



April 4th, 2019
Behavioral Health Advisory Board
Meeting Minutes

P.O. BOX 85524
San Diego, CA 92186-5524
(619) 563-2700 • FAX (619) 563-2775/2705

MEMBERS PRESENT

Che Hernandez – District 1
Joel San Juan – District 1
Janice Luna-Reynoso – District 1
Bill Stewart 1st Vice Chair – District 1
Michael Matthews Member-at-Large (MH) – District 2
Jenifer Mendel, Chairperson – District 2
Bill Wells – District 2
Deanne George – District 3
Shannon Jaccard – District 3
Jerry Hall – District 4
Lynn Sharpe-Underwood – District 4
John Sturm, Member-at-Large (ADS) – District 4
Phil Deming – District 5
Richard McGaffigan, 2nd Vice Chair – District 5

MEMBERS NOT PRESENT

Rebecca Hernandez – District 2
Mike Grattan – District 3
Ed Weiner – District 3
Judith Yates – District 4
K.C. Strang – District 5

STAFF TO THE BEHAVIORAL HEALTH ADVISORY BOARD

Luke Bergmann, Director, Behavioral Health Services (BHS)
Ben Parmentier, Administrative Analyst III, Behavioral Health Services

I. CALL TO ORDER

The Behavioral Health Advisory Board (BHAB) meeting was called to order by Jenifer Mendel, Chair, at 2:30 p.m. at the County Administration Center, 1600 Pacific Highway, San Diego, California 92101, Room 302.

II. INTRODUCTION OF BOARD MEMBERS

Members of BHAB introduced themselves.

III. APPROVAL OF THE MINUTES – March 7th, 2019

ON MOTION of John Sturm, seconded by Phil Deming, BHAB approved the minutes of March 7th, 2019, as written.

AYES: 11 NAYS: 0 ABSTENTIONS: 1

IV. PUBLIC COMMENT

Marcus McGuire from RI International brought Sandy Baker Harris to BHAB to discuss issues regarding services for the blind and proper nutrition in board and care facilities.

Michael McConnell came before BHAB to discuss the state of San Diego's homeless population. He was interested in San Diego's region having a plan to reduce homelessness.

V. ACTION ITEM: APPROVAL OF THE 2018 BHAB ANNUAL REPORT

Jenifer Mendel, BHAB Chairperson

The 2018 Behavioral Health Advisory Report showcases the work that BHAB completed in 2018 and forecasts the members priorities for 2019, as decided in the annual retreat.

DISCUSSION:

None requested.

APPROVAL OF THE 2018 DATA NOTEBOOK

ON MOTION of Lynn Sharpe-Underwood, seconded by John Strum, BHAB approved the 2018 Data Notebook, as written.

AYES: 12 NAYS: 0 ABSTENTIONS: 0

VI. INFORMATIONAL ITEM: ADVANCE PAYMENTS TO DRUG MEDI-CAL CONTRACTORS BOARD LETTER

Dr. Luke Bergmann, Director, Behavioral Health Services

Dr. Bergmann came before BHAB to discuss the board letter regarding Advance Payments to At-Risk Non-Profit Contractors of the Drug Medi-Cal Organized Delivery System. This board letter will allow the County to provide advance payments to DMC-ODS Contractors to ensure they can build infrastructure necessary to reduce operational risks and expand the County's DMC-ODS network capacity.

DISCUSSION:

Q: Within this board letter, is there a cap on the funds that will be paid out to each provider?

A: Yes, the exact amounts will be discussed and will vary by provider. There will be an analysis of each budget and amounts that are forecasted before funds are to be spent.

VII. UPDATE FROM THE SAN DIEGO COUNTY DISTRICT ATTORNEY'S OFFICE

Rachel Solov, Chief of Criminal Justice and Mental Health Reform Strategies

Rachel Solov came before BHAB to discuss the District Attorney's Blueprint for Mental Health Reform. Key areas of recommendations are mental health prevention and intervention, acute crisis response and stabilization management, mental health diversion, and data outcomes and information sharing.

DISCUSSION:

Q: Where would the funding for the recommendations come from?

A: The funding would come from various sources including existing revenue streams and new grants. Currently, there is a consultant that is tasked to analyze funding streams for the projects.

Q: If one out of three people that are incarcerated have a mental health condition and are taking psychotropic medications, is there an analysis of psychiatric health for individuals that are coming in and out of the criminal justice system? Is there a distinction between individuals entering with a mental health condition and those that develop one while in jail?

