



March 7, 2019
Behavioral Health Advisory Board
Meeting Minutes

P.O. BOX 85524
San Diego, CA 92186-5524
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MEMBERS PRESENT

Joel San Juan – District 1
Janice Luna-Reynoso – District 1
Bill Stewart 1st Vice Chair – District 1
Rebecca Hernandez – District 2
Michael Matthews Member-at-Large (MH) – District 2
Jenifer Mendel, Chairperson – District 2
Deanne George – District 3
Mike Grattan – District 3
Shannon Jaccard – District 3
Ed Weiner – District 3
Jerry Hall – District 4
Lynn Sharpe-Underwood – District 4
John Sturm, Member-at-Large (ADS) – District 4
Judith Yates – District 4
Phil Deming – District 5
Richard McGaffigan, 2nd Vice Chair – District 5
K.C. Strang – District 5

MEMBERS NOT PRESENT

Che Hernandez – District 1

STAFF TO THE BEHAVIORAL HEALTH ADVISORY BOARD

Alfredo Aguirre, Director, Behavioral Health Services (BHS)
Luke Bergmann, Director, Behavioral Health Services (BHS)
Ben Parmentier, Administrative Analyst III, Behavioral Health Services

I. CALL TO ORDER

The Behavioral Health Advisory Board (BHAB) meeting was called to order by Jenifer Mendel, Chair, at 2:31 p.m. at the County Administration Center, 1600 Pacific Highway, San Diego, California 92101, Room 302/303.

II. INTRODUCTION OF BOARD MEMBERS

Members of BHAB introduced themselves.

III. APPROVAL OF THE MINUTES – February 7th, 2019

ON MOTION of John Sturm, seconded by Joel San Juan, BHAB approved the minutes of February 7th, 2019, as written.

AYES: 15 NAYS: 0 ABSTENTIONS: 0

IV. PUBLIC COMMENT

Mercedes Webber from RI International brought Bertha Delgadillo to BHAB to discuss personal issues regarding access to mental health care.

Sylvia Ollinger, retired licensed care social worker, came before BHAB to look for resources regarding individuals that have behavioral health issues in the community.

V. ACTION ITEM: APPROVAL OF THE 2018 DATA NOTEBOOK

Jenifer Mendel, BHAB Chairperson

The Data Notebook is a structured mechanism for reviewing information and reporting on specific mental health services in each county. The presentation on this material occurred in February 2019 at the Behavioral Health Advisory Board.

DISCUSSION:

Q: Was there any content change from the last draft that was presented?

A: No changes were made from the previous draft.

APPROVAL OF THE 2018 DATA NOTEBOOK

ON MOTION of Phil Deming, seconded by Bill Stewart, BHAB approved the 2018 Data Notebook, as written.

AYES: 15 NAYS: 0 ABSTENTIONS: 2

VI. ACTION ITEM: ADVANCING THE BEHAVIORAL HEALTH CONTINUUM OF CARE BOARD LETTER

Dr. Luke Bergmann, Director, Behavioral Health Services

Judith Yates, BHAB Continuum of Care Workgroup Chair

Dr. Bergmann came before BHAB to discuss the consultant that has been selected to assess the state of inpatient psychiatric care in San Diego County. The consultant is Public Consulting Group (PCG) that is working in collaboration with The Harbage Group.

DISCUSSION:

Q: How will the contractors be working together? Will one be a subcontractor of the other?

A: There has been no set individualization of duties, however, the contractors each have their own strengths and will likely contribute in their areas of expertise.

APPROVAL OF THE ADVANCING THE BEHAVIORAL HEALTH CONTINUUM OF CARE BOARD LETTER

ON MOTION of John Strum, seconded by Phil Deming, BHAB approved the Advancing the Behavioral Health Continuum of Care Board Letter, as written.

AYES: 15 NAYS: 0 ABSTENTIONS: 2

VII. ACTION ITEM: PRESCRIPTION DRUG ABUSE PLAN UPDATE BOARD LETTER

Dr. Luke Bergmann, Director, Behavioral Health Services

Dr. Bergmann came before BHAB to request approval of the prescription drug abuse plan update board letter. This will address both prevention efforts and future service planning.

APPROVAL OF THE PRESCRIPTION DRUG ABUSE PLAN UPDATE BOARD LETTER

ON MOTION of John Strum, seconded by Phil Deming, BHAB approved the Prescription Drug Abuse Plan Board Letter, as written.

AYES: 15 NAYS: 0 ABSTENTIONS: 2

VIII. PRESENTATION: CHILDREN, YOUTH & FAMILIES UPDATE – OUR SAFE PLACE

Yael Koenig, Deputy Director, Behavioral Health Services

Fran Cooper, Program Coordinator, Behavioral Health Services

Naomi Suskind, Program Director, Our Safe Place

Yael Koenig and Fran Cooper came before BHAB to discuss substance use disorder prevention efforts and children, youth, and family mental health programs. Naomi Suskind presented an update on Our Safe Place and the services they provide to LGBT Youth.

DISCUSSION:

Q: Does the drop-in center at Our Safe Place also assist siblings?

A: Yes, Our Safe Place assists families of LGBT youth.

IX. DIRECTOR'S REPORT

Alfredo Aguirre, Director, Behavioral Health Services

- This is Alfredo Aguirre's last meeting. Alfredo thanked various County staff members, current and previous BHAB Chairs, and policy advisors.
- Alfredo requested this meeting be dedicated to Doug Smith who passed away suddenly.

X. CHAIRPERSON'S REPORT

Jenifer Mendel, Chair

BHAB Executive Committee is reviewing the 2018 BHAB Annual Report. The full BHAB will receive it electronically, and in their packets for April, where it will be voted on as an action item.

XI. REPORTS FROM BHAB WORKGROUPS

- Housing and Homelessness: There are issues with access to services for homeless individuals. This group is evaluating the housing first program and will provide a report on the findings. This group will also be evaluating homeless youth and see if there are additional resources. Barriers still need to be identified by the group.
- Building a Better BHAB: This group met with Tabatha Lang this month in order to learn more about the BHS data system. There are multiple programs that stores and process data differently. Some programs do not communicate with each other and there might be a better way to integrate this data.

XII. MEETING ADJOURNMENT

ON MOTION of Lynn Sharpe-Underwood, seconded by John Strum, the meeting adjourned at 5:04 p.m.

AYES: 17 NAYS: 0 ABSTENTIONS: 0

Brown Act Procedure: *As required by California Government Code 54950 et seq. (Ralph M. Brown Act), a copy of the packet of information that was mailed to Behavioral Health Advisory Board members at the point of posting of this agenda has been placed at the reception desk at 3255 Camino Del Rio South, San Diego, CA 92108, for public inspection, and is available at the site of the meeting for public inspection. Members of the public wanting their own copy of the advance materials may request them under Government Code 6250 et seq. (Public Records Act) and receive them on payment of copying charges of \$0.20/page, and actual mailing charges, if mailing of the material is requested. If you are planning to attend and need special accommodations, you must call Jackson Alexander at (858) 505-6521, at least three days in advance of the meeting.*