



February 6, 2020
Behavioral Health Advisory Board
Meeting Minutes

P.O. BOX 85524
San Diego, CA 92186-5524
(619) 563-2700 • FAX (619) 563-2775/2705

MEMBERS PRESENT

Che Hernandez – District 1
Bill Stewart, 1st Vice Chair – District 1
Joel San Juan – District 1
Jenifer Mendel, Member-at-Large (ADS) – District 2
Rebecca Hernandez – District 2
Michael Matthews, 2nd Vice Chair – District 2
Ed Weiner – District 3
Mike Grattan – District 3
Deanne George – District 3
Shannon Jaccard – District 3
Jerry Hall – District 4
John Sturm, Member-at-Large (MH) – District 4
Judith Yates, Chairperson – District 4
Richard McGaffigan – District 5
K.C. Strang – District 5

MEMBERS NOT PRESENT

Janice Luna-Reynoso – District 1
Phil Deming – District 5

STAFF TO THE BEHAVIORAL HEALTH ADVISORY BOARD

Luke Bergmann, Director, Behavioral Health Services
Ben Parmentier, Administrative Analyst III, Behavioral Health Services

I. CALL TO ORDER

The Behavioral Health Advisory Board (BHAB) was called to order by Judith Yates, Chair, at 2:30 p.m. at the County Operations Center, 5520 Overland Avenue, San Diego, California 92123, Hearing Chambers.

II. INTRODUCTION OF BOARD MEMBERS

Members of BHAB introduced themselves.

III. APPROVAL OF THE MINUTES – DECEMBER 5, 2019

ON MOTION of John Sturm, seconded by Michael Matthews, BHAB approved the minutes of December 5, 2019, with a correction.

AYES: 11 NAYS: 0 ABSTENTIONS: 2

IV. APPROVAL OF THE MINUTES – OCTOBER 19, 2019

ON MOTION OF John Sturm, seconded by Michael Matthews, BHAB approved the Behavioral Health Advisory Board Fall Retreat minutes of October 19, 2019, as written.
AYES: 12 NAYS: 0 ABSTENTIONS: 1

V. PUBLIC COMMENT

Dolores Seymour Alegria came before the board to voice a recommendation for engagement and communication with other counties which have had previous experience implementing programs that San Diego County is adopting. Dolores also requested more attendance of mental health clients at all meetings.

John Sturm, member of BHAB, came before the board to speak about a concern regarding the need for clear communication by medical professionals on opioid prescriptions issued to those with a history of opioid use disorder.

Angela Rowe of Vista Hill and chair of ADSPA came before the board to advocate for more Recovery Residence funding, specifically for perinatal clients.

VI. PRESENTATION: MEDICATION ASSISTED TREATMENT (MAT) GUIDELINES

Dr. Nicole Esposito, BHS Assistant Clinical Director

Dr. Esposito came before the board to present the local guidelines for Medication Assisted Treatment (MAT) services. The Board Letter is a response to a directive from the Board of Supervisors on August 6th, 2019 wherein they instructed County staff to develop local guidelines for oversight of MAT services offered through local, county-contracted Opioid Treatment Programs.

ACTION ITEM: MEDICATION ASSISTED TREATMENT GUIDELINES:

ON MOTION OF Michael Matthew, seconded by John Sturm, BHAB voted to support the recommended local guidelines for county-contracted Opioid Treatment Programs providing Medication Assisted Treatment (MAT).

AYES: 12 NAYS: 0 ABSTENTIONS: 2

DISCUSSION:

Q: Is there a prevention component to the MAT local guidelines?

A: The prevention component lives broadly within DMC and is part of the county approach.

Q: On page 2, the draft mentions the networking and outline for state of California requirements for “timely distance and timely access.” There is some concern over some regions having more timely access over others due to facility availability. Is there more information available on that?

A: The state considers San Diego County a large county. For large counties, the state requires services within 15 miles or 30 minutes for the time and distance standards. For the opioid treatment providers, time from first request to first medication is within three days.

Q: What does the universe of methadone clinics look like today? What will it look like in the future?

A: There are currently ten facilities in San Diego County, with potential to expand based on need. However, there are currently no immediate needs for expansion.

Q: On page five of the draft, the first dot point mentions trainings. Are these trainings solely for providers, or will they be made available to the public?

A: That refers specifically toward providers, but there are also plans to provide trainings to the public.

Q: Where are the facilities located in the county?

A: Across the county. There is at least one facility in each region.

VII. MHSA COMMUNITY PLANNING PROCESS

Dr. Danyte Mockus-Valenzuela, BHS Prevention Manager

Dr. Mockus-Valenzuela came before the board to share information about the community engagement planning process for 2020, as well as opportunities for participation in the planning. Opportunities for advisory board members and community members include attendance at monthly Council meetings, regional community engagement forums, BHAB quarterly workgroup, and participation in monthly MHSOAC (Mental Health Services Oversight and Accountability Commission) Statewide teleconference meetings.

DISCUSSION:

Q: Will there be any way to access the dates and times of the meetings mentioned?

A: There is a list of regular meetings and councils included in the packet with their respective information.

Q: Who is writing the Community Engagement Report, and will BHAB receive a copy?

A: The report will be drafted by the contractor with input from BHS and will be publicly available online once finalized.

Q: Is there data available on how many attendees were members of the public in the community engagement forums?

A: At least half of the attendees to all the community forums were community members.

VIII. DIRECTOR'S REPORT

Dr. Luke Bergmann, Director, Behavioral Health Services

Dr. Bergmann spoke briefly about the future emphasis on outcomes and metrics within the MHSA funding. There are significant discussions occurring around behavioral health payment reform. There is a new workgroup devoted to full integration of physical healthcare and behavioral healthcare into one managed care framework.

IX. CHAIRPERSON'S REPORT

Judith Yates, Chairperson

- **Annual Report:** The annual report is currently being drafted. BHAB members are encouraged to provide feedback by sending their input to Ben Parmentier.
- **Bylaws:** BHAB members were provided the bylaws reviewed by County Counsel for members to discuss and come upon a decision. BHAB members will be given 60 days to review. After 60 days, it will be listed as a formal agenda item for the Board to come to a decision on how to move forward.

X. REPORTS FROM BHAB WORKGROUPS AND LIAISONS

- **Housing and Homelessness:** A written report from the workgroup was provided to the group. Joel San Juan will remain the chair of the workgroup.
- **Continuum of Care:** The workgroup met on their regular meeting date on the third Tuesday of the month. Future occurrences of the workgroup meeting will take place at Behavioral Health Services Administration. Michael Matthews is the new chair of the workgroup.
- **Building a Better BHAB:** The workgroup will discuss AB1352 at their upcoming meeting. Jerry Hall will remain the chair of the workgroup.

XI. MEETING ADJOURNMENT

ON MOTION of John Sturm, seconded by Michael Matthews, the meeting adjourned at 5:00pm.

AYES: 13 NAYS: 0 ABSTENTIONS: 0