



May 2nd, 2019
Behavioral Health Advisory Board
Meeting Minutes

P.O. BOX 85524
San Diego, CA 92186-5524
(619) 563-2700 • FAX (619) 563-2775/2705

MEMBERS PRESENT

Che Hernandez – District 1
Joel San Juan – District 1
Janice Luna-Reynoso – District 1
Bill Stewart 1st Vice Chair – District 1
Michael Matthews Member-at-Large (MH) – District 2
Jenifer Mendel, Chairperson – District 2
Deanne George – District 3
Ed Weiner – District 3
Jerry Hall – District 4
Lynn Sharpe-Underwood – District 4
John Sturm, Member-at-Large (ADS) – District 4
Judith Yates – District 4
Phil Deming – District 5
Richard McGaffigan, 2nd Vice Chair – District 5
K.C. Strang – District 5

MEMBERS NOT PRESENT

Rebecca Hernandez – District 2
Bill Wells – District 2
Mike Grattan – District 3
Shannon Jaccard – District 3

STAFF TO THE BEHAVIORAL HEALTH ADVISORY BOARD

Luke Bergmann, Director, Behavioral Health Services
Ben Parmentier, Administrative Analyst III, Behavioral Health Services

I. CALL TO ORDER

The Behavioral Health Advisory Board (BHAB) meeting was called to order by Jenifer Mendel, Chair, at 2:31 p.m. at the County Administration Center, 1600 Pacific Highway, San Diego, California 92101, Room 302.

II. INTRODUCTION OF BOARD MEMBERS

Members of BHAB introduced themselves.

III. APPROVAL OF THE MINUTES – April 4th, 2019

ON MOTION of John Sturm, seconded by Phil Deming, BHAB approved the minutes of April 4th, 2019 as written, with corrections.

AYES: 15 NAYS: 0 ABSTENTIONS: 0

IV. PUBLIC COMMENT

LaTanya Runnells, Program Manager from Mental Health America, came before BHAB to discuss Mental Health First Aid Trainings. Staff will send the flyer for trainings out digitally to BHAB.

Janice Luna Reynoso came before BHAB to discuss a recent interaction with the Chula Vista Police Department.

V. PRESENTATION: FY2019-20 CAO RECOMMENDED OPERATIONAL PLAN

Andrew Pease, Executive Finance Director, HHSA

Raul Loyo-Rodriguez, Departmental Budget Manager

Andrew Pease came before BHAB to discuss the FY2019-20 CAO Recommended Operational Plan. Mr. Pease went over the recommended budget, staffing changes, service enhancements, and forecasts within individual departments. Raul Loyo-Rodriguez came before BHAB to discuss the Behavioral Health Services portion of the FY2019-20 CAO Recommended Operational Plan.

DISCUSSION:

Q: What information is used to determine the needs of the community regarding services that the County of San Diego provides?

A: The County of San Diego utilizes information from stakeholders and data from various sources. Also, the County utilizes advisory boards to provide concerns from the community directly to staff.

Q: How many affordable housing units is the County projecting to build by the year 2023?

A: The County is projecting to add 2,945 additional units to the affordable housing stock by 2023.

Q: How does the County enhance the integration of services within the community?

A: The Integrative Services department within the County designs various methods for programs to identify where services intersect and also works directly to enhance the integration process.

VI. PRESENTATION: TOBACCO CONTROL AND VAPING

Irene Linayao-Putman, Program Coordinator, Department of Public Health

Irene Linayao-Putman came before BHAB to discuss tobacco use within the County of San Diego, including cigarettes and vaping products. Vaping or e-cigarettes use is increasing in popularity but they contain nicotine and other harmful chemicals. Marijuana can also be used in vaping products.

DISCUSSION:

Q: Is there any data that shows that vaping can aid in smoking cessation better than the current products on the market?

A: The County would not recommend any product that has not been FDA approved. There has only been one study where vaping products assisting people in quitting smoking. However, many individuals that started vaping for the study were still vaping a year later. In the group that used traditional smoking cessation products, most were still not smoking a year later.

Q: Are there educational programs for schools regarding vaping?

