




12th Annual Mental Health and Wellness Celebration




Saturday, May 2, 2026,
12:30PM - 5:30PM

Self care kits!

Face Painting!

BRICK IN LIBERTY STATION
2863 HISTORIC DECATUR RD,
SAN DIEGO, CA 92106



Enjoy a fun, free, family friendly event
that promotes mental wellness for
adults and youth!

Featuring local San Diego mental
health organizations, free food, fun
activities...this event isn't to be
missed!

Vision Boards!

Fun & Games!



QR Code to register for this
event. It isn't required, but
highly recommended

