



COUNTY OF SAN DIEGO

AGENDA ITEM

BOARD OF SUPERVISORS

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DRAFT

DATE: October 29, 2019

XX

TO: Board of Supervisors

SUBJECT

AUTHORIZATION FOR COMPETITIVE SOLICITATIONS AND THE AMENDMENT OF AN EXISTING CONTRACT FOR BEHAVIORAL HEALTH SERVICES (DISTRICTS: ALL)

OVERVIEW

In a series of actions since 1999, the Board of Supervisors (Board) has approved initiatives to redesign and implement an expanded continuum of comprehensive behavioral health care for children, adolescents, transition age youth, adults, older adults, and families. In pursuit of these initiatives, the Board has approved the procurement of contracted services.

Approval of today's recommended actions authorizes competitive solicitations for behavioral health services and the amendment of an existing contract, with the goal of building a better of behavioral health services delivery system for San Diego County's communities. These actions build upon the ongoing work that is underway, in alignment with Board direction, to ensure a comprehensive approach to advancing the behavioral health continuum of care.

Today's actions support the County of San Diego's *Live Well San Diego* vision by enhancing access to services; promoting health and well-being in children, adults and families; and encouraging self-sufficiency; which together promote a healthy, safe and thriving region.

RECOMMENDATION(S)

CHIEF ADMINISTRATIVE OFFICER

1. In accordance with Section 401, Article XXIII of the County Administrative Code, authorize the Director, Department of Purchasing and Contracting, to issue competitive solicitations for the behavioral health programs and services listed below, and upon successful negotiations and determination of a fair and reasonable price, award contracts for an initial term of up to one year, with up to four option years, and up to an additional six months, if needed; and to amend the contracts to reflect changes in program, funding or service requirements, subject to the availability of funds and the approval of the Agency Director, Health and Human Services Agency.
 - a. Behavioral Health Collaborative Court Services

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- b. Bio-Psychosocial Rehabilitation Outpatient Clinics
 - c. Inebriate Sobering Services
 - d. Substance Use Prevention Services
 - i. Substance Use Prevention – Initiative Facilitation Services
 - ii. Substance Use Prevention – Regional Services
 - e. Transition Age Youth Behavioral Health Services
 - i. Enhanced Strength-Based Case Management Services for Transition Age Youth
 - ii. Residential and Outpatient Substance Use Disorder Treatment for Transition Age Youth
2. In accordance with Board Policy A-87, Competitive Procurement, and Administrative Code Section 401, authorize the Director, Department of Purchasing and Contracting to amend the contract with Community Clinics Health Network dba Health Quality Partners of Southern California to extend the contract term through June 30, 2020 and up to an additional six months, if needed, subject to the availability of funds; and to amend the contract as required to reflect changes to services and funding allocations, subject to the approval of the Agency Director, Health and Human Services Agency.

FISCAL IMPACT

Funds for this request are included in the Fiscal Year 2019-21 Operational Plan in the Health and Human Services Agency. If approved, this request will result in estimated costs and revenues of up to \$555,121 in Fiscal Year 2019-20 and \$34,697,085 in Fiscal Year 2020-21. The funding sources are Mental Health Services Act (MHSA), Realignment, Short-Doyle Medi-Cal, Drug Medi-Cal, Substance Abuse Block Grant (SABG), and Projects for Assistance in Transition from Homelessness (PATH). There will be no change in net County General Fund cost and no additional staff years.

BUSINESS IMPACT STATEMENT

N/A

ADVISORY BOARD STATEMENT

At their meeting on October 3, 2019, the Behavioral Health Advisory Board voted to _____ these recommendations.

BACKGROUND

The County of San Diego provides a comprehensive array of behavioral health programs and services to children, adolescents, transition age youth (TAY), adults, older adults, and families through effective partnerships with local public and private agencies. These programs ensure access to behavioral health services for vulnerable populations in our region and have positive impacts on regional challenges such as homelessness, substance use, and public safety.

Today’s action will authorize the Director, Department of Purchasing and Contracting, to issue competitive procurements for behavioral health programs and services. All contracts are contingent upon the availability of funding and determination of a fair and reasonable price.