A: Yes, multiple state funding streams exist to support anti-smoking programs and education programs within the Department of Education that are utilized on campus during school hours. The Department of Public Health is also available after school to provide information on vaping.

Q: What is considered a tobacco product?

A: In 2016, the state updated the definition of a tobacco product that now includes vaping products.

Q: If cities vote for smoke free patios, is it still legal to vape on patios?

A: Potentially, yes. Even though the state updated the definition of smoking products, the cities still need to update their definitions. If an individual city adopted the smoke free patio law but didn't update the definition of a smoking product, it would still be legal to vape on the patio. It is also difficult to know if someone is vaping tobacco products or if they are smoking marijuana. Out of the 19 jurisdictions in San Diego County, 18 of them have adopted the new definition of tobacco products.

Q: Does vaping produce second hand smoke and is it harmful to others?

A: Initial studies found that vaping may produce second-hand smoke and it is dangerous to others. However, the studies are not conclusive because of the multiple manufactures of vaping products. If various brands are tested, results might vary between brands or even between products within a brand. There are several studies happening now that are looking at exposure to second-hand smoke, but the verdict remains unknown.

VII. ACTION ITEM: BHS PROCUREMENT OMNIBUS BOARD LETTER

Dr. Luke Bergmann, Director, Behavioral Health Services

Dr. Bergmann came before BHAB to discuss the BHS Procurement Omnibus Board Letter which requests authorization for competitive solicitations for Behavioral Health Services in San Diego County.

DISCUSSION:

Q: Are the programs in the board letter for initial procurement or re-procurement?

A: The programs within the board letter are all open procurements, although some services do currently exist with certain providers.

APPROVAL OF THE BHS PROCUREMENTS OMNIBUS BOARD LETTER

ON MOTION of John Sturm, seconded by Michael Matthews, BHAB approved the BHS Procurement Omnibus Board Letter, as written.

AYES: 11 NAYS: 2 (Deming & Sturm) ABSTENTIONS: 0

VIII. DIRECTOR'S REPORT

Luke Bergmann, Director, Behavioral Health Services

- May is Mental Health Month. The NAMI Walk happened on April 27th to kick off the festivities and had a great turnout. There is a full calendar of May events listed on the BHS website and also one in June 7th - the Behavioral Health Recognition Dinner, which closes out the May is Mental Health Month season.
- September 14th at Waterfront Park is the Recovery Happens event – please save the date.
- A draft of the Opioid and Prescription Drug Misuse Plan has been revised. It will come before BHAB in June and the Board of Supervisors in July. It was a collaboration between Behavioral Health Services and Public Health, and includes input from BHAB earlier in 2019.

IX. CHAIRPERSON'S REPORT

Jenifer Mendel, Chair

- The executive board had a discussion regarding large presentations and the amount of time it would take to go through questions from BHAB members. There was a recommendation that BHAB members read presentations ahead of time and submit questions if they .
- BHAB Retreat is scheduled for October 19th.
- There is no BHAB Meeting in July.

X. REPORTS FROM BHAB WORKGROUPS

- Housing and Homelessness: No update for this meeting. This group will be submitting a comprehensive report for the group next month.

- Building a Better BHAB: Last month, they provided a list of different advocate roles. There was discussion regarding how BHAB operates, and they would like to identify members that are interested in different advocacy roles to assist BHAB getting out into the community. If you are interested, please contact Jerry Hall, Workgroup Chairperson.
- Continuum of Care: The group has developed a draft vision statement that will be finalized at the next meeting the group has. The group is seeking input from the BHAB for any questions or suggestions surrounding the vision statement.

XI. ADVOCATE REPORTING

- Starting in June 2019, SSI and SSP recipients are eligible to apply and receive CalFresh benefits. Several community events are scheduled around the County this Spring to raise awareness of this change, and provide free screenings and application assistance for CalFresh. For more details, call 2-1-1 or visit www.GetCalFresh.org

XII. MEETING ADJOURNMENT

ON MOTION of John Sturm, seconded by Michael Matthews, the meeting adjourned at 4:56 p.m.

AYES: 14 NAYS: 0 ABSTENTIONS: 0