A: An analysis was completed on mental health of identified high utilizers of the jail system. Most individuals in local custody are not in custody for significant enough periods of time to develop a mental health issue.

Q: How is the San Diego Court system part of this reform blueprint?

A: They are involved because of their multiple collaborative courts, including 4 adult drug courts, 1 juvenile drug court, 1 behavioral health court, 1 veterans treatment court, 1 re-entry court, 1 homeless court, and mandatory supervision. There is a proposal to add an additional court for cooccurring conditions.

Q: Would the merging of drug and alcohol into one SUD or behavioral health court be more effective than keeping them separate?

A: This is an issue to look into for future contracts. Right now, there are specific contracts with providers that are limited by that contract.

Q: Will the District Attorney's Office appoint a liaison or officer that will connect with various communities to reduce the stigma towards the criminal justice system?

A: There is currently 3 new community partnership prosecutors which are assigned to specific geographical area to work with communities and organizations. To reduce stigma, there is a joint effort by all leadership including community partners, City Council, Board of Supervisors, mayors and other occurring. Everyone needs to work to create systems that make people feel safe, dispel myths about criminal justice and allow people to call and get accurate information.

VIII. DIRECTOR'S REPORT

Luke Bergmann, Director, Behavioral Health Services

- Recovery International (RI) is a new *Live Well San Diego* Partner.
- 4/27 NAMI Walk and HHS Wellness Expo is held at Liberty Station starting at 7:30 am.
- Paradise Valley Hospital – There was a regularly scheduled commission review that occurred last week. The facility was visited and found ligature risk issues that prompted a temporary suspension of accreditation until the issues are rectified. Patients have been transferred to Bayview. The suspension will last around 23 days.

IX. CHAIRPERSON'S REPORT

Jenifer Mendel, Chair

- Will be going to Sacramento for the California Association of Local Behavioral Health Boards & Commissions (CALBHBC) conference and legislative visit.

X. REPORTS FROM BHAB WORKGROUPS

- Housing and Homelessness: The group had a meeting on 3/22 with officials, staff from Monarch School, County of San Diego, and Ben Parmentier. They are still exploring the issue of homeless youth. On 3/26 there was an article in the Union Tribune from San Diego Taxpayer Association about homelessness spending. Over the last 10 years, there has been an increase in funding but no decrease in homelessness. There is also concerns regarding connecting data and systems across the country.
- Building a Better BHAB: This larger report will review the state mandated responsibilities of BHAB and processes. There are things that the Board should be doing that they haven't been doing, and things they have been doing that they shouldn't be doing. We are currently interviewing staff and will proposed recommendations. This group is focusing on advocate roles and reformatting the presentation framework. The executive committee should pick meeting topics that can have the largest impact from various perspectives, not simply follow the priorities identified by the whole Board during the annual retreat.
- Continuum of Care: No update from the workgroup but, on a related matter the HSAB heard from Nick Macchione, Agency Director, for Health and Human Services Agency. He discussed an upcoming increase in the daily rate for Edgemoor Hospital. He also reviewed he SDSU meningitis issue and Hepatitis response.

XI. ADVOCATE REPORTING

- There is a restaurant in City Heights called Neighborhood Café. They help to teach individuals with barriers how to cook and grow business skills.
- Shannon Jaccard has a book that will be coming out regarding siblings and mental illness.

- There is a 3-digit number coming out for the united states which will replace the suicide hotline. Stay tuned for more information.
- National City is proposing more green spaces and more cultural art spaces, as well as proposing additional affordable housing.

XII. MEETING ADJOURNMENT

ON MOTION of John Strum, seconded by Michael Matthews, the meeting adjourned at 4:56 p.m.

AYES: 14 NAYS: 0 ABSTENTIONS: 0

Brown Act Procedure: *As required by California Government Code 54950 et seq. (Ralph M. Brown Act), a copy of the packet of information that was mailed to Behavioral Health Advisory Board members at the point of posting of this agenda has been placed at the reception desk at 3255 Camino Del Rio South, San Diego, CA 92108, for public inspection, and is available at the site of the meeting for public inspection. Members of the public wanting their own copy of the advance materials may request them under Government Code 6250 et seq. (Public Records Act) and receive them on payment of copying charges of \$0.20/page, and actual mailing charges, if mailing of the material is requested. If you are planning to attend and need special accommodations, you must call Jackson Alexander at (858) 505-6521, at least three days in advance of the meeting.*