



October 19, 2019
Behavioral Health Advisory Board
Fall Retreat Summary

P.O. BOX 85524
San Diego, CA 92186-5524
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MEMBERS PRESENT

Che Hernandez – District 1
Janice Luna Reynoso – District 1
Bill Stewart, 1st Vice Chair - District 1
Rebecca Hernandez – District 2
Michael Matthews, Member-At-Large (MH), District 2
Jenifer Mendel, Chairperson – District 2
Deanne George – District 3
Jerry Hall – District 4
John Sturm, Member-At-Large (ADS) – District 4
Judith Yates – District 4
Richard McGaffigan, 2nd Vice Chair - District 5

MEMBERS NOT PRESENT

Joel San Juan – District 1
Bill Wells – District 2
Mike Grattan – District 3
Shannon Jaccard – District 3
Ed Weiner – District 3
Phil Deming – District 5
K.C. Strang – District

BEHAVIORAL HEALTH SERVICES STAFF

Luke Bergmann, Director
Aurora Kiviat, Assistant Director and Chief Operations Officer
Cecily Thornton-Stearns, Assistant Director of Operations and Chief Programs Officer
Ben Parmentier, Administrative Analyst III
Betty Milton, Administrative Secretary III

I. CALL TO ORDER

The Behavioral Health Advisory Board (BHAB) Fall Retreat was called to order by Jenifer Mendel, Chair, at 9:00am at the County of San Diego, Health and Human Services Agency, Behavioral Health Services Administration, La Jolla Conference Room, 3255 Camino Del Rio South, San Diego, CA, 92108.

II. INTRODUCTION OF BOARD MEMBERS

Members of BHAB briefly introduced themselves.

III. PUBLIC COMMENT

None.

IV. ACTION ITEM: ADVANCING THE CONTINUUM OF CARE BOARD LETTER

Luke Bergmann, Director, Behavioral Health Services

Shifting from a crisis-driven system to one that is more thoughtfully responsive to the nature of serious mental illness, framework for a regionally distributed model of care (crisis to chronic) was shared with the group. Components of which are defined as a “Hub” and a “Network”. One critical component is inpatient psychiatric care as part of mainstream healthcare with the goal for stabilization and transition into ongoing care. Board Letter provides significant future investments

in locations across the County, initially, in the North County and Central Region. Being put forward as a co-investment with the County, along with partners, designed according to the Hub and Network model.

ON MOTION of John Sturm, seconded by Bill Stewart, BHAB voted to support the Advancing the Continuum of Care Board Letter.

AYES: 8 NAYES: 0 ABSTENTIONS: 2

V. INFORMATIONAL ITEM: STRENGTHENING PSYCHIATRIC EMERGENCY RESPONSE TEAM (PERT) WORKFORCE BOARD LETTER

Luke Bergmann, Director, Behavioral Health Services (BHS)

Note: Item already approved by the Board of Supervisors, however, formal discussion by the BHAB was pending. Concerns, specifically, fiscal impacts, process and timing of consideration by BHAB were noted. BHAB approved of the content of the board letter in general, however, and records it formally.

VI. BOARD EVALUATION: REAPPOINTMENTS AND ETHICS DISCUSSION

Ben Parmentier, Administrative Analyst III, Behavioral Health Services

- Expiration of BHAB appointment, authority to appoint or reappoint is done by Supervisorial office. Notification will be sent to those members whose appointment has lapsed.
- Ethics Training: two-hour training must be completed every two years. Online information will be sent to those who have not completed this requirement.
- Board evaluations: 13 received from the previous month. Successes and areas identified as needs improvement were shared with the group.

VII. CHAIRPERSON'S APPOINTMENT: QUALITY REVIEW COUNCIL (QRC)

Jen Mendel, Chairperson, Behavioral Health Advisory Board

Jerry Hall appointed to the QRC, effective November 2019. Next QRC appointment to be announced at the next BHAB Retreat. Duration of appointment, no more than two years.

