known	\$339,700			\$339,70
6. Total Proposed Program Budget	\$339,700	\$0	\$0	\$339,700
B. Revenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				\$
b. Medicare/Patient Fees/Patient Insurance				\$
c. Realignment				\$
d. State General Funds				\$
e. County Funds				\$
f. Grants				
g. Other Revenue				\$
h. Total Existing Revenues	\$0	\$0	\$0	\$
2. New Revenues				
a. Medi-Cal (FFP only)	\$17,615			\$17,61
b. Medicare/Patient Fees/Patient Insurance				\$
c. State General Funds	\$14,412			\$14,41
d. Other Revenue				\$
e. Total New Revenue	\$32,027	\$0	\$0	\$32,02
3. Total Revenues	\$32,027	\$0	\$0	\$32,02
C. One-Time CSS Funding Expenditures				\$
D. Total Funding Requirements	\$307,673	\$0	\$0	\$307,67
E. Percent of Total Funding Requirements for Full Service Partnerships				

County(ies):_	San Diego		Fiscal Year:	FY 06-07
Program Workplan #_	CY-5.3		Date:	11/11/05
Program Workplan Name _	Homeless and Runaway		Page:	77 of 274
Type of Funding_	Full Service Partnership		Months of Operation_	12
Proposed	Total Client Capacity of Program/Service:	43	New Program/Service or Expansion_	New
E	xisting Client Capacity of Program/Service:	0	Prepared by:	Michelle Petersor
Client Canacity of F	Program/Service Evpanded through MHSA:	43	Telephone Number:	(619) 563-2715

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
_					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					<u>\$0</u>
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
Program Manager, Licensed	Manages Program and Staff		1.00		\$0
MH Clinician, Licensed Eligible-Bilingual	Provides Mental Health Services		1.00		\$0
Mental Health Clinician, Licensed Eligibl	Provides Mental Health Services		1.00		\$0
Clerical & Other Support Staff	Provides Clerical Support		0.50		\$0
Psychiatrist	Provides Medication Support and Monitoring		TBD		TBD
					\$0
					\$0
					\$0 <u>\$0</u>
	Total New Additional Positions		3.50		20
C. Total Program Positions			3.50		

County(ies): San Diego Fiscal Year: 2006-07 Page: 78 of 274

Program Workplan #: CY-5.3 Date: 11/11/05

Program Workplan Name: Homeless and Runaway

Type of Funding: 1. Full Service Partnership New Program/Service of Expansion: New

Line#	Amount	Description / Justification
A.5	\$339,700	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. Within total expenditures, there are "flex funds" of \$17,200 to purchase personal goods and services for homeless individuals based upon individual client need. This budget is for 12 months from July 1, 2006 - June 30, 2007.
B.2.a	\$17,615	If applicable, new revenues were estimated for EPSDT Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible.
B.2.c	\$14,412	If applicable, new revenues were estimated for EPSDT Medi-Cal (State General Fund) given the estimated number of clients and services expected to be Medi-Cal eligible.
B.2.e	\$32,027	Total New Revenue is the total EPSDT Medi-Cal revenue including the FFP and State General Fund portion.
B.3	\$32,027	Total Revenues is the sum of all new (B.2.e) and existing revenue (B.1.h).
D	\$307,673	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

	EXHIBIT 5aMental Health Services Act Commu	nity Services and S	upports Budget Worksheet	
County(ies)	:San Diego		Fiscal Year:	2007-08
Program Workplan #	:CY-5.3		Date:	11/11/05
Program Workplan Name	Homeless and Runaway		Page: j	79 of 274
Type of Funding:	Full Service Partnership		Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:	43	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
Clie	ent Capacity of Program/Service Expanded through MHSA:	43	Telephone Number:	(619) 563-2715

Client Capacity of Program/Service Expanded through MF	15A: 43	-	Telephone Number:	(018) 303-2713
	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
Expenditures				
Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$
b. Travel and Transportation				\$
c. Housing				
i. Master Leases				\$
ii. Subsidies				\$
iii. Vouchers				\$
iv. Other Housing				4
d. Employment and Education Supports				4
e. Other Support Expenditures (provide description in budget narrative)				4
f. Total Support Expenditures	\$0	\$0	\$0	5
2. Personnel Expenditures				
a. Current Existing Personnel Expenditures (from Staffing Detail)				5
b. New Additional Personnel Expenditures (from Staffing Detail)				
c. Employee Benefits				
d. Total Personnel Expenditures	\$0	\$0	\$0	-
3. Operating Expenditures		-	4.0	
a. Professional Services				
b. Translation and Interpreter Services				
c. Travel and Transportation				
d. General Office Expenditures				
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports				
g. Other Operating Expenses (provide description in budget narrative)				
h. Total Operating Expenditures	\$0	\$0	\$0	:
4. Program Management	Ψο	Ψυ	40	
a. Existing Program Management				,
b. New Program Management				
		\$0	\$0	
c. Total Program Management	\$339,700	\$0	\$0	
Estimated Total Expenditures when service provider is not known     G. Total Proposed Program Budget	\$339,700	\$0	\$0	\$339,7 \$339,7
<u>-</u>	\$339,700	30	30	\$000,7
Revenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				
b. Medicare/Patient Fees/Patient Insurance				
c. Realignment				
d. State General Funds				
e. County Funds				
f. Grants				
g. Other Revenue				
h. Total Existing Revenues	\$0	\$0	\$0	
2. New Revenues				
a. Medi-Cal (FFP only)	\$17,615			\$17,6
b. Medicare/Patient Fees/Patient Insurance				
c. State General Funds	\$14,412			\$14.4
d. Other Revenue				
e. Total New Revenue	\$32,027	\$0	\$0	\$32,0
3. Total Revenues	\$32,027	\$0	\$0	\$32,0
One-Time CSS Funding Expenditures				
Total Funding Requirements	\$307,673	\$0	\$0	\$307,6
Percent of Total Funding Requirements for Full Service Partnerships			***	

County(ies):	San Diego		Fiscal Year:	FY 07-08
Program Workplan #	CY-5.3		Date:	11/11/05
Program Workplan Name	Homeless and Runaway		Page:	80 of 274
Type of Funding	Full Service Partnership		Months of Operation	12
Proposed	Total Client Capacity of Program/Service:	43	New Program/Service or Expansion	New
Ex	cisting Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
Client Capacity of P	rogram/Service Expanded through MHSA:	43	Telephone Number:	(619) 563-2715

Total Current Existing Positions  Total Current Existing Positions  0.00  0.00  B. New Additional Positions Program Manager, Licensed Manages Program and Staff M-Iclinician, Licensed Eligible-Bilingual Provides Mental Health Services 1.00 Mental Health Clinician, Licensed Eligible-Provides Mental Health Services 1.00 Clerical & Other Support Staff Provides Medication Support and Monitoring TED	Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
Total Current Existing Positions 0.00 0.00  B. New Additional Positions  Program Manager, Licensed Manages Program and Staff 1.00  MH Clinician, Licensed Eligible-Bilingual Provides Mental Health Services 1.00  Mental Health Clinician, Licensed Eligible Provides Mental Health Services 1.00  Clerical & Other Support Staff Provides Clerical Support 0.50  Psychiatrist Provides Medication Support and Monitoring TED	urrent Existing Positions					
B. New Additional Positions Program Manager, Licensed Manages Program and Staff 1.00 MH Clinician, Licensed Eligible-Bilingual Mental Health Clinician, Licensed Eligible Provides Mental Health Services 1.00 Clerical & Other Support Staff Provides Clerical Support 0.50 Psychiatrist Provides Medication Support and Monitoring TBD						\$0
B. New Additional Positions Program Manager, Licensed MH Clinician, Licensed Eligible-Bilingual Mental Health Clinician, Licensed Eligible Provides Mental Health Services Clerical & Other Support Staff Provides Clerical Support Provides Medication Support and Monitoring  Manages Program and Staff 1.00 1.00 1.00 1.00 1.00 1.00 1.00 1.						\$0
B. New Additional Positions Program Manager, Licensed MH Clinician, Licensed Eligible-Bilingual Mental Health Clinician, Licensed Eligible Provides Mental Health Services Clerical & Other Support Staff Provides Clerical Support Provides Medication Support and Monitoring  Manages Program and Staff 1.00 1.00 1.00 1.00 1.00 1.00 1.00 1.						\$0
B. New Additional Positions Program Manager, Licensed MH Clinician, Licensed Eligible-Bilingual Mental Health Clinician, Licensed Eligible Provides Mental Health Services Clerical & Other Support Staff Provides Clerical Support Provides Medication Support and Monitoring  Manages Program and Staff 1.00 1.00 1.00 1.00 1.00 1.00 1.00 1.						\$0
B. New Additional Positions Program Manager, Licensed MH Clinician, Licensed Eligible-Bilingual Mental Health Clinician, Licensed Eligible Provides Mental Health Services Clerical & Other Support Staff Provides Clerical Support Provides Medication Support and Monitoring  Manages Program and Staff 1.00 1.00 1.00 1.00 1.00 1.00 1.00 1.						\$0
B. New Additional Positions Program Manager, Licensed MH Clinician, Licensed Eligible-Bilingual Mental Health Clinician, Licensed Eligible Provides Mental Health Services Clerical & Other Support Staff Provides Clerical Support Provides Medication Support and Monitoring  Manages Program and Staff 1.00 1.00 1.00 1.00 1.00 1.00 1.00 1.						\$0
B. New Additional Positions Program Manager, Licensed MH Clinician, Licensed Eligible-Bilingual Mental Health Clinician, Licensed Eligible Provides Mental Health Services Clerical & Other Support Staff Provides Clerical Support Provides Medication Support and Monitoring  Manages Program and Staff 1.00 1.00 1.00 1.00 1.00 1.00 1.00 1.						\$0
B. New Additional Positions Program Manager, Licensed MH Clinician, Licensed Eligible-Bilingual Mental Health Clinician, Licensed Eligible Provides Mental Health Services Clerical & Other Support Staff Provides Clerical Support Provides Medication Support and Monitoring  Manages Program and Staff 1.00 1.00 1.00 1.00 1.00 1.00 1.00 1.						\$0
B. New Additional Positions Program Manager, Licensed MH Clinician, Licensed Eligible-Bilingual Mental Health Clinician, Licensed Eligible Provides Mental Health Services Clerical & Other Support Staff Provides Clerical Support Provides Medication Support and Monitoring  Manages Program and Staff 1.00 1.00 1.00 1.00 1.00 1.00 1.00 1.						\$0
B. New Additional Positions Program Manager, Licensed MH Clinician, Licensed Eligible-Bilingual Mental Health Clinician, Licensed Eligible Provides Mental Health Services Clerical & Other Support Staff Provides Clerical Support Provides Medication Support and Monitoring  Manages Program and Staff 1.00 1.00 1.00 1.00 1.00 1.00 1.00 1.						\$0
B. New Additional Positions Program Manager, Licensed MH Clinician, Licensed Eligible-Bilingual Mental Health Clinician, Licensed Eligible Provides Mental Health Services Clerical & Other Support Staff Provides Clerical Support Provides Medication Support and Monitoring  Manages Program and Staff 1.00 1.00 1.00 1.00 1.00 1.00 1.00 1.						\$0
B. New Additional Positions Program Manager, Licensed MH Clinician, Licensed Eligible-Bilingual Mental Health Clinician, Licensed Eligible Provides Mental Health Services Clerical & Other Support Staff Provides Clerical Support Provides Medication Support and Monitoring  Manages Program and Staff 1.00 1.00 1.00 1.00 1.00 1.00 1.00 1.						\$0 \$0
B. New Additional Positions Program Manager, Licensed MH Clinician, Licensed Eligible-Bilingual Mental Health Clinician, Licensed Eligible Provides Mental Health Services Clerical & Other Support Staff Provides Clerical Support Provides Medication Support and Monitoring  Manages Program and Staff 1.00 1.00 1.00 1.00 1.00 1.00 1.00 1.						\$0 \$0
B. New Additional Positions Program Manager, Licensed MH Clinician, Licensed Eligible-Bilingual Mental Health Clinician, Licensed Eligible Provides Mental Health Services Clerical & Other Support Staff Provides Clerical Support Provides Medication Support and Monitoring  Manages Program and Staff 1.00 1.00 1.00 1.00 1.00 1.00 1.00 1.						\$0
B. New Additional Positions Program Manager, Licensed MH Clinician, Licensed Eligible-Bilingual Mental Health Clinician, Licensed Eligible Provides Mental Health Services Clerical & Other Support Staff Provides Clerical Support Provides Medication Support and Monitoring  Manages Program and Staff 1.00 1.00 1.00 1.00 1.00 1.00 1.00 1.						
Program Manager, Licensed Manages Program and Staff 1.00 MH Clinician, Licensed Eligible-Bilingual Provides Mental Health Services 1.00 Mental Health Clinician, Licensed Eligible Provides Mental Health Services 1.00 Clerical & Other Support Staff Provides Clerical Support 0.50 Psychiatrist Provides Medication Support and Monitoring TBD		<b>Total Current Existing Positions</b>	0.00	0.00		<u>\$0</u> \$0
Program Manager, Licensed Manages Program and Staff 1.00 MH Clinician, Licensed Eligible-Bilingual Provides Mental Health Services 1.00 Mental Health Clinician, Licensed Eligible Provides Mental Health Services 1.00 Clerical & Other Support Staff Provides Clerical Support 0.50 Psychiatrist Provides Medication Support and Monitoring TBD	ew Additional Positions					
MH Clinician, Licensed Eligible-Bilingual Mental Health Clinician, Licensed Eligible Provides Mental Health Services  1.00 Clerical & Other Support Staff Provides Clerical Support Provides Medication Support and Monitoring  TBD	ram Manager, Licensed Mar	anages Program and Staff		1.00		\$0
Clerical & Other Support Staff Provides Clerical Support Provides Medication Support and Monitoring TBD	-					\$0
Psychiatrist Provides Medication Support and Monitoring TBD	al Health Clinician, Licensed EligibleProv	ovides Mental Health Services		1.00		\$0
	cal & Other Support Staff Prov	ovides Clerical Support		0.50		\$0
	niatrist Prov	ovides Medication Support and Monitoring		TBD		TBD
						\$0
						\$0
						\$0
Total New Additional Positions 3.50		Total New Additional Positions		จ รถ		<u>\$0</u>
C. Total Program Positions 3.50	etal Bragram Besitians	Total New Additional Positions				\$0

County(ies): San Diego Fiscal Year: 2007-08 Page: 81 of 274
Program Workplan #: CY-5.3 Date: 11/11/05

Program Workplan Name: Homeless and Runaway

Type of Funding: 1. Full Service Partnership New Program/Service of Expansion: New

<u>Line#</u>	<u>Amount</u>	Description / Justification
A.5	\$339,700	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. Within total expenditures, there are "flex funds" of \$17,200 to purchase personal goods and services for homeless individuals based upon individual client need. This budget is for 12 months from July 1, 2007 - June 30, 2008.
B.2.a	\$17,615	If applicable, new revenues were estimated for EPSDT Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible.
B.2.c	\$14,412	If applicable, new revenues were estimated for EPSDT Medi-Cal (State General Fund) given the estimated number of clients and services expected to be Medi-Cal eligible.
B.2.e	\$32,027	Total New Revenue is the total EPSDT Medi-Cal revenue including the FFP and State General Fund portion.
B.3	\$32,027	Total Revenues is the sum of all new (B.2.e) and existing revenue (B.1.h).
D	\$307,673	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

# **EXHIBIT 4: COMMUNITY SERVICES AND SUPPORTS WORK PLAN SUMMARY**

EXTIDIT 7. COM	MONTH OF WOLD VIDE OF	I OKTO WORKT LAN SOMMAKT							
County: San	Fiscal Year:	Program Work Plan Name: First Five Services							
Diego	2005-06, 2006-07, 2007-08								
Program Work Plan: CY-6 Estimated Start Date: April 1, 2006									
1a) Program Des	cription: This countywide prog	gram is designed to provide family t	herapy	with a f	ocus o	n child	ren age	es 0-	5
	ssessed and require mental hea								
1b) Priority Popເ	ılation: Children ages 0-5 who	have been assessed as Seriously	and Em	otional	ly Distι	urbed (	SED) a	ind	
require mental hea	alth services.		_			_			
			1d) [	Fund T	уре	10	d) Age (	Grou	р
Describe strategie	s to be used, Funding Types re	equested (check all that apply),		Sys					
_	served (check all that apply)		FSP	Dev	OE	CY	TAY	Α	OA
1c)				$\boxtimes$		$\boxtimes$			
	with a focus on children ages	0-5 who have been assessed and							
require mental	health services;								
✓ Special attention	on given to high-risk pre-school	lers at Polinsky Center							
✓ Implement pro	mising and evidence-based pra	actices;							
✓ Outreach through	igh home-based services;								
✓ Coordination w	rith programs developed throug	the First Five Commission;							
✓ Individualized,	culturally competent, and strer	ngth based assessment and							
treatment plans	s with families/youth actively in	volved in the development of the							
treatment plan	, ;								
✓ Current standa	ard assessment forms of the en	tire Children's Mental Health							
System will be	modified to ensure consideration	on of domestic violence,							
	referral when appropriate.								
<ul> <li>✓ Orientation and</li> </ul>	d training on the wraparound pr	inciples and approach, domestic							
violence and co-occurring disorders will be provided to all clinical staff;									
✓ Services will at a minimum, include screening, assessment and referral, a									
	igth-based and resilience focus								
violence, address in treatment or refer for services when appropriate and will									
	adhere to San Diego County's Cultural Competence standards.						1 '		
	ed practice will be applied to this								
consideration f	or the "Incredible Years" mode	el. One-time funds in the first year					1		

are included for model training.				

- **2) Proposed Program:** A countywide program designed to provide evidence-based MHS with a focus on children ages 0-5 who have been assessed and require mental health services. Services may be home-based and include behavioral management. Six weeks of program start-up funds are included in the budget request.
- 3) Housing/Employment Services: The program will make housing and employment referrals as needed.
- **4) Full Service Partnership:** N/A The program is not funded by a Full Service Partnership.
- **5) Recovery Goals:** Outreach and engagement in a setting not typically associated with the stigma of mental illness and can be expected to engage unserved children and their families. Access to family partners will facilitate peer supportive relationships and models for recovery. The program will identify family strengths that can impact a child's learning and social/emotional development.
- **6) Expanding Existing Programs:** This is a new program.
- 7) Services and Supports provided by Clients and/or Family Members: Linkage to Family/Youth Peer Support Partners who add family-run support as part of the array available to participants.
- **8) Collaboration Strategies**: The program will collaborate with the First Five Commission's newly developed regional integrated service networks that address the health and developmental needs of children ages 0-5. Program may collaborate with child's day care providers.
- **9/10) Cultural Competence/Ethnic Disparities/Sexual Orientation and Gender Sensitivity:** This program will be embedded in the overall Cultural Competence guidelines and expectations for all county services, and specific outreach and engagement will occur with the unserved/underserved groups of consumers who are Latino or Asian/Pacific Islander. Sensitivity to gender and sexual orientation is part of the cultural competency expectations for the county.
- 11) Individuals Residing Out-of-County: The program will provide services to in-county residents.
- 12) Strategies not Listed in Section IV: All strategies are listed in Section IV.

# 13) Timeline:

Activity	<u>Date</u>
Program staff hired	by May 1, 2006
Facility secured & QA certified	by May 15, 2006
Staff trained	by May 15, 2006
Program start	by May 15, 2006

	EXHIBIT SaWentai Health Services Act Community	Services ar	ia Supports Budget Worksneet	
County(	es):San Diego		Fiscal Year:	2005-06
Program Workpla	n #:		Date:	1 1/1 1/05
Program Workplan Na	me: First Five Services		Page:	82 of 274
Type of Fund	ng: 2. System Development		Months of Operation:	3
	Proposed Total Client Capacity of Program/Service:	14	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
	Client Capacity of Program/Service Expanded through MHSA:	14	Telephone Number:	(619) 563-2715

Client Capacity of Program/Service Expanded through MHS	A:14		Telephone Number:	(619) 563-2715
	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures				
Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$0
b. Travel and Transportation				\$0
c. Housing				
i. Master Leases				\$0
ii. Subsidies				\$0
iii. Vouchers				\$0
iv. Other Housing				\$0
d. Employment and Education Supports				\$0
e. Other Support Expenditures (provide description in budget narrative)				\$0
f. Total Support Expenditures	\$0	\$0	\$0	\$0
2. Personnel Expenditures				
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$0
b. New Additional Personnel Expenditures (from Staffing Detail)				\$0
c. Employee Benefits				\$0
d. Total Personnel Expenditures	\$0	\$0	\$0	\$0
3. Operating Expenditures				
a. Professional Services				\$0
b. Translation and Interpreter Services				\$0
c. Travel and Transportation				\$0
d. General Office Expenditures				\$0
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports				\$0
g. Other Operating Expenses (provide description in budget narrative)				\$0
h. Total Operating Expenditures	\$0	\$0	\$0	\$0
4. Program Management				
a. Existing Program Management				\$0
b. New Program Management				<u>\$0</u>
c. Total Program Management		\$0	\$0	\$0
5. Estimated Total Expenditures when service provider is not known	\$75,000			\$75,000
6. Total Proposed Program Budget	\$75,000	\$0	\$0	\$75,000
B. Revenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				\$1
b. Medicare/Patient Fees/Patient Insurance				\$1
c. Realignment				\$0
d. State General Funds				\$1
e. County Funds				\$0
f. Grants				
g. Other Revenue				<u>\$0</u>
h. Total Existing Revenues	\$0	\$0	\$0	\$0
2. New Revenues				
a. Medi-Cal (FFP only)	\$0			\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. State General Funds	\$0			\$0
d. Other Revenue				<u>\$(</u>
e. Total New Revenue	\$0	\$0		\$1
3. Total Revenues	\$0	\$0	\$0	\$1
C. One-Time CSS Funding Expenditures	\$146,653			\$146,65
D. Total Funding Requirements	\$221,653	\$0	\$0	\$221,653

2005-06	Fiscal Year: _		San Diego	County(ies):
11/11/05	Date:_		CY-6	Program Workplan #
83 of 274	- Page:_		First Five Services	Program Workplan Name
3	Months of Operation		System Development	Type of Funding
New	New Program/Service or Expansion	14	otal Client Capacity of Program/Service:	Proposed To
Michelle Petersor	Prepared by:	0	ing Client Capacity of Program/Service:	Exist
(619) 563-2715	Telephone Number:	14	  ram/Service Expanded through MHSA:	Client Capacity of Prod

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					<u>\$0</u>
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
  Mental Health Clinician, Licensed-Bilingual	Provides Mental Health Services		0.50		\$0
Mental Health Clinician, Licensed	Provides Mental Health Services		0.25		\$0
Clerical & Other Support Staff	Provides Clerical Support		0.13		\$0
Psychiatrist	Provides Medication Support and Monitoring		TBD		TBD
					\$0
					\$0
					\$0
	Total New Additional Positions		0.88		<u>\$0</u>
C. Total Program Positions		0.00			\$0

County(ies): San Diego Fiscal Year: 2005-06 Page: 84 of 274
Program Workplan #: CY-6 Date: 11/11/05

Program Workplan Name: First Five Services

Type of Funding: 2. System Development New Program/Service of Expansion: New

Line#	<u>Amount</u>	Description / Justification
A.5	\$75,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 3 months beginning April 1, 2006 - June 30, 2006.
B.2.a	\$0	Although this program will generate EPSDT Medi-Cal (FFP only) revenue when it is fully operational, no EPSDT Medi-Cal (FFP) is budgeted for FY 05-06 because the program will not be starting before April 1, 2006. As it is a new program starting late in the fiscal year, the EPSDT Medi-Cal is not expected to be material until FY 06-07.
B.2.c	\$0	Although this program will generate EPSDT Medi-Cal (State General Fund) revenue when it is fully operational, no EPSDT Medi-Cal (State General Fund) is budgeted for FY 05-06 because the program will not be starting before April 1, 2006. As it is a new program starting late in the fiscal year, the EPSDT Medi-Cal is not expected to be material until FY 06-07.
С	\$146,653	One-Time CSS Funding Expenditures are the sum of the following:
	\$34,615	One-time CSS funding for start-up and implementation expenditures for this program are equivalent to 6 weeks of service operations. Start-up funds are budgeted to purchase equipment such as computer hardware, software, cell phones, copier, fax, furniture and other office equipment. Additionally, funds may be used to secure or expand office space including possible leasehold improvements. Implementation funds are also needed for program staff to recruit, hire, and train personnel and will be used to develop initial program outreach strategies to get this program up and running. These start-up costs will be expended in the fourth quarter of FY 05-06 between April 1, 2006 - June 30,2006.
	\$112,038	One-time CSS funding for potential training on evidence-based practice such as "Incredible Years". These start-up costs will be expended in the fourth quarter of FY 05-06 between April 1, 2006 - June 30,2006.
D	\$221,653	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

County(i	es):San Diego		Fiscal Year:	2006-07
Program Workpla	n #: CY-6		Date:	11/11/05
Program Workplan Na	me: First Five Services		Page:	85 of 274
Type of Fundi	ng: 2. System Development		Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:	55	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
	- : Client Capacity of Program/Service Expanded through MHSA	55	 Telephone Number:	(619) 563-2715

Client Capacity of Program/Service Expanded through MHS	6A:		Telephone Number:	(619) 563-2715
	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures				
Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$0
b. Travel and Transportation				\$0
c. Housing				
i. Master Leases				\$0
ii. Subsidies				\$0
iii. Vouchers				\$0
iv. Other Housing				\$0
d. Employment and Education Supports				\$0
e. Other Support Expenditures (provide description in budget narrative)				\$0
f. Total Support Expenditures	\$0	\$0	\$0	\$0
2. Personnel Expenditures				
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$0
b. New Additional Personnel Expenditures (from Staffing Detail)				\$0
c. Employee Benefits				\$0
d. Total Personnel Expenditures	\$0	\$0	\$0	\$0
3. Operating Expenditures				
a. Professional Services				\$0
b. Translation and Interpreter Services				\$0
c. Travel and Transportation				\$0
d. General Office Expenditures				\$0
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports				\$0
g. Other Operating Expenses (provide description in budget namative)				\$0
h. Total Operating Expenditures	\$0	\$0	\$0	\$0
4. Program Management				
a. Existing Program Management				\$0
b. New Program Management				\$0
c. Total Program Management		\$0	\$0	\$0
5. Estimated Total Expenditures when service provider is not known	\$330,000			\$330,000
6. Total Proposed Program Budget	\$330,000	\$0	\$0	\$330,000
B. Revenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. Realignment				\$0
d. State General Funds				\$0
e. County Funds				\$0
f. Grants				
g. Other Revenue				\$0
h. Total Existing Revenues	\$0	\$0	\$0	\$0
2. New Revenues				
a. Medi-Cal (FFP only)	\$16,500			\$16,500
b. Medicare/Patient Fees/Patient Insurance				\$0
c. State General Funds	\$13,500			\$13,500
				\$(
d. Other Revenue			ا ـ ـ ـ ا	\$30,000
d. Other Revenue e. Total New Revenue	\$30,000	\$0	\$0	
	\$30,000 \$30,000	\$0 \$0	\$0 \$0	
e. Total New Revenue				\$30,000
e. Total New Revenue 3. Total Revenues				\$30,000 \$0 \$300,000

Fiscal Year: FY 06-07	Fiscal Year:		San Diego	County(ies): _
Date: 11/11/05	Date:		CY-6	Program Workplan # _
Page: 86 of 274	Page:		First Five Services	Program Workplan Name _
of Operation 12	Months of Operation		2. System Development	Type of Funding
r Expansion New	New Program/Service or Expansion	55	tal Client Capacity of Program/Service:	Proposed T
Prepared by: Michelle Peterso	Prepared by:	0	ing Client Capacity of Program/Service:	Exis
one Number: (619) 563-271	Telephone Number:	55	ram/Service Expanded through MHSA:	Client Capacity of Pro-

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					<u>\$0</u>
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
Mental Health Clinician, Licensed-Bilingua	Provides Mental Health Services		2.00		\$0
Mental Health Clinician, Licensed	Provides Mental Health Services		1.00		\$0
Clerical & Other Support Staff	Provides Clerical Support		0.50		\$0
Psychiatrist	Provides Medication Support and Monitoring		TBD		TBD
					\$0
					\$0
					\$0
	Total New Additional Positions		3.50		<u>\$0</u>
C. Total Program Positions		0.00	3.50		\$0

County(ies): San Diego Fiscal Year: 2006-07 Page: 87 of 274
Program Workplan #: CY-6 Date: 11/11/05

Program Workplan Name: First Five Services

Type of Funding: 2. System Development New Program/Service of Expansion: New

Line#	Amount	Description / Justification
A.5	\$330,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2006 - June 30, 2007.
B.2.a	\$16,500	If applicable, new revenues were estimated for EPSDT Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible.
B.2.c	\$13,500	If applicable, new revenues were estimated for EPSDT Medi-Cal (State General Fund) given the estimated number of clients and services expected to be Medi-Cal eligible.
B.2.e	\$30,000	Total New Revenue is the total EPSDT Medi-Cal revenue including the FFP and State General Fund portion.
B.3	\$30,000	Total Revenues is the sum of all new (B.2.e) and existing revenue (B.1.h).
D	\$300,000	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

County(ies):	San Diego		Fiscal Year:	2007-08
Program Workplan #:	CY-8		Date:	11/11/05
Program Workplan Name:	First Five Services		Page:	88 of 274
Type of Funding:	2. System Development		Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:	55	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Petersor
Client (	 :Capacity of Program/Service Expanded through MHSA	55	Telephone Number:	(619) 563-2715

Client Capacity of Program Service Expanded through Mins	5A. 00		relepitorie Nurriber	
	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures				
Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$1
b. Travel and Transportation				\$0
c. Housing				
i. Master Leases				\$1
ii. Subsidies				\$1
iii. Vouchers				\$
iv. Other Housing				\$
d. Employment and Education Supports				\$
e. Other Support Expenditures (provide description in budget narrative)				\$
f. Total Support Expenditures	\$0	\$0	\$0	
2. Personnel Expenditures	+	40	***	*
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$
b. New Additional Personnel Expenditures (from Staffing Detail)				\$1
c. Employee Benefits				\$
	\$0	\$0	\$0	\$
d. Total Personnel Expenditures  3. Operating Expenditures	20	Φυ	20	
				\$
a. Professional Services b. Translation and Interpreter Services				\$
c. Travel and Transportation				\$
· ·				\$
d. General Office Expenditures e. Rent, Utilities and Equipment				•
				,
f. Medication and Medical Supports				\$
g. Other Operating Expenses (provide description in budget narrative)	40		<b>*</b> 0	\$
h. Total Operating Expenditures	\$0	\$0	\$0	\$
4. Program Management				,
a. Existing Program Management				\$
b. New Program Management		<b>*</b> 0	<b>*</b> 0	\$
c. Total Program Management	¢220,000	\$0	\$0	\$
Estimated Total Expenditures when service provider is not known     G. Total Proposed Program Budget	\$330,000	\$0	\$0	\$330,00 \$330,00
B. Revenues	\$000,000	40	***	\$000,00
1. Existing Revenues				_
a. Medi-Cal (FFP only)				\$
b. Medicare/Patient Fees/Patient Insurance				\$
c. Realignment				\$
d. State General Funds				\$
e. County Funds				\$
f. Grants				_
g. Other Revenue				9 .
h. Total Existing Revenues	\$0	\$0	\$0	\$
2. New Revenues				
a. Medi-Cal (FFP only)	\$16,500			\$16,50
b. Medicare/Patient Fees/Patient Insurance				. \$
c. State General Funds	\$13,500			\$13,50
d. Other Revenue				\$
e. Total New Revenue	\$30,000	\$0		
3. Total Revenues	\$30,000	\$0	\$0	\$30,00
C. One-Time CSS Funding Expenditures				\$
D. Total Funding Requirements	\$300,000	\$0	\$0	\$300,00

County(ies):_	San Diego		Fiscal Year:	FY 07-08
Program Workplan #	CY-6		Date:	11/11/05
Program Workplan Name	First Five Services		Page:	89 of 274
Type of Funding_	2. System Development		Months of Operation	12
Proposed :	Total Client Capacity of Program/Service:	55	New Program/Service or Expansion	New
Exi	sting Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
Client Capacity of Pr	ogram/Service Expanded through MHSA:	55	Telephone Number:	(619) 563-2715

Classification	Function	Client, FM & CG FTEs a/	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					<u>\$0</u>
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
Mental Health Clinician, Licensed-Bilingual	Provides Mental Health Services		2.00		\$0
Mental Health Clinician, Licensed	Provides Mental Health Services		1.00		\$0
Clerical & Other Support Staff	Provides Clerical Support		0.50		\$0
Psychiatrist	Provides Medication Support and Monitoring		TBD		TBD
					\$0
					\$0
					\$0 <u>\$0</u>
	Total New Additional Positions		3.50		<u>\$0</u>
C. Total Program Positions		0.00	3.50		\$0

County(ies): San Diego Fiscal Year: 2007-08 Page: 90 of 274
Program Workplan #: CY-6 Date: 11/11/05

Program Workplan Name: First Five Services

Type of Funding: 2. System Development New Program/Service of Expansion: New

Line#	<u>Amount</u>	Description / Justification
A.5	\$330,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2007 - June 30, 2008.
B.2.a	\$16,500	If applicable, new revenues were estimated for EPSDT Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible.
B.2.c	\$13,500	If applicable, new revenues were estimated for EPSDT Medi-Cal (State General Fund) given the estimated number of clients and services expected to be Medi-Cal eligible.
B.2.e	\$30,000	Total New Revenue is the total EPSDT Medi-Cal revenue including the FFP and State General Fund portion.
B.3	\$30,000	Total Revenues is the sum of all new (B.2.e) and existing revenue (B.1.h).
D	\$300,000	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

# **EXHIBIT 4: COMMUNITY SERVICES AND SUPPORTS WORK PLAN SUMMARY**

County: San	Fiscal Year:	Program Work Plan Name: Wrap	around	Service	es				
Diego									
Program Work F		Estimated Start Date: April 1, 200							
		und services for 113 children/youth v							
		are appropriate for stepping down t	from res	identia	I treat	ment a	ind to b	oe ser	ved
	r family like settings, or at risk of								
1b) Priority Pop	oulation: Children/youth with SI	D and their families, including Medi	-Cal elig	gible, a	t risk (				
			<b>1d)</b> F	und Ty	1d) Age Group				
Describe strategi	es to be used, Funding Types re	equested (check all that apply),		Sys					
Age Groups to be	e served (check all that apply)		FSP	Dev	OE	CY	TAY	Α	OA
1c)			$\boxtimes$			$\boxtimes$			
	services available 7/24;								
	engagement of family members								
_	ccessful transition for their childr	en stepping down from residential							
care;									
	ad 8-10 per staff;								
	with multiple systems (Child We	lfare Services, Juvenile Justice,							
Education);									
	d, culturally competent, and strer	-							
families/youth actively involved in the development of the treatment plan;									
✓ Current standard assessment forms of the entire Children's Mental Health									
System will be modified to ensure consideration of domestic violence, screening									
	hen appropriate.								
	<u> </u>	and co-occurring disorders will be							
•	I clinical staff;								
	providers may participate in the	•							
•	ound Training Academy to suppo	•							
		tem; one-time funds in first year							
·	rovide training;	and another the are well be a solver.							
	thin this dual diagnosis capable	. •							
diagnosis enh	nanced service component availa	able to serve youth ages 14-17.							

	This component will be closely coordinated with the MHSA TAY dual diagnosis				
	residential program.				
١,	Services will, at a minimum, include screening, assessment and referral; will				
	include a wellness, strength-based and resilience focus; will assess for domestic				
	violence, address in treatment or refer for services when appropriate and will				
	adhere to San Diego County's Cultural Competence standards.				

- 2) Proposed Program: Countywide wraparound services for children/youth with SED who are dependents and wards and their families, including Medi-Cal eligible that are appropriate for stepping down from residential treatment and to be served in their families or family like settings, or at risk of high level services. Strategies will be developed for targeted return to home-like environments. Services will be dual diagnosis capable with a dual diagnosis enhanced component to serve children and youth ages 14-17. This program advances MHSA goals by providing integrated, family-driven services that incorporate wrap-around philosophy and co-occurring disorders for unserved populations. Six weeks of program start-up funds are included in the budget request.
- 3) Housing/Employment Services: The program will make housing and employment referrals as needed.
- 4) Full Service Partnership: The average cost for each participant per year is \$16,814.
- **5) Recovery Goals:** Program and linkage with family support promotes recovery and resiliency for child/youth and family. The wellness, strength-based and resilience focus promotes and sustains recovery goals.
- **6) Expanding Existing Programs:** This component will expand existing wraparound services in San Diego County, making the service more available to previously unserved children and families.
- 7) Services and Supports provided by Clients and/or Family Members: Family Partners will be hired by the program to provide family support services as part of the overall services provided.
- **8) Collaboration Strategies**: There will be collaboration with multiple child-serving systems (Child Welfare Services, Juvenile Justice, and Education). It is expected that there will be close collaboration with residential treatment provides to ensure appropriate transition for those children and youth stepping down from residential treatment care. The program will utilize SB163 matching funds if approved by the state Department of Social Services.

- **9/10) Cultural Competence/Ethnic Disparities/Sexual Orientation and Gender Sensitivity:** This program will be embedded in the overall Cultural Competence guidelines and expectations for all county services, and specific outreach and engagement will occur with the unserved/underserved groups of consumers who are Latino or Asian/Pacific Islander. Sensitivity to gender and sexual orientation is part of the cultural competency expectations for the county.
- 11) Individuals Residing Out-of-County: The program will provide services to in-county dependents and wards who are in placements located outside of the County and who can transition back to a local family-based placement.
- **12) Strategies not Listed in Section IV:** All the strategies are listed in Section IV.

# 13) Timeline:

Activity	<u>Date</u>
Program staff hired	by May 1, 2006
Facility secured & QA certified	by May 15, 2006
Staff trained	by May 15, 2006
Program start	by May 15, 2006

County(	ies): San Diego		Fiscal Year:	2005-06
Program Workpla	n #:		Date:	1 1/1 1/05
Program Workplan Na	me: Wraparound Services		Page:	91 of 274
Type of Fund	ing:1. Full Service Partnership		Months of Operation:	3
	Proposed Total Client Capacity of Program/Service:	28	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
	Client Capacity of Program/Service Expanded through MHSA:	28	Telephone Number:	(619) 563-2715

	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures				
1. Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$0
b. Travel and Transportation				\$0
c. Housing				
i. Master Leases				\$0
ii. Subsidies				\$0
iii. Vouchers				\$0
iv. Other Housing				\$1
d. Employment and Education Supports				\$1
e. Other Support Expenditures (provide description in budget narrative)				\$1
f. Total Support Expenditures	\$0	\$0	\$0	\$1
2. Personnel Expenditures				
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$1
b. New Additional Personnel Expenditures (from Staffing Detail)				\$1
c. Employee Benefits				\$0
d. Total Personnel Expenditures	\$0	\$0	\$0	\$0
3. Operating Expenditures				
a. Professional Services				\$0
b. Translation and Interpreter Services				\$0
c. Travel and Transportation				\$0
d. General Office Expenditures				\$0
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports				\$0
g. Other Operating Expenses (provide description in budget narrative)				\$0
h. Total Operating Expenditures	\$0	\$0	\$0	\$0
4. Program Management				
a. Existing Program Management				\$0
b. New Program Management				<u>\$0</u>
c. Total Program Management		\$0	\$0	\$0
5. Estimated Total Expenditures when service provider is not known	\$412,500			\$412,500
6. Total Proposed Program Budget	\$412,500	\$0	\$0	\$412,500
B. Revenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. Realignment				\$0
d. State General Funds				\$0
e. County Funds				\$0
f. Grants				
g. Other Revenue				<u>\$(</u>
h. Total Existing Revenues	\$0	\$0	\$0	\$0
2. New Revenues				
a. Medi-Cal (FFP only)	\$0			\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. State General Funds	\$0			\$0
d. Other Revenue				<u>\$0</u>
e. Total New Revenue	\$0	\$0	\$0	
3. Total Revenues	\$0	\$0	\$0	\$0
C. One-Time CSS Funding Expenditures	\$210,885			\$210,885
D. Total Funding Requirements	\$623,385	\$0	\$0	\$623,385

2005-06	Fiscal Year:_		San Diego	County(ies):_
11/11/05	Date:		CY-7	Program Workplan #
92 of 274	Page:_		Wraparound Services	Program Workplan Name
3	Months of Operation		Full Service Partnership	Type of Funding
New	New Program/Service or Expansion	28	Total Client Capacity of Program/Service:	Proposed
Michelle Petersor	Prepared by:	0	disting Client Capacity of Program/Service:	Ex
(619) 563-2715	Telephone Number:	28	rogram/Service Expanded through MHSA:	Client Capacity of Pi

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					<u>\$0</u>
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
Program Manager, Licensed	Manages Program and Staff		0.25		\$0
Family Service Coordinator, Licensed	Provides Mental Health Services		0.50		\$0
Family Service Coordinator, Unlicensed	Provides Medication Support and Monitoring		1.50		\$0
Mental Health Clinician, Unlicensed BA	Provides Mental Health Services		0.75		\$0
Unlicensed Consumer / Family Member	Support Services as Family/Youth Partners	1.25			\$0
Clerical & Other Support Staff	Provides Clerical Support		0.50		\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
	Total New Additional Positions	1.25	3.50		\$0
C. Total Program Positions		1.25	3.50		\$0

County(ies): San Diego Fiscal Year: 2005-06 Page: 93 of 274
Program Workplan #: CY-7 Date: 11/11/05

Program Workplan Name: Wraparound Services

Line#	<u>Amount</u>	Description / Justification
A.5	\$412,500	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 3 months beginning April 1, 2006 - June 30, 2006.
B.2.a	\$0	Although this program will generate EPSDT Medi-Cal (FFP only) revenue when it is fully operational, no EPSDT Medi-Cal (FFP) is budgeted for FY 05-06 because the program will not be starting before April 1, 2006. As it is a new program starting late in the fiscal year, the EPSDT Medi-Cal is not expected to be material until FY 06-07.
B.2.c	\$0	Although this program will generate EPSDT Medi-Cal (State General Fund) revenue when it is fully operational, no EPSDT Medi-Cal (State General Fund) is budgeted for FY 05-06 because the program will not be starting before April 1, 2006. As it is a new program starting late in the fiscal year, the EPSDT Medi-Cal is not expected to be material until FY 06-07.
С	\$210,885	One-Time CSS Funding Expenditures are the sum of the following:
	\$190,385	One-time CSS funding for start-up and implementation expenditures for this program are equivalent to 6 weeks of service operations. Start-up funds are budgeted to purchase equipment such as computer hardware, software, cell phones, copier, fax, furniture and other office equipment and transportation for clients (if needed). Additionally, these funds may be used to secure or expand office space including possible leasehold improvements. Implementation funds are also needed for program staff to recruit, hire, and train personnel and will be used to develop initial program outreach strategies to get this program up and running. These start-up costs will be expended in the fourth quarter of FY 05-06 between April 1, 2006 - June 30,2006.
	\$20,500	One-time CSS funding for Wraparound Training for the staff which will be expended in the fourth quarter of FY 05-06 between April 1, 2006 - June 30, 2006.
D	\$623,385	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.
		one-time Coo funding experialtures.

County(ies):	San Diego		Fiscal Year:	2006-07
Program Workplan #:	CY-7		Date:	11/11/05
Program Workplan Name:	Wraparound Services		Page:	94 of 274
Type of Funding:	1. Full Service Partnership		Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:	113	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
Clier	nt Capacity of Program/Service Expanded through MHSA: _	113	Telephone Number:	(619) 563-2715

Client Capacity of Program/Service Expanded through MH	SA:113		Telephone Number:	(619) 563-271
	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
. Expenditures				
1. Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				
b. Travel and Transportation				
c. Housing				
i. Master Leases				
ii. Subsidies				
iii. Vouchers				
iv. Other Housing				
d. Employment and Education Supports				
e. Other Support Expenditures (provide description in budget narrative)				
f. Total Support Expenditures	\$0	\$0	\$0	
2. Personnel Expenditures	***	40	+0	
a. Current Existing Personnel Expenditures (from Staffing Detail)				
b. New Additional Personnel Expenditures (from Staffing Detail)				
c. Employee Benefits				
d. Total Personnel Expenditures	\$0	\$0	\$0	
3. Operating Expenditures	40	40	Ψυ	
a. Professional Services				
b. Translation and Interpreter Services				
c. Travel and Transportation				
d. General Office Expenditures				
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports				
g. Other Operating Expenses (provide description in budget narrative)	\$0	\$0	\$0	
h. Total Operating Expenditures  4. Program Management	20	<b>\$</b> U	ΦU	
a. Existing Program Management				
b. New Program Management		¢0	¢0	
c. Total Program Management	\$1,900,000	\$0	\$0	\$1,900,
Estimated Total Expenditures when service provider is not known     G. Total Proposed Program Budget	\$1,900,000	\$0	\$0	\$1,900,
Revenues	<b>V.,500,000</b>			0.,500,
1. Existing Revenues				
a. Medi-Cal (FFP only)				
b. Medicare/Patient Fees/Patient Insurance				
c. Realignment d. State General Funds				
e. County Funds				
f. Grants				
g. Other Revenue				
h. Total Existing Revenues	\$0	\$0	\$0	
2. New Revenues				
a. Medi-Cal (FFP only)	\$137,500			\$137,
b. Medicare/Patient Fees/Patient Insurance				
c. State General Funds	\$112,500			\$112,
d. Other Revenue				
e. Total New Revenue	\$250,000	\$0	\$0	\$250,
3. Total Revenues	\$250,000	\$0	\$0	\$250,
. One-Time CSS Funding Expenditures				
	\$1,650,000	\$0	\$0	\$1,650,
. Total Funding Requirements	\$1,650,000			* - , ,

FY 06-07	Fiscal Year:		San Diego	County(ies):
11/11/05	Date:		CY-7	Program Workplan #
95 of 274	Page:		Wraparound Services	Program Workplan Name
12	Months of Operation		Full Service Partnership	Type of Funding
New	New Program/Service or Expansion	113	Total Client Capacity of Program/Service:	Proposed '
Michelle Peterson	Prepared by:	0	isting Client Capacity of Program/Service:	Exi
(619) 563-2715	Telephone Number:	113	ogram/Service Expanded through MHSA:	

	T				1
Classification	Function	Client, FM & CG FTEs <sup>a'</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
	Total Current Existing Positions	0.00	0.00		<u>\$0</u> \$0
B. New Additional Positions					
Program Manager, Licensed	Manages Program and Staff		1.00		\$0
Family Service Coordinator, Licensed	Provides Mental Health Services		2.00		\$0
Family Service Coordinator, Unlicensed	Provides Medication Support and Monitoring		6.00		\$0
Mental Health Clinician, Unlicensed BA	Provides Mental Health Services		3.00		\$0
Unlicensed Consumer / Family Member	Support Services as Family/Youth Partners	5.00			\$0
Clerical & Other Support Staff	Provides Clerical Support		2.00		\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
	Total New Additional Sections		4.00		<u>\$0</u>
	Total New Additional Positions	5.00	14.00		\$0
C. Total Program Positions		5.00	14.00		\$0

County(ies): San Diego Fiscal Year: 2006-07 Page: 96 of 274
Program Workplan #: CY-7 Date: 11/11/05

Program Workplan Name: Wraparound Services

Line#	<u>Amount</u>	Description / Justification
A.5	\$1,900,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2006 - June 30, 2007.
B.2.a	\$137,500	If applicable, new revenues were estimated for EPSDT Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible.
B.2.c	\$112,500	If applicable, new revenues were estimated for EPSDT Medi-Cal (State General Fund) given the estimated number of clients and services expected to be Medi-Cal eligible.
B.2.e	\$250,000	Total New Revenue is the total EPSDT Medi-Cal revenue including the FFP and State General Fund portion.
B.3	\$250,000	Total Revenues is the sum of all new (B.2.e) and existing revenue (B.1.h).
D	\$1,650,000	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

I	EXHIBIT 5aMental Health Services Act Communit	y Services and S	Supports Budget Worksheet	
County(ies):	San Diego		Fiscal Year:	2007-08
Program Workplan #:	CY-7		Date:	11/11/05
Program Workplan Name:	Wraparound Services		Page:	97 of 274
Type of Funding:	Full Service Partnership		Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:	113	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
Clie	nt Capacity of Program/Service Expanded through MHSA:	113	Telephone Number:	(619) 563-2715

Client Capacity of Program/Service Expanded through MHS	A:113		Telephone Number:	(619) 563-2715
	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures				
1. Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$0
b. Travel and Transportation				\$0
c. Housing				
i. Master Leases				\$0
ii. Subsidies				\$0
iii. Vouchers				\$0
iv. Other Housing				\$0
d. Employment and Education Supports				\$(
e. Other Support Expenditures (provide description in budget narrative)				\$1
f. Total Support Expenditures  f. Total Support Expenditures	\$0	\$0	\$0	± \$1
	ΦU	\$0	ΦU	Φ,
2. Personnel Expenditures				
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$1
b. New Additional Personnel Expenditures (from Staffing Detail)				\$
c. Employee Benefits				\$1
d. Total Personnel Expenditures	\$0	\$0	\$0	\$
3. Operating Expenditures				
a. Professional Services				\$
b. Translation and Interpreter Services				\$
c. Travel and Transportation				\$
d. General Office Expenditures				\$
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports				\$
g. Other Operating Expenses (provide description in budget narrative)				\$
h. Total Operating Expenditures	\$0	\$0	\$0	\$
4. Program Management				
a. Existing Program Management				\$
b. New Program Management				- \$
c. Total Program Management		\$0	\$0	\$
5. Estimated Total Expenditures when service provider is not known	\$1,900,000	7-	7.2	\$1,900,00
6. Total Proposed Program Budget	\$1,900,000	\$0	\$0	\$1,900,00
Revenues	<b>V</b> 1,000,000		7.	<b>V</b> 1,200,00
1. Existing Revenues				
<u> </u>				
a. Medi-Cal (FFP only)				\$
b. Medicare/Patient Fees/Patient Insurance				\$
c. Realignment				\$
d. State General Funds				\$
e. County Funds				\$
f. Grants				
- Ott D				\$
g. Other Revenue				\$
g. Uther Revenue h. Total Existing Revenues	\$0	\$0	\$0	*
5	\$0	\$0	\$0	*
h. Total Existing Revenues	\$0 \$137,500	\$0	\$0	
h. Total Existing Revenues  2. New Revenues		\$0	\$0	\$137,50
n. Total Existing Revenues  2. New Revenues  a. Medi-Cal (FFP only)		\$0	\$0	\$137,50 \$
h. Total Existing Revenues  2. New Revenues  a. Medi-Cal (FFP only)  b. Medicare/Patient Fees/Patient Insurance	\$137,500	\$0	\$0	\$137,50 \$ \$112,50
h. Total Existing Revenues  2. New Revenues  a. Medi-Cal (FFP only)  b. Medicare/Patient Fees/Patient Insurance  c. State General Funds  d. Other Revenue	\$137,500 \$112,500			\$137,50 \$ \$112,50
h. Total Existing Revenues  2. New Revenues  a. Medi-Cal (FFP only)  b. Medicare/Patient Fees/Patient Insurance  c. State General Funds  d. Other Revenue  e. Total New Revenue	\$137,500 \$112,500 \$250,000	\$0	\$0	\$137,50 \$ \$112,50 <u>\$</u> \$250,00
h. Total Existing Revenues  2. New Revenues  a. Medi-Cal (FFP only)  b. Medicare/Patient Fees/Patient Insurance  c. State General Funds  d. Other Revenue  e. Total New Revenue  3. Total Revenues	\$137,500 \$112,500			\$137,50 \$ \$112,50 <u>\$</u> \$250,00 \$250,00
n. Total Existing Revenues  2. New Revenues  a. Medi-Cal (FFP only)  b. Medicare/Patient Fees/Patient Insurance  c. State General Funds  d. Other Revenue  e. Total New Revenue	\$137,500 \$112,500 \$250,000	\$0	\$0	\$137,500 \$ \$112,500 \$250,000 \$250,000 \$1,650,00

Fiscal Year:		San Diego	County(ies):_
Date:		CY-7	Program Workplan #_
Page:		Wraparound Services	Program Workplan Name_
Months of Operation_		Full Service Partnership	Type of Funding_
New Program/Service or Expansion	113	Total Client Capacity of Program/Service:	Proposed <sup>*</sup>
Prepared by: M	0	isting Client Capacity of Program/Service:	Exi
Telephone Number:	113	rogram/Service Expanded through MHSA:	Client Capacity of Pr

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 <u>\$0</u>
	Total Current Existing Positions	0.00	0.00		\$0 \$0
B. New Additional Positions	5				
Program Manager, Licensed	Manages Program and Staff		1.00		\$0
Family Service Coordinator, Licensed	Provides Mental Health Services		2.00		\$0
Family Service Coordinator, Unlicensed	Provides Medication Support and Monitoring		6.00		\$0
Mental Health Clinician, Unlicensed BA	Provides Mental Health Services		3.00		\$0
Unlicensed Consumer / Family Member	Support Services as Family/Youth Partners	5.00			\$0
Clerical & Other Support Staff	Provides Clerical Support		2.00		\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					<u>\$0</u>
	Total New Additional Positions	5.00	14.00		\$0
C. Total Program Positions		5.00	14.00		\$0

County(ies): San Diego Fiscal Year: 2007-08 Page: 99 of 274
Program Workplan #: CY-7 Date: 11/11/05

Program Workplan Name: Wraparound Services

Line #	Amount	Description / Justification
A.5	\$1,900,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2007 - June 30, 2008.
B.2.a	\$137,500	If applicable, new revenues were estimated for EPSDT Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible.
B.2.c	\$112,500	If applicable, new revenues were estimated for EPSDT Medi-Cal (State General Fund) given the estimated number of clients and services expected to be Medi-Cal eligible.
B.2.e	\$250,000	Total New Revenue is the total EPSDT Medi-Cal revenue including the FFP and State General Fund portion.
B.3	\$250,000	Total Revenues is the sum of all new (B.2.e) and existing revenue (B.1.h).
D	\$1,650,000	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

**EXHIBIT 4: COMMUNITY SERVICES AND SUPPORTS WORK PLAN SUMMARY** 

	DIVITI SERVICES AND SUFF	OR 13 WORK PLAN SUMMARY							
County: San	Fiscal Year:	Program Work Plan Name: Men	ital Heal	lth Ser	vices 1	to Chi	ldren/Y	outh i	n
Diego	, ,	Placement							
Program Work Pla		Estimated Start Date: April 1, 2							
		for children and youth without Med							
		e the following goals in this order o						famil	y or
		placed in a higher level of care, 3)							
1b) Priority Popula	ation: Children/youth with SED	without Medi-Cal in out-of-home	placeme	ents an	d thei	r fami	lies or o	careta	kers
			<b>1d)</b> F	und Ty	/ре	1	<b>d)</b> Age	Grou	р
	to be used, Funding Types requ	uested (check all that apply),		Sys					
Age Groups to be se	erved (check all that apply)		FSP	Dev	OE	CY	TAY	Α	OA
1c)				$\boxtimes$		$\boxtimes$			
	h services for children and youth								
		rvices. Program will be designed							
	e following goals: 1) Return the								
_	om being placed in a higher lev	el of care, 3) Stabilize their							
placement;									
	avioral problems that can lead t								
✓ Treatment pr agency) setti		(e.g. foster home or foster family							
0 37	tegies to support child/youth scl	hool success:							
	of services between MH, CWS								
	d, culturally competent, and stre								
	ans with families(caretakers) /yo	•							
development of the treatment plan;									
✓ Current stand	Current standard assessment forms will be modified for the entire Children's								
Mental Healt	h System to ensure consideration	eration of domestic violence,							
screening an	d referral when appropriate;								
	and training on wraparound princ	•							
violence and	co-occurring disorders will be p	provided to all clinical staff.							

- 2) Proposed Program: Mental health services for children and youth in out-of-home care through Child Welfare Services. Program will be designed to achieve the following MHSA goals: 1) Reducing institutionalization by returning them to their family, 2) Stabilize their placement, 3) Deter child/youth from being placed in a higher level of care. A specific evidence-based model that builds caregiver skills in managing problem behavior will be identified in collaboration with Child Welfare Services. Services will, at a minimum, include screening, assessment and referral, a wellness, strength-based and resilience focus, will assess for domestic violence, address in treatment or refer for services when appropriate and will adhere to San Diego County's Cultural Competence standards. Six weeks of program start-up funds are included in the budget request.
- 3) Housing/Employment Services: The program will make housing and employment referrals as needed.
- 4) Full Service Partnership: N/A -- This program is not funded by a Full Service Partnership.
- **5) Recovery Goals:** Program, strength-based approach, and linkage with family support promote recovery and resiliency for child/youth and family.
- 6) Expanding Existing Programs: This is a new area of service delivery focus.
- 7) Services and Supports provided by Clients and/or Family Members: Access to Family/Youth Information and Education Partners for support services.
- **8) Collaboration Strategies**: There will be coordination and collaboration with Child Welfare Services, family of origin and current caretakers.
- **9/10) Cultural Competence/Ethnic Disparities/Sexual Orientation and Gender Sensitivity:** This program will be embedded in the overall Cultural Competence guidelines and expectations for all county services, and specific outreach and engagement will occur with the unserved/underserved groups of consumers who are Latino or Asian/Pacific Islander. Sensitivity to gender and sexual orientation is part of the cultural competency expectations for the county.
- 11) Individuals Residing Out-of-County: The program will provide services to in-county residents.
- 12) Strategies not Listed in Section IV: All strategies are listed in Section IV.

# 13) Timeline:

<u>Activity</u>	<u>Date</u>
Program staff hired	by May 1, 2006
Facility secured & QA certified	by May 15, 2006
Staff trained	by May 15, 2006
Program start	by May 15, 2006

County(ies):	San Diego		Fiscal Year:_	2005-06
Program Workplan #:	CY-8		Date:_	11/11/05
Program Workplan Name:	Mental Health Services to Children & Youths in Placement		Page:	100 of 274
Type of Funding:	2. System Development		Months of Operation:_	3
	Proposed Total Client Capacity of Program/Service:	38	New Program/Service or Expansion:_	New
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson

Client Capacity of Program/Service Expanded through MHS	SA: 38		Telephone Number:	(619) 563-2715
CHERT SUPERING THOUGHT WEEL EXPERIENCE THROUGHT IN INC.	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
. Expenditures				
1. Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$
b. Travel and Transportation				\$
c. Housing				
d. Employment and Education Supports				\$
e. Other Support Expenditures (provide description in budget narrative)				<u>\$</u>
f. Total Support Expenditures	\$0	\$0	\$0	4
2. Personnel Expenditures				
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$
<ul> <li>b. New Additional Personnel Expenditures (from Staffing Detail)</li> </ul>				\$
c. Employee Benefits				
d. Total Personnel Expenditures	\$0	\$0	\$0	\$
3. Operating Expenditures				
a. Professional Services				4
b. Translation and Interpreter Services				
c. Travel and Transportation				
d. General Office Expenditures				
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports				
g. Other Operating Expenses (provide description in budget narrative)				<u> </u>
h. Total Operating Expenditures	\$0	\$0	\$0	
4. Program Management				
a. Existing Program Management				
b. New Program Management				!
c. Total Program Management		\$0	\$0	
Estimated Total Expenditures when service provider is not known	\$37,500			\$37,5
6. Total Proposed Program Budget	\$37,500	\$0	\$0	\$37,50
Revenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				
b. Medicare/Patient Fees/Patient Insurance				
c. Realignment				
d. State General Funds				
e. County Funds				
f. Grants				
g. Other Revenue				
h. Total Existing Revenues	\$0	\$0	\$0	
2. New Revenues				
a. Medi-Cal (FFP only)	\$0			
b. Medicare/Patient Fees/Patient Insurance				
c. State General Funds	\$0			
d. Other Revenue				9
e. Total New Revenue	\$0	\$0	\$0	
3. Total Revenues	\$0	\$0	\$0	
One-Time CSS Funding Expenditures	\$17,308	•	, -	\$17,30
Total Funding Requirements	\$54,808	\$0	\$0	\$54,80
Percent of Total Funding Requirements for Full Service Partnerships				·

County(ies):S	an Diegc	Fiscal Year:_	2005-06
Program Workplan #	CY-8	Date:_	11/11/05
Program Workplan Name Mental Health	Services to Children & Youth in Pla	cement Page:_	101 of 274
Type of Funding 2. System	m Development	Months of Operation_	3
Proposed Total Client Capacit	y of Program/Service: 38	New Program/Service or Expansion_	New
Existing Client Capacity	y of Program/Service: 0	Prepared by:_	Michelle Peterson
Client Capacity of Program/Service Expa	anded through MHSA: 38	Telephone Number:	(619) 563-2715

Classification	Function	Client, FM & CG FTEs <sup>a</sup> ∕	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
	***************************************				\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					so
					\$0
					\$0
					\$0
					\$0
					\$0
	Total Comment Eviation Benitions	0.00	0.00		\$0 \$0
	Total Current Existing Positions	0.00	0.00		30
B. New Additional Positions					
Program Manager, Licensed	Manages Program and Staff		0.25		\$0
Administrative Assistant	Provides Clerical Support		0.25		\$0
Clinical Supervisor, Licensed	Coordinates Services and Staff		0.25		\$0
Facilitator, Licensed Co-Facilitator, License Eligible	Provides Mental Health Services Provides Mental Health Services		1.25 1.50		\$0 \$0
Billing Clerk	Provides Clerical Support		0.25		\$0
Clerk	Provides diental dapport		0.23		\$0
					\$0
					\$0
					\$0
					\$0
					\$0
	To the second se				\$0
					\$0
					\$0
	Total New Additional Positions	0.00	9.75		\$0 \$0
	Total New Additional Positions	0.00	3.75		\$0
C. Total Program Positions		0.00	3.75		\$0

County(ies): San Diego Fiscal Year: 2005-06 Page: 102 of 274

Program Workplan #: CY-8 Date: 11/11/05

Program Workplan Name: Mental Health Services to Children & Youths in Placement

Type of Funding: 2. System Development New Program/Service of Expansion: New

Line #	Amount	Description / Justification
A.5	\$37,500	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 3 months beginning April 1, 2006 - June 30, 2006.
B.2.a	\$0	Although this program will generate EPSDT Medi-Cal (FFP only) revenue when it is fully operational, no EPSDT Medi-Cal (FFP) is budgeted for FY 05-06 because the program will not be starting before April 1, 2006. As it is a new program starting late in the fiscal year, the EPSDT Medi-Cal is not expected to be material until FY 06-07.
B.2.c	\$0	
		Although this program will generate EPSDT Medi-Cal (State General Fund) revenue when it is fully operational, no EPSDT Medi-Cal (State General Fund) is budgeted for FY 05-06 because the program will not be starting before April 1, 2006. As it is a new program starting late in the fiscal year, the EPSDT Medi-Cal is not expected to be material until FY 06-07.
С	\$17,308	One-Time CSS Funding Expenditures are the sum of the following:
	\$17,308	One-time CSS funding for start-up and implementation expenditures for this program are equivalent to 6 weeks of service operations. Start-up funds are budgeted to purchase equipment such as computer hardware, software, cell phones, copier, fax, furniture and other office equipment and transportation for clients (if needed). Additionally, these funds may be used to secure or expand office space including possible leasehold improvements. Implementation funds are also needed for program staff to recruit, hire, and train personnel and will be used to develop initial program outreach strategies to get this program up and running. These start-up costs will be expended in the fourth quarter of FY 05-06 between April 1, 2006 - June 30,2006.
D	\$54,808	Total Funding Requirements equals the total proposed program budget less total revenues
D	<b>↓</b> 0-1,000	plus one-time CSS funding expenditures.

