

County of San Diego Clubhouses

Clubhouses are meeting places for adults with behavioral health conditions that provide safe settings for members to participate in structured daily activities and find support, socialization, and community among peers who share similar lived experiences. With assistance from program staff, members work together in the daily operations of the Clubhouse.

Clubhouses assist members to achieve social, financial, health/wellness, educational, and vocational goals. Sites provide peer staff, social, and community support, as well as promoting member self-sufficiency. Clubhouses are not wellness centers or drop-in centers, but rather provide an opportunity for members to focus on their identified goals and work to obtain employment.

Clubhouse goals include:

- Reducing social isolation
- Identify areas of interest
- Improve functioning
- Increase employment and education
- Improve health and quality of life

[Clubhouses \(sandiegocounty.gov\)](http://sandiegocounty.gov)

Program	Address and Phone	Business Hours *additional evening and weekend hours as scheduled
Mariposa Clubhouse	1701 Mission Ave, Suite 120 Oceanside, CA 92058 Phone: (760) 439-2785	8am-4pm Monday-Friday
Escondido Clubhouse	474 W. Vermont Ave, Suite 105 Escondido, CA 92025 Phone: (760) 737-7125 ext. 116	8am-4pm Monday-Friday
The Plaza Clubhouse	465 C St Chula Vista, CA 91910 Phone: (619) 605-9706	8am-4pm Monday-Friday
DCS Clubhouse Serving people who are Deaf and hard of hearing	2240 Cleveland Ave National City, CA 91950 DCS Phone: (619) 398-2441 Video Phone: (619) 618-0501	8:30am-5pm Monday-Friday
East Corner Clubhouse	1060 Estes St, Suite 104 El Cajon, CA 92020 Phone: (619) 631-0441	8am-4pm Monday-Friday
The Meeting Place Clubhouse, Inc.	2553 State St San Diego, CA 92101 Phone: (619) 294-9582	8am-4pm Monday-Friday
Casa Del Centro	2754 Imperial Ave San Diego, CA 92102 Neighborhood: Grant Hill Phone: (619) 951-9007	8am-4pm Monday-Friday
Oasis Clubhouse Serving Transitional Age Youth (ages 16-25)	3330 Market St, Suite C San Diego, CA 92102 Neighborhood: Stockton Phone: (858) 300-0470	9am-5:30pm Monday-Friday

Connection 2 Community (C2C) Clubhouse Serving people experiencing homelessness	101 16th St San Diego, CA 92101 Neighborhood: East Village Phone: (619) 776-8605	8am-4pm Monday-Friday
East Wind Clubhouse Serving Southeast Asian refugees, immigrants, and other underserved populations.	5348 University Ave, Suite 108 San Diego, CA 92105 Phone: (858) 268-4933	8:30am-5pm Monday-Friday

Each Clubhouse site is required by the Statement of work to follow the Clubhouse International Standards, and receive accreditation, which guides the daily operations of the site.

[Clubhouse International](#)

Clubhouse International is dedicated to helping and supporting Clubhouses through all of the stages of their development.

[Accreditation | Clubhouse International \(clubhouse-intl.org\)](#)

Accreditation is a research-based quality assurance program designed to ensure successful outcomes for Clubhouses and their members. Achieving and maintaining accreditation is a requirement for a Clubhouse's membership in Clubhouse International.

The Accreditation process is both evaluative and consultative. Accreditation is awarded for either a one- or three-year period, subject to the degree of adherence by the Clubhouse to the International Standards for Clubhouse Programs™. It is conducted by members of the Clubhouse International Faculty, which is composed of veteran members and staff from Accredited Clubhouses around the world.

[Membership, Attendance and Satisfaction Surveys](#)

Membership and average attendance have slightly decreased in FY 23-24 compared to FY 22-23, yet attendance remained stable throughout the year, suggesting consistent engagement among active members.

Fiscal Year	Unduplicated members serve	Total number of Clubhouse Visits/attendance	Average Daily Attendance/visits
FY 23-24	1,969	48,955	195.8
FY 22-23	2,223	53,811	215.2
FY 21-22	2,531	64,127	256.5
FY 20-21	3,078	87,059	351.0
FY 19-20	3,514	77,371	309.5

The Member Satisfaction Survey allows members to share their perspectives regarding their experiences at their Clubhouse. Members rate their agreement with 10 statements on a 3-point scale (Agree, No Opinion, or Disagree). Member satisfaction surveys for FY 2023-24 were administered in Spring 2024 and were completed by members who attended the Clubhouse during that timeframe. Members may have completed a survey at more than one Clubhouse.

The survey results demonstrate a high level of agreement across all statements, with the highest agreement rate at 95.6% for "Overall, I am satisfied with the services of the clubhouse and would recommend it to others."