VIII. REPORTS AND RECOMMENDATIONS FROM WORKGROUPS

Continuum of Care Workgroup, Judith Yates - Chair

Workgroup continues to meet to improve care coordination across the spectrum of behavioral health. Opportunities for higher level of coordination in case management, education and workforce discussions abound. Recommendation: continue as a priority; workgroup efforts to continue for the coming year.

Building a Better BHAB, Jerry Hall – Chair

Group working to develop systems and practices that are guided by state laws. Vision is for the BHAB to be an integral part of everything BHS does i.e., planning, strategy and analysis as it relates to budgeting and program planning and procurement. On-going collaboration with the BHS Director, Supervisors, BHS committees and councils is worthwhile to help shape BHAB and BHS moving forward. Recommendation: continue as a priority; workgroup efforts to continue for the coming year.

Homeless Workgroup, John Sturm - Member

Reporting on behalf of Joel San Juan, workgroup is currently working to identify recommendations for the coming year with a focus on child and youth homelessness, services, and identifying barriers to services. Recommendation: Continue as a priority; workgroup efforts for the coming year.

Action Item: Workgroup continuations to be voted on at the December 5th BHAB meeting.

IX. EXPLORING POLICY ENGAGEMENT OPPORTUNITIES

Luke Bergmann, Director, Behavioral Health Services (BHS)

Per previous discussions, the need for BHAB representation at the various boards, councils and committees within BHS is critical to be informed, engaged and make contributions to on-going discussions. Members were provided with a list of engagement opportunities and encouraged to contact staff listed to express their interest in attending and participating.

X. ESTABLISHING 2020 PRIORITIES

Jenifer Mendel, Chair

Ahead of the retreat, BHAB members were asked to submit three priority areas of focus for 2020. To facilitate the discussion, members reviewed 2019 priorities (homelessness, continuum of care, and development of BHAB) and discussed other areas of interest. Based on the discussion, priorities for 2020 are outlined as follows:

1) *Continuum of Care*

Collaborate with County departments, service providers and Live Well San Diego partners to improve care coordination and strengthen the continuum of care across the spectrum of behavioral health by identifying challenges and gaps that hinder client access to services. Ensure that continuum of care planning includes workforce development, and promotes services which are culturally responsive and take into account the specific needs of local communities and populations of the behavioral health community such as those in the justice system and individuals living with homelessness.

2) *Building a Better BHAB*

Continue the development of BHAB, its structure, processes, and reporting systems by developing an appropriate, meaningful role for BHAB engagement in the system of care planning and service delivery. Focus on increasing BHAB member knowledge of the outcomes, budget, and funding for behavioral health services. Participate in strategy and planning processes, and analyze behavioral health data. Undertake visioning for behavioral health, expand BHAB communication with BHS staff, and BHAB engagement in community meetings and forums.

Action Item: 2020 Priorities will be voted on at the November 7, 2019 BHAB meeting. Members encouraged to submit any other feedback or refinements to Ben Parmentier prior to the November meeting.

XI. BYLAWS REVIEW

Group reviewed the responsibility of the BHAB to make recommendations on applicants on the appointment of the Behavioral Health Service Division Director as outlined in the bylaws. In light of new legislation, group recommends tabling discussion. The California Association of Local Behavioral Health Boards and Commissions will be training BHAB in January 2020 to implement new legislation. County Counsel has been contacted and will review changes as they relate to the bylaws.

Action Item: Discussion tabled to early 2020.

XII. BOARD MEMBER ANNOUNCEMENTS & ROUNDTABLE DISCUSSION

- BHAB Member Survey, supplemental questions distributed to the group and collected for additional feedback.
- San Diego Fair Housing Workshops, to commence October 30th. Workshops by region will be forwarded to group; participation is encouraged.
- Community Forums, information on upcoming forums will be sent to the group when finalized. Broad distribution to the community recommended.

XIII. MEETING ADJOURNMENT

ON MOTION of John Sturm, seconded by Michael Matthews, the meeting adjourned at 1:45 p.m.

AYES: 10 NAYS: 0 ABSTENTIONS: 0