County(ies):	San Diego		Fiscal Year:	2006-07
Program Workplan #:	CY-8		Date:	11/11/05
Program Workplan Name:	Mental Health Services to Children & Youths in Placement		Page:	103 of 274
Type of Funding:	2. System Development		Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:	150	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Petersor
Clion	t Canacity of Program/Service Evpanded through MHSA:	150	Talanhana Numbar:	(610) 563 2715

Existing Client Capacity of Program/Servi			Prepared by:	Michelle Petersor
Client Capacity of Program/Service Expanded through MHS			Telephone Number:	
Shelik Supucity of Frogram/Service Expanded unough in the	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures				
Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$0
b. Travel and Transportation				\$(
c. Housing				
d. Employment and Education Supports				\$1
e. Other Support Expenditures (provide description in budget narrative)				\$
f. Total Support Expenditures	\$0	\$0	\$0	\$
2. Personnel Expenditures				
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$
b. New Additional Personnel Expenditures (from Staffing Detail)				\$
c. Employee Benefits				\$
d. Total Personnel Expenditures	\$0	\$0	\$0	\$
3. Operating Expenditures				
a. Professional Services				\$
b. Translation and Interpreter Services				\$
c. Travel and Transportation				\$
d. General Office Expenditures				\$
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports				\$
g. Other Operating Expenses (provide description in budget narrative)				\$
h. Total Operating Expenditures	\$0	\$0	\$0	\$
4. Program Management				
a. Existing Program Management				\$
b. New Program Management				\$
c. Total Program Management		\$0	\$0	\$
5. Estimated Total Expenditures when service provider is not known	\$1,050,000			\$1,050,00
6. Total Proposed Program Budget	\$1,050,000	\$0	\$0	\$1,050,00
B. Revenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				\$
b. Medicare/Patient Fees/Patient Insurance				\$
c. Realignment				
d. State General Funds				
e. County Funds				
f. Grants				'
g. Other Revenue				4
h. Total Existing Revenues	\$0	\$0	\$0	\$
2. New Revenues		•	, -	,
a. Medi-Cal (FFP only)	\$495,000			\$495,00
b. Medicare/Patient Fees/Patient Insurance				\$
c. State General Funds	\$405,000			\$405,00
d. Other Revenue				
e. Total New Revenue	\$900,000	\$0	\$0	\$900,00
3. Total Revenues	\$900,000	\$0	\$0	\$900,00
C. One-Time CSS Funding Expenditures				\$
D. Total Funding Requirements	\$150,000	\$0	\$0	\$150,00
	7.22,500		7-	, , ,

FY 06-07	Fiscal Year:		San Diegc	County(ies):
11/11/05	Date:		CY-8	Program Workplan #_
104 of 274	Page:	& Youth in Placement	Mental Health Services to Children	Program Workplan Name M
12	Months of Operation		2. System Development	Type of Funding_
New	New Program/Service or Expansion_	150	ent Capacity of Program/Service:_	Proposed Total Clie
Michelle Peterso	Prepared by:	0	nt Capacity of Program/Service:	Existing Clie
(619) 563-271	Telephone Number:	150	ervice Expanded through MHSA	pacity of Program/Se

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					<i>s</i> 0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
	otal Current Existing Positions	0.00	0.00		\$0 \$0
	otal Carrent Existing Positions	0.00	0.50		\$0
B. New Additional Positions	Manages Program and Staff		1.00		60
Program Manager, Licensed Administrative Assistant	Provides Clerical Support		1.00		\$0 \$0
Clinical Supervisor, Licensed	Coordinates Services and Staff		1.00		\$0
Facilitator, Licensed	Provides Mental Health Services		5.00		\$0
Co-Facilitator, License Eligible	Provides Mental Health Services		6.00		\$0
Billing Clerk	Provides Clerical Support		1.00		\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0 \$0
	Total New Additional Positions	0.00	15.00		\$0
C. Total Program Positions		0.00	15.00		\$0

County(ies): San Diego Fiscal Year: 2006-07 Page: 105 of 274
Program Workplan #: CY-8 Date: 11/11/05

Program Workplan Name: Mental Health Services to Children and Youth in Placement

Type of Funding: 2. System Development New Program/Service of Expansion: New

Line #	<u>Amount</u>	<u>Description / Justification</u>
A.5	\$1,050,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2006 - June 30, 2007.
B.2.a	\$495,000	If applicable, new revenues were estimated for EPSDT Medi-Cal (FFP only) given the estimate number of clients and services expected to be Medi-Cal eligible.
B.2.c	\$405,000	If applicable, new revenues were estimated for EPSDT Medi-Cal (State General Fund) given the estimated number of clients and services expected to be Medi-Cal eligible
B.2.e	\$900,000	Total New Revenue is the total EPSDT Medi-Cal revenue including the FFP and State General Fund portion.
B.3	\$900,000	Total Revenues is the sum of all new (B.2.e) and existing revenue (B.1.h
D	\$150,000	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures

E	XHIBIT 5aMental Health Services Act Communi	ity Services and	Supports Budge	et Worksheet	
County(ies)	:San Diego	_		Fiscal Year:	2007-08
Program Workplan #:		-		Date:	11/11/05
	Mental Health Services to Children & Youth in Placemen	ţ		Page:	
Type of Funding:		-		Months of Operation:	
	Proposed Total Client Capacity of Program/Service	:150	New Program/S	Service or Expansion:	: New
	Existing Client Capacity of Program/Service:				Michelle Peterson
Clier	nt Capacity of Program/Service Expanded through MHSA:	: 150		Telephone Number:	(619) 563-2715
		County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures		1			
1. Client, Family Memb	per and Caregiver Support Expenditures				
a. Clothing, Food a	and Hygiene				\$0
b. Travel and Tran	sportation	1			\$0
c. Housing					
_	d Education Supports				\$0
	expenditures (provide description in budget narrative)				\$0
f. Total Support Ex		\$0	\$0	\$0	\$0
2. Personnel Expendit					
a. Current Existing	Personnel Expenditures (from Staffing Detail)				\$0
b. New Additional I	Personnel Expenditures (from Staffing Detail)				\$0
c. Employee Bene	fits				\$0
d. Total Personnel	Expenditures	\$0	\$0	\$0	\$0
<ol> <li>Operating Expendit</li> </ol>	ures				
a. Professional Se	rvices				\$0
b. Translation and	Interpreter Services				\$0
c. Travel and Trans	sportation				\$0
d. General Office E	Expenditures	00000000			\$0
e. Rent, Utilities ar	nd Equipment				
f. Medication and N	Medical Supports				\$0
g. Other Operating	Expenses (provide description in budget narrative)				<u>\$0</u>
h. Total Operating	Expenditures	\$0	\$0	\$0	\$0
4. Program Manageme	nt				
a. Existing Progran	m Management				\$0
b. New Program M	lanagement				<u>\$0</u>
c. Total Program N	1anagement		\$0	\$0	\$0
<ol><li>Estimated Total Exp</li></ol>	enditures when service provider is not known	\$1,050,000			\$1,050,000
6. Total Proposed Prog	ram Budget	\$1,050,000	\$0	\$0	\$1,050,000
B. Revenues					
1. Existing Revenues		The state of the s			
a. Medi-Cal (FFP o	only)	- I			\$0
b. Medicare/Patier	it Fees/Patient Insurance				\$0
c. Realignment					\$0
d State General F	unde				\$0

\$0

\$495,000

\$405,000

\$900,000

\$900,000

\$150,000

\$0

\$0

\$0

\$0

1	95	

\$0

<u>\$0</u>

\$0

\$0 \$900,000

\$0

\$495,000

\$405,000

\$900,000

\$150,000

\$0

\$0

\$0

\$0

e. County Funds g. Other Revenue

2. New Revenues

3. Total Revenues

D. Total Funding Requirements

h. Total Existing Revenues

b. Medicare/Patient Fees/Patient Insurance

E. Percent of Total Funding Requirements for Full Service Partnerships

a. Medi-Cal (FFP only)

c. State General Funds

e. Total New Revenue

C. One-Time CSS Funding Expenditures

d. Other Revenue

County(ies):	San Diego		Fiscal Year:_	FY 07-08
Program Workplan#	CY-8		Date:_	11/11/05
Program Workplan Name:	Mental Health Services to Childre	en & Youth in Placement	Page:_	107 of 274
Type of Funding	2. System Developmeni		Months of Operation_	12
Proposed Total C	lient Capacity of Program/Service	: 150	New Program/Service or Expansion_	New
Existing C	lient Capacity of Program/Service:	0	Prepared by:_	Michelle Peterson
Capacity of Program/	Service Expanded through MHSA	150	Telephone Number:_	(619) 563-2715

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
	otal Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
Program Manager, Licensed	Manages Program and Staff		1.00		\$0
Administrative Assistant	Provides Clerical Support		1.00		\$0
Clinical Supervisor, Licensed	Coordinates Services and Staff		1.00		\$0
Facilitator, Licensed	Provides Mental Health Services		5.00		\$0
Co-Facilitator, License Eligible	Provides Mental Health Services		6.00		\$0
Billing Clerk	Provides Clerical Support		1.00		\$0
					\$0
					\$0 \$0
					\$0
					\$0
					so so
					\$0
					\$0
					\$0
					<u>\$0</u>
	Total New Additional Positions	0.00	15.00		\$0
C. Total Program Positions		0.00	15.00		\$0

County(ies): San Diego Fiscal Year: 2007-08 Page: 108 of 274
Program Workplan #: CY-8 Date: 11/11/05

Program Workplan Name: Mental Health Services to Children & Youth in Placement

Type of Funding: 2. System Development New Program/Service of Expansion: New

Line#	Amount	Description / Justification
A.5	\$1,050,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2007 - June 30, 2008.
B.2.a	\$495,000	If applicable, new revenues were estimated for EPSDT Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible.
B.2.c	\$405,000	If applicable, new revenues were estimated for EPSDT Medi-Cal (State General Fund) given the estimated number of clients and services expected to be Medi-Cal eligible.
B.2.e	\$900,000	Total New Revenue is the total EPSDT Medi-Cal revenue including the FFP and State General Fund portion.
B.3	\$900,000	Total Revenues is the sum of all new (B.2.e) and existing revenue (B.1.h).
D	\$150,000	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

# **EXHIBIT 4: COMMUNITY SERVICES AND SUPPORTS WORK PLAN SUMMARY**

County: San Diego County	Fiscal Year: 05-06/06-07/07-08	Program Work Plan Name: Integrated S	Service	s and	d Sup	por	ted H	ousir	ng
Program Work Plan #: T	AY-1	Estimated Start Date: April 1, 2006							
	_	age and developmentally appropriate (10 term housing, transitional and permaner		. , .			•	etent	
		at risk of homeless, unserved, may have		•					
justice system and are u	sers of acute inpatient care and/	or who may also have co-occurring ment				sta	nce a	buse	).
			<b>1d)</b> F		•		<b>d)</b> Age	e Gro	oup
			FSP	Sys Dev	OE	C Y	TA Y	Α	O A
							$\boxtimes$		
<b>1c)</b> √ In accordance w	ith AB599, veterans are eligible t	for this program;							
✓ Age appropriate of the control of the contro	diversion and re-entry services a	re community based, integrated, with							
	ces provided 24/7 by personal se								
		tal health services, intensive case							
)	rehabilitation and recovery serv	· · · · · · · · · · · · · · · · · · ·							
	• • • • •	ducation/ employment and housing;							
		ACT Team members share responsibility							
	support and rehabilitation service								
•		ealth and substance abuse services and							
	atment/service plan;								
		n-reach care coordination services to							
		stitutions or jails will be provided;							
	√ 100 housing units from an array of housing options via one-time funds in first year will be								
	le: short term stays at shelter, Si								
•	•	orm housing and/or master leasing;							
	cal healthcare providers/health in								
9		on to implement Copeland's Wellness							
and Recovery Act	tion Plan and Deegan's Intention	iai Care Guiueiiries,							

- 2) Proposed Program: Services will be age and developmentally appropriate and include outreach and engagement, 24/7 intensive case management/wraparound services, community based outpatient mental health services, rehabilitation & recovery services, supported employment/education, and peer support services. In accordance with AB599, veterans are eligible for this program. Probation officers will be embedded in the program to assist with justice system involvement. The Assertive Community Treatment (ACT) serves as an evidence- based practice for this program. CCISC model used for co-occurring issues. This program will advance the goals of the MHSA by increasing access to care for unserved TAY with SMI who are a priority population under the act. In addition, this program will advance rehabilitation and recovery practices which will assist clients in their recovery, self sufficiency and in seeking and sustaining employment. 174 TAY will be served in a full fiscal year. Six weeks of program start-up funds are included in the budget request.
- **3) Housing/Employment Services:** Housing supports will be provided. Approximately 100 units will be developed for clients (18 to 24 year olds) in this program. An array of housing options will be provided to include: short term stays at shelter, Single Room Occupancy (SRO), dorm-like, transitional and permanent subsidized housing and/or master leasing. One-time funds will be used to develop the housing capacity, i.e., (\$1,320,000). Employment services will include job readiness, job supports and job placement.
- **4) FSP:** Average cost per client/per year without the housing is \$12,000.
- **5) Recovery Goals:** Rehabilitation and recovery interventions are client directed and embedded with service array to include; individualized wellness and recovery action plan (Copeland's WRAP), skill development, peer supports, social and recreational supports, supported employment, supported education and supported housing. These components will advance MHSA goals by providing client directed services that are individualized, reducing the effects of untreated mental illness, increasing access to care for ethnically diverse individuals, reduce homelessness, contact with the justice system and reduce inappropriate use of acute inpatient care and medical care.
- 6) Expanding Existing Program: TBD
- 7) Services and Supports provided by Clients and/or Family Members: Peers will be hired and peer volunteers recruited as peer support and/or case aids to assist client/members in their rehabilitation and recovery.
- **8) Collaboration Strategies:** Our experience with the AB2034 Homeless Integrated Services program has demonstrated successful stakeholder collaboration with multiple community based organizations that include; homeless providers,

mental health providers, justice and public safety sector entities, diversion providers, housing providers, the business community, faith based organizations and health providers. The success of this program lies in forging those same collaborations and partnerships to address the multiple needs of the homeless TAY. By collaborating and partnering there will be system improvements in the delivery of care, in the reduction of inappropriate use of services and a reduction in costs for the community. The integrated ACT model of practice has been well documented as evidence based practice and has demonstrated positive outcomes related to reductions in hospitalizations, incarceration and homelessness.

9/10) Cultural Competence/Ethnic Disparities/Sexual Orientation and Gender Sensitivity: Cultural competence and sexual orientation and gender sensitivity are required expectations of our current providers and are integrated in our current service delivery system and will be a requirement in all MHSA programs as well. Services will be provided in the languages of the specific community to be served. Interventions to be used will have demonstrated efficacy with populations served. Service providers will possess cultural awareness, knowledge and skills necessary to provide culturally competent services. Outreach and engagement strategies will be provided to engage clients of diverse ethnic and culturally diverse backgrounds, particularly African-Americans which are over-represented in homelessness.

- 11) Individuals Residing Out-of-County: This service will be provided in San Diego County only.
- 12) Strategies not listed in Section IV: All strategies are listed in Section IV.

# 13) Timeline:

<u>Activity</u>	<u>Date</u>
Program staff hired	by May 1, 2006
Staff trained	by May 15, 2006
Begin intake of clients	by May 30, 2006
Begin services to clients	by May 30, 2006

County(ies):	San Diego		Fiscal Year:	2005-06
Program Workplan #:	TAY1		Date:	11/11/05
Program Workplan Name:	Integrated Services and Supported Housing		Page:	109 of 274
Type of Funding:	Full Service Partnership		Months of Operation:	3
	Proposed Total Client Capacity of Program/Service:	39	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Petersor
Client	— :Capacity of Program/Service Expanded through MHSA	39	Telephone Number:	(619) 563-2715

Chenic Capacity of Program/Service Expanded through MIHSA	. 38		erepriorie Nurriber.	
	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures				
Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$0
b. Travel and Transportation				\$0
c. Housing				
i. Master Leases				\$0
ii. Subsidies				\$0
iii. Vouchers				\$0
iv. Other Housing				\$0
d. Employment and Education Supports				\$0
e. Other Support Expenditures (provide description in budget narrative)				<u>\$0</u>
f. Total Support Expenditures	\$0	\$0	\$0	\$0
2. Personnel Expenditures				
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$0
b. New Additional Personnel Expenditures (from Staffing Detail)				\$0
c. Employee Benefits				<u>\$0</u>
d. Total Personnel Expenditures	\$0	\$0	\$0	\$0
3. Operating Expenditures	40	Ψ0	ΨΟ	
a. Professional Services				\$0
b. Translation and Interpreter Services				\$0
c. Travel and Transportation				\$0
d. General Office Expenditures				\$0
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports				en
g. Other Operating Expenses (provide description in budget narrative)				\$0
	\$0	\$0	\$0	\$0 \$0
h. Total Operating Expenditures	ΦU	ΦU.	φu	an an
4. Program Management				en.
a. Existing Program Management				\$0
b. New Program Management		ro.	***	<u>\$0</u>
c. Total Program Management	#27F 40C	\$0	\$0	\$0
5. Estimated Total Expenditures when service provider is not known	\$375,196	•	¢o.	\$375,196
6. Total Proposed Program Budget	\$375,196	\$0	\$0	\$375,196
B. Revenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. Realignment				\$0
d. State General Funds				\$0
e. County Funds				\$0
f. Grants				
g. Other Revenue				<u>\$0</u>
h. Total Existing Revenues	\$0	\$0	\$0	\$0
2. New Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. State General Funds				\$0
d. Other Revenue				<u>\$0</u>
e. Total New Revenue	\$0	\$0	\$0	\$0
3. Total Revenues	\$0	\$0	\$0	\$0
C. One-Time CSS Funding Expenditures	\$1,524,668			\$1,524,668
D. Total Funding Requirements	\$1,899,864	i	\$0	\$1,899,864
E. Percent of Total Funding Requirements for Full Service Partnerships				

County(ies): _	San Diego		Fiscal Year: _	2005-06
Program Workplan #	TAY1		Date:	11/11/05
Program Workplan Name I	ntegrated Services and Supported Housing		Page:	110 of 274
Type of Funding	Full Service Partnership		Months of Operation	3
Proposed To	tal Client Capacity of Program/Service:	39	New Program/Service or Expansion	New
Existi	ng Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
lient Canacity of Prog	ram/Service Expanded through MHSA:	39	Telephone Number:	(619) 563-2715

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
	1 1 1				\$0
	1				\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					<u>\$0</u>
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
Team Leader (licensed)	Manages Programs/Teams		0.50		\$0
Psychiatrist	Provides Medication Support and Treatment		0.35		\$0
Registered Nurse	Provides Medication Support and Counseling		0.75		\$0
Mental Health WorkerMaster's Level	Provides Mental Health Services		1.25		\$0
Mental Health WorkerBachelor's Level	Provides Mental Health Services		1.50		\$0
Peer Specialist	Provides Mental Health Services	0.50			\$0
Program Assistant	Provides Support Services		0.50		\$0
Substance Abuse Specialist	Substance Abuse Counseling		0.50		\$0
Probation Officer	Monitors probation		0.10		\$0
	5 5 6 8				\$0
*At least 33% of staff will be bilingual.					\$0
					\$0
	* * * * * * * * * * * * * * * * * * *				\$0
					\$0
					\$0
	Total Navy 6 dditional D 141	0.50	E 45		\$0
	Total New Additional Positions	0.50	5.45		\$0
C. Total Program Positions		0.50	5.45		\$0

County(ies): San Diego Fiscal Year: 2005-06 Page: 111 of 274
Program Workplan #: TAY--1 Date: 11/11/05

Program Workplan Name: Integrated Services and Supported Housing

Line#	<u>Amount</u>	<u>Description / Justification</u>
A.5	\$375,196	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 3 months beginning April 1, 2006 - June 30, 2006.
B.2.a	\$0	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population and/or are providing non-billable Medi-Cal services.
С	\$1,524,668	One-Time CSS Funding Expenditures are the sum of the following:
	\$173,168	One-time CSS funding for start-up and implementation expenditures for this program are equivalent to 6 weeks of service operations. Start-up funds are budgeted to purchase equipment such as vehicles, computer hardware, software, cell phones, copier, fax, furniture and other office equipment and transportation for clients (if needed). Additionally, these funds may be used to secure or expand office space including possible leasehold improvements. Implementation funds are also needed for program staff to recruit, hire, and train personnel and will be used to develop initial program outreach strategies to get this program up and running. These start-up costs will be expended in the fourth quarter of FY 05-06 between April 1, 2006 - June 30,2006.
	\$31,500	One-time CSS funding for training to include ACT Technical Assistance, Deegan's Intentional Care Guidelines, Copeland's WRAP, and Psychosocial Rehabilitation (PSR) training and materials. These start-up costs will be expended in the fourth quarter of FY 05-06 between April 1, 2006 - June 30,2006.
	\$1,320,000	One-time CSS funding for continuum of housing options that will begin to be expended in the fourth quarter of FY 05-06.
D	\$1,899,864	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

County(ies):	San Diego		Fiscal Year:	2006-07
Program Workplan #:	TAY1		Date:	11/11/05
Program Workplan Name:	Integrated Services and Supported Housing		Page:	112 of 274
Type of Funding:	Full Service Partnership		Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:	156	New Program/Service or Expansion:	New
	– Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Petersor
Clier	– -ht Capacity of Program/Service Expanded through MHSA:	156	 Telephone Number:	(619) 563-2715

Client Capacity of Program/Service Expanded through MH	Client Capacity of Program/Service Expanded through MHSA: 156		Telephone Number: (619) 563-27		
	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total	
A. Expenditures					
1. Client, Family Member and Caregiver Support Expenditures					
a. Clothing, Food and Hygiene				\$0	
b. Travel and Transportation				\$0	
c. Housing					
i. Master Leases				\$0	
ii. Subsidies				\$0	
iii. Vouchers				\$0	
iv. Other Housing				\$0	
d. Employment and Education Supports				\$0 \$0	
e. Other Support Expenditures (provide description in budget narrative)				\$C	
	\$0	\$0	\$0	<u>*</u> C	
f. Total Support Expenditures  2. Personnel Expenditures	40	ΦU	- JO	Ψ	
-				ør.	
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$0	
b. New Additional Personnel Expenditures (from Staffing Detail)				\$0	
c. Employee Benefits				<u>\$0</u>	
d. Total Personnel Expenditures	\$0	\$0	\$0	\$0	
3. Operating Expenditures					
a. Professional Services				\$0	
b. Translation and Interpreter Services				\$(	
c. Travel and Transportation				\$1	
d. General Office Expenditures				\$(	
e. Rent, Utilities and Equipment					
f. Medication and Medical Supports				\$0	
g. Other Operating Expenses (provide description in budget narrative)				<u>\$0</u>	
h. Total Operating Expenditures	\$0	\$0	\$0	\$(	
4. Program Management					
a. Existing Program Management				\$0	
b. New Program Management				<u>\$0</u>	
c. Total Program Management		\$0	\$0	\$(	
5. Estimated Total Expenditures when service provider is not known	\$1,872,000			\$1,872,000	
6. Total Proposed Program Budget	\$1,872,000	\$0	\$0	\$1,872,000	
B. Revenues					
1. Existing Revenues					
a. Medi-Cal (FFP only)				\$(	
b. Medicare/Patient Fees/Patient Insurance				\$1	
c. Realignment				\$(	
d. State General Funds				\$1	
e. County Funds				\$(	
f. Grants				*	
g. Other Revenue				<u>\$(</u>	
y. Other Revenue h. Total Existing Revenues	\$0	\$0	so	<u>ø</u> . \$(	
n. Total Existing Revenues  2. New Revenues	1 ***	\$U	∌∪	\$I	
	#074 04E			#074 041	
a. Medi-Cal (FFP only)	\$371,215			\$371,215	
b. Medicare/Patient Fees/Patient Insurance				\$(	
c. State General Funds				\$0	
d. Other Revenue				<u>\$(</u>	
e. Total New Revenue	\$371,215	1	\$0	\$371,218	
3. Total Revenues	\$371,215	\$0	\$0	\$371,215	
C. One-Time CSS Funding Expenditures				\$0	
D. Total Funding Requirements	\$1,500,785	\$0	\$0	\$1,500,785	
E. Percent of Total Funding Requirements for Full Service Partnerships					

County(ies):	San Diego		Fiscal Year:	FY 06-07
Program Workplan #	TAY1		Date:	11/11/05
Program Workplan Name	Integrated Services and Supported Housing		Page:_	113 of 274
Type of Funding	Full Service Partnership		Months of Operation	12
Pr	oposed Total Client Capacity of Program/Service:_	156	New Program/Service or Expansion	New
	Existing Client Capacity of Program/Service:_	0	Prepared by:	Michelle Petersor
Client Canae	its of Program/Service Expanded through MHSA:	156	Talanhona Number:	(619) 563-2715

Classification	Function	Client, FM & CG FTEs <sup>a</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0 \$0
	Total Current Existing Positions	0.00	0.00		\$0
		0.00	0.00		40
B. New Additional Positions					
Team Leader (licensed)	Manages Programs/Teams		2.00		\$0
Psychiatrist	Provides Medication Support and Treatment		1.00		\$0
Registered Nurse	Provides Medication Support and Counseling		3.00		\$0
Mental Health WorkerMaster's Level	Provides Mental Health Services		5.00		\$0
Mental Health WorkerBachelor's Level	Provides Mental Health Services Provides Mental Health Services	2.00	6.00		\$0
Peer Specialist Program Assistant	Provides Mental Health Services Provides Support Services	2.00	2.00		\$0 \$0
Substance Abuse Specialist	Substance Abuse Counseling		2.00		\$0
Probation Officer	Monitors probation		0.80		\$0
Trobation officer	Workers probation		0.00		\$0
*At least 33% of staff will be bilingual.					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
	Total New Additional Positions	2.00	21.80		\$0
C. Total Program Positions		2.00	21.80		\$0
	21.00		Ψ°		

County(ies): San Diego Fiscal Year: 2006-07 Page: 114 of 274

Program Workplan #: TAY--1 Date: 11/11/05

Program Workplan Name: Integrated Services and Supported Housing

Line#	<u>Amount</u>	<u>Description / Justification</u>
A.5	\$1,872,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2006 - June 30, 2007.
B.2.a	\$371,215	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population and/or are providing non-billable Medi-Cal services.
D	\$1,500,785	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

County(ies):_	San Diego		Fiscal Year:	2007-08
Program Workplan #:	TAY-1		Date:	11/11/05
– 	Integrated Services and Supported Housing		Page:	115 of 274
Type of Funding: _	Full Service Partnership		Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:	156	New Program/Service or Expansion:	New
	– Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
Client	Capacity of Program/Service Expanded through MHSA:	156	 Telephone Number:	(619) 563-2715

Client Capacity of Program/Service Expanded through MHS	6A: <u>156</u>	_ Ti	elephone Number:_	(619) 563-2715
	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures				
Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$0
b. Travel and Transportation				\$0
c. Housing				
i. Master Leases				\$0
ii. Subsidies				\$0
iii. Vouchers				\$0
iv. Other Housing				<u>\$0</u>
d. Employment and Education Supports				\$0
e. Other Support Expenditures (provide description in budget narrative)				<u>\$0</u>
f. Total Support Expenditures	\$0	\$0	\$0	\$0
2. Personnel Expenditures		ļ	***	
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$0
b. New Additional Personnel Expenditures (from Staffing Detail)				\$0
c. Employee Benefits				\$0 \$0
d. Total Personnel Expenditures	\$0	\$0	\$0	<u>\$0</u> \$0
3. Operating Expenditures	40	an an	ąu	φυ
a. Professional Services				\$0
b. Translation and Interpreter Services				\$0 \$0
·				\$0 \$0
c. Travel and Transportation				\$0 \$0
d. General Office Expenditures				20
e. Rent, Utilities and Equipment				**
f. Medication and Medical Supports				\$0
g. Other Operating Expenses (provide description in budget narrative)				<u>\$0</u>
h. Total Operating Expenditures	\$0	\$0	\$0	\$0
4. Program Management				
a. Existing Program Management				\$0
b. New Program Management				<u>\$0</u>
c. Total Program Management		\$0	\$0	\$0
5. Estimated Total Expenditures when service provider is not known	\$1,872,000	······		\$1,872,000
6. Total Proposed Program Budget	\$1,872,000	\$0	\$0	\$1,872,000
B. Revenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. Realignment				\$0
d. State General Funds				\$0
e. County Funds				\$0
f. Grants				
g. Other Revenue				<u>\$0</u>
h. Total Existing Revenues	\$0	\$0	\$0	\$0
2. New Revenues				
a. Medi-Cal (FFP only)	\$371,215			\$371,215
b. Medicare/Patient Fees/Patient Insurance				\$0
c. State General Funds				\$0
d. Other Revenue				<u>\$0</u>
e. Total New Revenue	\$371,215	\$0	\$0	\$371,215
3. Total Revenues	\$371,215	į.	\$0 \$0	\$371,215
C. One-Time CSS Funding Expenditures	45.1,210		***	\$0
D. Total Funding Requirements	\$1,500,785	\$0	\$0	\$1,500,785
E. Percent of Total Funding Requirements for Full Service Partnerships	7.,555,100	10	***	,000 ,. 00
E. Ferdent of Total Lunding Requirements for Full Service Fartnerships				

County(ies):	San Diego		Fiscal Year:	FY 07-08
Program Workplan #	TAY1		Date:	11/11/05
Program Workplan Name	Integrated Services and Supported Housing		Page:	116 of 274
Type of Funding	Full Service Partnership		Months of Operation	12
Proposed T	otal Client Capacity of Program/Service:	156	New Program/Service or Expansion	New
Exis	sting Client Capacity of Program/Service:	0	Prepared by:	Michelle Petersor
Client Canacity of Pro	ogram/Service Evpanded through MHSA:	156	Telephone Number:	(619) 563-2714

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
	and the second s				\$0
	OCCUPATION AND ADDRESS AND ADD				\$0
	navorano de la companio del companio de la companio del companio de la companio della companio de la companio della companio d				\$0
					\$0
	ADALIAN AND AND AND AND AND AND AND AND AND A				\$0
	volument of the second of the				\$0 \$0
	The second secon				\$0
	THE CONTRACTOR OF THE CONTRACT				\$0
					\$0
					\$0
	on contraction of the contractio				\$0
	The second secon				\$0
	THE COLUMN TO TH				<u>\$0</u>
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
Team Leader (licensed)	Manages Programs/Teams		2.00		\$0
Psychiatrist	Provides Medication Support and Treatment		1.00		\$0
Registered Nurse	Provides Medication Support and Counseling		3.00		\$0
Mental Health WorkerMaster's Level	Provides Mental Health Services		5.00		\$0
Mental Health Worker-Bachelor's Level	Provides Mental Health Services		6.00		\$0
Peer Specialist	Provides Mental Health Services	2.00			\$0
Program Assistant	Provides Support Services		2.00		\$0
Substance Abuse Specialist	Substance Abuse Counseling		2.00		\$0
Probation Officer	Monitors probation		0.80		\$0
#At loast 229/ of staff will be bilingual					\$0 \$0
*At least 33% of staff will be bilingual.	Anna and an and an and an				\$0
					\$0
	renancemen				\$0
	of the second				\$0
	VALUE AND				\$0
	Total New Additional Positions	2.00	21.80		\$0
C. Total Program Positions		2.00	21.80		\$0
C. Total Flogram Fositions		2.00	21.80		\$0

County(ies): San Diego Fiscal Year: 2007-08 Page: 117 of 274

Program Workplan #: TAY--1 Date: 11/11/05

Program Workplan Name: Integrated Services and Supported Housing

Line#	<u>Amount</u>	<u>Description / Justification</u>			
A.5	\$1,872,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2007 - June 30, 2008.			
B.2.a	\$371,215	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population and/or are providing non-billable Medi-Cal services.			
D	\$1,500,785	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.			

**EXHIBIT 4: COMMUNITY SERVICES AND SUPPORTS WORK PLAN SUMMARY** 

County: San Diego	Fiscal Year: 2005-06, 2006-07, 2007-08	Program Work Plan Name: Clubhouse & Peer Support Services							
Program Work Plan #: TAY-2 Estimated S		Estimated Start Date: April 1	art Date: April 1, 2006						
1a) Description of Program: A new member-run age-appropriate Clubhouse									
young adults countywide and be located in the North-Central region of San Diego County.									
<b>1b) Priority Population:</b> Underserved SMI TAY adults age 18-24 who would benefit most from age-appropriate									
		ities with other members of th	eir age	group	. In a	ccorda	ance w	ith	
AB599, veterans are eligible	e for this program.								
			1d)Fund Type			1d)Age Group			
				Sys					
			FSP	Dev	OE	CY	TAY	Α	OA
1c)				$\boxtimes$			$\boxtimes$		
<ul> <li>✓ The member-run TAY Clubhouse program will provide peer education, advocacy, peer case aides, employment support services, skill development classes and social and recreational activities that are age-appropriate for SMI TAY adults.</li> <li>✓ Peer Case Aides will facilitate wellness and recovery groups and classes such as Schizophrenia Anonymous; Dual Recovery Anonymous; advocacy regarding benefits; education about health services, educational, housing, life management and vocational resources; skill development classes in budgeting, shopping, cooking, laundry, grooming, rental agreements, dealing with landlords, roommates, dating, etc;</li> <li>✓ Employment Support Services will include resume writing, interviewing practice, appropriate dress, telephone courtesy, punctuality and other job behaviors; long term job support club to share successes and problem-solve difficult job situations;</li> <li>✓ Referrals to physical healthcare providers/health insurance plans;</li> <li>✓ Social and Recreational Activities will provide socialization outlets to help them develop interesting hobbies, improved self-care, coping strategies, satisfying interpersonal relationships and appropriate behaviors.</li> </ul>									

- 2) Proposed Program: The program advances the MHSA goals of providing employment, vocational training, preemployment activities, education, a network of supportive relationships and meaningful use of time and capabilities by developing a New Clubhouse/Peer Support Services for underserved TAY SMI adults that addresses TAY-specific needs with age-appropriate activities to engage their interest and assist in their wellness and recovery from serious mental illness. The program will address their educational, health, housing, vocational and interpersonal needs. One-time funding is included to cover training costs specific to this model. In addition, six weeks of program start-up funds are included in the budget request.
- **3) Housing/Employment Services:** Employment support services will include employment screening, referrals for educational and vocational training programs, long term job supports and job placement. Temporary and transitional employment positions will be identified off site, and/or developed and provided on site for members, including preemployment activities. Job supports may include job coaching and skill development classes and job support clubs.
- 4) Full Service Partnership: NA; this is not an FSP program.
- **5) Recovery Goals:** Recovery goals to be achieved through increased education and employment, and skill development in volunteer, social and recreational activities. Annual Clubhouse survey to measure increased self-sufficiency and empowerment. Clubhouse newsletter to document members' community outreach to those less fortunate, mutually shared Clubhouse activities and educational and employment adventures and successes. Employment and educational activities of members are tracked by each clubhouse and reported to the County Program Monitor.
- 6) Expanding Existing Programs: This will be a new clubhouse and distinct from the other County Clubhouses.
- **7) Services and Supports provided by Clients and/or Family Members:** Consistent with current Clubhouse programs, this new clubhouse program will be expected to recruit and hire Clients and/or Family Members to provide its services and supports.
- **8) Collaboration Strategies:** The Clubhouse will collaborate with local institutions, businesses and companies to identify volunteer opportunities and paid employment positions for their members. Collaboration will be explored with companies such as the City of San Diego City Works program, TJ Maxx, PetCo Park, and the San Diego SHARE program to expand more opportunities for Clubhouse members. This program will collaborate with community college districts, adult education programs and the Dept. of Rehabilitation to provide educational training and employment supports.

9/10) Cultural Competence/Ethnic Disparities/Sexual Orientation and Gender Sensitivity: Cultural competence and sexual orientation and gender sensitivity are required expectations of our current providers and are integrated in our current service delivery system, including all MHSA programs. Services will be provided in the languages of the specific community to be served. Interventions to be used will have demonstrated efficacy with populations served. Service providers will possess cultural awareness, knowledge and skills necessary to provide culturally competent services.

- 11) Individuals Residing Out-of-County: The Clubhouse is available to San Diego County residents.
- 12) Strategies not listed in Section IV: All strategies are listed in Section IV.

# 13) Timeline:

Activity	<u>Date</u>
Identify and prepare program site	by May 31, 2006
Program staff hired	by May 1, 2006
Staff trained	by May 15, 2006
Begin intake of clients	by June 1, 2006
Begin services to clients	by June 1, 2006

SHOOL	Supports Budget Horksheet	y oci vices and		
Fiscal Year: 2005-06	Fiscal Year	-	San Diego	County(ies):
Date: 11/11/05	Date		TAY-2	Program Workplan #:
Page: 118 of 274	Page:		Clubhouse and Peer Support Services	Program Workplan Name:
of Operation: 3	Months of Operation:		2. System Development	Type of Funding:
r Expansion: New	New Program/Service or Expansion	105	Proposed Total Client Capacity of Program/Service:	
Prepared by: Michelle Petersor	Prepared by:	0	Existing Client Capacity of Program/Service:	
one Number: (619) 563-2715	Telephone Number:	105	Capacity of Program/Service Expanded through MHSA:	Client
unity Mental	Other Community Mental			

Existing Client Capacity of Program/Service				y: Michelle Petersor er: (619) 563-2715	
Client Capacity of Program/Service Expanded through MHS	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total	
Europalitura o		Agentico	Tioriacis		
Expenditures					
Client, Family Member and Caregiver Support Expenditures					
a. Clothing, Food and Hygiene					
b. Travel and Transportation					
c. Housing					
d. Employment and Education Supports					
e. Other Support Expenditures (provide description in budget narrative)					
f. Total Support Expenditures	\$0	\$0	\$0		
2. Personnel Expenditures					
a. Current Existing Personnel Expenditures (from Staffing Detail)					
<ul> <li>b. New Additional Personnel Expenditures (from Staffing Detail)</li> </ul>					
c. Employee Benefits					
d. Total Personnel Expenditures	\$0	\$0	\$0		
3. Operating Expenditures					
a. Professional Services					
b. Translation and Interpreter Services					
c. Travel and Transportation					
d. General Office Expenditures					
e. Rent, Utilities and Equipment					
f. Medication and Medical Supports					
g. Other Operating Expenses (provide description in budget narrative)					
h. Total Operating Expenditures	\$0	\$0	\$0		
4. Program Management					
a. Existing Program Management					
b. New Program Management					
c. Total Program Management		\$0	\$0		
Estimated Total Expenditures when service provider is not known	\$87,500			\$87	
6. Total Proposed Program Budget	\$87,500	\$0	\$0		
Revenues	¥2.,522	**	,,	, ,	
1. Existing Revenues					
a. Medi-Cal (FFP only)					
b. Medicare/Patient Fees/Patient Insurance					
c. Realignment					
-					
d. State General Funds					
e. County Funds					
f. Grants					
g. Other Revenue					
h. Total Existing Revenues	\$0	\$0	\$0		
2. New Revenues					
a. Medi-Cal (FFP only)					
b. Medicare/Patient Fees/Patient Insurance					
c. State General Funds	1				
d. Other Revenue					
e. Total New Revenue	\$0	\$0	\$0		
3. Total Revenues	\$0	\$0	\$0		
One-Time CSS Funding Expenditures	\$62,490			\$62	
Total Funding Requirements	\$149,990	\$0	\$0	\$149	
Percent of Total Funding Requirements for Full Service Partnerships					

County(ies):_	San Diego		Fiscal Year:_	2005-06
Program Workplan #	TAY-2		Date:_	11/11/05
Program Workplan Name	Clubhouse and Peer Support Services		Page:_	119 of 274
Type of Funding	2. System Development		Months of Operation	3
Proposed To	tal Client Capacity of Program/Service:	105	New Program/Service or Expansion	New
Existi	ng Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
Client Capacity of Prog	ram/Service Expanded through MHSA:	105	Telephone Number:	(619) 563-2715

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					<u>\$0</u>
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
Program Manager, Licensed	Manages Program and Staff		0.25		\$0
Activities Coordinator	Clubhouse Services and Support	0.50			\$0
Activities Coordinator-Bilingual	Clubhouse Services and Support	0.25			\$0
Employment Coordinator	Education and Employment Support	0.50			\$0
Employment Coordinator-Bilingual	Education and Employment Support	0.25			\$0
Clerical & Other Support Staff	Provides Clerical Support		0.25		\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0 \$0
					\$0
					\$0
					<u>\$0</u>
	Total New Additional Positions	1.50	0.50		\$0
C. Total Program Positions		1.50	0.50		\$0

County(ies): San Diego Fiscal Year: 2005-06 Page: 120 of 274
Program Workplan #: TAY-2 Date: 11/11/05

Program Workplan #: TAY-2
Program Workplan Name: Clubhouse and Peer Support Services

Type of Funding: 2. System Development New Program/Service of Expansion: New

Line#	<u>Amount</u>	<u>Description / Justification</u>
A.5	\$87,500	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 3 months beginning April 1, 2006 - June 30, 2006.
B.2.a	\$0	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population and/or are providing non-billable Medi-Cal services.
С	\$62,490	One-Time CSS Funding Expenditures are the sum of the following:
	\$40,385	One-time CSS funding for start-up and implementation expenditures for this program are equivalent to 6 weeks of service operations. Start-up funds are budgeted to purchase equipment such as computer hardware, software, cell phones, copier, fax, furniture and other office equipment and transportation for clients (if needed). Additionally, these funds may be used to secure or expand office space including possible leasehold improvements. Implementation funds are also needed for program staff to recruit, hire, and train personnel and will be used to develop initial program outreach strategies to get this program up and running. These start-up costs will be expended in the fourth quarter of FY 05-06 between April 1, 2006 - June 30,2006.
	\$22,105	One-time CSS funding for training to include Clubhouse and ICCD consultation and Deegan's Intentional Care Guidelines. These materials will be purchased in the fourth quarter of FY 05-06 between April 1, 2006 - June 30, 2006.
D	\$149,990	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

County(ies):_	San Diego		Fiscal Year:_	2006-07
Program Workplan #:	TAY-2		Date:	11/11/05
Program Workplan Name:_	Clubhouse and Peer Support Services		Page:_	121 of 274
Type of Funding:	2. System Development		Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:	420	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Petersor

Existing Client Capacity of Program/Sen	Existing Client Capacity of Program/Service: 0		Prepared by: Michelle Pe		
Client Capacity of Program/Service Expanded through MH	ISA: 420	: 420 Telephone Nu		er: (619) 563-2715	
	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total	
A. Expenditures					
Client, Family Member and Caregiver Support Expenditures					
a. Clothing, Food and Hygiene				\$0	
b. Travel and Transportation				\$(	
c. Housing					
d. Employment and Education Supports				\$	
e. Other Support Expenditures (provide description in budget narrative)				\$	
f. Total Support Expenditures	\$0	\$0	\$0	\$	
2. Personnel Expenditures					
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$	
b. New Additional Personnel Expenditures (from Staffing Detail)				\$	
c. Employee Benefits				\$	
d. Total Personnel Expenditures	\$0	\$0	\$0	\$	
3. Operating Expenditures					
a. Professional Services				\$	
b. Translation and Interpreter Services				\$	
c. Travel and Transportation				\$	
d. General Office Expenditures				\$	
e. Rent, Utilities and Equipment					
f. Medication and Medical Supports				\$	
g. Other Operating Expenses (provide description in budget narrative)				\$	
h. Total Operating Expenditures	\$0	\$0	\$0	\$	
4. Program Management					
a. Existing Program Management				\$	
b. New Program Management				\$	
c. Total Program Management		\$0	\$0	\$	
Estimated Total Expenditures when service provider is not known	\$350,000			\$350,00	
6. Total Proposed Program Budget	\$350,000	\$0	\$0	\$350,00	
B. Revenues					
1. Existing Revenues					
a. Medi-Cal (FFP only)				\$	
b. Medicare/Patient Fees/Patient Insurance				\$	
c. Realignment				\$	
d. State General Funds				\$	
e. County Funds				\$	
f. Grants					
g. Other Revenue				\$	
h. Total Existing Revenues	\$0	\$0	\$0	\$	
2. New Revenues					
a. Medi-Cal (FFP only)				\$	
b. Medicare/Patient Fees/Patient Insurance				\$	
c. State General Funds				\$	
d. Other Revenue				<u>\$</u>	
e. Total New Revenue	\$0	\$0	\$0	\$	
3. Total Revenues	\$0	\$0	\$0	\$	
C. One-Time CSS Funding Expenditures				\$	
D. Total Funding Requirements	\$350,000	\$0	\$0	\$350,00	
E. Percent of Total Funding Requirements for Full Service Partnerships	,,		**	, , ,	

County(ies):_	San Diego		Fiscal Year:_	FY 06-07
Program Workplan #	TAY-2		Date:	11/11/05
Program Workplan Name (	Clubhouse and Peer Support Services		Page:	122 of 274
Type of Funding_	2. System Development		Months of Operation	12
Proposed T	otal Client Capacity of Program/Service:	420	New Program/Service or Expansion	New
Exist	ing Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
Client Canacity of Pro	gram/Service Expanded through MHSA:	420	Telenhone Number	(619) 563-2715

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
_					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
Program Manager, Licensed	Manages Program and Staff		1.00		\$0
Activities Coordinator	Clubhouse Services and Support	2.00			\$0
Activities Coordinator-Bilingual	Clubhouse Services and Support	1.00	l		\$0
Employment Coordinator	Education and Employment Support	2.00			\$0
Employment Coordinator-Bilingual	Education and Employment Support	1.00			\$0
Clerical & Other Support Staff	Provides Clerical Support		1.00		\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					<u>\$0</u>
	Total New Additional Positions	6.00	2.00		\$0
C. Total Program Positions		6.00	2.00		\$0

County(ies): San Diego Fiscal Year: 2006-07 Page: 123 of 274
Program Workplan #: TAY-2 Date: 11/11/05

Program Workplan Name: Clubhouse and Peer Support Services

Type of Funding: 2. System Development New Program/Service of Expansion: New

Line#	<u>Amount</u>	<u>Description / Justification</u>
A.5	\$350,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2006 - June 30, 2007.
B.2.a	\$0	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population and/or are providing non-billable Medi-Cal services.
D	\$350,000	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

County(ies):	San Diego		Fiscal Year:_	2007-08
Program Workplan #:	TAY-2		Date:	11/11/05
Program Workplan Name:	Clubhouse and Peer Support Services		Page:_	124 of 274
Type of Funding:	2. System Development		Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:	420	New Program/Service or Expansion:	New

Proposed Lotal Client Capacity of Program/Servic		New Program/s	Service or Expansion:	
Existing Client Capacity of Program/Service				Michelle Peterso
Client Capacity of Program/Service Expanded through MHS/	A: 420  County Mental Health Department	Other Governmental Agencies	Telephone Number: Community Mental Health Contract Providers	(619) 563-2715 Total
A. Expenditures				
Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$
b. Travel and Transportation	000000			•
c. Housing				•
d. Employment and Education Supports				\$
e. Other Support Expenditures (provide description in budget narrative)				· · · · · · · · · · · · · · · · · · ·
f. Total Support Expenditures	\$0	\$0	\$0	-
2. Personnel Expenditures		······································	······································	
a. Current Existing Personnel Expenditures (from Staffing Detail)				:
b. New Additional Personnel Expenditures (from Staffing Detail)				
c. Employee Benefits				<u> </u>
d. Total Personnel Expenditures	\$0	\$0	\$0	-
3. Operating Expenditures			·	
a. Professional Services				
b. Translation and Interpreter Services				
c. Travel and Transportation				
d. General Office Expenditures				
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports				
g. Other Operating Expenses (provide description in budget narrative)	STATE OF THE PARTY			
h. Total Operating Expenditures	\$0	\$0	\$0	
4. Program Management				
a. Existing Program Management				
b. New Program Management				
c. Total Program Management		\$0	\$0	
5. Estimated Total Expenditures when service provider is not known	\$350,000			\$350,0
6. Total Proposed Program Budget	\$350,000	\$0	\$0	\$350,0
s. Revenues				
1. Existing Revenues	- I			
a. Medi-Cal (FFP only)				
b. Medicare/Patient Fees/Patient Insurance				
c. Realignment				
d. State General Funds				
e. County Funds				
f. Grants	00000000			
g. Other Revenue				
h. Total Existing Revenues	\$0	\$0	\$0	
2. New Revenues				
a. Medi-Cal (FFP only)	0000000			
b. Medicare/Patient Fees/Patient Insurance				
c. State General Funds				
d. Other Revenue				
e. Total New Revenue	\$0	\$0	\$0	
3. Total Revenues	\$0	\$0	\$0	
2. One-Time CSS Funding Expenditures				
C. One-Time CSS Funding Expenditures D. Total Funding Requirements	\$350,000	\$0	\$0	\$350,00

County(ies):	San Diego		Fiscal Year:_	FY 07-08
Program Workplan#_	TAY-2		Date:_	11/11/05
Program Workplan Name C	lubhouse and Peer Support Services		Page:_	125 of 274
Type of Funding_	2. System Development		Months of Operation_	12
Proposed Tot	al Client Capacity of Program/Service:	420	New Program/Service or Expansion_	New
Existin	g Client Capacity of Program/Service:	0	Prepared by:_	Michelle Peterson
Client Canacity of Progr	am/Sen/ice Evnanded through MHSA:	420	Telephone Number:	(610) 563-2715

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
_					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0 \$0
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
Program Manager, Licensed	Manages Program and Staff		1.00		\$0
Activities Coordinator	Clubhouse Services and Support	2.00			\$0
Activities Coordinator-Bilingual	Clubhouse Services and Support	1.00			\$0
Employment Coordinator	Education and Employment Support	2.00			\$0
Employment Coordinator-Bilingual	Education and Employment Support	1.00			\$0
Clerical & Other Support Staff	Provides Clerical Support		1.00		\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					<u>\$0</u>
	Total New Additional Positions	6.00	2.00		\$0
C. Total Program Positions		6.00	2.00		\$0

County(ies): San Diego Fiscal Year: 2007-08 Page: 126 of 274
Program Workplan #: TAY-2 Date: 11/11/05

Program Workplan Name: Clubhouse and Peer Support Services

Type of Funding: 2. System Development New Program/Service of Expansion: New

Line#	<u>Amount</u>	Description / Justification
A.5	\$350,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2007 - June 30, 2008.
B.2.a	\$0	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population and/or are providing non-billable Medi-Cal services.
D	\$350,000	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

### **EXHIBIT 4: COMMUNITY SERVICES AND SUPPORTS WORK PLAN SUMMARY**

_	San Diego	Fiscal Year: 2005-06, 2006-07, 2007-08	Program Work Plan Name: Dual Diagnosis Residential	- - - -	nt Dro	arom				
County		,	<u> </u>		HIL PIO	gram				
	Work Plan: #TA`		Estimated Start Date: April 1							
•	•	•	ential dual diagnosis enhanced							
,	•	linguistically appropriate se	ervices with integrated services	and su	upports	. Ref	errals	will be	<del>)</del>	
countywic										
•	•		s old, who are diagnosed with ns are eligible for this program		urring s	eriou	ıs me	ntal illn	ess an	ıd
				1d) F	und Ty	уре		1d) Ag	je Grou	ıρ
					Sys	0	С	, and a		
				FSP	Dev	Ε	Υ	TAY	Α	OA
1c)				$\boxtimes$				$\boxtimes$		
✓ Du	al diagnosis trea	atment in a residential facilit	ty on a voluntary basis;							
		to 5 month average length								
		substance abuse and treatr								
	st practice mode lividualized servi		ted in treatment planning and							
		•	nental health with the goal of							
		accessfully in the communit	•							
	unseling groups	•	·y,							
	er support service									
	✓ Care coordination, skill development, supportive educational and									
	supportive employment services with an overall emphasis on building									
	independent living skills;									
✓ Lin		coordination with physical h	ealthcare providers/health							

2) Proposed Program: Comprehensive dual diagnosis services for TAY ages 18 -24 with individualized, culturally appropriate with integrated services and supports. The program will use the CCISC model, featuring integrated services

as cited in the President's Freedom Commission report. Services include community based residential treatment services for dually diagnosed, mental health and rehabilitation & recovery services, care coordination, individualized client-directed services, supported employment/education, peer support services. Six weeks of program start-up funds are included in the budget request.

- **3) Housing/Employment Services:** TAY will be housed in a residential treatment facility on a voluntary basis. Employment supports and job readiness and job linkages will be provided.
- **4) FSP:** 9 participants will be served in the first fiscal year; 36 participants in year two and three. Average cost for each participant is \$275.65 per day, which includes services and housing.
- **5) Recovery Goals:** Rehabilitation and recovery interventions are client directed and embedded with service array to include; individualized wellness and recovery action plan (Copeland's WRAP), skill development, peer supports, social and recreational supports, supported employment, supported education and linkages to housing options will provided. These components will advance MHSA goals by providing client directed services that are individualized, reducing the effects of untreated mental illness, increasing access to care for ethnically diverse individuals, reducing homelessness, contact with the justice system and reducing inappropriate use of acute inpatient care and medical care.
- **6) Expanding Existing Program:** System service improvements include an increase in dual diagnosis service residential treatment capacity specifically for the TAY population, thus increasing access to care.
- 7) Services and Supports provided by Clients and/or Family Members: Peers will be hired and peer volunteers recruited as peer support and/or case aids to assist clients in their rehabilitation and recovery.
- **8) Collaboration Strategies:** Stakeholder collaboration with multiple community based organizations will be required and include; substance abuse providers, mental health providers, justice and public safety sector entities, faith based organizations and health providers. Outcomes related to this program include, reductions in substance use, reduction in symptoms, reduction in inappropriate hospitalizations and contacts with the justice system.
- **9/10) Cultural Competence/Ethnic Disparities/Sexual Orientation and Gender Sensitivity:** Cultural competence and sexual orientation and gender sensitivity are required expectations of our current providers and are integrated in our current service delivery system, including all MHSA programs. Services will be provided in the languages of the specific

community to be served. Interventions to be used will have demonstrated efficacy with populations served. Service providers will possess cultural awareness, knowledge and skills necessary to provide culturally competent services.

11) Individuals Residing Out-of-County: This service will be provided in San Diego County only.

12) Strategies not listed in Section IV: All strategies are listed in Section IV.

# 13) Timeline:

Activity	<u>Date</u>
Identify and prepare program site	by May 31, 2006
Program staff hired	by May 1, 2006
Staff trained	by May 15, 2006
Begin intake of clients	by June 1, 2006
Begin services to clients	by June 1, 2006

County(ies):_	San Diego		Fiscal Year:_	2005-06
Program Workplan #:_	TAY-3		Date:	11/11/05
Program Workplan Name:_	DDx Residential Treatment Program		Page:	127 of 274
Type of Funding: _	Full Service Partnership		Months of Operation:	3
	Proposed Total Client Capacity of Program/Service:	10	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:_	0	Prepared by:	Michelle Peterson
Client	Capacity of Program/Service Expanded through MHSA:	10	Telephone Number:	(619) 563-2715

Client Capacity of Program/Service Expanded through MHS	6A: <u>10</u>		Telephone Number:	(619) 563-2715
	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures				
1. Client, Family Member and Caregiver Support Expenditures				
a. Clothing , Food and Hygiene				\$0
b. Travel and Transportation				\$0
c. Housing				
i. Master Leases				\$0
ii. Subsidies				\$0
iii. Vouchers				\$0
iv. Other Housing				<u>\$C</u>
d. Employment and Education Supports				\$0
e. Other Support Expenditures (provide description in budget narrative)				<u>\$0</u>
f. Total Support Expenditures	\$0	\$0	\$0	<u>\$</u> 0
2. Personnel Expenditures		Ψυ	40	
				ec
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$0
<ul> <li>b. New Additional Personnel Expenditures (from Staffing Detail)</li> <li>c. Employee Benefits</li> </ul>				\$0
• •				<u>\$0</u>
d. Total Personnel Expenditures	\$0	\$0	\$0	\$0
3. Operating Expenditures				
a. Professional Services				\$0
b. Translation and Interpreter Services				\$0
c. Travel and Transportation				\$0
d. General Office Expenditures				\$0
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports				\$0
g. Other Operating Expenses (provide description in budget narrative)				<u>\$0</u>
h. Total Operating Expenditures	\$0	\$0	\$0	\$0
4. Program Management				
a. Existing Program Management				\$0
b. New Program Management				<u>\$(</u>
c. Total Program Management		\$0	\$0	\$(
5. Estimated Total Expenditures when service provider is not known	\$192,250			\$192,250
6. Total Proposed Program Budget	\$192,250	\$0	\$0	\$192,250
B. Revenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				\$6
b. Medicare/Patient Fees/Patient Insurance				\$(
c. Realignment				\$1
d. State General Funds				\$1
e. County Funds				\$(
f. Grants				Ψ
g. Other Revenue				\$0
			eo.	
h. Total Existing Revenues  2. New Revenues	\$0	\$0	\$0	\$0
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$(
c. State General Funds				\$0
d. Other Revenue				\$0
	\$0	\$0		\$0
e. Total New Revenue	· · · · · · · · · · · · · · · · · · ·		\$0	\$(
e. Total New Revenue  3. Total Revenues	\$0	\$0	ΦU	ψι
	· · · · · · · · · · · · · · · · · · ·	\$0	ΦU	
3. Total Revenues	\$0	\$0 \$0		\$138,731 \$330,981

County(ies):_	San Diego		Fiscal Year:	2005-06
Program Workplan #	TAY-3		Date:	11/11/05
Program Workplan Name_	DDx Residential Treatment Program		Page:	128 of 274
Type of Funding _	Full Service Partnership		Months of Operation	3
Propos	sed Total Client Capacity of Program/Service:	10	lew Program/Service or Expansior	New
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
Client Capacity o	f Program/Service Expanded through MHSA:	10	Telephone Number:	(619) 563-2715

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0 \$0
					\$0
					\$0
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
Program Director, Licensed	Manages Program and Staff		0.25		\$0
Program Coordinator, Licensed	Coordinates Services, Employment +& Activities		0.25		\$0
Senior Counselors, Licensed (Day/Night)	Provides Mental Health Services		0.25		\$0
Senior Counselors, Lic (Day/Night) Bilingual	Provides Mental Health Services		0.50		\$0
Counselor, License Elig. (Day) Bilingual	Provides Mental Health Services		0.25		\$0
Counselor, License Eligible (Day)	Provides Mental Health Services		0.25		\$0
Counselor, Lic Eligible (Night) Bilingual	Provides Mental Health Services		0.50		\$0
Registered Nurse	Provides Medication Support and Monitoring		0.25		\$0
Clerical & Other Support Staff	Provides Clerical Support	0.25	0.25		\$0
Psychiatrist	Provides Medication Support and Monitoring		0.06		\$0
Unlicensed Consumer / Family Member	Peer Support / Community Linkages				\$0
					\$0
					\$0
					\$0
					\$0
					\$0
	Total New Additional Basifican	0.05	201		<u>\$0</u>
	Total New Additional Positions	0.25	2.81		\$0
C. Total Program Positions		0.25	2.81		\$0

County(ies): San Diego Fiscal Year: 2005-06 Page: 129 of 274

Program Workplan #: TAY-3 Date: 11/11/05

Program Workplan Name: DDx Residential Treatment Program

Type of Funding: 1. Full Service Partnership New Program/Service of Expansion: New

Line#	<u>Amount</u>	Description / Justification	
A.5	\$192,250	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. Within total expenditures, there is \$5,000 for "flex funds" to purchase personal goods, clothing, books, bus passes and other needs for homeless individuals based upon individual client need. This budget is for 3 months beginning April 1, 2006 - June 30, 2006.	
B.2.a	\$0	Although this program will generate Medi-Cal (FFP only) revenue when it is fully operational, no Medi-Cal (FFP) is budgeted for FY 05-06 because the program will not be starting before April 1, 2006. As it is a new program starting late in the fiscal year, the Medi-Cal is not expected to be material until FY 06-07.	
B.2.b	\$0	Although this program will collect patient fees for room & board costs from clients with SSI income when it is fully operational, no patient fees were budgeted because the program will not be opening before April 1, 2006. As it is a new program starting late in the fiscal year, the patient fees are not expected to be material until FY 06-07	
С	\$138,731	One-Time CSS Funding Expenditures are the sum of the following:	
	\$138,731	One-time CSS funding for start-up and implementation expenditures for this program are equivalent to 6 weeks of service operations. Start-up funds are budgeted to purchase equipment such as computer hardware, software, cell phones, copier, fax, furniture and other office equipment and transportation for clients (if needed). Additionally, these funds may be used to secure or expand office space including possible leasehold improvements. Implementation funds are also needed for program staff to recruit, hire, and train personnel and will be used to develop initial program outreach strategies to get this program up and running. These start-up costs will be expended in the fourth quarter of FY 05-06 between April 1, 2006 - June 30,2006.	
D	\$330,981	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.	

County(ies):	San Diego		Fiscal Year:	2006-07
Program Workplan #:	TAY-3		Date:	11/11/05
Program Workplan Name:	DDx Residential Treatment Program		Page:	130 of 274
Type of Funding:	Full Service Partnership		Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:	36	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
Client C	 :Capacity of Program/Service Expanded through MHSA	36	Telephone Number:	(619) 563-2715

Client Capacity of Program/Service Expanded through WHS	A: 36	-	relephone Number.	(018) 505-2715
	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures				
1. Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$0
b. Travel and Transportation				\$0
c. Housing				1
i. Master Leases				\$0
ii. Subsidies				\$0
iii. Vouchers				\$0
iv. Other Housing				\$0
d. Employment and Education Supports				\$0
e. Other Support Expenditures (provide description in budget narrative)				\$0
f. Total Support Expenditures	\$0	\$0	\$0	\$0
2. Personnel Expenditures	φυ	<b>Φ</b> Ο	ΦU	φ_
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$0
				\$0
b. New Additional Personnel Expenditures (from Staffing Detail)				\$0 \$0
c. Employee Benefits			en.	
d. Total Personnel Expenditures	\$0	\$0	\$0	\$C
3. Operating Expenditures				
a. Professional Services				\$0
b. Translation and Interpreter Services				\$0
c. Travel and Transportation				\$0
d. General Office Expenditures				\$0
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports				\$0
g. Other Operating Expenses (provide description in budget narrative)				<u>\$0</u>
h. Total Operating Expenditures	\$0	\$0	\$0	\$0
4. Program Management				
a. Existing Program Management				\$C
b. New Program Management				<u>\$C</u>
c. Total Program Management		\$0	\$0	\$0
5. Estimated Total Expenditures when service provider is not known	\$1,026,250			\$1,026,250
6. Total Proposed Program Budget	\$1,026,250	\$0	\$0	\$1,026,250
B. Revenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. Realignment				\$0
d. State General Funds				\$0
e. County Funds				\$0
f. Grants				·
g. Other Revenue				\$0
h. Total Existing Revenues	\$0	\$0	\$0	\$0
2. New Revenues		,	**	,
a. Medi-Cal (FFP only)	\$242,250			\$242,250
b. Medicare/Patient Fees/Patient Insurance	\$15,000			\$15,000
c. State General Funds	¥15,000			\$13,000
d. Other Revenue				\$0
e. Total New Revenue	\$257,250	\$0	\$0	\$257,250
3. Total New Revenue	\$257,250 \$257,250	50 \$0	\$0 \$0	\$257,250 \$257,250
	φευτ ,250	₽U	\$0	
C. One-Time CSS Funding Expenditures	4700.000		**	\$700,000
D. Total Funding Requirements	\$769,000	\$0	\$0	\$769,000
E. Percent of Total Funding Requirements for Full Service Partnerships				

ear: <u>FY 06-07</u>	Fiscal Year: _		San Diego	County(ies):_
ate: 11/11/05	Date:		TAY-3	Program Workplan #_
age: 131 of 274	Page:		DDx Residential Treatment Program	Program Workplan Name <u>D</u>
tion:12	Months of Operation:		Full Service Partnership	Type of Funding_
sion: New	New Program/Service or Expansion:	36	Total Client Capacity of Program/Service:	Proposed
by: Michelle Petersor	Prepared by:	0	cisting Client Capacity of Program/Service:	Ex
her: (619) 563-2715	Telephone Number:	36	rogram/Service Evpanded through MHSA:	Client Canacity of Pr

A. Current Existing Positions				
-				
				\$0
				\$0
				\$0
0				\$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0 \$0
				\$0 \$0
				\$0
***************************************				\$0
				\$0
				\$0
and the same of th	Total Current Existing Positions	0.00	0.00	\$0
B. New Additional Positions				
Program Director, Licensed	Manages Program and Staff		1.00	\$0
Program Coordinator, Licensed	Coordinates Services, Employment +& Activities		1.00	\$0
Senior Counselors, Licensed (Day/Night)	Provides Mental Health Services		1.00	\$0
Senior Counselors, Lic (Day/Night) Bilingual	Provides Mental Health Services		2.00	\$0
Counselor, License Elig. (Day) Bilingual	Provides Mental Health Services		1.00	\$0
Counselor, License Eligible (Day)	Provides Mental Health Services		1.00	\$0
Counselor, Lic Eligible (Night) Bilingual	Provides Mental Health Services		2.00	\$0
	Provides Medication Support and Monitoring		1.00	\$0
	Provides Clerical Support	1.00	1.00	\$0
	Provides Medication Support and Monitoring		0.25	\$0
Unlicensed Consumer / Family Member	Peer Support / Community Linkages			\$0
				\$0
and the second				\$0 \$0
				\$0
				\$0
				\$0
	Total New Additional Positions	1.00	11.25	\$0
C. Total Program Positions		1.00	11.25	\$0

County(ies): San Diego Fiscal Year: 2006-07 Page: 132 of 274

Program Workplan #: TAY-3 Date: 11/11/05

Program Workplan Name: DDx Residential Treatment Program

Type of Funding: 1. Full Service Partnership New Program/Service of Expansion: New

Line#	<u>Amount</u>	<u>Description / Justification</u>
A.5	\$1,026,250	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. Within total expenditures, there is \$5,000 for "flex funds" to purchase personal goods, clothing, books, bus passes and other needs for homeless individuals based upon individual client need. This budget is for 12 months from July 1, 2006 - June 30, 2007.
B.2.a	\$242,250	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population and/or are providing non-billable Medi-Cal services.
B.2.b	\$15,000	New revenues were estimated for patient fees given the estimated number of clients with SSI income to be collected for room and board.
D	\$769,000	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

County(ies):_	San Diego		Fiscal Year:	2007-08
Program Workplan #:	TAY-3		Date:	11/11/05
Program Workplan Name:_	DDx Residential Treatment Program		Page:	133 of 274
Type of Funding: _	Full Service Partnership		Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:	36	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
Client	Capacity of Program/Service Expanded through MHSA:	36	Telephone Number:	(619) 563-2715

Client Capacity of Program/Service Expanded through MHS/	A: 36		Telephone Number	(619) 563-2715
	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures				
1. Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$0
b. Travel and Transportation				\$0
c. Housing				
i. Master Leases				\$0
ii. Subsidies				\$C
iii. Vouchers				\$0
iv. Other Housing				<u>\$0</u>
d. Employment and Education Supports				\$0
e. Other Support Expenditures (provide description in budget narrative)				<u>\$0</u>
f. Total Support Expenditures	\$0	\$0	\$0	\$0
2. Personnel Expenditures				
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$0
b. New Additional Personnel Expenditures (from Staffing Detail)				\$0
c. Employee Benefits				\$0 \$0
d. Total Personnel Expenditures	sol	\$0	\$0	<u>\$0</u>
3. Operating Expenditures	ψ0	ψυ	ΨΟ	ψ
a. Professional Services				\$0
b. Translation and Interpreter Services				\$0
·				
c. Travel and Transportation				\$C
d. General Office Expenditures				\$0
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports				\$0
g. Other Operating Expenses (provide description in budget narrative)				<u>\$0</u>
h. Total Operating Expenditures	\$0	\$0	\$0	\$0
4. Program Management				
a. Existing Program Management				\$0
b. New Program Management				<u>\$0</u>
c. Total Program Management		\$0	\$0	\$0
5. Estimated Total Expenditures when service provider is not known	\$1,026,250			\$1,026,250
6. Total Proposed Program Budget	\$1,026,250	\$0	\$0	\$1,026,250
B. Revenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. Realignment				\$0
d. State General Funds				\$0
e. County Funds				\$0
f. Grants				
g. Other Revenue				<u>\$0</u>
h. Total Existing Revenues	\$0	\$0	\$0	\$0
2. New Revenues			·	
a. Medi-Cal (FFP only)	\$242,250			\$242,250
b. Medicare/Patient Fees/Patient Insurance	\$15,000			\$15,000
c. State General Funds	+.5,555			\$10,000
d. Other Revenue				\$ <u>0</u>
e. Total New Revenue	\$257,250	\$0	\$0	\$257,250
	1 3	\$0 \$0		\$257,250 \$257,250
	SD57 D5B			
3. Total Revenues	\$257,250	Ţ.	, -	
	\$257,250 \$769,000	\$0	\$0	\$0 \$769,000

County(ies):	San Diego		Fiscal Year: _	FY 07-08
Program Workplan #	TAY-3		Date:_	11/11/05
Program Workplan Name	DDx Residential Treatment Program		Page:_	134 of 274
Type of Funding	Full Service Partnership		Months of Operation_	12
Proposed T	otal Client Capacity of Program/Service:	36	New Program/Service or Expansion_	New
Exis	ting Client Capacity of Program/Service:_	0	Prepared by: <u>V</u>	lichelle Peterson
Client Capacity of Pro	gram/Service Expanded through MHSA:_	36	Telephone Number:	(619) 563-2715

Classification	Function	Client, FM & CG FTEs a/	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
Program Director, Licensed	Manages Program and Staff		1.00		\$0
Program Coordinator, Licensed	Coordinates Services, Employment +& Activit		1.00		\$0
Senior Counselors, Licensed (Day/Night)	Provides Mental Health Services		1.00		\$0
Senior Counselors, Lic (Day/Night) Bilingual	Provides Mental Health Services		2.00		\$0
Counselor, License Elig. (Day) Bilingual	Provides Mental Health Services		1.00		\$0
Counselor, License Eligible (Day)	Provides Mental Health Services		1.00		\$0
Counselor, Lic Eligible (Night) Bilingual	Provides Mental Health Services		2.00		\$0
Registered Nurse	Provides Medication Support and Monitoring		1.00		\$0
Clerical & Other Support Staff	Provides Clerical Support	1.00	1.00		\$0
Psychiatrist	Provides Medication Support and Monitoring		0.25		\$0
Unlicensed Consumer / Family Member	Peer Support / Community Linkages				\$0
					\$0
					\$0
					\$0
					\$0
					\$0 ¢0
	Total New Additional Positions	1.00	11.25		<u>\$0</u> \$0
C. Total Bragram Basidiana					
C. Total Program Positions		1.00	11.25		\$0

County(ies): San Diego Fiscal Year: 2007-08 Page: 135 of 274

Program Workplan #: TAY-3 Date: 11/11/05

Program Workplan Name: DDx Residential Treatment Program

Type of Funding: 1. Full Service Partnership New Program/Service of Expansion: New

Line#	<u>Amount</u>	<u>Description / Justification</u>
A.5	\$1,026,250	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. Within total expenditures, there is \$5,000 for "flex funds" to purchase personal goods, clothing, books, bus passes and other needs for homeless individuals based upon individual client need. This budget is for 12 months from July 1, 2007 - June 30, 2008.
B.2.a	\$242,250	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population and/or are providing non-billable Medi-Cal services.
B.2.b	\$15,000	New revenues were estimated for patient fees given the estimated number of clients with SSI income to be collected for room and board.
D	\$769,000	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

#### EXHIBIT 4: COMMUNITY SERVICES AND SUPPORTS WORK PLAN SUMMARY County: San Diego Fiscal Year: 2005-06. Program Work Plan Name: Enhanced Outpatient Mental Health Services 2006-07, 2007-08 Program Work Plan #: TAY-4 Estimated Start Date: April 1, 2005 1a) Description of Program: Enhanced Outpatient Mental Health Services for unserved SMI TAY clients, that includes rehabilitation and recovery services to include peer supports provided by peer case aides. **1b)** Priority Population: Persons served will be unserved SMI TAY (ages16-24 years) clients including those who may have co-occurring substance abuse disorders, who have lacked access to Mental Health rehabilitation and recovery services due to access barriers, lack of engagement or awareness about the types and benefits of services available such as integrated treatment for co-occurring disorders. In accordance with AB599, veterans are eligible for this program. 1d)Fund Type 1d)Age Group Sys **FSP** Dev OE CY TAY OA $\boxtimes$ 1c) ✓ This program will provide age and developmentally appropriate mobile outreach, engagement and mental health services, including rehabilitation and recovery services, to improve access to care for unserved TAY with SMI (16-24 yrs.) clients, including those who may have co-occurring substance abuse disorders: ✓ Clinical staff will provide rehabilitation and recovery services including evidence-based practices such as: integrated dual disorders treatment, illness management and recovery;

2) Proposed Program: The program will advance the MHSA goals of providing timely access to needed help, including during times of crisis by providing age and developmentally appropriate mobile outreach, engagement and mental health services. Rehabilitation and recovery services to include Evidence-Based Practices of Medication Management Approaches to Psychiatry and CCISC model for Integrated Treatment for Co-Occurring Disorders. Training on this

providers/health insurance plans.

✓ Peer case aides will provide mobile outreach and engagement strategies that are age and developmentally appropriate to engage SMI TAY clients;
 ✓ Linkages and care coordination will be made to physical healthcare

evidence-based model is included through one-time funding in the first year. Six weeks of program start-up funds are included in the budget request.

- **3) Housing/Employment Services:** Employment support services will include employment screening, referrals for educational and vocational training programs, and job supports. Job supports include job coaching and skill development classes and long term job support clubs provided by peer workers. Housing linkages to and information about housing resources will be provided.
- **4) Full Service Partnership:** NA; this is not an FSP program.
- 5) Recovery Goals: Recovery goals are embedded in the San Diego County Mental Health Outpatient Clinic programs. All outpatient clinic programs are currently monitored on a number of client outcomes including timely access; hospitalization, client satisfaction, achievement of planned vocational, educational and residential goals. Clients will be monitored for advancement in stages of treatment for co-occurring disorders. Staff will be trained in Deegan's Intentional Care guidelines to help ensure recovery-oriented and empowerment-building practice, and in Copeland's Wellness Recovery Action Planning model.
- 6) Expanding Existing Programs: To be determined.
- 7) Services and Supports provided by Clients and/or Family Members: All San Diego County Mental Health contracts encourage programs to hire clients wherever feasible. Family members and/or persons with client experience will be hired as peer case aides, who will promote successful outreach efforts to this population and to provide other peer support activities.
- **8) Collaboration Strategies:** This program will collaborate with community college districts, adult education programs and the Dept. of Rehabilitation to provide educational training and employment supports.
- 9/10) Cultural Competence/Ethnic Disparities/Sexual Orientation and Gender Sensitivity: Cultural competence and sexual orientation and gender sensitivity are required expectations of our current providers and are integrated in our current service delivery system and will be a requirement in all MHSA programs as well. Services will be provided in the languages of the specific community to be served. Interventions to be used will have demonstrated efficacy with

populations served. Service providers will possess cultural awareness, knowledge and skills necessary to provide culturally competent services.

- 11) Individuals Residing Out-of-County: This program will be focused on in-county residents.
- 12) Strategies not listed in Section IV: All strategies are listed in Section IV.

