



December 6, 2018
Behavioral Health Advisory Board
Meeting Minutes

P.O. BOX 85524
San Diego, CA 92186-5524
(619) 563-2700 • FAX (619) 563-2775/2705

MEMBERS PRESENT

Che Hernandez – District 1
Janice Luna-Reynoso – District 1
Bill Stewart – District 1
Rebecca Hernandez, 2nd Vice Chair – District 2
Michael Matthews – District 2
Jenifer Mendel, Chairperson – District 2
Deanne George – District 3
Mike Grattan – District 3
Ed Weiner – District 3
Jerry Hall, Member-at-Large (ADS) – District 4
John Sturm, 1st Vice Chair – District 4
Judith Yates – District 4
Richard McGaffigan, Member-at-Large (MH) – District 5
K.C. Strang – District 5

MEMBERS NOT PRESENT

Joel San Juan – District 1
Tom Behr – District 4
Phil Deming – District 5

STAFF TO THE BEHAVIORAL HEALTH ADVISORY BOARD

Alfredo Aguirre, Director, Behavioral Health Services (BHS)
Ben Parmentier, Administrative Analyst III, Behavioral Health Services

I. CALL TO ORDER

The Behavioral Health Advisory Board (BHAB) meeting was called to order by Jenifer Mendel, Chair, at 2:31 p.m. at the County Administration Center, 1600 Pacific Highway, San Diego, California 92101, Room 302.

II. INTRODUCTION OF BOARD MEMBERS

Members of BHAB introduced themselves.

III. APPROVAL OF THE MINUTES – October 6th, 2018 Retreat

ON MOTION of Michael Matthews, seconded by John Sturm, BHAB approved the minutes of October 6th, 2018, as written.

AYES: 12 NAYS: 0 ABSTENTIONS: 1

IV. APPROVAL OF THE MINUTES – November 1st, 2018

ON MOTION of John Sturm, seconded by Michael Matthews, BHAB approved the minutes of November 1st, 2018, as written.

AYES: 11 NAYS: 0 ABSTENTIONS: 2

V. PUBLIC COMMENT

None

VI. ACTION ITEM: FORMATION OF WORKGROUPS FOR 2019

Homelessness and Housing Workgroup: Che Hernandez, Ed Weiner, Janice Luna-Reynoso, Joel San Juan, and John Strum.

ON MOTION of John Strum, seconded by Jerry Hall, for the formation of the BHAB Workgroup on Homelessness and Housing on December 6th, 2018:

AYES: 14 NAYS: 0 ABSTENTIONS: 0

Care Coordination Across the Continuum of Care Workgroup: Bill Stewart, Janice Luna-Reynoso, Judith Yates, Michael Matthews, Richard McGaffigan, and Michael Grattan.

ON MOTION of John Strum, seconded by Bill Stewart, for the formation of the BHAB Workgroup on Care Coordination Across the Continuum of Care on December 6th, 2018:

AYES: 14 NAYS: 0 ABSTENTIONS: 0

Building a Better BHAB Workgroup: Jerry Hall, John Strum, Richard McGaffigan, and Che Hernandez.

ON MOTION of Jerry Hall, seconded by John Strum, for the formation of the BHAB Workgroup on Building a Better BHAB on December 6th, 2018:

AYES: 14 NAYS: 0 ABSTENTIONS: 0

VII. PRESENTATION: MARIJUANA IN SAN DIEGO COUNTY

Linda Bridgeman-Smith, BHS DUI & Prevention Services Manager

Joe Eberstein, Manager, San Diego County Marijuana Prevention Initiative

Cynthia Burke, PhD., Director of Research, San Diego Association of Governments

Linda Bridgeman-Smith, Joe Eberstein, and Cynthia Burke came before BHAB to discuss updates and data figures for marijuana use across San Diego County. The data reflected figures that included adults, juvenile, and arrestee populations; usage among groups, and trends across the county related to marijuana use, regulations, effects, and sales.

DISCUSSION:

Q: Is there a set limit of marijuana consumption that would be considered punishable as a DUI?

A: There is currently no set standard because it depends on a variety of factors including previous use and metabolism. However, body cameras are often able to capture and prove impairment of a person in court.

Q: Are mental health resources provided at marijuana awareness events?

A: Yes, information regarding mental health resources within the community are provided at these events.

VIII. PRESENTATION: LIVE WELL SAN DIEGO UPDATE

Dale Fleming, Director of Strategy, Health and Human Services Agency

Dale Fleming came before BHAB to provide an update on the *Live Well San Diego* vision. This included updates on Live Well partners, review of the top ten indicators of healthy, safe, and thriving communities, and new programs being implemented within San Diego County.

IX. UPDATE: NAMI PEERLINKS (PEER ASSISTED TREATMENT)

Luz Pinto, Program Director

Luz Pinto came before BHAB to present an update on NAMI's PeerLINKS program. This program provides peer support by pairing individuals with lived experience with others navigating their mental illness and substance abuse disorders.

X. DIRECTOR'S REPORT

Alfredo Aguirre, Director, Behavioral Health Services

- CYF has launched Schoolink to help share best practices, links, and information with providers, schools, and families
- The DMC-ODS Justice Involved Services Training Academy (JISTA) had their first graduation. This group identifies needs of those within the justice system and provides a training program for individuals that serve the justice population. The next class begins in February 2019.
- The Gun Safety Initiative has launched. This program aims to reduce suicides by means reduction. Information will be posted at ranges, gun stores, and given out by providers. The County of San Diego has given out free gun locks to providers and the community.

XI. CHAIRPERSON'S REPORT

Jenifer Mendel, Chair

- Over 100 laws were signed in 2018 which will be implemented within educational programs. Here are four noteworthy bills regarding schools:
 - AB2315 – Public Health and Mental/Behavioral Health Services telehealth technology guidelines that will be implemented in schools.
 - AB3189 – Consent by minors for treatment of partner violence
 - SB1109 – Controlled substance, scheduled drugs, and opioids
 - AB2022 – Mental Health Services and School notificationsThis information and other laws can be found online on the California Legislative Information Page.
- The California Association of Local Behavioral Health Boards Commission will be holding their regional meeting in San Diego on January 18th and 19th. BHAB members are encouraged to attend.
- Reminder for workgroups to meet to bring information to the January meeting, and report out on their Chairperson selection and purpose statement.

XII. ADVOCATE REPORTING

- A press conference occurred at the State Legislature on December 3rd by Mental Health America to discuss upcoming legislation being introduced in the CA State Senate to address mental health disparities among children in school.

XIII. BOARD MEMBER COLLABORATION:

None

XIV. MEETING ADJOURNMENT

ON MOTION of Bill Stewart, seconded by Michael Matthews, the meeting adjourned at 4:50 p.m.

AYES: 13 NAYS: 0 ABSTENTIONS: 0

Brown Act Procedure: As required by California Government Code 54950 et seq. (Ralph M. Brown Act), a copy of the packet of information that was mailed to Behavioral Health Advisory Board members at the point of posting of this agenda has been placed at the reception desk at 3255 Camino Del Rio South, San Diego, CA 92108, for public inspection, and is available at the site of the meeting for public inspection. Members of the public wanting their own copy of the advance materials may request them under Government Code 6250 et seq. (Public Records Act) and receive them on payment of copying charges of \$0.20/page, and actual mailing charges, if mailing of the material is requested. If you are planning to attend and need special accommodations, you must call Jackson Alexander at (858) 505-6521, at least three days in advance of the meeting.