



Behavioral Health Advisory Board (BHAB) Executive Committee Meeting Minutes

Date: January 16, 2025

Time: 1:00PM – 3:30PM

Place: Behavioral Health Services Administration, 3255 Camino Del Rio South, San Diego, CA 92108,
Garden Room

Virtual: <https://sdcounty-ca-gov.zoom.us/j/81224165499?pwd=enjAMg9jG8Q9vrb5TeTFT0MtaUT4ma.1>

Meeting ID: 812 2416 5499

Passcode: 155480

AGENDA ITEMS

I. Call to Order

Meeting called to order by Robin Sales at 1:08 p.m. Executive Committee members present: Robin Sales, Chair; Serita Polinaire, 1st Vice Chair; Judith Yates, 2nd Vice Chair; Julie Hayden, Member-at-Large; and Amanda Berry, Member-at-Large. Behavioral Health Services (BHS) staff present: Luke Bergmann, Director; Dania Barroso-Conde, Program Coordinator; and Maria Molina-Melendez, Behavioral Health Advisory Board Coordinator.

II. Approval of the Meeting Minutes from December 19, 2024

ON MOTION of Julie Hayden, seconded by Judith Yates, the Executive Committee approved the minutes from December 19, 2024, as written.

AYES: 5 NAYS: 0 ABSTENTIONS: 0

III. Non-Agenda Public Comment

No comments.

IV. Ice Breaker/Introductions

Members participated in an icebreaker designed to build rapport by exploring shared characteristics and approaches in their role as Executive Officers. Insights about their backgrounds, experiences with BHAB and other boards, as well as their communication styles and perspectives were shared. Additionally, members expressed their expectations in their role as Executive Officers and how to ensure priorities are being addressed with the larger BHAB in a meaningful way.

Recommendation:

- Consent Calendar to be added to the BHAB agenda. This will start March.
- Specific focus to the BHAB Planning Calendar as opposed to multiple topics to allow for a deeper discussion.
- Explore a space to address concerns or questions related to current news or changes that may have effect programs, policies, budget, etc.

V. Review BHAB Planning Calendar

Members reviewed and discussed the BHAB planning calendar for February 2025 through April 2025:

February:

- Presentation Item: Introduction to BH-Connect

March:

- Communication Engagement Update
- Tentative Presentation: Overview of Optimal Care Pathways (OCP)

April:

- TBD

VI. BHAB Subcommittee Planning

Executive members agreed to move forward with integrating Partnership and Participation efforts into the new following subcommittees being recommended:

- Re-entry Support for Justice Involved Youth and Adults
 - Goal: Increase awareness of the Justice-Involved Reentry Initiative that provides medical and behavioral health services for adults and youth in San Diego County jails.
 - Subcommittee to Sunset March 2026.
- Pathways to Continuum of Care for Children, Youth, and Adults Impacted by Alcohol and other Drugs
 - Goal: Increase awareness of the Continuum of Care (CoC) for children, youth, and adults who are impacted by alcohol and other drugs.
 - Subcommittee to Sunset March 2026.

VII. Director's Report Topic Review – 2025 Calendar Year

Executive members were provided with the proposed Director's Report topics for 2025. The goal is to align Director's Report topics with BHAB meeting topics. Members encouraged to send questions to the Director in advance of any meeting to ensure topics address any issues or concerns. Staff asked to provide one-pagers, where appropriate, for topics that require more context such as budget updates.

VIII. Meeting Code of Conduct

Members discussed the challenges with hybrid meetings and recommendations for improvements as it relates to technical difficulties, as well as, ensuring equal participation between BHAB members and attendees, both in person and remote.

BHAB Coordinator, Maria provided the following recommendations that will be made to improve audio and visuals:

- Meeting OWL will be positioned to ensure camera is focused on the person who is speaking.
- External microphone to be purchased.
- BHAB Chair will remind all attendees at the top of every meeting of the two-minute time limit for those making public comments.
- During public comment, PowerPoint presentation will be disabled to ensure the person speaking is on the screen.

IX. Announcements

None.

X. Adjournment

ON MOTION of Amanda Berry, seconded by Serita Polinaire, the meeting was adjourned at 3:32 p.m.