# 13) Timeline:

Activity	<u>Date</u>
Identify and prepare program site	by May 31, 2006
Program staff hired	by May 1, 2006
Staff trained	by May 15, 2006
Begin intake of clients	by June 1, 2006
Begin services to clients	by June 1, 2006

County(ies):_	San Diego	Fiscal Year:_	2005-06
Program Workplan #:	TAY-4	Date:	11/11/05
Program Workplan Name:	Enhanced Outpatient Mental Health Services	Page:	136 of 174
Type of Funding: _	System Development	Months of Operation:	3
	Proposed Total Client Capacity of Program/Service:	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:		Michelle Peterson
Olion	t Conneit and Dunayour/Conning Tamonded through MITCA	Talanhana Ni wahaw	(010) E00 071E

Client Capacity of Program/Service Expanded through MHS	A:	Telephone Number:	(619) 563-2715
	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures			
1. Client, Family Member and Caregiver Support Expenditures			
a. Clothing, Food and Hygiene			\$0
b. Travel and Transportation			\$0
c. Housing			
i. Master Leases			\$0
ii. Subsidies			\$0
iii. Vouchers			\$0
iv. Other Housing			<u>\$C</u>
d. Employment and Education Supports			\$C
e. Other Support Expenditures (provide description in budget narrative)			<u>\$C</u>
f. Total Support Expenditures	\$0	\$0	\$0 \$0
2. Personnel Expenditures	***************************************	ΨΟ	Ψ.
a. Current Existing Personnel Expenditures (from Staffing Detail)			\$0
b. New Additional Personnel Expenditures (from Staffing Detail)			\$0
c. Employee Benefits			<u>\$0</u>
d. Total Personnel Expenditures	\$0	\$0	\$0
3. Operating Expenditures			
a. Professional Services			\$0
b. Translation and Interpreter Services			\$0
c. Travel and Transportation			\$0
d. General Office Expenditures			\$0
e. Rent, Utilities and Equipment			
f. Medication and Medical Supports			\$0
g. Other Operating Expenses (provide description in budget narrative)			<u>\$0</u>
h. Total Operating Expenditures	\$0	\$0	\$0
4. Program Management			
a. Existing Program Management			\$0
b. New Program Management			<u>\$0</u>
c. Total Program Management	\$0	\$0	\$0
5. Estimated Total Expenditures when service provider is not known			\$277,460
6. Total Proposed Program Budget	\$0	\$0	\$277,460
B. Revenues			
1. Existing Revenues			
a. Medi-Cal (FFP only)			\$0
b. Medicare/Patient Fees/Patient Insurance			\$0
c. Realignment			\$0
d. State General Funds			\$0
e. County Funds			\$0
f. Grants			•
			er.
g. Other Revenue	\$0	\$0	<u>\$0</u>
h. Total Existing Revenues  2. New Revenues	20	ΦU	\$0
a. Medi-Cal (FFP only)			\$0
b. Medicare/Patient Fees/Patient Insurance			\$0
c. State General Funds			\$0
d. Other Revenue			<u>\$0</u>
e. Total New Revenue	\$0		\$0
3. Total Revenues	\$0	\$0	\$0
C. One-Time CSS Funding Expenditures			\$155,558
	1		
D. Total Funding Requirements	\$0	\$0	\$433,018

	County(ies):	San Diego	Fiscal Year:_	2005-06
Pro	gram Workplan #	TAY-4	Date:	11/11/05
Program	ı Workplan Name <u>En</u>	hanced Outpatient Mental Health Service	s Page:_	137 of 174
	Type of Funding	2. System Development	Months of Operation_	3
	Proposed 1	Total Client Capacity of Program/Service:	New Program/Service or Expansion_	New
	Exis	sting Client Capacity of Program/Service:	Prepared by:_	Michelle Petersor
	Nient Canacity of Pro	garam/Sen/ice Evnanded through MHSA:	Telephone Number:	(610) 563-2715

Classification	Function	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions				
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0
	Tatal Community Entration - Bostilians			<u>\$0</u>
	Total Current Existing Positions	0.00		\$0
B. New Additional Positions				
Program Director, Licensed	Manages Program and Staff	0.25		\$0
Mental Health Clinician, Masters	Provides Mental Health Services	0.75		\$0
Mental Health Clinician, MA-Bilingual	Provides Mental Health Services	0.25		\$0
Unlicensed Consumer / Family Member	Outreach and Peer Support Services			\$0
Unlicensed Consumer / Family Member	Outreach and Peer Support Services			\$0
Registered Nurse	Provides Medication Support and Monitoring	0.25		\$0
Registered Nurse-Bilingual	Provides Medication Support and Monitoring	0.13		\$0
Psychiatrist	Provides Medication Support	0.13		\$0
Clerical & Other Support Staff	Provides Clerical Support	0.50		\$0
Clerical & Other Support Staff-Bilingual	Provides Clerical Support	0.25		\$0
				\$0
				\$0
				\$0
				\$0
				\$0
	Total New & dditional Desitions	0.50		\$0
	Total New Additional Positions	2.50		\$0
C. Total Program Positions		2.50		\$0

County(ies): San Diego Fiscal Year: 2005-06 Page: 138 of 174
Program Workplan #: TAY-4 Date: 11/11/05

Program Workplan Name: Enhanced Outpatient Mental Health Services

Type of Funding: 2. System Development New Program/Service of Expansion: New

Line#	<u>Amount</u>	Description / Justification
A.5	\$277,460	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 3 months beginning April 1, 2006 - June 30, 2006.
B.2.a	\$0	Although this program will generate Medi-Cal (FFP only) revenue when it is fully operational, no Medi-Cal (FFP) is budgeted for FY 05-06 because the program will not be starting before April 1, 2006. As it is a new program starting late in the fiscal year, the Medi-Cal is not expected to be material until FY 06-07.
С	\$155,558	One-Time CSS Funding Expenditures are the sum of the following:
	\$128,058	One-time CSS funding for start-up and implementation expenditures for this program are equivalent to 6 weeks of service operations. Start-up funds are budgeted to purchase equipment such as computer hardware, software, cell phones, copier, fax, furniture and other office equipment and transportation for clients (if needed). Additionally, these funds may be used to secure or expand office space including possible leasehold improvements. Implementation funds are also needed for program staff to recruit, hire, and train personnel and will be used to develop initial program outreach strategies to get this program up and running. These start-up costs will be expended in the fourth quarter of FY 05-06 between April 1, 2006 - June 30,2006.
	\$27,500	One-time CSS funding for training to include ACT Technical Assistance, Deegan's Intentional Care Guidelines Copeland's WRAP and Psycho Social Rehab (PSR) training and materials. These start-up costs will be expended in the fourth quarter of FY 05-06 between April 1, 2006 - June 30,2006.
D	\$433,018	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

County(ies):	San Diego	Fiscal Year:	2006-07
Program Workplan #:	TAY-4	Date:	11/11/05
Program Workplan Name:	Enhanced Outpatient Mental Health Services		139 of 174
Type of Funding: _	2. System Development	Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	Prepared by:	Michelle Peterson
Client	Canacity of Program/Service Evnanded through MHSA:	Telephone Number:	(810) 583 2715

Client Capacity of Program/Service Expanded through MHSA:		Telephone Number:	(0 18) 503-27 15
	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures			
Client, Family Member and Caregiver Support Expenditures			
a. Clothing, Food and Hygiene			\$0
b. Travel and Transportation			\$0
c. Housing			•
i. Master Leases			\$0
ii. Subsidies			\$0
iii, Vouchers			\$0
iv. Other Housing			\$0
d. Employment and Education Supports			\$0
e. Other Support Expenditures (provide description in budget narrative)			<u>\$C</u>
f. Total Support Expenditures	\$0	\$0	\$0
2. Personnel Expenditures		***	***
a. Current Existing Personnel Expenditures (from Staffing Detail)			\$0
b. New Additional Personnel Expenditures (from Staffing Detail)			\$0
c. Employee Benefits			\$0
d. Total Personnel Expenditures	\$0	\$0	\$0
3. Operating Expenditures		ΨΟ	Ψ0
a. Professional Services			\$0
b. Translation and Interpreter Services			\$0
c. Travel and Transportation			\$0
d. General Office Expenditures			\$0
e. Rent, Utilities and Equipment			, ,
f. Medication and Medical Supports			\$0
g. Other Operating Expenses (provide description in budget narrative)			<u>\$0</u>
h. Total Operating Expenditures	\$0	\$0	\$0
4. Program Management			
a. Existing Program Management			\$0
b. New Program Management			\$0
c. Total Program Management	\$0	\$0	\$0
5. Estimated Total Expenditures when service provider is not known			\$1,410,000
6. Total Proposed Program Budget	\$0	\$0	\$1,410,000
B. Revenues			
1. Existing Revenues			
a. Medi-Cal (FFP only)			\$0
b. Medicare/Patient Fees/Patient Insurance			\$0
c. Realignment			\$0
d. State General Funds			\$0
e. County Funds			\$0
f. Grants			,
g. Other Revenue			\$0
h. Total Existing Revenues	\$0	\$0	\$0
2. New Revenues	***	**	•
a. Medi-Cal (FFP only)			\$300,160
b. Medicare/Patient Fees/Patient Insurance			\$00,100
c. State General Funds			\$0
d. Other Revenue			\$0
e. Total New Revenue	\$0	\$0	\$300,160
3. Total Revenues	\$0 \$0	\$0 \$0	\$300,160 \$300,160
C. One-Time CSS Funding Expenditures	ΨΟ	ΨΟ	\$00,100
D. Total Funding Requirements	\$0	\$0	\$1,109,840
	30	30	\$ 1, 10 <del>3</del> ,040
E. Percent of Total Funding Requirements for Full Service Partnerships			

County(ies):	San Diego	Fiscal Year: _	FY 06-07
Program Workplan #	TAY-4	Date:_	11/11/05
Program Workplan Name	Enhanced Outpatient Mental Health Service	es Page:_	140 of 174
Type of Funding	2. System Development	Months of Operation	12
Propose	d Total Client Capacity of Program/Service:	New Program/Service or Expansion	New
E	xisting Client Capacity of Program/Service:	Prepared by:	Michelle Peterson
Client Canacity of I	Program/Service Evnanded through MHSA:	Telephone Number	(610) 563-2715

Classification	Function	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions				
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0
	Total Current Existing Positions	0.00		\$0 \$0
	Total Current Existing Fositions	0.00		\$0
B. New Additional Positions				
Program Director, Licensed	Manages Program and Staff	1.00		\$0
Mental Health Clinician, Masters	Provides Mental Health Services	3.00		\$0
Mental Health Clinician, MA-Bilingual	Provides Mental Health Services	1.00		\$0
Unlicensed Consumer / Family Member	Outreach and Peer Support Services			\$0
Unlicensed Consumer / Family Member	Outreach and Peer Support Services			\$0
Registered Nurse	Provides Medication Support and Monitoring	1.00		\$0
Registered Nurse-Bilingual	Provides Medication Support and Monitoring	0.50		\$0
Psychiatrist	Provides Medication Support	0.50		\$0
Clerical & Other Support Staff	Provides Clerical Support	2.00		\$0
Clerical & Other Support Staff-Bilingual	Provides Clerical Support	1.00		\$0
				\$0
				\$0
				\$0
				\$0
				\$0
	Total New Additional Positions	10.00		<u>\$0</u> \$0
	i lotal New Additional Positions	10.00		\$0
C. Total Program Positions				

County(ies): San Diego Fiscal Year: 2006-07 Page: 141 of 174
Program Workplan #: TAY-4 Date: 11/11/05

Program Workplan Name: Enhanced Outpatient Mental Health Services

Type of Funding: 2. System Development New Program/Service of Expansion: New

Line#	<u>Amount</u>	<u>Description / Justification</u>
A.5	\$1,410,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2006 - June 30, 2007.
B.2.a	\$300,160	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population and/or are providing non-billable Medi-Cal services.
D	\$1,109,840	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

County(ies):_	San Diego	Fiscal Year:	2007-08
Program Workplan #:_	TAY-4	Date:	11/11/05
Program Workplan Name:	Enhanced Outpatient Mental Health Services	Page:	142 of 174
Type of Funding:	2. System Development	Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	Prepared by:	Michelle Peterson
Clien	t Capacity of Program/Service Expanded through MHSA:	Telephone Number:	(619) 563-2715

Client Capacity of Program Service Expanded through Minox.	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures			
Client, Family Member and Caregiver Support Expenditures			
a. Clothing, Food and Hygiene			\$0
b. Travel and Transportation			\$0
c. Housing			
i. Master Leases			\$0
ii. Subsidies			\$0
iii. Vouchers			\$0
iv. Other Housing			<u>\$0</u>
d. Employment and Education Supports			\$0
e. Other Support Expenditures (provide description in budget narrative)			<u>\$0</u>
f. Total Support Expenditures	\$0	\$0	\$0
2. Personnel Expenditures			
a. Current Existing Personnel Expenditures (from Staffing Detail)			\$0
b. New Additional Personnel Expenditures (from Staffing Detail)			\$0
c. Employee Benefits			\$0
d. Total Personnel Expenditures	\$0	\$0	\$0
3. Operating Expenditures			
a. Professional Services			\$0
b. Translation and Interpreter Services			\$0
c. Travel and Transportation			\$0
d. General Office Expenditures			\$0
e. Rent, Utilities and Equipment			
f. Medication and Medical Supports			\$0
g. Other Operating Expenses (provide description in budget narrative)			<u>\$0</u>
h. Total Operating Expenditures	\$0	\$0	\$0
4. Program Management			
a. Existing Program Management			\$0
b. New Program Management			<u>\$0</u>
c. Total Program Management	\$0	\$0	\$0
5. Estimated Total Expenditures when service provider is not known			\$1,410,000
6. Total Proposed Program Budget	\$0	\$0	\$1,410,000
B. Revenues			
1. Existing Revenues			
a. Medi-Cal (FFP only)			\$0
b. Medicare/Patient Fees/Patient Insurance			\$0
c. Realignment			\$0
d. State General Funds			\$0
e. County Funds			\$0
f. Grants			
g. Other Revenue			<u>\$0</u>
h. Total Existing Revenues	\$0	\$0	\$0
2. New Revenues			
a. Medi-Cal (FFP only)			\$300,160
b. Medicare/Patient Fees/Patient Insurance			\$0
c. State General Funds			\$0
d. Other Revenue			<u>\$0</u>
e. Total New Revenue	\$0	\$0	\$300,160
3. Total Revenues	\$O	\$0	\$300,160
C. One-Time CSS Funding Expenditures	*-	,-	\$0
D. Total Funding Requirements	\$0	\$0	\$1,109,840
	40	40	\$ 1,100,040
E. Percent of Total Funding Requirements for Full Service Partnerships			

FY 07-08	Fiscal Year:	San Diego	County(ies):
11/11/05	Date:	TAY-4	Program Workplan #
143 of 174	Page:_	hanced Outpatient Mental Health Services	Program Workplan Name <u>Enl</u>
12	Months of Operation_	2. System Development	Type of Funding
New	New Program/Service or Expansion_	otal Client Capacity of Program/Service:	Proposed T
Michelle Petersor	Prepared by:_	ting Client Capacity of Program/Service:	Exis
(619) 563-2715	Telephone Number:	gram/Sen/ice Evpanded through MHSA:	Client Canacity of Pro

Classification	Function	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions				
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0 \$0
				\$0 \$0
	Total Current Existing Positions	0.00		\$0 \$0
	Total Carrent Entering Feeting	0.00		#5
B. New Additional Positions				
Program Director, Licensed	Manages Program and Staff	1.00		\$0
Mental Health Clinician, Masters	Provides Mental Health Services	3.00		\$0
Mental Health Clinician, MA-Bilingual	Provides Mental Health Services	1.00		\$0
Unlicensed Consumer / Family Member	Outreach and Peer Support Services			\$0
Unlicensed Consumer / Family Member	Outreach and Peer Support Services	4.00		\$0
Registered Nurse	Provides Medication Support and Monitoring	1.00 0.50		\$0 \$0
Registered Nurse-Bilingual	Provides Medication Support and Monitoring Provides Medication Support	0.50		\$0 \$0
Psychiatrist Clerical & Other Support Staff	Provides Clerical Support	2.00		\$0 \$0
Clerical & Other Support Staff-Bilingual	Provides Clerical Support	1.00		\$0 \$0
Clerical & Other Support Staff-Billingual	Provides oferical Support	1.00		\$0
				\$0
				\$0
				\$0
				\$0
				\$0
	Total New Additional Positions	10.00		\$0
C. Total Program Positions		10.00		\$0

County(ies): San Diego Fiscal Year: 2007-08 Page: 144 of 174

Program Workplan #: TAY-4 Date: 11/11/05

Program Workplan Name: Enhanced Outpatient Mental Health Services

Type of Funding: 2. System Development New Program/Service of Expansion: New

Line#	<u>Amount</u>	<u>Description / Justification</u>						
A.5	\$1,410,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2007 - June 30, 2008.						
B.2.a	\$300,160	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population and/or are providing non-billable Medi-Cal services.						
D	\$1,109,840	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.						

**EXHIBIT 4: COMMUNITY SERVICES AND SUPPORTS WORK PLAN SUMMARY** 

County: San Diego	Fiscal Year: 2005-06,	Program Work Plan Name:										
County	2006-07, 2007-08	Homeless Integrated Services and Supported Housing										
Program Work Plan #: A-1 Estimated Start Date: April 1, 200												
1a) Description of Prog	ces in North, North Central & Central regions											
for homeless with a serious mental illness who may also have co-occurring disorders of mental illness and substance abuse. A												
continuum of housing options will be provided to include short term housing, transitional and permanent supported housing.												
<b>1b) Priority Population:</b> Priority services to be provided to SMI adults who are first homeless and secondly at risk of homeless												
who are unserved or are high users of acute inpatient care and medical services. In accordance with AB599, veterans are												
eligible for this program.  1d) Fund Type 1d) Age Group												
						1d) Age Group						
Describe strategies to be used, Funding Types requested (check all that apply),						_			_			
Age Groups to be served (check all that apply)				Dev	OE	CY	TAY	A	OA			
1c)			$\boxtimes$			Ш						
	✓ Community based, integrated, wraparound services, provided 24/7 by											
•	•	ficers embedded in the teams to							Ī			
address justice sy												
		t, mental health services,										
	intensive case management and rehabilitation and recovery services, care											
The state of the s	coordination, skill development, supported education and employment and											
housing supports;												
	✓ Linkage and care coordination to physical healthcare providers;											
	✓ Staff to consumer ratio is approximately 1 to 10; ACT Team members											
•	share responsibility for the treatment, support and rehabilitation services;  ✓ Includes comprehensive and integrated mental health and substance											
	d individualized treatmen											
involvement in trea		nyservice plan with ellerit										
✓ 200 housing units												
_	<u>-</u>	be provided to include: short										
		incy (SRO), Board and Care										
	housing and/or master le											
	vill have dual diagnosis e											

- 2) Proposed Program: Services include outreach and engagement, 24/7 intensive case management/wraparound services, community based outpatient mental health services, rehabilitation & recovery services, supported employment/education, and peer support services. Program will serve 100 clients in North County, and 224 clients in the Central/North Central region of San Diego. CCISC model will be used. Assertive Community Treatment (ACT) is the evidence based model for this program. One time funds are included in the first year for costs associated with model implementation and training, technical assistance and consultation on ACT, Copeland's Wellness and Recovery Action Plan and Deegan's Intentional Care Guidelines. These components will advance MHSA goals by providing client directed services that are individualized, reducing the effects of untreated mental illness, increasing access to care for ethnically diverse individuals, reducing homelessness, contact with the justice system and reducing inappropriate use of acute inpatient care. In addition, this program will advance rehabilitation and recovery practices which will assist clients in their recovery, self sufficiency and in seeking and sustaining employment. Six weeks of program start-up funds are included in the budget request.
- **3) Housing/Employment Services:** Housing supports will be provided. Approximately 200 units will be developed for clients in this program. An array of housing options will be provided to include: short term stays at shelter, Single Room Occupancy (SRO), Board and Care (B&C), subsidized housing and/or master leasing. One-time funds (\$2,640,000) will be used to develop the housing capacity. Employment services will include: job readiness, job supports and job placement.
- **4) FSP:** Average cost per client/per year without the housing is \$12,000.
- **5) Recovery Goals:** Rehabilitation and recovery interventions are client directed and embedded with service array to include: wellness and resiliency focus, individualized wellness and recovery action plan (Copeland's WRAP), skill development, peer supports, social and recreational supports, supported employment, supported education and supported housing.
- 6) Expanding Existing Program: TBD
- 7) Services and Supports provided by Clients and/or Family Members: Peers will be hired and peer volunteers recruited as peer support and/or case aides to assist client/members in their rehabilitation and recovery.

- 8) Collaboration Strategies: Our experience with the AB2034 Homeless Integrated Services program has demonstrated successful stakeholder collaboration with multiple community based organizations that include: homeless providers, mental health providers, justice and public safety sector entities, housing providers, the business community, faith-based organizations and health providers. The success of this program lies in forging those same collaborations and partnerships to address the multiple needs of the homeless. By collaborating and partnering there will be system improvements in the delivery of care, in the reduction of inappropriate use of services and a reduction in costs for the community.
- **9/10) Cultural Competence/Ethnic Disparities/Sexual Orientation and Gender Sensitivity:** Cultural competence and sexual orientation and gender sensitivity are required expectations of our current providers and are integrated in our current service delivery system and will be a requirement in all MHSA programs as well. Services will be provided in the languages of the specific community to be served. Interventions to be used will have demonstrated efficacy with populations served. Service providers will possess cultural awareness, knowledge and skills necessary to provide culturally competent services, particularly African-Americans and females who are over-represented in homelessness.
- 11) Individuals Residing Out-of-County: This service will be provided in San Diego County only.
- 12) Strategies not listed in Section IV: All strategies are listed in Section IV.

# 13) Timeline:

Activity	<u>Date</u>
Program manager hired	by April 8, 2006
50% of program staff hired	by May 1, 2006
75% of staff hired	by May 15, 2006
Staff trained	by June 15, 2006
Begin services to clients	by June 15, 2006

County(ies):_	San Diego		Fiscal Year:	2005-06
Program Workplan #:_	A-1		Date:	1 1/1 1/05
Program Workplan Name: J	Homeless Integrated Services and Supported Housing		Page:	145 of 274
Type of Funding: _	Full Service Partnership		Months of Operation:	3
	Proposed Total Client Capacity of Program/Service: _	81	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:_	0	Prepared by:	Michelle Peterso
Clien	t Capacity of Program/Service Expanded through MHSA:	81	Telephone Number:	(619) 563-2715

	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures				
Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$0
b. Travel and Transportation				\$0
c. Housing				
i. Master Leases				\$0
ii. Subsidies				\$0
iii. Vouchers				\$0
iv. Other Housing				<u>\$0</u>
d. Employment and Education Supports				\$0
e. Other Support Expenditures (provide description in budget narrative)				<u>\$0</u>
f. Total Support Expenditures	\$0	\$0	\$0	\$0
2. Personnel Expenditures				
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$0
b. New Additional Personnel Expenditures (from Staffing Detail)				\$0
c. Employee Benefits				<u>\$0</u>
d. Total Personnel Expenditures	\$0	\$0	\$0	\$0
3. Operating Expenditures				
a. Professional Services				\$0
b. Translation and Interpreter Services				\$0
c. Travel and Transportation				\$0
d. General Office Expenditures				\$0
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports				\$0
g. Other Operating Expenses (provide description in budget narrative)				<u>\$0</u>
h. Total Operating Expenditures	\$0	\$0	\$0	\$0
4. Program Management				
a. Existing Program Management				\$0
b. New Program Management				<u>\$0</u>
c. Total Program Management		\$0	\$0	\$0
5. Estimated Total Expenditures when service provider is not known	\$842,000			\$842,000
6. Total Proposed Program Budget	\$842,000	\$0	\$0	\$842,000
B. Revenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. Realignment				\$0
d. State General Funds				\$0
e. County Funds				\$0
f. Grants				
g. Other Revenue				<u>\$0</u>
h. Total Existing Revenues	\$0	\$0	\$0	\$0
2. New Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. State General Funds				\$0
d. Other Revenue				\$0
e. Total New Revenue	\$0	\$0	\$0	\$0
3. Total Revenues	\$0	\$0	\$0	\$0
C. One-Time CSS Funding Expenditures	\$3,056,115			\$3,056,115
D. Total Funding Requirements	\$3,898,115	\$0	\$0	\$3,898,115
E. Percent of Total Funding Requirements for Full Service Partnerships				

C	ounty(ies):	San Diego		Fiscal Year:_	2005-06
Program V	Vorkplan #	A-1		Date:	11/11/05
Program Work	plan Name <u>H</u>	omeless Integrated Services and Supporte	ed Housing	Page:	146 of 274
Туре	of Funding	1. Full Service Partnership		Months of Operation	3
	Proposed T	otal Client Capacity of Program/Service:_	81	New Program/Service or Expansion	New
	Exist	ing Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
Client Ca	pacity of Pro	gram/Service Expanded through MHSA	81	Telephone Number	(619) 563-2715

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
	Total Current Existing Positions	0.00	0.00		\$0 \$0
	Total Current Existing Positions	0.00	0.00		φυ
B. New Additional Positions					
Program Coordinator	Manage Program/Teams		0.75		\$0
Psychiatrist	Provides Medication Support and Treatment		0.75		\$0
Registered Nurse	Provides Medication Support and Counseling		1.50		\$0
Mental Health Worker, MA	Provides Mental Health Services		2.25		\$0
Mental Health Worker, BA	Provides Mental Health Services		2.50		\$0
Peer Specialist	Rehabilitation and Recovery Support	0.75			\$0
Substance Abuse Specialist	Substance Abuse counseling		0.75		\$0
Program Assistant	Provides Support Services		0.75		\$0
Probation Officer	Monitors Probation		0.13		\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0 \$0
	Total New Additional Positions	0.75	9.38		\$0
	1				·
		0.75	9.38		\$0

County(ies): San Diego Fiscal Year: 2005-06 Page: 147 of 274

Program Workplan #: A-1 Date: 11/11/05

Program Workplan Name: Homeless Integrated Services and Supported Housing

Type of Funding: 1. Full Service Partnership New Program/Service of Expansion: New

Line#	<u>Amount</u>	Description / Justification
A.5	\$842,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 3 months beginning April 1, 2006 - June 30, 2006.
B.2.a	\$0	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population and/or are providing non-billable Medi-Cal services.
С	\$3,056,115	One-Time CSS Funding Expenditures are the sum of the following:
	\$388,615	One-time CSS funding for start-up and implementation expenditures for this program are equivalent to 6 weeks of service operations. Start-up funds are budgeted to purchase equipment such as vehicles, computer hardware, software, cell phones, copier, fax, furniture and other office equipment and transportation for clients (if needed). Additionally, these funds may be used to secure or expand office space including possible leasehold improvements. Implementation funds are also needed for program staff to recruit, hire, and train personnel and will be used to develop initial program outreach strategies to get this program up and running. These start-up costs will be expended in the fourth quarter of FY 05-06 between April 1, 2006 - June 30,2006.
	\$27,500	One-time CSS funding for training to include ACT Technical Assistance, Deegan's Intentional Care Guidelines, Copeland's WRAP and Psychosocial Rehabilitation (PSR) training and materials. These start-up costs will be expended in the fourth quarter of FY 05-06 between April 1, 2006 - June 30,2006.
	\$2,640,000	One-time CSS funding for continuum of housing options that will begin to be expended in the fourth quarter of FY 05-06.
D	\$3,898,115	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

County(ies):_	San Diego		Fiscal Year:	2006-07
Program Workplan #:_	A-1		Date:	11/11/05
Program Workplan Name: <u>H</u>	Homeless Integrated Services and Supported Housing		Page:	148 of 274
Type of Funding: _	Full Service Partnership		Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:	324	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
Client	Capacity of Program/Service Expanded through MHSA:	324	Telephone Number.	(619) 563-2715

Client Capacity of Program/Service Expanded through MHS/	A: 324		Telephone Number	(619) 563-2715
	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures				
Client, Family Member and Caregiver Support Expenditures				
a. Clothing , Food and Hygiene				\$0
b. Travel and Transportation				\$0
c. Housing				
i. Master Leases				\$0
ii. Subsidies				\$0
iii. Vouchers				\$0
iv. Other Housing				\$C
d. Employment and Education Supports				\$0
e. Other Support Expenditures (provide description in budget narrative)				\$0
f. Total Support Expenditures	\$0	\$0	\$0	\$0
2. Personnel Expenditures				
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$0
b. New Additional Personnel Expenditures (from Staffing Detail)				\$0
c. Employee Benefits				<u>\$C</u>
d. Total Personnel Expenditures	\$0	\$0	\$0	\$0
3. Operating Expenditures				
a. Professional Services				\$0
b. Translation and Interpreter Services				\$0
c. Travel and Transportation				\$C
d. General Office Expenditures				\$0
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports				\$0
g. Other Operating Expenses (provide description in budget narrative)				\$0
h. Total Operating Expenditures	\$0	\$0	\$0	\$0
4. Program Management				
a. Existing Program Management				\$0
b. New Program Management				\$0
c. Total Program Management		\$0	\$0	\$0
5. Estimated Total Expenditures when service provider is not known	\$3,888,000			\$3,888,000
6. Total Proposed Program Budget	\$3,888,000	\$0	\$0	\$3,888,000
B. Revenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. Realignment				\$0
d. State General Funds				\$0
e. County Funds				\$0
f. Grants				
g. Other Revenue				\$0
h. Total Existing Revenues	\$0	\$0	\$0	\$0
2. New Revenues				
a. Medi-Cal (FFP only)	\$520,000			\$520,000
b. Medicare/Patient Fees/Patient Insurance				\$0
c. State General Funds				\$0
d. Other Revenue				\$0
	\$520,000	\$0	\$0	\$520,000
e. Total New Revenue			\$0	\$520,000
e. Total New Revenue  3. Total Revenues	\$520,000	\$0	\$ \$U	#52U,UU
3. Total Revenues	\$520,000	\$0	\$0	
	\$520,000 \$3,368,000	\$0 \$0	\$0	\$0,000 \$0 \$3,368,000

	County(ies):_	San Diego		Fiscal Year: _	FY 06-07
	Program Workplan #	A-1		Date:_	11/11/05
F	Program Workplan Name	Homeless Integrated Services and Suppor	ted Housing	Page:_	149 of 274
	Type of Funding	Full Service Partnership		Months of Operation_	12
	Proposed T	otal Client Capacity of Program/Service:	324	New Program/Service or Expansion_	New
	Exis	ting Client Capacity of Program/Service:_	0	Prepared by:	Michelle Petersor
	Client Capacity of Pro	gram/Service Expanded through MHSA:	324	Telephone Number:	(619) 563-2715

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
	Total Current Existing Positions	0.00	0.00		\$0
	<u> </u>				
B. New Additional Positions					
Program Coordinator	Manage Program/Teams		3.00		\$0
Psychiatrist	Provides Medication Support and Treatment		2.00		\$0
Registered Nurse  Mental Health Worker, MA	Provides Medication Support and Counseling Provides Mental Health Services		6.00 9.00		\$0 \$0
Mental Health Worker, BA	Provides Mental Health Services		10.00		\$0
Peer Specialist	Rehabilitation and Recovery Support	3.00	10.00		\$0
Substance Abuse Specialist	Substance Abuse counseling	0.00	3.00		\$0
Program Assistant	Provides Support Services		3.00		\$0
Probation Officer	Monitors Probation		1.50		\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					<u>\$0</u>
	Total New Additional Positions	3.00	37.50		\$0
		3.00	37.50		\$0

County(ies): San Diego Fiscal Year: 2006-07 Page: 150 of 274

Program Workplan #: A-1 Date: 11/11/05

Program Workplan Name: Homeless Integrated Services and Supported Housing

Type of Funding: 1. Full Service Partnership New Program/Service of Expansion: New

<u>Line#</u>	<u>Amount</u>	<u>Description / Justification</u>
A.5	\$3,888,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2006 - June 30, 2007.
B.2.a	\$520,000	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population and/or are providing non-billable Medi-Cal services.
D	\$3,368,000	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

County(ies): San Diego		Fiscal Year:	2007-08
Program Workplan #: A-1		Date:	11/11/05
Program Workplan Name: Homeless Integrated Services and Supported Housing		Page:	151 of 274
Type of Funding: 1. Full Service Partnership		Months of Operation:	12
Proposed Total Client Capacity of Program/Service:	324	New Program/Service or Expansion:	New
= Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
- Client Capacity of Program/Service Expanded through MHSA:	324	 Telephone Number:	(619) 563-2715

Client Capacity of Program/Service Expanded through Min:	1H3A324		r elepriorie inumber.	(018) 303-2713
	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures				
. 1. Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$0
b. Travel and Transportation				\$0
c. Housing				
i. Master Leases				\$0
ii. Subsidies				\$0
iii. Vouchers				\$0
iv. Other Housing				<u>\$(</u>
d. Employment and Education Supports				\$1
e. Other Support Expenditures (provide description in budget narrative)				<u>\$</u> 1
f. Total Support Expenditures	\$0	\$0	\$0	\$
2. Personnel Expenditures				
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$1
b. New Additional Personnel Expenditures (from Staffing Detail)				\$1
c. Employee Benefits				<u>\$</u>
d. Total Personnel Expenditures	\$0	\$0	\$0	\$1
3. Operating Expenditures				
a. Professional Services				\$1
b. Translation and Interpreter Services				\$
c. Travel and Transportation				\$
d. General Office Expenditures				\$
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports				\$
g. Other Operating Expenses (provide description in budget narrative)				<u>\$</u> 1
h. Total Operating Expenditures	\$0	\$0	\$0	\$1
4. Program Management				
a. Existing Program Management				\$1
b. New Program Management				<u>\$</u>
c. Total Program Management		\$0	\$0	\$1
5. Estimated Total Expenditures when service provider is not known	\$3,888,000			000,888,82
6. Total Proposed Program Budget	\$3,888,000	\$0	\$0	00Q,888,E\$
B. Revenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				\$
b. Medicare/Patient Fees/Patient Insurance				\$
c. Realignment				\$
d. State General Funds				\$
e. County Funds				\$
f. Grants				
g. Other Revenue				<u>s</u>
h. Total Existing Revenues	\$0	\$0	\$0	\$
2. New Revenues				
a. Medi-Cal (FFP only)	\$520,000			\$520,00
b. Medicare/Patient Fees/Patient Insurance				\$
c. State General Funds				\$
d. Other Revenue				<u>s</u>
e. Total New Revenue	\$520,000	\$0	\$0	\$520,00
3. Total Revenues	\$520,000	i	\$0	\$520,00
C. One-Time CSS Funding Expenditures				\$
D. Total Funding Requirements	\$3,368,000	\$0	\$0	\$3,368,00
			, 30	

FY 07-08	Fiscal Year:		San Diego	County(ies):_
11/11/05	Date:		A-1	Program Workplan # _
152 of 274	Page:	lousing	Homeless Integrated Services and Supported	Program Workplan Name <u>I</u>
12	Months of Operation		Full Service Partnership	Type of Funding_
New	New Program/Service or Expansion	324	ed Total Client Capacity of Program/Service:	Propose
Michelle Peterson	Prepared by:	0	Existing Client Capacity of Program/Service:	E
(040) 500 0745	Talankana Nombani	224	: B	Cli t

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					<u>\$0</u>
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
Program Coordinator	Manage Program/Teams		3.00		\$0
Psychiatrist	Provides Medication Support and Treatment		2.00		\$0
Registered Nurse	Provides Medication Support and Counseling		6.00		\$0
Mental Health Worker, MA	Provides Mental Health Services		9.00		\$0
Mental Health Worker, BA	Provides Mental Health Services		10.00		\$0
Peer Specialist	Rehabilitation and Recovery Support	3.00			\$0
Substance Abuse Specialist	Substance Abuse Counseling		3.00		\$0
Program Assistant	Provides Support Services		3.00		\$0
Probation Officer	Monitors Probation		1.50		\$0
					\$0
					\$0
					\$0 \$0
					\$0 \$0
					\$0
					\$0 \$0
	Total New Additional Positions	3.00	37.50		\$0
		3.00	37.50		\$0

County(ies): San Diego Fiscal Year: 2007-08 Page: 153 of 274

Program Workplan #: A-1 Date: 11/11/05

Program Workplan Name: Homeless Integrated Services and Supported Housing

Type of Funding: 1. Full Service Partnership New Program/Service of Expansion: New

Line#	<u>Amount</u>	<u>Description / Justification</u>
A.5	\$3,888,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2007 - June 30, 2008.
B.2.a	\$520,000	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population and/or are providing non-billable Medi-Cal services.
D	\$3,368,000	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

# **EXHIBIT 4: COMMUNITY SERVICES AND SUPPORTS WORK PLAN SUMMARY**

County: San Diego County	Fiscal Year: 2005-06,	Program Work Plan Name:							
	2006-07, 2007-08	Justice Integrated Services & Supported Housing							
Program Work Plan #: A - 2		Estimated Start Date: April 1, 2006							
1a) Description of Program: Countywide individualized, integrated culturally competent mental health service									
	may also have a dual diagnosis and	•	•	•	e sys	tem,	recei	ved me	ental
health services while incarce	erated, and /or re-entering the comm	nunity from the justice	e syste	m.					
1b) Priority Population: Un	served, SMI adults who have been i	ncarcerated and trea	ted for	menta	ıl illne	ss w	hile ir	i jail or	may
be re-entering the community	y from jail. In accordance with AB59	9, veterans are eligib	le for t	his pro	gram				
			<b>1d)</b> F	und T	уре		1d) A	ge Gro	up
Describe strategies to be use	ed, Funding Types requested (check	call that apply),		Sys	0	С	ļ		
Age Groups to be served (ch	neck all that apply)		FSP	Dev	Е	Υ	TAY	Α	OA
	y to community based mental health	*							
•	pordination services to incarcerated	•							
	nunity based, integrated, with wrapa	round services and							
	onal service coordinators;								
	each and engagement, mental healtl	The state of the s							
	gement, rehabilitation and recovery s	*							
	elopment, supported education/ emp	ployment and							
housing supports;	ination to physical healthcare provid	ore/hospital FR's:							
_	o is approximately 1 to 10; ACT Tea	-							
	reatment, support and rehabilitation								
	ded in the team to facilitate re-entry;								
	ive and integrated mental health and								
•	services and individualized treatment/service plan with client involvement in								
treatment planning;	·								
✓ An array of housing or	ptions via one-time funds will be pro	vided to include:							
short term stays at sh	elters, Single Room Occupancy (SR	(O), Board and							
Care (B&C), subsidize	ed housing and/or master leasing.							1	

- 2) Proposed Program: Services include outreach and engagement, 24/7 intensive case management/wraparound services, community based outpatient mental health services, rehabilitation & recovery services, probation officer services, supported employment/education, and peer support services. Assertive Community Treatment (ACT) is the evidence-based model for this program, and training costs associated with model implementation have been included with one-time funds in first year for training, technical assistance and consultation for ACT, Copeland's Wellness and Recovery Action Plan and Deegan's Intentional Care Guidelines. These components will advance MHSA goals by providing client directed services that are individualized, reducing the effects of untreated mental illness, increasing access to care for ethnically diverse individuals, reducing homelessness, contact with the justice system and reducing inappropriate use of acute inpatient care and medical care. In addition, this program will advance rehabilitation and recovery practices which will assist clients in their recovery, self sufficiency and in seeking and sustaining employment. Six weeks of program start-up funds are included in the budget request.
- **3) Housing/Employment Services:** Housing supports will be provided. Approximately 100 units will be developed for clients in this program. An array of housing options will be provided (\$1,320,000 in one-time funds) to include: short term stays at shelter, Single Room Occupancy (SRO), Board and Care (B&C), subsidized housing and/or master leasing. Employment services will include: job readiness, job supports and job placement.
- **4) FSP:** Average cost per client/per year without the housing is \$12,000.
- **5) Recovery Goals:** Rehabilitation and recovery interventions are client directed and embedded with service array to include: wellness and resiliency focus, individualized wellness and recovery action plan (Copeland's WRAP), skill development, peer supports, social and recreational supports, supported employment, supported education and supported housing.
- 6) Expanding Existing Program: TBD
- 7) Services and Supports provided by Clients and/or Family Members: Peers will be hired and peer volunteers recruited as peer support and/or case aides to assist client/members in their rehabilitation and recovery.
- **8) Collaboration Strategies:** Our experience with the AB2034 Homeless Integrated Services program has demonstrated successful stakeholder collaboration with multiple community based organizations that include: homeless providers, mental health providers, justice and public safety sector entities, housing providers, the business community, faith based

organizations and health providers, and coordination and linkage with hospital emergency rooms. Key partners in this program are the County's Sheriff's Department and Probation Department. The success of this program lies in forging those same collaborations and partnerships to address the multiple needs of those previously in the justice system. By collaborating and partnering there will be system improvements in the delivery of care, in the reduction of inappropriate use of services and a reduction in costs for the community.

9/10) Cultural Competence/Ethnic Disparities/Sexual Orientation and Gender Sensitivity: Cultural competence and sexual orientation and gender sensitivity are required expectations of our current providers and are integrated in our current service delivery system, including all MHSA programs. Services will be provided in the languages of the specific community to be served. Interventions to be used will have demonstrated efficacy with populations served. Service providers will possess cultural awareness, knowledge and skills necessary to provide culturally competent services. Outreach and engagement strategies will be provided to engage clients of diverse ethnic and culturally diverse backgrounds.

- 11) Individuals Residing Out-of-County: This service will be provided in San Diego County only.
- 12) Strategies not listed in Section IV: All strategies are listed in Section IV.

# 13) Timeline:

Activity	<u>Date</u>
Program manager hired	by April 8, 2006
50% of program staff hired	by May 1, 2006
75% of staff hired	by May 15, 2006
Staff trained	by June 15, 2006
Begin services to clients	by June 15, 2006

County(ies):	San Diego		Fiscal Year:	2005-06
Program Workplan #:	A-2		Date:	11/11/05
Program Workplan Name:_	Justice Integrated Services and Supported Housing		Page:	154 of 274
Type of Funding:	Full Service Partnership		Months of Operation:	3
	Proposed Total Client Capacity of Program/Service:	28	New Program/Service or Expansion:	New
		_		

Existing Client Capacity of Program/Serv	/ice:0		Prepared by:	Michelle Peterson	
Client Capacity of Program/Service Expanded through MH	SA: 28		Telephone Number:	(619) 563-2715	
	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total	
A. Expenditures					
Client, Family Member and Caregiver Support Expenditures					
a. Clothing, Food and Hygiene				\$0	
b. Travel and Transportation				\$0	
c. Housing				**	
d. Employment and Education Supports				\$0	
e. Other Support Expenditures (provide description in budget narrative)				\$0	
f. Total Support Expenditures	\$0	\$0	\$0	\$0	
2. Personnel Expenditures		<u>*</u> _	¥×.	Y`	
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$(	
b. New Additional Personnel Expenditures (from Staffing Detail)				\$0	
c. Employee Benefits				\$(	
d. Total Personnel Expenditures	\$0	\$0	\$0	\$0	
3. Operating Expenditures		<u>\</u>			
a. Professional Services				\$(	
b. Translation and Interpreter Services				\$0	
c. Travel and Transportation				\$(	
d. General Office Expenditures				\$(	
e. Rent, Utilities and Equipment				φι	
f. Medication and Medical Supports				\$(	
g. Other Operating Expenses (provide description in budget narrative)		đo.	dr.o.	\$0	
h. Total Operating Expenditures  4. Program Management	\$0	\$0	\$0	\$0	
				4.0	
a. Existing Program Management				\$0	
b. New Program Management		<b>#</b> 0	dro.	<u>\$(</u> \$(	
c. Total Program Management	#200.000	\$0	\$0		
Estimated Total Expenditures when service provider is not known	\$300,000 \$ <b>300,000</b>	Δ0.	<b>^</b>	\$300,000	
6. Total Proposed Program Budget	\$300,000	\$0	\$0	\$300,000	
B. Revenues					
1. Existing Revenues				_	
a. Medi-Cal (FFP only)				\$1	
b. Medicare/Patient Fees/Patient Insurance				\$1	
c. Realignment				\$0	
d. State General Funds				\$0	
e. County Funds				\$0	
f. Grants					
g. Other Revenue				\$0	
h. Total Existing Revenues	\$0	\$0	\$0	\$0	
2. New Revenues					
a. Medi-Cal (FFP only)				\$0	
b. Medicare/Patient Fees/Patient Insurance	- I			\$0	
c. State General Funds				\$0	
d. Other Revenue				<u>\$1</u>	
e. Total New Revenue	\$0	\$0	\$0	\$1	
3. Total Revenues	\$0	\$0	\$0	\$(	
C. One-Time CSS Funding Expenditures	\$1,485,962			\$1,485,962	
D. Total Funding Requirements	\$1,785,962	\$0	\$0	\$1,785,962	
E. Percent of Total Funding Requirements for Full Service Partnerships					

2005-06	Fiscal Year:		San Diego	County(ies):
11/11/05	Date:		A-2	Program Workplan #
155 of 274	Page:	ousing	Justice Integrated Services and Supported Hou	Program Workplan Name
3	Months of Operation_		Full Service Partnership	Type of Funding
New	New Program/Service or Expansion	28	ed Total Client Capacity of Program/Service:	Propose
Michelle Petersor	Prepared by:	0	Existing Client Capacity of Program/Service:	
(619) 563-2715	Telephone Number:	28	of Program/Service Expanded through MHSA:	Client Capacity of

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					<u>\$0</u>
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
Team Leader	Manages Program/Team		0.25		\$0
Psychiatrist	Provides Medication Support and Treatment		0.23		\$0
Psychiatric Nurse	Provides Medication Support and Counseling		0.50		\$0
Mental Health WorkerMaster's level	Provides Mental Health Services		0.75		\$0
Mental Health WorkerBachelor's level	Provides Mental Health Services		0.75		\$0
Peer Specialist	Rehabilitation and Recovery Support	0.25			\$0
Program Assistant	Provides Support Services		0.25		\$0
Probation Officer	Monitors Probation		0.25		\$0
Substance Abuse Specialist	Substance Abuse Counseling		0.25		\$0
Employment Specialist	Employment support		0.13		\$0
*At least 33% of staff will be bilingual.					\$0
					\$0
					\$0
					\$0
					\$0
					<u>\$0</u>
	Total New Additional Positions	0.25	3.35		\$0
C. Total Program Positions		0.25	3.35		\$0

County(ies): San Diego Fiscal Year: 2005-06 Page: 156 of 274
Program Workplan #: A-2 Date: 11/11/05

Program Workplan Name: Justice Integrated Services and Supported Housing

Type of Funding: 1. Full Service Partnership New Program/Service of Expansion: New

Line #	Amount	Description / Justification
A.5	\$300,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 3 months beginning April 1, 2006 - June 30, 2006.
B.2.a	\$0	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population and/or are providing non-billable Medi-Cal services.
С	\$1,485,962	One-Time CSS Funding Expenditures are the sum of the following:
	\$138,462	One-time CSS funding for start-up and implementation expenditures for this program are equivalent to 6 weeks of service operations. Start-up funds are budgeted to purchase equipment such as vehicles, computer hardware, software, cell phones, copier, fax, furniture and other office equipment and transportation for clients (if needed). Additionally, these funds may be used to secure or expand office space including possible leasehold improvements. Implementation funds are also needed for program staff to recruit, hire, and train personnel and will be used to develop initial program outreach strategies to get this program up and running. These start-up costs will be expended in the fourth quarter of FY 05-06 between April 1, 2006 - June 30,2006.
	\$27,500	One-time CSS funding for training to include ACT Technical Assistance, Deegan's Intentional Care Guidelines, Copeland's WRAP and Psychosocial Rehabilitation (PSR) training and materials. These start-up costs will be expended in the fourth quarter of FY 05-06 between April 1, 2006 - June 30,2006.
	\$1,320,000	One-time CSS funding for continuum of housing options that will begin to be expended in the fourth quarter of FY 05-06.
D	\$1,785,962	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

County(ies):	San Diego		Fiscal Year:_	2006-07
Program Workplan #:	A-2		Date:	11/11/05
Program Workplan Name:	Justice Integrated Services and Supported Housing		Page:	157 of 274
Type of Funding:	Full Service Partnership		Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:	111	New Program/Service or Expansion:	New
		•		

Existing Client Capacity of Program/Service: Prepared by: Michelle Peterson Client Capacity of Program/Service Expanded through MHSA Telephone Number: (619) 563-2715 Other Community Mental County Mental Governmental Health Contract Total Health Department Agencies Providers A. Expenditures 1. Client, Family Member and Caregiver Support Expenditures a. Clothing, Food and Hygiene \$0 b. Travel and Transportation \$0 c. Housing \$0 d. Employment and Education Supports e. Other Support Expenditures (provide description in budget narrative) \$0 \$0 f. Total Support Expenditures \$0 \$0 \$0 2. Personnel Expenditures a. Current Existing Personnel Expenditures (from Staffing Detail) \$0 b. New Additional Personnel Expenditures (from Staffing Detail) \$0 <u>\$0</u> d. Total Personnel Expenditures \$0 \$0 \$0 \$0 3. Operating Expenditures a. Professional Services \$0 b. Translation and Interpreter Services \$0 \$0 c. Travel and Transportation d. General Office Expenditures \$0 e. Rent. Utilities and Equipment f. Medication and Medical Supports \$0 \$0 g. Other Operating Expenses (provide description in budget narrative) h. Total Operating Expenditures \$0 \$0 \$0 4. Program Management a. Existing Program Management \$0 b. New Program Management \$0 c. Total Program Management \$0 \$0 \$0 \$1,332,000 5. Estimated Total Expenditures when service provider is not known \$1.332.000 6. Total Proposed Program Budget \$1,332,000 \$0 \$0 \$1,332,000 B. Revenues 1. Existing Revenues \$0 a. Medi-Cal (FFP only) b. Medicare/Patient Fees/Patient Insurance \$0 c. Realignment \$0 \$0 d. State General Funds \$0 e. County Funds f. Grants a. Other Revenue \$0 h. Total Existing Revenues \$0 \$0 \$0 \$0 2. New Revenues a. Medi-Cal (FFP only) \$132,000 \$132,000 b. Medicare/Patient Fees/Patient Insurance \$0 c. State General Funds \$0 d. Other Revenue \$0 e. Total New Revenue \$132,000 \$0 \$0 \$132,000 \$132,000 \$0 \$132,000 3. Total Revenues \$0

\$1,200,000

\$0

\$0

\$1,200,000

C. One-Time CSS Funding Expenditures

E. Percent of Total Funding Requirements for Full Service Partnerships

D. Total Funding Requirements

	County(ies):	San Diego		Fiscal Year:_	FY 06-07
Р	rogram Workplan #	A-2		Date:_	11/11/05
Progra	am Workplan Name	Justice Integrated Services and Supported H	lousing	Page:_	158 of 274
	Type of Funding	1. Full Service Partnership		Months of Operation_	12
	Propose	d Total Client Capacity of Program/Service:_	111	New Program/Service or Expansion_	New
	E	xisting Client Capacity of Program/Service:_	0	Prepared by:	Michelle Peterso
	Client Canacity of I	Program/Service Expanded through MHSA:	111	Telephone Number:	(619) 563-2715

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
	Accommons				\$0
					\$0
	on community of the com				\$0
	Annual Annua				\$0
					\$0
	An annual and a second a second and a second a second and				\$0
					\$0
	oo				\$0
	Annania				\$0
					\$0
					\$0
					\$0
	voi de la constante de la cons				\$0 \$0
	WAS ALL THE STATE OF THE STATE				\$0 \$0
	Total Current Existing Positions	0.00	0.00		\$0 \$0
	5				*-
B. New Additional Positions	Villa de la constante de la co				
Team Leader	Manages Program/Team		1.00		\$0
Psychiatrist	Provides Medication Support and Treatment		0.90		\$0
Psychiatric Nurse	Provides Medication Support and Counseling		2.00		\$0
Mental Health WorkerMaster's level	Provides Mental Health Services		3.00		\$0
Mental Health WorkerBachelor's level	Provides Mental Health Services		3.00		\$0
Peer Specialist	Rehabilitation and Recovery Support	1.00			\$0
Program Assistant	Provides Support Services		1.00		\$0
Probation Officer	Monitors Probation		1.00		\$0
Substance Abuse Specialist	Substance Abuse Counseling		1.00		\$0
Employment Specialist	Employment support		0.50		\$0
*At least 33% of staff will be bilingual.	And the second s				\$0 \$0
	na Accessoration				
	Vivo-de-animonio				\$0 \$0
	Valuation				\$0 \$0
	Total New Additional Positions	1.00	13.40		<u>\$0</u> \$0
	Total New Additional Fositions	1.00	13.40		
C. Total Program Positions		1.00	13.40		\$0

County(ies): San Diego Fiscal Year: 2006-07 Page: 159 of 274

Program Workplan #: A-2 Date: 11/11/05

Program Workplan Name: Justice Integrated Services and Supported Housing

Type of Funding: 1. Full Service Partnership New Program/Service of Expansion: New

Line#	<u>Amount</u>	Description / Justification
A.5	\$1,332,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2006 - June 30, 2007.
B.2.a	\$132,000	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population and/or are providing non-billable Medi-Cal services.
D	\$1,200,000	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

County(ies):	San Diego		Fiscal Year:	2007-08
Program Workplan #:	A-2		Date:	11/11/05
Program Workplan Name:	Justice Integrated Services and Supported Housing		Page:	160 of 274
Type of Funding:	Full Service Partnership		Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:	111	New Program/Service or Expansion:	: New
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Petersor

	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures				
Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$0
b. Travel and Transportation				\$0
c. Housing				·
d. Employment and Education Supports				\$0
e. Other Support Expenditures (provide description in budget narrative)				<u>\$0</u>
f. Total Support Expenditures	\$0	\$0	\$0	\$0
2. Personnel Expenditures				
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$0
b. New Additional Personnel Expenditures (from Staffing Detail)				\$0
c. Employee Benefits				\$0
d. Total Personnel Expenditures	\$0	\$0	\$0	\$0
3. Operating Expenditures				
a. Professional Services				\$0
b. Translation and Interpreter Services				\$0
c. Travel and Transportation				\$0
d. General Office Expenditures				\$0
e. Rent, Utilities and Equipment				ļ
f. Medication and Medical Supports				\$0
g. Other Operating Expenses (provide description in budget namative)				\$0
h. Total Operating Expenditures	\$0	\$0	\$0	\$0
4. Program Management	Ψυ	ΨΟ	φο	ΨΟ
a. Existing Program Management				\$0
b. New Program Management				\$0
c. Total Program Management		\$0	\$0	\$0
Estimated Total Expenditures when service provider is not known	\$1,332,000	φο	φο	\$1,332,000
6. Total Proposed Program Budget	\$1,332,000	\$0	\$0	\$1,332,000
B. Revenues	\$ 1,532,000	ψU	90	\$1,332,000
1. Existing Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. Realignment				\$0
d. State General Funds				\$0
e. County Funds				\$0
f. Grants				
g. Other Revenue				<u>\$0</u>
h. Total Existing Revenues	\$0	\$0	\$0	\$0
2. New Revenues				
a. Medi-Cal (FFP only)	\$132,000			\$132,000
b. Medicare/Patient Fees/Patient Insurance				\$0
c. State General Funds				\$0
d. Other Revenue				<u>\$0</u>
e. Total New Revenue	\$132,000	\$0	\$0	
3. Total Revenues	\$132,000	\$0	\$0	\$132,000
C. One-Time CSS Funding Expenditures				\$0
D. Total Funding Requirements	\$1,200,000	\$0	\$0	\$1,200,000
E. Percent of Total Funding Requirements for Full Service Partnerships				

_	San Diego		Fiscal Year:	FY 07-08
Program Workplan #_	A-2		Date:	11/11/05
Program Workplan Name	Justice Integrated Services and Supported H	lousing	Page:_	161 of 274
Type of Funding_	Full Service Partnership		Months of Operation_	12
Proposed	Total Client Capacity of Program/Service:	111	New Program/Service or Expansion_	New
Ex	isting Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
Client Capacity of P	rogram/Service Expanded through MHSA	111	Telenhone Number	(619) 563-2715

A. Current Existing Positions  30 30 30 30 30 30 30 30 30 30 30 30 30	Classification	Function	Client, FM & CG FTEs <sup>a∕</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
Sociation	A. Current Existing Positions					
So   So   So   So   So   So   So   So						\$0
So   So   So   So   So   So   So   So						
Sociation   Soci						
Sociation   Soci						
Society						
Sociation   Soci						
So   So   So   So   So   So   So   So						
So   So   So   So   So   So   So   So						
B. New Additional Positions Total Current Existing Positions 0.00 0.00  B. New Additional Positions Team Leader						
So   So   So   So   So   So   So   So						
Total Current Existing Positions 0.00 0.00  B. New Additional Positions Team Leader Manages Program/Team 1.00 \$0 Psychiatrist Provides Medication Support and Treatment 0.90 \$0 Mental Health Worker-Master's level Provides Medication Support and Counseling 2.00 \$0 Mental Health Worker-Bachelor's level Provides Mental Health Services 3.00 \$0 Mental Health Worker-Bachelor's level Provides Mental Health Services 3.00 \$0 Program Assistant Provides Support Services 1.00 \$0 Program Assistant Provides Support Services 1.00 \$0 Probation Officer Monitors Probation 1.00 \$0 Substance Abuse Specialist Substance Abuse Counseling 1.00 \$0 Employment Specialist Employment Support \$0.50 \$0  Total New Additional Positions 1.00 \$0 S0						
So   So   So   So   So   So   So   So						
Total Current Existing Positions  B. New Additional Positions  Team Leader Psychiatrist Provides Medication Support and Treatment Psychiatric Nurse Provides Medication Support and Counseling Provides Mental Health Services Provides Medication Support Support Provides Medication Support Sup						
Solution						
B. New Additional Positions Team Leader Manages Program/Team 1.00 \$0 Psychiatrist Provides Medication Support and Treatment 0.90 \$0 Mental Health Worker-Master's level Provides Mental Health Services 3.00 \$0 Mental Health Worker-Bachelor's level Provides Mental Health Services 3.00 \$0 Mental Health Worker-Bachelor's level Provides Mental Health Services 3.00 \$0 Mental Health Officer Rehabilitation and Recovery Support 1.00 \$0 Propara Assistant Provides Support Services 1.00 \$0 Monitors Probation 5.00 \$0 Monitors Probation 1.00 \$0 Substance Abuse Specialist Substance Abuse Counseling 1.00 \$0 Employment Specialist Employment Support 0.50 \$0 Total New Additional Positions 1.00 \$0 So						
Team Leader Manages Program/Team 1.00 \$0 Psychiatrist Provides Medication Support and Treatment 0.90 \$0 Psychiatric Nurse Provides Medication Support and Counseling 2.00 \$0 Mental Health Worker—Master's level Provides Mental Health Services 3.00 \$0 Mental Health Worker—Bachelor's level Provides Mental Health Services 3.00 \$0 Peer Specialist Rehabilitation and Recovery Support 1.00 \$0 Program Assistant Provides Support Services 1.00 \$0 Probation Officer Monitors Probation 1.00 \$0 Substance Abuse Specialist Substance Abuse Counseling 1.00 \$0 Employment Specialist Employment Support 0.50 \$0 *At least 33% of staff will be bilingual.		Total Current Existing Positions	0.00	0.00		
Psychiatrist Provides Medication Support and Treatment Psychiatric Nurse Provides Medication Support and Counseling Provides Medication Support and Counseling Provides Medication Support and Counseling Support S	B. New Additional Positions					
Psychiatric Nurse Provides Medication Support and Counseling 2.00 \$0  Mental Health Worker-Master's level Provides Mental Health Services 3.00 \$0  Mental Health Worker-Bachelor's level Provides Mental Health Services 3.00 \$0  Peer Specialist Rehabilitation and Recovery Support 1.00 \$0  Program Assistant Provides Support Services 1.00 \$0  Probation Officer Monitors Probation 1.00 \$0  Substance Abuse Specialist Substance Abuse Counseling 1.00 \$0  Employment Specialist Employment Support \$0.50 \$0  *At least 33% of staff will be bilingual. \$0  Total New Additional Positions 1.00 13.40 \$0  \$0  \$0  \$0  \$0  \$0  \$0  \$0  \$0  \$0	Team Leader	Manages Program/Team		1.00		\$0
Mental Health Worker-Master's level Provides Mental Health Services 3.00  Mental Health Worker-Bachelor's level Provides Mental Health Services 3.00  Peer Specialist Rehabilitation and Recovery Support 1.00  Program Assistant Probation Officer Monitors Probation 5.0  Substance Abuse Specialist Substance Abuse Counseling 1.00  Employment Specialist Employment Support 5.0  *At least 33% of staff will be bilingual.  *Total New Additional Positions 1.00  \$0  \$0  \$0  \$0  \$0  \$0  \$0  \$0  \$0	Psychiatrist	Provides Medication Support and Treatment		0.90		\$0
Mental Health Worker—Bachelor's level Provides Mental Health Services Rehabilitation and Recovery Support 1.00 \$0  Program Assistant Provides Support Services 1.00 \$0  Probation Officer Monitors Probation Substance Abuse Specialist Substance Abuse Counseling 1.00 \$0  Employment Specialist Employment Support 5.05 \$0  *At least 33% of staff will be bilingual. \$0  Total New Additional Positions 1.00 13.40 \$0	Psychiatric Nurse	Provides Medication Support and Counseling		2.00		\$0
Peer Specialist Rehabilitation and Recovery Support 1.00 \$0 Program Assistant Provides Support Services 1.00 \$0 Probation Officer Monitors Probation 1.00 \$0 Substance Abuse Specialist Substance Abuse Counseling 1.00 \$0 Employment Specialist Employment Support 0.50 \$0 *At least 33% of staff will be bilingual. \$0  Total New Additional Positions 1.00 13.40 \$0	Mental Health WorkerMaster's level	Provides Mental Health Services		3.00		\$0
Program Assistant Provides Support Services 1.00 \$0 Probation Officer Monitors Probation 1.00 \$0 Substance Abuse Specialist Substance Abuse Counseling 1.00 \$0 Employment Specialist Employment Support 0.50 \$0 *At least 33% of staff will be bilingual. \$0  *Total New Additional Positions 1.00 13.40 \$0  **Total New Additional Positions 5.00 \$0  **Total New Additional	Mental Health WorkerBachelor's level	Provides Mental Health Services		3.00		
Probation Officer Monitors Probation 1.00 \$0 Substance Abuse Specialist Substance Abuse Counseling 1.00 \$0 Employment Specialist Employment Support 0.50 \$0 *At least 33% of staff will be bilingual. \$0  Total New Additional Positions 1.00 13.40 \$0	Peer Specialist	Rehabilitation and Recovery Support	1.00			
Substance Abuse Specialist Employment Specialist Employment Support  *At least 33% of staff will be bilingual.  *Total New Additional Positions  \$0  \$0  \$0  \$0  \$0  \$0  \$0  \$0  \$0  \$		1.				
Employment Specialist Employment Support 0.50 \$0  *At least 33% of staff will be bilingual. \$0  \$0  \$0  \$0  \$0  \$0  \$0  \$0  \$0  \$0						
*At least 33% of staff will be bilingual. \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0	· ·	· ·				
\$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$		Employment Support		0.50		
\$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$	At least 33% of staff will be bilingual.					
\$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$						
\$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$						
\$0   Total New Additional Positions   1.00   13.40   \$0   \$0						
Total New Additional Positions 1.00 13.40 \$0						
		Total New Additional Positions	1.00	13.40		
	C. Total Program Positions		1.00	13.40		\$0

County(ies): San Diego Fiscal Year: 2007-08 Page: 162 of 274

Program Workplan #: A-2 Date: 11/11/05

Program Workplan Name: Justice Integrated Services and Supported Housing

Type of Funding: 1. Full Service Partnership New Program/Service of Expansion: New

Line #	<u>Amount</u>	Description / Justification
A.5	\$1,332,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2007 - June 30, 2008.
B.2.a	\$132,000	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population and/or are providing non-billable Medi-Cal services.
D	\$1,200,000	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

**EXHIBIT 4: COMMUNITY SERVICES AND SUPPORTS WORK PLAN SUMMARY** 

EXHIBIT 4: COMMUNITY	SERVICES AND SUPPO	KIS WURK PLAN SUMMP	NK I						
County: San Diego	Fiscal Year: 2005-06,	Program Work Plan Name	e: Clier	nt-Ope	rated F	Peer Su	apport S	3ervice	S
	2006-07, 2007-08								
Program Work Plan #: A-3		Estimated Start Date: April 1, 2006							
1a) Program Description:	Countywide peer education	on, peer advocacy, peer cou	unselo	rs/aide	es, emp	oloyme	nt supp	ort ser	rvices,
skill development classes ar	nd social/recreational acti	vities.							
1b) Priority Population: Pe	rsons age 18 and over w	rith a diagnosis of severe me	ental ill	ness v	vho are	e in nee	ed of re	habilita	ation
and recovery services. Uns	erved and underserved ir	ndividuals are expected to b	e serve	ed thro	ough th	is prog	ram. In	accord	dance
with AB599, veterans are eli	gible for this program.								
			Fι	ınd Ty	ре		Age (	Group	
Describe strategies to be us	ed, Funding Types reque	sted (check all that apply),		Sys					
Age Groups to be served (cl	neck all that apply)	,	FSP	Dev	OE	CY	TAY	Α	OA
1c)				$\boxtimes$				$\boxtimes$	
✓ Staff will be assigned to	each of the County regior	ns to provide a variety of							
individual and group pee	r support services;								
•		sites such as clubhouses,							
•	& Care facilities, commur	•							
✓ Consumer-operated serv							ļ		
		os; expanded networking/							
•	improve linkages and rela						ļ		
✓ Use/develop specific cur	-	-							
l — — — — — — — — — — — — — — — — — — —	ton University's Recovery	•							
ı	ecovery toolkit, and/or otl	her best practices							
approaches.							1		

**2) Proposed Program:** The client-operated peer support services will be provided in clubhouses, outpatient clinics, Board & Care facilities, and other community centers. This will achieve MHSA goals to expand consumer network of supportive relationships, and will provide consumers assistance in a wide variety of areas, including education, employment, benefits management, recreation, housing, and relationships with families, friends and service providers, and alternatives to institutionalization. Services will be provided in both group and individual formats. One time funds are included for training and technical assistance. Six weeks of program start-up funds are included in the budget request.

