



August 1st, 2019
Behavioral Health Advisory Board
Meeting Minutes

P.O. BOX 85524
San Diego, CA 92186-5524
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MEMBERS PRESENT

Che Hernandez – District 1
Janice Luna-Reynoso – District 1
Bill Stewart 1st Vice Chair – District 1
Jenifer Mendel, Chairperson – District 2
Michael Matthews Member-at-Large (MH) – District 2
Deanne George – District 3
Ed Weiner – District 3
Mike Grattan – District 3
Jerry Hall – District 4
John Sturm, Member-at-Large (ADS) – District 4
Judith Yates – District 4
Richard McGaffigan, 2nd Vice Chair – District 5
Phil Deming – District 5

MEMBERS NOT PRESENT

Joel San Juan – District 1
Rebecca Hernandez – District 2
Bill Wells – District 2
Shannon Jaccard – District 3
Lynn Sharpe-Underwood – District 4
K.C. Strang – District 5

STAFF TO THE BEHAVIORAL HEALTH ADVISORY BOARD

Luke Bergmann, Director, Behavioral Health Services
Ben Parmentier, Administrative Analyst III, Behavioral Health Services

I. CALL TO ORDER

The Behavioral Health Advisory Board (BHAB) was called to order by Jenifer Mendel, Chair, at 2:30 p.m. at the County Administration Center, 1600 Pacific Highway, San Diego, California 92101, Room 302.

II. INTRODUCTION OF BOARD MEMBERS

Members of BHAB introduced themselves.

III. APPROVAL OF THE MINUTES – June 6th, 2019

ON MOTION of John Sturm, seconded by Judith Yates, BHAB approved the minutes of June 6th, 2019, as written.

AYES: 14 NAYS: 0 ABSTENTIONS: 0

IV. PUBLIC COMMENT

Judi Holder and the PERT Advisory Committee came before the board with a letter of support emphasizing the need for licensed PERT clinicians alongside law enforcement allocated to San Diego County schools and colleges. She explained how the addition of PERT clinicals would provide a trauma informed approach to mental health crisis within schools.

V. PRESENTATION: DRUG MEDI-CAL ORGANIZED DELIVERY SYSTEM UPDATE

Dr. Nicole Esposito, Assistant Clinical Director

Angela Rowe, LCSW, MSW – Alcohol and Drug Service Providers Association

Dr. Laura Rossi, Ph.D. - CEO/Executive Director – SOAP MAT, LLC

Dr. Esposito came before the board with an update on the Drug Medi-Cal Organized Delivery System (DMC-ODS) since its implementation in July 2018.

Angela Rowe shared some of the challenges of DMC-ODS from the provider lens, including workforce development, an ever-changing system, and the need for more administrative support. Progress included increased care coordination, an uptick in client admission, and more collaboration between providers, notably Medication Assisted Treatment (MAT) providers.

Dr. Laura Rossi (SOAP MAT LLC) shared information about Medicated Assisted Treatment and her program, SOAP MAT.

DISCUSSION:

Q: One of the slides show that as of year-end, only 37 out of 50 outpatient programs are billing, and 15 out of 28 residential programs are billing. Why?

A: There are several steps to be able to bill, including DMC certification and a review process for DMC documentation standards.

Q: Is the County tracking the chat services through the Access & Crisis Line to determine levels of SUD topics?

A: Yes. The level of SUD-related chats is less than 1%.

Q: Is there a Medical Director in the SOAP MAT clinic?

A: Yes, there is a Medical Director onsite 4 days a week.

Q: Regarding billing issues, what is the impact if programs are not able to comply with billing?

A: We have determined that we will be implementing specific rates rather than supporting costs. At this time, we have not yet made any determinations on how we will be handling businesses at risk after rate implementation. Our focus is more on compliance than capacity.

Q: Regarding provider challenges, could you provide more clarification on the dot point "More Admin is needed than anticipated"?

A: Programs are still uncertain on how much more administration is needed and how much they can afford. Currently, costs are based on money programs can pull down, which is a concern.

Q: Aside from the Access & Crisis Line, what are some of the other ways people can get service? How are these services publicized?

A: We are promoting access through other lines of service and are actively working with acute care hospitals, Child Welfare Services, and other service providers, as well as frequent presentations throughout the community.

Q: At SOAP MAT, what is the interaction between mental health care and physical health care for clients?

A: Upon arrival, patients receive a physical, including a syphilis and TB test, blood work, etc. If there are any pressing physical medical issues, they are referred to a hospital for care.

Q: How has the collaboration between the County and providers worked to provide solutions to challenges?

A: The County has provided significant solutions to assist providers, including Net15 billing cycles, bi-monthly invoices, and advanced payments.

Q: Are there strict time requirements with Medi-Cal, and are programs able to work with those time limits?

A: Since DMC-ODS provides individualized treatment, duration of stay can vary due to an individual's needs and clinical necessity. For residential, the goal is typically 90-day stays but extensions are available through Optum.

IX. CHAIRPERSON'S REPORT

Jenifer Mendel, BHAB Chairperson

- The Board needs a nomination committee for next year's Executive Board Committee. For those interested in being on the nominating committee, please contact Benjamin.Parmentier@sdcounty.ca.gov as soon as possible. An invitation will also be sent out via email for those not present. The nomination committee will be an action item at the September BHAB meeting.
- Behavioral Health Data Notebook – Board members are welcome to send input to Benjamin.Parmentier@sdcounty.ca.gov and indicate their interest if they would like to be involved in the drafting of the Data Notebook, which will be drafted in September prior to a vote at the October BHAB meeting.

X. DIRECTOR'S REPORT

Dr. Luke Bergmann, Director, Behavioral Health Services

- Dr. Bergmann presented to the board his broad vision of moving from crisis services to chronic illness management.
- The Mental Health Services Act (MHSA) FY19-20 Annual Update has been posted on the [Behavioral Health Services website](#) for a 30-day public review and feedback from August 2nd through September 1st. A public hearing will be held at BHAB on September 5, 2019.

XI. REPORTS FROM BHAB WORKGROUPS AND LIAISONS

- **Health Service Advisory Board:** The Board met on July 2nd for their annual advance. The Board's priority for the coming year is oral health for seniors.
- **Housing and Homelessness:** Two reports were given to the Board members from August 1st and June 6th.
- **Continuum of Care:** The committee met in June and July, with a focus on preparing to engage with consultants. Several BHAB members attended the June 24th data workgroup with PCG.

XII. MEETING ADJOURNMENT

ON MOTION of John Sturm, seconded by Michael Matthews, the meeting adjourned at 4:58pm.

AYES: 14 NAYS: 0 ABSTENTIONS: 0