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Recommendation #1: Authorization to Issue Competitive Solicitations

a. Behavioral Health Collaborative Court Services

On September 23, 2014 (9), the Board of Supervisors (Board) authorized the procurement of a Behavioral Health Collaborative Court (BHCC) Services program for justice-involved clients ages 18 and above with serious mental illness (SMI). BHCC is a collaborative court model, which includes a team consisting of a Judge, District or City Attorney, Defense Attorney, Probation Officer, Sheriff, and treatment provider, designed to address public safety issues presented by persons experiencing mental illness and co-occurring disorders. The program combines the resources and expertise of behavioral health experts and criminal justice communities to hold accountable, stabilize and reduce recidivism in the target population of adults experiencing SMI. Services include clinical case management and mental health services with a focus on rehabilitation and recovery. These services and supports are important to participants, as they increase housing stability, decrease criminality, and provide improved chances for successful independent living. Services are provided countywide. In Fiscal Year (FY) 2018-19, the program served 120 unduplicated clients. The annual cost of this program typically ranges from \$2.0-\$2.7 million. Today's action would authorize a competitive solicitation for the re-procurement of BHCC Services program for an initial term of up to one year, with up to four option years, and up to an additional six months, if needed.

b. Bio-Psychosocial Rehabilitation Outpatient Clinics

On September 27, 2011 (7), the Board authorized competitive solicitations which implemented redesigned mental health services in all Health and Human Services Agency regions, adopting a bio-psychosocial rehabilitation (BPSR) model for outpatient services for adults and older adults. Subsequently, on September 25, 2012 (6), the Board approved the re-procurement of clinic-based adult mental health outpatient services, incorporating feedback from stakeholder reviews to explore service delivery improvements addressing the changing needs of the County's population. BPSR is based on the premise that client participation and collaboration are critical to effective treatment. As a result of prior Board actions, the Health and Human Services Agency has implemented a wide range of mental health services with a BPSR focus, including integrated behavioral health services in outpatient clinics. Services include geriatric specialty, primary care coordination, crisis walk-in, case management linkage and vocational support services, and services that address co-occurring mental health and substance use disorders (SUD). These services improve employment options and enhance psychiatric and social rehabilitation and recovery. In FY 2017-18, the program served 4,901 clients, with 75% of clients demonstrating same or improved clinical status and 76% demonstrating same or improved functional status. The stabilization and improvement in clinical and functional status results in improved outcomes for clients including reduction in mental health symptoms and progress towards treatment goals. The annual cost of this program typically ranges from \$16.0-\$21.4 million. Today's action would authorize competitive solicitations for Behavioral Health Services BPSR outpatient clinics to serve the North and Central/North

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Central Regions for an initial term of up to one year, with up to four option years, and up to an additional six months, if needed.

c. Inebriate Sobering Services

The Inebriate Sobering Services program provides diversion, non-residential, non-medical, sobering services in a drug and alcohol-free environment for public inebriates or intoxicated individuals dropped off by health, safety, and law enforcement agencies in lieu of incarceration. This includes Prosecution and Law Enforcement Assisted Diversion Services (PLEADS) for adults. Services are provided to inebriated and/or intoxicated individuals ages 18 and above who have a SUD or who may have a co-occurring SMI. Inebriated individuals often pose health and safety problems to themselves as well as to the general public. Incarcerating inebriated individuals whose only criminal behavior is public intoxication diverts health, safety, and law-enforcement resources from more serious or life-threatening situations. This program provides a clean and safe environment for inebriates to allow the effects of alcohol and other intoxicants to subside and allow the individual time to regain minimal levels of functionality. Once the inebriated individual reaches a sober state, information on SUD treatment is provided as well as the opportunity to enter recovery treatment programs or access other services appropriate to the individual's identified needs. Services are provided countywide. In FY 2018-19, the program served a total of 5,867 clients. The annual cost of this program typically ranges from \$1.5-2.0 million. Today's action would authorize a competitive solicitation for the re-procurement of the Inebriate Sobering Services program for an initial term of up to one year, with up to four option years, and up to an additional six months, if needed.

d. Substance Use Prevention Services

Since 1996, the County of San Diego has focused prevention resources on substances most used in the region. The Health and Human Services Agency developed specific strategic prevention initiatives that have been adopted by the Board and use evidence-based prevention strategies to reduce substance use-related harms. The four substance use prevention initiatives are: the Binge and Underage Drinking Initiative, the Methamphetamine Strike Force, the Prescription Drug Abuse Task Force, and the Marijuana Prevention Initiative.