- **3) Housing/Employment Services:** Support services may include linkage to a variety of supports related to housing or employment.
- **4) Full Service Partnership:** This program is under System Development, not a Full Service Partnership.
- **5) Recovery Goals:** Service delivery by consumers ensures recovery goals are continuously reinforced. Peer support specialists can share their recovery efforts and model the importance of resilience in managing challenges to recovery.
- **6) Expanding Existing Program:** This is a new service.
- 7) Services and Supports provided by Clients and/or Family Members: Client-Operated Peer Support Services will be run by people with client experience, and will provide a cadre of peer support specialists for outreach to clients throughout San Diego County.
- **8) Collaboration Strategies:** This program will collaborate with area clubhouses, but will focus much of its efforts beyond the clubhouses to reach out to sites such as clinics, Board & Care facilities, IMDs and other community centers and with local groups such as the CA. Network of Mental Health Clients, Mental Health Clients for Wellness and Recovery, and NAMI.
- **9/10) Cultural Competence/Ethnic Disparities/Sexual Orientation and Gender Sensitivity:** Cultural competence and sexual orientation and gender sensitivity are required expectations of our current providers and are integrated in our current service delivery system and will be a requirement in all MHSA programs as well. Services will be provided in the languages of the specific community to be served. Interventions to be used will have demonstrated efficacy with populations served. Service providers will possess cultural awareness, knowledge and skills necessary to provide culturally competent services.
- 11) Individuals Residing Out-of-County: Services focused on in-county residents with a SMI diagnosis.
- 12) Strategies not listed in Section IV: All strategies are listed in Section IV.
- 13) Timeline:

Activity	<u>Date</u>
Program manager hired	by April 8, 2006
50% of program staff hired	by May 1, 2006
75% of staff hired	by May 15, 2006
Staff trained	by June 15, 2006
Begin services to clients	by June 15, 2006

	EXHIBIT 5aMental Health Services Act Community Services and Supports Budget Worksheet					
County(ies):	San Diego		Fiscal Year:	2005-06		
Program Workplan #:	A-3		Date:	1 1/1 1/05		
Program Workplan Name:	Client-Operated Peer Support Services		Page:	163 of 274		
Type of Funding:	2. System Development		Months of Operation:	3		
	Proposed Total Client Capacity of Program/Service:	350	New Program/Service or Expansion:	New		
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson		
Clie	ent Capacity of Program/Service Expanded through MHSA:	350	Telephone Number:	(619) 563-2715		

Client Capacity of Program/Service Expanded through MHSA	A:350		Telephone Number:	(619) 563-2715
	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures				
1. Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$0
b. Travel and Transportation				\$0
c. Housing				
i. Master Leases				\$0
ii. Subsidies				\$0
iii. Vouchers				\$0
iv. Other Housing				\$0
d. Employment and Education Supports				\$0
e. Other Support Expenditures (provide description in budget narrative)				\$0
f. Total Support Expenditures	\$0	\$0	\$0	\$0
2. Personnel Expenditures				
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$0
b. New Additional Personnel Expenditures (from Staffing Detail)				\$0
c. Employee Benefits				\$0
d. Total Personnel Expenditures	\$0	\$0	\$0	\$0
3. Operating Expenditures				
a. Professional Services				\$0
b. Translation and Interpreter Services				\$0
c. Travel and Transportation				\$0
d. General Office Expenditures				\$0
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports				\$0
g. Other Operating Expenses (provide description in budget narrative)				\$0
h. Total Operating Expenditures	\$0	\$0	\$0	\$0
4. Program Management				
a. Existing Program Management				\$0
b. New Program Management				\$0
c. Total Program Management		\$0	\$0	\$0
5. Estimated Total Expenditures when service provider is not known	\$105,000			\$105,000
6. Total Proposed Program Budget	\$105,000	\$0	\$0	\$105,000
B. Revenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. Realignment				\$0
d. State General Funds				\$0
e. County Funds				\$0
f. Grants				
g. Other Revenue				\$0
h. Total Existing Revenues	\$0	\$0	\$0	\$0
2. New Revenues		•	•	
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. State General Funds				\$0
d. Other Revenue				\$0
e. Total New Revenue	\$0	\$0	\$0	\$0
3. Total Revenues	\$0	\$0 \$0	\$0 \$0	\$0 \$0
	\$116,082	ФО	Φ0	
C. One-Time CSS Funding Expenditures				\$116,082
D. Total Funding Requirements	\$221,082	\$0	\$0	\$221,082
E. Percent of Total Funding Requirements for Full Service Partnerships				

County(ies):	San Diego		Fiscal Year:	2005-06
Program Workplan #	A-3		Date:	11/11/05
Program Workplan Name	Client-Operated Peer Support Services		Page:	164 of 274
Type of Funding	2. System Development		Months of Operation	3
Proposed To	tal Client Capacity of Program/Service:	350	New Program/Service or Expansion	New
Existi	ng Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
Client Canacity of Progr	ram/Service Evpanded through MHSA:	350	Telephone Number	(619) 563_2715

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 <u>\$0</u>
	Total Current Existing Positions	0.00	0.00		\$0 \$0
B. New Additional Positions	3				
Team Leader	Manages Program and Staff	0.13			60
Peer Specialist-Bachelor's level	Peer Education and Support	0.13			\$0 \$0
Peer Specialist-Bachelor's level	Peer Education and Support	1.25			\$0
Clerical & Other Support Staff	Provides Clerical Support	0.13			\$0
					\$0
*At least 33% of staff will be bilingual.					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					<u>\$0</u>
	Total New Additional Positions	1.75	0.00		\$0
C. Total Program Positions		1.75	0.00		\$0

County(ies): San Diego Fiscal Year: 2005-06 Page: 165 of 274

Program Workplan #: A-3 Mental Health Services Act CSS Budget Narrative Date: 11/11/05

Program Workplan Name: Client-Operated Peer Support Services

Type of Funding: 2. System Development New Program/Service of Expansion: New

Line #	<u>Amount</u>	Description / Justification
A.5	\$105,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 3 months beginning April 1, 2006 - June 30, 2006.
B.2.a	\$0	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population and/or are providing non-billable Medi-Cal services.
С	\$116,082	One-Time CSS Funding Expenditures are the sum of the following:
	\$92,082	One-time CSS funding for start-up and implementation expenditures for this program are equivalent to 6 weeks of service operations. Start-up funds are budgeted to purchase equipment such as vehicle/s, computer hardware, software, cell phones, copier, fax, furniture and other office equipment and transportation for clients (if needed). Additionally, these funds may be used to secure or expand office space including possible leasehold improvements. Implementation funds are also needed for program staff to recruit, hire, and train personnel and will be used to develop initial program outreach strategies to get this program up and running. These start-up costs will be expended in the fourth quarter of FY 05-06 between April 1, 2006 - June 30,2006.
	\$24,000	One-time CSS funding for training to include client-operated services technical assistance, Deegan's Intentional Care Guidelines, Copeland's WRAP, and Psychosocial Rehabilitation (PSR) training and materials."
D	\$221,082	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

County	ies): San Diego		Fiscal Year:	2006-07
Program Workpla	an #: A-3		Date:	11/11/05
Program Workplan Na	ame: Client-Operated Peer Support Services		Page:	166 of 274
Type of Fund	ing: 2. System Development		Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:	1,400	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
	Client Capacity of Program/Service Expanded through MHSA:	1,400	Telephone Number:	(619) 563-2715

Client Capacity of Program/Service Expanded through MHSA	.:1,400		rereprione Number.	(619) 563-2715
	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
Expenditures				
1. Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$
b. Travel and Transportation				\$
c. Housing				
i. Master Leases				\$
ii. Subsidies				\$
iii. Vouchers				\$
iv. Other Housing				
d. Employment and Education Supports				4
e. Other Support Expenditures (provide description in budget narrative)				4
f. Total Support Expenditures	\$0	\$0	\$0	
2. Personnel Expenditures				
a. Current Existing Personnel Expenditures (from Staffing Detail)				4
b. New Additional Personnel Expenditures (from Staffing Detail)				
c. Employee Benefits				4
d. Total Personnel Expenditures	\$0	\$0	\$0	-
3. Operating Expenditures				
a. Professional Services				
b. Translation and Interpreter Services				
c. Travel and Transportation				
d. General Office Expenditures				
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports				
g. Other Operating Expenses (provide description in budget namative)				
h. Total Operating Expenditures	\$0	\$0	\$0	
4. Program Management	**	**		
a. Existing Program Management				
b. New Program Management				
c. Total Program Management		\$0	\$0	
Estimated Total Expenditures when service provider is not known	\$420,000	•		\$420,01
6. Total Proposed Program Budget	\$420,000	\$0	\$0	\$420,00
Revenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				
b. Medicare/Patient Fees/Patient Insurance				
c. Realignment				
9				
d. State General Funds				
d. State General Funds				
e. County Funds				:
e. County Funds f. Grants				
e. County Funds f. Grants g. Other Revenue	<b>40</b>	¢n.	¢n.	:
e. County Funds f. Grants g. Other Revenue h. Total Existing Revenues	\$0	\$0	\$0	:
e. County Funds f. Grants g. Other Revenue h. Total Existing Revenues 2. New Revenues	\$0	\$0	\$0	;
e. County Funds f. Grants g. Other Revenue h. Total Existing Revenues  2. New Revenues a. Medi-Cal (FFP only)	\$0	\$0	\$0	:
e. County Funds f. Grants g. Other Revenue h. Total Existing Revenues  2. New Revenues a. Medi-Cal (FFP only) b. Medicare/Patient Fees/Patient Insurance	\$0	\$0	\$0	:
e. County Funds f. Grants g. Other Revenue h. Total Existing Revenues  2. New Revenues a. Medi-Cal (FFP only) b. Medicare/Patient Fees/Patient Insurance c. State General Funds	\$0	\$0	\$0	:
e. County Funds f. Grants g. Other Revenue h. Total Existing Revenues  2. New Revenues a. Medi-Cal (FFP only) b. Medicare/Patient Fees/Patient Insurance c. State General Funds d. Other Revenue				:
e. County Funds f. Grants g. Other Revenue h. Total Existing Revenues  2. New Revenues a. Medi-Cal (FFP only) b. Medicare/Patient Fees/Patient Insurance c. State General Funds d. Other Revenue e. Total New Revenue	\$0	\$0	\$0	\$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$
e. County Funds f. Grants g. Other Revenue h. Total Existing Revenues  2. New Revenues a. Medi-Cal (FFP only) b. Medicare/Patient Fees/Patient Insurance c. State General Funds d. Other Revenue e. Total New Revenue  3. Total Revenues				\$ \$ \$ \$ \$
e. County Funds f. Grants g. Other Revenue h. Total Existing Revenues  2. New Revenues a. Medi-Cal (FFP only) b. Medicare/Patient Fees/Patient Insurance c. State General Funds d. Other Revenue e. Total New Revenue	\$0	\$0	\$0	\$420,00

County(ies):	San Diego		Fiscal Year:	FY 06-07
Program Workplan #_	A-3		Date:_	11/11/05
Program Workplan Name	Client-Operated Peer Support Services		Page:_	167 of 274
Type of Funding	2. System Development		Months of Operation	12
Proposed Tot	al Client Capacity of Program/Service: _	1,400	New Program/Service or Expansion _	New
Existir	ng Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
Client Capacity of Progr	am/Service Expanded through MHSA: _	1,400	Telephone Number:	(619) 563-2715

Classification	Function	Client, FM &	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 <u>\$0</u>
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
	Manages Program and Staff	0.50			\$0
l .	Peer Education and Support	1.00			\$0
Peer SpecialistBachelor's level	Peer Education and Support	5.00			\$0
Clerical & Other Support Staff	Provides Clerical Support	0.50			\$0
					\$0
*At least 33% of staff will be bilingual.					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
	Tatal Name Adaltican al Paritira				<u>\$0</u>
	Total New Additional Positions	7.00	0.00		\$0
C. Total Program Positions		7.00	0.00		\$0

County(ies): San Diego Fiscal Year: 2006-07 Page: 168 of 274

Program Workplan #: A-3 Mental Health Services Act CSS Budget Narrative Date: 11/11/05

Program Workplan Name: Client-Operated Peer Support Services

Type of Funding: 2. System Development New Program/Service of Expansion: New

<u>Line #</u>	<u>Amount</u>	<u>Description / Justification</u>
A.5	\$420,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2006 - June 30, 2007.
B.2.a	\$0	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population and/or are providing non-billable Medi-Cal services.
D	\$420,000	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

	EXHIBIT 5aMental Health Services Act Community	/ Services and	Supports Budget Worksheet	
County	ies):San Diego		Fiscal Year:	2007-08
Program Workpl	en #:		Date:	11/11/05
Program Workplan Na	ame: Client-Operated Peer Support Services		Page:	169 of 274
Type of Fund	ing: 2. System Development		Months of Operation:	12
	Proposed Total Client Capacity of Program/Service: _	1,400	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service: _	0	Prepared by:	Michelle Peterson
	Client Capacity of Program/Service Expanded through MHSA: _	1,400	Telephone Number:	(619) 563-2715

	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
. Expenditures				
Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$0
b. Travel and Transportation				\$0
c. Housing				Ψ
i. Master Leases				\$0
ii. Subsidies				\$0
iii. Vouchers				\$0
iv. Other Housing				\$( \$(
d. Employment and Education Supports				\$1
· · ·				
e. Other Support Expenditures (provide description in budget narrative)	φ0	đo.	<b>*</b> 0	<u>\$</u> 1
f. Total Support Expenditures	\$0	\$0	\$0	301
2. Personnel Expenditures				
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$1
b. New Additional Personnel Expenditures (from Staffing Detail)				\$
c. Employee Benefits				\$1
d. Total Personnel Expenditures	\$0	\$0	\$0	\$1
3. Operating Expenditures				
a. Professional Services				\$1
b. Translation and Interpreter Services				\$1
c. Travel and Transportation				\$
d. General Office Expenditures				\$
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports				\$1
g. Other Operating Expenses (provide description in budget narrative)				\$1
h. Total Operating Expenditures	\$0	\$0	\$0	\$1
4. Program Management				
a. Existing Program Management				\$1
b. New Program Management				<u>\$</u> 1
c. Total Program Management		\$0	\$0	\$1
5. Estimated Total Expenditures when service provider is not known	\$420,000			\$420,000
6. Total Proposed Program Budget	\$420,000	\$0	\$0	\$420,000
3. Revenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				\$
b. Medicare/Patient Fees/Patient Insurance				\$
c. Realignment				\$
d. State General Funds				\$
e. County Funds				\$
f. Grants				
g. Other Revenue				\$
h. Total Existing Revenues	\$0	\$0	\$0	\$
2. New Revenues				
4. ITEM INCYCLUES				\$
				\$
a. Medi-Cal (FFP only)				
a. Medi-Cal (FFP only)     b. Medicare/Patient Fees/Patient Insurance				4:
a. Medi-Cal (FFP only) b. Medicare/Patient Fees/Patient Insurance c. State General Funds				
a. Medi-Cal (FFP only) b. Medicare/Patient Fees/Patient Insurance c. State General Funds d. Other Revenue	¢n.	Φn	φn.	\$
a. Medi-Cal (FFP only) b. Medicare/Patient Fees/Patient Insurance c. State General Funds d. Other Revenue e. Total New Revenue	\$0 \$0	\$0 \$n		<u>\$</u> \$
a. Medi-Cal (FFP only)     b. Medicare/Patient Fees/Patient Insurance     c. State General Funds     d. Other Revenue     e. Total New Revenue  3. Total Revenues	\$0	\$0 \$0		<u>\$</u> \$ \$
a. Medi-Cal (FFP only) b. Medicare/Patient Fees/Patient Insurance c. State General Funds d. Other Revenue e. Total New Revenue			\$0	\$ \$ \$ \$

County(ies):	San Diego		Fiscal Year:_	FY 07-08
Program Workplan #	A-3		Date:_	11/11/05
Program Workplan Name	Client-Operated Peer Support Services		Page:_	170 of 274
Type of Funding	2. System Development		Months of Operation_	12
Proposed Tot	al Client Capacity of Program/Service: _	1,400	New Program/Service or Expansion _	New
Existin	g Client Capacity of Program/Service: _	0	Prepared by:_	Michelle Peterson
Client Capacity of Progr	am/Service Expanded through MHSA: _	1,400	Telephone Number: _	(619) 563-2715

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					<u>\$0</u>
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
Team Leader	Manages Program and Staff	0.50			\$0
Peer SpecialistBachelor's level	Peer Education and Support	1.00			\$0
Peer Specialist-Bachelor's level Clerical & Other Support Staff	Peer Education and Support Provides Clerical Support	5.00 0.50			\$0 \$0
Cionedi a Caron Capport Stan	Tovides element support	0.50			\$0
*At least 33% of staff will be bilingual.					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0 \$0
	Total New Additional Positions	7.00	0.00		\$0
C. Total Program Positions		7.00	0.00		\$0

County(ies): San Diego Fiscal Year: 2007-08 Page: 171 of 274

Program Workplan #: A-3 Mental Health Services Act CSS Budget Narrative Date: 11/11/05

Program Workplan Name: Client-Operated Peer Support Services

Type of Funding: 2. System Development New Program/Service of Expansion: New

<u>Line #</u>	<u>Amount</u>	Description / Justification					
A.5	\$420,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2007 - June 30, 2008.					
B.2.a	\$0	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population and/or are providing non-billable Medi-Cal services.					
D	\$420,000	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.					

**EXHIBIT 4: COMMUNITY SERVICES AND SUPPORTS WORK PLAN SUMMARY** 

EXIDENT 4. COMMONITY	JERVIOLO AND OUT I C	TITLE WORKE LANGUIN	ואואו									
County: San Diego	Fiscal Year: 2005-06, 2006-07, 2007-08	Program Work Plan Name: Family Education Services										
Program Work Plan #: A-4	,	Estimated Start Date: April 1, 2006										
1a) Program Description:	ss, stigma reduction and resources to											
improve access to care. Family education curriculum to be provided in English and Spanish and, when developed, in												
Vietnamese and Arabic.												
<b>1b) Priority Population:</b> Family members of persons with a severe mental illness, with an immediate focus on Spanish-												
speaking families. In accordance with AB599, veteran's families are eligible for this program.												
					1d) Fund Type			1d) Age Group				
Describe strategies to be us		Sys										
apply), Age Groups to be se	FSP	Dev	OE	CY	TAY	Α	OA					
1c)								$\boxtimes$				
✓ The program will utilize a				i		}						
✓ Partnership with NAMI to												
throughout our system o				i		}						
✓ Provision of classes in be				i		}						
✓ Work with provider to develop culturally competent curriculum in						i		}				
Vietnamese and Arabic, so that future classes will be available to these						i		}				
families;						i		}				
✓ Active outreach to families by providers, clients and other family members						i		}				
to promote attendance a	t these classes, through	publicity and word-of-										
mouth;						i		}				
		her different or additional										
family education services						i		}				
✓ Provider will coordinate a												
•	n class series, open to all	i tamily and friends of										
persons diagnosed with	scnizonnrenia				1	1	1	1 '	4			

2) Proposed Program: The program will provide a series of educational classes using an established family education curriculum to provide education and support for families who have relatives with mental illness. This course, taught by family members, increases family members' coping skills and supports increased involvement and partnership with the

mental health system to support their loved one and promote networks of supportive relationships. It is expected that approximately 20 people will sign up for each class series, and that approximately 12 of these people will complete the week series. Therefore, the program is expected to serve 240 people/year who complete the class series. This program advances the MHSA goals by being family-driven and promoting a network of supportive relationships. Six weeks of program start-up funds are included in the budget request.

- 3) Housing/Employment Services: The program will make referrals for housing and employment as needed.
- **4) Full Service Partnership:** This program is under System Development, not a Full Service Partnership.
- **5) Recovery Goals:** Family support and involvement is a critical component of recovery for many people. This program provides education and support that is built around goals/tools to help family members become better able to understand, cope with and respond to issues that arise due to a loved one's mental illness, and thereby promotes the natural supports of family with a focus on recovery and resiliency.
- 6) Expanding Existing Program: TBD
- 7) Services and Supports provided by Clients and/or Family Members: This is a family-run program; all trainers and participants are family members. An intensive 'train-the-trainer' component is included to support those family members willing to become volunteer trainers. Clients are expected to help with outreach.
- **8) Collaboration Strategies:** The success of this program will depend on strong collaboration with the San Diego Alliance for the Mentally III and other consumer/family groups and organizations such as clubhouses. The family education program builds collaboration between mental health services and families, helping family members learn how to navigate, advocate and become partners with the service system. These relationships improve individual and system outcomes.
- 9/10) Cultural Competence/Ethnic Disparities/Sexual Orientation and Gender Sensitivity: Cultural competence and sexual orientation and gender sensitivity are required expectations of our current providers and are integrated in our current service delivery system and will be a requirement in all MHSA programs as well. Services will be provided in the languages of the specific community to be served. Interventions to be used will have demonstrated efficacy with populations served. Service providers will possess cultural awareness, knowledge and skills necessary to provide culturally competent services.

- 11) Individuals Residing Out-of-County: These classes would be available to all San Diego County residents.
- 12) Strategies not listed in Section IV: All strategies are listed in Section IV.

# 13) Timeline:

<u>Activity</u>	<u>Date</u>
Program coordinator hired	by April 8, 2006
Volunteer corps recruited and trained	by June 15, 2006
Program services start	by June 22, 2006

County(ies):	San Diego		Fiscal Year:	2005-06
Program Workplan #:	A-4		Date:	11/11/05
Program Workplan Name:	Family Education Services		Page:	172 of 274
Type of Funding:	2. System Development		Months of Operation:	3
	Proposed Total Client Capacity of Program/Service:_	60	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:_	0	Prepared by:	Michelle Peterson
Clien	t Capacity of Program/Service Expanded through MHSA:_	60		(619) 563-2715

	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
. Expenditures				
Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$
b. Travel and Transportation				
c. Housing				· ·
d. Employment and Education Supports				
e. Other Support Expenditures (provide description in budget narrative)				9
f. Total Support Expenditures	\$0	\$0	\$0	
2. Personnel Expenditures				
a. Current Existing Personnel Expenditures (from Staffing Detail)				
b. New Additional Personnel Expenditures (from Staffing Detail)				
c. Employee Benefits				
d. Total Personnel Expenditures	\$0	\$0	\$0	· ·
3. Operating Expenditures		Ψυ	ΨΟ	
a. Professional Services				
b. Translation and Interpreter Services				
c. Travel and Transportation				
d. General Office Expenditures				
e. Rent, Utilities and Equipment				`
f. Medication and Medical Supports				,
g. Other Operating Expenses (provide description in budget narrative)	\$0	\$0	\$0	9
h. Total Operating Expenditures	φυ.	φυ	φυ	
4. Program Management				
a. Existing Program Management				\$
b. New Program Management		40	40	2
c. Total Program Management	A47.500	\$0	\$0	\$
Estimated Total Expenditures when service provider is not known	\$17,500	٨٥	^^	\$17,50
6. Total Proposed Program Budget	\$17,500	\$0	\$0	\$17,50
s. Revenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				
b. Medicare/Patient Fees/Patient Insurance				
c. Realignment				
d. State General Funds				
e. County Funds				
f. Grants				
g. Other Revenue				
h. Total Existing Revenues	\$0	\$0	\$0	
2. New Revenues				
a. Medi-Cal (FFP only)				
b. Medicare/Patient Fees/Patient Insurance				
c. State General Funds				
d. Other Revenue				
e. Total New Revenue	\$0	\$0	\$0	
3. Total Revenues	\$0	\$0	\$0	
:. One-Time CSS Funding Expenditures	\$8,077			\$8,0
). Total Funding Requirements	\$25,577	\$0	\$0	\$25,5
. Percent of Total Funding Requirements for Full Service Partnerships	,==,=::			,_==,=

2005-06	Fiscal Year:		San Diego	County(ies):
11/11/05	Date:		A-4	Program Workplan #
173 of 274	Page:		Family Education Services	Program Workplan Name
3	Months of Operation		2. System Development	Type of Funding
New	New Program/Service or Expansion	60	al Client Capacity of Program/Service:	Proposed Tota
Michelle Peterson	Prepared by:	0	g Client Capacity of Program/Service:	Existing
(619) 563-2715	Telephone Number:	60	am/Service Expanded through MHSA:	Client Canacity of Progra

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0 \$0
					\$0
					\$0 \$0
					\$0
					\$0 \$0
					\$0 \$0
					\$0
					\$0 \$0
					\$0
					\$0 <u>\$0</u>
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions	Coordinates training and alconom	0.10			
Coordinator	Coordinates training and classes	0.10			\$0 \$0
					\$0 \$0
					\$0
					\$0 \$0
					\$0
					\$0 \$0
					\$0
					\$0 \$0
					\$0
					\$0 <u>\$0</u>
	Total New Additional Positions	0.10	0.00		\$0
C. Total Program Positions		0.10	0.00		\$0

County(ies): San Diego Fiscal Year: 2005-06 Page: 174 of 274
Program Workplan #: A-4 Date: 11/11/05

Program Workplan Name: Family Education Services

Line#	<u>Amount</u>	Description / Justification
A.5	\$17,500	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. The budget will provide for a part-time Coordinator, funds for translation of curriculum, training of volunteer trainers and coordination of family education classes. This budget is for 3 months beginning April 1, 2006 - June 30, 2006.
B.2.a	\$0	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population and/or are providing non-billable Medi-Cal services.
С	\$8,077	One-Time CSS Funding Expenditures are the sum of the following:
	\$8,077	One-time CSS funding for start-up and implementation expenditures for this program are equivalent to 6 weeks of service operations. Start-up funds are budgeted to purchase equipment such as computer hardware, software, cell phones, copier, fax, furniture and other office equipment. Additionally, these funds may be used to secure or expand office space. Implementation funds are also needed for program staff to recruit, hire, and train volunteers and will be used to develop program outreach strategies to support this program. These start-up costs will be expended in the fourth quarter of FY 05-06 between April 1, 2006 - June 30,2006.
D	\$25,577	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

County(ies)	: San Diego		Fiscal Year:	2006-07
Program Workplan ≉	t: A-4		Date:	11/11/05
Program Workplan Name	: Family Education Services		Page:	175 of 274
Type of Funding	2. System Development		Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:	240	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
Client	Capacity of Program/Service Expanded through MHSA:	240	Telephone Number:	(619) 563-2715

Client Capacity of Program/Service Expanded Infough MHSA	: 240		releprione Number:	(619) 563-2115	
	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total	
A. Expenditures					
Client, Family Member and Caregiver Support Expenditures					
a. Clothing, Food and Hygiene				\$0	
b. Travel and Transportation				\$0	
c. Housing					
d. Employment and Education Supports				\$0	
e. Other Support Expenditures (provide description in budget narrative)				\$0	
f. Total Support Expenditures	\$0	\$0	\$0	\$0	
2. Personnel Expenditures		***************************************			
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$0	
b. New Additional Personnel Expenditures (from Staffing Detail)				\$0	
c. Employee Benefits				\$0	
d. Total Personnel Expenditures	\$0	\$0	\$0	\$0	
3. Operating Expenditures		¥°	*~		
a. Professional Services				\$0	
b. Translation and Interpreter Services				\$0	
c. Travel and Transportation				\$(	
d. General Office Expenditures				\$(	
e. Rent, Utilities and Equipment				Φ	
f. Medication and Medical Supports				¢r.	
				\$0	
g. Other Operating Expenses (provide description in budget narrative)	, And	#0	dr.o.	<u>\$(</u> \$(	
h. Total Operating Expenditures	\$0	\$0	\$0	\$1	
4. Program Management				r.	
a. Existing Program Management				\$0	
b. New Program Management		¢0	r.o.	<u>\$0</u>	
c. Total Program Management	#70.000	\$0	\$0	\$(	
Estimated Total Expenditures when service provider is not known     Contail Proposed Program Budget	\$70,000 \$ <b>70,000</b>	\$0	\$0	\$70,000 \$ <b>70,00</b> 0	
	\$70,000	\$0	\$0	\$10,000	
B. Revenues					
1. Existing Revenues				400	
a. Medi-Cal (FFP only)				\$0	
b. Medicare/Patient Fees/Patient Insurance				\$(	
c. Realignment				\$(	
d. State General Funds				\$(	
e. County Funds				\$(	
f. Grants					
g. Other Revenue				<u>\$0</u>	
h. Total Existing Revenues	\$0	\$0	\$0	\$0	
2. New Revenues					
a. Medi-Cal (FFP only)				\$0	
b. Medicare/Patient Fees/Patient Insurance				\$0	
c. State General Funds				\$0	
d. Other Revenue				\$0	
e. Total New Revenue	\$0	\$0	\$0	\$0	
3. Total Revenues	\$0	\$0	\$0	\$0	
C. One-Time CSS Funding Expenditures				\$0	
D. Total Funding Requirements	\$70,000	\$0	\$0	\$70,000	

FY 06-07	Fiscal Year:		San Diego	County(ies):
11/11/05	Date:		A-4	Program Workplan #
176 of 274	Page:		Family Education Services	Program Workplan Name
12	Months of Operation_		2. System Development	Type of Funding
New	New Program/Service or Expansion_	240	al Client Capacity of Program/Service:	Proposed Tota
Michelle Peterson	Prepared by:	0	g Client Capacity of Program/Service:	Existing
(619) 563-2715	Telenhone Number	240	am/Service Expanded through MHSA:	Client Canacity of Progra

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					<u>\$0</u>
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
Coordinator	Coordinates training and classes	0.40			\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
	Total New Additional Positions	0.40	0.00		<u>\$0</u> \$0
	Total New Additional 1 03100113				
C. Total Program Positions		0.40	0.00		\$0

County(ies): San Diego Fiscal Year: 2006-07 Page: 177 of 274
Program Workplan #: A-4 Date: 11/11/05

Program Workplan Name: Family Education Services

Line#	<u>Amount</u>	<u>Description / Justification</u>
A.5	\$70,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. The budget will provide for a part-time Coordinator, funds for translation of curriculum, training of volunteer trainers and coordination of family education classes. This budget is for 12 months beginning July 1, 2006 - June 30, 2007.
B.2.a	\$0	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population and/or are providing non-billable Medi-Cal services.
D	\$70,000	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

County(ies):	San Diego		Fiscal Year:	2007-08
Program Workplan #:	A-4		Date:	11/11/05
Program Workplan Name:	Family Education Services		Page:	178 of 274
Type of Funding:	2. System Development		Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:	240	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Petersor
Client C	apacity of Program/Service Expanded through MHSA:	240	Telephone Number:	(619) 563-2715

Client Capacity of Program/Service Expanded through MHSA	:240		Telephone Number:	(619) 563-2715
	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures				
1. Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$0
b. Travel and Transportation				\$0
c. Housing				
d. Employment and Education Supports				\$0
e. Other Support Expenditures (provide description in budget narrative)				<u>\$0</u>
f. Total Support Expenditures	\$0	\$0	\$0	\$0
2. Personnel Expenditures				
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$C
b. New Additional Personnel Expenditures (from Staffing Detail)				\$0
c. Employee Benefits				<u>\$0</u>
d. Total Personnel Expenditures	\$0	\$0	\$0	\$0
3. Operating Expenditures				
a. Professional Services				\$C
b. Translation and Interpreter Services				\$C
c. Travel and Transportation				\$0
d. General Office Expenditures				\$C
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports				\$0
g. Other Operating Expenses (provide description in budget narrative)				\$0
h. Total Operating Expenditures	\$0	\$0	\$0	\$0
4. Program Management			i	
a. Existing Program Management				\$0
b. New Program Management				\$0
c. Total Program Management		\$0	\$0	\$0
5. Estimated Total Expenditures when service provider is not known	\$70,000			\$70,000
6. Total Proposed Program Budget	\$70,000	\$0	\$0	\$70,000
B. Revenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. Realignment				\$0
d. State General Funds				\$0
e. County Funds				\$0
f. Grants				
g. Other Revenue				\$0
h. Total Existing Revenues	\$0	\$0	\$0	\$0
2. New Revenues		• -	• -	
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. State General Funds				\$0
d. Other Revenue				\$0
e. Total New Revenue	\$0	\$0	\$0	\$0
3. Total Revenues	\$0	\$0	\$0	\$0
C. One-Time CSS Funding Expenditures	1	40	Ψ0	\$0
D. Total Funding Requirements	\$70,000	\$0	\$0	
	\$10,000	***	. 40	ψ/ U,000
E. Percent of Total Funding Requirements for Full Service Partnerships				

FY 07-08	Fiscal Year:		San Diego	County(ies):
11/11/05	Date:		A-4	Program Workplan #
179 of 274	Page:		Family Education Services	Program Workplan Name
12	Months of Operation		2. System Development	Type of Funding
New	New Program/Service or Expansion	240	tal Client Capacity of Program/Service:	Proposed To
Michelle Petersor	Prepared by:	0	ng Client Capacity of Program/Service:	Existir
#RFF	Telephone Number	240	ram/Service Expanded through MHSA:	Client Canacity of Progr

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
	Water				\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					<u>\$0</u>
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
Coordinator	Coordinates training and classes	0.40			\$0
	3				\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					<u>\$0</u>
	Total New Additional Positions	0.40	0.00		\$0
C. Total Program Positions		0.40	0.00		\$0

County(ies): San Diego Fiscal Year: 2007-08 Page: 180 of 274
Program Workplan #: A-4 Date: 11/11/05

Program Workplan Name: Family Education Services

Line#	<u>Amount</u>	Description / Justification
A.5	\$70,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. The budget will provide for a part-time Coordinator, funds for translation of curriculum, training of volunteer trainers and coordination of family education classes. This budget is for 12 months beginning July 1, 2007 - June 30, 2008.
B.2.a	\$0	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population and/or are providing non-billable Medi-Cal services.
D	\$70,000	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

**EXHIBIT 4: COMMUNITY SERVICES AND SUPPORTS WORK PLAN SUMMARY** 

County: San Diego	Fiscal Year: 2005-06,		Program Work Plan Name: Clubhouse Enhance and Expand with				and Ev	hand	with
County: San Diego	2006-07, 2007-08	Employment							
Program Work Plan #: A-5	2000-07, 2007-00	Estimated Start Date: Ap	ril 1 2	റ്റെ					
1a) Program Description	. I Clubbouse Enhar				tv fo	r coo	ial and	d con	omunity.
rehabilitation activities for un									irriuriity
		rices: Provides underser							lte with
employment screening, job					•	•	III (SIVI	i) auu	ito with
<b>1b) Priority Population:</b> Ur					_		cly bay	n hoo	n
unable to work, lacked motiv									
accordance with AB599, vet			ig inen	30018	li allu	vocai	ioriai si	XIII SCI	S. III
accordance with AB399, ver	terans are engine for this	s program.	4 4 \ [	Tund T	Tvro o	1	1 d) \ \ \	o Cro	
Describe etrotogica to be un	and Funding Tunes requi	antod (abank all that	ia) i	Fund T	ype		<b>1d)</b> Ag	e Gio	up
Describe strategies to be us		•	FSP	Sys	<b>○</b> E	CV	TAY	_	$\bigcirc$
apply), Age Groups to be se	rved (check all that appr	<u> </u>	FSP	Dev	OE	CY	IAY	A	OA
1c)		mate al Clubb acces						$\boxtimes$	Ш
✓ I. A: Clubhouse Enhance	•								
	pportunities for social reha								
	n array of meaningful peo Imunity activities such as								
	utings, and self-help advo	•							
✓ I. B: Clubhouse Enhance									
	gage in volunteer, social r								
community activities;	age in volunteer, social i	renabilitation and							
1	ion for Employment Serv	ices: The member-							
✓ II. A: Clubhouse Expansion for Employment Services: The member-									
operated Clubhouse program will provide employment screening and job placement through onsite and/or offsite volunteer and/or paid vocational									
opportunities, e.g. in the areas of clerical, building maintenance, retail,									
food preparation, etc. The program will also provide ongoing job supports									
via activities within a network of supportive relationships of peer staff,									
members who are employed and others who are seeking employment, and will provide benefits counseling;			1	1					

- ✓ II.B: Peer Employment Specialists will assist and support members to engage in paid vocational activities annually;
   ✓ Some Clubhouse programs will be ICCD certified and will follow the 36 standards of practice from the International Center for Clubhouse Development; all remaining clubhouse programs may employ many ICCD standards along with engagement strategies.
- 2) Proposed Program: The program proposes to augment the budgets of existing area Clubhouse programs to increase capacity for social rehabilitative and employment/ pre-employment activities. Specific training expenses are included for the first year from one-time funds. This increased capacity to underserved SMI adults will advance MHSA goals of employment, vocational training, education, social and community activities, meaningful use of time and capabilities, and provide a network of supportive relationships with other members, peer staff and community members. Six weeks of program start-up funds are also included in the budget request.
- **3) Housing and Employment Services:** Employment services will include employment screening, vocational training, job supports and job placement. Temporary and transitional employment positions will be identified off site, and/or developed and provided on site for members. Job supports may include job coaching and job clubs, and pre-employment activities. Housing linkages will be made as necessary.
- 4) Full Service Partnership: This program is funded under System Development, not a Full Service Partnership.
- **5) Recovery Goals:** Recovery goals to be achieved through increased education and employment, and skill development in volunteer, social and recreational activities. Annual Clubhouse survey to measure increased self-sufficiency and empowerment. Clubhouse newsletter will document members' community outreach, mutually shared Clubhouse activities and educational and employment adventures and successes.
- **6) Expanding Existing Programs:** Existing Clubhouse Programs will be expanded under the proposed plan to increase vocational, social, recreational services capacity for additional underserved SMI adults. The Clubhouses will outreach SMI members who are homeless, monolingual Asian-Americans/Pacific Islanders and Spanish-speaking members and other SMI members.

- 7) Services and Supports provided by Clients and/or Family Members: The Clubhouse program expanded services and supports will be provided exclusively by clients and/or family members.
- **8) Collaboration Strategies:** The Clubhouse programs will collaborate with local institutions, businesses and companies to identify volunteer opportunities and paid employment positions for their members. Successful collaboration with companies such as the City of San Diego City Works program, TJ Maxx, PetCo Park, and the San Diego SHARE program, for example, will expand volunteer and employment opportunities for Clubhouse members.
- **9/10) Cultural Competence/Ethnic Disparities/Sexual Orientation and Gender Sensitivity:** Cultural competence and sexual orientation and gender sensitivity are required expectations of our current County-funded programs, and will be a requirement in all MHSA programs as well. Staff will possess cultural awareness, knowledge and skills necessary to provide culturally competent services.
- 11) Individuals residing Out-of-County: This program will be focused on in-county residents.
- 12) Strategies not listed in Section IV: All strategies are listed in Section IV.

## 13) Timeline:

D (
<u>Date</u>
By May 1, 2006
By May 15, 2006
Through June 1, 2006
June 1, 2006
By June 15, 2006

County(ies):	San Diego	Fiscal Year:	2005-06
Program Workplan #:	A-5	Date:	11/11/05
Program Workplan Name:	Clubhouse Enhance and Expand with Employment	Page:	181 of 274
Type of Funding:	2. System Development	Months of Operation:	3
	Proposed Total Client Capacity of Program/Service:	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	Prepared by:	Michelle Peterson
Client C	apacity of Program/Service Expanded through MHSA:	Telephone Number:	(619) 563-2715

Client Capacity of Program/Service Expanded Inrough MHSA:		relephone Number:	(013) 000-2710
	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures			
Client, Family Member and Caregiver Support Expenditures			
a. Clothing, Food and Hygiene			\$0
b. Travel and Transportation			\$0
c. Housing			
d. Employment and Education Supports			\$0
e. Other Support Expenditures (provide description in budget narrative)			\$0
f. Total Support Expenditures	\$0	\$0	\$0
2. Personnel Expenditures			
a. Current Existing Personnel Expenditures (from Staffing Detail)			\$0
b. New Additional Personnel Expenditures (from Staffing Detail)			\$0
c. Employee Benefits			<u>\$0</u>
d. Total Personnel Expenditures	\$0	\$0	\$0
3. Operating Expenditures			
a. Professional Services			\$0
b. Translation and Interpreter Services			\$0
c. Travel and Transportation			\$0
d. General Office Expenditures			\$0
e. Rent, Utilities and Equipment			
f. Medication and Medical Supports			\$0
g. Other Operating Expenses (provide description in budget narrative)			\$0
h. Total Operating Expenditures	\$0	\$0	\$0
4. Program Management			
a. Existing Program Management			\$0
b. New Program Management			\$0
c. Total Program Management	\$0	\$0	\$0
5. Estimated Total Expenditures when service provider is not known			\$294,876
6. Total Proposed Program Budget	\$0	\$0	\$294,876
B. Revenues			
1. Existing Revenues			
a. Medi-Cal (FFP only)			\$0
b. Medicare/Patient Fees/Patient Insurance			\$0
c. Realignment			\$0
d. State General Funds			\$0
e. County Funds			\$0
f. Grants			
g. Other Revenue			\$0
h. Total Existing Revenues	\$0	\$0	\$0
2. New Revenues			
a. Medi-Cal (FFP only)			\$0
b. Medicare/Patient Fees/Patient Insurance			\$0
c. State General Funds			\$0
d. Other Revenue			\$0
e. Total New Revenue	\$0	\$0	\$0
3. Total Revenues	\$0		\$0
C. One-Time CSS Funding Expenditures		***	\$184,991
D. Total Funding Requirements	\$0	\$0	\$479,867
	30	\$0	\$413,001
E. Percent of Total Funding Requirements for Full Service Partnerships			

County(ies):	San Diego	Fiscal Year:	2005-06
Program Workplan #	A-5	Date:	11/11/05
Program Workplan NameC	lubhouse Enhance and Expand with Er	mployment Page:_	182 of 274
Type of Funding_	2. System Development	Months of Operation_	3
Proposed To	tal Client Capacity of Program/Service:	New Program/Service or Expansion	New
Existir	ng Client Capacity of Program/Service:	Prepared by:	Michelle Peterso
Client Capacity of Progr	ram/Service Expanded through MHSA:	Telephone Number:	(619) 563-271

Classification	Function	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions				
				\$0
				\$0
				\$0
				\$0 \$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0 \$0
				\$0
				\$0
				\$0
				<u>\$0</u>
	Total Current Existing Positions	0.00		\$0
B. New Additional Positions				
Activities Services Coordinator	Provides Peer Support Services			\$0
Employment Services Specialist	Education and Employment Support			\$0
				\$0
				\$0 \$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0 \$0
				\$0
	8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8			\$0
				\$0
	Total New Additional Positions	0.00		\$0
C. Total Program Positions		0.00		\$0

County(ies): San Diego Fiscal Year: 2005-06 Page: 183 of 274
Program Workplan #: A-5 Date: 11/11/05

Program Workplan Name: Clubhouse Enhance and Expand with Employment

Line#	<u>Amount</u>	Description / Justification
A.5	\$294,876	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 3 months beginning April 1, 2006 - June 30, 2006.
B.2.a	\$0	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population and/or are providing non-billable Medi-Cal services.
С	\$184,991	One-Time CSS Funding Expenditures are the sum of the following:
	\$136,096	One-time CSS funding for start-up and implementation expenditures for this program are equivalent to 6 weeks of service operations. Start-up funds are budgeted to purchase equipment such as computer hardware, software, cell phones, copier, fax, furniture and other office equipment and transportation for clients (if needed). Additionally, these funds may be used to secure or expand office space including possible leasehold improvements. Implementation funds are also needed for program staff to recruit, hire, and train personnel and will be used to develop initial program outreach strategies to get this program up and running. These start-up costs will be expended in the fourth quarter of FY 05-06 between April 1, 2006 - June 30,2006.
	\$48,895	One-time CSS funding for training to include Clubhouse and ICCD consultation and Deegan's Intentional Care Guidelines. These materials will be purchased in the fourth quarter of FY 05-06 between April 1, 2006 - June 30, 2006.
D	\$479,867	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

County(ies):	San Diego	Fiscal Year:	2006-07
Program Workplan #:	A-5	Date:	11/11/05
Program Workplan Name:	Clubhouse Enhance and Expand with Employment	Page:	184 of 274
Type of Funding:	2. System Development	Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	Prepared by:	Michelle Petersor
Client C	Capacity of Program/Service Expanded through MHSA	Telephone Number	(619) 563-2715

Client Capacity of Program/Service Expanded through MHSA	:	Telephone Number: (619) 563-2		
	Other Governmental Agencies	Community Mental Health Contract Providers	Total	
A. Expenditures				
Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene			\$0	
b. Travel and Transportation			\$0	
c. Housing				
d. Employment and Education Supports			\$0	
e. Other Support Expenditures (provide description in budget narrative)			\$0	
f. Total Support Expenditures	\$0	\$0	\$0	
2. Personnel Expenditures				
a. Current Existing Personnel Expenditures (from Staffing Detail)			\$0	
b. New Additional Personnel Expenditures (from Staffing Detail)			\$0	
c. Employee Benefits			<u>\$0</u>	
d. Total Personnel Expenditures	\$0	\$0	\$0	
3. Operating Expenditures				
a. Professional Services			\$0	
b. Translation and Interpreter Services			\$0	
c. Travel and Transportation			\$0	
d. General Office Expenditures			\$0	
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports			\$0	
g. Other Operating Expenses (provide description in budget narrative)			\$0	
h. Total Operating Expenditures	\$0	\$0	<u></u> \$0	
4. Program Management				
a. Existing Program Management			\$0	
b. New Program Management			\$0	
c. Total Program Management	\$0	\$0	\$0	
Estimated Total Expenditures when service provider is not known			\$1,179,502	
6. Total Proposed Program Budget	\$0	\$0	\$1,179,502	
B. Revenues			, ,	
1. Existing Revenues				
a. Medi-Cal (FFP only)			\$0	
b. Medicare/Patient Fees/Patient Insurance			\$0	
c. Realignment			\$0	
d. State General Funds			\$0	
e. County Funds			\$0	
f. Grants			•	
g. Other Revenue			\$0	
h. Total Existing Revenues	\$0	\$0	\$0	
2. New Revenues			*-	
a. Medi-Cal (FFP only)			\$0	
b. Medicare/Patient Fees/Patient Insurance			\$0	
c. State General Funds			\$0	
d. Other Revenue			\$0	
e. Total New Revenue	\$0	\$0	\$0	
3. Total Revenues	\$0	:	\$0	
C. One-Time CSS Funding Expenditures	1	-	\$0	
D. Total Funding Requirements	\$0	\$0	\$1,179,502	
	, w	30	Ţ.,115, <del>0</del> 02	
E. Percent of Total Funding Requirements for Full Service Partnerships				

County(ies):_	San Diego	Fiscal Year:	FY 06-07
Program Workplan #_	A-5	Date:	11/11/05
Program Workplan Name	Clubhouse Enhance and Expand with Er	mployment Page:	185 of 274
Type of Funding_	2. System Development	Months of Operation_	12
Proposed To	otal Client Capacity of Program/Service:	New Program/Service or Expansion_	New
Exist	ing Client Capacity of Program/Service:	Prepared by:	Michelle Petersor
Client Capacity of Prod	ram/Service Expanded through MHSA:	Telephone Number:	(619) 563-2715

Classification	Function	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions				
				\$0
		ı		\$0
				\$0 \$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0 \$0
				\$0
				\$0
				\$0
				\$0
				<u>\$0</u>
	Total Current Existing Positions	0.00		\$0
B. New Additional Positions				
Activities Services Coordinator	Provides Peer Support Services			\$0
Employment Services Specialist	Education and Employment Support			\$0 \$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0 \$0
				\$0
				\$0
				\$0
				\$0
				<u>\$0</u>
	Total New Additional Positions	0.00		\$0
C. Total Program Positions		0.00		\$0

County(ies): San Diego Fiscal Year: 2006-07 Page: 186 of 274
Program Workplan #: A-5 Date: 11/11/05

Program Workplan Name: Clubhouse Enhance and Expand with Employment

Line#	<u>Amount</u>	<u>Description / Justification</u>
A.5	\$1,179,502	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2006 - June 30, 2007.
B.2.a	\$0	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population and/or are providing non-billable Medi-Cal services.
D	\$1,179,502	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

County(ies):	San Diego	Fiscal Year:	2007-08
Program Workplan #:	A-5	Date:	11/11/05
Program Workplan Name:	Clubhouse Enhance and Expand with Employment	Page:	187 of 274
Type of Funding:	: 2. System Development Months of 0		12
	Proposed Total Client Capacity of Program/Service:	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	Prepared by:	Michelle Petersor
Client C	apacity of Program/Service Expanded through MHSA:	Telephone Number:	(619) 563-2715

	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures	•		
Client, Family Member and Caregiver Support Expenditures			
a. Clothing, Food and Hygiene			\$0
b. Travel and Transportation			\$0
c. Housing			
d. Employment and Education Supports			\$0
e. Other Support Expenditures (provide description in budget narrative)			\$0
f. Total Support Expenditures	\$0	\$0	\$(
2. Personnel Expenditures	***************************************	***	
a. Current Existing Personnel Expenditures (from Staffing Detail)			\$(
b. New Additional Personnel Expenditures (from Staffing Detail)			\$(
c. Employee Benefits			\$0
d. Total Personnel Expenditures	\$0	\$0	\$(
3. Operating Expenditures	<u></u>		
a. Professional Services			\$(
b. Translation and Interpreter Services			\$0
c. Travel and Transportation			\$0
d. General Office Expenditures			\$1
e. Rent, Utilities and Equipment			*
f. Medication and Medical Supports			\$0
g. Other Operating Expenses (provide description in budget narrative)			\$0
h. Total Operating Expenditures	\$0	\$0	\$1
4. Program Management	Ψ0	Ψ0	<u>~</u> `
a. Existing Program Management			\$0
b. New Program Management			\$1
c. Total Program Management	\$0	\$0	\$1
Estimated Total Expenditures when service provider is not known	40	40	\$1,179,50
6. Total Proposed Program Budget	\$0	\$0	\$1,179,50
B. Revenues		10	V.,,
1. Existing Revenues     a. Medi-Cal (FFP only)			\$1
b. Medicare/Patient Fees/Patient Insurance			\$1
			\$1
c. Realignment d. State General Funds			\$1
e. County Funds			\$1
e. County Furias f. Grants			<b>⊅</b> 1
			, .
g. Other Revenue	ro.	#0	\$1
h. Total Existing Revenues	\$0	\$0	\$0
2. New Revenues			
a. Medi-Cal (FFP only)			\$0
b. Medicare/Patient Fees/Patient Insurance			\$0
c. State General Funds			\$0
d. Other Revenue	*~	**	\$0
e. Total New Revenue	\$0	{	\$1
3. Total Revenues	\$0	\$0	\$(
C. One-Time CSS Funding Expenditures			\$0
D. Total Funding Requirements	\$0	\$0	\$1,179,502
E. Percent of Total Funding Requirements for Full Service Partnerships			

FY 07-08	Fiscal Year:	San Diego	County(ies):
11/11/05	Date:	A-5	Program Workplan #
188 of 274	ployment Page:	Nubhouse Enhance and Expand with Em	Program Workplan Name <u>Cl</u>
12	Months of Operation	2. System Development	Type of Funding
n New	New Program/Service or Expansion	tal Client Capacity of Program/Service:	Proposed Total
Michelle Peterso	Prepared by:	ng Client Capacity of Program/Service:	Existing
(619) 563-2715	Telephone Number	ram/Service Expanded through MHSA	Client Canacity of Progra

Classification	Function	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions				
				\$0
				\$0
				\$0 \$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0 \$0
				\$0
				\$0
				\$0
				\$0
	Total Current Existing Positions	0.00		<u>\$0</u> \$0
	Total Culterit Existing Positions	0.00		\$0
B. New Additional Positions				
Activities Services Coordinator Employment Services Specialist	Provides Peer Support Services Education and Employment Support			\$0 \$0
Employment outviess opecialist	Eddodion and Employment Capport			\$0
				\$0
				\$0
				\$0
				\$0
				\$0 \$0
				\$0
				\$0
				\$0
				\$0
				\$0
				\$0 \$0
	Total New Additional Positions	0.00		\$0
C. Total Program Positions		0.00		\$0
C. Total Program Positions		0.00		\$0

County(ies): San Diego Fiscal Year: 2007-08 Page: 189 of 274

Program Workplan #: A-5 Date: 11/11/05

Program Workplan Name: Clubhouse Enhance and Expand with Employment

Line#	<u>Amount</u>	<u>Description / Justification</u>
A.5	\$1,179,502	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2007 - June 30, 2008.
B.2.a	\$0	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population and/or are providing non-billable Medi-Cal services.
D	\$1,179,502	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

**EXHIBIT 4: COMMUNITY SERVICES AND SUPPORTS WORK PLAN SUMMARY** 

EXHIBIT 4. COMMONITY 3	PERVICES AND SUFFUR	NIO WORK FLAN SUMMAR	I						
County: San Diego	Fiscal Year: 2005-06, 2006-07, 2007-08	Program Work Plan Name: Supported Employment Services							
Program Work Plan #: A-6		Estimated Start Date: April	1, 2006	3					
	, , ,	provide supported employmen					_		
		oloyed, offering job screening ent opportunities and support		•		•	•		-
•	•	SMI diagnosis who are interest	ested in	า beco	ming	comp	etitive	ly	
employed. In accordance wi	ith AB599, veterans are el	ligible for this program.	_						
			Fu	nd Typ	oe 💮		Age G	roup	
Describe strategies to be use		sted (check all that apply),		Sys					
Age Groups to be served (ch	neck all that apply)		FSP	Dev	OE	CY	TAY	Α	OA
Employment;  ✓ The program will incorpor Employment:1) Eligibility employment is integrated goal; 4) Job search starts working; 5) Follow-along are important;  ✓ Three Employment Specitime) will help at least 60		oles of Supported oice; 2) Supported etitive employment is the xpresses interest in 6) Consumer preferences 20-25 each at any point in competitively employed;							

2) Proposed Program: This program provides an array of job opportunities and supports to help the person with serious mental illness who needs long-term job supports to obtain competitive employment, and will build on the person's strengths to help them achieve this goal. Caseloads cannot exceed 25 per Employment Specialist, the program will seek other funding to allow expansion and thereby continue long-term support of many of its clients while being able to serve

new clients and meet the annual service goals. One time funds are included in the first year both for training and six weeks of program start-up costs.

- 3) Housing/Employment Services: This program is focused on employment services.
- 4) Full Service Partnership: This program is under System Development, not a Full Service Partnership.
- **5) Recovery Goals:** Employment, meaningful use of time and work are a path to recovery for many people with a SMI diagnosis. Staff will be trained in Deegan's Intentional Care guidelines and in Copeland's Wellness Recovery Action Planning model to help ensure recovery-oriented and empowerment-building practice.
- **6) Expanding Existing Program: This is a new program.** The most similar program we currently have (a cooperative DMH/DOR program) provides support for only 90 days after the person obtains employment, due to DOR regulations. The proposed program will have no time limit for services, and provision of unlimited job supports will make supported employment a viable option for more people with SMI who are interested in work but need more long-term job support to maintain employment.
- 7) Services and Supports provided by Clients and/or Family Members: Some/all Employment Specialists may have experience as a client/consumer and/or as a family member, as such experience is seen as an asset to their qualifications.
- **8) Collaboration Strategies:** This program will work closely with existing providers, and the business community to identify potential job opportunities for clients with SMI, including the DMH/DOR Cooperative Program.
- **9/10) Cultural Competence/Ethnic Disparities/Sexual Orientation and Gender Sensitivity:** Cultural competence and sexual orientation and gender sensitivity are required expectations of our current County-funded programs will be a requirement in all MHSA programs as well.
- 11) Individuals Residing Out-of-County: Services focused on in-county residents with a SMI diagnosis.
- 12) Strategies not listed in Section IV: All strategies are listed in Section IV.

# 13) Timeline:

<u>Date</u>
by April 8, 2006
by May 1, 2006
by May 15, 2006
by June 1, 2006
by June 1, 2006

County(ies):	San Diego		Fiscal Year:	2005-06
Program Workplan #:	A-6		Date:	11/11/05
Program Workplan Name:	Supported Employment Services		Page:	190 of 274
Type of Funding:	2. System Development		Months of Operation:	3
	Proposed Total Client Capacity of Program/Service:	15	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
Client C	apacity of Program/Service Expanded through MHSA:	15	Telephone Number:	(619) 563-2715

Client Capacity of Program/Service Expanded through MHSA:	15		Telephone Number:	(619) 563-2715
	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures				
Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$0
b. Travel and Transportation				\$0
c. Housing				
d Employment and Education Supports				\$0
e. Other Support Expenditures (provide description in budget narrative)				\$(
f. Total Support Expenditures	\$0	\$0	\$0	\$0
2. Personnel Expenditures				
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$1
b. New Additional Personnel Expenditures (from Staffing Detail)				\$1
c. Employee Benefits				<u>\$(</u>
d. Total Personnel Expenditures	\$0	\$0	\$0	<u>-</u> \$0
3. Operating Expenditures		<del>-</del>		
a. Professional Services				\$0
b. Translation and Interpreter Services				\$(
c. Travel and Transportation				\$(
d. General Office Expenditures				
· ·				\$0
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports				\$(
g. Other Operating Expenses (provide description in budget narrative)				\$(
h. Total Operating Expenditures	\$0	\$0	\$0	\$(
4. Program Management				
a. Existing Program Management				\$0
b. New Program Management				<u>\$0</u>
c. Total Program Management		\$0	\$0	\$(
Estimated Total Expenditures when service provider is not known	\$87,500			\$87,500
6. Total Proposed Program Budget	\$87,500	\$0	\$0	\$87,500
B. Revenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$1
c. Realignment				\$1
d. State General Funds				\$1
e. County Funds				\$1
f. Grants				
g. Other Revenue				\$(
h. Total Existing Revenues	\$0	\$0	\$0	\$0
2. New Revenues		**		
a. Medi-Cal (FFP only)				\$(
b. Medicare/Patient Fees/Patient Insurance				\$0
c. State General Funds				\$(
d. Other Revenue				\$(
	0	<b>ው</b> ር	₽O	
e. Total New Revenue	\$0	\$0		\$(
3. Total Revenues	\$0	\$0	\$0	\$(
C. One-Time CSS Funding Expenditures	\$50,385			\$50,385
D. Total Funding Requirements	\$137,885	\$0	\$0	\$137,885
E. Percent of Total Funding Requirements for Full Service Partnerships				

2005-06	Fiscal Year:		San Diego	County(ies):
11/11/05	Date:		A-6	Program Workplan #_
191 of 274	Page:		Supported Employment Services	Program Workplan Name_
3	Months of Operation_		2. System Development	Type of Funding_
New	New Program/Service or Expansion_	15	al Client Capacity of Program/Service:	Proposed Tot
Michelle Peterson	Prepared by:	0	g Client Capacity of Program/Service:	Existin
(619) 563-2715	Telephone Number:	15	am/Service Expanded through MHSA:	Client Canacity of Progr

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>h/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					<u>\$0</u>
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
Program Coordinator*	Manages Program and Staff		0.10		\$0
Employment Specialist*	Education and Employment Support	0.25	0.50		\$0
Clerical & Other Support Staff	Provides Clerical Support		0.06		\$0
t to be seen cook of staff will be a billion and					\$0
*At least 33% of staff will be bilingual					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
	Total New Additional Positions	0.25	0.66		\$0 \$0
	1 Otal New Additional Positions				
C. Total Program Positions		0.25	0.66		\$0

County(ies): San Diego Fiscal Year: 2005-06 Page: 192 of 274
Program Workplan #: A-6 Date: 11/11/05

Program Workplan Name: Supported Employment Services

Line #	Amount	<u>Description / Justification</u>
A.5	\$87,500	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 3 months beginning April 1, 2006 - June 30, 2006.
B.2.a	\$0	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population and/or are providing non-billable Medi-Cal services.
С	\$50,385	One-Time CSS Funding Expenditures are the sum of the following:
	\$40,385	One-time CSS funding for start-up and implementation expenditures for this program are equivalent to 6 weeks of service operations. Start-up funds are budgeted to purchase equipment such as vehicle/s, computer hardware, software, cell phones, copier, fax, furniture and other office equipment and transportation for clients (if needed). Additionally, these funds may be used to secure or expand office space including possible leasehold improvements. Implementation funds are also needed for program staff to recruit, hire, and train personnel and will be used to develop initial program outreach strategies to get this program up and running. These start-up costs will be expended in the fourth quarter of FY 05-06 between April 1, 2006 - June 30,2006.
	\$10,000	One-time CSS funding for training to include Supported Employment technical assistance, Deegan's Intentional Care Guidelines, Copeland's WRAP, and Psychosocial Rehabilitation (PSR) training and materials.
D	\$137,885	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

County(ies	):San Diego		Fiscal Year: _	2006-07
Program Workplan	≄: A-6		Date:	11/11/05
Program Workplan Name	e: Supported Employment Services		Page:	193 of 274
Type of Funding	: 2. System Development		Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:	60	New Program/Service or Expansion:_	New
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
Client	Capacity of Program/Service Expanded through MHSA:	60	Telephone Number:	(619) 563-2715

Cliefit Capacity of Program/Service Expanded Infought MITSA		•		(619) 563-21 15
	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures				
Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$0
b. Travel and Transportation				\$(
c. Housing				
d. Employment and Education Supports				\$1
e. Other Support Expenditures (provide description in budget narrative)				\$
f. Total Support Expenditures	\$0	\$0	\$0	\$
2. Personnel Expenditures				
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$
b. New Additional Personnel Expenditures (from Staffing Detail)				\$
c. Employee Benefits				\$
d. Total Personnel Expenditures	\$0	\$0	\$0	\$
3. Operating Expenditures				
a. Professional Services				\$
b. Translation and Interpreter Services				\$
c. Travel and Transportation				\$
d. General Office Expenditures				\$
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports				4
g. Other Operating Expenses (provide description in budget narrative)				9
h. Total Operating Expenditures	\$0	\$0	\$0	- \$
4. Program Management				
a. Existing Program Management				\$
b. New Program Management				\$
c. Total Program Management		\$0	\$0	\$
5. Estimated Total Expenditures when service provider is not known	\$350,000			\$350,00
6. Total Proposed Program Budget	\$350,000	\$0	\$0	\$350,00
3. Revenues				,
1. Existing Revenues				
a. Medi-Cal (FFP only)				\$
b. Medicare/Patient Fees/Patient Insurance				\$
c. Realignment				4
d. State General Funds				1
e. County Funds				1
f. Grants				4
g. Other Revenue				\$
	\$0	\$0	\$0	<u>1</u>
h. Total Existing Revenues  2. New Revenues	\$0	ΦU	• •	1
a. Medi-Cal (FFP only)				\$
b. Medicare/Patient Fees/Patient Insurance     c. State General Funds				\$
c. State General Funds d. Other Revenue				
e. Total New Revenue	, m	do.	, mo	<u>\$</u> \$
	\$0 \$0	\$0 \$0		
3. Total Revenues	\$0	\$0	\$0	\$
				\$
c. One-Time CSS Funding Expenditures D. Total Funding Requirements	\$350,000	\$0	\$0	\$350,00

County(ies):	San Diego		Fiscal Year:	FY 06-07
Program Workplan #	A-6		Date:	11/11/05
Program Workplan Name	Supported Employment Services		Page:	194 of 274
Type of Funding	2. System Development		Months of Operation	12
Proposed To	otal Client Capacity of Program/Service:	60	New Program/Service or Expansion_	New
Exist	ing Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
Client Capacity of Pro	gram/Service Expanded through MHSA:	60	Telephone Number:	(619) 563-2715

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0
					\$0
					\$0
	# # # # # # # # # # # # # # # # # # #				\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
	* * * * * * * * * * * * * * * * * * *				\$0
					\$0
					\$0
	T-4-1 C4 T-1-41 B141				<u>\$0</u>
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
	Manages Program and Staff		0.40		\$0
	Education and Employment Support	1.00	2.00		\$0
Clerical & Other Support Staff	Provides Clerical Support		0.25		\$0
	* * * * * * * * * * * * * * * * * * *				\$0
*At least 33% of staff will be bilingual					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
	Total New Additional Positions	4.00	2.65		\$0 \$0
	i otal New Additional Positions	1.00	2.65		
C. Total Program Positions		1.00	2.65		\$0

County(ies): San Diego Fiscal Year: 2006-07 Page: 195 of 274
Program Workplan #: A-6 Date: 11/11/05

Program Workplan Name: Supported Employment Services

Line #	<u>Amount</u>	<u>Description / Justification</u>
A.5	\$350,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2006 - June 30, 2007.
B.2.a	\$0	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population and/or are providing non-billable Medi-Cal services.
D	\$350,000	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

County(ies): _	San Diego		Fiscal Year: _	2007-08
Program Workplan #:	A-6		Date:_	11/11/05
Program Workplan Name:	Supported Employment Services		Page:_	196 of 274
Type of Funding:	2. System Development		Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:	60	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
Client C	apacity of Program/Service Expanded through MHSA	60	Telephone Number	(619) 563-2715

Client Capacity of Program/Service Expanded through MHSA.	60		rerepriorie riamber.	(619) 563-2715	
	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total	
A. Expenditures					
Client, Family Member and Caregiver Support Expenditures					
a. Clothing, Food and Hygiene				\$(	
b. Travel and Transportation				\$(	
c. Housing					
d. Employment and Education Supports				\$(	
e. Other Support Expenditures (provide description in budget narrative)				\$	
f. Total Support Expenditures	\$0	\$0	\$0	\$	
2. Personnel Expenditures					
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$	
b. New Additional Personnel Expenditures (from Staffing Detail)				\$	
c. Employee Benefits				<u>\$</u>	
d. Total Personnel Expenditures	\$0	\$0	\$0	\$	
3. Operating Expenditures					
a. Professional Services				\$	
b. Translation and Interpreter Services				\$	
c. Travel and Transportation				\$	
d. General Office Expenditures				\$	
e. Rent, Utilities and Equipment				·	
f. Medication and Medical Supports				\$	
g. Other Operating Expenses (provide description in budget narrative)				\$	
h. Total Operating Expenditures	\$0	\$0	\$0	\$	
Program Management	Ψ~	ΨΟ	Ψ	Ψ	
a. Existing Program Management				\$	
b. New Program Management				\$	
c. Total Program Management		\$0	\$0	\$	
Estimated Total Expenditures when service provider is not known	\$350,000	Ţ	Ų	\$350,00	
6. Total Proposed Program Budget	\$350,000	\$0	\$0	\$350,00	
B. Revenues	7000,000	***	***	, , , , , , , , , , , , , , , , , , ,	
1. Existing Revenues					
a. Medi-Cal (FFP only)				\$	
b. Medicare/Patient Fees/Patient Insurance				\$	
c. Realignment				\$	
d. State General Funds				\$	
e. County Funds				\$	
f. Grants				Ψ	
g. Other Revenue				\$	
h. Total Existing Revenues	\$0	\$0	\$0	\$	
2. New Revenues	ΨΟ	40	\$0	Φ	
a. Medi-Cal (FFP only)				\$	
b. Medicare/Patient Fees/Patient Insurance				\$	
				\$	
c. State General Funds d. Other Revenue					
		40	*0	<u>\$</u> \$	
e. Total New Revenue	\$0		\$0		
3. Total Revenues	\$0	\$0	\$0	\$	
	1		3	\$	
C. One-Time CSS Funding Expenditures D. Total Funding Requirements	\$350,000	\$0	\$0	\$350,00	

County(ies):_	San Diego		Fiscal Year:	FY 07-08
Program Workplan #_	A-6		Date:	11/11/05
Program Workplan Name_	Supported Employment Services		Page:	197 of 274
Type of Funding _	2. System Development		Months of Operation	12
Proposed Tot	al Client Capacity of Program/Service:	60	New Program/Service or Expansion	New
Existir	g Client Capacity of Program/Service:	0	Prepared by:	Michelle Petersor
Client Canacity of Progr	am/Service Expanded through MHSA:	60	Telephone Number	(610) 563 2715

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0 <u>\$0</u>
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
	Manages Program and Staff		0.40		\$0
	Education and Employment Support	1.00	2.00		\$0
Clerical & Other Support Staff	Provides Clerical Support		0.25		\$0
					\$0
*At least 33% of staff will be bilingual					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
	Tatal Name Additional Profitors				<u>\$0</u>
	Total New Additional Positions		2.65		\$0
C. Total Program Positions	1.00	2.65		\$0	

County(ies): San Diego Fiscal Year: 2007-08 Page: 198 of 274

Program Workplan #: A-6 Date: 11/11/05

Program Workplan Name: Supported Employment Services

Line#	<u>Amount</u>	<u>Description / Justification</u>
A.5	\$350,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2007 - June 30, 2008.
B.2.a	\$0	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population and/or are providing non-billable Medi-Cal services.
D	\$350,000	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

## **EXHIBIT 4: COMMUNITY SERVICES AND SUPPORTS WORK PLAN SUMMARY**

County: San Diego County	Fiscal Year: 2005-06,	Program Work Plan Na	ame: M	ental F	lealth S	3ervice	s and F	<sup>5</sup> rimary	,
	2006-07, 2007-08	Care Services Integrat	ion						
Program Work Plan #: A-7 Estimated Start Date: A			April 1, 2006						
1a) Description of Program: Integration of mental health services in community				primary care health clinics.					
<b>1b)</b> Priority Population: SMI Unserved and Underserved adults to address the issue of health care disparities among									
linguistically and ethnically di	iverse individuals, with me	ental health and physical	l health	and/o	r subst	ance a	buse is	sues.	In
accordance with AB599, vete	erans are eligible for this p	orogram.							
			Fι	ınd Typ	ре		Age (	Group	
Describe strategies to be used, Funding Types requested (check all that				Sys					
apply), Age Groups to be served (check all that apply)			FSP	Dev	OE	CY	TAY	Α	OA
1c)					$\boxtimes$			$\boxtimes$	
✓ Comprehensive and integrated collaborative screening, assessment for									
mental health, domestic violence and substance abuse, brief intervention,									
linkages, information and referral provided by licensed mental health									
professionals;									
✓ Individual and group support groups for clients;									
✓ Training will be conducted for Primary Care providers on clinical practices									
for coordination and integration of mental health and primary care,									
covering clinical practice guidelines, screening/assessment protocols									
(including for substance abuse), chronic disease management and									
cultural competence.						1		1	

- 2) Proposed Program: Mental health clinicians will be function as part of primary care clinic team in community primary care health clinics in San Diego County Health and Human Services Agency (HHSA) regions to engage, screen, assess and conduct short term outpatient mental health interventions with patients. Medications and medication management will also be provided. Primary care and mental health integration is a known best practice to engage individuals who do not traditionally seek mental health services due to the stigma associated with mental health clinics and services. This program advances MHSA goals to provide service to unserved, in an integrated service experience. Six weeks of program start-up funds are included in the budget request.
- 3) Housing/Employment Services: Referrals and linkages will be made as needed.

- 4) Full Service Partnership: NA-- This is not a FSP program.
- **5) Recovery Goals:** Recovery and rehabilitation values are incorporated in the delivery of care, to include self sufficiency and client-directed treatment.
- 6) Expanding Existing Program: TBD
- 7) Services and Supports provided by Clients and/or Family Members: No direct services will be provided by clients or family members. Linkages will be made to Family Education Services, Clubhouses or Peer Support Services as needed.
- **8) Collaboration Strategies:** The program will collaborate and partner with existing community health clinics and the Council of Community Clinics.
- **9/10)** Cultural Competence and sexual orientation and gender sensitivity are required expectations of our current providers and are integrated in our current services delivery system and will be a requirement in all MHSA programs as well. Interventions to be used will have demonstrated efficacy with population served. Service providers will possess cultural awareness, knowledge and skills necessary to provide culturally competent services.
- 11) Individuals Residing Out-of-County: This program will serve in-county residents only.
- **12) Strategies not listed in Section IV:** All strategies are listed in Section IV.

