

# 1/28 Board Item: Authorize a Single Source Contract with Sharp Healthcare for Hospital-based Crisis Stabilization Services within Sharp Chula Vista Medical Center



**Behavioral Health Advisory Board Meeting**

**December 5, 2024**

[SANDIEGOCOUNTY.GOV/HHSA](https://www.sandiegocounty.gov/hhsa)



# Crisis Stabilization Services



## Crisis Stabilization Unit (CSU)

Services provided on a short-term basis (up to 24 hours):

- Crisis intervention
- Mental health assessment
- Medication assistance
- Therapy and peer support
- Resources and connections to ongoing behavioral health services

## Emergency Psychiatric Assessment, Treatment and Healing (EmPATH) Model

- Provides CSU services within an emergency department
- Designed to prevent unnecessary inpatient admission



*North Coastal CSU (Oceanside)*

# CSU at Sharp Chula Vista Medical Center



## Sharp HealthCare Grant

- January 2024 – Sharp received one-time grant funding from the Department of Health Care Services to establish an EmPATH CSU within Sharp Chula Vista Medical Center

## Recommendation to the Board

- Authorize single source contract with Sharp to establish CSU services within the Sharp Chula Vista Medical Center



*Sharp Chula Vista Medical Center*



# QUESTIONS