



December 1, 2022  
Behavioral Health Advisory Board  
Meeting Minutes

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Temporary Zoom Meeting due to Public Health orders

**MEMBERS PRESENT**

Bill Stewart, Chair – District 1  
Gaurav Mishra - District 1  
Janice Luna Reynoso – District 1  
Joel San Juan - District 1  
Serita Polinaire – District 2  
Todd Boyer – District 2  
Michael Grattan – District 3  
Robin Sales – District 3  
Shannon Jaccard – District 3  
John Sturm – 1<sup>st</sup> Vice Chair - District 4  
Judith Yates, Member-at-Large– District 4  
Amina Sheik Mohamed – District 4  
Carol Clemens – District 5  
K.C. Strang – District 5  
Phil Deming, 2<sup>nd</sup> Vice Chair – District 5  
Richard McGaffigan – District 5

**MEMBERS NOT PRESENT**

Nathan Fletcher, Board of Supervisors Chair  
James Merino – District 2  
Jim Taylor – District 2

**STAFF TO THE BEHAVIORAL HEALTH ADVISORY BOARD**

Luke Bergmann, Director, Behavioral Health Services  
Dania Barroso-Conde, Behavioral Health Advisory Board Coordinator, Behavioral Health Services

**I. CALL TO ORDER**

The Behavioral Health Advisory Board (BHAB) was called to order by Chair Bill Stewart at 2:30PM via Zoom.

**II. APPROVAL OF THE MINUTES AND ROLL CALL**

**ON MOTION of Phil Deming, seconded by Robin Sales**, BHAB approved the minutes from November 3, 2022.

AYES: 12 NAYS: 0 ABSTENTIONS

**III. PUBLIC COMMENT**

**Sandy Robinson** provided public comment regarding board and care homes.

**Steve Dilley** provided public comment on the Veterans' artwork that is currently on view at the Oceanside Museum of Art.

**Rocio Villanueva** provided public comment in support of the Veterans' art show and is one of the participating artists.

**Reginald** provided public comment in support of the Veterans' art show as an instructor and former participant.

**Phil Deming** provided public comment to acknowledge that the BHAB board is almost full with only one more vacancy to fill.

**Robin Sales** provided public comment to acknowledge that she and Carol Clemens attend the North County Community Leadership meeting with a special focus on mental health.

**IV. ACTION ITEM: CONTINUANCE OF TELECONFERENCING**

**ON MOTION of Joel San Juan, seconded by John Sturm**, BHAB approved the continuance of teleconferencing meeting option for BHAB.

AYES: 16 NAYS: 0 ABSTENTIONS: 0

**V. CHAIR FLETCHER UPDATES:**

Chair Fletcher was unable to attend. Chair Fletcher's Health and Human Services Policy Advisor, Joshua Bohannon, provided updates to BHAB on three main policies that have been occurred over the last year, these include: Care Court, behavioral workforce shortage, and the framework to address the opioid crisis.

**VI. PRESENTATION: ADDRESSING BEHAVIORAL HEALTH CARE FOR CHILDREN AND YOUTH**

Dr. Ben Maxwell, Director of Children and Adolescent Psychiatry at Rady Children's Hospital (Rady's) provided information on how Rady's is addressing the regional behavioral health needs of children and youth.

**VII. PRESENTATION: PSYCHOTROPIC MEDICATION FOR CHILDREN AND YOUTH**

Dr. Michael Krelstein provided an update on Prescription Medi-Cal (Medi-Cal Rx) and its impact on the Adult System of Care. Medical Rx initiated a 180-day grace period for prior authorization in which pre-existing medications could be continued without additional need for new pre-authorization for certain medications that previously had been part of a client's regimen and also for medications found on the consolidated formulary.

Dr. Krelstein asked Dr. Laura Vleugels to provide an update on psychotropic medication for children and youth. The rules for children and youth system of care are different from the rules of Medi-Cal Rx for adults. Dr. Vleugels confirmed receiving positive reports when she surveyed her peers about prescription drug access. She discussed why the prior authorization process is uniquely problematic for the pediatric population and used historical data to provide the explanation. While Dr. Vleugels acknowledged the challenges ahead for child psychiatrists in navigating Medi-Cal Rx, she affirmed that collectively there will be watchful waiting to see the impact of this on children's mental health more broadly.

**VIII. ACTION ITEM: BHAB 2023 PRIORITIES**

**ON MOTION of John Sturm, seconded by Joel San Juan**, BHAB approved the Slate of 2023 BHAB Priorities

AYES: 16 NAYS: 0 ABSTENTIONS: 0

**IX. ACTION ITEM: BHAB 2023 SUBCOMMITTEES**

Chair Stewart and members discussed the subcommittees for 2023 noting that there should be commitment from BHAB members to attend at least one subcommittee. Workforce issues was noted as being relevant to each of the subcommittees, in particular to the Community Engagement Subcommittee.

**ON MOTION of John Sturm, seconded by Robin Sales**, BHAB approved the BHAB 2023 Subcommittees

AYES: 16 NAYS: 0 ABSTENTIONS: 0

**X. END OF YEAR SUBCOMMITTEE REPORT OUT**

Phil Deming provided updates for the Alcohol and Other Drug Prevention (AOD) Subcommittee noting meetings have been well attended by community stakeholders with new attendees joining throughout the year. The AOD subcommittee had presentations that increased member knowledge on issues of critical importance. AOD Co-

Chair, Serita Polinaire, added that workforce issues have also been addressed by the subcommittee and she would like to see the group address issues of stigma.

Richard McGaffigan provided updates for the Criminal Justice (CJ) Subcommittee. The CJ Subcommittee gave special focus to further understanding the Mobile Crisis Response Teams (MCRT) program including dispatcher processes. The subcommittee received presentations on MCRT by BHS staff and law enforcement dispatchers. The subcommittee was also successful in meeting with Theresa Adams from the Sheriff's department. CJ Co-Chair, Robin Sales, commended the group for their attendance on a consistent basis. Dr. Thihalolipavan and Dr. Krelstein were recognized for having helped the subcommittee secure presenters that have helped the subcommittee understand the criminal justice system better.

**XI. DIRECTOR'S REPORT**

Dr. Luke Bergmann provided updates on Care Court stating the importance of maintaining BHAB aware of Care Court developments. He mentioned the role of law enforcement in the roll out of Care Court and the opportunity to lean into a real alternative to involuntary civil liberties constraint and care probation. Dr. Bergmann also noted that it is important to acknowledge how these issues are being discussed and considered, in addition to how local government action is taking shape. He thanked the members in advance for their consistent engagement on this matter which is needed over the next two years as Care Court is rolled out.

**XII. CHAIR'S REPORT**

Chair Stewart will be reaching out to BHAB members to improve communication with them. He reiterated the importance of member participation in meetings and subcommittees to increase shared knowledge among the board.

**XIII. ANNOUNCEMENTS**

- This was John Sturm's last meeting as a BHAB member. Members acknowledged and thanked him for the work he has done to represent the community.
- Bill Stewart announced the CALBHB/C teleconference on workforce on December 2<sup>nd</sup>.

**ON MOTION of Phil Deming, seconded by Judith Yates** to extend meeting to five minutes.

**XIV. MEETING ADJOURNMENT**

**ON MOTION of Phil Deming, seconded by Judith Yates** the meeting was adjourned at 5:06PM.