## 13) Timeline:

Activities	<u>Date</u>
Hire staff	By April 15, 2006
Recruit and train volunteers	By May 1, 2006
Train staff and providers	By May 15, 2006
Begin program services	By May 31, 2006

County(ies)	San Diego	ty Goi fioos and	Supports Budge	Fiscal Year:	2005-06
Program Workplan #:	·	-		Date:	
	Mental Health & Primary Care Services Integration			Page:	
Type of Funding:				Months of Operation:	
.,,3-	Proposed Total Client Capacity of Program/Service	: 175		Service or Expansion:	
	Existing Client Capacity of Program/Service:			•	Michelle Petersor
Clie	nt Capacity of Program/Service Expanded through MHSA:	175		Telephone Number:	
		County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures					
<del>-</del>	er and Caregiver Support Expenditures				
a. Clothing, Food a					\$1
b. Travel and Tran	• •				\$1
c. Housing	op organism				*
_	d Education Supports				\$1
	xpenditures (provide description in budget narrative)				\$1
f. Total Support Ex	· · · · · · · · · · · · · · · · · · ·	\$0	\$0	\$0	\$1
2. Personnel Expendit					······································
a. Current Existing	Personnel Expenditures (from Staffing Detail)				\$1
_	Personnel Expenditures (from Staffing Detail)				\$1
c. Employee Bene					\$1
d. Total Personnel	Expenditures	\$0	\$0	\$0	\$(
<ol><li>Operating Expenditum</li></ol>	ıres				<u> </u>
a. Professional Se	rvices				\$1
b. Translation and	Interpreter Services				\$1
c. Travel and Trans	sportation				\$1
d. General Office E	Expenditures				\$1
e. Rent, Utilities ar	nd Equipment				
f. Medication and N	Medical Supports				\$1
g. Other Operating	Expenses (provide description in budget narrative)				<u>\$</u> 1
h. Total Operating	Expenditures	\$0	\$0	\$0	\$(
4. Program Manageme	nt				
a. Existing Progran	n Management				\$(
b. New Program M	anagement				<u>\$1</u>
c. Total Program M	1anagement		\$0	\$0	\$(
<ol><li>Estimated Total Exp</li></ol>	enditures when service provider is not known	\$175,000			\$175,000
6. Total Proposed Prog	ram Budget	\$175,000	\$0	\$0	\$175,000
B. Revenues					
1. Existing Revenues					
a. Medi-Cal (FFP o	nly)				\$0
b. Medicare/Patier	t Fees/Patient Insurance				\$0
c. Realignment					\$1
d. State General F	unds				\$1
e. County Funds					\$1
f. Grants					
g. Other Revenue					<u>\$1</u>
h. Total Existing R	evenues	\$0	\$0	\$0	\$1
2. New Revenues					
a. Medi-Cal (FFP o	• •				\$1
	t Fees/Patient Insurance				\$1
c. State General Fi	unds				\$1
d. Other Revenue					\$1
e. Total New Reve	nue	\$0	\$0	\$0	\$1
3. Total Revenues		\$0	\$0	\$0	\$1
C. One-Time CSS Funding	g Expenditures	\$80,769			\$80,769
D. Total Funding Require	ments	\$255,769	\$0	\$0	\$255,769

E. Percent of Total Funding Requirements for Full Service Partnerships

County(ies):	San Diego		Fiscal Year:	2005-06
Program Workplan #	A-7		Date:	11/11/05
Program Workplan Name	Mental Health & Primary Care Services Inte	gration	Page:	200 of 274
Type of Funding	3. Outreach and Engagement		Months of Operation_	3
Propose	d Total Client Capacity of Program/Service:_	175	New Program/Service or Expansion	New
E	xisting Client Capacity of Program/Service:_	0	Prepared by:	Michelle Petersor
Client Capacity of F	Program/Service Expanded through MHSA:	175	Telephone Number:	(619) 563-2715

Classification	Function	Client, FM & CG FTEsa/	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
	46000				\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					<u>\$0</u>
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions	46000				
Mental Health Clinician, Licensed	Provides Mental Health Services		2.13		\$0
Psychiatrist	Provides Medication Support and Monitoring		0.25		\$0
					\$0
					\$0
	The state of the s				\$0
	Total New Additional Positions		2.38		<u>\$0</u>
C. Total Program Positions		0.00	2.38		\$0

County(ies): San Diego Fiscal Year: 2005-06 Page: 201 of 274

Program Workplan #: A-7 Date: 11/11/05

Program Workplan Name: Mental Health & Primary Care Services Integration

Type of Funding: 3. Outreach and Engagement New Program/Service of Expansion: New

Line#	<u>Amount</u>	<u>Description / Justification</u>
A.5	\$175,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. 20% of the program's total costs will be budgeted for ongoing Medication costs. This budget is for 3 months beginning April 1, 2006 - June 30, 2006.
B.2.a	\$0	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population.
С	\$80,769	One-Time CSS Funding Expenditures are the sum of the following:
	\$80,769	One-time CSS funding for start-up and implementation expenditures for this program are equivalent to 6 weeks of service operations. Start-up funds are budgeted to purchase equipment such as computer hardware, software, cell phones, copier, fax, furniture and other office equipment and transportation and medication for clients (if needed). Additionally, these funds may be used to secure or expand office space including possible leasehold improvements. Implementation funds are also needed for program staff to recruit, hire, and train personnel and will be used to develop initial program outreach strategies to get this program up and running. These start-up costs will be expended in the fourth quarter of FY 05-06 between April 1, 2006 - June 30,2006.
D	\$255,769	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

County(ies):	San Diego		Fiscal Year:	2006-07
Program Workplan #:	A-7		Date:	11/11/05
Program Workplan Name:	Mental Health & Primary Care Services Integration		Page:	202 of 274
Type of Funding:	3. Outreach and Engagement		Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:	700	New Program/Service or Expansion:	New
	Existing Client Canacity of Program/Service:	0	Prepared by:	Michelle Deterson

Existing Client Capacity of Program/Sen	/ice:		Prepared by:	Michelle Peters
Client Capacity of Program/Service Expanded through MH	ISA: 700		Telephone Number:	(619) 563-271
	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
Expenditures				
Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				
b. Travel and Transportation				
c. Housing				
d. Employment and Education Supports				
e. Other Support Expenditures (provide description in budget narrative)				
f. Total Support Expenditures	\$0	\$0	\$0	
2. Personnel Expenditures				······································
a. Current Existing Personnel Expenditures (from Staffing Detail)				
b. New Additional Personnel Expenditures (from Staffing Detail)				
c. Employee Benefits				
d. Total Personnel Expenditures	\$0	\$0	\$0	
3. Operating Expenditures	**		*-	
a. Professional Services				
b. Translation and Interpreter Services				
c. Travel and Transportation				
d. General Office Expenditures				
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports				
g. Other Operating Expenses (provide description in budget narrative)	40	40	40	
h. Total Operating Expenditures	\$0	\$0	\$0	
4. Program Management				
a. Existing Program Management				
b. New Program Management		•		
c. Total Program Management	<b>A</b> 7700.000	\$0	\$0	<b>A</b> 700
Estimated Total Expenditures when service provider is not known	\$700,000			\$700
6. Total Proposed Program Budget	\$700,000	\$0	\$0	\$700
Revenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				
b. Medicare/Patient Fees/Patient Insurance				
c. Realignment				
d. State General Funds				
e. County Funds				
f. Grants				
g. Other Revenue				
h. Total Existing Revenues	\$0	\$0	\$0	
2. New Revenues				
a. Medi-Cal (FFP only)				
b. Medicare/Patient Fees/Patient Insurance				
c. State General Funds				
d. Other Revenue				
e. Total New Revenue	\$0	\$0	\$0	
3. Total Revenues	\$0	\$0	\$0	
One-Time CSS Funding Expenditures			<u>.</u>	
Total Funding Requirements	\$700,000	\$0	\$0	\$700
Percent of Total Funding Requirements for Full Service Partnerships	ψ1 C3,000	<b>\$</b> 0	ΨΟ	\$700

County(ies):	San Diego		Fiscal Year:_	FY 06-07
Program Workplan #	A-7		Date:	11/11/05
Program Workplan Name N		gration	Page:	203 of 274
Type of Funding	3. Outreach and Engagement		Months of Operation	12
Pronosed	Total Client Capacity of Program/Service:	700	New Program/Service or Expansion	
•	sting Client Capacity of Program/Service:	0		Michelle Peterson
	-		_	
Client Capacity of Pr	ogram/Service Expanded through MHSA:	700	Telephone Number:	(619) 563-2715

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0
					\$0
					\$0
				\	\$0
					\$( \$(
					\$(
					\$(
					\$(
					\$(
					\$(
					\$
					\$
					\$(
	Total Current Existing Positions	0.00	0.00		\$(
B. New Additional Positions					
Mental Health Clinician, Licensed	Provides Mental Health Services		8.50		\$0
Psychiatrist	Provides Medication Support and Monitoring		1.00		\$0
					\$0
					\$0
					\$0
	Total New Additional Positions		9.50		\$1
C. Total Program Positions	Total House Francisco	0.00			\$(

County(ies): San Diego Fiscal Year: 2006-07 Page: 204 of 274

Program Workplan #: A-7 Date: 11/11/05

Program Workplan Name: Mental Health & Primary Care Services Integration

Type of Funding: 3. Outreach and Engagement New Program/Service of Expansion: New

Line#	<u>Amount</u>	<u>Description / Justification</u>
A.5	\$700,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. 20% of the program's total costs will be budgeted for ongoing Medication costs. This budget is for 12 months from July 1, 2006 - June 30, 2007.
B.2.a	\$0	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population and/or are providing non-billable Medi-Cal services.
D	\$700,000	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

E	XHIBIT 5aMental Health Services Act Communi	ty Services and	Supports Budg	et Worksheet	
County(ies):	San Diego	_		Fiscal Year:	2007-08
Program Workplan #:	A-7	_		Date:	11/11/05
Program Workplan Name:	Mental Health & Primary Care Services Integration			Page:	205 of 274
Type of Funding:	3. Outreach and Engagement	_		Months of Operation:	12
	Proposed Total Client Capacity of Program/Service	: 700	New Program/	New	
	Existing Client Capacity of Program/Service:	0		Prepared by:	Michelle Peterson
Clien	t Capacity of Program/Service Expanded through MHSA:	700		Telephone Number:	(619) 563-2715
		County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures					
1. Client, Family Memb	er and Caregiver Support Expenditures				
a. Clothing, Food a	nd Hygiene				\$0
b. Travel and Trans	portation				\$0
c. Housing					
d. Employment and	Education Supports				\$0
e. Other Support Ex	(penditures (provide description in budget narrative)				<u>\$0</u>

		Agencies	Providers	
A. Expenditures				
Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$0
b. Travel and Transportation				\$0
c. Housing				
d. Employment and Education Supports				\$0
e. Other Support Expenditures (provide description in budget narrative)				<u>\$0</u>
f. Total Support Expenditures	\$0	\$0	\$0	\$0
2. Personnel Expenditures				
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$0
b. New Additional Personnel Expenditures (from Staffing Detail)				\$0
c. Employee Benefits				\$0
d. Total Personnel Expenditures	\$0	\$0	\$0	\$(
3. Operating Expenditures				
a. Professional Services				\$0
b. Translation and Interpreter Services				\$0
c. Travel and Transportation				\$(
d. General Office Expenditures				\$0
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports				\$0
g. Other Operating Expenses (provide description in budget narrative)				<u>\$0</u>
h. Total Operating Expenditures	\$0	\$0	\$0	\$0
4. Program Management				
a. Existing Program Management				\$0
b. New Program Management				<u>\$0</u>
c. Total Program Management		\$0	\$0	\$0
5. Estimated Total Expenditures when service provider is not known	\$700,000			\$700,000
6. Total Proposed Program Budget	\$700,000	\$0	\$0	\$700,000
B. Revenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				\$(
b. Medicare/Patient Fees/Patient Insurance				\$(
c. Realignment				\$(
d. State General Funds				\$(
e. County Funds				\$(
f. Grants				
g. Other Revenue				\$0
h. Total Existing Revenues	\$0	\$0	\$0	\$(
2. New Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. State General Funds				\$0
d. Other Revenue				<u>\$(</u>
e. Total New Revenue	\$0	\$0	\$0	\$(
3. Total Revenues	\$0	\$0	\$0	\$(
C. One-Time CSS Funding Expenditures				\$0
D. Total Funding Requirements	\$700,000	\$0	\$0	\$700,000
	Ψ100,000	***	40	ψ, co, coo
E. Percent of Total Funding Requirements for Full Service Partnerships				I

FY 07-08	Fiscal Year:		San Diego	County(ies):_
11/11/05	Date:		A-7	Program Workplan #_
206 of 274	Page:	<u>egration</u>	Mental Health & Primary Care Services Int	Program Workplan Name <u>I</u>
12	Months of Operation		3. Outreach and Engagement	Type of Funding_
New	New Program/Service or Expansion	700	d Total Client Capacity of Program/Service:	Proposed
Michelle Peterson	Prepared by:	0	xisting Client Capacity of Program/Service:	Ex
(619) 563-2715	Telephone Number	700	Program/Service Expanded through MHSA:	Client Capacity of Pr

Classification	Function	Client, FM & CG FTEsa/	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
	www.				\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
	No.				\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					<u>\$0</u>
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
Mental Health Clinician, Licensed	Provides Mental Health Services		8.50		\$0
Psychiatrist	Provides Medication Support and Monitoring		1.00		\$0
	11				\$c
					\$0
	**				\$0
					<u>\$0</u>
	Total New Additional Positions		9.50		
C. Total Program Positions		0.00	9.50		\$0

County(ies): San Diego Fiscal Year: 2007-08 Page: 207 of 274

Program Workplan #: A-7 Date: 11/11/05

Program Workplan Name: Mental Health & Primary Care Services Integration

Type of Funding: 3. Outreach and Engagement New Program/Service of Expansion: New

Line#	<u>Amount</u>	<u>Description / Justification</u>
A.5	\$700,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. 20% of the program's total costs will be budgeted for ongoing Medication costs. This budget is for 12 months from July 1, 2007 - June 30, 2008.
B.2.a	\$0	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population and/or are providing non-billable Medi-Cal services.
D	\$700,000	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

# **EXHIBIT 4: COMMUNITY SERVICES AND SUPPORTS WORK PLAN SUMMARY**

County: San Diego	Fiscal Year: 2005-06,	Program Work Plan Nam	e: Enh	anced	Outp	atient	Menta	ıl Hea	lth
	2006/07, 2007-08	Services							
Program Work Plan #: A-8		Estimated Start Date: Ap	ril 1, 2	006					
1a) Description of Progran	n: Enhanced Outpatient	Mental Health Services co	untywi	de.					
1b) Priority Population: Un									
who have lacked access to r									
of knowledge or awareness			ated tr	eatme	nt for	co-oc	curring	j disor	ders.
In accordance with AB599, v	∕eterans are eligible for t	his program.							
			<b>1d)</b> F	und T	ype		<b>1d)</b> Ag	e Gro	up
Describe strategies to be use				Sys					
apply), Age Groups to be se	rved (check all that apply	y)	FSP	Dev	OE	CY	TAY	Α	OA
1c)				$\boxtimes$				$\boxtimes$	
✓ Enhanced outpatient men									
including rehabilitation ar		mprove access to care							
for specialty mental healt									
✓ Clinicians to provide mer									
including: medication ma									
illness management and	• · · · · · · · · · · · · · · · · · · ·	•							
motivational enhanceme	nt strategies, crisis interv	ention, cognitive-							
behavior therapy and dia	lectical behavior therapy	r; and other treatments;							
✓ Linkages and care coord	lination to physical health	ncare providers;							
✓ Peer Case Aides will pro	vide education to clients	on such topics as:							
Recovery Strategies, Pra	actical Facts About Menta	al Illness, Building Social							
Support, Reducing Relap	oses; Using Medication E	ffectively; Coping and							
Getting Your Needs Met	in the Mental Health Sys	stem;							
✓ Enhanced outpatient Mei	ntal Health Services fund	ding will enable more							
clinic sites to recruit and	retain bilingual and bicul	tural staff to offer							
services to the unserved	Asian-American/Pacific	Islander and Hispanic							
SMI adults.		·						1	

- 2) Proposed Program: This program advances the MHSA goals of providing timely access to needed help, including at times of crisis, for unserved seriously mentally ill (SMI) adults, including those who may have co-occurring substance abuse disorders. The program proposes to enhance outpatient mental health services for SMI adults at multiple adult outpatient clinic sites across San Diego County. Mental health, substance abuse, financial, vocational, educational, health, legal, housing, and language needs will be addressed as identified from comprehensive assessments and client involvement in treatment planning. Care coordination will be provided including coordination with primary care health providers. One time funds in the first year are included for training costs on evidence-based models for services, and for six weeks of program start-up costs.
- **3) Housing/Employment Services:** Services will include employment screening, referrals to educational and vocational training and placement services, and long-term job support. Housing information and linkage to housing resources will be made.
- 4) Full Service Partnership: N/A -- this is not a FSP.
- **5) Recovery Goals:** Recovery goals such as timely access; reducing hospitalization and recidivism; client satisfaction, advancement in stages of treatment for substance abuse and mental health issues; and achievement of planned vocational, educational and residential goals will be monitored. Services will have a wellness and resilience focus. Staff will be trained in Deegan's Intentional Care guidelines and in Copeland's Wellness Recovery Action Planning model to help ensure recovery-oriented and empowerment-building practice.
- 6) Expanding Existing Programs: This plan adds capacity to existing adult outpatient clinics in the County.
- 7) Services and Supports provided by Clients and/or Family Members: Family members and/or persons with client experience will be hired as peer case aides to provide peer support and educational activities.
- **8) Collaboration Strategies:** This program will collaborate with the Employment Services Program, Dept. of Rehabilitation, and with the new Supported Employment Services program to provide vocational training and employment supports.
- 9/10) Cultural Competence/Ethnic Disparities/Sexual Orientation and Gender Sensitivity: Cultural competence and sexual orientation and gender sensitivity are required expectations of our current providers and are integrated in our

current service delivery system and will be a requirement in all MHSA programs as well. Services will be provided in the languages of the specific community to be served. Interventions to be used will have demonstrated efficacy with populations served. Service providers will possess cultural awareness, knowledge and skills necessary to provide culturally competent services.

- 11) Individuals residing out-of-county: This program will be focused on in-county residents
- 12) Strategies not listed in Section IV: N/A
- 13) Timeline: From the point of DMH approval, services are expected to be implemented within 3 to 12 months.

Activity	<u>Date</u>
Hire new staff	By May 15, 2006
Purchase computers and other equipment or furniture	By May 15, 2006
Conduct training	Through June 15, 2006
Start services	By June 15, 2006

	EXHIBIT 5aMental Health Services Act Community	y Services an	d Supports Budget Worksheet	
County(ies	):San Diego		Fiscal Year:	2005-06
Program Workplan #	*:		Date: j	1 1/1 1/05
Program Workplan Name	e:Enhanced Outpatient Mental Health Services		Page: j	208 of 274
Type of Funding	: 2. System Development		Months of Operation:	3
	Proposed Total Client Capacity of Program/Service:	106	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
C	ignt Congoity of Brogram/Sonvice Evacaded through MUSA:	100	Tolophono Number:	(810) 589 9715

Client Capacity of Program/Service Expanded through MHS	SA:106		Telephone Number:	(619) 563-2715
	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures				
1. Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$1
b. Travel and Transportation				\$1
c. Housing				
i. Master Leases				\$1
ii. Subsidies				\$
iii. Vouchers				\$
iv. Other Housing				\$
d. Employment and Education Supports				\$
e. Other Support Expenditures (provide description in budget narrative)				\$
f. Total Support Expenditures	\$0	\$0	\$0	\$
2. Personnel Expenditures				
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$
b. New Additional Personnel Expenditures (from Staffing Detail)				\$
c. Employee Benefits				\$
d. Total Personnel Expenditures	\$0	\$0	\$0	\$
3. Operating Expenditures	40	**	40	*
a. Professional Services				\$
b. Translation and Interpreter Services				\$
c. Travel and Transportation				\$
d. General Office Expenditures				\$
e. Rent, Utilities and Equipment				Ψ
f. Medication and Medical Supports				\$
g. Other Operating Expenses (provide description in budget narrative)				\$
h. Total Operating Expenditures	\$0	\$0	\$0	\$1
4. Program Management	ψ0	40	ψο	Ψ'
a. Existing Program Management				\$
b. New Program Management				\$
		\$0	\$0	\$
c. Total Program Management  5. Estimated Total Expenditures when service provider is not known	\$250,000	20	φυ	\$250,00
6. Total Proposed Program Budget	\$250,000	\$0	\$0	\$250,00
B. Revenues	<b>4_00</b>	**	**	<del></del>
1. Existing Revenues				
				4
a. Medi-Cal (FFP only)				\$
b. Medicare/Patient Fees/Patient Insurance				
c. Realignment				\$
d. State General Funds				\$
e. County Funds				\$
f. Grants				
g. Other Revenue				<u>\$</u>
h. Total Existing Revenues	\$0	\$0	\$0	\$
2. New Revenues				
	1			\$
a. Medi-Cal (FFP only)				
a. Medi-Cal (FFP only) b. Medicare/Patient Fees/Patient Insurance				
a. Medi-Cal (FFP only)				
a. Medi-Cal (FFP only) b. Medicare/Patient Fees/Patient Insurance				\$
a. Medi-Cal (FFP only) b. Medicare/Patient Fees/Patient Insurance c. State General Funds	\$0	\$0	\$0	\$ \$
a. Medi-Cal (FFP only) b. Medicare/Patient Fees/Patient Insurance c. State General Funds d. Other Revenue	\$0 \$0	\$0 \$0	\$0 \$0	\$ <u>\$</u> \$
a. Medi-Cal (FFP only) b. Medicare/Patient Fees/Patient Insurance c. State General Funds d. Other Revenue e. Total New Revenue				\$ <u>\$</u> \$
a. Medi-Cal (FFP only) b. Medicare/Patient Fees/Patient Insurance c. State General Funds d. Other Revenue e. Total New Revenue 3. Total Revenues	\$0			\$137,888

	County(ies):	San Diego		Fiscal Year:	2005-06
Progr	am Workplan #	A-8		Date:	11/11/05
Program V	Vorkplan Name <u>E</u>	nhanced Outpatient Mental Health Services		Page:_	209 of 274
7	Type of Funding	2. System Development		Months of Operation	3
	Proposed T	otal Client Capacity of Program/Service:	106	New Program/Service or Expansion_	New
	Exis	ting Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
Clie	ont Canacity of Pro	ogram/Service Evpanded through MHSA:	106	Telephone Number	(619) 563-2715

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					<u>\$0</u>
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
Program Director, Licensed	Manages Program and Staff		0.25		\$0
Mental Health Clinician, Masters	Provides Mental Health Services		0.57		\$0
Unlicensed Consumer / Member	Support Services as Education Partners	0.25			\$0
Registered Nurse	Provides Medication Support and Monitoring		0.13		\$0
Psychiatrist	Provides Medication Support		0.25		\$0
Employment Specialist	Provides Employment support		0.25		\$0
Bilingual Mental Health Clinician, MA	Provides Mental Health Services	0.05	0.75		\$0 \$0
Bilingual Unlic Consumer/Family Member Bilingual MH Clinician, Licensed	Support Services as Education Partners Provides Mental Health Services	0.25	0.25		\$0
Bilingual Clerical & Other Support Staff	Provides Clerical Support		0.25		\$0
Dillingual Garica & Other Support Star	Trovides eletical support		0.20		\$0
					\$0
					\$0
					\$0
					<u>\$0</u>
	Total New Additional Positions	0.50	2.70		\$0
C. Total Program Positions		0.50	2.70		\$0

County(ies): San Diego Fiscal Year: 2005-06 Page: 210 of 274
Program Workplan #: A-8 Date: 11/11/05

Program Workplan Name: Enhanced Outpatient Mental Health Services

Type of Funding: 2. System Development New Program/Service of Expansion: New

Line#	<u>Amount</u>	Description / Justification
A.5	\$250,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 3 months beginning April 1, 2006 - June 30, 2006.
B.2.a	\$0	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population and/or are providing non-billable Medi-Cal services.
С	\$137,885	One-Time CSS Funding Expenditures are the sum of the following:
	\$115,385	One-time CSS funding for start-up and implementation expenditures for this program are equivalent to 6 weeks of service operations. Start-up funds are budgeted to purchase equipment such as computer hardware, software, cell phones, copier, fax, furniture and other office equipment and transportation for clients (if needed). Additionally, these funds may be used to secure or expand office space including possible leasehold improvements. Implementation funds are also needed for program staff to recruit, hire, and train personnel and will be used to develop initial program outreach strategies to get this program up and running. These start-up costs will be expended in the fourth quarter of FY 05-06 between April 1, 2006 - June 30,2006.
	\$22,500	One-time CSS funding for training to include Deegan's Intentional Care Guidelines and Copeland's WRAP training and materials. These start-up costs will be expended in the fourth quarter of FY 05-06 between April 1, 2006 - June 30,2006.
D	\$387,885	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

EXHIBIT 5aMental Health Services Act Community Services and Supports Budget Worksheet								
County(	ies):San Diego		Fiscal Year:	2006-07				
Program Workpla	n #:		Date:	11/11/05				
Program Workplan Na	me: Enhanced Outpatient Mental Health Services		Page:	211 of 274				
Type of Fund	ing: 2. System Development		Months of Operation:	12				
	Proposed Total Client Capacity of Program/Service:	424	New Program/Service or Expansion:	New				
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson				
	Client Capacity of Program/Service Expanded through MHSA:	424	Telephone Number:	(619) 563-2715				

	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
xpenditures				
1. Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				
b. Travel and Transportation				
c. Housing				
i. Master Leases				
ii. Subsidies				
iii. Vouchers				
iv. Other Housing				
d. Employment and Education Supports				
e. Other Support Expenditures (provide description in budget narrative)				
f. Total Support Expenditures	\$0	\$0	\$0	
2. Personnel Expenditures		40	40	
a. Current Existing Personnel Expenditures (from Staffing Detail)				
b. New Additional Personnel Expenditures (from Staffing Detail)				
c. Employee Benefits				
d. Total Personnel Expenditures	\$0	\$0	\$0	
3. Operating Expenditures	40	40	Ψ-0	
a. Professional Services				
b. Translation and Interpreter Services				
c. Travel and Transportation				
d. General Office Expenditures				
e. Rent, Utilities and Equipment f. Medication and Medical Supports				
g. Other Operating Expenses (provide description in budget narrative)				
h. Total Operating Expenditures	\$0	\$0	\$0	
4. Program Management	φυ	\$0	Φ0	
a. Existing Program Management				
b. New Program Management				
c. Total Program Management		\$0	\$0	
Estimated Total Expenditures when service provider is not known	\$1,272,000	Ψο	40	\$1,272
6. Total Proposed Program Budget	\$1,272,000	\$0	\$0	\$1,272
	\$1,272,000	40	40	Ψ1,212
evenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				
b. Medicare/Patient Fees/Patient Insurance				
c. Realignment				
d. State General Funds				
e. County Funds				
f. Grants				
g. Other Revenue				
h. Total Existing Revenues	\$0	\$0	\$0	
2. New Revenues				
a. Medi-Cal (FFP only)	\$272,000			\$272
b. Medicare/Patient Fees/Patient Insurance				
c. State General Funds				
d. Other Revenue				
e. Total New Revenue	\$272,000	\$0	\$0	\$272
3. Total Revenues	\$272,000	\$0	\$0	\$272
ne-Time CSS Funding Expenditures				
	\$1,000,000	\$0	\$0	\$1,000

County(ies):	San Diego		Fiscal Year:_	FY 06-07
Program Workplan #	A-8		Date:_	11/11/05
Program Workplan Name	Enhanced Outpatient Mental Health Services		Page:_	212 of 274
Type of Funding	2. System Development		Months of Operation	12
Proposed	Total Client Capacity of Program/Service:	424	New Program/Service or Expansion	New
Ex	cisting Client Capacity of Program/Service:	0	Prepared by:	Michelle Petersor
Client Canacity of P	rogram/Service Expanded through MHSA:	424		(619) 563-2715

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
	Total Commant Frieding Basitians	0.00			<u>\$0</u> \$0
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
Program Director, Licensed	Manages Program and Staff		1.00		\$0
Mental Health Clinician, Masters	Provides Mental Health Services		2.30		\$0
Unlicensed Consumer / Member	Support Services as Education Partners	1.00	0.50		\$0
Registered Nurse Psychiatrist	Provides Medication Support and Monitoring Provides Medication Support		0.50 1.00		\$0 \$0
Employment Specialist	Provides employment support		1.00		\$0
Bilingual Mental Health Clinician, MA	Provides Mental Health Services		3.00		\$0
Bilingual Unlic Consumer/Family Member	Support Services as Education Partners	1.00			\$0
Bilingual MH Clinician, Licensed	Provides Mental Health Services		1.00		\$0
Bilingual Clerical & Other Support Staff	Provides Clerical Support		1.00		\$0
					\$0
					\$0
					\$0
					\$0
	Total New Additional Positions	2.00	10.80		<u>\$0</u> \$0
	Total New Additional Positions	2.00			\$0
C. Total Program Positions		2.00	10.80		\$0

County(ies): San Diego Fiscal Year: 2006-07 Page: 213 of 274

Program Workplan #: A-8 Date: 11/11/05

Program Workplan Name: Enhanced Outpatient Mental Health Services

Type of Funding: 2. System Development New Program/Service of Expansion: New

Line#	Amount	Description / Justification
A.5	\$1,272,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2006 - June 30, 2007.
B.2.a	\$272,000	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population and/or are providing non-billable Medi-Cal services.
D	\$1,000,000	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

County(ies)	:San Diego		Fiscal Year:	2007-08
Program Workplan #	A-8		Date:	11/11/05
Program Workplan Name	:Enhanced Outpatient Mental Health Services		Page:	214 of 274
Type of Funding:	2. System Development		Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:	424	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
Clin	ent Capacity of Program/Service Expanded through MHSA:	424	Telephone Number:	(619) 563-2715

Ciletic Capacity of Program/Service Expanded tillough Minos	County Mental	Other Governmental	Community Mental Health Contract	Total
	Health Department	Agencies	Providers	i otai
A. Expenditures				
Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$0
b. Travel and Transportation				\$0
c. Housing				•
i. Master Leases				\$1
ii. Subsidies				\$1
iii. Vouchers				\$1
iv. Other Housing				\$1
d. Employment and Education Supports				\$
e. Other Support Expenditures (provide description in budget narrative)				\$
f. Total Support Expenditures	\$0	\$0	\$0	\$
2. Personnel Expenditures	***	40	***	*
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$1
b. New Additional Personnel Expenditures (from Staffing Detail)				\$1
c. Employee Benefits				\$
d. Total Personnel Expenditures	\$0	\$0	\$0	\$
3. Operating Expenditures	-	**	4-	•
a. Professional Services				\$
b. Translation and Interpreter Services				\$
c. Travel and Transportation				\$
d. General Office Expenditures				\$
e. Rent, Utilities and Equipment				•
f. Medication and Medical Supports				\$
g. Other Operating Expenses (provide description in budget narrative)				\$
h. Total Operating Expenditures	\$0	\$0	\$0	\$
4. Program Management	-	•	***	*
a. Existing Program Management				\$
b. New Program Management				\$
c. Total Program Management		\$0	\$0	\$
5. Estimated Total Expenditures when service provider is not known	\$1,272,000			\$1,272,00
6. Total Proposed Program Budget	\$1,272,000	\$0	\$0	\$1,272,000
B. Revenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				\$
b. Medicare/Patient Fees/Patient Insurance				\$
c. Realignment				\$
d. State General Funds				\$
e. County Funds				\$
f. Grants				
g. Other Revenue				\$
h. Total Existing Revenues	\$0	\$0	\$0	\$
2. New Revenues			, i	
a. Medi-Cal (FFP only)	\$272,000			\$272,00
b. Medicare/Patient Fees/Patient Insurance	,			\$
c. State General Funds				\$
d. Other Revenue				\$
e. Total New Revenue	\$272,000	\$0	\$0	\$272,00
3. Total Revenues	\$272,000	\$0		\$272,00
C. One-Time CSS Funding Expenditures	42.2,500	40	43	\$
<u> </u>	4,	\$0	\$0	
D. Total Funding Requirements	\$1,000,000			\$1,000,000

Coun	ty(ies):	San Diego		Fiscal Year:	FY 07-08
Program Work	kplan #	A-8		Date:	11/11/05
Program Workplan	Name	Enhanced Outpatient Mental Health Services	<u>i</u>	Page:	215 of 274
Type of F	unding	2. System Development		Months of Operation	12
Pro	posed	Total Client Capacity of Program/Service:	424	- New Program/Service or Expansion	New
	Ex	isting Client Capacity of Program/Service:	0	Prepared by:	Michelle Petersor
Client Capaci	tv of Pi	rogram/Service Expanded through MHSA:	424	Telephone Number:	(619) 563-2715

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					ф0
					\$0
					\$0
					\$0 \$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
	Total Current Existing Positions	0.00	0.00		<u>\$0</u> \$0
	Total Current Existing Positions	0.00	0.00		φu
B. New Additional Positions					
Program Director, Licensed	Manages Program and Staff		1.00		\$0
Mental Health Clinician, Masters	Provides Mental Health Services		2.30		\$0
Unlicensed Consumer / Member	Support Services as Education Partners	1.00			\$0
Registered Nurse	Provides Medication Support and Monitoring		0.50		\$0
Psychiatrist Employment Specialist	Provides Medication Support Provides employment support		1.00 1.00		\$0 \$0
Bilingual Mental Health Clinician, MA	Provides Mental Health Services		3.00		\$0 \$0
Bilingual Unlic Consumer/Family Member	Support Services as Education Partners	1.00			\$0
Bilingual MH Clinician, Licensed	Provides Mental Health Services		1.00		\$0
Bilingual Clerical & Other Support Staff	Provides Clerical Support		1.00		\$0
					\$0
					\$0
					\$0
					\$0
					<u>\$0</u>
	Total New Additional Positions	2.00	10.80		\$0
C. Total Program Positions		2.00	10.80		\$0

County(ies): San Diego Fiscal Year: 2007-08 Page: 216 of 274

Program Workplan #: A-8 Date: 11/11/05

Program Workplan Name: Enhanced Outpatient Mental Health Services

Type of Funding: 2. System Development New Program/Service of Expansion: New

Line#	<u>Amount</u>	Description / Justification
A.5	\$1,272,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2007 - June 30, 2008.
B.2.a	\$272,000	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population and/or are providing non-billable Medi-Cal services.
D	\$1,000,000	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

### **EXHIBIT 4: COMMUNITY SERVICES AND SUPPORTS WORK PLAN SUMMARY**

County: San	Fiscal Year: 2005-06,	Program Work Plan Name: High Utilizer Integrated Services & Supported		
Diego County	2006-07, 2007-08	Housing		
Program Work Plan	#: OA-1	Estimated Start Date: April 1, 2006		
1a) Description of Program: Age appropriate, individualized, culturally appropriate, comprehensive, wraparound and				
integrated services and supports for older adults and their families and caregivers, following the ACT model. Services will be				
provided countywide	e.			

**1b) Priority Population:** Services to be provided to SMI older adults aged 60 and older from initial focal population (Unserved, Latino and Asian) who have either/and/or a) history of repeated emergency mental health services during the year prior to admission to this program; b) several admissions to inpatient services or at risk for institutionalization (Nursing Home/Board and Care Placement.); c) have been homeless or at risk for homelessness. Priority will be given to older adults with the most severe conditions and with highest incidence of emergency and inpatient services utilization, as well as to those that are homelessness and/or risk of homelessness. In accordance with AB599, veterans are eligible for this program.

1d) Age Group 1d) Fund Type Describe strategies to be used, Funding Types requested (check all that apply), С Sys 0 Age Groups to be served (check all that apply) **FSP** Ε Υ TAY OA Dev 1c)  $\boxtimes$ ✓ Services are 24/7; interventions are made in individual's home or familiar setting to the older adult: ✓ Services include outreach and crisis intervention to engage older adults in own treatment and treatment outcomes monitoring; ✓ Staff to consumer ratio is approximately 1 to 10; ACT Team members share responsibility for the treatment, support and rehabilitation services; ✓ Includes individualized comprehensive and integrated mental health and substance abuse screening, geriatric mental health assessment, treatment planning and outcome monitoring, outpatient mental health services and medication management services; ✓ Linkages and care coordination to physical healthcare providers; ✓ Provide comprehensive support and counseling to families and caregivers to reduce negative burden of care giving and postpone out-of home placement; Develop and conduct evidence-based Care Planning and Decision Support

	system that contains consumer and provider data collection, longitudinal care				
	support, outcomes analysis and management, decision aids, rules-based guidelines and network communication and coordination.				
<b>✓</b>	One time funds in first year provided for ACT training, technical assistance and				
	consultation on Copeland's Wellness and Recovery Action Plan and Deegan's				
	Intentional Care Guidelines.				
✓	ACT Team will operate with dual diagnosis enhanced capacity.				

- 2) Proposed Program: All services are culturally competent and linguistically appropriate. Services include outreach and engagement, 24/7 intensive case management/wraparound services, community based outpatient services, rehabilitation & recovery services, supported employment/education, peer /family (respite) support /family services & transportation. Timely access to crisis and wraparound services and supports assists older adults manage independent living, reduce isolation, improve care giver mental health, delay placement in nursing home and reducing institutionalization, thereby advancing MHSA goals. ACT model training, technical assistance and consultation costs, geriatric assessment outcome training and costs for a van are included in the first year with one time funds. Six weeks of program start-up funds are included in the budget request.
- **3) Housing/Employment Services:** An array of housing options will be provided to include: short term stays at shelter, Single Room Occupancy (SRO), transitional and permanent subsidized housing and/or master leasing. \$1,095,600 in one-time funds in the first year will provide 83 units Master\_Lease Housing Units in this array
- 4) FSP: Average cost for each participant is \$12,000 without housing.
- **5) Recovery Goals:** Recovery and Rehabilitation focus is built in with service array of supported employment, supported education, supported housing and transportation (included taxi Vouchers).
- 6) Expanding Existing Program: TBD.
- 7) Services and Supports provided by Clients and/or Family Members: Clients/family members will be hired as Senior Peer Program provides support to client and assists client/family members knowledge and ability to utilize mental health system.

- 8) Collaboration Strategies: Our experience with 25 older adults in the AB2034 has demonstrated successful stakeholder collaboration with multiple County and community based organizations: public safety, legal, housing, aging network, medical and allied fields. ACT has improved system services and participant outcomes by increasing access, preventing hospitalization and improved coordination and integrated service experience for participants.

  9/10) Cultural Competence/Ethnic Disparities/Sexual Orientation and Gender Sensitivity: Cultural competence and sexual orientation and gender sensitivity are required expectations of our current providers and are integrated in our current service delivery system and will be a requirement in all MHSA programs as well. Services will be provided in the languages of the specific community to be served. Interventions to be used will have demonstrated efficacy with populations served. Service providers will possess cultural awareness, knowledge and skills necessary to provide culturally competent services.
- 11) Individuals Residing Out-of-County: Services focused on in-county residents with a SMI diagnosis.
- 12) Strategies not listed in Section IV: All strategies are listed in Section IV.

### 13) Timeline:

Activity	<u>Date</u>
Program manager hired	by April 8, 2006
50% of program staff hired	by May 1, 2006
75% of staff hired	by May 15, 2006
Staff trained	by June 15, 2006
Begin services to clients	by June 15, 2006

County	(ies): San Diego		Fiscal Year:	2005-06
Program Workpl	an #:OA-1		Date:	11/11/05
Program Workplan N	ame: High Utilizer Integrated Services & Supported Housing		Page:	217 of 274
Type of Fund	ling:1. Full Service Partnership		Months of Operation:	3
	Proposed Total Client Capacity of Program/Service:	21	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
	Client Capacity of Program/Service Expanded through MHSA:	21	Telephone Number:	(619) 563-2715

Client Capacity of Program/Service Expanded Enrough MHS	A:ZI		relephone Number:	(010) 000-2710
	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures				
Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$0
b. Travel and Transportation				\$0
c. Housing				
i. Master Leases				\$0
ii. Subsidies				\$0
iii. Vouchers				\$0
iv. Other Housing				\$0
d. Employment and Education Supports				\$0
e. Other Support Expenditures (provide description in budget narrative)				\$0
f. Total Support Expenditures	\$0	\$0	\$0	\$0
2. Personnel Expenditures	40	40	40	Ψυ
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$0
b. New Additional Personnel Expenditures (from Staffing Detail)				\$0
c. Employee Benefits				\$0
d. Total Personnel Expenditures	\$0	\$0	\$0	<u>50</u> \$0
3. Operating Expenditures	100	<b>4</b> 0	ΦU	φυ
a. Professional Services				\$0
b. Translation and Interpreter Services				\$0
The state of the s				
c. Travel and Transportation d. General Office Expenditures				\$0 \$0
·				ĐU
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports				\$0
g. Other Operating Expenses (provide description in budget narrative)				<u>\$0</u>
h. Total Operating Expenditures	\$0	\$0	\$0	\$0
4. Program Management				
a. Existing Program Management				\$0
b. New Program Management				\$0
c. Total Program Management		\$0	\$0	\$0
5. Estimated Total Expenditures when service provider is not known	\$225,000		40	\$225,000
6. Total Proposed Program Budget	\$225,000	\$0	\$0	\$225,000
B. Revenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. Realignment				\$0
d. State General Funds				\$0
e. County Funds				\$0
f. Grants				
g. Other Revenue				<u>\$0</u>
h. Total Existing Revenues	\$0	\$0	\$0	\$0
2. New Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. State General Funds				\$0
d. Other Revenue				\$0
e. Total New Revenue	\$0	\$0	\$0	\$0
3. Total Revenues	\$0			\$0
C. One-Time CSS Funding Expenditures	\$1,360,946			\$1,360,946
C. One-Time CSS Funding Expenditures D. Total Funding Requirements	\$1,360,946 \$1,585,946	\$0	\$0	\$1,360,946 \$1,585,946

County(ies)	:San Diego		Fiscal Year:_	2005-06
Program Workplan #	OA-1		Date:_	11/11/05
Program Workplan Name	High Utilizer Integrated Services & Supported	Housing	Page:	218 of 274
Type of Funding	1. Full Service Partnership		Months of Operation	3
Propo	sed Total Client Capacity of Program/Service:_	21	New Program/Service or Expansion_	New
	Existing Client Capacity of Program/Service:_	0	_ Prepared by:	Michelle Petersor
Client Capacity	of Program/Service Expanded through MHSA:	21	Telephone Number	(619) 563-2715

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
	Total Current Existing Resitions	0.00	0.00		<u>\$0</u> \$0
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
Program Manager	Manages Program and Staff		0.25		\$0
Geriatric Psychiatrist	Provides Medication Support& Consultation		0.06		\$0
Nurse Practitioner	Provides Medication Support and Monitoring		0.13		\$0
Geriatric Psychiatric Nurse	Provides Mental Health Services		0.50		\$0
Geriatric Mental Health Clinician, Licensed	Provides Mental Health Services		0.75		\$0
Unlicensed Mental Health Clinician/Intern	Provides Mental Health Services		0.25		\$0
Peer/ Family Specialist	Peer & Family Support / Community Linkages	0.38			\$0
Program Assistant	Provides Administrative/Clerical Support		0.25		\$0
Substance Abuse Specialist	Provides Substance Abuse Services		0.19		\$0
Employment Specialist	Provides Vocational and Employment Services		0.13		\$0
*At least 50% of all staff are bilingual/bicultural					\$0
					\$0
					\$0
					\$0
					\$0
	Total New Additional Positions	0.38	2.50		\$0 \$0
	Total New Additional Positions	0.30	2.50		90
C. Total Program Positions		0.38	2.50		\$0

County(ies): San Diego Fiscal Year: 2005-06 Page: 219 of 274

Program Workplan #: OA-1 Date: 11/11/05

Program Workplan Name: High Utilizer Integrated Services & Supported Housing

Type of Funding: 1. Full Service Partnership New Program/Service of Expansion: New

Line#	<u>Amount</u>	<u>Description / Justification</u>
A.5	\$225,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 3 months beginning April 1, 2006 - June 30, 2006.
B.2.a	\$0	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population and/or are providing non-billable Medi-Cal services.
С	\$1,360,946	One-Time CSS Funding Expenditures are the sum of the following:
	\$103,846	One-time CSS funding for start-up and implementation expenditures for this program are equivalent to 6 weeks of service operations. Start-up funds are budgeted to purchase equipment such as computer hardware, software, cell phones, copier, fax, furniture and other office equipment and transportation for clients (if needed). Additionally, these funds may be used to secure or expand office space including possible leasehold improvements. Implementation funds are also needed for program staff to recruit, hire, and train personnel and will be used to develop initial program outreach strategies to get this program up and running. These start-up costs will be expended in the fourth quarter of FY 05-06 between April 1, 2006 - June 30,2006.
	\$1,095,600	One-time CSS funding for continuum of housing options that will begin to be expended in the fourth quarter of FY 05-06.
	\$100,000	One-time CSS funding for Geriatric Assessment Outcome Base Treatment Plan training and materials. These start-up costs will be expended in the fourth quarter of FY 05-06 between April 1, 2006 - June 30,2006.
	\$31,500	One-time CSS funding for training to include ACT Technical Assistance, Deegan's Intentional Care Guidelines, Copeland's Wellness Recovery Action Planning model and Bartels' Pilot training and materials. These start-up costs will be expended in the fourth quarter of FY 05-06 between April 1, 2006 - June 30,2006.
	\$30,000	One-time CSS funding to purchase a van in the fourth quarter of FY 05-06 for the program to transport clients.
D	\$1,585,946	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

County(ies):_	San Diego		Fiscal Year:	2006-07
Program Workplan #:	OA-1		Date:	11/11/05
Program Workplan Name: <u>H</u>	High Utilizer Integrated Services & Supported Housing		Page:	220 of 274
Type of Funding: _	Full Service Partnership		Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:	83	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Petersor
Client	Capacity of Program/Service Expanded through MHSA:	83	 Telephone Number:	(619) 563-2715

Client Capacity of Program/Service Expanded through MHS	6A: <u>83</u>	-	Telephone Number:	(619) 563-2715
	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures				
Client, Family Member and Caregiver Support Expenditures				
a. Clothing , Food and Hygiene				\$0
b. Travel and Transportation				\$0
c. Housing				
i. Master Leases				\$0
ii. Subsidies				\$0
iii. Vouchers				\$0
iv. Other Housing				<u>\$0</u>
d. Employment and Education Supports				\$0
e. Other Support Expenditures (provide description in budget narrative)				<u>\$0</u>
f. Total Support Expenditures	\$0	\$0	\$0	\$0
2. Personnel Expenditures				
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$0
b. New Additional Personnel Expenditures (from Staffing Detail)				\$0
c. Employee Benefits				<u>\$0</u>
d. Total Personnel Expenditures	\$0	\$0	\$0	\$0
3. Operating Expenditures				
a. Professional Services				\$0
b. Translation and Interpreter Services				\$0
c. Travel and Transportation				\$0
d. General Office Expenditures				\$0
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports				\$0
g. Other Operating Expenses (provide description in budget narrative)				<u>\$0</u>
h. Total Operating Expenditures	\$0	\$0	\$0	\$0
4. Program Management				
a. Existing Program Management				\$0
b. New Program Management				<u>\$0</u>
c. Total Program Management		\$0	\$0	\$0
5. Estimated Total Expenditures when service provider is not known	\$996,000			\$996,000
6. Total Proposed Program Budget	\$996,000	\$0	\$0	\$996,000
B. Revenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. Realignment				\$0
d. State General Funds				\$0
e. County Funds				\$0
f. Grants				
g. Other Revenue				<u>\$0</u>
h. Total Existing Revenues	\$0	\$0	\$0	\$0
2. New Revenues				
a. Medi-Cal (FFP only)	\$96,000			\$96,000
b. Medicare/Patient Fees/Patient Insurance				\$0
c. State General Funds				\$0
d. Other Revenue				<u>\$0</u>
e. Total New Revenue	\$96,000	\$0	\$0	\$96,000
3. Total Revenues	\$96,000	\$0	\$0	\$96,000
			3	
C. One-Time CSS Funding Expenditures				\$0
	\$900,000	\$0	\$0	\$0 \$900,000

	County(ies):_	San Diego		Fiscal Year:	FY 06-07
Pr	ogram Workplan # _	OA-1		Date:	11/11/05
Prograi	m Workplan Name I	High Utilizer Integrated Services & Supporte	d Housing	Page:	221 of 274
	Type of Funding	Full Service Partnership		Months of Operation	12
	Proposed	Total Client Capacity of Program/Service:	83	New Program/Service or Expansion	New
	E	kisting Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
	Client Capacity of F	Program/Service Expanded through MHSA:	83	Telephone Number:	(619) 563-2715

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
_					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
Program Manager	Manages Program and Staff		1.00		\$0
Geriatric Psychiatrist	Provides Medication Support& Consultation		0.25		\$0
Nurse Practitioner	Provides Medication Support and Monitoring		0.50		\$0
Geriatric Psychiatric Nurse	Provides Mental Health Services		2.00		\$0
Geriatric Mental Health Clinician, Licensed	Provides Mental Health Services		3.00		\$0
Unlicensed Mental Health Clinician/Intern	Provides Mental Health Services		1.00		\$0
Peer/ Family Specialist	Peer & Family Support / Community Linkages	1.50			\$0
Program Assistant	Provides Administrative/Clerical Support		1.00		\$0
Substance Abuse Specialist	Provides Substance Abuse Services		0.75		\$0
Employment Specialist	Provides Vocational and Employment Services		0.50		\$0
*At least 50% of all staff are bilingual/bicultural					\$0
					\$0
					\$0
					\$0
					\$0
	T-4-181				\$0
	Total New Additional Positions	1.50	10.00		\$0
C. Total Program Positions		1.50	10.00		\$0

County(ies): San Diego Fiscal Year: 2006-07 Page: 222 of 274

Program Workplan #: OA-1 Date: 11/11/05

Program Workplan Name: High Utilizer Integrated Services & Supported Housing

Type of Funding: 1. Full Service Partnership New Program/Service of Expansion: New

<u>Line#</u>	<u>Amount</u>	Description / Justification
A.5	\$996,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2006 - June 30, 2007.
B.2.a	\$96,000	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population and/or are providing non-billable Medi-Cal services.
D	\$900,000	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

County(ies):	San Diego		Fiscal Year:	2007-08
Program Workplan #:	OA-1		Date:	11/11/05
Program Workplan Name:	High Utilizer Integrated Services & Supported Housing		Page:	223 of 274
Type of Funding:	Full Service Partnership		Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:	83	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:_	0	Prepared by:	Michelle Peterson
Clier	t Canacity of Program/Service Evnanded through MHSA:	93	Telenhone Number	(610) 562 2715

Client Capacity of Program/Service Expanded through MHSA: 83 Telephone Number: (				(018) 303-2713
	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures				
Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$0
b. Travel and Transportation				\$0
c. Housing				
i. Master Leases				\$0
ii. Subsidies				\$0
iii. Vouchers				\$0
iv. Other Housing				<u>\$0</u>
d. Employment and Education Supports				\$0
e. Other Support Expenditures (provide description in budget narrative)				<u>\$0</u>
f. Total Support Expenditures	\$0	\$0	\$0	\$0
2. Personnel Expenditures				
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$0
b. New Additional Personnel Expenditures (from Staffing Detail)				\$0
c. Employee Benefits				<u>\$0</u>
d. Total Personnel Expenditures	\$0	\$0	\$0	\$0
3. Operating Expenditures	<u>i</u> _		<u>, , , , , , , , , , , , , , , , ,</u>	
a. Professional Services				\$0
b. Translation and Interpreter Services				\$0
c. Travel and Transportation				\$0
d. General Office Expenditures				\$0
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports				\$0
g. Other Operating Expenses (provide description in budget narrative)				<u>\$0</u>
h. Total Operating Expenditures	\$0	\$0	\$0	<u>.</u> \$0
4. Program Management				
a. Existing Program Management				\$0
b. New Program Management				<u>\$0</u>
c. Total Program Management		\$0	\$0	\$0
5. Estimated Total Expenditures when service provider is not known	\$996,000			\$996,000
6. Total Proposed Program Budget	\$996,000	\$0	\$0	\$996,000
B. Revenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. Realignment				\$0
d. State General Funds				\$0
e. County Funds				\$0
f. Grants				40
g. Other Revenue				\$0
h. Total Existing Revenues	\$0	\$0	\$0	\$0
2. New Revenues	Ψ0	ΨΟ	Ψ0	ψ0
a. Medi-Cal (FFP only)	\$96,000			\$96,000
b. Medicare/Patient Fees/Patient Insurance	\$50,000			\$0
c. State General Funds				\$0
d. Other Revenue				\$0
u. Other Revenue e. Total New Revenue	\$96,000	\$0	\$0	\$96,000
a. Total New Revenue  3. Total Revenues	\$96,000	\$0 \$0	\$0 \$0	\$96,000
	φου, σου	<b>\$</b> U	ψo	
C. One-Time CSS Funding Expenditures				\$0
D. Total Funding Requirements	\$900,000	\$0	\$0	\$900,000
E. Percent of Total Funding Requirements for Full Service Partnerships				

County(ies	):San Diego		Fiscal Year: _	FY 07-08
Program Workplan	#OA-1		Date:_	11/11/05
Program Workplan Nam	e High Utilizer Integrated Services & Supported	d Housing	Page:_	224 of 274
Type of Fundir	g1. Full Service Partnership		Months of Operation	12
Propos	sed Total Client Capacity of Program/Service:	83	New Program/Service or Expansion	New
	Existing Client Capacity of Program/Service:	0	Prepared by:N	Michelle Peterson
Client Capacity	of Program/Service Expanded through MHSA:	83	Telephone Number:	(619) 563-2715

Classification	Function	Client, FM & CG FTEs a/	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
	Total Current Existing Positions	0.00	0.00		\$0 \$0
	Total Cultonic Exically 1 contaction	0.00	0.00		Ψ.
B. New Additional Positions					
Program Manager	Manages Program and Staff		1.00		\$0
Geriatric Psychiatrist	Provides Medication Support& Consultation		0.25		\$0
Nurse Practitioner	Provides Medication Support and Monitoring		0.50		\$0
Geriatric Psychiatric Nurse	Provides Mental Health Services		2.00		\$0
Geriatric Mental Health Clinician, Licensed	Provides Mental Health Services		3.00		\$0
Unlicensed Mental Health Clinician/Intern	Provides Mental Health Services	1.50	1.00		\$0
Peer/ Family Specialist Program Assistant	Peer & Family Support / Community Linkages Provides Administrative/Clerical Support	1.50	1.00		\$0 \$0
Substance Abuse Specialist	Provides Substance Abuse Services		0.75		\$0
Employment Specialist	Provides Vocational and Employment Services		0.70		\$0
*At least 50% of all staff are bilingual/bicultural	rovides vecalional and Employment Corvices		0.00		\$0
The reads are to an exam are sumingualisations					\$0
					\$0
					\$0
	***************************************				\$0
					\$ <u>0</u>
	Total New Additional Positions	1.50	10.00		\$0
C. Total Program Positions		1.50	10.00		\$0

County(ies): San Diego Fiscal Year: 2007-08 Page: 225 of 274

Program Workplan #: OA-1 Date: 11/11/05

Program Workplan Name: High Utilizer Integrated Services & Supported Housing

Type of Funding: 1. Full Service Partnership New Program/Service of Expansion: New

Line#	<u>Amount</u>	<u>Description / Justification</u>
A.5	\$996,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2007 - June 30, 2008.
B.2.a	\$96,000	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population and/or are providing non-billable Medi-Cal services.
D	\$900,000	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

### **EXHIBIT 4: COMMUNITY SERVICES AND SUPPORTS WORK PLAN SUMMARY**

County: San Diego	Fiscal Year: 2005-06,	Program Work Plan Name: Mobile Outreach at Home & Community				
County	2006-07, 2007-08					
Program Work Plan #: OA-2	)	Estimated Start Date: April 1, 2006				
10) Description of Programs Dravide culturally/linguistically appropriate countrivide mobile cutrosch and comprehensive						

**1a) Description of Program:** Provide culturally/linguistically appropriate countywide mobile outreach and comprehensive mental health and substance abuse screening, integrated geriatric assessment, benefits eligibility, information, linkages & referrals to clients, family and care providers through 24/7 outreach to isolated seniors in home and to the homeless, including on-site services such as Senior Centers, senior housing, shelters, nutrition sites, churches and other community sites. A transportation component includes the purchase of a van to facilitate mobility and access to services for seniors with transportation needs.

**1b) Priority Population:** Unserved and Underserved SMI seniors 60+ years old Latino, Asian, homeless or at risk of homelessness, and their families and care providers. Priority for services will be given to those older adults with the most severe conditions and with highest incidence of emergency and inpatient services utilization, or those having the most difficulties accessing care due to system barriers. In accordance with AB599, veterans are eligible for this program.

	Fu	nd Typ	ре		Age	Group	)
Describe strategies to be used, Funding Types requested (check all that apply), Age Groups to be served (check all that apply)			OE	CY	TAY	Α	OA
<ul> <li>1c)</li> <li>✓ Mobile Outreach by Multi-disciplinary Teams - 24/7 Crisis Response;</li> <li>✓ Outreach to isolated (frail and homebound) seniors in home (and to homeless);</li> <li>✓ Mental health and substance abuse screening, comprehensive/ integrated geriatric assessment, benefits eligibility, information, linkages &amp; referrals;</li> <li>✓ Linkage and care coordination to physical healthcare providers;</li> <li>✓ Senior Peer counseling services provides support and education / knowledge to client and families on how to navigate mental health system;</li> <li>✓ Senior Peer/ Family—run Volunteer In Home Respite Services for families and caregivers who are housing/supporting SMI older adults;</li> <li>✓ Transportation services will be provided as appropriate;</li> <li>✓ Geriatric Mental Health Certificate Training for mental health and other</li> </ul>							

aging network services providers.				

- 2) Proposed Program: Program will provide mobile outreach and comprehensive mental health and substance abuse screening, integrated geriatric assessment, benefits eligibility, information, linkages & referrals to clients, family and care providers through 24/7 outreach to isolated seniors in home and to the homeless, including on-site services at Senior Centers, nutrition sites, churches and other community sites. Program will address MHS goals by reducing racial disparities in access to care, reducing homelessness, involuntary services, isolation, increasing access to mental health services and increasing client, family and community participation. Program includes Geriatric mental health training for providers. One time funds in the first year are included for six weeks of program start-up costs, geriatric certificate training and senior peer and family/caregiver support training.
- **3) Housing/Employment Services:** Linkage and referrals for housing and employment will be made as neededare anticipated; no direct provision included.
- 4) Full Service Partnership: NA; Not a FSP program
- **5) Recovery Goals:** Services promote recovery goals such as appropriate access and use of mental health services, self-help and development of self-sufficiency, as well as a network of support, and timely access; reducing hospitalization and recidivism; client satisfaction, and will have a wellness and resilience focus. Program services are consistent with recovery and rehabilitation values incorporated in the MHSA.
- 6) Expanding Existing Program: This is a new program.
- 7) Services and Supports provided by Clients and/or Family Members Services may include outreach, engagement, education, transportation, senior peer counseling, family and caregiver support and volunteer services.
- **8) Collaboration Strategies:** In close partnership and in coordination with HHSA AIS' Senior Mental Health Outreach Teams and through a joint planning with clients, family, Aging Network and business organizations, this program will convene a Multi-Partners/Agency Collaborative for the planning and coordination of services for older adults as an Integrated Single Service System. Together the partnership members will work to solve access to care and advance MHSA goals for the older adult system of care.

9/10) Cultural Competence/Ethnic Disparities/Sexual Orientation and Gender Sensitivity: Cultural competence and sexual orientation and gender sensitivity are required expectations of our current providers and are integrated in our current service delivery system and will be a requirement in all MHSA programs as well. Services will be provided in the languages of the specific community to be served. Interventions to be used will have demonstrated efficacy with populations served. Service providers will possess cultural awareness, knowledge and skills necessary to provide culturally competent services.

- 11) Individuals Residing Out-of-County: No services are planned for out-of-county residents.
- 12) Strategies not listed in Section IV All strategies are listed in Section IV.

## 13) Timeline:

Activity	<u>Date</u>
Program staff hired	by May 1, 2006
Staff trained	by May 15, 2006
Program start	by May 15, 2006

County(ies):	San Diego		Fiscal Year:	2005-06
Program Workplan #:	OA-2		Date:	11/11/05
Program Workplan Name:	Mobile Outreach at Home & Community		Page:	226 of 274
Type of Funding:	2. System Development		Months of Operation:	3
	Proposed Total Client Consoity of Program/Carvine:	175	New Brogram/Service or Evennien:	Mari

Proposed Total Client Capacity of Program/Service: 175 New Program/Service or Expansion: Existing Client Capacity of Program/Service: 0 Prepared by: Michelle Peterson Client Capacity of Program/Service Expanded through MHSA: 175 Telephone Number: (619) 563-2715 Other Community Mental County Mental Governmental Health Contract Total Health Department Agencies Providers A. Expenditures 1. Client, Family Member and Caregiver Support Expenditures a. Clothing, Food and Hygiene b. Travel and Transportation \$0 d. Employment and Education Supports \$0 e. Other Support Expenditures (provide description in budget narrative) \$0 f. Total Support Expenditures \$0 \$0 2. Personnel Expenditures a. Current Existing Personnel Expenditures (from Staffing Detail) \$0 \$0 b. New Additional Personnel Expenditures (from Staffing Detail) c. Employee Benefits <u>\$0</u> d. Total Personnel Expenditures \$0 \$0 \$0 \$0 3. Operating Expenditures a. Professional Services \$0 b. Translation and Interpreter Services \$0 \$0 c. Travel and Transportation d. General Office Expenditures \$0 e. Rent. Utilities and Equipment f. Medication and Medical Supports \$0 g. Other Operating Expenses (provide description in budget narrative) \$0 h. Total Operating Expenditures \$0 \$0 \$0 \$0 4. Program Management a. Existing Program Management \$0 b. New Program Management \$0 c. Total Program Management \$0 5. Estimated Total Expenditures when service provider is not known \$201,368 \$201,368 \$201,368 6. Total Proposed Program Budget \$201,368 \$0 \$0 B. Revenues 1. Existing Revenues a. Medi-Cal (FFP only) \$0 b. Medicare/Patient Fees/Patient Insurance \$0 c. Realignment \$0 d. State General Funds \$0 e. County Funds \$0 f. Grants g. Other Revenue \$0 h. Total Existing Revenues \$0 \$0 \$0 \$0 2. New Revenues a. Medi-Cal (FFP only) \$0 b. Medicare/Patient Fees/Patient Insurance \$0 c. State General Funds \$0 d. Other Revenue \$0 e. Total New Revenue \$0 \$0 \$0 \$0 3. Total Revenues \$0 \$0 \$0 \$0 C. One-Time CSS Funding Expenditures \$172,939 \$172,939

\$374,307

\$0

\$0

\$374,307

D. Total Funding Requirements

E. Percent of Total Funding Requirements for Full Service Partnerships

County(ies):_	San Diego		Fiscal Year:_	2005-06
Program Workplan #_	OA-2		Date:_	11/11/05
Program Workplan Name	Mobile Outreach at Home & Community		Page:	227 of 274
Type of Funding	2. System Development		Months of Operation	3
Prop	osed Total Client Capacity of Program/Service:	175	New Program/Service or Expansion	New
·	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Petersor
Client Capacity	of Program/Service Expanded through MHSA:	175	Telephone Number:	(619) 563-2715

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
	Total Current Existing Positions	0.00	0.00		\$0 \$0
D. Nam Additional Basidian			7,00		
B. New Additional Positions Program Manager, Licensed*	Manages Program/Staff & Clinical Supervision		0.25		so
Geriatric Psychiatrist*	Provides Clinical Consultation		0.25		\$0
Geriatric Psychiatric Nurse/ Geriatric LCSW*	Provides Emerg Response, MHS, Clinical Supervisor		1.25		\$0
Counselor, Master Level Interns*	Provides MHS, Outreach and Education		0.50		\$0
Senior Peer / Family Support Coordinator*	Coord Outreach, Volunteers, & Transportation	0.30			\$0
Clerical & Other Support Staff*	Provides Clerical Support		0.25		\$0
*Bilingual / Bicultural					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
	Total New Additional Positions	0.30	2.30		\$0
C. Total Program Positions		0.30	2.30		\$0

County(ies): San Diego Fiscal Year: 2005-06 Page: 228 of 274
Program Workplan #: OA-2 Date: 11/11/05

Program Workplan Name: Mobile Outreach at Home & Community

Type of Funding: 2. System Development New Program/Service of Expansion: New

<u>Line #</u>	<u>Amount</u>	Description / Justification
A.5	\$201,368	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 3 months beginning April 1, 2006 - June 30, 2006.
B.2.a	\$0	Although this program will generate Medi-Cal (FFP only) revenue when it is fully operational, no Medi-Cal (FFP) is budgeted for FY 05-06 because the program will not be starting before April 1, 2006. As it is a new program starting late in the fiscal year, the Medi-Cal is not expected to be material until FY 06-07.
С	\$172,939	One-Time CSS Funding Expenditures are the sum of the following:
	\$92,939	One-time CSS funding for start-up and implementation expenditures for this program are equivalent to 6 weeks of service operations. Start-up funds are budgeted to purchase equipment such as computer hardware, software, cell phones, copier, fax, furniture and other office equipment and transportation for clients (if needed). Additionally, these funds may be used to secure or expand office space including possible leasehold improvements. Implementation funds are also needed for program staff to recruit, hire, and train personnel and will be used to develop initial program outreach strategies to get this program up and running. These start-up costs will be expended in the fourth quarter of FY 05-06 between April 1, 2006 - June 30,2006.
	\$30,000	One-time CSS funding for Geriatric Mental Health Certificate training and materials. These start-up costs will be expended in the fourth quarter of FY 05-06 between April 1, 2006 - June 30,2006.
	\$30,000	One-time CSS funding to purchase a van in the fourth quarter of FY 05-06 for the program to transport clients.
	\$20,000	One-time CSS funding for Senior Peer and Family /Caregiver Support training and materials ( training for Volunteers and Volunteer Services Coordinator). Funds will be expended in the fourth quarter of FY 05-06 between April 1, 2006 - June 30,2006.
D	\$374,307	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

County(ies):	San Diego			Fiscal Year:	2006-07
Program Workplan #:	OA-2			Date:	11/11/05
Program Workplan Name:	Mobile Outreach at Home & Community			Page:	229 of 274
Type of Funding: _	2. System Development			Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:	700	New Program/S	Service or Expansion:	New
	Existing Client Capacity of Program/Service:	0		Prepared by:	Michelle Peterso
Client	Capacity of Program/Service Expanded through MHSA:	700		Telephone Number:	(619) 563-2715
			Other	Community Mental	

Existing Client Capacity of Program/Service		Prepared by:_		Michelle Peterson	
Client Capacity of Program/Service Expanded through MHS	A: 700	,	Telephone Number:	(619) 563-2715	
	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total	
Expenditures					
Client, Family Member and Caregiver Support Expenditures					
a. Clothing, Food and Hygiene				4	
b. Travel and Transportation					
c. Housing					
d. Employment and Education Supports					
e. Other Support Expenditures (provide description in budget narrative)				1	
f. Total Support Expenditures	\$0	\$0	\$0		
2. Personnel Expenditures					
a. Current Existing Personnel Expenditures (from Staffing Detail)					
b. New Additional Personnel Expenditures (from Staffing Detail)					
c. Employee Benefits					
d. Total Personnel Expenditures	\$0	\$0	\$0		
3. Operating Expenditures					
a. Professional Services					
b. Translation and Interpreter Services					
c. Travel and Transportation					
d. General Office Expenditures					
e. Rent, Utilities and Equipment					
f. Medication and Medical Supports					
g. Other Operating Expenses (provide description in budget narrative)					
h. Total Operating Expenses (provide description in budget nametive)	\$0	\$0	\$0		
	ΨU.	Φ0.	Φ0		
4. Program Management					
a. Existing Program Management					
b. New Program Management			40		
c. Total Program Management	2004.000	\$0	\$0		
5. Estimated Total Expenditures when service provider is not known	\$894,600			\$894,6	
6. Total Proposed Program Budget	\$894,600	\$0	\$0	\$894,6	
Revenues					
1. Existing Revenues					
a. Medi-Cal (FFP only)					
b. Medicare/Patient Fees/Patient Insurance					
c. Realignment					
d. State General Funds					
e. County Funds					
f. Grants					
g. Other Revenue					
h. Total Existing Revenues	\$0	\$0	\$0		
2. New Revenues					
a. Medi-Cal (FFP only)	\$89,129			\$89,1	
b. Medicare/Patient Fees/Patient Insurance					
c. State General Funds					
d. Other Revenue					
e. Total New Revenue	\$89,129	\$0	\$0	\$89,	
3. Total Revenues	\$89,129	\$0	\$0		
One-Time CSS Funding Expenditures			, -		
Total Funding Requirements	\$805,471	\$0	\$0	\$805,4	
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County(ies):_	San Diego		Fiscal Year:_	FY 06-07
Program Workplan #_	OA-2		Date:	11/11/05
Program Workplan Name	Mobile Outreach at Home & Community		Page:_	230 of 274
Type of Funding_	2. System Development		Months of Operation	12
Prop	osed Total Client Capacity of Program/Service:	700	New Program/Service or Expansion	New
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
01'	- of December (Compiler France ded there are MUCA)	700		(640) 562 2745

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
	Total Current Existing Positions	0.00	0.00		<u>\$0</u> \$0
B. Marris Andrillo and Branchina		0.00	5.65		**
B. New Additional Positions	Manager Brown Role & Ollege of Commendation		4.00		
Program Manager, Licensed* Geriatric Psychiatrist*	Manages Program/Staff & Clinical Supervision Provides Clinical Consultation		1.00 0.20		\$0 \$0
Geriatric Psychiatric Nurse/ Geriatric LCSW*	Provides Emerg Response, MHS, Clinical Supervisor		5.00		\$0
Counselor, Master Level Interns*	Provides MHS, Outreach and Education		2.00		\$0
Senior Peer / Family Support Coordinator*	Coord Outreach, Volunteers, & Transportation	1.20			\$0
Clerical & Other Support Staff*	Provides Clerical Support		1.00		\$0
*Bilingual / Bicultural					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					<u>\$0</u>
	Total New Additional Positions	1.20	9.20		\$0
C. Total Program Positions		1.20	9.20		\$0

County(ies): San Diego Fiscal Year: 2006-07 Page: 231 of 274

Program Workplan #: OA-2 Date: 11/11/05

Program Workplan Name: Mobile Outreach at Home & Community

Type of Funding: 2. System Development New Program/Service of Expansion: New

Line #	<u>Amount</u>	<u>Description / Justification</u>
A.5	\$894,600	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2006 - June 30, 2007.
B.2.a	\$89,129	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population and/or are providing non-billable Medi-Cal services.
D	\$805,471	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

County(ies):_	San Diego		Fiscal Year:	2007-08
Program Workplan #: _	OA-2		Date:	11/11/05
Program Workplan Name: _	Mobile Outreach at Home & Community		Page:	232 of 274
Type of Funding:	2. System Development		Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:_	700	_ New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:_	0	_ Prepared by:	Michelle Peterson

Existing Client Capacity of Program/Ser			Prepared by:	Michelle Peterso
Client Capacity of Program/Service Expanded through MH	ISA: 700		Telephone Number:	(619) 563-2715
	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures	on and a second			
1. Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				
b. Travel and Transportation				
c. Housing				
d. Employment and Education Supports				
e. Other Support Expenditures (provide description in budget narrative)				
f, Total Support Expenditures	\$0	\$0	\$0	
2. Personnel Expenditures				
a. Current Existing Personnel Expenditures (from Staffing Detail)				
b. New Additional Personnel Expenditures (from Staffing Detail)				
c. Employee Benefits				
d. Total Personnel Expenditures	\$0	\$0	\$0	
3. Operating Expenditures				
a. Professional Services				
b. Translation and Interpreter Services				
c. Travel and Transportation				
d. General Office Expenditures				
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports				
g. Other Operating Expenses (provide description in budget narrative)				
h. Total Operating Expenditures	\$0	\$0	\$0	
4. Program Management				
a. Existing Program Management				
b. New Program Management				
c. Total Program Management		\$0	\$0	
Estimated Total Expenditures when service provider is not known	\$894,600			\$894,
6. Total Proposed Program Budget	\$894,600	\$0	\$0	\$894,6
. Revenues	, , , , , , , , , , , , , , , , , , , ,	•	,-	,,,,
1. Existing Revenues				
a. Medi-Cal (FFP only)				
b. Medicare/Patient Fees/Patient Insurance				
c. Realignment				
d. State General Funds				
e. County Funds				
f. Grants				
g. Other Revenue				
h. Total Existing Revenues	\$0	\$0	\$0	
2. New Revenues	Ψ0	φυ	φυ	
	\$89,129			\$89,
a. Medi-Cal (FFP only)	\$09,129			φου,
b. Medicare/Patient Fees/Patient Insurance     c. State General Funds				
d. Other Revenue	***************************************	**	**	***
e. Total New Revenue	\$89,129	\$0	\$0	\$89,
3. Total Revenues	\$89,129	\$0	\$0	\$89,
One-Time CSS Funding Expenditures				
. Total Funding Requirements	\$805,471	\$0	\$0	\$805,4
. Percent of Total Funding Requirements for Full Service Partnerships				

County(ies	):San Diego		Fiscal Year:	FY 07-08
Program Workplan	#OA-2		Date:	11/11/05
Program Workplan Nam	eMobile Outreach at Home & Community		Page:	233 of 274
Type of Fundin	g2. System Development		Months of Operation	12
Pr	oposed Total Client Capacity of Program/Service: _	700	New Program/Service or Expansion	New
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
Client Cone	sity of Brogram/Sorvice Everanded through MUSA:	700	Tolophone Number:	(610) 563 2715

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
	Total Current Existing Positions	0.00	0.00		\$0 \$0
	Total Current Existing Positions	0.00	0.00		φυ
B. New Additional Positions					
Program Manager, Licensed*	Manages Program/Staff & Clinical Supervision		1.00		\$0
Geriatric Psychiatrist*	Provides Clinical Consultation		0.20		\$0
Geriatric Psychiatric Nurse/ Geriatric LCSW*  Counselor, Master Level Interns*	Provides Emerg Response, MHS, Clinical Supervisor		5.00 2.00		\$0 \$0
Senior Peer / Family Support Coordinator*	Provides MHS, Outreach and Education  Coord Outreach, Volunteers, & Transportation	1.20			\$0
Clerical & Other Support Staff*	Provides Clerical Support	1.20	1.00		\$0
*Bilingual / Bicultural					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
	Total New Additional Positions	1.20	9.20		\$0 \$0
	Total New Additional Fusitions				
C. Total Program Positions		1.20	9.20		\$0

County(ies): San Diego Fiscal Year: 2007-08 Page: 234 of 274
Program Workplan #: OA-2 Date: 11/11/05

Program Workplan Name: Mobile Outreach at Home & Community

Type of Funding: 2. System Development New Program/Service of Expansion: New

Line#	<u>Amount</u>	<u>Description / Justification</u>
A.5	\$894,600	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2007 - June 30, 2008.
B.2.a	\$89,129	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population and/or are providing non-billable Medi-Cal services.
D	\$805,471	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

## EXHIBIT 4: COMMUNITY SERVICES AND SUPPORTS WORK PLAN SUMMARY

County: San Diego County	Fiscal Year: 2005-06,	Program Work Plan Nar	me: Me	ntal He	ealth S	ervices	and P	rimary	Care
	2006-07, 2007-08	Services Integration							
Program Work Plan #: OA-3		Estimated Start Date: A							
1a) Description of Program: I	Integration of mental hea	alth services in primary ca	re com	munity	clinics c	<b>5.</b>			
<b>1b)</b> Priority Population: SMI,		•	•						
disparities among linguist	•					tal hea	Ith, phy	rsical h	ealth
and/or substance abuse.	In accordance with AB59	99, veterans are eligible f	or this	prograi	m.				
			Fι	and Ty	ое		Age (	Group	
Describe strategies to be use	ed, Funding Types reque	sted (check all that		Sys					
apply), Age Groups to be ser	ved (check all that apply	<b>'</b> )	FSP	Dev	OE	CY	TAY	Α	OA
1c)					$\boxtimes$				$\boxtimes$
✓ Culturally and linguisticall									
engagement, education, of									
referrals, advocacy and tr		y client/family							
Community Health Worke	ers;								
✓ Comprehensive and integ	•	•							
mental health and substa	nce abuse, brief interver	ntion, linkages,							
information and referral;									
✓ Individual and group educe	• .								
care-givers, and coordina	•	•							
care-giver, provided by se									
✓ Training provided via one									
evidence-based and pron	•								
integration of mental heal									
practice guidelines, scree									
alcohol and drug problem		), chronic disease							
management and cultural	competence.							,	

2) Proposed Program: This program will provide evidence-based depression treatment for two population groups: 1) 255 Older Adults with depression or other mental illness and 2) 200 additional Older Adults with co-morbid depression and

diabetes in collaboration with Project Dulce, University of California, San Diego, and The California Endowment in a pilot program to evaluate the delivery of integrated management of diabetes and depression at two intervention sites. The pilot includes a comparison group receiving usual care for diabetes at two control sites. Three survey-based measures (the PHQ-9, a measure of self-care activities, and a quality of life scale) will be administered, and cost and clinical outcomes will be examined.