Beginning in 2007, each California County was required to develop a County Substance Use Prevention Plan utilizing the Substance Abuse and Mental Health Services Agency Strategic Prevention Framework that focus on environmental prevention and community-based strategies. These strategies were determined to be the most cost effective, and the most inclusive, since by design, they use a community-based process that supports collaboration and cross-sector coordination. The resultant San Diego County Prevention Plan was utilized for the development of the following programs:

i. Substance Use Prevention – Initiative Facilitation Services

This program convenes stakeholders, coupled with broad community sector participation to empower residents to learn and become involved in the development of clear issue advocacy and strong local leadership to reduce

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substance use-related problems in the region. The four substance use prevention initiatives have been designed to work closely with the community and a variety of partners, to provide subject matter expertise in the development of countywide prevention, education, and media advocacy campaigns. Services include quarterly meetings and workgroup facilitation, media advocacy, community education, training, and technical assistance. Facilitation services are provided countywide. In FY 2018-19, a total of 16 quarterly meetings were facilitated with more than 1,000 individuals in attendance to learn about and discuss substance use prevention efforts in the San Diego County. The annual cost of this program typically ranges from \$1.0-\$1.3 million. Today's action would authorize competitive solicitations for the re-procurement of the Substance Use Prevention Initiative Facilitation Services program for an initial term of up to one year, with up to four option years, and up to an additional six months, if needed.

ii. Substance Use Prevention – Regional Services

This program provides community coalition development, issue identification, prevention services leadership, media advocacy, and workgroup participation. It also facilitates policy development collaboration with local cities, chambers, other business associations, school districts, residents, and youth leadership. Services are provided in all regions. In 2017, data from the California Healthy Kids Survey revealed that 19% of 11th graders; 12% of 9th graders; and 5% of 7th graders in San Diego County schools used alcohol in the past 30 days. Services are intended to prevent use and reduce harm associated with alcohol and other drugs among youth and in the community, and to respond to other substance use from a prevention approach across regions impacting San Diego County residents. The annual cost of this program typically ranges from \$3.2-\$4.3 million. Today's action would authorize competitive solicitations for the re-procurement of the Substance Use Prevention Regional Services program within each of the Health and Human Services Agency regions for an initial term of up to one year, with up to four option years, and up to an additional six months, if needed.

e. Transition Age Youth Behavioral Health Services

The TAY population is composed of individuals between the ages of 16 and 25. This population is at-risk for experiencing mental health and substance use issues. Although they can access multiple levels of care and services, TAY do not traditionally access and/or engage in behavioral health services due to several factors, including the stigma associated with seeking services and the lack of TAY-specific engagement and intervention strategies. Therefore, there is a need to develop, increase, and improve TAY specific services. Today's action would authorize the following specialized services for TAY:

i. Enhanced Strength-Based Case Management Services for Transition Age Youth

On September 25, 2012 (6), the Board approved the re-procurement of clinic-based adult mental health outpatient services, incorporating feedback from stakeholder

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reviews to explore service delivery improvements addressing the changing needs of the County's population. To support TAY who are experiencing or are at-risk of SMI, this program is to be enhanced with greater scope of expectations, such as adding the utilization of the Transition to Independence Process (TIP) model. The TIP model assists in functional improvement or stabilization, symptom management, and goal attainment while guiding the youth toward increased self-sufficiency in a culturally competent, trauma-informed environment. This enhanced program will also include a psychoeducation component along with medication management when clinically appropriate. Services will include training and technical assistance for the implementation of the TIP model. In addition, the program will include outreach, engagement, advocacy, linkage, case management, clinical services such as individual therapy and medication management, educational support, employment support, housing support, and short-term bridge housing (12 beds). These services will be provided on an outpatient basis with a strong mobile outreach and engagement component. Communication with the youth will include electronic interactions via mobile telephone, text, and other forms of telehealth. In FY 2017-18, there were 7,923 TAY in the mental health system of care. Of those, 1,233 had at least one Psychiatric Emergency Response Team contact; 1,512 had jail admissions; and 89 had short-term acute residential treatment admissions. Currently, there is only capacity for 42 TAY in the strength-based case management program, which is located in the North Region. To better serve the needs of TAY, additional treatment capacity in the system of care is needed. The enhanced strength-based case management model will help clients avoid higher levels of care. If approved, the program will serve TAY in the North Inland, North Coastal, and North Central Region. The annual cost of this program will typically range from \$0.8-1.0 million. Today's action would authorize a competitive solicitation for the procurement of the Enhanced Strength-Based Case Management Services program for TAY utilizing the TIP model for an initial term of up to one year, with up to four option years, and up to an additional six months, if needed.

