



**BEHAVIORAL HEALTH ADVISORY BOARD (BHAB) ACTION ITEM  
MARCH 5, 2026**

**BHAB QUARTERLY REPORT Q1**

The San Diego County Behavioral Health Advisory Board (BHAB) is a 20-member citizen board whose purpose is to review and evaluate the County's behavioral health needs, services, programs, facilities, and procedures, and to help ensure citizen and professional involvement in the behavioral health planning process.

BHAB is a state-mandated advisory body comprised of community members, behavioral health consumers and family members, individuals in recovery, veterans, employees of local education agencies, and transition-age youth (a Transitional Age Youth member has not yet been appointed at the time of this letter). This diverse membership provides insight grounded in lived experience, professional expertise, and community engagement across San Diego County.

BHAB meets regularly on the **first Thursday of each month from 2:30 p.m. to 5:00 p.m.**, and we welcome and encourage members of the Board of Supervisors and your staff to attend. Due to scheduling and the County calendar, our first meeting of 2026 was held in February, and regular monthly meetings are continuing.

Each year, **BHAB identifies priorities** that enhance the board's value to the community and inform the establishment of BHAB subcommittees. Full reports from the 2025 Subcommittees and their associated recommendations are available in the March and April 2026 BHAB meeting materials.

The goal of this *new* quarterly report from BHAB is to keep updates on its activities and provide insight to community priorities for behavioral health, brought forward by the BHAB Executive Committee.

**It is THEREFORE, recommended that BHAB vote to approve the BHAB Quarterly report Q1.**