Both the pilot and regular program will use evidence-based approaches including IMPACT (Improving Mood- Promoting Access to Collaborative Treatment, an evidenced-based practice recommended by President's Freedom Commission), Senior Peer Promotoras, and Community Health Workers. Program advances MHSA goals by increasing access for unserved older adults to integrated service experience and reducing racial disparities. Training on primary care integration and IMPACT for older adults, and for Promotoras and Community Health Workers, is included via one-time funding in the first year. One time funds are also included for six weeks of program start-up costs.

- 3) Housing/Employment Services: Linkage to housing and employment services will be provided as needed
- 4) Full Service Partnership: NA; this is not an FSP program.
- **5) Recovery Goals:** Recovery and rehabilitation values are incorporated through this component. IMPACT and Problem Solving Therapy empower individual and family involvement and responsibility for the management of health conditions. Senior Peer, Family, Community Health Workers in outreach, engagement and education promote recovery vision.
- 6) Expanding Existing Program: TBD.
- 7) Services and Supports provided by Clients and/or Family Members: Senior peer Promotores/Family Community Health Workers will provide outreach, engagement, transportation and educational activities to individuals with co-occurring chronic or life threatening conditions and their families.
- **8) Collaboration Strategies:** The pilot program will be operated through collaboration with San Diego County Health and Human Services, SDMHS, Project Dulce, University of California, San Diego, the Council of Community Clinics, the Hospital Association of San Diego and Imperial Counties, The Center for HealthCare Strategies (CHCS), and The California Endowment (TCE). TCE is providing \$455,000 in funding for pilot implementation and evaluation of the Project Dulce + IMPACT model of collaborative treatment of depression and diabetes. CHCS has awarded \$50,000 for program

development and evaluation under their Medicaid Value Program. This is one of ten projects nationwide chosen for this prestigious award, which involves consultation through workshops from nationally recognized experts in population-based management of chronic disease. The goal is to demonstrate the effectiveness, feasibility, and cost of establishing this cointegrated model within the organizational and financial structures of the community clinics. A successful evaluation will provide evidence supporting wider implementation in additional clinics.

- **9/10) Cultural Competence/Ethnic Disparities/Sexual Orientation and Gender Sensitivity:** Cultural competence and sexual orientation and gender sensitivity are required expectations of our current providers and are integrated in our current service delivery system and will be a requirement in all MHSA programs as well. Services will be provided in the languages of the specific community to be served. Interventions to be used will have demonstrated efficacy with populations served. Service providers will possess cultural awareness, knowledge and skills necessary to provide culturally competent services.
- 11) Individuals Residing Out-of-County: This program will be focused on in-county residents from urban and rural areas.
- 12) Strategies not listed in Section IV: All strategies are listed in Section IV.

# 13) Timeline:

Activities	<u>Date</u>
Hire staff	By April 15, 2006
Recruit and train volunteers	By May 1, 2006
Train staff and providers	By May 15, 2006
Begin program services	By May 31, 2006

San Di<u>ego</u> Fiscal Year 2005-06 County(ies) Program Workplan #: OA-3 Date: 11/11/05 Program Workplan Name: Mental Health & Primary Care Services Integration Page 235 of 274 Type of Funding: 3. Outreach and Engagement Months of Operation: Proposed Total Client Capacity of Program/Service: New Program/Service or Expansion: New Existing Client Capacity of Program/Service Client Capacity of Program/Service Expanded through MHSA Prepared by: Michelle Peterson Telephone Number: (619) 563-2715 Other Community Mental County Mental **Health Contract** Governmental Total Health Department Agencies Providers A. Expenditures 1. Client, Family Member and Caregiver Support Expenditures a. Clothing, Food and Hygiene \$0 b. Travel and Transportation \$0 c. Housing d. Employment and Education Supports \$0 e. Other Support Expenditures (provide description in budget narrative) \$0 f. Total Support Expenditures \$0 \$0 2. Personnel Expenditures a. Current Existing Personnel Expenditures (from Staffing Detail) \$0 \$0 b. New Additional Personnel Expenditures (from Staffing Detail) c. Employee Benefits \$0 d. Total Personnel Expenditures \$0 \$0 \$0 \$0 3. Operating Expenditures a. Professional Services \$0 \$0 b. Translation and Interpreter Services \$0 c Travel and Transportation d. General Office Expenditures \$0 e. Rent, Utilities and Equipment \$0 f. Medication and Medical Supports \$0 g. Other Operating Expenses (provide description in budget narrative) h. Total Operating Expenditures \$0 \$0 \$0 \$0 4. Program Management a. Existing Program Management \$0 b. New Program Management \$0 c. Total Program Management \$0 \$0 \$113,750 5. Estimated Total Expenditures when service provider is not known \$113,750 \$113,750 \$0 \$113,750 6. Total Proposed Program Budget \$0 B. Revenues 1. Existing Revenues a. Medi-Cal (FFP only) \$0 b. Medicare/Patient Fees/Patient Insurance \$0 \$0 c. Realianment \$0 e. County Funds \$0 f Grants g. Other Revenue \$0 h. Total Existing Revenues \$0 \$0 \$0 \$0 2. New Revenues a. Medi-Cal (FFP only) \$0 h Medicare/Patient Fees/Patient Insurance \$0 c. State General Funds \$0 \$0 d. Other Revenue e Total New Revenue \$0 \$0 \$0 \$0 3. Total Revenues \$0 \$0 \$0 \$0 C. One-Time CSS Funding Expenditures \$144,700 \$144,700 D. Total Funding Requirements \$258,450 \$0 \$0 \$258,450 E. Percent of Total Funding Requirements for Full Service Partnerships

County(ies):	San Diego		Fiscal Year:	2005-06
Program Workplan #	OA-3		Date:	11/11/05
Program Workplan Name	Mental Health & Primary Care Services Integ	<u>ration</u>	Page:	236 of 274
Type of Funding	3. Outreach and Engagement		Months of Operation_	3
Propose	d Total Client Capacity of Program/Service:	114	New Program/Service or Expansion	New
E	ixisting Client Capacity of Program/Service:	0	Prepared by:	Michelle Petersor
Client Capacity of	Program/Service Expanded through MHSA:	114	Telephone Number:	(619) 563-2715

Classification	Function	Client, FM &	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
	T-4-1045				<u>\$0</u>
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
Mental Health Clinician, Licensed	Provides Mental Health Services		0.75		\$0
Counselor, Master Level Interns	Provides Case Management Activities		0.50		\$0
Geriatric Psychiatrist	Provides Medication Support		0.05		\$0
Senior Peer / Family Promotores	Outreach and Peer Support Services	0.30			\$0
					\$0
					\$0 \$0
					\$0 \$0
	Total New Additional Positions	0.30	1.30		40
C. Total Program Positions		0.30	1.30		\$0

County(ies): San Diego Fiscal Year: 2005-06 Page: 237 of 274

Program Workplan #: OA-3 Date: 11/11/05

Program Workplan Name: Mental Health & Primary Care Services Integration

Type of Funding: 3. Outreach and Engagement New Program/Service of Expansion: New

Line #	<u>Amount</u>	<u>Description / Justification</u>
A.5	\$113,750	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. 20% of the program's total costs will be budgeted for ongoing Medication costs. This budget is for 3 months beginning April 1, 2006 - June 30, 2006.
B.2.a	\$0	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population.
С	\$144,700	One-Time CSS Funding Expenditures are the sum of the following:
	\$52,500	One-time CSS funding for start-up and implementation expenditures for this program are equivalent to 6 weeks of service operations. Start-up funds are budgeted to purchase equipment such as computer hardware, software, cell phones, copier, fax, furniture and other office equipment and transportation and medication for clients (if needed). Additionally, these funds may be used to secure or expand office space including possible leasehold improvements. Implementation funds are also needed for program staff to recruit, hire, and train personnel and will be used to develop initial program outreach strategies to get this program up and running. These start-up costs will be expended in the fourth quarter of FY 05-06 between April 1, 2006 - June 30,2006.
	\$30,000	One-time CSS funding to purchase a van in the fourth quarter of FY 05-06 for the program to transport clients.
	\$20,000	One-time CSS funding for Senior Peer and Promotores / Family Community Health Workers Support training. Funds will be expended in the fourth quarter of FY 05-06 between April 1, 2006 - June 30,2006.
	\$7,500	One-time CSS funding for Provider Primary Care Physician integration training. Funds will be expended in the fourth quarter of FY 05-06 between April 1, 2006 - June 30,2006.
	\$34,700	One-time CSS funding for IMPACT (Improving Mood-Promoting Access to Collaborative Treatment) training. Funds will be expended in the fourth quarter of FY 05-06 between April 1, 2006 - June 30,2006.
D	\$258,450	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

County(les).	San Diego	-		Fiscal Year:	2006-07
Program Workplan #:	OA-3	_		Date:	11/11/05
Program Workplan Name:	Mental Health & Primary Care Services Integration			Page:	238 of 274
Type of Funding:	3. Outreach and Engagement	_		12	
	Proposed Total Client Capacity of Program/Service:		New Program/S	New	
	Existing Client Capacity of Program/Service:	0		Prepared by:	Michelle Petersor
Client	: Capacity of Program/Service Expanded through MHSA:	455		Telephone Number:	(619) 563-2715
		County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures					
•	er and Caregiver Support Expenditures				
a. Clothing, Food ar	nd Hygiene				\$(
b. Travel and Trans	portation				\$(
c. Housing					
d. Employment and	Education Supports				\$0
e. Other Support Ex	penditures (provide description in budget narrative)				<u>\$0</u>
f. Total Support Exp	enditures	\$0	\$0	\$0	\$(
<ol><li>Personnel Expenditu</li></ol>	res				
a. Current Existing F	Personnel Expenditures (from Staffing Detail)				\$(
	ersonnel Expenditures (from Staffing Detail)				\$0
c. Employee Benefi					<u>\$(</u>
d. Total Personnel E		\$0	\$0	\$0	\$0
3. Operating Expenditu					
a. Professional Serv					\$0
b. Translation and Ir	•				\$(
c. Travel and Trans d. General Office Ex					\$0 \$0
e. Rent, Utilities and					φι
f. Medication and M					\$0
	Expenses (provide description in budget narrative)				\$0 \$0
h. Total Operating E		\$0	\$0	\$0	\$(
4. Program Managemer		ļ Š			X
a. Existing Program					\$0
b. New Program Ma					<u>\$0</u>
c. Total Program Ma	anagement		\$0	\$0	\$0
5. Estimated Total Expe	nditures when service provider is not known	\$455,000			\$455,000
6. Total Proposed Progr	am Budget	\$455,000	\$0	\$0	\$455,000
B. Revenues					
1. Existing Revenues					
a. Medi-Cal (FFP or	nly)				\$(
b. Medicare/Patient	Fees/Patient Insurance				\$(
c. Realignment					\$0
d. State General Fu	nds				\$0
e. County Funds					\$0
f. Grants					
g. Other Revenue					<u>\$(</u>
h. Total Existing Re	venues	\$0	\$0	\$0	\$(
2. New Revenues					
a. Medi-Cal (FFP or					\$0
	Fees/Patient Insurance				\$(
c. State General Fu	ius				\$(
d. Other Revenue e. Total New Reven	۵۱۱۱۵	\$0	\$0	\$0	<u>\$(</u> \$(
3. Total Revenues	iuc	\$0	\$0 \$0	\$0 \$0	\$(
C. One-Time CSS Funding	Expenditures	ΨΟ	ΨΟ	ΨΟ	\$0
D. Total Funding Requiren		\$455,000	\$0	\$0	\$455,000
	g Requirements for Full Service Partnerships	φ400,000	30	***	9400,000

County(ies):_	San Diego		Fiscal Year:_	FY 06-07
Program Workplan#	OA-3		Date:_	11/11/05
Program Workplan Name	Mental Health & Primary Care Services Inte	gration	Page:	239 of 274
Type of Funding	Outreach and Engagement		Months of Operation	12
Proposed	Total Client Capacity of Program/Service:	455	New Program/Service or Expansion	New
Ex		0	Prepared by:	Michelle Petersor
Client Capacity of F	rogram/Service Expanded through MHSA:	455	Telephone Number:	(619) 563-2715

Classification	Function	Client, FM & CG FTEs <sup>a/</sup>	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
Mental Health Clinician, Licensed	Provides Mental Health Services		3.00		\$0
Counselor, Master Level Interns	Provides Case Management Activities		2.00		\$0
Geriatric Psychiatrist	Provides Medication Support		0.20		\$0
Senior Peer / Family Promotores	Outreach and Peer Support Services	1.20			\$0
					\$0
					\$0
					\$0
					<u>\$0</u>
	Total New Additional Positions	1.20	5.20		
C. Total Program Positions		1.20	5.20		

County(ies): San Diego Fiscal Year: 2006-07 Page: 240 of 274

Program Workplan #: OA-3 Date: 11/11/05

Program Workplan Name: Mental Health & Primary Care Services Integration

Type of Funding: 3. Outreach and Engagement New Program/Service of Expansion: New

Line #	<u>Amount</u>	<u>Description / Justification</u>
A.5	\$455,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. 20% of the program's total costs will be budgeted for ongoing Medication costs. This budget is for 12 months from July 1, 2006 - June 30, 2007.
B.2.a	\$0	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population and/or are providing non-billable Medi-Cal services.
D	\$455,000	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

County(les):_	San Diego	-		Fiscal Year:	2007-08
Program Workplan #:_	OA-3	-		Date:	11/11/05
Program Workplan Name: N	lental Health & Primary Care Services Integration			Page:	241 of 274
Type of Funding: _	<ol><li>Outreach and Engagement</li></ol>	-		Months of Operation:	12
	Proposed Total Client Capacity of Program/Service	:455	New Program/S	Service or Expansion:	New
	Existing Client Capacity of Program/Service	: 0		Prepared by:	Michelle Petersor
Client	Capacity of Program/Service Expanded through MHSA	455		Telephone Number:	(619) 563-2715
		County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures					
•	and Caregiver Support Expenditures				
a. Clothing, Food and	d Hygiene				\$(
b. Travel and Transp	ortation				\$0
c. Housing					
d. Employment and B	Education Supports				\$0
e. Other Support Exp	penditures (provide description in budget narrative)				<u>\$(</u>
f. Total Support Expe		\$0	\$0	\$0	\$(
2. Personnel Expenditur					
	ersonnel Expenditures (from Staffing Detail)				\$0
	rsonnel Expenditures (from Staffing Detail)				\$(
c. Employee Benefits					\$0
d. Total Personnel E		\$0	\$0	\$0	\$(
3. Operating Expenditure					
a. Professional Servi b. Translation and In					\$(
c. Travel and Transp					\$(
d. General Office Exp					\$(
e. Rent, Utilities and					Ψ
f. Medication and Me					\$0
	xpenses (provide description in budget narrative)				\$(
h. Total Operating Ex		\$0	\$0	\$0	\$0
4. Program Management					
a. Existing Program I	vlanagement				\$(
b. New Program Mar	nagement				<u>\$(</u>
c. Total Program Mai	nagement		\$0	\$0	\$(
<ol><li>Estimated Total Exper</li></ol>	nditures when service provider is not known	\$455,000			\$455,000
6. Total Proposed Progra	m Budget	\$455,000	\$0	\$0	\$455,000
B. Revenues					
1. Existing Revenues					
a. Medi-Cal (FFP onl	у)				\$0
b. Medicare/Patient F	Fees/Patient Insurance				\$0
c. Realignment					\$0
d. State General Fun	ds				\$(
e. County Funds					\$0
f. Grants					
g. Other Revenue			**	to.	\$0
h. Total Existing Rev	enues	\$0	\$0	\$0	\$0
2. New Revenues a. Medi-Cal (FFP onl	u)				\$(
	y) Fees/Patient Insurance				\$(
c. State General Fun					\$(
d. Other Revenue	40				\$(
e. Total New Revenu	ie	\$0	\$0	\$0	\$0
3. Total Revenues		\$0	\$0	\$0	\$(
C. One-Time CSS Funding I	Expenditures		· ·	Ψ	\$0
D. Total Funding Requirem	•	\$455,000	\$0	\$0	\$455,000
	Requirements for Full Service Partnerships	<del></del>	40	***	<del>++00,000</del>
⊑. ι σισσικοι ισκαι Fullulliy	requirements for run service carriersings				ı

	County(ies):_	San Diego		Fiscal Year:	FY 07-08
Р	rogram Workplan #_	OA-3		Date:	11/11/05
Progra	am Workplan Name <u>I</u>	Mental Health & Primary Care Services Inte	gration	Page:	242 of 274
	Type of Funding_	3. Outreach and Engagement		Months of Operation_	12
	Proposed	Total Client Capacity of Program/Service:_	455	New Program/Service or Expansion	New
	Exi	sting Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
	Client Capacity of Pr	ogram/Service Expanded through MHSA:	455	Telephone Number:	(619) 563-2715

Classification	Function	Client, FM &	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
	Provides Mental Health Services		3.00		40
Mental Health Clinician, Licensed Counselor, Master Level Interns	Provides Menial Health Services  Provides Case Management Activities		2.00		\$0 \$0
Geriatric Psychiatrist	Provides Case Management Activities  Provides Medication Support		0.20		\$0
Senior Peer / Family Promotores	Outreach and Peer Support Services	1.20			\$0
Serior Feet / Farminy Frontocores	Califeach and Feel Capport Services	1.20			\$0
					\$0
					\$0
					\$0
	Total New Additional Positions	1.20	5.20		
C. Total Program Positions		1.20	5.20		\$0

County(ies): San Diego Fiscal Year: 2007-08 Page: 243 of 274
Program Workplan #: OA-3 Date: 11/11/05

Program Workplan Name: Mental Health & Primary Care Services Integration

Type of Funding: 3. Outreach and Engagement New Program/Service of Expansion: New

Line #	<u>Amount</u>	<u>Description / Justification</u>
A.5	\$455,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. 20% of the program's total costs will be budgeted for ongoing Medication costs. This budget is for 12 months from July 1, 2007 - June 30, 2008.
B.2.a	\$0	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population and/or are providing non-billable Medi-Cal services.
D	\$455,000	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

**EXHIBIT 4: COMMUNITY SERVICES AND SUPPORTS WORK PLAN SUMMARY** 

EXTIIDIT 4. COMINIO	MILL SERVICES AND SUFFUL	KIS WORK FLAN SUMMA	<b>1</b> 17 1						
County: San Diego	Fiscal Year: 2005-06,	Program Work Plan N	lame: \$	Service	es for D	Deaf ar	nd Hard	of	
	2006-07, 2007-08	Hearing							
Program Work Plan #	: ALL-1	Estimated Start Date: April 1, 2006							
1.a.) Program Description: Countywide specialized mental health services for children/youth with serious emotional									
disturbance and seriously mentally ill (SMI) TAY and adults/older adults who are deaf and hard of hearing.									
1.b.) Priority Popula	tion: Uninsured, unserved SED	D/SMI child/youth/adults and	dolder	adults	who a	re dea	f and ha	ard of	f
hearing. These individ	duals have access to care issue	es due to language and culti	ural ba	rriers.	In acco	ordanc	e with /	AB59	9,
veterans are eligible for	or this program.								
-	-		1.d.)	Fund	Туре		Age G	roup	
Docaribo etratogiae to	be used, Funding Types reques	stad (shock all that apply)		Sys		1	$\overline{}$	$\overline{}$	T
•	ved (check all that apply)	sted (check all that apply),	FSP	Dev	OE	CY	TAY	Α	OA
	red (check all that apply)			Dev					
1.c.)				ΙШ					
•	re specific integrated mental he	<u> </u>							
•	ntal health assessment and indiv	vidual/group therapy, and							
medication man	•								
	ion and linkage with community	and supports services;							
✓ Individualized of	client directed service;								
✓ Collaboration was a contract of the con	vith existing deaf and hard of he	aring community based							
organizations.									

- 2) Proposed Programs: The proposed services advances the MHSA goals of providing access to care to unserved deaf and hard of hearing SED/SMI child/youth/adults and older adult individuals. The program provides linguistically and culturally competent mental health services to deaf and hard-of-hearing, including care coordination, linkage, individualized client/family-driven services and supports. One time funds in the first year are included for six weeks of program start-up costs.
- 3) Employment Services: Linkages and referrals to housing and employment supports and services will be provided.
- **4) Full Service Partnerships:** The average cost for each participant per year is \$3,000.

- **5) Recovery Goals**: The goals of recovery for the populations mentioned above will be advanced by ensuring that services provided will be integrated, linguistically and culturally competent, driven by client choice and anchored in rehabilitation and recovery practices that include; ability to manage their symptoms/illness, be self sufficient and productive, have personal relationships, and be able to learn, and be productive members of their community.
- 6) Expanding Existing Services: TBD.
- 7) Services and Supports provided by Clients and/or Family Members: Clients will be participating as part of a service program and will not provide services and support to clients or family members under this workplan. Referrals will made be made to Family Education and to Client-Operated Peer Support Services where appropriate.
- **8) Collaboration Strategies:** It is anticipated that this program will collaborate with existing deaf and hard of hearing established providers and entities. System services and outcomes for deaf and hard of hearing individuals will be improved by increasing access to care for unserved linguistically and culturally deaf and hard of hearing community SMI clients.
- 9/10) Cultural Competence/Ethnic Disparities/Sexual Orientation and Gender Sensitivity: Cultural competence and sexual orientation and gender sensitivity are required expectations of our current providers and are integrated in our current service delivery system and will be a requirement in all MHSA programs as well. Services will be provided in the American Sign Language. Counseling interns who are proficient in American Sign Language and in the deaf culture will be included in this program staffing. Service providers will possess cultural awareness, knowledge and skills necessary to provide culturally competent services for the deaf and hard of hearing. Interventions to be used will have demonstrated efficacy with populations served. Service providers will possess cultural awareness, knowledge and skills necessary to provide culturally competent services.
- 11) Individuals residing out-of-county: This program will be focused on in-county residents
- **12) Strategies not listed in Section IV:** All strategies are listed in Section IV. Community input during the planning process highlighted the needs of this particular population subgroup of the deaf and hard of hearing with mental illness.
- 13) Timeline:

Activities	<u>Dates</u>
Program staff hired	By April 28, 2006
Facility secured & QA certified	By May 15, 2006
Staff trained	By May 15, 2006
Program start	By May 22, 2006

County(is	es):San Diego		Fiscal Year:	2005-06
Program Workplai	n#:ALL-1		Date:	11/11/05
Program Workplan Nai	me: Services for Deaf and Hard of Hearing		Page:	244 of 274
Type of Fundir	ng:1. Full Service Partnership		Months of Operation:	3
	Proposed Total Client Capacity of Program/Service:	16	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
(	Client Capacity of Program/Service Expanded through MHSA;	16	Telephone Number:	(619) 563-2715

6. Total Proposed Program Budget \$48,650 \$0 \$0 \$48.858  B. Revenues  1. Existing Revenues  a. Medi-Cal (FFP only) b. Medicare/Patient Fees/Patient Insurance c. Realignment d. State General Funds e. County Funds f. Grants g. Other Revenue h. Total Existing Revenues  2. New Revenues a. Medi-Cal (FFP only) b. Medicare/Patient Fees/Patient Insurance c. State General Funds d. Other Revenue e. Total New Revenue  9. Total New Revenue 9. Total New Revenue 9. Total New Revenue 9. Total State General Funds 9. So \$0 9.	Cient Capacity of Frogram Service Expanded through with S	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
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b. New Program Management c. Total Program Management 5. Estimated Total Expenditures when service provider is not known \$48,650 \$5. Estimated Total Expenditures when service provider is not known \$48,650 \$5. Estimated Total Expenditures when service provider is not known \$48,650 \$5. Estimated Total Expenditures when service provider is not known \$48,650 \$5. Estimated Total Expenditures when service provider is not known \$48,650 \$5. Estimated Total Expenditures when service provider is not known \$48,650 \$5. Estimated Total Expenditures when service provider is not known \$48,650 \$5. Estimated Total Expenditures when service provider is not known \$48,650 \$5. Estimated Total Expenditures when service provider is not known \$48,650 \$5. Estimated Total Expenditures when service provider is not known \$48,650 \$5. Estimated Total Expenditures when service provider is not known \$48,650 \$5. Estimated Total Expenditures when service provider is not known \$48,650 \$5. Estimated Total Expenditures when service provider is not known \$48,650 \$5. Estimated Total Expenditures when service provider is not known \$48,650 \$5. Estimated Total Expenditures when service provider is not known \$48,650 \$5. Estimated Total Expenditures when service provider is not known \$48,650 \$5. Estimated Total Expenditures when service provider is not known \$48,650 \$5. Estimated Total Expenditures when service provider is not known \$48,650 \$5. Estimated Total Expenditures when service provider is not known \$48,650 \$5. Estimated Total Expenditures when service provider is not known \$48,650 \$5. Estimated Total Expenditures when service provider is not known \$48,650 \$5. Estimated Total Expenditures when service provider is not known \$48,650 \$5. Estimated Total Expenditures when service provider is not known \$5. Estimated Total Expenditures when service provider is not known \$5. Estimated Total Expenditures when service provider is not known \$5. Estimated Total Expenditures when service provider is not known \$5. Estimated Total Expenditures when service pro					\$0
Society					\$0
5. Estimated Total Expenditures when service provider is not known         \$48,650         \$0         \$0         \$48,650         \$0         \$48,650         \$0         \$48,650         \$0         \$48,650         \$0         \$0         \$48,650         \$0         \$0         \$48,650         \$0         \$0         \$48,650         \$0 <td< td=""><td></td><td></td><td>\$∩</td><td>sn.</td><td>\$0</td></td<>			\$∩	sn.	\$0
6. Total Proposed Program Budget \$48,650 \$0 \$0 \$48,  B. Revenues  1. Existing Revenues  a. Medi-Cal (FFP only)  b. Medicare/Patient Fees/Patient Insurance  c. Realignment  d. State General Funds  e. County Funds  f. Grants  g. Other Revenue  h. Total Existing Revenues  2. New Revenues  a. Medi-Cal (FFP only)  b. Medicare/Patient Fees/Patient Insurance  c. State General Funds  d. Other Revenue  e. Total New Revenue  9. Total New Revenue  1. Total Existing Revenue  2. State General Funds  3. Total Revenue  5. State General Funds  6. Other Revenue  7. State General Funds  8. State General Funds  9. Sta		\$48,650			\$48,650
B. Revenues   1. Existing Revenues   a. Medi-Cal (FFP only)			\$0	\$0	\$48,650
1. Existing Revenues  a. Medi-Cal (FFP only) b. Medicare/Patient Fees/Patient Insurance c. Realignment d. State General Funds e. County Funds f. Grants g. Other Revenue h. Total Existing Revenues  2. New Revenues a. Medi-Cal (FFP only) b. Medicare/Patient Fees/Patient Insurance c. State General Funds d. Other Revenue e. Total New Revenue  9. Total Revenues  3. Total Revenues  50 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$					
a. Medi-Cal (FFP only) b. Medicare/Patient Fees/Patient Insurance c. Realignment d. State General Funds e. County Funds f. Grants g. Other Revenue h. Total Existing Revenues  2. New Revenues a. Medi-Cal (FFP only) b. Medicare/Patient Fees/Patient Insurance c. State General Funds d. Other Revenue e. Total New Revenue  3. Total Revenues  5. \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$					
b. Medicare/Patient Fees/Patient Insurance c. Realignment d. State General Funds e. County Funds f. Grants g. Other Revenue h. Total Existing Revenues  2. New Revenues a. Medi-Cal (FFP only) b. Medicare/Patient Fees/Patient Insurance c. State General Funds d. Other Revenue e. Total New Revenue  3. Total Revenues  5. \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$					\$0
c. Realignment       d. State General Funds         e. County Funds       f. Grants         g. Other Revenue       \$0         h. Total Existing Revenues       \$0         2. New Revenues       \$0         a. Medi-Cal (FFP only)       \$0         b. Medicare/Patient Fees/Patient Insurance       \$0         c. State General Funds       \$0         d. Other Revenue       \$0       \$0         e. Total New Revenue       \$0       \$0         3. Total Revenues       \$0       \$0         C. One-Time CSS Funding Expenditures       \$22,454       \$22					\$0
d. State General Funds e. County Funds f. Grants g. Other Revenue h. Total Existing Revenues  2. New Revenues a. Medi-Cal (FFP only) b. Medicare/Patient Fees/Patient Insurance c. State General Funds d. Other Revenue e. Total New Revenue  3. Total Revenues  3. Total Revenues  50 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0					\$0
e. County Funds f. Grants g. Other Revenue h. Total Existing Revenues  2. New Revenues a. Medi-Cal (FFP only) b. Medicare/Patient Fees/Patient Insurance c. State General Funds d. Other Revenue e. Total New Revenue 3. Total Revenues 3. Total Revenues \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$					\$0
f. Grants g. Other Revenue h. Total Existing Revenues 2. New Revenues a. Medi-Cal (FFP only) b. Medicare/Patient Fees/Patient Insurance c. State General Funds d. Other Revenue e. Total New Revenue 3. Total Revenues 3. Total Revenues 5. \$0. \$0. \$0.  C. One-Time CSS Funding Expenditures					\$0
g. Other Revenue       \$0       \$0       \$0         h. Total Existing Revenues       \$0       \$0       \$0         2. New Revenues       \$0       \$0       \$0         a. Medi-Cal (FFP only)       \$0       \$0       \$0       \$0         b. Medicare/Patient Fees/Patient Insurance       \$0       \$0       \$0       \$0       \$0         c. State General Funds       \$0       \$0       \$0       \$0       \$0       \$0         d. Other Revenue       \$0       \$0       \$0       \$0       \$0       \$0         3. Total Revenues       \$0       \$0       \$0       \$0       \$0         C. One-Time CSS Funding Expenditures       \$22,454       \$22,454       \$22,454					
h. Total Existing Revenues       \$0       \$0         2. New Revenues       \$0       \$0         a. Medi-Cal (FFP only)       \$0       \$0         b. Medicare/Patient Fees/Patient Insurance       \$0       \$0         c. State General Funds       \$0       \$0         d. Other Revenue       \$0       \$0         e. Total New Revenue       \$0       \$0         3. Total Revenues       \$0       \$0         C. One-Time CSS Funding Expenditures       \$22,454       \$22					\$0
2. New Revenues         a. Medi-Cal (FFP only)         b. Medicare/Patient Fees/Patient Insurance         c. State General Funds         d. Other Revenue         e. Total New Revenue         3. Total Revenues         \$0 <tr< td=""><td></td><td>s<sub>n</sub></td><td>\$n</td><td>sn.</td><td>\$0</td></tr<>		s <sub>n</sub>	\$n	sn.	\$0
a. Medi-Cal (FFP only) b. Medicare/Patient Fees/Patient Insurance c. State General Funds d. Other Revenue e. Total New Revenue 3. Total Revenues \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$			**	**	
b. Medicare/Patient Fees/Patient Insurance  c. State General Funds  d. Other Revenue  e. Total New Revenue  3. Total Revenues  \$0 \$0 \$0  C. One-Time CSS Funding Expenditures  \$22,454					\$0
c. State General Funds       4         d. Other Revenue       50         e. Total New Revenue       \$0         3. Total Revenues       \$0         \$0       \$0         \$0       \$0         \$0       \$0         \$0       \$0         \$22,454       \$22,454					\$0
d. Other Revenue       \$0       \$0       \$0         e. Total New Revenue       \$0       \$0       \$0         3. Total Revenues       \$0       \$0       \$0         C. One-Time CSS Funding Expenditures       \$22,454       \$22,454					\$0
e. Total New Revenue         \$0         \$0         \$0           3. Total Revenues         \$0         \$0         \$0           C. One-Time CSS Funding Expenditures         \$22,454         \$22,454					\$ <u>0</u>
3. Total Revenues         \$0         \$0         \$0           C. One-Time CSS Funding Expenditures         \$22,454         \$22,454         \$22,454		en en	en.	en	\$0 \$0
C. One-Time CSS Funding Expenditures \$22,454 \$22.		1			\$0
			40		\$22,454
27 1,104 30 37 1,			¢n.	¢n.	
E. Percent of Total Funding Requirements for Full Service Partnerships		\$71,104	20	20	\$7 1,104

County(ies):	San Diego		Fiscal Year: _	2005-06
Program Workplan #	ALL-1		Date:_	11/11/05
Program Workplan Name	Services for Deaf and Hard of Hearing		Page:_	245 of 274
Type of Funding	1. Full Service Partnership		Months of Operation_	3
Proposed Tot	al Client Capacity of Program/Service:	16	New Program/Service or Expansion_	New
Existin	ng Client Capacity of Program/Service:	0	Prepared by:	Michelle Petersor
Client Capacity of Progr	ram/Service Expanded through MHSA:	16	Telephone Number:	(619) 563-271

Classification	Function	Client, FM &	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
	Total Current Existing Positions	0.00	0.00	_	<u>\$0</u> \$0
	Total Current Existing Positions	0.00	0.00		φυ
B. New Additional Positions					
	Provides Direct Services Provides Clerical Support		0.63 0.13		\$0 \$0
Ciencal & Other Support Stari	Frovides Cierical Support		0.13		\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 <u>\$0</u>
	Total New Additional Positions	0.00	0.75		\$0
C. Total Program Positions		0.00	0.75		\$0

County(ies): San Diego Fiscal Year: 2005-06 Page: 246 of 274

Program Workplan #: ALL-1 Date: 11/11/05

Program Workplan Name: Services for Deaf and Hard of Hearing

Type of Funding: 1. Full Service Partnership New Program/Service of Expansion: New

Line#	<u>Amount</u>	<u>Description / Justification</u>
A.5	\$48,650	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 3 months beginning April 1, 2006 - June 30, 2006.
B.2.a	\$0	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population and/or are providing non-billable Medi-Cal services.
С	\$22,454	One-Time CSS Funding Expenditures are the sum of the following:
	\$22,454	One-time CSS funding for start-up and implementation expenditures for this program are equivalent to 6 weeks of service operations. Start-up funds are budgeted to purchase equipment such as computer hardware, software, cell phones, copier, fax, furniture and other office equipment and transportation for clients (if needed). Additionally, these funds may be used to secure or expand office space including possible leasehold improvements. Implementation funds are also needed for program staff to recruit, hire, and train personnel and will be used to develop initial program outreach strategies to get this program up and running. These start-up costs will be expended in the fourth quarter of FY 05-06 between April 1, 2006 - June 30,2006.
D	\$71,104	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

County(ies	s):San Diego		Fiscal Year:	2006-07
Program Workplan	#: ALL-1		Date:	11/11/05
Program Workplan Nam	e: Services for Deaf and Hard of Hearing		Page:	247 of 274
Type of Funding	g:1. Full Service Partnership		Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:	65	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:_	0	Prepared by:	Michelle Petersor
Cli	ent Capacity of Program/Service Expanded through MHSA:_	65	Telephone Number:	(619) 563-2715

	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures				
Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$0
b. Travel and Transportation				\$0
c. Housing				
i. Master Leases				\$0
ii. Subsidies				\$0
iii. Vouchers				\$0
iv. Other Housing				<u>\$0</u>
d. Employment and Education Supports				\$0
e. Other Support Expenditures (provide description in budget narrative)				<u>\$0</u>
f. Total Support Expenditures	\$0	\$0	\$0	\$0
2. Personnel Expenditures				
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$0
b. New Additional Personnel Expenditures (from Staffing Detail)				\$0
c. Employee Benefits				<u>\$0</u>
d. Total Personnel Expenditures	\$0	\$0	\$0	\$0
3. Operating Expenditures				
a. Professional Services				\$0
b. Translation and Interpreter Services				\$0
c. Travel and Transportation				\$0
d. General Office Expenditures				\$0
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports				\$0
g. Other Operating Expenses (provide description in budget narrative)				<u>\$0</u>
h. Total Operating Expenditures	\$0	\$0	\$0	\$0
4. Program Management				
a. Existing Program Management				\$0
b. New Program Management				<u>\$0</u>
c. Total Program Management		\$0	\$0	\$0
5. Estimated Total Expenditures when service provider is not known	\$194,600	Φ.0.	***	\$194,600
6. Total Proposed Program Budget	\$194,600	\$0	\$0	\$194,600
B. Revenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. Realignment				\$0
d. State General Funds				\$0
e. County Funds				\$0
f. Grants				
g. Other Revenue				<u>\$0</u>
h. Total Existing Revenues	\$0	\$0	\$0	\$0
2. New Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. State General Funds				\$0
d. Other Revenue				<u>\$0</u>
e. Total New Revenue	\$0	\$0 ***	\$0	\$0
3. Total Revenues	\$0	\$0	\$0	\$0
C. One-Time CSS Funding Expenditures	_			\$0
D. Total Funding Requirements	\$194,600	\$0	\$0	\$194,600
E. Percent of Total Funding Requirements for Full Service Partnerships				

FY 06-07	Fiscal Year:		San Diego	County(ies):
11/11/05	Date:		ALL-1	Program Workplan #
248 of 274	Page:_		Services for Deaf and Hard of Hearing	Program Workplan Name
12	Months of Operation_		Full Service Partnership	Type of Funding
New	New Program/Service or Expansion	65	l Client Capacity of Program/Service:	Proposed Total
Michelle Petersor	Prepared by:	0	g Client Capacity of Program/Service:	Existin
(619) 563-2715	Telephone Number:	65	am/Service Expanded through MHSA:	Client Capacity of Progr

Classification	Function	Client, FM &	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0 <u>\$0</u>
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
Licensed Professional	Provides Direct Services		2.50		\$0
Clerical & Other Support Staff	Provides Clerical Support		0.50		\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					<u>\$0</u>
	Total New Additional Positions	0.00	3.00		\$0
C. Total Program Positions		0.00	3.00		\$0

County(ies): San Diego Fiscal Year: 2006-07 Page: 249 of 274

Program Workplan #: ALL-1 Date: 11/11/05

Program Workplan Name: Services for Deaf and Hard of Hearing

Type of Funding: 1. Full Service Partnership New Program/Service of Expansion: New

Line#	<u>Amount</u>	<u>Description / Justification</u>
A.5	\$194,600	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2006 - June 30, 2007.
B.2.a	\$0	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population and/or are providing non-billable Medi-Cal services.
D	\$194,600	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

County	(ies): San Diego		Fiscal Year:	2007-08
Program Workpl	an #: ALL-1		Date:	11/11/05
Program Workplan N	ame: Services for Deaf and Hard of Hearing		Page:	250 of 274
Type of Fund	ling:1. Full Service Partnership		Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:	65	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
	- Client Capacity of Program/Service Expanded through MHSA:	65	Telephone Number:	(619) 563-2715

Client Capacity of Frogram Service Expanded through with Se	County Mental	Other	Community Mental	
	Health Department	Governmental Agencies	Health Contract Providers	Total
A. Expenditures				
1. Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$0
b. Travel and Transportation				\$0
c. Housing				
i. Master Leases				\$0
ii. Subsidies				\$0
iii. Vouchers				\$0
iv. Other Housing				\$0
d. Employment and Education Supports				\$0
e. Other Support Expenditures (provide description in budget narrative)				\$0
	\$0	\$0	\$0	\$0 \$0
f. Total Support Expenditures  2. Personnel Expenditures	₽U.	ΦU	20	ΦU
				ro.
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$0
b. New Additional Personnel Expenditures (from Staffing Detail)				\$0
c. Employee Benefits				<u>\$0</u>
d. Total Personnel Expenditures	\$0	\$0	\$0	\$0
3. Operating Expenditures				
a. Professional Services				\$0
b. Translation and Interpreter Services				\$0
c. Travel and Transportation				\$0
d. General Office Expenditures				\$0
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports				\$0
g. Other Operating Expenses (provide description in budget narrative)				<u>\$0</u>
h. Total Operating Expenditures	\$0	\$0	\$0	\$0
4. Program Management				
a. Existing Program Management				\$0
b. New Program Management				<u>\$0</u>
c. Total Program Management		\$0	\$0	\$0
5. Estimated Total Expenditures when service provider is not known	\$194,600			\$194,600
6. Total Proposed Program Budget	\$194,600	\$0	\$0	\$194,600
B. Revenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. Realignment				\$0
d. State General Funds				\$0
e. County Funds				\$0
f. Grants				
g. Other Revenue				<u>\$0</u>
h. Total Existing Revenues	\$0	\$0	\$0	\$0
2. New Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. State General Funds				\$0
d. Other Revenue				<u>\$0</u>
e. Total New Revenue	\$0	\$0	\$0	\$0
3. Total Revenues	\$0	\$0	\$0	\$0
J. Total Revenues	- PU			
3. Total Revenues C. One-Time CSS Funding Expenditures	- JO			\$0
	\$194,600	\$0	\$0	\$0 \$194,600

County(ies):	San Diego		Fiscal Year:	FY 07-08
Program Workplan #	ALL-1		Date:_	11/11/05
Program Workplan Name	Services for Deaf and Hard of Hearing		Page:_	251 of 274
Type of Funding	1. Full Service Partnership		Months of Operation_	12
Proposed Tota	l Client Capacity of Program/Service:	65	New Program/Service or Expansion_	New
Existing	g Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
Client Capacity of Progra	am/Service Expanded through MHSA:	65	Telephone Number:	(619) 563-2715

Classification	Function	Client, FM &	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
	Total Current Existing Positions	0.00	0.00		<u>\$0</u> \$0
B. N & deliki and B. etki and		0.00	0.00		40
B. New Additional Positions Licensed Professional	Provides Direct Services		2.50		\$0
Clerical & Other Support Staff	Provides Clerical Support		0.50		\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0 \$0
	Total New Additional Positions	0.00	3.00		\$0
C. Total Program Positions		0.00	3.00		\$0

County(ies): San Diego Fiscal Year: 2007-08 Page: 252 of 274

Program Workplan #: ALL-1 Date: 11/11/05

Program Workplan Name: Services for Deaf and Hard of Hearing

Type of Funding: 1. Full Service Partnership New Program/Service of Expansion: New

Line#	<u>Amount</u>	<u>Description / Justification</u>
A.5	\$194,600	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2007 - June 30, 2008.
B.2.a	\$0	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population and/or are providing non-billable Medi-Cal services.
D	\$194,600	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

**EXHIBIT 4: COMMUNITY SERVICES AND SUPPORTS WORK PLAN SUMMARY** 

Fiscal Year: 2005-06, 2006-07, 2007-08

County: San Diego

Program Work Plan #: ALL-2	Estimated Start Date: April 1, 2006	8						
						101		1
1a) Description of Program: Victims of trauma and torture will be provided integrated outpatient mental health assessment,								
treatment and services in collaboration with other community services and supports. These services will increase access to								
care to unserved clients countywide who are line	care to unserved clients countywide who are linguistically and culturally diverse.							
1b) Priority Population: Linguistically and ethi	nically diverse unserved SED child	dren a	nd you	uth and	d SMI a	dults a	nd olde	er
adults and who may have a co-occurring mental	I health and substance abuse pro	blem.	In acc	cordan	ce with	AB599	, veter	ans are
eligible for this program.	·							
1.d.)Fund Type Age Group								
Describe strategies to be used, Funding Types	requested (check all that apply)		Sys		1			
Age Groups to be served (check all that apply)	requested (erreen an inat apply),	FSP	Dev	OE	CY	TAY	Α	OA
1c))		$\boxtimes$			$\boxtimes$	$\boxtimes$	$\boxtimes$	$\boxtimes$
✓ Integrated outpatient mental health services,	, to include individualized							
services, values driven culturally competent								
linkages to support services;								
✓ This service includes the provision of integra	ated culturally competent mental							
health assessments, treatment, care coordin								
collaboration with other service providers that	•							
✓ Strategies will be used to meet individual new								
stress disorder and other mental health disor	• • • • • • • • • • • • • • • • • • • •							
to healing and being productive members of	the community in collaboration							
with multiple service agencies								

Program Work Plan Name: Services for Victims of Trauma and Torture

- 2) Proposed Program: These services advance the MHSA goals of providing community services and supports to SED or SMI individuals who are unserved and to reduce ethnic disparities by increasing access to care to linguistically and culturally diverse individuals. This program focuses on integrated mental health services and supports for victims of trauma and torture. One time funds in the first year are included for six weeks of program start-up costs.
- 3) Employment Services: Care coordination and linkage to housing and employment supports will be provided.

- 4) Full Service Partnerships: This is a FSP program; the cost is \$3,000/Client
- **5) Recovery Goals**: Recovery and resiliency will be promoted by an individualized treatment plan that is focused on normalizing the client's life by focusing on their strengths, decreasing isolation and helplessness, promoting self determination to increase social functioning.
- 6) Expanding Existing Services: This is a new program for San Diego County
- 7) Services and Supports provided by Clients and/or Family Members: Clients will be participating as part of a service program and will not provide direct services and support to clients or family members. Referrals will be made to Family Education and to Client-Operated Peer Support Services where appropriate.
- 8) Collaboration Strategies: This program will collaborate with existing trauma and refugee service providers.
- 9/10) Cultural Competence/Ethnic Disparities/Sexual Orientation and Gender Sensitivity: Cultural competence and sexual orientation and gender sensitivity are required expectations of our current providers and are integrated in our current service delivery system and will be a requirement in all MHSA programs as well. Services will be provided in the languages of the specific community to be served. Interventions to be used will have demonstrated efficacy with populations served. Service providers will possess cultural awareness, knowledge and skills necessary to provide culturally competent services.
- 11) Individuals residing out-of-county: This program will be focused on in-county residents
- 12) Strategies not listed in Section IV: N/A, as all service strategies are listed in Section IV.

# 13) Timeline:

Activities	Dates
Program staff hired	By April 28, 2006
Facility secured & QA certified	By May 15, 2006
Staff trained	By May 15, 2006
Program start	By May 22, 2006

County(ies):	San Diego		Fiscal Year:	2005-06
Program Workplan #	:ALL-2		Date:	11/11/05
Program Workplan Name	Services for Victims of Trauma and Torture		Page:	253 of 274
Type of Funding:	Full Service Partnership		Months of Operation:	3
	Proposed Total Client Capacity of Program/Service:	16	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
Clie	- ent Capacity of Program/Service Expanded through MHSA:	16	Telephone Number:	(619) 563-2715

Client Capacity of Program/Service Expanded through MH:	5A: 16		Telephone Number:	(618) 563-2715
	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures				
1. Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$0
b. Travel and Transportation				\$0
c. Housing				
i. Master Leases				\$0
ii. Subsidies				\$0
iii. Vouchers				\$0
iv. Other Housing				<u>\$0</u>
d. Employment and Education Supports				\$0
e. Other Support Expenditures (provide description in budget narrative)				<u>\$0</u>
f. Total Support Expenditures	\$0	\$0	\$0	\$0
2. Personnel Expenditures				
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$0
b. New Additional Personnel Expenditures (from Staffing Detail)				\$0
c. Employee Benefits				\$ <u>0</u>
d. Total Personnel Expenditures	\$0	\$0	\$0	\$0 \$0
3. Operating Expenditures	40.	ψυ	ΨΟ	ΨΟ
a. Professional Services				\$0
b. Translation and Interpreter Services				\$0
c. Travel and Transportation				\$0
d. General Office Expenditures				\$0
e. Rent, Utilities and Equipment				40
f. Medication and Medical Supports				
g. Other Operating Expenses (provide description in budget narrative)				\$0 \$0
	\$0	\$0	\$0	\$0 \$0
h. Total Operating Expenditures  4. Program Management	ΨU	ąυ	ΦU	φυ
a. Existing Program Management				\$0
b. New Program Management		ro.	en.	<u>\$0</u> \$0
c. Total Program Management	\$48,650	\$0	\$0	\$48,650
<ol> <li>Estimated Total Expenditures when service provider is not known</li> <li>Total Proposed Program Budget</li> </ol>	\$48,650	\$0	\$0	\$48,650
	\$40,030	40	\$0	\$40,030
B. Revenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. Realignment				\$0
d. State General Funds				\$0
e. County Funds				\$0
f. Grants				
g. Other Revenue				<u>\$0</u>
h. Total Existing Revenues	\$0	\$0	\$0	\$0
2. New Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. State General Funds				\$0
d. Other Revenue				<u>\$0</u>
e. Total New Revenue	\$0		•	\$0
3. Total Revenues	\$0		\$0	\$0
C. One-Time CSS Funding Expenditures	\$22,454			\$22,454
D. Total Funding Requirements	\$71,104	\$0	\$0	\$71,104
E. Percent of Total Funding Requirements for Full Service Partnerships				

### EXHIBIT 5b--Mental Health Services Act Community Services and Supports Staffing Detail Worksheet

2005-06	Fiscal Year:		San Diego	County(ies):_
11/11/05	Date:		ALL-2	Program Workplan #
254 of 274	Page:	<u>:ure</u>	Services for Victims of Trauma and Torte	Program Workplan Name
3	Months of Operation_		1. Full Service Partnership	Type of Funding
New	New Program/Service or Expansion	16	al Client Capacity of Program/Service:	Proposed Tota
Michelle Peterson	Prepared by:	0	g Client Capacity of Program/Service:	Existing
(619) 563-2715	Telephone Number:	16	am/Service Expanded through MHSA:	Client Canacity of Progra

Classification	Function	Client, FM &	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0 <u>\$0</u>
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
Licensed Professional	Provides Direct Services		0.63		\$0
Clerical & Other Support Staff	Provides Clerical Support		0.13		\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
	Total New Additional Positions	0.00	0.75		<u>\$0</u> \$0
C. Total Program Positions		0.00	0.75		\$0

County(ies): San Diego Fiscal Year: 2005-06 Page: 255 of 274

Program Workplan #: ALL-2 Date: 11/11/05

Program Workplan Name: Services for Victims of Trauma and Torture

Type of Funding: 1. Full Service Partnership New Program/Service of Expansion: New

Line#	<u>Amount</u>	Description / Justification
A.5	\$48,650	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 3 months beginning April 1, 2006 - June 30, 2006.
B.2.a	\$0	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population and/or are providing non-billable Medi-Cal services.
С	\$22,454	One-Time CSS Funding Expenditures are the sum of the following:
	\$22,454	One-time CSS funding for start-up and implementation expenditures for this program are equivalent to 6 weeks of service operations. Start-up funds are budgeted to purchase equipment such as computer hardware, software, cell phones, copier, fax, furniture and other office equipment and transportation for clients (if needed). Additionally, these funds may be used to secure or expand office space including possible leasehold improvements. Implementation funds are also needed for program staff to recruit, hire, and train personnel and will be used to develop initial program outreach strategies to get this program up and running. These start-up costs will be expended in the fourth quarter of FY 05-06 between April 1, 2006 - June 30,2006.
D	\$71,104	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

### EXHIBIT 5a--Mental Health Services Act Community Services and Supports Budget Worksheet

County	/(ies):	San Diego		Fiscal Year:	2006-07
Program Workp	lan #:	ALL-2		Date:	11/11/05
Program Workplan N	Name:	Services for Victims of Trauma and Torture		Page:	256 of 274
Type of Fun	nding:	Full Service Partnership		Months of Operation:	12
		Proposed Total Client Capacity of Program/Service:	65	New Program/Service or Expansion:	New
		Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
	Client C	apacity of Program/Service Expanded through MHSA:_	65	Telephone Number:	(619) 563-2715

	sty Mental Department \$0	Other Governmental Agencies \$0	Community Mental Health Contract Providers  \$0	Total \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0
1. Client, Family Member and Caregiver Support Expenditures  a. Clothing, Food and Hygiene b. Travel and Transportation c. Housing i. Master Leases ii. Subsidies iii. Vouchers iv. Other Housing d. Employment and Education Supports e. Other Support Expenditures (provide description in budget narrative) f. Total Support Expenditures  2. Personnel Expenditures  a. Current Existing Personnel Expenditures (from Staffing Detail) b. New Additional Personnel Expenditures (from Staffing Detail) c. Employee Benefits d. Total Personnel Expenditures				\$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0
1. Client, Family Member and Caregiver Support Expenditures  a. Clothing, Food and Hygiene  b. Travel and Transportation  c. Housing  i. Master Leases  ii. Subsidies  iii. Vouchers  iv. Other Housing  d. Employment and Education Supports  e. Other Support Expenditures (provide description in budget narrative)  f. Total Support Expenditures  2. Personnel Expenditures  a. Current Existing Personnel Expenditures (from Staffing Detail)  b. New Additional Personnel Expenditures (from Staffing Detail)  c. Employee Benefits  d. Total Personnel Expenditures				\$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0
a. Clothing, Food and Hygiene b. Travel and Transportation c. Housing i. Master Leases ii. Subsidies iii. Vouchers iv. Other Housing d. Employment and Education Supports e. Other Support Expenditures (provide description in budget narrative) f. Total Support Expenditures  2. Personnel Expenditures a. Current Existing Personnel Expenditures (from Staffing Detail) b. New Additional Personnel Expenditures (from Staffing Detail) c. Employee Benefits d. Total Personnel Expenditures				\$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0
b. Travel and Transportation c. Housing i. Master Leases ii. Subsidies iii. Youchers iv. Other Housing d. Employment and Education Supports e. Other Support Expenditures (provide description in budget narrative) f. Total Support Expenditures  2. Personnel Expenditures a. Current Existing Personnel Expenditures (from Staffing Detail) b. New Additional Personnel Expenditures (from Staffing Detail) c. Employee Benefits d. Total Personnel Expenditures				\$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0
c. Housing  i. Master Leases  ii. Subsidies  iii. Vouchers  iv. Other Housing  d. Employment and Education Supports  e. Other Support Expenditures (provide description in budget narrative)  f. Total Support Expenditures  2. Personnel Expenditures  a. Current Existing Personnel Expenditures (from Staffing Detail)  b. New Additional Personnel Expenditures (from Staffing Detail)  c. Employee Benefits  d. Total Personnel Expenditures				\$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0
i. Master Leases ii. Subsidies iii. Vouchers iv. Other Housing d. Employment and Education Supports e. Other Support Expenditures (provide description in budget narrative) f. Total Support Expenditures  2. Personnel Expenditures a. Current Existing Personnel Expenditures (from Staffing Detail) b. New Additional Personnel Expenditures (from Staffing Detail) c. Employee Benefits d. Total Personnel Expenditures				\$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0
ii. Subsidies iii. Vouchers iv. Other Housing d. Employment and Education Supports e. Other Support Expenditures (provide description in budget narrative) f. Total Support Expenditures  2. Personnel Expenditures a. Current Existing Personnel Expenditures (from Staffing Detail) b. New Additional Personnel Expenditures (from Staffing Detail) c. Employee Benefits d. Total Personnel Expenditures				\$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0
iii. Vouchers iv. Other Housing d. Employment and Education Supports e. Other Support Expenditures (provide description in budget narrative) f. Total Support Expenditures  2. Personnel Expenditures a. Current Existing Personnel Expenditures (from Staffing Detail) b. New Additional Personnel Expenditures (from Staffing Detail) c. Employee Benefits d. Total Personnel Expenditures				\$0 <u>\$0</u> \$0 \$0 \$0 \$0 \$0
iv. Other Housing d. Employment and Education Supports e. Other Support Expenditures (provide description in budget narrative) f. Total Support Expenditures  2. Personnel Expenditures a. Current Existing Personnel Expenditures (from Staffing Detail) b. New Additional Personnel Expenditures (from Staffing Detail) c. Employee Benefits d. Total Personnel Expenditures				\$0 \$0 \$0 \$0 \$0 \$0
d. Employment and Education Supports e. Other Support Expenditures (provide description in budget narrative) f. Total Support Expenditures  2. Personnel Expenditures a. Current Existing Personnel Expenditures (from Staffing Detail) b. New Additional Personnel Expenditures (from Staffing Detail) c. Employee Benefits d. Total Personnel Expenditures				\$0 <u>\$0</u> \$0 \$0
e. Other Support Expenditures (provide description in budget narrative) f. Total Support Expenditures  2. Personnel Expenditures a. Current Existing Personnel Expenditures (from Staffing Detail) b. New Additional Personnel Expenditures (from Staffing Detail) c. Employee Benefits d. Total Personnel Expenditures				\$0 \$0 \$0 \$0
f. Total Support Expenditures  2. Personnel Expenditures  a. Current Existing Personnel Expenditures (from Staffing Detail)  b. New Additional Personnel Expenditures (from Staffing Detail)  c. Employee Benefits  d. Total Personnel Expenditures				\$0 \$0 \$0
Personnel Expenditures     a. Current Existing Personnel Expenditures (from Staffing Detail)     b. New Additional Personnel Expenditures (from Staffing Detail)     c. Employee Benefits     d. Total Personnel Expenditures				\$0 \$0
a. Current Existing Personnel Expenditures (from Staffing Detail) b. New Additional Personnel Expenditures (from Staffing Detail) c. Employee Benefits d. Total Personnel Expenditures	\$0	\$0	¢n.	\$0
b. New Additional Personnel Expenditures (from Staffing Detail) c. Employee Benefits d. Total Personnel Expenditures	\$0	\$0	¢ni	\$0
c. Employee Benefits d. Total Personnel Expenditures	\$0	\$0	en.	
d. Total Personnel Expenditures	\$0	\$0	en.	
	•			\$0
or operating Enportanties			<b>Q</b> O	
a. Professional Services				\$0
b. Translation and Interpreter Services				\$0
c. Travel and Transportation				\$0
d. General Office Expenditures				\$0
e. Rent, Utilities and Equipment				· ·
f. Medication and Medical Supports				\$0
g. Other Operating Expenses (provide description in budget narrative)				<u>\$0</u>
h. Total Operating Expenditures	\$0	\$0	\$0	\$0
4. Program Management				<u>.</u>
a. Existing Program Management				\$0
b. New Program Management				<u>\$0</u>
c. Total Program Management		\$0	\$0	\$0
5. Estimated Total Expenditures when service provider is not known	\$194,600			\$194,600
6. Total Proposed Program Budget	\$194,600	\$0	\$0	\$194,600
B. Revenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. Realignment				\$0
d. State General Funds				\$0
e. County Funds				\$0
f. Grants				
g. Other Revenue				<u>\$0</u>
h. Total Existing Revenues	\$0	\$0	\$0	\$0
2. New Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. State General Funds				\$0
d. Other Revenue				<u>\$0</u>
e. Total New Revenue	\$0	\$0	\$0	\$0
3. Total Revenues	\$0	\$0	\$0	\$0
C. One-Time CSS Funding Expenditures				\$0
D. Total Funding Requirements	\$194,600	\$0	\$0	\$194,600
E. Percent of Total Funding Requirements for Full Service Partnerships				

## EXHIBIT 5b--Mental Health Services Act Community Services and Supports Staffing Detail Worksheet

FY 06-07	Fiscal Year:		):San Diego	County(ies):
11/11/05	Date:		#ALL-2	Program Workplan #
257 of 274	Page:	ure	e <u>Services for Victims of Trauma and Tort</u>	Program Workplan Name
12	Months of Operation_		g1. Full Service Partnership	Type of Funding
New	New Program/Service or Expansion	65	otal Client Capacity of Program/Service:	Proposed Tota
Michelle Petersor	_ Prepared by:	0	ing Client Capacity of Program/Service:	Existin
(619) 563-271	Telephone Number:	65	gram/Service Expanded through MHSA:	Client Capacity of Progra

Classification	Function	Client, FM & CG FTEs a/	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					<u>\$0</u> \$0
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
Licensed Professional	Provides Direct Services		2.50		\$0
Clerical & Other Support Staff	Provides Clerical Support		0.50		\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					<u>\$0</u>
	Total New Additional Positions	0.00	3.00		\$0
C. Total Program Positions		0.00	3.00		\$0

County(ies): San Diego Fiscal Year: 2006-07 Page: 258 of 274

Program Workplan #: ALL-2 Date: 11/11/05

Program Workplan Name: Services for Victims of Trauma and Torture

Type of Funding: 1. Full Service Partnership New Program/Service of Expansion: New

Line#	<u>Amount</u>	<u>Description / Justification</u>
A.5	\$194,600	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2006 - June 30, 2007.
B.2.a	\$0	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population and/or are providing non-billable Medi-Cal services.
D	\$194,600	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

### EXHIBIT 5a-Mental Health Services Act Community Services and Supports Budget Worksheet

County	/(ies):	San Diego		Fiscal Year:	2007-08
Program Workpl	lan #:	ALL-2		Date:	11/11/05
Program Workplan N	lame:	Services for Victims of Trauma and Torture		Page:	259 of 274
Type of Fund	ding:	Full Service Partnership		Months of Operation:	12
		Proposed Total Client Capacity of Program/Service:	65	New Program/Service or Expansion:	New
		Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
	Client 0		65	Telephone Number:	(619) 563-2715

	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures				
1. Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$0
b. Travel and Transportation				\$0
c. Housing				,
i. Master Leases				\$0
ii. Subsidies				\$0
iii. Vouchers				\$0
iv. Other Housing				\$0
d. Employment and Education Supports				\$0
e. Other Support Expenditures (provide description in budget narrative)				<u>\$0</u>
f. Total Support Expenditures	\$0	\$0	\$0	\$0
2. Personnel Expenditures	Ψυ	φυ	40	φι
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$0
				\$0
b. New Additional Personnel Expenditures (from Staffing Detail)				
c. Employee Benefits	ro.	ro.	ro.	<u>\$0</u>
d. Total Personnel Expenditures	\$0	\$0	\$0	\$0
3. Operating Expenditures				
a. Professional Services				\$0
b. Translation and Interpreter Services				\$0
c. Travel and Transportation				\$0
d. General Office Expenditures				\$0
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports				\$0
g. Other Operating Expenses (provide description in budget narrative)				<u>\$C</u>
h. Total Operating Expenditures	\$0	\$0	\$0	\$C
4. Program Management				
a. Existing Program Management				\$C
b. New Program Management				<u>\$C</u>
c. Total Program Management		\$0	\$0	\$0
5. Estimated Total Expenditures when service provider is not known	\$194,600			\$194,600
6. Total Proposed Program Budget	\$194,600	\$0	\$0	\$194,600
B. Revenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. Realignment				\$0
d. State General Funds				\$0
e. County Funds				\$0
f. Grants				
g. Other Revenue				<u>\$0</u>
h. Total Existing Revenues	\$0	\$0	\$0	\$0
2. New Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. State General Funds				\$0
d. Other Revenue				<u>\$0</u>
e. Total New Revenue	\$0	\$0	\$0	
3. Total Revenues	\$0		\$0	\$0
C. One-Time CSS Funding Expenditures				\$0
D. Total Funding Requirements	\$194,600	\$0	\$0	

## EXHIBIT 5b--Mental Health Services Act Community Services and Supports Staffing Detail Worksheet

FY 07-08	Fiscal Year:		San Diego	County(ies):
11/11/05	Date:_		ALL-2	Program Workplan #
260 of 274	Page:_	<u>ture</u>	Services for Victims of Trauma and Tort	Program Workplan Name
12	Months of Operation_		Full Service Partnership	Type of Funding
New	New Program/Service or Expansion_	65	l Client Capacity of Program/Service:	Proposed Tota
Michelle Petersor	Prepared by:_	0	g Client Capacity of Program/Service:	Existing
(619) 563-2715	Telenhone Number	65	am/Service Expanded through MHSA:	Client Canacity of Progra

Classification	Function	Client, FM &	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					<u>\$0</u>
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
Licensed Professional	Provides Direct Services		2.50		\$0
Clerical & Other Support Staff	Provides Clerical Support		0.50		\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
	Total New Additional Positions	0.00	3.00		\$0
C. Total Program Positions		0.00	3.00		\$0

County(ies): San Diego Fiscal Year: 2007-08 Page: 261 of 274

Program Workplan #: ALL-2 Date: 11/11/05

Program Workplan Name: Services for Victims of Trauma and Torture

Type of Funding: 1. Full Service Partnership New Program/Service of Expansion: New

Line#	<u>Amount</u>	<u>Description / Justification</u>
A.5	\$194,600	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2007 - June 30, 2008.
B.2.a	\$0	If applicable, new revenues were estimated for Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible. Programs without Medi-Cal revenue are targeting the unserved non-Medi-Cal eligible population and/or are providing non-billable Medi-Cal services.
D	\$194,600	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

**EXHIBIT 4: COMMUNITY SERVICES AND SUPPORTS WORK PLAN SUMMARY** 

County: San	Fiscal Year:	Program Work Plan Name: W	alk-in A	ssess	ment C	enter	, North	Cour	nty
Diego	2005-06, 2006-07, 2007-08								
<b>Program Work Pla</b>	n: ALL 3	Estimated Start Date: April 1,	2006						
	•	center that provides emergency			evalua	ations	to child	dren, y	youth,
		n the North Region of San Diego (							
		nderserved children/youth to age							
		re experiencing a mental health c	risis. In	accor	dance	with A	B599,	vetera	ans
are eligible for this p	orogram.								
			1d)	Fund T	ype		<b>1d)</b> Ag	<u>e Gro</u>	up
_	to be used, Funding Types req	uested (check all that apply),		Sys					
	erved (check all that apply)		FSP	Dev	OE	CY	TAY	<u>A</u>	OA
1c)				$\boxtimes$		$\boxtimes$	$\boxtimes$	$\boxtimes$	$\boxtimes$
		mental health evaluations and							
	n in North County;								
	to other mental health services	s when hospitalization is not							
	ditional services are needed;								
✓ Increase access San Diego Coun	to emergency psychiatric evaluty:	lations in the North Region of							
	ulturally competent, and streng	th based assessment and							
1	with families/youth actively invo								
	d assessment forms for the enti	re Mental Health System will							
	nsure consideration of domestic	•							
referral when ap	propriate;								
✓ Orientation and t	training on wraparound principle	es/approach, domestic violence							
	disorders (CCISC model) will l								
	•	include screening, assessment						1	
	ellness, strength-based and res								
domestic violence	ce, refer for services when appr	opriate and will adhere to San							

	Diego County's Cultural Competence standards;				
✓	Linkages to include Family/Youth Peer Support Partners and Client-operated				
	Peer Support Services;				
✓	Program services will be aligned with original CSS draft CY funding allocation				
	of \$280,234 for children and youth, and an additional \$297,000 dedicated for				
	those over 18 years of age.				

- 2) Proposed Program: Program will provide walk-in crisis response in a clinic-based setting during business hours only for all eligible persons with SED/SMI of ages who are experiencing a psychiatric emergency. Program shall provide dual diagnosis services, using the CCISC model, crisis intervention and referrals to ongoing services when hospitalization is not required and additional services are needed. The program services shall include psychiatric evaluation. This program advances the goals of MHSA by promoting timely access to help in crisis and reducing institutionalization. One time funds in the first year are included for six weeks of program start-up costs.
- 3) Housing/Employment Services: The program will make housing and employment referrals as needed.
- **4) Full Service Partnership:** N/A—This program is not funded through a Full Service Partnership.
- **5) Recovery Goals:** The program will provide mental health interventions to meet the emergency needs of the youth and family, TAY, adults and older adults and increase the safety of uninsured SED/SMI persons in North County.
- 6) Expanding Existing Programs: TBD
- 7) Services and Supports provided by Clients and/or Family Members: Linkage to Family/Youth Peer Support Partners and Client-Operated Peer Support program for support services.
- **8) Collaboration Strategies**: There will be collaboration with mental health services and other community support services within the region.
- **9/10) Cultural Competence/Ethnic Disparities/Sexual Orientation and Gender Sensitivity:** Program shall be embedded in the overall Cultural Competence guidelines and expectations for all County services and specific outreach and engagement will occur with the unserved/underserved groups of consumers who are Latino or Asian/Pacific Islander.

A significant population of Latino families resides in the North region and the city of Oceanside has a substantial Asian/Pacific Islander population. Sensitivity to gender and sexual orientation is part of the cultural competency expectation for the County.

- 11) Individuals Residing Out-of-County: The program will provide services to in-county residents.
- 12) Strategies not Listed in Section IV: All strategies are listed in Section IV.