ii. **Residential and Outpatient Substance Use Disorder Treatment for Transition Age Youth**

The Residential and Outpatient SUD Treatment for TAY program will serve TAY with SUD including those who may be experiencing co-occurring disorders. Services will include individual and group therapy, case management, recovery services, and homeless outreach. The County does not currently provide specialized residential and outpatient SUD treatment to TAY. This program will meet the treatment needs of TAY and provide unique services designed to engage this hard to reach population. If approved, the program will serve TAY countywide. The annual cost of this program typically ranges from \$1.1-\$1.5 million. Today's action would authorize a competitive solicitation for the procurement of the Residential and Outpatient SUD Treatment for TAY program for an initial term of up to one year, with up to four option years, and up to an additional six months, if needed.

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Recommendation #2: Authorization to Extend Existing Contract for Behavioral Health and Primary Care Integration Services (532853 Community Clinics Health Network dba Health Quality Partners of Southern California)

On December 13, 2005 (1), the Board authorized the procurement of the Behavioral Health and Primary Care Integration Services program; subsequently, on September 25, 2012 (6), the Board authorized the extension of the contract term for up to six additional option years. This program provides interventions for individuals experiencing behavioral health challenges in the primary care setting. These services are provided in local federally qualified health centers. The program also provides outreach to adults and older adults by linking them to appropriate mental health services at health centers or community-based social services centers. Services include, but are not limited to, training and technical assistance for behavioral health providers and federally qualified health centers, community outreach, and the integration of physical and behavioral health services. In FY 2018-19, the program served 867 unduplicated clients with services that include primary care provider, psychiatrist, and behavioral health consultant visits, as well as medication and laboratory services. Services are provided countywide. The annual cost of this program typically ranges from \$0.8-\$1.1 million. Today's action would extend the contract term through June 30, 2020 and up to an additional six months, if needed.

LINKAGE TO THE COUNTY OF SAN DIEGO STRATEGIC PLAN

Today's proposed actions support the Building Better Health and Living Safely Initiatives in the County of San Diego's 2019-2024 Strategic Plan as well as the County's *Live Well San Diego* vision, by ensuring that vulnerable populations of individuals with mental illness and substance use disorders continue to have access to a comprehensive continuum of behavioral health services administered through accessible behavioral health programs.

Respectfully submitted,

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HELEN N. ROBBINS-MEYER
Chief Administrative Officer

ATTACHMENT(S)

N/A

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AGENDA ITEM INFORMATION SHEET

REQUIRES FOUR VOTES: Yes No

WRITTEN DISCLOSURE PER COUNTY CHARTER SECTION 1000.1 REQUIRED

Yes No

PREVIOUS RELEVANT BOARD ACTIONS:

September 23, 2014 (9), authorized the procurement of Behavioral Health Collaborative Court (BHCC) Services program for justice-involved clients ages 18 and above with serious mental illness (SMI); September 25, 2012 (6), authorized the re-procurement of clinic-based adult mental health outpatient services, incorporating feedback from stakeholder reviews to explore service delivery improvements addressing the changing needs of the County’s population and the extension of the Behavioral Health and Primary Care Integration Services program contract term for up to six additional option years; September 27, 2011 (7), authorized competitive solicitations, which implemented redesigned mental health services in all Health and Human Services Agency regions, adopting a bio-psychosocial rehabilitation (BPSR) model for outpatient services for adults and older adults; December 13, 2005 (1), authorized the procurement of the Behavioral Health and Primary Care Integration Services program.

BOARD POLICIES APPLICABLE:

A-87 – Competitive Procurement

BOARD POLICY STATEMENTS:

N/A

MANDATORY COMPLIANCE:

N/A

ORACLE AWARD NUMBER(S) AND CONTRACT AND/OR REQUISITION NUMBER(S):

532853

ORIGINATING DEPARTMENT: Health and Human Services Agency

OTHER CONCURRENCE(S): Department of Purchasing and Contracting

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