



January 3, 2019  
Behavioral Health Advisory Board  
Meeting Minutes

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P.O. BOX 85524  
San Diego, CA 92186-5524  
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**MEMBERS PRESENT**

Che Hernandez – District 1  
Joel San Juan – District 1  
Janice Luna-Reynoso – District 1  
Bill Stewart 1<sup>st</sup> Vice Chair – District 1  
Michael Matthews Member-at-Large (MH) – District 2  
Jenifer Mendel, Chairperson – District 2  
Deanne George – District 3  
Mike Grattan – District 3  
Ed Weiner – District 3  
Jerry Hall – District 4  
John Sturm, Member-at-Large (ADS) – District 4  
Judith Yates – District 4  
Phil Deming – District 5  
Richard McGaffigan, 2<sup>nd</sup> Vice Chair – District 5

**MEMBERS NOT PRESENT**

Shannon Jaccard – District  
Rebecca Hernandez – District 2  
K.C. Strang – District 5

**STAFF TO THE BEHAVIORAL HEALTH ADVISORY BOARD**

Alfredo Aguirre, Director, Behavioral Health Services (BHS)  
Ben Parmentier, Administrative Analyst III, Behavioral Health Services

**I. CALL TO ORDER**

The Behavioral Health Advisory Board (BHAB) meeting was called to order by Jenifer Mendel, Chair, at 2:31 p.m. at the County Administration Center, 1600 Pacific Highway, San Diego, California 92101, Room 302.

**II. INTRODUCTION OF BOARD MEMBERS**

Members of BHAB introduced themselves.

**III. APPROVAL OF THE MINUTES – December 6<sup>th</sup>, 2018**

ON MOTION of John Sturm, seconded by Joel San Juan, BHAB approved the minutes of December 6<sup>th</sup>, 2018, as written.

AYES: 13 NAYS: 0 ABSTENTIONS: 0

**IV. PUBLIC COMMENT**

Tori Wilson came before BHAB to discuss concerns about recent experiences as a mental health client at a hospital.

**V. PRESENTATION: WHOLE PERSON WELLNESS**

**Dr. Michael Krelstein, Clinical Director, Behavioral Health Services**  
**Susan Bower, MSW, MPH, Assistant Director, Integrative Services**

Dr. Michael Krelstein and Susan Bower came before BHAB to discuss the Whole Person Wellness Pilot. This is a program that is designed to coordinate physical health, behavioral health, and social services in order to improve health outcomes through comprehensive system navigation, care coordination, and integrated IT infrastructure. This program was established through a Medi-Cal 1115 Demonstration Waiver which allows the state to use Medi-Cal funds to develop and test creative approaches to transform and improve the quality of care, access and efficiency of health care services for Medi-Cal members.

**DISCUSSION:**

**Q:** Are there holistic options for clients in this program?

**A: Yes,** each client's treatment is different and those options are available based on the treatment plan of the client.

**Q:** For individuals that are part of this program is there a way to track these clients in the event they end up in jail?

**A:** This program works closely with the Sheriff's department to see who is in jail in order to re-connect with them.

**Q:** Is there a possibility to share data from the program with other programs?

**A:** Data is currently shared across the state which shows metrics of the program's functioning.

**Q:** Does this program track demographics and geographic information of the clients?

**A:** Yes, there is a monthly dashboard which will reflect this data.

**Q:** Does this program leverage Section 8 housing funds?

**A:** Individuals who are connected to mental health resources and are linked with Project One for All, could receive housing assistance.

**VI. UPDATES: ALPHA PROJECT: HOMEFINDER**

**Lucky Michael, Program Director**

**Beth Kolbe, Community Engagement Manager**

Lucky Michael and Beth Kolbe came before BHAB to discuss the Home Finder Program. This program utilizes outreach, housing navigation, housing location, and housing-based support services that target individuals experiencing homelessness and are accessing services at two County Behavioral Health Services Outpatient Clinics.

**DISCUSSION:**

**Q:** How long does Homefinder cover a client's rent?

**A:** If the client has zero income, Homefinder will pay for the first month's rent, deposit, and will continue until the client finds employment or is approved for benefits such as SSI

**Q:** Does Homefinder work to reduce stigma regarding housing previously incarcerated clients?

**A:** The Homefinder program holds two education events a year for landlords on this issue. If there is a specific concern, Homefinder staff respond quickly to fix the issue. This creates trusts from the landlord to rent to Homefinder's clients.

**VII. DIRECTOR'S REPORT**

**Alfredo Aguirre, Director, Behavioral Health Services**

- The Special Needs Housing Program (SNHP) released a 30 day posting for public comment regarding housing development. This is the latest \$10 million investment which will support 60 new housing units.
- HHSA's Ten Year Roadmap for Behavioral Health Services has an accomplishments document which highlights work our community partners are doing across the County.

Behavioral Health Services is asking for input from the community to highlight this work and interested parties can contact Ben for more information.

#### **VIII. CHAIRPERSON'S REPORT**

##### **Jenifer Mendel, Chair**

- BHAB Annual Report is currently being worked on, with the plan to be finalized and submitted by April 1<sup>st</sup>. BHAB board members are asked to review two prior years regarding their actions, goals and priorities and to submit input or comments to Ben as soon as possible.
- The Data Notebook will be reviewed at the February Meeting. It has been reduced to general questions this year. BHAB board members will have one month to respond with input.
- The California Behavioral Health Planning Council meeting and will be held on January 18<sup>th</sup> and 19<sup>th</sup> in San Diego.

#### **IX. REPORTS FROM BHAB WORKGROUPS**

- Care Coordination across the Continuum of Care: The workgroup objective will be to examine the mental health and substance abuse continuums of care, and examine ways in which they can be better "threaded" in order to increase access for clients and improve coordination between the County and community partners.
- Housing and Homelessness: objectives are to expand the definition of homelessness, advocate for expansions of permanent supportive housing, and bolster work to move homeless individuals into permanent housing. This workgroup wants to learn more about the Point in Time count.
- Building a Better BHAB: objectives are to examine the structure of BHAB, review processes and further define the role of BHAB to improve and enhance its function as an advisory board to Behavioral Health Services, The County of San Diego and its residents to include communication to the Board of Supervisors, staff, and community stakeholders.

#### **X. ADVOCATE REPORTING**

- A BHAB Member visited Lincoln High School recently. They have two counselors that conduct restorative circles for troubled youth. This allows youth to speak openly with their counselors to resolve issues.
- There is an upcoming suicide prevention event hosted by the California Association of Supervisors of Child Welfare and Attendance. Che Hernandez will be speaking about suicide prevention in schools. The free event will be held on February 1<sup>st</sup> in Vista.

#### **XI. MEETING ADJOURNMENT**

ON MOTION of John Strum, seconded by Michael Matthews, the meeting adjourned at 4:56 p.m.

AYES: 14 NAYS: 0 ABSTENTIONS: 0

**Brown Act Procedure: As required by California Government Code 54950 et seq. (Ralph M. Brown Act), a copy of the packet of information that was mailed to Behavioral Health Advisory Board members at the point of posting of this agenda has been placed at the reception desk at 3255 Camino Del Rio South, San Diego, CA 92108, for public inspection, and is available at the site of the meeting for public inspection. Members of the public wanting their own copy of the advance materials may request them under Government Code 6250 et seq. (Public Records Act) and receive them on payment of copying charges of \$0.20/page, and actual mailing charges, if mailing of the material is requested. If you are planning to attend and need special accommodations, you must call Jackson Alexander at (858) 505-6521, at least three days in advance of the meeting.**