# 13) Timeline:

Activity	<u>Date</u>
Hire staff	By May 1, 2006
Secure facility	By April 15, 2006
Secure MediCal certification	By May 1, 2006
Train staff	By May 15, 2006
Initiate services	By May 15, 2006

### EXHIBIT 5a--Mental Health Services Act Community Services and Supports Budget Worksheet

County(ie	es):San Diego		Fiscal Year:	2005-06
Program Workplar	n#: ALL-3		Date:	11/11/05
Program Workplan Nar	me: Walk-in Assessment Center, North County		Page:	262 of 274
Type of Fundir	ng: 2. System Development		Months of Operation:	3
	Proposed Total Client Capacity of Program/Service:	60	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
c	- - Client Capacity of Program/Service Expanded through MHSA	60	Telephone Number:	(619) 563-2715

Cheric Capacity of Frogram Service Expanded Emodgments.			releptione (value)	
	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures				
1. Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$0
b. Travel and Transportation				\$0
c. Housing				,
i. Master Leases				\$0
ii. Subsidies				\$0
iii. Vouchers				\$0
iv. Other Housing				\$0
d. Employment and Education Supports				\$0
e. Other Support Expenditures (provide description in budget narrative)				\$0
	\$0	\$0	\$0	\$0
f. Total Support Expenditures  2. Personnel Expenditures	₽U.	ΦU	₽U	DL.
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$0
b. New Additional Personnel Expenditures (from Staffing Detail)				\$0
c. Employee Benefits				<u>\$0</u>
d. Total Personnel Expenditures	\$0	\$0	\$0	\$C
3. Operating Expenditures				
a. Professional Services				\$C
b. Translation and Interpreter Services				\$0
c. Travel and Transportation				\$0
d. General Office Expenditures				\$0
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports				\$0
g. Other Operating Expenses (provide description in budget narrative)				<u>\$0</u>
h. Total Operating Expenditures	\$0	\$0	\$0	\$0
4. Program Management				
a. Existing Program Management				\$0
b. New Program Management				<u>\$C</u>
c. Total Program Management		\$0	\$0	\$0
5. Estimated Total Expenditures when service provider is not known	\$144,382			\$144,382
6. Total Proposed Program Budget	\$144,382	\$0	\$0	\$144,382
B. Revenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. Realignment				\$0
d. State General Funds				\$0
e. County Funds				\$0
f. Grants				Ψ
g. Other Revenue				<u>\$C</u>
_		\$0	\$0	\$0
h. Total Existing Revenues	\$0	ΦU	ΦU	p.
2. New Revenues				
a. Medi-Cal (FFP only)	\$0			\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. State General Funds	\$0			\$0
d. Other Revenue				<u>\$C</u>
e. Total New Revenue	\$0			
3. Total Revenues	\$0	\$0	\$0	\$C
C. One-Time CSS Funding Expenditures	\$66,638			\$66,638
D. Total Funding Requirements	\$211,020	\$0	\$0	\$211,020

### EXHIBIT 5b--Mental Health Services Act Community Services and Supports Staffing Detail Worksheet

County	y(ies):	San Diego		Fiscal Year: _	2005-06
Program Work	olan #	ALL-3		Date:_	11/11/05
Program Workplan I	Name <u>Wa</u>	lk-in Assessment Center, North County		Page:_	263 of 274
Type of Fu	ınding	2. System Development		Months of Operation_	3
Prop	osed Tota	Client Capacity of Program/Service:	60	New Program/Service or Expansion_	New
	Existing	g Client Capacity of Program/Service:	0	Prepared by:_	Michelle Peterson
Client Capacity	of Progra	m/Service Expanded through MHSA:	60	Telephone Number:	(619) 563-2715

Classification	Function	Client, FM &	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
_					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 <u>\$0</u>
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions	_				
Mental Health Clinician, Licensed	Provides Mental Health Services		1.00		\$0
Registered Nurse	Provides Medication Support and Monitoring		0.50		\$0
Clerical Staff	Provides Clerical Support		0.25		\$0
Psychiatrist Consultant	Provides Medication Support		0.25		\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
	Total New Additional Positions	0.00	2.00		<u>\$0</u> \$0
	TOTAL NEW AUGITIONAL PUBLICIES				
C. Total Program Positions		0.00	2.00		\$0

County(ies): San Diego Fiscal Year: 2005-06 Page: 264 of 274

Program Workplan #: ALL-3 Date: 11/11/05

Program Workplan Name: Walk-in Assessment Center, North County

Type of Funding: 2. System Development New Program/Service of Expansion: New

<u>Line#</u>	<u>Amount</u>	<u>Description / Justification</u>
A.5	\$144,382	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 3 months beginning April 1, 2006 - June 30, 2006.
B.2.a	\$0	Although this program will generate EPSDT (FFP only) / Medi-Cal revenue when it is fully operational, no EPSDT (FFP) / Medi-Cal is budgeted for FY 05-06 because the program will not be starting before April 1, 2006. As it is a new program starting late in the fiscal year, the EPSDT / Medi-Cal is not expected to be material until FY 06-07.
B.2.c	\$0	Although this program will generate EPSDT Medi-Cal (State General Fund) revenue when it is fully operational, no EPSDT Medi-Cal (State General Fund) is budgeted for FY 05-06 because the program will not be starting before April 1, 2006. As it is a new program starting late in the fiscal year, the EPSDT Medi-Cal is not expected to be material until FY 06-07.
С	\$66,638	One-Time CSS Funding Expenditures are the sum of the following:
	\$66,638	One-time CSS funding for start-up and implementation expenditures for this program are equivalent to 6 weeks of service operations. Start-up funds are budgeted to purchase equipment such as computer hardware, software, cell phones, copier, fax, furniture and other office equipment and transportation for clients (if needed). Additionally, these funds may be used to secure or expand office space including possible leasehold improvements. Implementation funds are also needed for program staff to recruit, hire, and train personnel and will be used to develop initial program outreach strategies to get this program up and running. These start-up costs will be expended in the fourth quarter of FY 05-06 between April 1, 2006 - June 30,2006.
D	\$211,020	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

### EXHIBIT 5a--Mental Health Services Act Community Services and Supports Budget Worksheet

County(ies):	San Diego		Fiscal Year:	2006-07
Program Workplan #:	ALL-3		Date:	11/11/05
Program Workplan Name:	Walk-in Assessment Center, North County		Page:	265 of 274
Type of Funding:	2. System Development		Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:	241	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Petersor
Clier	it Capacity of Program/Service Expanded through MHSA:	241	Telephone Number.	(619) 563-2715

Client Capacity of Program/Service Expanded through MHS	A: 241		i elephone Number.	(018) 303-2713
	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures				
Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$0
b. Travel and Transportation				\$0
c. Housing				
i. Master Leases				\$0
ii. Subsidies				\$0
iii. Vouchers				\$0
iv. Other Housing				<u>\$0</u>
d. Employment and Education Supports				\$0
e. Other Support Expenditures (provide description in budget narrative)				<u>\$0</u>
f. Total Support Expenditures	\$0	\$0	\$0	\$0
2. Personnel Expenditures	***************************************			
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$0
b. New Additional Personnel Expenditures (from Staffing Detail)				\$0
c. Employee Benefits				<u>\$0</u>
d. Total Personnel Expenditures	\$0	\$0	\$0	\$0 \$0
3. Operating Expenditures	ψυ	ψυ	ΨΟ	Ψ
a. Professional Services				\$0
b. Translation and Interpreter Services				\$0
c. Travel and Transportation				\$0
d. General Office Expenditures				\$0
e. Rent, Utilities and Equipment				Ψ
l · ·				\$0
f. Medication and Medical Supports g. Other Operating Expenses (provide description in budget narrative)				
	\$0	\$0	\$0	<u>\$0</u> \$0
h. Total Operating Expenditures  4. Program Management	40	φυ	ΦU	фО
a. Existing Program Management				\$0
b. New Program Management		r.o.	*0	<u>\$0</u> \$0
c. Total Program Management	£722.000	\$0	\$0	\$723,000
S. Estimated Total Expenditures when service provider is not known     6. Total Proposed Program Budget	\$723,000 <b>\$723,000</b>	\$0	\$0	\$723,000 \$ <b>723,00</b> 0
	\$7.23,000	<b>4</b> 0	20	\$723,000
B. Revenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. Realignment				\$C
d. State General Funds				\$C
e. County Funds				\$0
f. Grants				
g. Other Revenue				<u>\$0</u>
h. Total Existing Revenues	\$0	\$0	\$0	\$0
2. New Revenues				
a. Medi-Cal (FFP only)	\$113,626			\$113,628
b. Medicare/Patient Fees/Patient Insurance				\$0
c. State General Funds	\$31,845			\$31,845
d. Other Revenue				<u>\$C</u>
e. Total New Revenue	\$145,471	\$0		\$145,471
3. Total Revenues	\$145,471	\$0	\$0	\$145,471
C. One-Time CSS Funding Expenditures				\$0
D. Total Funding Requirements	\$577,529	\$0	\$0	\$577,529

## EXHIBIT 5b--Mental Health Services Act Community Services and Supports Staffing Detail Worksheet

	County(ies):	San Diego		Fiscal Year:	FY 06-07
	Program Workplan #	ALL-3		Date:	11/11/05
Prog	ram Workplan Name	Walk-in Assessment Center, North County		Page:	266 of 274
	Type of Funding	2. System Development		Months of Operation	12
	Proposed <sup>1</sup>	Total Client Capacity of Program/Service:	241	New Program/Service or Expansion	New
	Exi	sting Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
	ent Capacity of Pr	ogram/Service Expanded through MHSA	241	Telephone Number:	(619) 563-2715

Classification Function		Client, FM & CG FTEs a/	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0 \$0
					\$0
					<u>\$0</u>
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
Mental Health Clinician, Licensed	Provides Mental Health Services		4.00		\$0
Registered Nurse	Provides Medication Support and Monitoring		2.00		\$0
Clerical Staff	Provides Clerical Support		1.00		\$0
Psychiatrist Consultant	Provides Medication Support		1.00		\$0
					\$0 \$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
	Total New Additional Positions	0.00	8.00		<u>\$0</u> \$0
	. sta non Additional Positions				
C. Total Program Positions		0.00	8.00		\$0

County(ies): San Diego Fiscal Year: 2006-07 Page: 267 of 274

Program Workplan #: ALL-3 Date: 11/11/05

Program Workplan Name: Walk-in Assessment Center, North County

Type of Funding: 2. System Development New Program/Service of Expansion: New

Line#	<u>Amount</u>	<u>Description / Justification</u>
A.5	\$723,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2006 - June 30, 2007.
B.2.a	\$113,626	If applicable, new revenues were estimated for EPSDT (FFP only) /Medi-Cal given the estimated number of clients and services expected to be Medi-Cal eligible.
B.2.c	\$31,845	If applicable, new revenues were estimated for EPSDT Medi-Cal (State General Fund) given the estimated number of clients and services expected to be Medi-Cal eligible.
B.2.e	\$145,471	Total New Revenue is the total EPSDT Medi-Cal revenue including the FFP and State General Fund portion.
B.3	\$145,471	Total Revenues is the sum of all new (B.2.e) and existing revenue (B.1.h).
D	\$577,529	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

## EXHIBIT 5a-Mental Health Services Act Community Services and Supports Budget Worksheet

County(ies)	San Diego		Fiscal Year:	2007-08
Program Workplan #	: ALL-3		Date:	11/11/05
Program Workplan Name	: Walk-in Assessment Center, North County		Page:	268 of 274
Type of Funding:	2. System Development		Months of Operation:	12
	Proposed Total Client Capacity of Program/Service:	241	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Petersor
Clie	- :nt Capacity of Program/Service Expanded through MHSA	241	Telephone Number:	(619) 563-2715

Cheft Capacity of Frogram Screec Expanded through with			releptione (varibe)	
	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures				
Client, Family Member and Caregiver Support Expenditures				
a. Clothing, Food and Hygiene				\$0
b. Travel and Transportation				\$0
c. Housing				
i. Master Leases				\$0
ii. Subsidies				\$0
iii. Vouchers				\$0
iv. Other Housing				<u>\$0</u>
d. Employment and Education Supports				\$0
e. Other Support Expenditures (provide description in budget narrative)				<u>\$0</u>
f. Total Support Expenditures	\$0	\$0	\$0	\$0
2. Personnel Expenditures				
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$0
b. New Additional Personnel Expenditures (from Staffing Detail)				\$0
c. Employee Benefits				\$0
d. Total Personnel Expenditures	\$0	\$0	\$0	\$0
3. Operating Expenditures				
a. Professional Services				\$0
b. Translation and Interpreter Services				\$0
c. Travel and Transportation				\$0
d. General Office Expenditures				\$0
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports				\$0
g. Other Operating Expenses (provide description in budget narrative)				<u>\$C</u>
h. Total Operating Expenditures	\$0	\$0	\$0	\$0
4. Program Management				
a. Existing Program Management				\$C
b. New Program Management				<u>\$0</u>
c. Total Program Management		\$0	\$0	\$0
5. Estimated Total Expenditures when service provider is not known	\$723,000			\$723,000
6. Total Propos ed Program Budget	\$723,000	\$0	\$0	\$723,000
3. Revenues				
1. Existing Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. Realignment				\$0
d. State General Funds				\$0
e. County Funds				\$0
f. Grants				
g. Other Revenue				<u>\$0</u>
h. Total Existing Revenues	\$0	\$0	\$0	\$0
2. New Revenues				
a. Medi-Cal (FFP only)	\$113,626			\$113,626
b. Medicare/Patient Fees/Patient Insurance				\$0
c. State General Funds	\$31,845			\$31,845
d. Other Revenue				<u>\$0</u>
e. Total New Revenue	\$145,471	\$0	\$0	\$145,471
3. Total Revenues	\$145,471	\$0	\$0	\$145,47
C. One-Time CSS Funding Expenditures				\$0
D. Total Funding Requirements	\$577,529	\$0	\$0	\$577,529
		*-	, , , , , , , , , , , , , , , , , , , ,	

## EXHIBIT 5b--Mental Health Services Act Community Services and Supports Staffing Detail Worksheet

ır: <u>FY 07-08</u>	Fiscal Year: _		San Diego	County(ies):_
e:11/11/05	Date:_		ALL-3	Program Workplan #
e: 269 of 274	Page:_		Walk-in Assessment Center, North County	Program Workplan Name
on12	Months of Operation_		2. System Development	Type of Funding
onNew	New Program/Service or Expansion_	241	otal Client Capacity of Program/Service:	Proposed T
y:Michelle Peterson	Prepared by:_	0	ting Client Capacity of Program/Service:	Exis
er: (619) 563-2715	Telephone Number:	241	gram/Service Expanded through MHSA:	Client Capacity of Pro

Classification	Function	Client, FM &	Total Number of FTEs	Salary, Wages and Overtime per FTE <sup>b/</sup>	Total Salaries. Wages and Overtime
A. Current Existing Positions					
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					\$0
					<u>\$0</u>
	Total Current Existing Positions	0.00	0.00		\$0
B. New Additional Positions					
Mental Health Clinician, Licensed	Provides Mental Health Services		4.00		\$0
Registered Nurse	Provides Medication Support and Monitoring		2.00		\$0
Clerical Staff	Provides Clerical Support		1.00		\$0
Psychiatrist Consultant	Provides Medication Support		1.00		\$0
					\$0
					\$0
					\$0
					\$0
					\$0 \$0
					\$0 \$0
					\$0
					\$0
					\$0
					\$0
					<u>\$0</u>
	Total New Additional Positions	0.00	8.00		\$0
C. Total Program Positions		0.00	8.00		\$0

County(ies): San Diego Fiscal Year: 2007-08 Page: 270 of 274

Program Workplan #: ALL-3 Date: 11/11/05

Program Workplan Name: Walk-in Assessment Center, North County

Type of Funding: 2. System Development New Program/Service of Expansion: New

<u>Line#</u>	<u>Amount</u>	<u>Description / Justification</u>
A.5	\$723,000	Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for similar services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2007 - June 30, 2008.
B.2.a	\$113,626	If applicable, new revenues were estimated for EPSDT (FFP only) /Medi-Cal given the estimated number of clients and services expected to be Medi-Cal eligible.
B.2.c	\$31,845	If applicable, new revenues were estimated for EPSDT Medi-Cal (State General Fund) given the estimated number of clients and services expected to be Medi-Cal eligible.
B.2.e	\$145,471	Total New Revenue is the total EPSDT Medi-Cal revenue including the FFP and State General Fund portion.
B.3	\$145,471	Total Revenues is the sum of all new (B.2.e) and existing revenue (B.1.h).
D	\$577,529	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

EXHIBIT 4: COMMUNITY SERVICES AND SUPPORTS WORK PLAN SUMMARY

County: San	Fiscal Year:	Program Work Plan Name: Sys	tem-wi	de & C	omm	unity	Educ	atic	n a	ınd
Diego	2005-06	Training & Technical Enhancements								
Program Work Plan	n: OTO- 1	Estimated Start Date: April 1, 20	006							
training program on enhance service del	cultural competence, medication ivery in the SDMHS system for	nt workplan is composed of two par n algorithm for designated sites and all populations; and <b>ii)</b> Purchase co	d Beha	vioral F	Health	n inte	gratio	n th	nat v	will
	ance clinical services.	ages, service providers, County sta	off and	consur	ner a	dvoc	ates			
15) I Hority I opule	aron: Target populations of all	ages, service providers, county size		und T			1 <b>d)</b> A	ae (	Groi	un
	to be used, Funding Types requ l (check all that apply)	ested (check all that apply), Age	FSP	Sys Dev	O E	C Y	TA Y	A	O A	ALL
Training will focus of fostering client recover Awareness, Knowled ✓ 25 programs anticipated the three (3) year ✓ The California to the training participant.  Training Area 2: Sa The Texas Medication Presidents New Free and promotes best of the focus of the training to the training participant.	DLTURAL COMPETENCE n enhancing provider's Awarene very. Training will cover the three dge, and Skill development. in Adult/Older Adult and Childre at approximately 300 providers is. a Brief Multicultural Competency is series as a base for individualis in Diego Medication Algorithm (Son Algorithm Project is cited as a bedom Commission report. San/E choices of medication for schizola aboration with consumers. Train	e (3) competency domains of  n's systems will be targeted. It is will be trained over a period of  Scale (CBMS) will be used prior zed training plans for each  San/DMAP) a model program in the DMAP is based on this model, phrenia and assesses medication								

<ul> <li>Training Component 1: Introduction to San/DMAP</li> <li>Training Component 2: San/DMAP and the role of the Care Coordinator Training</li> <li>Component 3: San/DMAP: Program Fidelity Instruments</li> <li>Training Component 4: San/DMAP: Roadmap to Recovery (R2R) (18 hours)</li> <li>✓ Trainers/consultants who are experts in the four identified areas listed above will provide the training.</li> <li>✓ The trainers will provide annual trainings for designated programs.</li> <li>✓ Each program will also identify persons who will function as Care Coordinator trainers. Their task will be to train all new and continuing clinical staff in the usage of the Clinician Rating Scales &amp; Client Self-rating scales.</li> <li>✓ They will also train client volunteers in assisting clients with using these scales. MD's in each program will train clinical staff involved with the use of Fidelity Instruments.</li> <li>✓ Each program will also identify peers who will become R2R trainers</li> </ul>				
Training Area 3: Behavioral Health Initiative In order to address behavioral health issues in an integrated way, all staff delivering behavioral health services must be trained to identify, screen, assess and link clients to appropriate services.				
<ul> <li>Topic Area 3.1: TRAUMA</li> <li>Training will focus on the following key areas:</li> <li>1. Screening &amp; Assessment 1: Providers in ADS, AMHS and CMHS will be trained in how to identify persons with severe mental illness who are suffering from behavioral health issues, including substance abuse, domestic violence and post-traumatic stress disorder.</li> <li>2. Screening &amp; Assessment 2: Non-mental health community providers, domestic violence and veteran's service providers, will be trained to identify symptoms and dysfunctions associated with mental health problems and co-occurring health issues, including substance abuse and post-traumatic stress disorder. The goal is to give these providers sufficient information about common mental health and substance abuse problems to facilitate more efficient and</li> </ul>				

effective linkages for person who may be suffering from a severe and persistent mental illness and co-occurring disorders to A&OAMHS and CMHS. Behavioral Health Training Methodology ✓ A one day conference will educate & train on behavioral health screening. assessment, referral and linkage. Training will be conducted on a selected screening tool that will be incorporated into both Adult and Children's Mental Health screening and assessment process. ✓ Two half-day conferences on post-traumatic stress disorder will be organized and held with experts on work with veteran's and other trauma survivors. Topic Area 3.2: DUAL DIAGNOSIS San Diego will expand the use of the CCISC model to train MHS and ADS staff in the principles and practices of integrated treatment for co-occurring disorders. Integrated treatment is a recommendation in the Presidents New Freedom Commission report. Training for providers will focus on the following key areas: ✓ On screening tool(s), assessment, referral, interventions, motivational interviewing, relapse prevention, and other treatment interventions. ✓ Assessment will be conducted using specific tools to determine program. readiness to provide dually diagnosed capable or enhanced services. A train-the trainer model will be used with two person teams from MHS and ADS

providers.

# (B) Technical Enhancements: B.1. Computers, Software and Telemedicine Equipment A recent survey of Mental Health contract providers found that most do not have sufficient computer equipment and software to access the new Mental Health MIS, which is currently being procured by SDMHS. One new system component is an electronic health record. In order to access the new MIS, providers must have sufficient PCs and/or portable devices for all staff that will be using the system, including direct services staff. Typically, direct services staff use the current system only in a limited fashion. The expanded use of the system by direct services staff is expected to significantly enhance clinical services and coordination of care. Non- profit providers may be able to acquire technologically-appropriate computers for their staff via the San Diego Futures Foundation, which provides free computers to community based organizations. However, these computers will not come loaded with software needed to interface with the new MIS. In addition, the Futures Foundation will not be able to supply portable devices, such as laptops and tablets for use by clinicians working in the field to look up key information and enter assessments and progress notes, etc. One time funding is requested to assist contract providers to acquire necessary hardware and software. Telemedicine Equipment Telemedicine services can include therapeutic interventions, medication evaluation and monitoring, emergency evaluations and case management. It can be valuable tool to increase access to mental health services by providing remote access for clients who would have difficulty traveling to the service hub. One time funding is requested to purchase telemedicine equipment for up to three sites in order to pilot telemedicine's usefulness in expanding mental health services in remote areas. SDMHS is currently evaluating the following two applications for initial use of the telemedicine equipment:

- ✓ Establish telemedicine hub site(s) at the Emergency Screening Unit (ESU) and/or the Emergency Psychiatric Unit (EPU) that will be connected to existing satellite sites in community-based health clinics to provide services such as screening, assessment, and psychiatric consultation for clients being served in a primary care setting;
- ✓ Establish a satellite site in the North County to be connected to the ESU and/or EPU hub site(s) described above, to provide as screening, assessment, and psychiatric consultation, on a walk-in basis for clients needing urgent services.

# B.2. Training Room

The current training room used by SDMHS and Alcohol and Drug Services has no built in audiovisual equipment of any kind. Purchase of audiovisual and training room equipment to enhance training experiences for contract service providers, collaborative partners, consumers/family members and other clinical staff.

- ✓ Upgrades to the room will include large screen, built in projectors and audio equipment.
- Training outcomes will be enhanced through establishing a training environment conducive to learning.

2) Proposed Program: Two system development components: (A) System wide training on cultural competence, medication algorithm for designated sites and Behavioral Health integration, including dual diagnosis, domestic violence and trauma, will be conducted for service providers and consumers in mental health, alcohol and drug and allied disciplines and (B) purchase of computers, telemedicine and training room equipment.

3) Housing/Employment Services: NA.

4) Full Service Partnership: NA

- **5) Recovery Goals:** Training and equipment will empower service providers and consumers to advance rehabilitation & recovery goals.
- 6) Expanding Existing Programs: NA
- 7) Services and Supports provided by Clients and/or Family Members: Clients and family members, specifically in the San/DMAP training are integral partners.
- **8) Collaboration Strategies**: Training will include multiple collaborative partners in education, domestic violence and other behavioral health disciplines.
- **9/10) Cultural Competence/Ethnic Disparities/Sexual Orientation and Gender Sensitivity:** Cultural competence and sexual orientation and gender sensitivity are required expectations of our current providers and are integrated in our current service delivery system and will be a requirement in all MHSA programs as well. Services will be provided in the languages of the specific community to be served. Interventions to be used will have demonstrated efficacy with populations served. Service providers will possess cultural awareness, knowledge and skills necessary to provide culturally competent services.
- 11) Individuals Residing Out-of-County: NA.
- **12) Strategies not Listed in Section IV:** This program uses one-time-only funds for system-wide enhancements that are not part of CSS ongoing programs.

# 13) Timeline:

(i) Activity	Date
Identify trainers for each component, including conference	By 5/1/06
Establish training schedule for each component, including conference	By 5/31/06
Create system for logistical support for training	By 6/15/06
Develop database to notify participants for training	By 6/15/06
Create system to develop and collect materials relevant to all components	By 6/30/06
Conduct training according to schedule	From 6/30/06 through 6/30/08
Collect training evaluations from participants and managers	Ongoing

Conduct annual assessment of training plan and modify as needed Annually at 6/30/07 and 6/30/08

(ii) Activity	Date
Prioritize software and computer equipment to be provided	By 4/15/06
Assess specific needs for training room equipment	By 4/15/06
Develop a room enhancement plan	By 5/1/06
Purchase and install room enhancement upgrades	By 6/1/5/06
Amend contracts with one time funding for designated equipment	By 7/1/06
Select sites for piloting Telemedicine	By 4/30/06
Establish protocols for use of Telemedicine Equipment	By 7/1/06
Purchase Telemedicine equipment for County programs	By 7/1/06
Amend contracts for equipment to be purchased by contract providers	By 7/1/06
Provide training	By 9/30/06

## EXHIBIT 5a--Mental Health Services Act Community Services and Supports Budget Worksheet

County(ies):_	San Diego		Fiscal Year:	2005-06
Program Workplan #:	OT-1		Date:	11/11/05
Program Workplan Name: §	System-Wide Education, Training & Technical Enhancemen	its	Page:	271 of 274
Type of Funding: _	2. System Development		Months of Operation:	3
	Proposed Total Client Capacity of Program/Service:	0	New Program/Service or Expansion:	New
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Peterson
Client	t Capacity of Program/Service Expanded through MHSA:	0	Telephone Number:	(619) 563-2715

	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total
A. Expenditures				
Client, Family Member and Caregiver Support Expenditures				
a. Clothing , Food and Hygiene				\$0
b. Travel and Transportation				\$0
c. Housing				**
i. Master Leases				\$0
ii. Subsidies				\$0 \$0
iii. Vouchers				\$0 \$0
iv. Other Housing				<u>\$0</u>
d. Employment and Education Supports				\$0
e. Other Support Expenditures (provide description in budget narrative)				<u>\$0</u>
f. Total Support Expenditures	\$0	\$0.	\$0	\$0
2. Personnel Expenditures				
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$0
b. New Additional Personnel Expenditures (from Staffing Detail)				\$0
c. Employee Benefits				<u>\$0</u>
d. Total Personnel Expenditures	\$0	\$0	\$0	\$0
3. Operating Expenditures				
a. Professional Services				\$0
b. Translation and Interpreter Services				\$0
c. Travel and Transportation				\$0
d. General Office Expenditures				\$0
e. Rent, Utilities and Equipment				
f. Medication and Medical Supports				\$0
g. Other Operating Expenses (provide description in budget narrative)				<u>\$0</u>
h. Total Operating Expenditures	\$0	\$0	\$0	\$0
4. Program Management				
a. Existing Program Management				\$0
b. New Program Management				<u>\$0</u>
c. Total Program Management		\$0	\$0	\$0 \$0
5. Estimated Total Expenditures when service provider is not known	\$0		ą c	\$0 \$0
6. Total Proposed Program Budget	\$0		\$0	\$0
B. Revenues	40	Ψ0	40	40
1. Existing Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. Realignment				\$0
d. State General Funds				\$0
e. County Funds				\$0
f. Grants				
g. Other Revenue				<u>\$0</u>
h. Total Existing Revenues	\$0	\$0	\$0	\$0
2. New Revenues				
a. Medi-Cal (FFP only)				\$0
b. Medicare/Patient Fees/Patient Insurance				\$0
c. State General Funds				\$0
d. Other Revenue				<u>\$0</u>
e. Total New Revenue	\$0	\$0	\$0	\$0
3. Total Revenues	\$0			\$0
C. One-Time CSS Funding Expenditures	\$536,262		**	\$536,262
			**	
D. Total Funding Requirements	\$536,262	\$0	\$0	\$536,262
E. Percent of Total Funding Requirements for Full Service Partnerships				

County(ies): San Diego Fiscal Year: 2005-06 Page: 272 of 274

Program Workplan #: OT-1 Date: 11/11/05

Program Workplan Name: System-Wide Education, Training & Technical Enhancements

Type of Funding: 2. System Development New Program/Service of Expansion: New

Line#	<u>Amount</u>	Description / Justification
С	\$536,262	One-Time CSS Funding Expenditures are the sum of the following:
	\$125,000	One-time CSS funding to purchase computer hardware and software to prepare for a new Management Information System and telemedicine equipment for three sites. These costs will be expended in the first quarter of FY 06-07 between July 1, 2006 - Sept. 30,2006.
	\$411,262	One-time CSS funding for System Wide Training includes: 1) \$16,800 annually; for a 3 year total of \$50,400 for training on Cultural Competence issues, 2) \$42,480 for San Diego Medication Algorithm (San/DMAP) training, 3) \$67,127 annually for the Behavioral Health Initiative (Comprehensive Continuous Integrated System of Care- CCISC and Trauma education) training; for a 3 year total of \$201,382, 4) 117,000 for training equipment, software and materials. These funds will be expended over a 3 year period, beginning in April 1, 2005.
D	\$536,262	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

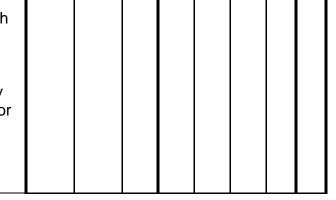
# **EXHIBIT 4: COMMUNITY SERVICES AND SUPPORTS WORK PLAN SUMMARY**

EXTIDIT T. COMM	CHILL CERTICES AND COLL									
County: San	Fiscal Year:	Program Work Plan Name: System-wide Outreach One Time Funding								
Diego	2005-06									
Program Work Pla	Program Work Plan: OTO- 2 Estimated Start Date: April 1, 2006									
1a) Program Descr	ription: A: Ten psycho-education	nal radio segments pertaining to cu	rrent tr	ends ir	com	muni	ty me	ental I	nealt	h
		gies to overcome stigma and perce	ived ba	arriers	for ur	serv	ed po	pulat	ions	in
ethnically diverse co										
		ning to radio and CSS target popul	ations	of all a	ges, \	with e	mpha	asis c	วท	
unserved/underserv	ed from specific cultural groups		1							
			<b>1d)</b> F	und T		1	<b>d)</b> A	ge Gr	roup	
_	•	lested (check all that apply), Age		Sys	0				0	Α
Groups to be served	d (check all that apply)		FSP	Dev	Е	С	TA	Α	Α	L
						Υ	Υ			L
1c)			Ш			Ш				$\boxtimes$
,	tal Health Psycho-Educational R									
	onal radio segments featuring me									
	staff; community based agency property and consumers and	ertaining to mental health issues,								
education and a	·	ertaining to mental health issues,								
	will include a range of topics, in	cluding understanding mental								
		affect children, adults, older adults								
	edication's role in the treatment of									
	les (e.g. Stigma), current trends									
		ders, working with other families,								
	hools and other people in ensur									
	responsive to the needs of our community, co-occurring disorders, strategies in									
prevention and e	early intervention.									
	cational component is part of a l	Health and Human Services								
_	. • `	00) spanning one year that would								
-	cs such as Aging and Independe	ence, Child Welfare and Public								
Health.							1 1	1		

# B. Breaking Barriers

The Breaking Down Barriers initiative is a partnership with the state's Mental Health Association to initiate an evaluation of effective strategies to reduce mental health stigma and increase access to mental health services from underserved communities.

- ✓ The initiative will create effective collaborations with other agencies, community groups, client and family member organizations and other stakeholders in one or two selected pilot communities, per our analysis of the unserved and underserved in this community.
- ✓ This effort will also help inform our planning and implementation efforts of our Prevention and Early Intervention efforts as part of the MHSA.



- **2) Proposed Program:** A. Weekly radio program sponsored by a variety of Health & Human Services Agency Department's would include ten segments on mental health issues, covering a full range as described above. B. Initiative to better understand perceived barriers and identify strategies to reach unserved and underserved populations, by evaluating stigma and access issues in one or two selected pilot communities.
- **3) Housing/Employment Services:** NA. This project provides only indirect services as support to the overall mental health system. Radio segments can include information on housing and employment for clients with SMI.
- 4) Full Service Partnership: NA
- **5) Recovery Goals:** A. The radio programs will highlight stories of recovery and management of mental illness. B. Information from this initiative will be used to improve access to care and reduce stigma, both outcomes expected to advance recovery goals.
- **6) Expanding Existing Programs:** This is a new program proposed only for first year funding through one-time only funding.
- 7) Services and Supports provided by Clients and/or Family Members: Clients and family members will be guests on the show.

- **8) Collaboration Strategies**: A. The radio program is sponsored by the Health and Human Services Agencies, offering direct collaboration with Aging and Independent Services, Alcohol and Drug Services and other Agency departments. In addition, segment guests will be drawn from provider and other stakeholder groups, including consumers. B. Breaking Barriers will operate as part of collaboration between the Mental Health Association, the County of San Diego, the California Endowment and client advocacy groups.
- 9/10) Cultural Competence/Ethnic Disparities/Sexual Orientation and Gender Sensitivity: Cultural competence and sexual orientation and gender sensitivity are required expectations of our current providers and are integrated in our current service delivery system and will be a requirement in all MHSA programs as well. Services will be provided in the languages of the specific community to be served. Interventions to be used will have demonstrated efficacy with populations served. Service providers will possess cultural awareness, knowledge and skills necessary to provide culturally competent services.
- 11) Individuals Residing Out-of-County: NA.
- **12) Strategies not Listed in Section IV:** This program uses one-time-only funds for system-wide enhancements that are not specifically part of CSS ongoing programs.

# 13) Timeline:

A. Radio Segments Activity	Date_
Develop calendar of topics and dates	By 5/1/06
Arrange for guests and publicize to increase call-ins	By 6/30/06
Implement schedule and conduct radio program	From 6/30/06 to 6/30/07
Publicize availability of program at clinics and clubhouses	From 6/30/06 to 6/30/07

B. Breaking Barriers Activity	<u>Date</u>
Identify potential communities and collaborating partners for pilot implementation	By 5/1/06
Conduct focus groups to collect consumer and family member input	By 6/1/06

Design proposed strategies to reduce stigma and increase access	By 7/15/06
Collect consumer and family member input on proposed strategies	By 9/15/06
Revise strategies as needed	By 10/1/06
Implement chosen strategies	By 10/15/06
Evaluate effectiveness of strategies	By 1/15/07
Submit report on pilot, including recommendations on replicability in other communities	By 1/31/07

## EXHIBIT 5a--Mental Health Services Act Community Services and Supports Budget Worksheet

County(ies):_	San Diego		Fiscal Year:_	2005-06
Program Workplan #:_	OT-2		Date:_	11/11/05
Program Workplan Name: _	System Wide Outreach One-Time Funding		Page:_	273 of 274
Type of Funding: _	3. Outreach and Engagement		Months of Operation:	3
	Proposed Total Client Capacity of Program/Service:	0	New Program/Service or Expansion:_	New
	Existing Client Capacity of Program/Service:	0	Prepared by:	Michelle Petersor

Client Capacity of Program/Service Expanded through MHS	Client Capacity of Program/Service Expanded through MHSA: 0		Telephone Number:		
	County Mental Health Department	Other Governmental Agencies	Community Mental Health Contract Providers	Total	
A. Expenditures					
Client, Family Member and Caregiver Support Expenditures					
a. Clothing, Food and Hygiene				\$0	
b. Travel and Transportation				\$0	
c. Housing					
d. Employment and Education Supports				\$0	
e. Other Support Expenditures (provide description in budget narrative)				\$0	
f. Total Support Expenditures	\$0	\$0	\$0	\$1	
2. Personnel Expenditures					
a. Current Existing Personnel Expenditures (from Staffing Detail)				\$1	
b. New Additional Personnel Expenditures (from Staffing Detail)				\$1	
c. Employee Benefits				\$1	
d. Total Personnel Expenditures	\$0	\$0	\$0	\$(	
Operating Expenditures					
a. Professional Services				\$0	
b. Translation and Interpreter Services				\$1	
c. Travel and Transportation				\$1	
d. General Office Expenditures				\$1	
e. Rent, Utilities and Equipment					
f. Medication and Medical Supports				\$(	
g. Other Operating Expenses (provide description in budget narrative)				\$1	
h. Total Operating Expenditures	\$0	\$0	\$0	\$(	
4. Program Management					
a. Existing Program Management				\$0	
b. New Program Management				\$1	
c. Total Program Management		\$0	\$0	\$1	
5. Estimated Total Expenditures when service provider is not known	\$0			\$1	
6. Total Proposed Program Budget	\$0	\$0	\$0	\$0	
B. Revenues					
1. Existing Revenues					
a. Medi-Cal (FFP only)				\$1	
b. Medicare/Patient Fees/Patient Insurance				\$1	
c. Realignment				\$1	
d. State General Funds				\$1	
e. County Funds				\$1	
f. Grants					
g. Other Revenue				<u>\$1</u>	
h. Total Existing Revenues	\$0	\$0	\$0	\$1	
2. New Revenues					
a. Medi-Cal (FFP only)				\$1	
b. Medicare/Patient Fees/Patient Insurance				\$(	
c. State General Funds				\$1	
d. Other Revenue				\$(	
e. Total New Revenue	\$0	\$0	\$0	\$1	
3. Total Revenues	\$0	\$0		\$1	
C. One-Time CSS Funding Expenditures	\$100,000			\$100,000	
D. Total Funding Requirements	\$100,000	\$0	\$0	\$100,000	
E. Percent of Total Funding Requirements for Full Service Partnerships	ψ100,000	φΟ	, şo	¥100,000	

County(ies): San Diego Fiscal Year: 2005-06 Page: 274 of 274

Program Workplan #: OT-2 Date: 11/11/05

Program Workplan Name: System Wide Outreach One-Time Funding

Type of Funding: 3. Outreach and Engagement New Program/Service of Expansion: New

Line#	<u>Amount</u>	Description / Justification
С	\$100,000	One-Time CSS Funding Expenditures are the sum of the following:
	\$90,000	One-time CSS funding for a Breaking Down Barriers partnership with the CA Mental Health Association to evaluate effective strategies to reduce mental health stigma and increase access to mental health services for underserved communities. These start-up costs will be expended in the fourth quarter of FY 05-06 between April 1, 2006 - June 30,2006.
	\$10,000	One-time CSS funding to produce 10 one-hour Psycho-Educational radio segments on mental health issues. These funds will be expended over one year, beginning April 1, 2006.
D	\$100,000	Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.

## **EXHIBIT 5c--Mental Health Services Act CSS Administration Budget Worksheet**

County(ies): San Diego		Fiscal Year:	2005-06
	Client, Family Member and Caregiver FTEs	Total FTEs	Budgeted Expenditures
A. Expenditures			
1. Personnel Expenditures		Partial year	Partial year
a. MHSA Coordinator(s)		0.50	\$39,478
b. MHSA Support Staff			
c. Other Personnel (list below)			
i. Contract Administration		1.00	\$53,394
ii. Contracts Fiscal/Claiming		0.50	\$26,697
iii. Financial Management		0.50	\$26,697
iv. Contract Program Monitoring		1.50	\$86,185
v. Physical Health/Public Health Care Coordination		0.50	\$36,931
vi. Quality Improvement		0.50	\$26,697
vii.			
d. Total FTEs/Salaries	0.00	5.00	\$296,078
e. Employee Benefits			<u>\$163,732</u>
f. Total Personnel Expenditures			\$459,810
2. Operating Expenditures			
a. Professional Services			\$710,000
b. Travel and Transportation			
c. General Office Expenditures			\$5,280
d. Rent, Utilities and Equipment			\$28,960
e. Other Operating Expenses (provide description in budget narrative)			<u>\$57,720</u>
f. Total Operating Expenditures			\$801,960
3. County Allocated Administration			
a. Countywide Administration (A-87)			\$190,592
b. Other Administration (provide description in budget narrative)			\$1,033,624
c. Total County Allocated Administration			\$1,224,216
4. Total Proposed County Administration Budget			\$2,485,985
B. Revenues			
1. New Revenues			
a. Medi-Cal (FFP only)			\$0
b. Other Revenue			
2. Total Revenues			\$0
C. Start-up and One-Time Implementation Expenditures			
D. Total County Administration Funding Requirements			\$2,485,985

### **COUNTY CERTIFICATION**

I HEREBY CERTIFY under penalty of perjury that I am the official responsible for the administration of Community Mental Health Services in and for said County; that I have not violated any of the provisions of Section 5891 of the Welfare and Institution Code in that all identified funding requirements (in all related program budgets and this administration budget) represents costs related to the expansion of mental health services since passage of the MHSA and do not represent supplanting of expenditures; that fiscal year 2004-05 funds required to be incurred on mental health services will be used in providing such services; and that to the best of my knowledge and belief this administration budget and all related program budgets in all respects are true, correct, and in accordance with the law.

Date:11/11/05_		e	
			Local Mental Health Director
Executed at _	Executed at San Diego	_, California	
Executed at _	Executed at San Diego	_, California	

# EXHIBIT 5c--Mental Health Services Act CSS Administration Budget Narrative

### Line Item Narratives: Fiscal Year 05-06

#### A. EXPENDITURES

Personnel Expenditures- Budgeted FTE and expenditures based on 50% of annual cost per FTE since new positions are

- 1. expected to be filled 01/01/06.
- a. MHSA Coordinator Overall responsibility for development, implementation, evaluation and monitoring of MHSA plan. Budget is based on San Diego County Salary schedule for the position.
- b. MHSA Support Staff support for MHSA Coordinator will be provided by existing staff.
- c. Other Personnel Budget is based on San Diego County Salary schedule for the position

Contract Administration: (2) Admin Analyst Ibis will provide contract development and monitoring support for the administration of MHSA contracted services.

Contracts Fiscal Claiming: (1) Admin Analyst II will process contractor claims and monitor expenditures via contract cost reports for MHSA contracted services.

Financial Management: (1) Admin Analyst II will provide overall financial support including budget development and expenditure tracking for overall MHSA plan.

Contracts Program Monitoring: (2) Admin Analyst II and (1) Mental Health Program Manager will provide program oversight and monitoring of MHSA programs

Physical Health/Public Health Care Coordination: (1) Psychiatric Clinical Nurse Specialist will provide community education, serve as a liaison with physical health care providers and monitor the MHSA primary care integration programs.

Quality Improvement: (1) Admin Analyst II will perform analytical tasks related to quality improvement monitoring of MHSA programs.

- e. Employee Benefits This includes FICA, medical and dental insurance, disability insurance, workers compensation insurance, retirement plan contributions, and other employee benefits. This is based on 55.3% benefit rate for County of San Diego in FY 05-06
- 2. Operating Expenditures
- a. Professional Services include data analysis & performance monitoring, Administrative Services Organization (ASO) expansion associated with MHSA programs, community education coordination and consumer/family liaison functions. This is based on 50% of full year cost in FY 05-06.
- b. Travel and Transportation travel costs included in general office expenditures
- c. General Office Expenditures –based on average annual cost of \$1,056 per FTE for basic services and supplies such as postage, photocopy expenses, office supplies. Budgeted expense in FY 05-06 is 50% of yearly amount.
- d. Rent, Utilities and Equipment based on average annual cost of \$5,792 per FTE for rent, utilities, telecommunication and personal computers. Budgeted expense in FY 05-06 is 50% of yearly amount.
- e. Other Operating Expenses based on anticipated direct charge from County Department of Purchasing and Contracting for services related to new MHSA contracts. Budgeted expense in FY 05-06 is 50% of yearly amount.
- 3. County Allocated Overhead
- a. Countywide Administration (A-87) county-wide administrative support functions
- b. Other Administration -Health and Human Services Agency overhead (centralized personnel, training, financial services, etc) and Mental Health Admin overhead (management information systems, revenue billing and claiming, planning, program oversight, and general administration).

#### **B. REVENUES**

a. Medi-Cal Administration FFP - Although there will be Medi-Cal revenues for the MHSA programs when they are fully operational; however, the programs are not expected to start prior to April 1, 2006. As these programs are new and are starting late in the fiscal year, the Medi-Cal revenue is not expected to be material until FY 06-07.

TOTAL FUNDING REQUIREMENTS – MHSA funds required to cover Administrative costs overall is 15% of direct MHSA-CSS services and one-time start-up funds.

### EXHIBIT 5c--Mental Health Services Act CSS Administration Budget Worksheet

County(ies):	San Diego		Fiscal Year:	2006-07
		Client, Family Member and Caregiver FTEs	Total FTEs	Budgeted Expenditures
A. Expenditures				
1. Personnel Expenditures				
a. MHSA Coordinator(s)			1.00	\$78,956
b. MHSA Support Staff				
c. Other Personnel (list below)				
i. Contract Administration			2.00	\$106,787
ii. Contracts Fiscal/Claiming			1.00	\$53,394
iii. Financial Management			1.00	\$53,394
iv. Contract Program Monitorin	g		3.00	\$172,370
v. Physical Health/Public Heal	th Care Coordination		1.00	\$73,861
vi. Quality Improvement			1.00	\$53,394
vii.				
d. Total FTEs/Salaries		0.00	10.00	\$592,154
e. Employee Benefits				<u>\$327,461</u>
f. Total Personnel Expenditures				\$919,616
2. Operating Expenditures				
a. Professional Services				\$1,740,000
b. Travel and Transportation				
c. General Office Expenditures				\$10,560
d. Rent, Utilities and Equipment				\$57,920
e. Other Operating Expenses (provi	de description in budget narrative)			<u>\$115,440</u>
f. Total Operating Expenditures				\$1,923,920
3. County Allocated Administration				
a. Countywide Administration (A-87	)			\$295,912
b. Other Administration (provide des	scription in budget narrative)			\$585,608
c. Total County Allocated Administra	ation			\$881,520
4. Total Proposed County Administration	on Budget			\$3,725,056
B. Revenues				
1. New Revenues				
a. Medi-Cal (FFP only)				\$409,756
b. Other Revenue				
2. Total Revenues				\$409,756
C. Start-up and One-Time Implementation	n Expenditures			
D. Total County Administration Funding	Requirements			\$3,315,300

## **COUNTY CERTIFICATION**

I HEREBY CERTIFY under penalty of perjury that I am the official responsible for the administration of Community Mental Health Services in and for said County; that I have not violated any of the provisions of Section 5891 of the Welfare and Institution Code in that all identified funding requirements (in all related program budgets and this administration budget) represents costs related to the expansion of mental health services since passage of the MHSA and do not represent supplanting of expenditures; that fiscal year 2004-05 funds required to be incurred on mental health services will be used in providing such services; and that to the best of my knowledge and belief this administration budget and all related program budgets in all respects are true, correct, and in accordance with the law.

Date:11/11/05	Signatu	ure
		Local Mental Health Director
Executed at .	San Diego	, California

### EXHIBIT 5c--Mental Health Services Act CSS Administration Budget Narrative

#### Line Item Narratives: Fiscal Year 06-07

#### A. EXPENDITURES

- 1. Personnel Expenditures
- a. MHSA Coordinator Overall responsibility for development, implementation, evaluation and monitoring of MHSA plan.
   Budget is based on San Diego County Salary schedule for the position.
- MHSA Support Staff support for MHSA Coordinator will be provided by existing staff.
- c. Other Personnel Budget is based on San Diego County Salary schedule for the position.

Contract Administration: (2) Admin Analyst IIs will provide contract development and monitoring support for the administration of MHSA contracted services.

Contracts Fiscal Claiming: (1) Admin Analyst II will process contractor claims and monitor expenditures via contract cost reports for MHSA contracted services.

Financial Management: (1) Admin Analyst II will provide overall financial support including budget development and expenditure tracking for overall MHSA plan.

Contracts Program Monitoring: (2) Admin Analyst II and (1) Mental Health Program Manager will provide program oversight and monitoring of MHSA programs

Physical Health/Public Health Care Coordination: (1) Psychiatric Clinical Nurse Specialist will provide community education, serve as a liaison with physical health care providers and monitor the MHSA primary care integration programs.

Quality Improvement: (1) Admin Analyst II will perform analytical tasks related to quality improvement monitoring of MHSA programs.

- Employee Benefits This includes FICA, medical and dental insurance, disability insurance, workers compensation
  insurance, retirement plan contributions, and other employee benefits. This is based on 55.3% benefit rate for County of San
  Diego in FY 05-06
- 2. Operating Expenditures
- a. Professional Services include data analysis & performance monitoring, capital facilities and information technology technical advisors, Administrative Services Organization (ASO) expansion associated with MHSA programs, community education coordination and consumer/family liaison functions.
- b. Travel and Transportation travel costs included in general office expenditures
- c. General Office Expenditures –based on average annual cost of \$1,056 per FTE for basic services and supplies such as postage, photocopy expenses, office supplies.
- d. Rent, Utilities and Equipment based on average annual cost of \$5,792 per FTE for rent, utilities, telecommunication and personal computers.
- e. Other Operating Expenses based on anticipated direct charge from County Department of Purchasing and Contracting for services related to new MHSA contracts.
- 3. County Allocated Overhead
- a. Countywide Administration (A-87) county-wide administrative support functions
- b. Other Administration -Health and Human Services Agency overhead (centralized personnel, training, financial services, etc) and Mental Health Admin overhead (management information systems, revenue billing and claiming, planning, program oversight, and general administration).

### **B. REVENUES**

a. Medi-Cal Administration FFP - based on estimated Medi-Cal percentage of 22% for MHSA programs multiplied by 50% Federal Financial Participation (FFP) applied to total proposed county administration budget. Note that the estimated Medi-Cal percentage for MHSA programs is significantly lower than the current system wide average because many of the proposed MHSA programs are targeted to serve non Medi-Cal clients or will deliver a high percentage of non reimbursable services.

TOTAL FUNDING REQUIREMENTS - MHSA funds required to cover Administrative costs overall is 15% of direct MHSA-CSS services.

EXHIBIT 5c--Mental Health Services Act CSSupports Administration Budget Worksheet

County(ies):	San Diego		Fiscal Year:	2007-08
		Client, Family Member and Caregiver FTEs	Total FTEs	Budgeted Expenditures
A. Expenditures				
Personnel Expenditures				
a. MHSA Coordinator(s)			1.00	\$82,904
b. MHSA Support Staff				
c. Other Personnel (list below	)			
i. Contract Administration	า		2.00	\$112,127
ii. Contracts Fiscal/Claim	ning		1.00	\$56,063
iii. Financial Managemer	nt		1.00	\$56,063
iv. Contract Program Mor	nitoring		3.00	\$180,988
v. Physical Health/Public	Health Care Coordination		1.00	\$73,861
vi. Quality Improvement			1.00	\$56,063
<u>vii.</u>				
d. Total FTEs/Salaries		0.00	10.00	\$618,069
e. Employee Benefits				<u>\$341,792</u>
f. Total Personnel Expenditure	es			\$959,861
2. Operating Expenditures				
a. Professional Services				\$1,740,000
b. Travel and Transportation				
c. General Office Expenditure	s			\$10,560
d. Rent, Utilities and Equipme	nt			\$57,920
e. Other Operating Expenses	(provide description in budget narrative)			<u>\$115,440</u>
f. Total Operating Expenditure	s			\$1,923,920
3. County Allocated Administration	on			
a. Countywide Administration	(A-87)			\$295,912
b. Other Administration (provide	de description in budget narrative)			\$545,363
c. Total County Allocated Adm	ninistration			\$841,275
4. Total Proposed County Admini	stration Budget			\$3,725,056
B. Revenues				
1. New Revenues				
a. Medi-Cal (FFP only)				\$409,756
b. Other Revenue				
2. Total Revenues				\$409,756
C. Start-up and One-Time Implemen	· · · · · · · · · · · · · · · · · · ·			
D. Total County Administration Fun	ding Requirements			\$3,315,300

### **COUNTY CERTIFICATION**

I HEREBY CERTIFY under penalty of perjury that I am the official responsible for the administration of Community Mental Health Services in and for said County; that I have not violated any of the provisions of Section 5891 of the Welfare and Institution Code in that all identified funding requirements (in all related program budgets and this administration budget) represent costs related to the expansion of mental health services since passage of the MHSA and do not represent supplanting of expenditures; that fiscal year 2004-05 funds required to be incurred on mental health services will be used in providing such services; and that to the best of my knowledge and belief this administration budget and all related program budgets in all respects are true, correct, and in accordance with the law.

Date:11/11/05_	Sig	gnature	
			Local Mental Health Director
Executed at	San Diego	, California	

### EXHIBIT 5c--Mental Health Services Act CSS Administration Budget Narrative

#### Line Item Narratives: Fiscal Year 07-08

#### A. EXPENDITURES

- 1. Personnel Expenditures- FY 07-08 reflect a 5% step increase but no COLA increase.
- a. MHSA Coordinator Overall responsibility for development, implementation, evaluation and monitoring of MHSA plan.
   Budget is based on San Diego County Salary schedule for the position.
- b. MHSA Support Staff support for MHSA Coordinator will be provided by existing staff.
- c. Other Personnel Budget is based on San Diego County Salary schedule for the position.

Contract Administration: (2) Admin Analyst IIs will provide contract development and monitoring support for the administration of MHSA contracted services.

Contracts Fiscal Claiming: (1) Admin Analyst II will process contractor claims and monitor expenditures via contract cost reports for MHSA contracted services.

Financial Management: (1) Admin Analyst II will provide overall financial support including budget development and expenditure tracking for overall MHSA plan.

Contracts Program Monitoring: (2) Admin Analyst II and (1) Mental Health Program Manager will provide program oversight and monitoring of MHSA programs

Physical Health/Public Health Care Coordination: (1) Psychiatric Clinical Nurse Specialist will provide community education, serve as a liaison with physical health care providers and monitor the MHSA primary care integration programs.

Quality Improvement: (1) Admin Analyst II will perform analytical tasks related to quality improvement monitoring of MHSA programs.

- Employee Benefits This includes FICA, medical and dental insurance, disability insurance, workers compensation
  insurance, retirement plan contributions, and other employee benefits. This is based on 55.3% benefit rate for County of San
  Diego in FY 05-06
- 2. Operating Expenditures
- a. Professional Services include data analysis & performance monitoring, capital facilities and information technology technical advisors, Administrative Services Organization (ASO) expansion associated with MHSA programs, community education coordination and consumer/family liaison functions.
- b. Travel and Transportation travel costs included in general office expenditures
- c. General Office Expenditures –based on average annual cost of \$1,056 per FTE for basic services and supplies such as postage, photocopy expenses, office supplies.
- d. Rent, Utilities and Equipment based on average annual cost of \$5,792 per FTE for rent, utilities, telecommunication and personal computers.
- e. Other Operating Expenses based on anticipated direct charge from County Department of Purchasing and Contracting for services related to new MHSA contracts.
- 3. County Allocated Overhead
- a. Countywide Administration (A-87) county-wide administrative support functions
- b. Other Administration -Health and Human Services Agency overhead (centralized personnel, training, financial services, etc) and Mental Health Admin overhead (management information systems, revenue billing and claiming, planning, program oversight, and general administration).

#### **B. REVENUES**

a. Medi-Cal Administration FFP - based on estimated Medi-Cal percentage of 22% for MHSA programs multiplied by 50% Federal Financial Participation (FFP) applied to total proposed county administration budget. Note that the estimated Medi-Cal percentage for MHSA programs is significantly lower than the current system wide average because many of the proposed MHSA programs are targeted to serve non Medi-Cal clients or will deliver a high percentage of non reimbursable services.

TOTAL FUNDING REQUIREMENTS - MHSA funds required to cover Administrative costs overall is 15% of direct MHSA-CSS services.

# **Program Narrative on Local Planning Budget Extension**

SDMHS requests MHSA funds to be used for expenditures during the period of January 1, 2006 through June 30, 2006 for the continued planning and implementation of MHSA. This local planning allocation is used to manage the community planning process for MHSA components.

The original, approved planning estimate submitted as part of the Community Planning Process plan covered activities such as general coordination, communication with stakeholders, translation, consumer and family member support, data collection and analysis and convening planning workgroups and client/family member involvement.

In addition to these ongoing activities, funds are now requested for Other Operating Expenditures:

- a) Implementation Activities: System improvement activities will include planning and implementation of proposed CSS programs. Temporary staff will complete procurement activities, such as Statements of Work and coordinating the Request for Proposal process, in order to initiate new programs within a short timeframe.
- b) Professional Services: Funds are included to support technical expert consultants to assist in the planning and implementation of new MHSA components in housing, information technology, and prevention education. Consultant in these three areas will conduct research, identify best practice, convene stakeholders and assist the project coordinator to develop plans in these areas.

### ATTACHMENT C

#### Instructions for Preparing the Fiscal Year 2004-05 Mental Health Services Act Community Program Planning

Counties are required to complete the Fiscal Year 2004-05 Mental Health Services Act Community Program Planning Budget worksheet and Jarrative in order to obtain financial assistance for this planning. The proposed budget should correlate to the narrative County Request for Funding prepared by each county (refer to Required Contents-County Requests for Funding for the Mental Health Services Act (MHSA) Planning). Below are the specific instructions for preparing the attached MHSA Community Program Planning Budget Worksheet.

#### **3eneral Instructions:**

Round all figures to the nearest whole dollar.

Enter proposed budget amounts separately for the County Mental Health Department and Community Mental Health Contract Providers. Sounties will not be held to individual budget line items but to the overall budget. The individual line items will be used by the State Department of Mental Health to evaluate each county's proposed budget. Provide a narrative description of proposed line item amounts,

#### .ine Item Instructions:

- 1. Salaries and Benefits
- a. Salaries and Wages Enter budgeted County Mental Health Department and Community Mental Health Contract Provider salaries and wages. These amounts should correlate to the staffing identified in the narrative County Request for Funding, subject to limitations specified in Attachment B.
- b. Bi-Lingual Pay Supplement Enter budgeted pay supplements to bi-lingual employees.
- c. Employee Benefits Enter budgeted County Mental Health Department and Community Mental Health Contract Provider employee benefits. This includes FICA, medical and dental insurance, disability insurance, workers compensation insurance, retirement plan contributions, and other employee benefits.
- d. Total is the sum of lines 1a through 1c.
- 2. Consumer and Family Member Support
- a. Stipends, Wages and Contracts Enter budgeted amounts to be paid to Consumer and Family Members to support the planning process in the form of stipends, wages and/or contracts.
- b. Translator Services Enter budgeted amounts to be paid for translator services for the planning process.
- c. Travel and Transportation Enter budgeted amounts to be incurred in providing travel and transportation to Consumer and Family Members. This includes budgeted amounts for mileage, housing, meals and other transportation and travel expenses.
- d. Childcare Enter budgeted amounts to be incurred in providing childcare for Consumer and Family Members.
- Other Enter other budgeted amounts to be incurred on behalf of Consumer and Family Members during the planning process.
- e. Describe those expenditures
- f. Total is the sum of lines 2a through 2e.
- 3. Other Operating Expenditures
- a. Professional Services Enter budgeted amounts to be incurred for consulting, facilitation and other professional services during the planning process.
- b. Travel and Transportation Enter budgeted amounts to be incurred for staff travel and transportation during the planning process. This include hotels, mileage, meals, car rental, motor pool charges and other travel and transportation expenses.
- c. Supplies Enter budgeted amounts to be incurred for supplies needed for the planning process. This includes postage, photocopy expenses, office supplies and other supplies needed during the planning process.
- d. Rent, Utilities and Equipment- Enter budgeted amounts to be incurred for rent, equipment and utilities needed for the planning process. This includes room rental for meetings, equipment rentals, telecommunication costs and utilities.
- e. Other Enter any other budgeted operating expenditures to be incurred during the planning process. Describe those expenditures.
- f. Total is the sum of lines 3a through 3e.
- 4. Inter/Intra-Governmental Transfers
- a. County Social Services Agency Enter budgeted amounts to be paid to the County Social Services Agency as part of the planning process
- b. County Health Services Agency Enter budgeted amounts to be paid to the County Health Services Agency as part of the planning process
- c. County Probation Agency Enter budgeted amounts to be paid to the County Probation Agency as part of the planning process.
- d. Education Agency(ies) Enter budgeted amounts to be paid to one or more Education Agencies as part of the planning process. This includes payments to school districts, SELPAs, and the County Office of Education.
- e. Other Enter budgeted amounts to be paid to one or more additional governmental agencies, such as law enforcement, health, substance abuse or other governmental agencies. Describe those expenditures.
- f. Total is the sum of lines 4a through 4e.
- 5. Administration
- County Overhead Enter budgeted amounts for increased county overhead associated with the MHSA Community Planning Process
  and in accordance with a Cost Allocation Plan. This amount is limited to 15 percent of the total expenditures from lines 1d, 3f and 4f.
- b. Contract Provider Overhead Enter budgeted amounts for Community Mental Health Contract Provider increased overhead associated with the MHSA Community Program Planning Process and in accordance with a Cost Allocation Plan. This amount is limited to 15 percent of the total expenditures from lines 1d, 3f and 4f.
- c. Total is the sum of lines 5a and 5b.
- 6. Total-Proposed Community Program Planning Budget is the sum of lines 1d, 2f, 3f, 4f, and 5c.

# **ATTACHMENT C-1**

# Mental Health Services Act Proposed Program Planning Budget Worksheet Extension of Planning Phase - January - June 2006

Date: 11/11/05

	Т	Date:	11/11/05
County: San Diego	County Mental Health Department	Community Mental Health Contract Providers	Total
1. Salaries and Benefits			
a. Salaries, Wages and Overtime	\$182,495		\$182,495
b. Bi-Lingual Pay Supplement	\$0		\$0
c. Employee Benefits	\$20,658		\$20,658
d. Total	\$203,153	\$0	\$203,153
2. Consumer and Family Member Support			
a. Stipends, Wages and Contracts	\$0		\$0
b. Translator Services	\$3,000		\$3,000
c. Travel and Transportation (including meals, housing, mileage, etc.)	\$3,000		\$3,000
d. Childcare	\$500		\$500
e. Other	\$1,500		<u>\$1,500</u>
f. Total	\$8,000	\$0	\$8,000
3. Other Operating Expenditures			
a. Professional Services	\$210,000		\$210,000
b. Travel and Transportation	\$2,000		\$2,000
c. Supplies (Postage, Copying, Office Supplies, etc.)	\$3,500		\$3,500
d. Rent, Utilities and Equipment	\$2,465		\$2,465
e. Other	\$50,000		<u>\$50,000</u>
f. Total	\$267,965	\$0	\$267,965
4. Inter/Intra-Governmental Transfers			
a. County Social Services Agency			\$0
b. County Health Services Agency			\$0
c. County Probation Agency			\$0
d. Education Agency(ies)			\$0
e. Other			\$0
f. Total	\$0	\$0	\$0
5. Administration			
a. County Overhead	\$70,668		\$70,668
b. Contract Overhead			<u>\$0</u>
c. Total	\$70,668	\$0	\$70,668
6. Total-Proposed Community Program Planning Budget	\$549,786	\$0	\$549,786

#### **ATTACHMENT C-1 - Narrative**

# Mental Health Services Act Proposed Program Planning Budget Worksheet Extension of Planning Phase - January - June 2006

Budget Narrative: Local Planning Budget Extension

SDMHS requests in MHSA funds to be used for expenditures during the period January 1, 2006 though June 30, 2006 for the continued planning and implementation of the Mental Health Services Act. All budgeted line items are consistent with the Act and are described in detail below.

- 1. Salaries and Benefits: \$203,153
- a. Salaries, Wages and Overtime: Includes salaries and wages only for temporary staff hired to support the planning and implementation process. These include a Project Coordinator, Project Assistant, Project Analysts, Consumer Survey Specialist and Community Living Aids. Temporary FTEs total 5.28.

These positions will be used to continue planning for other MHSA components and begin statement of work, contract augmentation and new contract development for CSS services in the interim period until permanent staff can be hired.

- 2. Consumer and Family Member Support: \$8,000
- a. Translator Services: Includes costs for translation of materials including written, electronic and oral communications. All materials will be translated into our threshold languages of Spanish, Vietnamese and Arabic.
- b. Travel and Transportation: Includes costs for client travel and transportation to meetings and conferences related to the planning and implementation of the MHSA.
- c. Refreshments: Includes costs for refreshments provided to clients and families at meetings, workgroups and other scheduled events related to the planning and implementation of the MHSA.
- d. Child Care: Includes costs for childcare expenses for clients and families who need assistance to enable them to participate in meetings, workgroups and other scheduled events related to the implementation of the MHSA.
- 3. Other Operating Expenditures: \$267,965
- a. Professional Services: Includes costs to support technical consultants who will assist in the planning and implementation of key components of the MHSA. Consultants will include Technical Experts for Capital Facilities and for Prevention-Education. A Technical Expert for Information Technology will assist in the development and procurement of Management Information System improvements. Travel and Transportation: Includes costs for staff travel and transportation to various meetings and conferences necessary to carry out the continuing planning and implementation process.
- b. Supplies: To cover costs of office supplies and related materials.
- c. Rent, Utilities and Equipment: To cover any needed meeting facility costs or rental fees and to purchase necessary equipment.
- d. Other: Includes costs for development and printing of materials used to publicize MHSA events, for paid advertising for continuing planning and implementation of the Act and to develop and implement a MHSA media campaign
- 4. There are no Inter/Intra-Government Transfers proposed in this budget.
- 5. Administration: \$70,668
- a. Overhead: Includes required amounts for administration, management and overhead expenses.

# **EXHIBIT 6: THREE-YEAR PLAN – QUARTERLY PROGRESS GOALS AND REPORT**

# **Estimated/Actual Population Served**

County: County of San Diego

Program Work Plan #: Includes All Workplans

Fiscal Year: FY05-06 (please complete one per fiscal year)

Full Ser	vice Partnerships	Qt	r 1	Qt	r 2	Qt	r 3	Qtı	r 4	To	tal
Age Group	Description of Initial Populations	Target	Actual								
Child/Youth	Un/Underserved Children with SED							109		109	
Transition Age Youth	Un/Underserved TAY with SMI							53		53	
Adults	Un/Underserved Adults with SMI							122		122	
Older Adults	Un/Underserved Older Adults with SMI							24		24	
All Populations	Un/Underserved Individuals with SMI							32		32	

Syster	m Development	Qt	r 1	Qt	r 2	Qt	r 3	Qt	r 4	To	tal
•	<b>Description of Initial</b>										
Age Group	Populations	Target	Actual	Target	Actual	Target	Actual	Target	Actual	Target	Actual
Child/Youth	Un/Underserved TAY				1 1 1			227	!	227	
	with SMI				! !				i !		
Transition	Un/Underserved TAY				! !			223	<u> </u>	223	
Age Youth	with SMI				! !				! ! !		
Adults	Un/Underserved				:			656	:	656	
	Adults with SMI				<u>.</u>						
Older	Un/Underserved Older				1			175	!	175	
Adults	Adults with SMI				! !				: ! !		
All	Un/Underserved							58		58	
Populations	Individuals with SMI								ļ		
		Qt	r 1	Qt	r 2	Qt	r 3	Qtı	r 4	To	tal
Outreach	n and Engagement										
Age Group	<b>Description of Initial</b>										
	Populations	Target	Actual	Target	Actual	Target	Actual	<b>Target</b>	Actual	Target	Actual
Child/Youth	Un/Underserved							326	!	326	
	Children with SED								: :		
Transition	Un/Underserved TAY							0		0	
Age Youth	with SMI								i !		
Adult	Un/Underserved							175	:	175	
	Adults with SMI								! ! !		
Older	Un/Underserved Older							114	!	114	
Adults	Adults with SMI										
All	Un/Underserved							0		0	
Populations	Individuals with SMI										

# **EXHIBIT 6: THREE-YEAR PLAN – QUARTERLY PROGRESS GOALS AND REPORT**

# **Estimated/Actual Population Served**

County: County of San Diego

Program Work Plan #: Includes All Workplans

Fiscal Year: FY06-07 (please complete one per fiscal year)

Full Service Partnerships		Qt	r 1	Qt	Qtr 2		r 3	Qtı	r <b>4</b>	To	tal
	<b>Description of Initial</b>										
Age Group	<b>Populations</b>	Target	Actual	Target	Actual	Target	Actual	Target	Actual	Target	Actual
Child/Youth	Un/Underserved	108		109		108		109	; ;	434	
	Children with SED								<u>!</u>		
Transition	Un/Underserved TAY	58		58		58		58		232	
Age Youth	with SMI										
Adults	Un/Underserved	121		122		122		121		486	
	Adults with SMI								; ! !		
Older	Un/Underserved Older	24		24		24		24	!	96	
Adults	Adults with SMI								! !		
All	Un/Underserved	24		24		24		24		130	
Populations	Individuals with SMI								! ! !		

Syster	m Development	Qt	r 1	Qt	r 2	Qt	r 3	Qtı	r 4	To	tal
•	<b>Description of Initial</b>										
Age Group	Populations	Target	Actual	Target	Actual	Target	Actual	<b>Target</b>	Actual	Target	Actual
Child/Youth	Un/Underserved TAY with SMI	226		226		226		227	1 1 1 1 1	905	
Transition Age Youth	Un/Underserved TAY with SMI	221		223		223		223		890	
Adults	Un/Underserved Adults with SMI	656		656		656		656		2624	
Older Adults	Un/Underserved Older Adults with SMI	175		175		175		175	1 1 1 1 1	700	
All Populations	Un/Underserved Individuals with SMI	57		59		59		58		234	
		Qt	r 1	Ot	r 2	Ot	r 3	Qtı	r 4	To	tal
Outreacl	n and Engagement										
Age Group	Description of Initial										
•	Populations	Target	Actual	Target	Actual	Target	Actual	Target	Actual	Target	Actual
Child/Youth	Un/Underserved Children with SED	326		326		326		327		1305	
Transition Age Youth	Un/Underserved TAY with SMI	0		0		0		0	 	0	
Adult	Un/Underserved Adults with SMI	175		175		175		175		700	
Older Adults	Un/Underserved Older Adults with SMI	113		114		114		114		455	
All Populations	Un/Underserved Individuals with SMI	0		0		0		0		0	

# EXHIBIT 6: THREE-YEAR PLAN – QUARTERLY PROGRESS GOALS AND REPORT

# **Estimated/Actual Population Served**

County: County of San Diego

Program Work Plan #: Includes All Workplans

Fiscal Year: FY07-08 (please complete one per fiscal year)

Full Ser	vice Partnerships	Qt	r 1	Qt	r 2	Qt	r 3	Qtı	r <b>4</b>	To	tal
	<b>Description of Initial</b>										
Age Group	<b>Populations</b>	Target	Actual	Target	Actual	Target	Actual	Target	Actual	Target	Actual
Child/Youth	Un/Underserved	108		109		108		109	! !	434	
	Children with SED								<u>!</u>		
Transition	Un/Underserved TAY	58		58		58		58		232	
Age Youth	with SMI								<u>.</u>		
Adults	Un/Underserved	121		122		1122		121		486	
	Adults with SMI								; ! !		
Older	Un/Underserved Older	24		24		24		24	!	96	
Adults	Adults with SMI								! !		
All	Un/Underserved	31		33		33		33		130	
Populations	Individuals with SMI								<u> </u>		

Syster	m Development	Qt	r 1	Qt	r 2	Qt	r 3	Qtı	r 4	To	tal
•	<b>Description of Initial</b>										
Age Group	Populations	Target	Actual	Target	Actual	Target	Actual	<b>Target</b>	Actual	Target	Actual
Child/Youth	Un/Underserved TAY with SMI	226		226		226		227	1 1 1 1 1	905	
Transition Age Youth	Un/Underserved TAY with SMI	221		223		223		223		890	
Adults	Un/Underserved Adults with SMI	656		656		656		656		2624	
Older Adults	Un/Underserved Older Adults with SMI	175		175		175		175	1 1 1 1 1	700	
All Populations	Un/Underserved Individuals with SMI	57		59		59		58		234	
		Qt	r 1	Ot	r 2	Ot	r 3	Qtı	r 4	To	tal
Outreacl	n and Engagement										
Age Group	Description of Initial										
•	Populations	Target	Actual	Target	Actual	Target	Actual	Target	Actual	Target	Actual
Child/Youth	Un/Underserved Children with SED	326		326		326		327		1305	
Transition Age Youth	Un/Underserved TAY with SMI	0		0		0		0	 	0	
Adult	Un/Underserved Adults with SMI	175		175		175		175		700	
Older Adults	Un/Underserved Older Adults with SMI	113		114		114		114		455	
All Populations	Un/Underserved Individuals with SMI	0		0		0		0		0	

# **List of Attachments**

- 1. Community Program Planning Participant List
- 2. Client Survey
- 3. Client Survey Summary Report
- 4. Workgroup Membership for Children's, Adult and Older Adult
- 5. Cross-Threading Workgroup Membership
- 6. Client and Family Venues/Special Population Venues
- 7. Example of Mega List and Samples of Forum Announcements
- 8. Statements of Need
- 9. List of Stakeholder Groups That Received the Draft Community Services and Supports Plan (CSS)
- List of community sites for Community Services and Support Plan Distribution
- 11. List of Organizational Meetings for Community Services and Support Plan Distribution
- 12. Media Distribution of the Community Services and Support Plan
- 13. Public Hearing Flyer
- 14. GAP Analysis

# County of San Diego Attachment 1- Community Program Planning Participant List

# CHILDREN'S SYSTEM OF CARE

REPRESENTATIVE	ORGANIZATION
Rene Sanitiago, Chair	
Kathy Smith-Brooks, Co-chair	
Judge Isackson	Juvenile Court
Leslie Hine-Rabichow	SANDAN
Brian Polejas	SEIU Local 535
Mary Grillo	SEIU Local 2028
Carol Conner	Superior Court
Jan Dame	Superior Court
Dr. Gaybenesh Grant	ESSEA, Inc.
Julie Cart	NASW
Carol Morabito	NASW
Saul Levine, MD	UCSD/CH
Gabrielle Cerda, MD	UCSD/CH

# **ADULT SYSTEM OF CARE**

REPRESENTATIVE	ORGANIZATION
Kathryn Grant	SDMHS
Peter McKimmin	SDMHS
Karen Hogan	SDMHS
Becky Zolott	SDMHS
Denise Blanie	SDMHS
Vincent Iaria	Adult Probation
Connie Moreno-Peraza	Alcohol and Drug Services
Susan Bower	Alcohol and Drug Services
Peter Frank, Ph.D.	Alcohol and Drug Services
Bob McElroy	Alpha Project
Tony Phillips	Alpha Project
Carla Sidion	Board and Care
Nancy Vasquez	Board and Care
Jennifer Guthrie	Board and Care
Fannie Huertas	Board and Care
George Scolari	CHG
Sister RayMunda Duvall	Catholic Charities
Ruth Covell, MD	CHIP
Maleka Hurley	CHIP
Greg Knoll	CCHEA
Carol Neidenberg	CCHEA
Rebecca Bierman, DO	SDMHS/Clinical Staff Association
Scott Bunner, MD	SDMHS/Clinical Staff Association

# County of San Diego Attachment 2- Client Survey

Please typ	e in your zip code
<u> </u>	
Your Age	Please
	under 18
Are you a	a parent of a minor receiving Mental Health Services?
	Yes No
Have you	received Mental Health Services?
	Yes No
Are you a	a Veteran?
	Yes No
Gender	
	Male Female Trans Gender
Gay or Le	esbian
	Yes No
Education	า
De	No High School G.E.D. High School Some College College gree  Masters, Doctorate, etc.,

Bi-	African American Asian Caucasian Hispanic Inter-Racial/ Racial African Native American other
Years you	u've used Mental Health Services?
	None 0-12 months 1-10 10-20 20-30 30 +
Services	you need the most - (Check all that apply)
	Advocacy Services Children services and support Adult services and support Older Adult services and support Prevention and early intervention Education and Training Programs Technology to provide mental health services Psychiatric services 24 hr seven day crisis response Case Management Money Management Appropriate School Placement None
Services	you need the most (continued)
	Self-help and community resources
	Substance abuse intervention
	Education and counseling Vocational services
	Assistance in peer relationships
	Support and education of family
	Housing and prevention of eviction
	Transportation

County of San Diego, Health & Human Services Agency, Mental Health Services Community Services and Supports Plan

Prevention of Incarceration  Medication support  Domestic Violence  None  you need the most (continued)
,
Dual Diagnosis and Substance Abuse Services
Treatment and detoxification services
Self-Help Support groups
Prevention Programs
Social Security Work Incentive
Client Operated Clubhouses
Recreational Activities
Services for other Cultures
Cultural Competent Services and Support
Language Interpreters
Individual Therapy or Counseling
None

# County of San Diego Attachment 3- Client Survey Summary Report

As part of the community program planning process for the Mental Health Services Act (MHSA), San Diego County, Health and Human Services, Mental Health Services (SDMHS) planned to develop and conduct a client survey. The goal of the survey was to obtain feedback on needed services. In February 2005, SDMHS contracted with a local client guided 501(c)3 non-profit group, Mental Health Clients for Welfare and Recovery (MHCWAR to revise their original survey, and to undertake the survey process from start to finish—overseeing data collection, conducting data entry, and analyzing and reporting results.

<u>Survey Designed by Clients</u>. Before its contract with SDMHS, MCHWAR had developed and begun piloting a client survey to gather information for the Mental Health Services Act. The survey consisted of demographic questions and a list of potential mental health and co-occurring-related services and other community supports mentioned in the text of mental health legislation such as AB2034. People responding to the survey were asked to check those *services they needed the most* from the lists of several dozen items. There was no limit on how many or how few they could check.

To ensure that the survey was consumer-friendly and that clients felt comfortable completing it, MHCWAR staff members piloted it at a variety of client venues, including clubhouses, the local Veterans hospital, and a locked facility (IMD), where they hold regular peer self-advocacy groups. The survey was also available on the Internet in a Web-based interface. SDMHS requested modifications to the demographic questions and added several services to the list of those from which respondents could choose. No names or other personally identifiable details were collected; ages were recorded as a range (45 to 54) rather than a specific age, for example.

In order to receive input from a broad cross-section of clients and family members from around this large county, a target number of at least 600 surveys was set, with a minimum of 100 from each of San Diego County's six Health and Human Services regions. Surveys were also translated and made available in Spanish and Vietnamese. Although the web-based survey continued to be available through MHCWAR's website, the SDMHS survey project utilized paper surveys.

Consumer Data Collection Team. In addition to contracting with a client-run organization to design and analyze the survey, SDMHS created a team of Community Living Aides (CLAs), consumers hired as temporary County employees specifically to help with the MHSA planning process. Under the joint direction of SDMHS and MHCWAR staff, a group of nine energetic CLAs undertook the complex logistical task of preparing copies color-coded by language, distributing, and collecting surveys from approximately 60 agencies including clinics, clubhouses, board and care facilities, and other programs located throughout San Diego County. CLAs were also trained to explain fundamentals about the MHSA and the purpose and importance of the survey to the planning process. Responding to the survey was completely voluntary. Working under great time pressure the CLA data collection team successfully collected 988 around the county.

<u>Data entry and analysis</u>. MHCWAR was solely responsible for entering the data from the surveys collected, analyzing and compiling results. The SDMHS surveys were entered and stored in a separate database from MHCWAR's web-based surveys. Some older adults at senior centers and some board and care residents completed the demographic

questions but chose few or no services when asked to choose services they needed most. A total of 59 respondents left questions on which services they needed blank. There were also just over a dozen surveys in which a demographic item on gender was left blank and because of the particular data analysis technology used, these were not able to be included in the totals.

<u>Descriptive results: Who responded?</u> Although the majority (81%) of people responding to the survey indicated they had received mental health services, 19% reported not having received mental health services, which means a sizable number of unserved persons did participate. As far as how long they had used mental health services, the largest number (30%) reported between 1 and 10 years, while almost 20% said between 10 and 20 and another 20% reported more than 20 years of mental health service use. In addition, 12% of respondents reported being a parent of a minor who received mental health services.

A range of ages was represented, including almost 7% under age 25 and close to 20% 65 and older; the majority (50%), however, were between the ages of 35 and 54. Men and women were evenly divided at 50% and 49%, respectively, with a small number of clients (less than 1%) describing themselves as transgender. Eight percent described themselves as gay or lesbian. Over half of the respondents reported their ethnicity as Caucasian (54%), with 17% Hispanic, 8% African American or African, 5% Native American, 4% Asian, and 13% describing themselves as either Inter-racial/Bi-racial or Other. Overall, a higher percentage of non-White persons took the survey (46%) than the reported percentages of the San Diego County population based on recent Census data. Of people responding to the survey, 13.5% reported being veterans and there was a range of education levels reported, from 14% stating not having gone to high school and 17% with college or higher degrees.

Results: Services you need the most. The survey presented lists totaling 34 mental health or co-occurring services and supports and asked respondents simply to choose the services they needed the most. As mentioned above, people could choose as many or as few services as they wished. Results on the frequencies at which various services were chosen by age groups are displayed in the attached Table. The top ten services requested by all ages featured the themes of Psychiatric Services and Medication Support, Individual Therapy or Counseling, Self-help and Community Resources, including Support Groups, Transportation, Education, and Housing and Prevention of Eviction.

Integration with other MHSA community input. After MHCWAR completed the analysis of the surveys and prepared several break-outs of the data by specific age groups, SDMHS staff integrated the survey results with the other results obtained during the MHSA community input process. Some services listed in the MHCWAR client survey corresponded directly to the lists SDMHS was using to categorize MHSA community input; for example, both lists included Transportation and Vocational Services. Other services from the survey were grouped together when integrated into the community input list. As an example, the four survey items Psychiatric Services, Individual Therapy or Counseling, Education and Counseling, and Case Management all fit under the one community input category of Case Management/Outpatient Services. By joining the client survey results with the results of the rest of the MHSA Community Input process, including the information from community forums and client and family venues, as well as written and voicemail

comments received, SDMHS was able to maximize the usefulness of the survey and hear the voice of the San Diego community with greater clarity.

Services	Number of Responses Choosing the Service
Psychiatric Services	537
Medication Support	518
Adult Services and Support	477
Individual Therapy or Counseling	422
Self-help and Community Resources	416
Self-help Support Groups	381
Education and Counseling	356
Transportation	349
Education and Training Programs	348
Housing and Prevention of Eviction	329
Recreational Activities	300
Case Management	285
Client Operated Clubhouses	272
Social Security Work Incentive	262
Advocacy Services	259
Vocational Services	250
Older Adult Services and Support	248
Dual Diagnosis and Substance Abuse Services	218
Prevention and Early Intervention	218
24 Hr/Seven Day Crisis Response	217
Money Management	217
Support and Education of Family	217
Assistance in Peer Relationships	200
Technology to Provide Mental Health Services	183
Prevention Programs	168
Substance Abuse Intervention	158
Appropriate School Placement	157
Prevention of Incarceration	118
Services for Other Cultures	112
Treatment and Detoxification Services	106
Cultural Competent Services and Support	104
Language Interpreters	93
Children Services and Support	86
Domestic Violence	78

**Total Number of Surveys Completed** 

988

# County of San Diego Attachment 4- Workgroup Membership for Adult Workgroup, Older Adults Workgroup, and the Children's Workgroup

Organization	Adult Workgroup Representative	Alternate		
Family Member	Eric Revere			
Representative				
HHSA / Physical Health	John Pierce			
Managed Care Plans				
Fee-For-Service Provider	Lori Futterman, Ph.D.,	Arlene Young, Ph.D.		
Housing	Hannah Cohen			
HHSA / RGM	Rene Santiago	Patty Kay Danon		
San Diego Police	Chief Bill Maheu	Captain Bruce Pfefferkorn		
Department		Sgt. Rick Schnell		
City of San Diego				
CCRT	Euphemia Ng			
Sheriff's Department	Richard Conklin	Bruce Leicht		
HHSA / Alcohol and Drug	Linda Bridgeman-Smith	Kate Martin		
Svcs.				
Regional Center	Elizabeth Sem			
Homeless	Patricia Leslie			
Education	Joseph Hankinson			
SEIU / Direct Service Staff	Amy Cross			
San Diego County Psychiatric	Mitchell Stein, M.D.			
Probation Department	Lisa Donohoo			
Trobation Bopartment	Anna Guzman			
Advocate	Maria Sardinas			
South Region Consumer	Chuy Zamora			
North Central Consumer	Tommy Thames			
Central Region Consumer	Ronald Cheatom			
Client/Family Member	Lacelle (Lacey) Harden			
	Denise Knobloch			
	Paul Standal. Ph.D.			

**Older Adult Workgroup** 

Organization	Representative	Alternate		
Family Member	Patricia (Trish) Azar			
Representative				
Older Adult M H Substance		Bob Torres		
Abuse Coalition				
Housing	Dr. Paul Brenner			
	Rev. Glenn Allison			

	Hannah Cohen	
HHSA / RGM	Pam Smith	
San Diego Police	Lt. Boyd Long	Captain Bruce Pfefferkorn
Department	Chief Bill Maheu	Sgt. Rick Schnell
City of San Diego		
Long Term Care	Evalyn Greb	Sara Barnett
HHSA / AIS	Jennifer Bransford-Koons	
	Ellen Schmeding	
CCRT	Roberta Osuyos	
HHSA / Alcohol and Drug	Louise Lecklitner	Kate Martin
Svc.		
Regional Center	Carlos Flores	Ken Krieger
Homeless	Matthew Doherty	
Education	Cynthia White-Parks	
SEIU/Direct Service Staff	Joanne Cattani	Linda Johnson
Mental Health Board	Dr. Casillo	Dr. Krems
Probation Department	Anna Guzman	Lisa Donohoo
Adult Day Health Centers	Ruth Howell, MSW	
Ombudsman	Sharon Cordice, MSW	Jean Stehman
Hospice	Ben Marcantonio	Sharron O'Mary
In-Home Support Services	Sharon Brands, NP	
Social Workers Association	Mary Ann Pollock, LCSW	
Consumer, Older Adult	Richard Hayes	
Workgroup	-	
North Coastal Consumer	Bob Brooks	Thelma Hayes
North Inland Consumer	Delores Alegria	Julie Mock-Linville
North Central Region	Vernon Montoya	
Consumer	-	
Central Region Consumer	Mario Listig	
South Region Consumer	John Dogget	
	Burton Disner	
	Bob Prath	
	Doris Steinman	
	Patricia Tennity	
	Olita Dargan Harris, Ph.D.	
	Irene Griffin	
		_1
	Children's Workgrou	• ,
Organization	Representative	Alternate
Co-Chair, Famiy Member	Donna Marto	

Mental Health Board

Alcohol and Drug Services

Kathy Smith-Brooks

Wendy Maramba

Kate Martin Oscar Talaro

Probation Department	Kim Broderick	Scott Watkins
Child Welfare	Steve Briggs	Ed Cadena
HHSA / Regional General	Nick Macchione	Donna Hand
Manager		
CYF Commission	Vivian Reznik, M.D.	Roseann Myers
Superior Court	Judge Susan Huguenor	Lyn Angene
Regional Center	Dr. Raymond Peterson	
CMHS County Direct Service Provider	Bill James	Carlotta Wright-Fleener
Primary Care Provider / Physical Health	Ingrid Lin, M.D., F.A.A.P.	Amethyst Cureg, M.D.
Child Psychiatrist Association	Dr. Mitchell Stein	
Fee-For-Service Provider	Abe Loebenstein, Ph.D.	Karen Zappone, Ph.D.
Family – Youth Roundtable	Celeste Hunter	
Youth Transition	Lacelle (Lacey) Harden	
Implementation Group		
Alianza – Community At	Delores Andrews	
Large		
Wraparound Constituency	Liz Marucheau	
Cultural Competence	Kevin Brooks	
Resource Team		
First Five Commission	Laura Spiegel	Lynn Eldred
	Grace Young	
Union (SEIU)	Susan Brondell	
Health Plans	Rogelio Lopez	
Cherokee Nation OKLA	Phillip Powers	
San Diego State University	Pilar Hernandez	
New Member Family	Carol Bess	
Member		

# County of San Diego Attachment 5- Cross-Threading Workgroup Membership

,		
Piedad Garcia, Co-Chair		
Rosa Ana Lozada-Garcia, Co-Chair		
Judith Yates (Mental Health Board)		
Eric Revere		
Maria Sardinas		
Tommy Thames		
Viviana Criado, Co-Chair		
Richard Hayes, Co-Chair		
Vernon Montoya		
Dolores Alegria		
Bob Brooks		
Roberta Osuyos (Alternate)		
Bob Prath		
Burton Disner (Older Adult Alternate)		
Carol Bess		
Celeste Hunter		
Kathy Smith-Brooks		
Lacelle (Lacey) Harden		
Delores Andrews		
Candace Milow		
Henry Tarke		
Liz Biolley		
Philip Hanger		
Alfredo Aguirre		

# County of San Diego Attachment 6- Client and Family Venues/Special Population Venues

#### All MHSA Forums/Hearings/Public Venues **Forums Date** Number In Subtotal Total Attendance All Venues 2,573 Stakeholder and Partners Forums 236 North Coastal Stakeholders and Partners Forum 05/03/05 25 North Inland Stakeholders / Partners Forum 04/29/05 28 South Region Stakeholders / Partners Forum 04/25/05 64 Central North Central Regions Stakeholders / 04/19/05 84 **Partners** East Region Stakeholders and Partners Forum 04/15/05 35 **Regional Community Forums** 459 Central Region Community Forum 04/15/05 96 O'Farrell Community School 03/30/05 North Inland Community Forum 71 The Salvation Army, Escondido Center North Central Community Forum 03/30/05 96 Salvation Army San Diego Citadel Corps Community Center North Coastal Stakeholders and Partners Forum 03/28/05 59 AVO Playhouse - Vista South Region Community Forum 03/15/05 42 Hilltop Middle School East County Community Forum 95 03/10/05 Ronald Reagan Community Center **Provider Forums** 215 Provider Forum, follow-up to 8/29/05 Meeting 09/06/05 50 Provider Forum 08/29/05 165 **Public Hearings** 177 Public Hearing on Draft Community Services 42 11/04/05 and Supports Plan Public Hearing on Draft Community Services 11/03/05 135 and Supports Plan - North Inland/North Coastal **Miscellenous Meetings** 38 SDSU MSW Students 04/20/05 6 SDSU MSW Students 04/19/05 12 **Board Aides** 04/14/05 League of Women Voters 03/19/05 20

	Date	Number In Attendance	Subtotal	Total All Venues
Special Populations Forums		Attenuance	1,486	All Venues
NAMI – North Coastal, Carlsbad	06/16/05	55	1,100	
Latino Community Forum – San Marcos	06/13/05	12		
Latino Family Focus Group – San Ysidro	06/10/05	11		
Latino Forum – Logan Heights	06/09/05	16		
Latino Focus Group - Bayside	06/08/05	0		
Latino Focus Group – memorial Charter School	06/08/05	-		
Africian American Consumer & Family Members Needs and Concerns	06/08/05			
Vietnamese Forum - UPAC	06/07/05	15		
Latino Focus Group (SECMH)	06/06/05			
Veterans Peer/Self Advocacy Group -	06/03/05	43		
Veterans Forum – Veterans Hospital				
East Wind – Co-Hosted by UPAC	06/03/05	16		
Mental Health Board Housing Forum - MHSA	06/02/05	38		
Eastwind Vietnamese	06/02/05	16		
Public Safety Special Mtg. For MHSA	06/02/05	22		
Neighborhood health Care – Primary Care	06/01/05	16		
Providers – North County / Escondido, CA				
Escondido Clubhouse	06/01/05	15		
Alpine convalescent – East County	05/30/05	23		
East Corner Clubhouse	05/27/05	26		
Council of American Indians	05/26/05	10		
School Nurses / Directors / Counselors	05/26/05	20		
Older Adult coalition Care Giver Support	05/26/05	22		
LGBT Community Gay & Lesbian Focus Group	05/25/05	22		
Casa Del Sol Clubhouse	05/25/05	17		
Friendship Clubhouse	05/25/05	15		
Mariposa Clubhouse	05/24/05	10		
Chaldeans and Arabic Speaking Special Population	05/23/05	84		
AIS / Case Management Program	05/23/05	9		
Older Adult Latino – Escondido, CA	11/03/05	59		
Homeless Providers	05/20/05	25		
Friend-to-Friend Clubhouse	05/20/05	25		
The Meeting Place	05/20/05	20		
Visions Clubhouse	05/20/05	14		
Board and Care Provider Focus Group	05/20/05	26		
Regional Board and Care Forums – North Coastal - HHSA Community Room – Oceanside	05/20/05			
Transition Age Youth (TAY) Special Forum	05/19/05	29		
Regional Board and Care Forum Central and North	05/19/05	28		

Chippers Chalet, 835 25 <sup>th</sup> Street, San Diego				
San Marcos – Adult Day Health Center	05/19/05	38		
_	Date	Number In	Subtotal	Total
		Attendance		All Venues
Primary Health Care Providers – Council of	05/19/05	10		
Community Clinics – Central Region				
Older Adult Filipino – Senior Housing	05/18/05	58		
Summercrest Apts., National City, CA				
Regional Board and Care Forum South Region	05/18/05	1		
600 Oxford Street, Chula Vista, CA				
Regional Board and Care Forum North Inland	05/17/05	12		
Escondido Clubhouse				
Friend to Friend Clubhouse	05/17/05	25		
Regional Board and Care Forum – East Region	05/16/05	30		
VOA – Troy Street, Spring Valley, CA				
Domestic Violence Special Forum	05/16/05	48		
American Indian Center	05/13/05	8		
County Case Management Focus Group	05/13/05	25		
Survivors of Torture – City Heights Wellness	05/12/05	43		
Center				
Asian Pacific Islanders / Vietnamese	05/11/05	41		
Spanish-speaking Family Focus Group	05/11/05	24		
HHDA/Family Resource Center (South)				
Chaldean Community – Needs Assessment	5/11/05	7		
Focus Group				
North County / Senior Advocates Needs	05/10/05	12		
Assessment Focus Group				
Deaf and Hard-of-Hearing Community Forum	05/09/05	24		
Education School Boards and Superintendents	05/09/05	60		
Southeast Mental Health Latino Forum	05/06/05	14		
3177 Oceanview Boulevard San Diego				
Early Mental Health Initiative Forum	05/05/05	120		
MHSA Family Venue, Beacon Center	05/02/05	23		
Chula Vista, CA				
San Diego Family & Youth Roundtable	04/26/05	25		
And Building Bridges				
NAMI – University Christian Church	04/07/05			
Board and Care Client Focus Group	04/07/05	30		
Community Action Partnership	01/27/05	39		
	Total	2,573		

# County of San Diego

Attachment 7- Example of Mega List and Samples of Forum Announcements

From: Miles, Elizabeth A.

**Sent:** Monday, October 03, 2005 10:20 AM

To: Anna Guzman; Arlene Young; Bruce Leicht; Captain Bruce Pffefferkorn; Danielle Lingle; Danon, Patty Kay; Fred Longfield (Patty Kay Dannon); Garcia, Piedad; Judith Yates; Lisa Sontag (Judith Yates) (E-mail); Marsha Alesi; Martin, Kate; Sgt. Richard Schnell (Email); Steve Tomacelli; West, Virginia; Adele Lynch (2) (E-mail); Adele Lynch (E-mail); Amy Gonyeau (E-mail); Ann Menasche (E-mail); Carla Sidlow (E-mail); Carol Neidenberg (Email); Charles Ertl (2) (Charles Ertl (2)); Connye Smalley (E-mail); David Folsom, M.D.; Dixie Galapon (E-mail); George Scolari (E-mail); Greg Knoll (E-mail); Jack Leggett (E-mail); Jerry Gold, Ph.D., MBA; Judy Davis (E-mail); Julie McPherson (E-mail 2); Karen Luton (Email); Kimberly Russell-Shaw (E-mail); Linda Hammond (E-mail); Lisa Garcia (E-mail); Liz Krudenier (E-mail); Marjorie Olney (E-mail); Mary Ann Brummer (E-mail); Mathew Packard (E-mail); Melanie Do (E-mail); Michael Sullivan Ph. D. (E-mail); Mike Phillips (E-mail); Mike Radlow (E-mail); Nancy Bryant Wallis (E-mail); Nora Cole (E-mail); Paul Cumming (E-mail); Rebecca Ellis (E-mail); Ron Milone (E-mail 2); Russell, Laura A.; Shannon Jaccard; Susan Jacobi (E-mail); Susan Linback (E-mail); Valerie Olson (E-mail); /O=CO/OU=COSD/cn=Recipients/cn=shugueno; Abraham Loebenstein Ph. D. (doctorabe@msn.com); Aguirre, Alfredo; Bill James (jamesb@cws.state.ca.us); Briggs, Steve; Broderick, Kim; Brondell, Susan; Brooks, Kevin; Carol Bess (cbess520@aol.com); Celeste Hunter (chunter1247@cox.net); Cureg, Amethyst C.; Delores Andrews (deeandrews504@yahoo.com); James Plummer (jplummer@aurorabehavioral.com); Joe Mawhinney (drmawhinney@sbcglobal.net); Kathy Smith-Brooks (ncami@msn.com); Lacelle (Lacey) Harden (fight4innocence@yahoo.com); Lozada-Garcia, Rosa Ana; M. D. Mitchell Stein (mitchk@prodigy.net): M. D. Vivian Reznik (vreznik@ucsd.edu): Macchione. Nick; Magsaysay-Byrne, Vicky; Maramba, Wendy; Marucheau, Liz; Miles, Trini; Paul Standal Ph. D. (pstanda1@san.rr.com); Phillip Powers (ppowers@san.rr.com); Pilar Hernandez (phernand@mail.sdsu.edu); Raymond M. Peterson (rpeterson@sdrc.org); Spiegel, Laura S.: Tarke, Henry: Wynne, Dawn; Angene, Lyn; Cadena, Ed; Carlos Flores (E-mail); Conner, Carol; Eldred, Lynn; Hand, Donna; Karen K. Zappone, Ph.D.; Myers, Roseann; Talaro, Oscar; Watkins, Charles S; Wright-Fleener, Carlotta; Alaina Dall (E-mail); Alejandra Aceves (E-mail); Annalyn Cole (E-mail); Barbara Ryan (Chadiwick Center); Barbara Ryan (School Board); Barent Mynderse (E-mail); Carol Nunes (E-mail); Carol Skiljan (E-mail); Cheryl Friday (Cheryl Friday); Claudette Inge (Claudette Inge); David McWhirter (E-mail); Dayna Monteleon (E-mail); Donna Marto (E-mail); Jackie Dietz (Email); Janice Cook (E-mail); Laurie Chapman (E-mail); M. D. Ingrid Lin (E-mail); M. D. Nathan McFarland (E-mail): M. D. Saul Levine (E-mail): Mark Chenven (Mark Chenven): Michael A. Brogan (E-mail); Rachael Ortiz (E-mail); Rogelio Lopez (E-mail); Saul Levine, M.D. (2); Vanessa Gomez (E-mail); Beach, Charlonna; Bernardy, Karen J.; Biolley, Elizabeth; Bulat, Ged; Goldberg, Angela; Hanger, Philip; Miles, Elizabeth A.; Milow, Candace; Rerucha, Claire; Stevens, Esti; Criado, Viviana; Eric Revere (E-mail); Ben Marcantonio (E-mail); Ben Marcantonio (Kate Yablonsky); Bob Prath (E-mail); Bob Torres (E-mail); Bransford-Koons, Jennifer; Burton Disner (E-mail); Chief Bill Maheu; Doris Steinman (E-mail); Dr. Dan Sewell; Dr. Paul Brenner; Greb, Evalyn; Irene Griffin (E-mail); Joanne Cattani (E-mail); John Doggett (E-mail); Lecklitner, Louise; Mario Listig (E-mail);

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Polinsky; Children's Hospital - Polinsky Team leader; Children's Hospital Research Ctr. DMES; County of S.D. Mental Health - TBS; County of S.D.Mental Health-SouthEast; CRF - Nueva Vista Familiy Services; CRF-Homeless shelter; Dana Nitti; Daystar Residential; Daystar Residential; Devereux - JCCS; Devereux - JCCS; Devereux Texas; Devereux-Cleo Wallace: East County Mental Health Services: Episcopal Community Services - Para Las Familias-Nick Montano; Excelsior Youth Center; Family Health Centers - Comm. Circle East-Eleanor Kreyling; Family Health Centers-Comm. Circle Central; Foster Family Agency EPSDT (FFA); Harmonium, Inc.; Heritage Center; Heritage Center; Kathyrn Clark; Mental Health Systems; Mental Health Systems - CAT-YAR; Mental Health Systems, Inc - Alba; Mental Health Systems, Inc - Discovery Valley; Mental Health Systems, Inc -Best1&2 and Breaking Cycles; Mental Health Systems, Inc-Provo Canyon school; Mental Health Systems, Inc-Steps; Mental Health Systems, Inc-STEPS-Viewridge; Mental Health Systems, Inc-Venture Day Tx; New Alternatives - Cabrillo & Cab. Ass.; New Alternatives -CITY & Transition Team; New Alternatives - Hillcrest; New Alternatives - San Pasqual; New Alternatives - San Pasqual; New Alternatives - Spectrum Program-Yuka morita; New Alternatives - TBS; New Alternatives - TRS; New Alternatives, FFA; New Alternatives-Cajon Valley/LaMesa/Sp. Valley/hillcrest; New Alternatives-South bay(South Campus); North County Lifeline, Inc. - CAT-YAR - Doris Castillo; Oak Grove Insititute; Palomar Family Counseling - Fallbrook Elementary & High Sch.; Palomar Family Counseling-Escondido and Valley Center; Palomar MHU (County) - Kathy Taylor; Paradise Valley -ALLY-National City; Paradise Valley Hosp.-ALLY South Bay- Francisco Fragoso; Paradise Valley Hospital; Picker, Jamie; S.D. Unified School District; San Diego Center for Children -Clark Stepdown; San Diego Center for Children - E Wright; San Diego Center for Children -East County Day Treatment; San Diego Center for Children - Intensive Outpt. Services; San Diego Center for Children - TSI-FFA; San Diego Center for Children -TSI Outpatient; SAY SAN DIEGO . INC: SAY SAN DIEGO -CAT-YAR: SBCS - : SBCS - CAT YAR- Gloria Ramirez; SDCfC; SDCfC-DT Patch for RCL14; SDCfC-Emerald Day Tx; SDUSD-Mental Health resource Center; SDYCS - CAT-YAR - Chad Hybarger; Sharon Jahn; Sharp Health Care dba Sharp mesa Vista; SYHC-BHG- Youth Enhancement Services-Robert Suarez; SYHC-BHG-Frontier-Christopher Fragiskatos: SYHC-BHG-Lifeschool - Alicia Navarro: Telecare Corporation-Pmt Auth Unit-Wanda Bennett; Trinity - FFA - Kathy Roybal; Trinity -San Diego FFA; Trinity - Secretary Liz Garcia; UCSD - ; UCSD - Department of Psychiatry; UPAC - CTC and CTCEPSDT - Sterling Alexander; Vista Hill Foundation; Vista Hill Foundation - Escondido; Vista Hill Foundation North Inland / Ramona; Walden Family Services; Walden Family Services -; Walden Family Services- FFA; Yellowstone Boys and Girls Ranch-Lynn Solberg; YMCA - TIDES - Virginia Kemp; YMCA TIDES - Program Director Betty Chao; Alain Azcona (ajazcona@psy-med.com); Bentley Smith (gvanderm@devereux.org); Bonnie Spitzer ; Charles Thompson (chuck@ria.net); Elena Marin Operation Mgr; Fran Butler-Cohen (fran@fhcsd.org); Francis Lazarus (lynch@acusd.edu); Gail Atkinson (sthompso@devereux.org); Irene Saper (palfam@cts.com); Jack Lungu(lungujc@bayview.ah.org); Jared Balmer (jbalmer@ivrtc.com); Ken Rosenblum (krosenblum@harmonium-inc.org); Laura Mustari (Imustari@ymca.org); Marty Giffin (mmoran@centerforchildren.org); Michael Bruich (michael.bruich@newalternatives.org); Nancy Sherman (nsherman@harmonium-inc.org); Philip Hanger (best-pm@mhsinc.org); Robert Dean (rdean@vistahill.org); Sharon Delphenich (sdelphenich@casadeamparo.org); Shirley Cole (scole@nclifeline.org); Tara

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/O=CO/OU=COSD/cn=Recipients/cn=RConklSH; Al Pavich; Alicia Outcalt; Angela Billing; Anita Harbert; Anna Edwards; Anne Hofflund CS; Ari Albala MD; Bahl, Renee; Bierman,

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David Gangsei (dgangsei@notorture.org); Jean McDonald; Kathi Anderson; Yancey, Carroll; Barb Oleson; Beth Green (E-mail); Deborah Malcarne (E-mail); Elizabeth Miles (E-mail); Mary Jo O'Brien, Richard; Michael McPherson (E-mail); Amanda Ruiz, M.D.; Bird, Lori [Sheriff]; Carroll, Steve; Jae Marciano; Lt. Daniel Hardman; Lt. Kelly Cain; Marla Kingkade; Penu Pauu, Jr.; Runyen, Dennis [Sheriff]; Serrano, Jill; Shelton, Ebony N.; Wagner, Glenn

**Subject:** County of San Diego, CSS Plan for 30 Day Public Review

Attachments: County of San Diego CSS Plan Final Draft - 2005-09-29.pdf
The County of San Diego, Health and Human Services Agency, Mental Health Services is distributing the draft of the 160-page Mental Health Services Act Community Services and Support (CSS) Plan for a 30-day public review period. We welcome your comments and suggestions. At the beginning of the plan there is a form for public comment and information on how to submit comments. All forms must be submitted by November 4<sup>th</sup>, 2005. We also encourage you to attend the Public Hearings held on Thursday, November 3<sup>rd</sup> from 2:00PM to 4:00PM at the Scottish Rite Masonic Center or Friday, November 4<sup>th</sup> from 10:00AM to 12:00PM at the Escondido Salvation Army.

Liz Miles MHSA Project Analyst 619-584-5015



## The South Bay Partnership and the South Region In collaboration with County of San Diego, Health and Human Services Agency Mental Health Services in the Mental Health Board Invite you to the



# South Region Community Forum on the Mental Health Services Act (Proposition 63)

Tuesday, March 15, 2005 4:00 p.m. – 7:00 p.m. Hilltop Middle School 44 East J Street Chula Vista, CA 91910 (See map on back)

Lite refreshments Provide!

This forum is your opportunity to provide input for enhanced mental health services for children, adults and older adults in your community.

<u>Please RSVP for the following special accommodations by Thursday, March 10<sup>th</sup>, 2005:</u>

- Language Interpretation
- Transportation
- Child Care

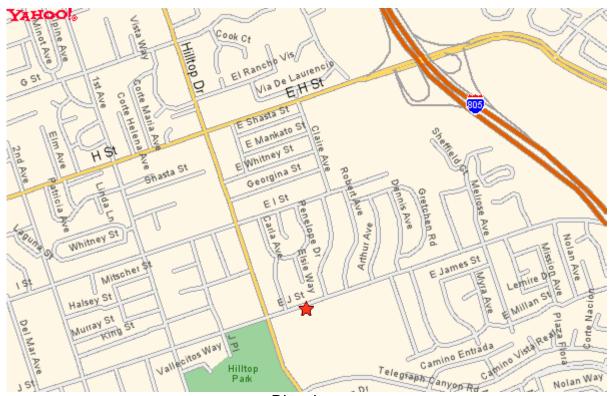
Martha Armenta, Regional Contact

Phone: (619) 409-3305

EMAIL: Martha.armenta@sdcounty.ca.gov

**Background:** The Mental Health Services Act (MHSA)/Proposition 63 passed by California voters on November 2, 2004, will bring approximately 40 million dollars to San Diego County, Health and Human Services Agency, Mental Health Services (SDMHS) to expand and develop innovative and integrated mental health services for children, youth, families, adults and older adults. The purpose of the Community Forum is to obtain community input, feedback and recommendations regarding these new and expanded services. For more information please visit www.sandiego.networkofcare.org/mh or call the Mental Health Services administration at (888) 977-6763.

Please join us and make your voice count



**Directions** 

### From Interstate 805

- 1. Exit J Street Exit
- 2. Continue east on J Street approximately 2 miles to Hilltop Middle School

Note: J Street becomes East J Street after crossing Hilltop Drive.

### From Interstate 805

- 1. Exit at H Street.
- 2. Continue on West on H Street
- 3. Turn left (south) on Hilltop Drive
- 4. Turn left (east) on East J Street.



#### La Asociación del Sur y la Región Sur en colaboración con el Condado de San Diego, Agencia de Salud y Servicios Humanos, Departamento de Salud Mental y la Mesa Directiva de Salud Mental lo invitan al



### Foro Comunitario Latino de la Zona Norte de la Región Central Del Condado sobre

### La Ley de Servicios de Salud Mental (Propuesta 63)

El Miércoles 8 de Junio de 2005 de 10:00 a.m. a 11:30 a.m.

Se servirán refrescos

Bayside Community Center 2202 Comstock Street San Diego (Ver el mapa en el reverso)

Este foro es su oportunidad para dar su opinión sobre nuevos servicios de salud mental para niños, adultos y personas mayores en su comunidad.

Por favor confirme su asistencia para recibir los siguientes servicios especiales antes del Miercoles 1 de Junio de 2005:

- Transporte
- Guardería

Esti Stevens, MHSA Proyecto TELEFONO: (619) 563-5005

CORREO ELECTRÓNICO (EMAIL): Esti.stevens@sdcounty.ca.gov

Antecedentes: La Propuesta 63, es decir, la Ley de Servicios de Salud Mental (Mental Health Services Act, aprobada por los votantes de California el 2 de Noviembre de 2004, aportará alrededor de 40 millones de dólares a la Agencia de Salubridad y Servicios Humanos, Departamento de Salud Mental del Condado de San Diego para ampliar y desarrollar nuevos servicios de salud mental innovadores e integrados para niños, jóvenes, familias, adultos y personas mayores. El propósito del Foro Comunitario es obtener sugerencias, opiniones y recomendaciones de la comunidad sobre estos nuevos servicios. Para obtener más información, por favor visite <a href="www.sandiego.networkofcare.org/mh">www.sandiego.networkofcare.org/mh</a> o llame a la administración del Departamento de Salud Mental al (888) 977-6763.

Por favor acompáñenos y haga oir su voz



Hạt San Diego, Cơ Quan Sức Khỏe và Dịch Vụ Nhân Sinh Dịch Vụ Sức Khỏe Tâm Thần và Ủy Ban Sức Khỏe Tâm Thần kính mời quí vi đến dư





### Phiên Họp Công Khai về Dịch Vụ Cộng Đồng và Kế Họach Hổ Trợ cho Luật Dich Vu Sức Khỏe Tâm Thần

Public Hearings on Community Services & Supports (CSS) Plan for Mental Health Services Act

HAI BUỔI HỢP CÙNG NỘI DUNG

#### Thứ Năm,3 tháng 11 2005

2 giờ trưa đến 4 giờ chiều, tại Scottish Rite Masonic Center Golden Eagle Auditorium 1895 Camino del Rio South San Diego, CA

### HAY

Thứ Sâu, 4 tháng 11, 2005 10 giờ sáng đến 12 giờ trưa The Salvation Army Escondido Center 1301 Las Villas Way Escondido, CA

Xin vui lòng giữ chỗ trước để tiện bề sắp xếp trước ngày Thứ Ba, 1 tháng 11, 2005

> Thông dịch Cung cấp phương tiện di chuyển Giữ Trẻ

Muốn giữ chỗ xin gọi Elizabeth Miles ở số điện thọai (619)584-5015 hay email về: Elizabeth.miles@sdcounty.ca.gov

Nguyên do buổi hợp: Luật Địch Vụ Sức Khỏe Tâm Thần (The Mental Health Services Act (MHSA)) Nghị luật 63 đã được cử tri California thông qua ngày 2 tháng 11, 2004, sẽ mang về khỏan 40 triệu đô la cho Quận Hạt San Diego, Cơ Quan Sức Khỏe và Địch Vụ Nhân Sinh, Địch Vụ Sức Khỏe Tâm Thần (SDMHS) để mở rộng và phát triển những dịch vụ mới, cho tắt cả các trẻ em, thanh thiểu niên, các gia đình, người lớn và những người cao niên.

Mục đích của Buổi Họp Công Khai là thu nhận ý kiến đóng góp vào bản thảo kế họach của Dịch Vụ Cộng Đồng và bộ phận Hỗ Trợ của Dịch Vụ Sức Khỏe Tâm Thần (MHSA). Muốn biết thêm chi tiết, xin vui lòng vào website www.sandiego.networkofcare.otg/mh hay gọi cho ban hành chánh Dịch Vụ Sức Khỏe Tâm Thần ở (888) 977-6763.

Xin quí vị vui lỏng đến tham dự với chúng tôi và đồng gốp ý kiến "Cùng Nhau Thay Đổi Sức Khỏe Tâm Thần"



مقاطعة سان ديبغو، وكالة الخدمات الصحية و الإنسانية برنامج خدمات الصحة النفسية و مجلس الصحة النفسية بدعوانكم الى





### ندوة عامة حول برامج الخدمات و الدعم المحلية تطبيقاً لقانون خدمات الصحة النفسية

### تعاد الدورة مرتين

الجمعة، الرابع من تشرين الثاني (نوفمبر) 2005 من العاشرة صباحاً و لغاية الثانية عشر ظهراً Scottish Rite Masonic Center Golden Eagle Auditorium 1895 Camino del Rio South San Diego, CA

أو

الخميس، الثالث من تشرين الثاني (نوفمبر) 2005 من الثانية بعد الظهر و لغاية الرابعة عصراً The Salvation Army Escondido Center 1301 Las Villas Way Escondido, CA

يرجى أن تقوم بالحجز للتسهيلات التالية قبل: الثانثاء المصادف الأول من تشرين الثاني (نوفمبر) 2005

> الترجمة الشفهية وسائط النقل العناية بالأطفال

يرجى الحجز بالإتصال ب إليزابيت مايلز عن طريق الهاتف المرقم 5015-584 (619) أو عن طريق البريد الألكتروني:Elizabeth.miles@sdcounty.ca.gov

تمهيد: سيقدم قانون الصحة النفسية (MHSA) المقترح 63 الذي تمت الموافقة عليه من قبل الناخبين في ولاية كاليفورنيا في الثاني من تشرين الثاني (نوفمبر) 2004، حوالي أربعين مليون دو لار لمقاطعة سان دبيغو، وكالة الخدمات الصحية و الإنسانية، برنامج خدمات الصحة النفسية (SDMHS) للتوسع و تطوير خدمات متجددة و متكاملة للصحة النفسية للأطفال و الشباب و العائلات و البالغين و المسنين

إن هدف الندوة العامة هو الحصول على الماتحظات و التعليقات بخصوص مسودة برامج الخدمات المحلية و برامج الدعم التابعة ليرامج الصحة النصية الفيزية المنطقة التولية (الإنترنت) الصحة النصية على المنطقة التولية (الإنترنت) www.sandiego.networkofcare.org/mh أو الإنصال بإدارة برنامج خدمات الصحة النصية على الهانف المرقم www.sandiego.networkofcare.org/mh.

يرجى أن تشاركونا الحضور و. أن تجعلوا صوتكم مسموعاً "معانغير شكل و نوع خدمات الصحة النفسية"

### County of San Diego Attachment 8- Statements of Need

No.	Source	Title or Topic	Partner(s) / Additional Information			
1a.	Lewis Judd, MD,	1) Training & Education	UCSD Dept. of Psychiatry; includes child, adult, & geriatric			
	UCSD Psychiatry		psychiatrists & psychologists for public sector			
1b.	Lewis Judd, MD,	2) Outcomes & Evaluation	Expand UCSD Geriatric Psychiatry Research Network			
	UCSD Psychiatry	Unit	Development Core; integrate with CASRC			
1c.	Lewis Judd, MD,	3) MH for Homeless	UCSD; St. Vincent de Paul Village; Village Family Health			
	UCSD Psychiatry		Center; proposed on-site Dual Dx Tx Partnership			
1d.	Lewis Judd, MD,	4) Innovative Programs (13)	1) Child & Adolescent Neuropsych Clinic			
	UCSD Psychiatry		2) Adverse Childhood Experiences/			
			Attachment Program			
			3) Cognitive Assessment and Risk Evaluation (CARE)			
			Program			
			4) Integrated MH Services for Latino Families			
			5) Latino MH Specialty Clinic			
			6) OPT and Case Management for BPD and other Severe			
			Personality Disorders			
			7) Psycho-social Treatment Model			
			8) Outreach for Hispanic Co-occurring			
			9) Hispanic Psychiatry Intensive Training Track			
			10) College-Based Suicide Prevention			
			11) Work Rehab. Ind. Placement & Support			
			12) Trauma Education			
			13) OPT Trauma Program			
See1	Gabrielle Cerda, MD	Integrated MH Services for	Children's Outpatient Psychiatry Expanded			
d.		Latino Families				
4) #4						
See	Elizabeth Twamley,	Supported Employment	Convert Employment Services to IPS Provider @ MH			
1d. 4)	PhD, UCSD		Clinics			
#11						
2.	Survivors of Torture,	Prop 63 and Torture	Survivors of Torture, International			
	Intl, David Gangsei,	Survivors:				

No.	Source	Title or Topic	Partner(s) / Additional Information
3.	Children's Advocacy,	Recommendations for	Assessment: TAY; MH of school suspended or expelled;
	USD School of Law	Children and Youth	for suicide risk; homeless; foster care ; juvenile justice
4.	John Destefano, Home	Revenue Maximizing	AMHS and Five Five together identify federal matching
	Start	Opportunity	opportunities at State and local levels (Prop. 10)
5.	Susan Bower, ADS w/ ADSPA	Integrated MH-SA Services	ADS + Alcohol and Drug Services Providers' Association
6.	Greg Wehrman, Pres.,	Streamlining & Updating	Reduce costs & increase numbers of Med-Cal providers
	Precision Med. Mgmt.	AMHS & UBH Billing	by updating systems and reimbursement processes
7.	St. Vincent de Paul	MHSA Integrated MH	Solutions Consortium Case Management; Permanent
	Village	Services for Homeless	Supportive Housing
8.	Lois Souza, Poway	Primary Intervention	Prevention and Early Intervention: empathy, impulse control,
	Unified	Program (PIP) – all grades	anger management
9.	Grove Diemert, Ex Dir	Healthy Start Family	Schools, families
	Bayside Community	Resource Network	\$75,000-100,000 per Resource Center
10.	Sharon McGill, Poway	Caring Connections Center,	Model currently funded by Dept of Justice and HHS
	Unified	Early Intervention	
11.	Clara Cho-	(PIP) & Kids Improving &	Kindergarten – 3 <sup>rd</sup> grade
	Hayashigawa, EMHI	Developing Self (KIDS)	
12.	Joseph Mortz	Mental Health Court	Proposes Mental Health Court to serve adults, children and their families
13.	John DeStefano,	Partner w/Way Station	Home Start; East Co Human Services Council Multi-
	Home Start	foster familiesWraparound	Systems Workgroup; Neighborhood for Kids Initiative
14.	Barry Fox, CWS	Child Welfare System MH	Includes Placement Stability, Ed/Training for Providers,
	workgroup	Needs and Gaps	Dual Dx, TAY, and Placement Support Services
15.	James Mason,	The Dragon Within Youth	Psycho-education, Peer Counseling; Point Loma High
	Domestic Violence	Violence Tx Program	School; (budget \$1.7 mil. serving 252 consumers / wk)
	Foundation		
16.	Joseph Hankinson,	Dean of Supported	County would hire Dean of Supported Education, who
	Adult Workgroup	Education	would develop and provide SE using clubhouse network
17.	Council of Community	Review of Needs	Physical & MH Integration
	Clinics, Alaina Dall		
18.	Kath Ingram, Home	Home- or office-based	Therapeutic model based on attachment theory
	Start	(PCIT)	

No.	Source	Title or Topic	Partner(s) / Additional Information
19.	No. County Community	No. County EPU; Mobile	Plan A: Crisis services including 24 hour
	MH Forum	Meds Unit	Plan B: 1-stop No. Co. EPU/med clinic
20.	CA Primary Care Assn;	CCHC Integration Model	Fund under MHSA Prevention and Early Intervention
	Nancy Bryant Willis		
21.	El Cajon Collaborative;	Integrated Co-occurring	Substance Abuse treatment and prevention
		Disorders Services	
22.	Dixie Galapon, UPAC	AsianPacific Islander Srvcs.	Enhance API Socialization/Clubhouse services
23.	Chad Bousman, UCSD	COD Peer Advocate Prgm.	Co-occuring Disorders Peer Advocate Program
24.	Bronwen Anders, MD	American Academy of Ped.	Identified needs: prevention & early intervention; Care
			Connection model
25.	Chaldean Arabic	Chaldean Arabic Org.	Culturally sensitive MHS; case management; w/ St. Peter
	Foundation (CAF),		Chaldean Church & Knights of Columbus
26.	San Diego Deaf MHSI;	Wraparound CWS; CM,	Deaf Comm. Srvcs. & SD Family Justice Cntr: CM &
	Allison M. Sepulveda	Internship & Outreach	Advocacy ; Interns from Gallaudet U
27.	Community Research	TAY Personal Service	2 TAY PSCs for South and East Regions
	Foundation	Coordinators & Committee	
28.	Jack Farmer, CRF	North Inland/North Central	(save over \$1 million in hospital costs annually)
		START facility	
29.	Mt. Health & Comm.	Expand Behavioral Health	Coord w/ existing private & public pre-school prgms;
	Services, Alpine	Services for all ages	school-based intervention; internships in rural MH
30.	Southern Indian Health	Increase Srvcs. for	Enhance MH Tx. Teams: 24-hour hotline; psychiatrist;
	Council	American Indians	outreach
31a.	Deborah Malcarne,	Implement SAMHSA EBPs	1) Supported Employment
	AMHS	(4) using Resource Kits	
31b.	Deborah Malcarne,	AMHS	Family Psycho-ed; NAMI Family-to-Family;
31c.	Deborah Malcarne,	AMHS	Expand ACT teams for special groups such as
31d.	Deborah Malcarne,	AMHS	MHSA Prevention & Early Intervention
32.	Joachim Reimann,	Project Salaam	Mental Health needs assessment among Middle Eastern
	SDSU		/No. and E. African communities; collaboration
33.	Ann Menasche, PAI		1. Supportive Housing 2. Expand voluntary intensive CM,
			coaching 3. Legal clinic
L		II.	

No.	Source	Title or Topic	Partner(s) / Additional Information
140.	Oddicc	Title of Topio	i arrier(s) / Additional information

34.	PERT	Psychiatric Emergency Response Team	Hire additional clinician for PERT and HOT;
35.	State Council on Developmental Disabilities	The Other Dual Diagnosis (DD-SMI))	4 Suggestions for system change: Wraparound, 24/7 residential (Fred Finch Center in Lakeside as model);
36.	Columbia U TeenScreen Program	MH Screening for Youth	Screening program for suicide, depression, and other disorders
37.	Joe Mortz &Willy Collins	Office of Consumer Affairs	Coord. community & family transformation into client- centered, recovery-oriented integrated services
38.	Kevin Tilden	LGBT	Expand services for youth, adults, and seniors with SMI
39.	Carter Gardner, No. Central MH Center	Peer Education	CLA for peer education on recovery; Client Resource paid/volunteer client positions
41.	Paul Cumming	Reduce Clinic Wait Times	Recommends effort to reduce clinic wait times
42.	Drucilla Ruocco, Ph.D., Dir. of Behavioral Health	Services for Urban Native American	San Diego American Indian Health Center
43.	Carmen Samuels		Expand Faith-Based Approach to Community Health
44.	James Diego Rogers,CRF	County-wide CCISC Cadre	Comprehensive Continuous Integrated System of Care
45.	Kathryn Grant, Public Conservator	SHARI Collaborative	Funding for short-term ACT; additional crisis residential and EPU staff; AMHS admin
46.	Kathryn Grant, Public Conservator	Feedback	Support staff to implement Skills Training & Dual Dx
47.	Shannon Jaccard,	Compeer Friendship	Funds for Compeer
48.	Karl Hammer, KMH	Project ESSEA	East African refugees and immigrants
49.	Deborah Malcarne,	AMHS	Non-police Mobile Crisis Team
50.	7 San Diego Clubhouses	Clubhouse Proposal	Increase clubhouse involvement
51.	Deaf Community Srvs.	MH Collaborative	Deaf Community Services and SD Deaf MH Services
52.	Telecare	Recommendations	Increase access to under-served; No. & East County MH
53.	Willy Collins, MHCWAR	Housing	MHCWAR Lifestyle Assistance Program

No	o. Source	Title or Topic	Partner(s) / Additional Information

54.	Jonathan Hunter, Corp. for Supportive Housing	MHSA Community Services & Supports Plan	Prioritize homeless adults & TAY w/ SMI		
55.	Evelina Jaime, Alianza	Mental Health and Schools	Early identification & community-based intervention; cooperation w/multi-cultural organizations		
56.	Kathi Houck, San Diego Housing Commission	Supportive Housing Recommendations	Target Homeless Mentally III; Fund Supportive operation, leasing & capital development		
57.	Susan Jacobi, [input not officially from PAI]	Analysis of Community Issues & MH Needs	Housing		
58.	Jane Fyer	SIT-NAMI Dual Diagnosis Residence	Schizophrenics in Transition-NAMI propose replication of Copper Hill model		
59.	Julie Sexauer, Probation Dept.	Delinquency Prevention Plan	Delinquency Prevention using Multi-systemic Therapy; partners: SD Unified and Probation Dept.		
60.	Annette Witt, Bill Eastwood, MHS, Inc.	MHS Proposals (4)	Youth Transition Program expansion; MH Court; ACT for No. County; Employment Services expansion		
61.	Lisa M. Donohoo, Probation Director, Ohio	Serious Mentally III Offender Prgm Proposal	Cooperation of Judiciary, DA, City Attorney, Public Defender, Probation, & Sheriff		
62.	Lyn Angene	Judge Huguenor's Committee Recommend	Meds Clinic for probation & child welfare; Mentally III Offender program; Family Therapy at Juvenile Hall		
63.	Cheri Tatar	Recovery, Inc.	Proposal to expand Recovery, Inc.		
64.	San Diego Men's Center	San Diego Men's Center	Expand		
65.	Barbara Ryan	Chadwick Cntr, Children's Hospital	Recognize the importance of trauma on developmental processes and in mental health treatment		
66.	Penny McClellan,	Solutions for Health	Recommendations		
67.	Patricia Leslie	Regional Continuum of Care Council	Prioritize homeless for MHSA funds		
68.	Institute Transformation Communication	Self-Help Groups for Families in Crisis	Unserved/Underserved based on Transformational Communication		

No.	Source	Title or Topic	Partner(s) / Additional Information
140.	Oddicc	Title of Topio	i arrier(s) / Additional information

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69.	Nora Cole, Family	MH Primary Care	HRSA Health Disparities Collaborative model integrating		
	Health Centers	Integration	MH into community clinic primary care;		
70.	Richard Hayes	Various Service Models	Mostly for older adults		
71.	Lorelei Winn,	VA SD Healthcare System	MH Clinician to serve Military & Families		

### County of San Diego Attachment 9- List of Stakeholder Groups that Received the Draft Community Services and Supports Plan (CSS)

### County of San Diego Attachment 9 - Stakeholder Groups that Received the Draft CSS Plan

- The "Mega List" of email addresses
- All MHSA Workgroup members
- San Diego County Board of Supervisors
- San Diego County Mental Health Board
- Health Services Advisory Board
- Alcohol and Drug Advisory Board
- Regional collaboratives
- Relevant groups such as:
  - Mental Health Association
  - Mental Health Contractors Association
  - o Hospital Council of San Diego and Imperial Counties
  - o Housing Continuum of Care
  - Housing & Community Development
  - o Project to End Homelessness
  - o San Diego Alliance for the Mentally Ill
  - o North County Alliance for the Mentally Ill

### County of San Diego Attachment 10- List of Community Sites for Community Services and Support Plan Distribution

Complete Distribution List October 3, 2005

**Board of Supervisors** Supervisor Greg Cox

Supervisor Dianne Jacobs Supervisor Bill Horn Supervisor Ron Roberts Supervisor Pam Slater-Price

Board Aides Erin Farris

Troy Funk Stephanie Gioia Maddy Morris Danae Ramirez

**Health and Human Services** 

Agency

Jean Sheppard Paula Landau-Cox Dale Flemming

Harold Tuck

MHS Admin Staff

3255 Camino del Rio South San Diego, CA 92108 Alfredo Aguirre Henry Tarke

Piedad Garcia

Rosa Ana Lozada-Garcia

Liz Biolley
Liz Miles
Candace Milow
Phillip Hanger
Angela Goldberg
Marianne Wedemeyer
Reception Desk

**Alcohol and Drug Services** 

Regions

Connie Moreno Peraza

Pamela B. Smith, Aging & Independent Services Rene G. Santiago, General Mgr Central / South Regions

North Coastal / North Inland North Central Regions

Mary Harris Child Welfare Services

**Adult Workgroup** Maria Sardinas

> Chuy Zamora **Tommy Thames Ronald Cheatom** Denise Knobloch

**Older Adult Workgroup** Vernon Montoya

> Thelma Hayes Richard Hayes Rev. Glenn Allison

Dr. Krems Jane Fyer **Ruth Howell** Ann Menasche

PAI

Joan Landguth Carol Bess **Burton Disner** 

requested copies of CSS Plan Bob Prath Northcoast Home Health Products

**Doris Steinman** 

Olita Dargan Harris, Ph.D.,

Children's Workgroup

**Cross Threading Workgroup** 

Judge Susan Huguenor Presiding Juvenile Judge

Delores Alegria

**Mental Health Clinics** Southeast Mental Health Center

> North Central M. H. Clinic North Inland M. H. Clinic **CMHS Outpatient Clinics** Downtown Mental Health Clinic Family Health Cntrs of San Diego

Areta Crowell Gifford Clinic

UPAC Counseling & Treatment Ctr.

Northeast No. 1

Northeast No. 2 Northeast Annex

Adult Day Health Center Maria Sardinas Center

Southeast

BPSR East - Harland Center

Metro

Central Adult M. H. OP Services

Project Enable

BPSR - South Bay Guidance Ctr. Douglas Young / Central Adult Ctr.

Adult Day Health Center Bio-Psychosocial Reha-Center

North Inland-Escondido

Adult Day Health Center

Bio-Psychosicial Reha-Center North Coastal - Oceanside, CA

Judge Isaacson Roseanne Myers Vincent Iaria, Director Probation Department Sheriff Kolender Coach Adelarde Mary O'Brien Vicki DiCicco

#### **Community Clinics**

Electronic Version
plus 40 copies of Executive
Council meets second Tuesday of
every month
October 4th is next Board meeting
could distribute then

#### Alaina Dall

Physician Leadership and Executive Director's Kim Bond Judith Yates Hospital Council of SD/I Counties Cathi Trout Hannah Cohen

Kathi Houch

M. H. Board Housing Committee

Project to End Homelessness

Eric Revere, President

North County Alliance for the Mentally III

### Libraries San Diego Central Library

Attention: Nora Brooks Allied Gardens - Benjamin

Balboa

Carmel Mountain Ranch

Carmel Valley

City Heights-Weingart Kensington-Normal Heights

La Jolla-Ruford Linda Vista Logan Heights Mira Mesa Mission Hills Mission Valley

Mountain View-Beckworth

North Clairemont North Park Oak Park Ocean Beach Otay Mesa-Nestor Pacific Beach-Taylor Paradise Hills

Point Loma-Hervey

Rancho Bernardo Rancho Penasquitos

San Carlos San Ysidro

Scripps Miramar Ranch

Serra Mesa Skyline Hills Tierrasanta

University Community
University Heights
Valencia Park-Malcolm X

County Libraries Main County Library - Overland

Alpine Bonita

**Borrego Springs** 

Campo

Cardiff-by-the-Sea

Libraries

City Library Distribution:

Casa De Oro

Crest

Del Mar

Descanso

El Cajon

Encinitas

Fallbrook

Fletcher Hills

Imperial Beach

Jacumba

Julian

Lakeside

La Mesa

Lemon Grove

Lincoln Acres

LINCOIN ACIC

Pine Valley

Potrero

Poway

Ramona

Rancho San Diego

Rancho Santa Fe

San Marcos

Santee

Solana Beach

Spring Valley

Valley Center

Vista

Two mobile Libraries - North

County & East County

Total Distributed to date 10/3/05

County Libraries (cont.)

### County of San Diego Attachment 11- List of Organizational Meetings for Community Services and Support Plan Distribution

### CSS Plan and Executive Summaries List of Meetings for October, 2005 Dissemination of CSS Plan

County of San Diego, Health & Human Services Agency, Mental Health Services

Community Services and Supports Plan

Date of Meeting	Name of Meeting	Contact Person	Location	Exe Summary # of Copies	
	Emergency Medical Services	Nancy Emetz	6255 Mission Gorge Road San Diego, CA	3	Mailed 10/4/05
	San Diego Family and Youth Roundtable	Donna Marto	10196 Empress Avenue San Diego, CA 92126	20	Mailed 10/4/05 Plus 1 copy of CSS Plan
	SANDAN	Leslie-Rabichow		10	Mailed 10/11/05 P.O. Box 300896, Escondido 92030
October 3, 2005	CSOC - Children's System of Care	Liz Marucheau	3255 Camino del Rio South San Diego, CA 92108	15	Hand Carried 10/3/05
October 3, 2005	Children's NAMI	Bettie Reinhardt	4480 30th Street San Diego, CA	75	Hand Delivered 10/3/05
October 4, 2005	Educational Advisory Committee	Mike Brogan	3255 Camino del Rio South San Diego, CA 92108	15	Hand Delivered 10/3/05
October 4, 2005 1 <sup>st</sup> Tuesday of each month	Serving Seniors Networking Breakfast	Jean Kauth- McGrath	Travels	10	Mailed 10/11/05 8571 Cliffridge Ave. La Jolla, Ca 92037
October 5, 2005 1st Wednesday of each month	South County Senior Providers	Lourdes Contreras	Travels	20	Mailed 10/11/05 780 Bay Blvd., Chula Vista, Ca. 91910

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October 5, 2005	CSOC Partnership	Liz Marucheau	3255 Camino del Rio South San Diego, CA 92108	15	Hand Delivered 10/4/05
October 5, 2005	North Central Mental Health Staff Meeting	Virginia West	1250 Morena Boulevard San Diego, CA	10	Hand Delivered 10/4/05
October 6, 2005	Mental Health Board	Marianne Wedemeyer	CAC - 1600 Pacific Highway Room 302-303	85	Hand Delivered 10/4/05
October 6, 2005 1st Wednesday of each month	San Diego Council on Aging	Betsy Keller	Continental Rehab 555 Washington Street San Diego, CA	10	Mailed 10/11/05 Fredericka Manor Retirement Comm 183 3rd Ave. Chula Vista, Ca. 91910
October 10, 2005	SCOC - Children's System of Care Council		3255 Camino del Rio South San Diego, CA 92108	60	Hand delivered to Liz Marucheau
October 10, 2005	Systemwide Club- house Directors	Virginia West	Rosecrans, Coronado Room	10	Hand Delivered 10/4/05
October 11, 2005	AIS Health Promotions	Katie Judd			Katherine
2nd Tuesday of each month	Committee				sent by E-mail
October 12, 2005	East County Senior	Andrea Holmberg	Grossmont Hospital 9000 Wakarusa Room 13-	24	Attention Club 65
2nd Wednesday of each month	Service Providers		14 San Diego, CA		
October 12, 2005 2nd Wednesday of each month	Long Term Care Integrated Project	Evalyn Greb	AIS	20 1-hard copy	Sent County Mail 10/11/05

October 12, 2005	Southeast Mental Health Staff Meeting	Virginia West	Southeast Clinic	8	Hand Delivered 10/4/05
October 12, 2005	C/NC OP Clinic Providers	Virginia West	3255 Camino del Rio South San Diego, CA 92108 Bonita Room	12	Hand Delivered 10/4/05
October 12, 2005	Juvenile Justice Coordinating Council		9444 Balboa Avenue San Diego, CA 92123 5th Floor	30	Mailed 10/4/05
October 13, 2005	San Diego/Imperial	Melissa Lucas- Harlow	Alvarado Hospital	10	Mailed 10/11/05
2nd Thursday of each month	County Regional Home Care Council		6655 Alvarado Road San Diego, CA 1st Floor Classroom		
October 14, 2005	Day Treatment Program Managers	Laura Colligan	3320 Kemper Street, Suite 206 San Diego, CA	25	Mailed 10/4/05
October 14, 2005	MH Case Management Utilization Management Committee	Debbie Malcarne	1250 Morena Boulevard San Diego, CA	25	Hand Delivered 10/4/05
October 15, 2005	SD Psychological Assoc. Annual Fall Conference	Beth Green	Local Hotel	300	Beth to pick up 10/17/05
October 18, 2005	Winte Shelter Providers	Virginia West	Rosecrans San Diego Room	25	Hand Delivered 10/4/05
October 19, 2005	CSISC Cadre Meeting	Debbie Malcarne Virginia West	Pegasus East	30	Hand Delivered 10/4/05

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County of San Diego, Health & Human Services Agency, Mental Health Services Community Services and Supports Plan

October 19, 2005 3rd Wednesday of each month	Senior Resources Association	Tim Colling	Redwood Town Court 500 E. Valley Parkway Escondido, CA 92025		Sent by E-mail 10/3/05 Tim will E-mail to members
October 19, 2005 3rd Wednesday of each month	East County Action Network (ECAN)	Kathy Holmes- Hardy	Wells Park 1153 E. Madison Avenue El Cajon, CA	10	Send to County M.S. W-458
October 20, 2005 3rd Thursday of each month	A Servantsheart Senior Care		1165 Linda Vista Dr. #111 San Marcos, CA 92078		Sent by e-mail 10/3/05 Time will e-mail to members
October 20, 2005	Manager's Forum County Managers	Virginia West	Handlery Hotel	150	Hand delivered to Virginia 10/11/2005
October 21, 2005	East Regions Providers Meeting	Marylyn van der Moer	Pegasus East	12	Hand Delivered 10/4/05
October 21, 2005 3rd Friday of each month	Older Adult Mental Health and Substance Abuse Coalition	Maureen Halpain	3255 Camino del Rio South San Diego, CA 92108		Sent by e-mail to Sally Shepherd sbshepherd@cox.net
October 24, 2005	Alianza	1221 E. 31st #B National City Ca. 91950	5160 Federal Blvd. San Diego, CA	10	Mailed 10/11/05
October 25, 2005	North County	Marty Dane	Vista Library		E-mailed 10/3/05
4th Tuesday of each month	Collaborative Task Force on Aging		700 Eucalyptus		County Mail Stop N-471
October 26, 2005 4th Wednesday of	South County Action Network (SOCAN)	Anabel Kuykendall	AIS Building 780 Bay Boulevard	10	Mailed 10/11/05

County of San Diego, Health & Human Services Agency, Mental Health Services Community Services and Supports Plan

each month			Chula Vista, CA 91911		
October 26, 2005 4th Wednesday of each month	Older Adult Mental Health Taskforce	Viviana Criado	1600 Pacivic Highway San Diego, CA 92101	30	Hand delivered to Viviana 10/11/2005
October 27, 2005	CSOC Wraparound Training Academy Oversight	Liz Marucheau	3255 Camino del Rio South San Diego, CA 92108	15	Hand delivered to Liz Marucheau 10/4/2005
Last Tuesday of each month	San Diego Action Network (SanDi-Can)	Brian Rollins	War Memorial Bldg. Zoo North Parking Lot	10	Sent by county mail 10/11/05 W-433
Last Thursday of each month	AIS Caregiver Coalition	Saman Yaghmage	Aging & Independent Svcs. 9335 Hazard Way		Char E-mailed 10/3/05

### County of San Diego Attachment 12- Media Distribution of the Community Services and Support Plan

### **Media- Interviews, Articles and Advertisement**

Name	Туре	Date	
Public Radio	Radio	4/5/05	
Voces De San Diego	Radio	3/4/05	
El Latino	Radio	3/25/05	
Union Tribune Elace	Newspaper	3/11/05	
Union Tribune	Newspaper	3/7/05	
North County Times	Newspaper	3/3/05	
Gay and Lesbian Times	Newspaper	3/10/05	
Today's Local News	Newspaper	3/2/05	
HHSA Connection	Newsletter	3/7/05	
Union Tribune City	Newspaper	4/19/05	
Univision Ch. 19	TV News	3/11/05	
North County Times	Newpaper	11/3/05	
La Prensa	Newspaper Advertisement	10/21/05	
Asian Journal	Newspaper Advertisement	10/22/05	
San Diego Reader	Newspaper Advertisement	10/27/05	
Nguoi Viet TU DO	Newspaper Advertisement	10/21/05	
Filipino Press	Newspaper Advertisement	10/22/05	
Enlace	Newspaper Advertisement	10/29/05	
Gay and Lesbian Times	Newspaper Advertisement	10/28/05	

### County of San Diego Attachment 13- Public Hearing Flyer



### **Public Hearings on the Community Services** and Supports (CSS) Plan for

Mental Health Services Act

### **DUPLICATE SESSIONS**

Thursday, November 3, 2005
2:00 p.m. – 4:00 p.m.
Scottish Rite Masonic Center
Golden Eagle Auditorium
1895 Camino del Rio South

San Diego, CA

OR

Friday, November 4 2005 10:00 a.m. – 12:00 Noon The Salvation Army Escondido Center 1301 Las Villas Way Escondido, CA

Please RSVP for the following special accommodations by Tuesday, November 1, 2005

Language Interpretation

Transportation

Child Care

RSVP to Elizabeth Miles by calling (619) 584-5015 or by email to: Elizabeth.miles@sdcounty.ca.gov

**Background:** The Mental Health Services Act (MHSA)/Proposition 63 passed by California voters on November 2, 2004, will bring approximately 40 million dollars to San Diego County, Health and Human Services Agency, Mental Health Services (SDMHS) to expand and develop innovative and integrated mental health services for children, youth, families, adults and older adults.

The purpose of the Public Hearing is to collect comments on the draft plan for the Community Services and Supports component of MHSA. For more information please visit <a href="https://www.sandiego.networkofcare.org/mh">www.sandiego.networkofcare.org/mh</a> or call the Mental Health Services administration at (888) 977-6763.

### **Please Join Us and Make Your Voice Count**

"Transforming Mental Health Together"

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### County of San Diego Attachment 14- GAP Analysis

### COUNTY OF SAN DIEGO MHSA GAP ANALYSIS THEMES & PATTERNS

UNSERVED	Adult	TAY	Child	Older Adult
	16,007	8,900	34,695*	4,613
3 + Inpatient/CIS	479	101	79	578
Homeless	1,190	490	171	Unknown
Uninsured	11,000	2,500	14,711	Unknown
0Latinos	9,422	2,506	8,805	650
Asian/Pac. Isl.	1,970	312	1,447	250
Dep.Child/CWS	0	0	1,591	0
Ward of the Court	0	0	1,040	0
Child age 0-5	0	0	3,697	0
Child age 6-	0	0	3,154	0
11				

<sup>\*</sup>No longer "unduplicated" count

UNDERSERVED	Adult 8,530	TAY 3,393	Child 8,451	Older Adult 961
3 + Inpatient/CIS	798	165	Not applicable	128
Jailed MHS	7,239	1,949	Not applicable	140
Only Meds	4,824	774	Not applicable	357